

<888> 05/31/14 Saturday 11:25 P.M. I ate a deli sliced premium ham and American cheese sandwich on toasted 15 grain whole grain bread with Hellmann's olive oil mayonnaise and Utz wavy potato chips and a dill pickle slice and a 12 ounce glass of A&W root beer. CIO

<888> 05/31/14 Saturday 10:05 P.M. I went out, and I returned the "Kykuit" book to the Greenwich Library. One British reference person told me that the National Geographic DNA test said that we was from all over Asia. I chatted with a few local people as they were closing. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by the Greenwich Cigar store, and I played an Ace's High scratch card for a dollar, but I lost. The Greenwich train station was locked at 5 P.M.. I chatted with a delivery person from Albania at the Belgium bakery about www.cheapvoip.com . He said he would try it out on his daughter's Iphone. I also told the www.apple.com computer store about www.cheapvoip.com . I stopped by CVS and toured it on the way up Greenwich Avenue. I stopped by <http://macinspires.com/> , and I told them about www.cheapvoip.com . They told me the Belmont horse race was not until next weekend. I stopped by CVS again on the way down Greenwich Avenue, and I bought two 17.5 ounce cans of CVS deluxe mixed nuts for \$6.98 each for \$13.98 total. After I finished my walk, I stopped by www.starbucks.com , and I used the bathroom. I chatted with a regular. I told them about www.cheapvoip.com . I also told a jogger from www.nantucket.net about it. I chatted with two regular cigar smokers, and I sat out for a while. I then went by the A&P Fresh, and I bought two Franchetta pepperoni supreme 23 ounce pizzas for \$4.99 each, but they rang up for \$8.99, so I got one free for \$4.99 total for both. They also have cooked two pound chickens there for \$6.99 and wild swordfish for \$7.99 a pound and half a roast beef sandwich sub for \$3.99. I then returned home, and I chatted with a relative. CIO

<888> 05/31/14 Saturday 4:10 P.M. I put the forty ounces of <http://www.pipesandcigars.com/pipe-tobacco/40008/peter-stokkebye-80-norwegian-blend/> in 10 quart Ball mason jars with about four ounces in each jar. I sat outside briefly. I picked up the mail. The rent statement from <http://greenwichhousing.org/> arrived. My rent went up \$3 this new year.

The order for

<http://www.bing.com/images/search?q=Kykuit&Form=R5FD13>

<http://www.amazon.com/The-Rockefeller-Family-Home-Kykuit/dp/0789202220>

<http://www.barnesandnoble.com/w/the-rockefeller-family-home-mary-louise-pierson/1110914419?ean=9780789202222>

that I bought it used from Barnes and Noble, Books for America VA, for \$16.15 and \$3.99 shipping and \$1.28 tax for \$21.24 total arrived. It is like a new book with dust jacket. I put

it on the www.harvard.edu chair in the living room. I will now go downtown and return the Greenwich Library copy, and I guess loiter downtown. CIO

<888> 05/31/14 Saturday 3:45 P.M. I made 228 Premier Lights 100 MM filter Peter Stokkebye Norwegian pipe tobacco cigarettes while watching "Arbitrage". CIO

<888> 05/31/14 Saturday 12:10 P.M. I cleaned the kitchen stove fan filter, and I oiled the kitchen stove fan. I threw out the garbage. I chatted with a neighbor. I will now make cigarettes.

<http://www.greenwichconcours.com/> is today and tomorrow. CIO

<888> 05/31/14 Saturday 10:40 A.M. I will now shower and clean up.

<http://www.discovernewport.org/>

<http://www.newportmansions.org/> . CIO

<888> 05/31/14 Saturday 9:50 A.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I made my bed.

They don't pay much attention to me anymore <http://www.kungahuset.se/> . CIO

<888> 05/31/14 Saturday 8:35 A.M. I woke up at 8:15 A.M.. CIO

<888> 05/30/14 Friday 10:50 P.M. I chatted with a relative. I ate two 3 ounce Perdue chicken cutlets and steamed baby carrots cut into quarters lengthwise and 12 ounces of Simply Mashed garlic mashed potatoes with Smart Balance Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden lemon juice. I will now go to bed. CIO

<888> 05/30/14 Friday 9:05 P.M. I ate one ounce of mixed nuts.

<http://www.britannica.com/EBchecked/topic/304220/Saint-Joan-of-Arc?source=ONTHISDAY>

Quantum phenomenon shown in \$15m D-Wave computer

Monaco's Prince Albert II and Princess Charlene expecting baby

East Lothian skeleton may be 10th Century Irish Viking king CIO

<888> 05/30/14 Friday 8:05 P.M. I threw out the garbage. I went by the www.chase.com bank at 19 West Putnam Avenue. I then went by CVS, and I bought two 17.5 ounce Deluxe

Mixed nuts lightly salted for \$6.98 each for \$13.98 total. I then went further downtown, and I stopped by Zen Stationary, and I bought a Ace's High scratch card for a dollar, but I lost. I walked lower Greenwich Avenue and the train station area. I sat out at various locations. I chatted with a couple of local walkers before it started to rain. I then went by the Stop and Shop. I bought two 15 ounce Chef Boyardee mini ravioli for .88 each, bananas for .79 a pound for \$1.85, a two pound bag of baby carrots for \$3.29, four day old muffins for \$2 for \$8.90 total. I then went by the Putnam Shell at 401 West Putnam Avenue, and I bought \$10.51 of self service V-Power premium gasoline for \$4.399 a gallon with a dime a gallon off with my Stop and Shop card for 2.389 gallons at odometer reading of 107749 miles for 39.7 miles driven since Monday May 5, 2014 for 16.618 miles per gallon in mostly local traffic. I then returned home, and I picked up the mail. I put away my groceries. CIO

<888> 05/30/14 Friday 4:50 P.M. I chatted with a friend. I will now shower and clean up and go downtown to the Greenwich Avenue miracle mile. CIO

<888> 05/30/14 Friday 4:00 P.M. I woke up at 2 P.M.. I did a Complete PC backup of both partitions of the first hard drive on the primary work computer to the second hard drive. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I made my bed. I chatted with a relative.

For the new AT&T phone, I ordered \$4.29 with free shipping 24 Ft 25' 25 Foot ATT Avaya Lucent Black Receiver Handset Phone Cord Free Ship CIO

<888> 05/30/14 Friday 3:40 A.M. I will now shut down the primary work computer. I will eat 8 ounces of Dannon vanilla yogurt. I will then go to bed. CIO

<888> 05/30/14 Friday 3:15 A.M. I ordered Premier 100mm Light Cigarette Tubes - 10 Boxes for \$37.20 with free shipping and \$2.36 tax for \$39.56 total.

I paid my <http://optonline.net/> Digital Cable TV, Optimum Boost Plus, Optimum Voice, and my <http://www.cl-p.com/> electricity bill, and my <http://www.verizon.com/> local telephone bill. My current Optimum bill is now \$153.43, which is about \$65 for high speed Cable Modem, \$35 for Optimum Voice long distance and about \$53.43 for economy Cable TV. However that includes \$25 in discounts for all three packages which covers the two cable boxes which are about \$12 and taxes another fees.

I ordered 50 ounces at \$1.59 a ounce Peter Stokkebye 84 Turkish for \$79.50 with free shipping. CIO

<888> 05/30/14 Friday 2:10 A.M. West Midlands Safari Park elephant 'takes selfie' with dropped mobile phone CIO

<888> 05/30/14 Friday 1:50 A.M. I checked in with <http://casamarinaresort.com/> , and they said it is busy down there. <http://www.liveduvalstreet.com/> shows all of the local action down there. CIO

<888> 05/30/14 Friday 1:15 A.M. I took a frozen 12.67 ounce Tony's Pepperoni pizza, and I put it on the Farberware Convection oven rack, and I seasoned it garlic powder, ground black pepper, oregano, celery salt, grated parmesan and Romano cheese and extra virgin olive oil, and I put it in the 400 degree preheated Farberware convection oven middle rack place, and I baked it for 14 minutes. I took it out, and I cut it into four slices on the wooden cutting board with the pizza cutter, and I ate it off a dinner plate with knife and fork along with a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 05/30/14 Friday 12:05 A.M. Cunard® Over 60 Mediterranean Voyages on Sale

<http://www.greenwichlibrary.org/docs/keepposted/June2014KP.pdf>

<http://www.britannica.com/EBchecked/topic/314791/John-F-Kennedy?source=ONTHISDAY>

<http://time.com/#107849/timeequalcomm-panel-discussion-the-future-of-invention-from-singapore/>

Richard III: Team rebuilds 'most famous spine'

Crickets in two places fall silent to survive

Ocean waves influence polar ice extent CIO

<888> 05/29/14 Thursday 11:05 P.M. I put away the clean laundry. CIO

<888> 05/29/14 Thursday 9:55 P.M. I have 45 minutes to go on two dry cycles. CIO

<888> 05/29/14 Thursday 9:20 P.M. I chatted with a relative. I have 20 minutes to go on two wash cycles.

I can not find a Royal Volcanology Society on the internet, but there used to be one in the old days. There still is <https://royalsociety.org/> . CIO

<888> 05/29/14 Thursday 8:35 P.M. Top 50 highest-paid CEOs

I chatted with Optimum Online at 1-203-348-9211 and Hostaway at 1-800-504-5710 to get <http://mikelouisscott.com/> back up and running again. CIO

<888> 05/29/14 Thursday 7:20 P.M. I chatted with a relative. I put clean linens on the bed. I showered, and I cleaned up. I threw out the garbage and the old periodical

literature. I moved the Volvo wagon to its usual place. I chatted with neighbors. I did not get any mail today. I watered the plants. CIO

<888> 05/29/14 Thursday 4:55 P.M. \$69.99 with free shipping Canon IMAGEclass LBP6200d Mono Laser Printer CIO

<888> 05/29/14 Thursday 4:00 P.M. I had a telephone call survey from www.aarp.org about noon. I woke up at 2:45 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I made my bed. CIO

<888> 05/29/14 Thursday 4:35 A.M. I ate 9 ounces of mixed nuts. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 05/29/14 Thursday 3:55 A.M. If Russia <http://eng.news.kremlin.ru/> has so much money, I guess one can apply for foreign aid here <http://eng.letters.kremlin.ru/> . More than likely there is somebody in Russia that looks a little bit like me that might know both Russian and English, so I guess he probably does not want to be bothered by knit wit computer gurus. CIO

<888> 05/29/14 Thursday 2:30 A.M. <http://www.royalcentral.co.uk/courtandsocial/the-state-opening-of-parliament-explained-31469> CIO

<888> 05/29/14 Thursday 2:15 A.M. When I visited Oslo, Norway in February 1983, and I stayed at the Y.M.C.A. for a couple of nights across the street from the S.A.S. hotel and the www.shell.com building before moving to the www.westhotel.no behind the Royal Palace <http://www.royalcourt.no/> , I was told that I should have visited www.gleneagles.com , but you can not smoke in your room, and it might have been a bit cold to play golf in February.

[http://en.wikipedia.org/wiki/Gleneagles, Scotland](http://en.wikipedia.org/wiki/Gleneagles,_Scotland)

[http://en.wikipedia.org/wiki/Gleneagles Hotel](http://en.wikipedia.org/wiki/Gleneagles_Hotel) CIO

<888> 05/28/14 Wednesday 11:50 P.M. \$149.99 with free shipping Canon Laser imageCLASS MF4890dw Wireless Monochrome Printer with Scanner, Copier and Fax

<http://www.how-tall.com/Bill%20Gates>

<http://paranormalstories.blogspot.com/2009/12/grand-hotel-vienna.html> , Maybe this is where Hitler hid after World War II. It is about 450 miles northwest of Buenos Aires as is this place Cordoba, Argentina . CIO

<888> 05/28/14 Wednesday 10:50 P.M. Lake Forest College News

Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report

I got email that the Kykuit book should arrive by June 2, 2014

<http://www.britannica.com/EBchecked/topic/209963/Ian-Fleming?source=ONTHISDAY>

<http://www.britannica.com/EBchecked/topic/21127/Amnesty-International-AI?source=ONTHISDAY>

Asian relative of cane toad threatens Madagascar havoc

'First drafts' of human protein catalogue published

Wasp uses zinc-tipped drill to lay eggs

Google unveils its own self-driving cars CIO

<888> 05/28/14 Wednesday 9:50 P.M. I ate two 3 ounce Perdue chicken cutlets and steamed baby carrots cut into quarters lengthwise and 12 ounces of Simply Mashed garlic mashed potatoes with Smart Balance Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden lemon juice. CIO

<888> 05/28/14 Wednesday 9:00 P.M. I chatted with a relative twice.

George W. Bush has knee replacement surgery in Chicago CIO

<888> 05/28/14 Wednesday 8:05 P.M. I went by the www.chase.com bank at 19 West Putnam Avenue. I then went downtown. I used the bathroom at www.starbucks.com. I stopped by Zen Stationary, and I played an Ace's High scratch card for a dollar, but I lost. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS, and I chatted with a local. I used the bathroom there. I stopped by AT&T store, and they told me that Windows 8.1 update for the Nokia Go Phone would probably be available in the first week of June 2014 according to the www.microsoft.com representative. I chatted with the sales clerk at the CFCF coffee shop <http://www.greenwichtime.com/news/article/Greenwich-cafe-makes-roasting-coffee-part-of-its-4467923.php> about coffee. <http://www.makerbot.com/> has moved into their new store just south of St. Mary's, and they are suppose to be opened tomorrow. After my tour on a slower than normal evening, because it was cooler; I went by the www.greenwichlibrary.org. I checked out my new mirror web site www.scott-mike.com on their computers, and it seems to work just fine. I checked out one of three copies available of

<http://www.bing.com/images/search?q=Kykuit&Form=R5FD13>

<http://www.amazon.com/The-Rockefeller-Family-Home-Kykuit/dp/0789202220>

<http://www.barnesandnoble.com/w/the-rockefeller-family-home-mary-louise-pierson/1110914419?ean=9780789202222>

I have bought it used from Barnes and Noble, Books for America VA, for \$16.15 and \$3.99 shipping and \$1.28 tax for \$21.24 total, but it is two weeks since it was mailed from Virginia, so the mail from Virginia takes a while. Maybe they are using the Pony Express. I then returned back to my apartment in the extreme south western corner of greater Connecticut near the border of New Amsterdam. CIO

<888> 05/28/14 Wednesday 4:35 P.M. I will now go downtown and people watch. CIO

<888> 05/28/14 Wednesday 4:15 P.M. \$25.99 Lasko® 2521 16" Oscillating Stand Fan, Black with free shipping.

\$24.97 with free shipping Comfort 3 Speed Zone Pedestal Fan - Black CIO

<888> 05/28/14 Wednesday 3:15 P.M. I threw out the garbage. I sat outside for a brief spell. I picked up the mail. I got a fund raising letter from <http://bushlibrary.tamu.edu/> trying to raise money for www.gop.com . Unfortunately none of the Fat Call republicans ever offer me a job, so I can not afford to give them any wampum. CIO

<888> 05/28/14 Wednesday 2:10 P.M. <http://doppels.proboards.com/thread/116/adolf-hitler> . I will now shower and clean up. CIO

<888> 05/28/14 Wednesday 1:05 P.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 05/28/14 Wednesday 12:05 P.M. While watching the West Point graduation on the big screen television from the internet, I was able to fix the Blue Bells of Scotland door bell in the bedroom. Its contacts at the base unit on the wall in the bedroom were lose. CIO

<888> 05/28/14 Wednesday 10:30 A.M. I chatted with a neighbor until 11 P.M.. I woke up at 9:30 A.M., when a neighbor returned the \$28 he had barrowed. I am watching www.usma.edu graduation at <http://www.pentagonchannel.mil/LiveStream.aspx> . CIO

<888> 05/27/14 Tuesday 8:25 P.M. I chatted with a relative. I ate a muffin. I will now shut down the primary work computer, and I will go to bed. It is suppose to be colder tomorrow with a high of 63 degrees Fahrenheit and a 30% chance of rain. CIO

<888> 05/27/14 Tuesday 7:30 P.M. <http://blog.ctnews.com/realtime/2014/05/27/gpd-underground-explosions-on-greenwich-ave/>

<http://blog.ctnews.com/traffic/2014/05/27/morning-commute-off-to-a-quiet-start/> CIO

<888> 05/27/14 Tuesday 7:20 P.M. I chatted with a friend. I reheated and ate the creamed broccoli and cheese and the two chicken leg and thigh dinner, which I ate with a 12 ounce glass of Schweppes Ginger Ale and three scoops of coffee ice cream. CIO

<888> 05/27/14 Tuesday 6:15 P.M. I chatted with a friend. CIO

<888> 05/27/14 Tuesday 5:50 P.M. I sat outside, and I chatted with neighbors. I picked up the mail. I delivered a package to a neighbor. CIO

<888> 05/27/14 Tuesday 5:00 P.M. NRC: Public Meeting Schedule

Close the Indian Point nuclear power plant | CREDO Mobilize

Saint Petersburg (Russia) -- Encyclopedia Britannica

The lights just blinked. Maybe there might be brown outs with the warmer weather. CIO

<888> 05/27/14 Tuesday 4:40 P.M. I ate two ounces of almonds.

http://en.wikipedia.org/wiki/Fort_Drum

https://www.google.com/search?q=LeRay+Mansion&client=firefox-a&hs=TTk&rls=org.mozilla:en-US:official&channel=rsc&tbo=u&source=univ&sa=X&ei=y_aEU7KiGdPksASkzIDoCw&ved=0CDUQsAQ&biw=1280&bih=842

http://en.wikipedia.org/wiki/Fort_Montgomery_%28Hudson_River%29

<http://www.nysparks.com/>

It is probably colder up in northern New York State. CIO

<888> 05/27/14 Tuesday 4:10 P.M. <http://www.prisonplanet.com/suspended-animation-trials-to-begin-on-humans.html> CIO

<888> 05/27/14 Tuesday 4:05 P.M. I chatted with neighbors. When I used to cover the waterfront in Manhattan in the old days, they told me that everything that was missing was in a warehouse in New Jersey. CIO

<888> 05/27/14 Tuesday 3:25 P.M. I chatted with a neighbor about the price of tea in China. CIO

<888> 05/27/14 Tuesday 2:20 P.M. I threw out the garbage. I moved the Volvo wagon to its usual place. I chatted with neighbors. I walked around the building. There is a port-o-potty in the northwest corner of the ice skating rink parking lot.

http://en.wikipedia.org/wiki/List_of_saints

http://en.wikipedia.org/wiki/List_of_early_Christian_saints CIO

<888> 05/27/14 Tuesday 1:20 P.M. I called up My Time Support at 1-800-577-3266, and I cancelled their support program. My web domain will automatically renew at charge in a year, but I can save that cost, if I automatically renew the web hosting at the same time, possibly for a year. It is a bit confusing. I will now shower and clean up. CIO

<888> 05/27/14 Tuesday 11:20 A.M. I woke up at 10 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 05/27/14 Tuesday 12:40 A.M. I will now shut down the primary IBM Clone Internet PC DOS Windows computer, and I will eat a muffin. I will then go to bed. There is suppose to be heavy rain today here. CIO

<888> 05/26/14 Monday 11:35 P.M. Believer it or not, when this picture <http://mikelouisscott.com/mlsdc.jpg> was taken around February 1990 the last time I was in Washington D.C, former President George H.W. Bush was away from the White House in Argentina, and that morning it was ZERO DEGREES FAHRENHEIT IN WASHINGTON D.C., so just judging by the way I was dressed when touring Washington D.C. with somebody from Bedford, New York and Stowe, Vermont; I used to be able to take the cold weather, but not so anymore. CIO

<888> 05/26/14 Monday 10:35 P.M. I called up <http://moscow.usembassy.gov/contact.html> with the OPiTalk 200 device http://www.newegg.com/Product/Product.aspx?Item=N82E16833617008&cm_re=OPiTalk-33-617-008-Product using www.cheapvoip.com by dialing the exit code 011 and then 7-495-728-5577, and I left them a message about my internet activity about how I have managed it all of these years. The six minute call to Moscow, Russia cost 6 cents, so I hope I did break the budget. CIO

<888> 05/26/14 Monday 10:10 P.M. I chatted with a relative. I ate two ounces of wabasi and soy almonds. Traditionally the Forest people of the world eat a lot of nuts and berries, if you did not know that already. When they get older and start to lose their teeth, I think they eat soup, oatmeal, berries and rice. Women seem to outlive men, so maybe that is why women are wiser <http://www.census.gov/population/international/data/idb/worldpop.php> . CIO

<888> 05/26/14 Monday 8:35 P.M. I chatted with a relative. The relative told me that <http://www.cbs.com/shows/ncis/> is the most popular show on television in the United States of America. CIO

<888> 05/26/14 Monday 7:35 P.M.

Visit Scotland Travel CIO

<888> 05/26/14 Monday 7:15 P.M. I reheated and ate the creamed broccoli and cheese and the two chicken leg and thigh dinner, which I ate with a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 05/26/14 Monday 6:00 P.M. I threw out the garbage. I went downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I think they should leave the three port-o-potties left over from the town party at the Board of Education for the general public to have available at night. I stopped by CVS. I bought a ten pack of CVS AA alkaline batteries for \$5, buy one get one free of 200 count CVS herbal odorless garlic 500 mg for \$12.49 both, and a 17.5 ounce CVS deluxe mixed nuts for \$6.99 and \$1.11 tax for \$25.59 total. I then finished my walk. I chatted with several local walkers along the way. I then went by the Stop and Shop. I bought two 2 chicken leg and 2 chicken thigh dinners with creamed broccoli and cheese for \$1.99 each, bananas for .79 a pound for .58, a four pack of day old muffins for \$2, and a 42 ounce Old Fashioned Quaker Oats for \$4.99 less .70 can return for \$10.85 total. I then returned home, and I put away my purchases. I chatted with a neighbor. CIO

<888> 05/26/14 Monday 12:20 P.M. I finished setting up the www.opensuse.org partition as a second partition on the Abit computer with Windows as the first partition. It seems to be working fine. I will now shower and clean up. I will then go downtown to see all of the glory of Greenwich Avenue on a warm holiday. I suppose not many people will be there, since most everyone will be away, or at the clubs or the beach. CIO

<888> 05/26/14 Monday 10:55 A.M. I woke up at 8 A.M.. I am in the process of reinstalling www.opensuse.org on the Abit computer, so it will be installed properly. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 05/26/14 Monday 12:35 A.M. I proofed some of the files on the new server at <http://scott-mike.com/>. When I uploaded the 15,500 files, it said about 500 of them were not uploaded, but I don't know which ones. Still the primary files seem to be up. I will check it some more at a later date. I installed the new install of www.opensuse.org on the Abit computer, but the installation left the old faulty upgrade still on the system, so I might also fix that at a later date. It is suppose to be up to 85 degrees Fahrenheit today, so I hope your air conditioners are working. I will now shut down the primary work computer. I will eat 8 ounces of yogurt, and then I will go to bed.

<http://blog.ctnews.com/realtime/2014/05/25/memorial-day-service-to-be-held-on-byrams-hill-of-heroes/#23699101=0> CIO

<888> 05/25/14 Sunday 10:00 P.M. I chatted with a relative. I watched the last half of the <http://www.pbs.org/national-memorial-day-concert/home/> . The upgrade installation of www.opensuse.org did not work, so I am installing it as a new install along side the existing windows partition. CIO

<888> 05/25/14 Sunday 8:05 P.M. I am installing the www.opensuse.org update on the Abit computer. I threw out the garbage. I chatted with a neighbor. I walked around the building. CIO

<888> 05/25/14 Sunday 7:05 P.M. Knowlton Nash dead at 86: Tributes pour in for veteran CBC anchor who was 'at the front line of history'

<http://www.thatdailydeal.com/home.php?id=37876&pop=off> 24 CF bulbs \$22.99

http://www.smithsonianmag.com/travel/giant-hole-ground-has-been-fire-more-40-years-180951247/?utm_source=smithsoniantopic&no-ist

http://www.smithsonianmag.com/smithsonian-institution/how-squeegee-handle-became-life-saving-tool-september-11-2001-180951515/?utm_source=smithsoniantopic&utm_medium=email&utm_campaign=20140527-Weekender

http://www.smithsonianmag.com/smart-news/these-archaeologists-were-looking-tombs-they-were-totally-psyched-find-toilets-180951510/?utm_source=smithsoniantopic&utm_medium=email&utm_campaign=20140527-Weekender

Flying robots: Nature inspires next generation design CIO

<888> 05/25/14 Sunday 6:20 P.M. I chatted with a relative.

<http://www.greenwichconcours.com/> is next weekend. CIO

<888> 05/25/14 Sunday 5:30 P.M. I ate 8 ounces Perdue short cut grilled Italian chicken strips and steamed baby carrots cut into quarters lengthwise and 12 ounces of Simply Mashed garlic mashed potatoes with Smart Balance Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden lemon juice. CIO

<888> 05/25/14 Sunday 4:25 P.M. I made 158 Premier Lights 100 MM filter Peter Stokkebye Norwegian pipe tobacco cigarettes while watching the second half of "The Legend of Bagger Vance". I have not been able to afford to play golf for decades. However, about 10 years ago, I used to chat downtown on Greenwich Avenue with Dorothy Bush's caddie from Hobe Sound, Florida, when he was up here working in the summers. He told me about all of the great new golf courses they had built through out the south, so I guess it is still a popular game down south amongst the leisure class. CIO

<888> 05/25/14 Sunday 2:25 P.M. I said "Hello" to neighbors. I threw out the garbage. I walked around the building. I will now make cigarettes. CIO

<888> 05/25/14 Sunday 1:30 P.M. \$99.99 with free shipping Dell C1660w Color Laser Printer and \$15 off with coupon code "90717" for \$85.98 total.

\$149.99 with free shipping Acer FT200HQLbmjj Black 20" 2 x HDMI Touchscreen Monitor; 10-pt Capacitive Touch 100000000:1 Built-in Speakers with promo code "52MEMDAY161" .

<http://sharewareonsale.com/s/advanced-systemcare-pro-sale> for free download. I installed the free version without the junk additional stuff, and I activated it and ran it. It cleaned up over 3500 problems in my registry, so it is worth using for free as long as one does not install the additional programs it gives the option to not install.

\$49 with free shipping No Contract Nokia Lumia 520 for AT&T

I will now shower and clean up. CIO

<888> 05/25/14 Sunday 12:15 P.M. <http://www.audiobooks.com/freebook>

http://download.cnet.com/Microsoft-Reader/3000-20412_4-10047475.html

http://download.cnet.com/Microsoft-Reader-Update/3000-20412_4-10212911.html

Microsoft Reader Books: Put books in "My Documents", "My Library" folder

<http://mikelouisscott.com/library/>

<http://scott-mike.com/library/>

<http://mikelouisscottcom.cv.siteprotect.net/library/>

CIO

<888> 05/25/14 Sunday 11:05 A.M. I woke up at 9 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. I chatted with a relative. CIO

End of Scott's Notes week of 05/24/14

<888> 05/24/14 Saturday 9:05 P.M. I will now send out my weekly notes. I will then shut down the primary work computer. I will eat a muffin, and then I will go to bed. CIO

<888> 05/24/14 Saturday 7:30 P.M. Webicorders CIO

<888> 05/24/14 Saturday 7:25 P.M. I ate the last two ounces of cashew nuts and 25 garlic and herb croutons. I chatted with a relative and a friend. A friend down south where the skies are clear is excited about <http://www.cnn.com/2014/05/24/us/meteor-shower> . CIO

<888> 05/24/14 Saturday 5:15 P.M. I sat outside briefly. I chatted with neighbors. I picked up the mail. The order with tracking of DHL Global Mail Tracking on the order for <http://www.itechdeals.com/> Lowepro Sport Digital Camera bag for \$9.99 in black with free shipping for \$9.99 total arrived. I put it on the back left side of the www.harvard.edu chair at the hallway entrance. CIO

<888> 05/24/14 Saturday 4:35 P.M. I sat outside, and I chatted with a neighbor. I chatted with a friend. CIO

<888> 05/24/14 Saturday 3:25 P.M. <http://www.britannica.com/EBchecked/topic/627603/Victoria?source=ONTHISDAY>

Email - An Honorable and Impressive Keepsake-United States Flag Flown Over the Reagan Library! - Ronald Reagan Presidential Foundation and Library

The 5th International MAAR Conference | November 17-22, 2014. Querétaro, MX

Instituto Geofísico - EPN

Cunard® Honouring Those Who Serve

Town of Greenwich, Connecticut Memorial Day Message:

Dear friends and neighbors,

We would like to invite you to the Indian Harbor Yacht Club in Greenwich on Monday, May 26th at 8:00 am for a Memorial Day event.

The event will feature several tributes including a youth flag presentation, memorial wreath presentations, reading the roll call, a twenty-one-gun salute, music, and more.

A special part of the event this year will be the participation of a group of young men and women who have joined the United States Marine Corps and are awaiting their departure to boot camp.

The event is open to the public and residents are encouraged to bring their children. Veterans are asked to please wear their uniforms.

Best Regards,

Livvy Floren, 149th District
Stephen G. Walko, 150th District
Fred Camillo, 151st District

End of Message:

Study offers snapshot of rare Ecuador Amazon parrot

Google 'poised to produce 3D imaging tablet'

Vladimir Putin condemns Prince Charles's 'Nazi' remarks CIO

<888> 05/24/14 Saturday 2:45 P.M. I threw out the garbage. I sat outside for a while. I walked around the building. I backed up the server folder and a few other folders to a pen drive. CIO

<888> 05/24/14 Saturday 1:45 P.M. I ate a deli sliced premium ham and American cheese sandwich on toasted 15 grain whole grain bread with Hellmann's olive oil mayonnaise and Utz wavy potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. I will now shower and clean up. CIO

<888> 05/24/14 Saturday 12:55 P.M. I updated the www.freefind.com search engines on the two remote servers. CIO

<888> 05/24/14 Saturday 11:05 A.M. I called up Network Solutions at 1-888-642-9675. To get the \$17.94 monthly hosting rate, I had to cut off the "Take a Payment" option, and the Email Hosting Option, and on a week day between 9 A.M. and 8 P.M. PDT, I have to cancel the My-Time Support option at 1-800-577-3266. If I were to make a yearly payment for the Web Hosting it would be \$142.50 or a \$72.78 savings per year. CIO

<888> 05/24/14 Saturday 9:45 A.M. Bad news, the remote web site charge of \$2.94 is just a promotion for the first month. After the first month, I will be charged \$17.94 a month for the service. After a year, I can renew the domain name for free, if I renew the hosting service. I guess there is no such thing as a free lunch. That means the remote server will cost me \$214.80 a year. For now I will keep it going, but I might have to terminate it if finances get tighter. CIO

<888> 05/24/14 Saturday 9:25 A.M. I did some minor proofing of the remote web site. Tech tip when uploading web homepages or sub pages from a previous web domain, one can use the search and replace all feature of www.textpad.com editor with the web page opened to change the domain names quickly, particularly if one has a lot of domain names to change. Of course one has to put the changed web pages in a different folder on one's computer, so as not to change the original web pages. CIO

!!!!!! <888> 05/24/14 Saturday 7:30 A.M. <http://scott-mike.com/> is up and running. CIO

<888> 05/24/14 Saturday 7:20 A.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

!!!!!! <888> 05/24/14 Saturday 6:20 A.M. NOAA predicts near-normal or below-normal 2014 Atlantic hurricane season CIO

<888> 05/24/14 Saturday 6:15 A.M. I woke up at 4:45 A.M.. Most of the files were finished uploading to the remote server. I activated the server just now, but it says it will take 24 to 48 hours for the DNS servers to be updated. I still have to proof the remote server. CIO

<888> 05/23/14 Friday 9:15 P.M. I ate three ounces of cashew nuts. I chatted with a relative. I will now go to bed. CIO

<888> 05/23/14 Friday 8:35 P.M. Earlier I threw out the shipping box. I picked up the mail. I delivered a package to a neighbor. I just ate a heated 15 ounce can of Chef Boyardee ravioli and a 12 ounce glass of Schweppes Ginger Ale. CIO

!!!!!! <888> 05/23/14 Friday 7:20 P.M. At <https://www.networksolutions.com/>, I was able to setup a new remote server with 300 GB of storage for \$2.94 a month. The web address is <http://scott-mike.com/> which should be working in about a day. I am in the process of uploading the content to the remote server. CIO

<888> 05/23/14 Friday 3:50 P.M. I downloaded the 32 bit of <http://software.opensuse.org/131/en>, and I will burn it to DVD. I have OpenSUSE on the Abit computer, so I will install the latest version on it sometime in the future. While doing that I chatted with neighbors. The order with tracking of https://tools.usps.com/go/TrackConfirmAction_input?origTrackNum=9205590106531501108964 on the order for 40 ounces of <http://www.pipesandcigars.com/pipe-tobacco/40008/peter-stokkebye-80-norwegian-blend/> for \$63.60 and \$6.15 shipping for \$69.75 total arrived. CIO

<888> 05/23/14 Friday 2:25 P.M. I went outside, and I chatted with neighbors. I walked around the building. The little blue children's plastic planes in the little children's park in the back yard do not have drainage holes, so they are full of water which keeps them from being used. CIO

<888> 05/23/14 Friday 1:40 P.M. Got a while before another beta Rumor: Microsoft to offer a preview release of Windows 9 and Windows Phone 9 early next year CIO

<888> 05/23/14 Friday 1:05 P.M. I ate one ounce of cashew nuts. The parrot is over supervising at <https://www.varmax.com/>. CIO

<888> 05/23/14 Friday 12:20 P.M. I sat outside for a while. I chatted with a neighbor. I walked around the building. CIO

<888> 05/23/14 Friday 11:30 A.M. I chatted with a friend.

<https://www.varmax.com/> nearby has Mouton-Cadet white in a 750 ml bottle for \$9.99. The last time I bought some at the New Hampshire liquor store <http://www.liquorandwineoutlets.com/> on the way to Kennebunkport, Maine four years ago, it was \$5.99, and today it is \$7.99 there http://www.liquorandwineoutlets.com/products/detail/8124/mouton_cadet_white_brdx . I use to buy 1.5 liter bottles of <https://www.varmax.com/wines/Rene-Junot-Vin-de-Table-Francais-White-w4745656pr> at Varmax for \$7.99, and they are now \$12.99. There is another similar white table wine that I used to buy, but I can not remember its name. I have a two 1.5 liters of white table wine in the apartment , and one is Bellejour and the other is from Chile named Catonegro which I have in the refrigerator. They are at least several years old, and since I do not drink liquor or wine anymore, I just keep them around for cooking or guests. Out on www.nantucket.net a 750 ml bottle of French white table wine only cost \$2 up until 1983, when I was last living out there. I did pay a two day visit back to Nantucket back around 1987, and I recalled staying at the new Sherborne Associates Hotel across the street from the Nantucket Yacht Club <http://www.nantucketyachtclub.org/> with a friend. It was a nice place, but it did not have air conditioning. Once one becomes old and established with money, some of the older people forsake Nantucket and vacation at the <http://www.hotelvikings.com/> in Newport, Rhode Island; where the Vanderbilts use to put up their overflow of guests. Of course some of the simpler established old yankees, prefer

<http://mikelouisscott.com/137.htm> Kennebunkport, Maine

<http://mikelouisscottcom.cv.siteprotect.net/137.htm> Kennebunkport, Maine with its Old Guard New England families.

<http://www.ctforbusiness.com/>

I will now shower and clean up. CIO

<888> 05/23/14 Friday 9:35 A.M. This is why the world of finance tends to be rigged in a certain few people's favor <http://www.prisonplanet.com/rothschilds-rockefellers-trillionaires-of-the-world.html> . CIO

<888> 05/23/14 Friday 9:15 A.M. I woke up at 8 A.M.. A neighbor rang my door bell, and he invited me to an investment seminar, but I declined. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 05/23/14 Friday 2:20 A.M. Who Needs The United States? Not Russia And China

I will now shut down the primary work computer, and I will go to bed directly. CIO

<888> 05/23/14 Friday 1:40

A.M. [http://www.thestar.com/news/canada/2014/05/21/prince charles feeds polar bear on final day of canadian tour.html](http://www.thestar.com/news/canada/2014/05/21/prince_charles_feeds_polar_bear_on_final_day_of_canadian_tour.html)

<http://www.cbc.ca/news/canada/manitoba/prince-charles-camilla-wrap-up-canadian-tour-1.2649194>

<http://www.telegraph.co.uk/news/uknews/prince-charles/10848167/Prince-Charles-builds-rapport-with-polar-bear-amid-Putin-furore.html>

<http://www.greenwichtime.com/news/article/On-the-market-Graceful-and-charming-5483422.php#photo-6292003> CIO

<888> 05/23/14 Friday 1:05 A.M. I ate a 18.8 ounce can of Campbell's New England clam chowder seasoned with celery salt, parsley, Old Bay Seasoning and ground pepper, and I added about 20 garlic and herb croutons, and I ate it with a 12 ounce glass of punch and Schweppes Ginger Ale. CIO

<888> 05/23/14 Friday 12:25 A.M. [The Queen kicks off summer with first garden party at Buckingham Palace](#)

[First garden party of the year held at Buckingham Palace](#)

<http://www.royalcentral.co.uk/> CIO

<888> 05/23/14 Friday 12:10 A.M. [Breakthrough makes for better armored windows for the military](#) CIO

<888> 05/22/14 Thursday 11:55 P.M. [Gov. Rick Scott explains what makes red states thrive](#) CIO

<888> 05/22/14 Thursday 11:50 P.M. I ate one ounce of cashew nuts. If you own a parrot, parrots also like cashew nuts. CIO

<888> 05/22/14 Thursday 11:25 P.M. I went out to the Stop and Shop. I bought bananas for .79 a pound for \$2.69, a 24 ounce Stop and Shop garlic mashed potatoes for \$2.99, a quart of Dannon vanilla yogurt for \$3.19 for \$8.87 total. I then sat out downtown for a brief spell on a slow misty night. The Board of Education Parking lot will be closed at 6 P.M. Friday night May 23, 2014. They have the gardening at the veterans monument in good shape. Maybe there will be some event there this weekend. I then returned home. CIO

<888> 05/22/14 Thursday 10:10 P.M. I put away the laundry. I unplugged the left drier, so it can be checked out. CIO

<888> 05/22/14 Thursday 9:20 P.M. [Reebok New Items](#)

Tracking is DHL Global Mail Tracking on the order for <http://www.itechdeals.com/> Lowepro Sport Digital Camera bag for \$9.99 in black with free shipping for \$9.99 total.

Visit Scotland US Newsletter CIO

<888> 05/22/14 Thursday 8:55 P.M. I chatted with a relative. I have 55 minutes to go on two dry cycles. The left drier is making a bit of noise, but still works. CIO

<888> 05/22/14 Thursday 8:25 P.M. I ate two ounces of cashew nuts when I woke up briefly. I finally woke up at 7:45 P.M.. I started two loads of laundry, and I have 20 minutes to go on them. CIO

<888> 05/22/14 Thursday 4:00 P.M. I ate a deli sliced premium ham and American cheese sandwich on toasted 15 grain whole grain bread with Hellmann's olive oil mayonnaise and Utz wavy potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. I will now take a nap. CIO

<888> 05/22/14 Thursday 3:35 P.M. I sat outside observing the overcast weather. I walked around the building. I chatted with a neighbor. I chatted with a relative. CIO

<888> 05/22/14 Thursday 2:40 P.M. I disassembled and cleaned and oiled and reassembled the Sunbeam desktop fan and the Lasko pedestal fan, so they now look better and function more efficiently. CIO

<888> 05/22/14 Thursday 1:30 P.M. Prince Charles's Putin remarks outrageous - Russia CIO

<888> 05/22/14 Thursday 1:30 P.M. If one looks at http://en.wikipedia.org/wiki/United_States_armed_forces , it says there are 2,389,708 people in the Department of Defense including active duty, reserve, and civilians employees. If one looks at <http://www.census.gov/popclock/> , it says the U.S.A. population is 316,148,990 people. Thus divide that number by the military number, and that means one in 132.291 people are in the military in some sort of capacity. However, it is the nature of the military, they are probably younger people. CIO

<888> 05/22/14 Thursday 1:10 P.M. I chatted with a relative. The 25 foot handset cable on the Panasonic two line telephone was faulty, so I took a white 25 foot handset cable off the bathroom Optimum phone, and I put it on the Panasonic two line telephone. I put the AT&T black six foot cable on the bathroom Optimum phone. I went outside briefly, and I chatted with neighbors. CIO

<888> 05/22/14 Thursday 12:35 P.M. The order with tracking of UPS: Tracking Information on the order for <http://www.6pm.com/reebok-royal-ace-white-pure-silver-steel-reebok-royal> in white men's 9.5 size in medium for \$36.99 with free shipping and \$2.35 tax for \$39.34 total arrived. I put them in the left living room closet to have available

for future use. I threw out the shipping box and the garbage and the old periodical literature. I watered the plants.

President Obama from www.whitehouse.gov is to speak at graduation at www.usma.edu this Wednesday May 28, 2014

<http://www.usma.edu/news/shared%20documents/president%20to%20speak%20at%20west%20point%20graduation.pdf>

<http://www.usma.edu/parents/siteassets/graduation%20activities%202014.pdf> CIO

<888> 05/22/14 Thursday 11:10 A.M. I put clean linens on the bed. I will now shower and clean up. CIO

<888> 05/22/14 Thursday 10:45 A.M. \$169 with free shipping SCEPTRE X322BV-HDR 32" LED Class 720P HDTV with ultra slim metal brush bezel, 60Hz

\$24.99 with free shipping Every Day Carry Heavy Duty XL Mountaineer Hiking Day Pack Backpack - All Colors

\$119.99 with free shipping two hours remaining ViewSonic VA2349S 23-Inch SuperClear IPS LED-Lit LCD Monitor, Full HD 1080p, 20M:1 DCR, DVI/VGA

\$94.99 with free shipping three hours remaining Canon Lasers imageCLASS MF4770n Monochrome Printer with Scanner, Copier and Fax CIO

<888> 05/22/14 Thursday 9:55 A.M. I woke up at 9 A.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. CIO

<888> 05/21/14 Wednesday 11:10 P.M. I will now shut down the primary work computer. I will eat 8 ounces of Dannon vanilla yogurt. I will then go to bed. CIO

<888> 05/21/14 Wednesday 11:05 P.M. Both the AT&T and the Panasonic two line telephones have 25 foot handset cables on them. CIO

<888> 05/21/14 Wednesday 10:25 P.M. I ate one ounce of almonds.

Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report

Inn on Biltmore Estate Email Newsletter

I chatted with a relative.

Email - What America needs today... - Ronald Reagan Presidential Foundation and Library

<http://www.britannica.com/EBchecked/topic/341819/Charles-A-Lindbergh?source=ONTHISDAY>

Cunard®

Ruins on New York's abandoned island reclaimed by nature

Plas Newydd: Heat from the sea to warm historic house

Archaeopteryx: X-rays shine new light on mystery 'bird'

World's first artificial surfing lake

<http://www.cbc.ca/news/canada/manitoba/prince-charles-camilla-wrap-up-canadian-tour-1.2649194>

I chatted with a relative. CIO

<888> 05/21/14 Wednesday 9:20 P.M. I chatted with an older relative in Florida, and the relative told me the new AT&T ML17939 telephone was not loud enough on their end. When I picked up the older Panasonic telephone, they could hear me just fine. I called up AT&T tech support in Oregon, and they told me there was no way to increase the outgoing volume, but to them I sounded just fine, but when I picked up the older Panasonic two line phone, they said it was louder. I guess I can dial out on the AT&T phone, and if the person can not hear me well enough, I can pick up the Panasonic two line telephone next to it for a better connection. It is not the wires, but the new AT&T ML17939 phone. CIO

<888> 05/21/14 Wednesday 7:45 P.M. I have the new AT&T telephone all setup and programmed with my telephone numbers. Besides the directory which one accesses by the menu button, I also setup eight speed dial buttons. I have the answering machine setup on it also. It seems to work just fine. I left the instructions for the new AT&T telephone underneath the telephone. I put the Black and Decker jump start device in the rear of the Volvo wagon. CIO

<888> 05/21/14 Wednesday 5:00 P.M. I took the old AT&T two line telephone off the right front side of the telephone tea table in the living room. I put the Panasonic two line telephone in it place, and to its left, I connected up the new AT&T two line telephone with a long headset cord from the Panasonic telephone. I now have to program it. CIO

<888> 05/21/14 Wednesday 4:05 P.M. I chatted with neighbors. I picked up the mail. The order with tracking of https://tools.usps.com/go/TrackConfirmAction?qt_c_tlLabels1=9405510898898000187228 on the order for \$19.99 with free shipping Black & Decker Simple Start BBC2CB Vehicle to Vehicle Battery Booster arrived. The order with tracking of https://tools.usps.com/go/TrackConfirmAction?qt_c_tlLabels1=9405510200882192574929 fo

r http://www.ebay.com/itm/AT-T-Speakerphone-ML17939-/151302016445?pt=US_Corded_Telephones&hash=item233a4d8dbd for \$25 and \$6 shipping for \$31 total arrived. CIO

<888> 05/21/14 Wednesday 3:15 P.M. I ate 8 ounces Perdue short cut grilled Italian chicken strips and steamed baby carrots cut into quarters lengthwise and 12 ounces of Simply Mashed garlic mashed potatoes with Smart Balance Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden lemon juice.

My wireless door bell went off, while I was eating. Apparently a neighbor has the same wireless door bell, so I moved the base unit from the kitchen to underneath the telephone tea table in the living room. CIO

<888> 05/21/14 Wednesday 2:30 P.M. Tracking is https://tools.usps.com/go/TrackConfirmAction_input?origTrackNum=9205590106531501108964 on the order for 40 ounces of <http://www.pipesandcigars.com/pipe-tobacco/40008/peter-stokkebye-80-norwegian-blend/> for \$63.60 and \$6.15 shipping for \$69.75 total. CIO

<888> 05/21/14 Wednesday 2:25 P.M. I sat outside briefly enjoying a little bit of sunlight for a change. CIO

<888> 05/21/14 Wednesday 2:05 P.M. I made 138 Premier Lights 100 MM filter Peter Stokkebye Norwegian pipe tobacco cigarettes while watching the first half of "The Legend of Bagger Vance". CIO

<888> 05/21/14 Wednesday 12:05 P.M. I threw out the garbage. I chatted with neighbors and visitors. I walked around the building. I will now make cigarettes. CIO

<888> 05/21/14 Wednesday 10:45 A.M. I rotated my winter shirts to the far left of the bedroom closet, and I put my summer shirts on the left center of the bedroom closet. I put my winter coats on the far left of the right living room closet, and I put my lighter jackets on the right side of the right living room closet. I will now shower and clean up. CIO

<888> 05/21/14 Wednesday 9:30 A.M. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. I will now make up a fresh batch of punch. CIO

<888> 05/21/14 Wednesday 8:35 A.M. I just leant my spare \$20 bill to a neighbor who has a medical emergency. He said he would return it this Sunday. CIO

<888> 05/21/14 Wednesday 7:50 A.M. I woke up at 7:15 A.M.. I ordered 40 ounces of <http://www.pipesandcigars.com/pipe-tobacco/40008/peter-stokkebye-80-norwegian-blend/> for \$63.60 and \$6.15 shipping for \$69.75 total. CIO

<888> 05/20/14 Tuesday 11:25 P.M. I ate two ounces of wabasi and soy almonds and 8 ounces of Dannon vanilla yogurt. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 05/20/14 Tuesday 9:50 P.M. I ate a 18 ounce can of Progresso New England clam chowder seasoned with celery salt, parsley, and ground pepper, and I added about 20 garlic and herb croutons, and I ate it with a 12 ounce glass of punch and Schweppes Ginger Ale. CIO

<888> 05/20/14 Tuesday 9:15 P.M. I chatted with a relative. CIO

<888> 05/20/14 Tuesday 8:35 P.M. I ate two ounces of almonds and a 12 ounce glass of 50% punch and 50% Schweppes Ginger Ale. I watched the www.abcnews.com . It says because of Ecoli bacteria threat in hamburger, one is suppose to cook them well done. I guess one could also sauté them in soy sauce towards the end which might kill the Ecoli bacteria. I chatted with a relative. I ran PC Cleaner on the primary computer. I installed the Windows Updates on the primary computer.

Prince Charles says birth of grandson focuses world's challenges for him

<https://ca.news.yahoo.com/photos/princes-charles-and-camilla-visit-canada-slideshow/britains-prince-charles-hefts-wooden-mallet-while-touring-photo-151716844.html?.tsrc=yahoo>

<http://globalnews.ca/news/1339725/prince-charles-camilla-start-whirlwind-canadian-tour-in-halifax/>

<http://www.dailymail.co.uk/news/article-2633743/You-moos-taken-George-Prince-Charles-presented-toy-moose-Mounties-Camilla-charm-crowds-Canadian-tour.html>

<http://www.cbc.ca/news/canada/prince-edward-island/prince-charles-places-faith-in-determination-creativity-of-youth-1.2647848> CIO

<888> 05/20/14 Tuesday 6:00 P.M. Stress 101

HKS Executive Education Cybersecurity Program

Discover Bannockburn Live - a feast of food, music and history

Email - 50% OFF Presidential Gifts for Your Graduate-3 Days Only! - Ronald Reagan Presidential Foundation and Library

Sheep dog patrols may curb seaside bacterial infections

Wireless pacemaker placed in rabbit

Microsoft launches larger Surface Pro 3 to rival laptops

Tiny KickSat Sprite satellites hitch ride into orbit CIO

<888> 05/20/14 Tuesday 5:30 P.M. I woke up at 4:45 P.M.. I sat outside, and I chatted with neighbors. I picked up the mail. CIO

<888> 05/20/14 Tuesday 2:05 P.M. I ate a 14 ounce Marie Callender chicken pot pie with a 12 ounce glass of www.coke.com . I will now take a nap. CIO

<888> 05/20/14 Tuesday 1:10 P.M. I threw out the garbage. I chatted with neighbors. I sat out on the back side of the building enjoying the view of the park and the parking lot. I took the base unit of my wireless front door bell, and I plugged it in at the center kitchen socket. I took off the wireless sending unit from the front door, and I put in a new 9 volt alkaline battery. I then took it apart, I realigned the three point push contact, and I secured it with a fresh piece of scotch tape, and I reassembled the unit and attached it back to the front door, so it now works perfectly well. On the bedroom wired door bell that plays the Blue Bells of Scotland, I cleaned the battery contacts, and I sprayed WD 40 on them to lubricate and clean them more. I put in four new AA alkaline batteries, and it now works just fine. When one stays home instead of people watching downtown, one can always find certain maintenance items to do.

Tracking is

https://tools.usps.com/go/TrackConfirmAction?qtC_tLabels1=9405510898898000187228 on the order for \$19.99 with free shipping Black & Decker Simple Start BBC2CB Vehicle to Vehicle Battery Booster . CIO

<888> 05/20/14 Tuesday 9:55 A.M. I ate one ounce of wabasi and soy almonds. I will now shower and clean up. CIO

<888> 05/20/14 Tuesday 9:30 A.M. Jeb Bush's 2016 presidential decision is a family matter CIO

<888> 05/20/14 Tuesday 9:20 A.M. For skinny people \$199 with \$30 shipping Men's Runaround Cruiser Bike from L.L. Bean CIO

<888> 05/20/14 Tuesday 8:35 A.M. I woke up at 7 A.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 05/19/14 Monday 9:50 P.M. I will now shut down the primary work computer. I will eat eight ounces of Dannon vanilla yogurt. I will then go to bed. CIO

<888> 05/19/14 Monday 9:25 P.M. \$69.98 with free shipping Brother HL-2270DW Compact Laser Printer with Wireless Networking and Duplex

<http://www.blackanddecker.com/>

In case I ever need to jump start a car or get my Volvo wagon jump started, I ordered this simpler device \$19.99 with free shipping Black & Decker Simple Start BBC2CB Vehicle to Vehicle Battery Booster and more information on it

<http://www.blackanddecker.com/power-tools/BBC2CB.aspx> . CIO

<888> 05/19/14 Monday 8:45 P.M. I chatted with a relative. I ate two ounces of wabasi and soy almonds. CIO

<888> 05/19/14 Monday 7:20 P.M. Since one can talk to England for 2 cents a minutes with OBiTalk VOIP, one could try to call up Buckingham Palace and chat with one of their secretaries, but I am sure they are overwhelmed with people calling them all of the time, so I have no need to bother them. Their telephone directory is here

<http://www.royal.gov.uk/Contactus/Contact%20a%20member%20of%20the%20Royal%20Family.aspx> . I am sure their secretaries would be polite, but they probably would not enjoy making small talk about the price of tea in China or whatever else they know to chat about. They do seem to generate a lot of publicity, so I guess they have a large following of people on their side of the Pond. It says here

http://en.wikipedia.org/wiki/English_language 375 million people speak English as a primary language on the Planet Earth which would be about one in ten people, so they probably know other people that speak English which is not always the case around here. CIO

<888> 05/19/14 Monday 6:40 P.M. I heated and ate a 15 ounce can of Chef Boyardee lasagna which I ate with a 12 ounce glass of www.coke.com .

Prince Charles, Camilla visit Pictou and Halifax

Prince Charles reflects on Canada's war history, achievements at ceremony

<https://ca.news.yahoo.com/photos/princes-charles-and-camilla-visit-canada-slideshow/> CIO

<888> 05/19/14 Monday 5:50 P.M. I sat outside briefly. I picked up the mail. I got a Home Energy Report from <https://clp.opower.com/> . I apparently used 141% more energy than my neighbors in the past year which cost me \$1,312 more than my neighbors. However, since I am frequently on a night schedule, and since I use computers, and since I have the western exposure to the hot afternoon sun for six months in the warmer period which uses a lot of electricity, I have higher electricity expenses. CIO

<888> 05/19/14 Monday 5:25 P.M. I drank a 12 ounce glass of www.coke.com . Back in the 1950s, when I use to go to Sunday School at the <http://www.fpcdecatur.org/> . After Sunday school, I had the job of giving away from Coca Cola, Lemon or Orange Soda. Each bottle of Coca Cola back then had the name of different city where it was bottled embossed on the bottom of the bottle. People used to try to collect as many different city bottles of Coca Cola. When my family moved up north to this area in June of 1962, we moved into www.pepsi.com territory. When I lived in Greenville, South Carolina for the first six months of 1976, I used to drive down to Atlanta, Georgia and party with people near the AT&T headquarters in the center of town. That was when www.cnn.com was first starting, and their first cable channel was from Atlanta, Georgia to Greenville, South Carolina. I even went down to Plains, Georgia; when Jimmy Carter announced he was going to run for President at the Holiday Inn there. When I was unemployed in Key West, Florida during the winter of 1977 and 1978, somebody once offered me the job of running a Coca Cola stand on the Mallory Square wharf, but I thought that would be too much public exposure. When I was out in www.nantucket.net working at various restaurants, <http://lelanguedoc.com/> where I worked the most displayed bottles of Coca Cola and www.perrier.com at their restaurant entrance. When I returned to Greenwich, Connecticut in December 1983, Coke of New York was headquartered just west of the Boys Club in Greenwich. When I was in Manhattan from October 1973 to February 1975, Fred Von Mierers knew Bill Heinz who owned the Coca Cola franchise for North Carolina. When I was in Amsterdam in the Netherlands before the Winter Olympics in Albertville, France, a six ounce bottle of Coke in the local bar there cost \$7, there is a big profit on Coke in Europe.

www.pcrichard.com called up about renewing my air conditioner contract for another year for \$74, but I can not afford it. CIO

<888> 05/19/14 Monday 4:20 P.M. ING-DiBa – Die Bank und Du: Herzlich willkommen

Greenwich Metro North Note:

Dear friends and neighbors,

Here is an updated press release from the Department of Transportation:

New Haven Line customers should anticipate 5-10 minute delays until further notice due to a fire that destroyed a critical piece of equipment that controls switches and signals near Greenwich on Saturday, May 10th.

Immediate Plan

The highly complex process to restore limited switching capability at Greenwich is ongoing and a locally-controlled manual panel will be installed in the damaged control house over the next several weeks.

Long Term Plan

This plan consists of rebuilding the damaged control house utilizing equipment from another location that will be modified to provide required functionality at this location. We are working to implement this expedited solution by the end of this year.

Typical replacement time for a control house is at least 18 months or longer. The standard process requires design, fabrication, installation, and testing before it can be installed and made fully operational.

Please note: Metro-North's Train Time App, website information, and station LCD monitors rely on the signal system to track the status of trains and provide train information. Due to the damage to the control house that affects the signal system between Stamford and Port Chester, there will be inaccurate reporting on the status of trains while going through this section of the New Haven Line. Once trains have cleared the section, their current status will be updated to provide real-time train information.

We will continue to keep you updated about their progress in resolving this issue.

Best Regards,

Livvy Floren, 149th District
Stephen G. Walko, 150th District
Fred Camillo, 151st District

End of Note:

http://en.wikipedia.org/wiki/Victoria_Day

Greenwich Country Day: Make a Gift

Email - Live webcast with Vice President and Mrs. Cheney - Tue. May 20th - Ronald Reagan Presidential Foundation and Library

California Chrome can use nasal strip in Belmont Stakes, race officials say CIO

<888> 05/19/14 Monday 3:55 P.M. I woke up at 3:15 P.M.. I sat out for a while chatting with a neighbor. CIO

<888> 05/19/14 Monday 12:40 P.M. I ate a deli sliced premium ham and American cheese sandwich on toasted 15 grain whole grain bread with Hellmann's olive oil mayonnaise and Utz wavy sour cream and onion potato chips and a dill pickle slice and a 12 ounce glass of www.coke.com . I will now take a nap. CIO

<888> 05/19/14 Monday 11:50 A.M. I chatted with a relative. I went outside, and I sat out for a brief spell. I chatted with neighbors. I saw a red Cardinal bird. CIO

!!!!!! <888> 05/19/14 Monday 10:55

A.M. <http://www.sandyhershelman.com/alcoholplanthistory.htm>

http://en.wikipedia.org/wiki/Bergius_process

http://en.wikipedia.org/wiki/Friedrich_Bergius

http://en.wikipedia.org/wiki/Haber%E2%80%93Bosch_process

http://en.wikipedia.org/wiki/Karrick_process

http://en.wikipedia.org/wiki/Coal_liquefaction

<http://en.wikipedia.org/wiki/Fischer-Tropsch>

http://en.wikipedia.org/wiki/Coal_gasification CIO

<888> 05/19/14 Monday 10:35 A.M.

[\\$65.99 with free shipping iRulu 9" Android 4.2 Tablet PC A20 Dual Core 8GB Dual Cam w/ Keyboard&Earphone](#) CIO

<888> 05/19/14 Monday 9:45 A.M. [In taking Crimea, Putin gains a sea of fuel reserves](#) CIO

<888> 05/19/14 Monday 9:30 A.M. [Strategist Warns of New Russian Threat: "It Would Be the Greatest Blackout in American History"](#) CIO

<888> 05/19/14 Monday 9:25 A.M. [How the rich protect their online identity](#) CIO

<888> 05/19/14 Monday 9:10 A.M. I threw out the garbage. I chatted with neighbors. I sat outside for a while. I walked around the building. CIO

<888> 05/19/14 Monday 7:55 A.M. I will now shower and clean up. I probably will not be going downtown, since with only five and a half hours of sleep after being awake for 21 hours, I might be a bit low on the energy level. Since I have no products or service to sell in our local community, there is pretty much no interest in my internet activity. However, I do have a well organized home office. One of these days, I might do house cleaning which is long over due, but for now I will continue exploring the internet for tech activity. Even though I have world wide communications, I only know English and five years of high school French, so the international community has no interest in communicating. From my perspective, the large population of people in the hinterlands of America prefer to remain private and have no interest in communicating with people on the coasts, since they have different perspectives. Of course <http://www.deere.com/> tractors are handy for gardening. CIO

<888> 05/19/14 Monday 7:40 A.M. <http://www.ctforbusiness.com/> . Connecticut is sort of old fashioned. The old time Yankees still prefer to do gardening versus business. There are some younger people who struggle in business, but with the megapolis of New York State on our heels, we frequently are stampeded by the over whelming business might of New York State. Connecticut does a lot of defense contracting, so a lot of the products and research that is done is not familiar to the civilian consumer market. CIO

<888> 05/19/14 Monday 6:50 A.M. I woke up at 6 A.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

End of Scott's Notes week of 05/18/14

<888> 05/18/14 Sunday 11:30 P.M. I did a little bit of Mickey Mouse maintenance trouble shooting on the apartment phone system which has been having some trouble recently. I tested a lot of components in the system. I basically disconnected the Uniden 2 line cordless telephone from the floor to the right of the Sony TV in the living room. I do not need it anyway. It also seems the older Panasonic 2 line 2.4 GHz telephone on the desk in the bedroom was causing problems, so I moved it to the telephone tea table in the living room where it seems to work just fine. In its place in the bedroom on the desk, I moved the AT&T cordless 2 line 2.4 GHz telephone from the tea table in the living room to the desk in the bedroom, and I also put two new telephone cables on it. The over system seems to work just fine, and it seems to be stable without Verizon interruptions.

Prime Minister of Canada Message on the Highlights of the Royal Tour:

<http://pm.gc.ca/>

Highlights of the 2014 Royal Tour

May 18, 2014
Ottawa, Ontario

Canada is proud to be hosting The Prince of Wales and The Duchess of Cornwall on their Royal Tour of Canada from May 18 to 21, 2014.

Highlights of the 2014 Royal Tour include:

Nova Scotia:

- An official welcome to Canada and Nova Scotia at the Grand Parade (Halifax, May 19)
- A wreath laying by Their Royal Highnesses at the cenotaph honouring those who died for Canada (100th anniversary of the Great War and 75th anniversary of World War II) (Halifax, May 19)

- A tour of Hector Heritage Quay and participation in a province-wide celebration of Celtic Appreciation Month (Pictou, May 19)

Prince Edward Island:

- Participation in celebrations marking Victoria Day and the 150th anniversary of the Charlottetown Conference, which paved the way for Confederation (Charlottetown, May 19)
- Presentation of the Symons Medal to His Royal Highness at the Confederation Centre of the Arts (Charlottetown, May 20)
- Visit to Cornwall United Church for a salute to seniors (Cornwall, May 20)

Manitoba:

- Visit to the International Polar Bear Conservation Centre at the new “Journey to Churchill” exhibit at the Assiniboine Park Zoo (Winnipeg, May 21)
- Visit to Innovation Alley to highlight the role of youth entrepreneurship (Winnipeg, May 21)
- Participation in the Order of Manitoba Investiture at the Manitoba Legislature (Winnipeg, May 21)
- Visit to the Stevenson Hangar with young Canadians as they learn about the principles of flight, rockets, and satellites accompanied by Prime Minister Stephen Harper (Winnipeg, May 21)
- Official farewell to Canada and Manitoba outside the Manitoba Legislature Building (Winnipeg, May 21)
- Administrative Departure from Canada at Canadian Forces Base (17 WING) (Winnipeg, May 21)

End of Message:

Tracking is UPS: Tracking Information on the order for <http://www.6pm.com/reebok-royal-ace-white-pure-silver-steel-reebok-royal> in white men's 9.5 size in medium for \$36.99 with free shipping and \$2.35 tax for \$39.34 total.

I will now send out my weekly notes. I will then shut down the primary work computer, and I will eat a muffin, and then I will go to bed. CIO

<888> 05/18/14 Sunday 8:20 P.M. The Panasonic two line cordless telephone on the bedroom desk had its power disconnected, so I connected it back up yesterday, so it now works fine. The GE cordless Verizon phone on the desk in the bedroom was disconnected from its telephone jack, so I connected that up today, and it now works. The Uniden cordless telephone at the kitchen entrance was not working because its telephone line from some unknown location was disconnected, so I cleaned it, and I moved it on top of the book case at the kitchen entrance connected to the Brother all purpose machine telephone port connected to Optimum Voice, so it now works. The Uniden two line cordless telephone on the floor to the side of the Sony television in the living room has broken antennas, but it

works, so I clean it. I just chatted with a relative. The slightly used AT&T telephone is coming from http://en.wikipedia.org/wiki/New_Vernon,_New_Jersey . CIO

<888> 05/18/14 Sunday 6:55 P.M. I sorted out the accumulated paper work lying out on the two laptop computers at the apartment entrance area, so it is a lot neater looking.

Prince Charles, Camilla touch down in Halifax for four-day royal tour

<http://globalnews.ca/news/1338757/charles-camilla-embarking-on-whirlwind-tour/>

<https://ca.news.yahoo.com/royal-visit-2014-prince-charles-forging-own-ties-090000472.html> CIO

<888> 05/18/14 Sunday 5:25 P.M. I bought slightly used http://www.ebay.com/itm/AT-T-Speakerphone-ML17939-/151302016445?pt=US_Corded_Telephones&hash=item233a4d8dbd for \$25 and \$6 shipping for \$31 total. My current two line office Panasonic answering machine has a worn out LCD panel, so I can not see the stored numbers. It was a good phone in its time, and I bought it for about \$20 used in the Greenwich Hospital Thrift Shop over 10 years ago. The one that I bought is like this one new http://www.amazon.com/AT-17939-Corded-Silver-Handset/dp/B003BNY7QG/ref=sr_1_1?ie=UTF8&qid=1400444265&sr=8-1&keywords=at%26t+ml17939 for \$59.99 or http://telephones.att.com/products/product_detail/388 . I have other corded and cordless two line telephone systems, but they do not have answering systems except the Panasonic KX-TG6700 system, which is not currently connected to my Verizon line, because it is connected to the OPiTalk device. The phone only has 12 minutes of messages. I do not know if it has remote call in or not like my old Panasonic system. I setup my Radio Shack two line telephone switch to switch between the OPiTalk Device and the Verizon line on the Panasonic KX-TG6700 cordless telephone system to the left of the primary work computer. The Radio Shack telephone switch sits on the primary computer CPU. A: is for Verizon and B: is for OPiTalk. On the Panasonic KX-TG6700 cordless telephone system, Optimum is line one, and Verizon or OPiTalk is line 2. I chatted with a friend and a relative earlier. CIO

<888> 05/18/14 Sunday 2:20 P.M. The British are coming! Recounting Prince Charles' visits to Canada CIO

<888> 05/18/14 Sunday 1:55 P.M. <http://www.britannica.com/EBchecked/topic/517251/Mount-Saint-Helens?source=ONTHISDAY>

http://volcanoes.usgs.gov/volcanoes/st_helens/

http://volcanoes.usgs.gov/volcanoes/st_helens/st_helens_multimedia_10.html

The Caribbean colony that brought down Scotland

Switzerland rejects world's highest minimum wage CIO

<888> 05/18/14 Sunday 1:25 P.M. I ate a 18 ounce Stouffers meat lasagna with grated parmesan and Romano cheese and a 12 ounce glass of www.coke.com . CIO

<888> 05/18/14 Sunday 11:25 A.M. I chatted with a relative. My neighbor got back into his apartment. I reconnected his bedroom TV power supply that his cat had disconnected. I threw out the garbage. I chatted with neighbors. CIO

<888> 05/18/14 Sunday 10:30 A.M. I made 151 Premier Lights 100 MM filter Peter Stokkebye Norwegian pipe tobacco cigarettes while watching episodes 4 and 4 of "Jeeves and Wooster". While making the cigarettes, a neighbor who was locked out stopped by. We called the Greenwich Housing Authority at 1-203-869-1138, but while waiting for them to call back, somebody showed up to let the neighbor in his apartment, and we missed the person. I called them back up, and the neighbor is waiting downstairs to be let in. CIO

<888> 05/18/14 Sunday 7:10 A.M. I will now make cigarettes. CIO

<888> 05/18/14 Sunday 6:15 A.M. I will now shower and clean up. CIO

<888> 05/18/14 Sunday 5:25 A.M. I don't know where Restoration Hardware store gets their merchandise. I thought it might be recycled products from the Commonwealth. When I was living in Decatur, Alabama in the late 1950s, my father took a business trip to England for Chemstrand <http://pubs.acs.org/doi/abs/10.1021/cen-v035n014b.p024> which made Acrilan synthetic fiber. He brought me back a green plastic pencil sharpener which I assumed came from England. When Restoration Hardware store first opened on Greenwich Avenue over ten years ago, they had the same green plastic pencil sharpener in their display windows, so I assumed their products came from the Commonwealth. The former Restoration Hardware store is now vacant, and it is where the former Roger's Department store used to be. Thus we will probably be getting another new anchor store on Greenwich Avenue in that location at Elm Street and Greenwich Avenue. The only thing I ever bought at the Restoration Hardware store is a green lamp shade for my bedroom lamp for half price for about \$20. Of course one never knows what one might find at the Greenwich Hospital Thrift Shop on Railroad Avenue across the street from the Hamilton Avenue school. It all depends on what people donate to them. Of course, one needs a larger vehicle to move furniture. The Greenwich Hardware store rents U-Haul trucks and Vans. Also Home Depot in Port Chester, New York rents small trucks by the hour. Of course to move something heavy, one probably needs some strong friends for help. CIO

<888> 05/18/14 Sunday 4:40 A.M. I ate 8 ounces of Dannon vanilla yogurt before going to bed. I woke up at 3 A.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 05/17/14 Saturday 3:20 P.M. I checked the mail, but I did not get any mail. I chatted with neighbors. I sat outside briefly. I will now shut down the primary work computer, and I will go to bed.

Historic post office re-opens as Restoration Hardware CIO

<888> 05/17/14 Saturday 2:45 P.M. Since I seem to walk a lot, I always keep a spare new pair, I ordered <http://www.6pm.com/reebok-royal-ace-white-pure-silver-steel-reebok-royal> in white mens 9.5 size in medium for \$36.99 with free shipping and \$2.35 tax for \$39.34 total. One is not suppose to wear the same pair of shoes two days in a row, so I might alternate sneakers. CIO

<888> 05/17/14 Saturday 1:20 A.M. I went outside, and I chatted with neighbors. One has to remember the pollen season might be around. CIO

<888> 05/17/14 Saturday 11:45 A.M. Sikorsky Unveils CH-53K Helicopter; U.S. Marine Corps Reveals Aircraft Name

Sikorsky unveils CH-53K helicopter for USMC CIO

<888> 05/17/14 Saturday 11:35 A.M. I chatted with a relative.

Swiss mull creation of world's top minimum wage

For Swiss Food in Stowe, Vermont www.stowe.com , try <http://www.swissfonduebyheinz.com/> and <http://www.trappfamily.com/>

For season early birds, one can always try Kennebunkport, Maine, <http://mikelouisscott.com/137.htm> and <http://mikelouisscott.com.cv.siteprotect.net/137.htm> . CIO

<888> 05/17/14 Saturday 10:10 A.M. I ate five reheated chicken tenders, with 10 ounces of bacon, cheese, and chives mashed potatoes and steamed baby carrots cut into quarters lengthwise with Smart Balance spread and extra virgin olive oil on the vegetables and a glass of 12 ounce www.coke.com and a cup of green tea with Splenda sweetener and Borden's lemon juice.

Greenwich, Connecticut has been a wealthy enclave for established people for a long time. Ever before it became known as a Bush family home town, Ronald Reagan marched in the St. Patrick's Day parade in 1980 on his way to becoming President. Also the town of Greenwich for most of this century has had an established international community of residents. Since I lived in back country in my younger years like a lot of other younger people still in back country, I never knew too much about what was happening downtown in the Greenwich business district, but in those days, it was a simpler town. In the mid 1970s, they started building all of the office complexes to relieve the tax burden on the residential properties. CIO

<888> 05/17/14 Saturday 8:35 A.M. I threw out the garbage. I went by CVS at 644 West Putnam Avenue, and I bought a 16 ounce bag of Blue Diamond wabasi and soy almonds for \$5.99. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. After my walk, I used the bathroom at www.starbucks.com . I then went by Zen Stationary, and I chatted with somebody from Switzerland about the internet. I gave them my internet card. I played an Ace's High scratch card for a dollar, but I lost. It was a \$1,000 price, and I got a 10 but the dealer got a King. <http://www.makerbot.com/> is building a new store just south of St. Mary's. The old www.restorationhardware.com store is now closed, and it appears the new store at the former Greenwich Post Office is now opened. Two young people were photographing the front of the store with a drone. I chatted with a friend on my wireless. I went by the A&P Fresh. I bought two 12 ounce Perdue Italian cutlets for \$2.99 each, two 24 ounce Simply Mashed garlic mashed potatoes for \$2.99 each, two 30 ounce Freschetta Margarita pizzas for \$3.99 each for \$19.96 total. I then returned home. I let two painters in the building. I put away my groceries. CIO

<888> 05/17/14 Saturday 4:50 A.M. I will now go downtown for an early morning walk. I hope I am not eaten by the wolves. CIO

<888> 05/17/14 Saturday 4:10 A.M. [Cunard®](#)

[IEDA: EarthChem Homepage | EarthChem](#)

['Biggest dinosaur ever' discovered](#)

[New family of recyclable plastics created 'by accident'](#) CIO

<888> 05/17/14 Saturday 3:10 A.M. I will now shower and clean up.

[NOAA to issue 2014 Atlantic hurricane season outlook May 22 in Brooklyn, N.Y.](#) CIO

<888> 05/17/14 Saturday 2:15 A.M. [Darrien home formerly belonging to Charles Lindbergh lists for \\$20 million](#) CIO

<888> 05/17/14 Saturday 2:05 A.M. A friend called at 4:30 P.M.. I picked up the mail. I ate a muffin. I finally woke up at 12:30 A.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 05/16/14 Friday 2:05 P.M. I chatted with two relatives.

[Victims' relatives, Obama to dedicate 9/11 memorial museum](#)

[http://forecast.weather.gov/showsigwx.php?warnzone=CTZ009&warncounty=CTC001&fi
rewxzone=CTZ009&local_place1=&product1=Flash+Flood+Watch#.U3ZSinYvCp0](http://forecast.weather.gov/showsigwx.php?warnzone=CTZ009&warncounty=CTC001&fi
rewxzone=CTZ009&local_place1=&product1=Flash+Flood+Watch#.U3ZSinYvCp0)

I will now shut down the primary work computer, and I will go to bed. CIO

<888> 05/16/14 Friday 12:35 P.M. Lake Forest College - The Fund for Lake Forest College

Times Minute | A Peek at the Preakness - Video - NYTimes.com

Enjoy the beautiful canals in Holland

Indian election: Narendra Modi hails 'landmark' win

Sunken body clue to American origins

Harvard's so-called 'white privilege' class

El Nino's threat to major food crop yields

Braille phone goes on sale in 'world first' CIO

<888> 05/16/14 Friday 11:55 A.M. I put the vice grips in the tool box in the rear of the Volvo wagon. I chatted with a neighbor. CIO

<888> 05/16/14 Friday 11:05 A.M. I ate five reheated chicken tenders, with 10 ounces of bacon, cheese, and chives mashed potatoes and steamed baby carrots cut into quarters lengthwise with Smart Balance spread and extra virgin olive oil on the vegetables and a glass of 12 ounce www.coke.com and a cup of green tea with Splenda sweetener and Borden's lemon juice. CIO

<888> 05/16/14 Friday 9:55 A.M. I went downtown to the www.greenwichhardware.com , and I bought a Master Plumber flush lever for \$5.99 and .38 tax for \$6.37 total. They had more expensive ones up to \$15.99, but the one I got is just fine. I then sat out briefly downtown enjoying the morning rush. I then went by the Stop and Shop, and I bought bananas for .79 a pound for \$1.67, a 20 ounce Stop and Shop bacon, cheese, and chives mashed potatoes for \$2.99, and two cooked chicken tender entrees for \$3.15 and \$2.87 and .75 cent can return for \$9.89 total. I then returned home. I said Good Morning to neighbors. I installed the new flush lever on the bathroom toilet. The lever is plastic and nylon, so it will not rust. When tightening the reverse thread nylon nut with the vice grips, I had to be sure not to over tighten it, since with nylon threads it is easier to strip them. I also put a new blue 9 ounce automatic bowl cleaner in the toilet tank. Thus the toilet is back up and running. CIO

<888> 05/16/14 Friday 7:35 A.M. The toilet handle lever inside the toilet tank became disconnected. It has two holes on the lever that are rusted through, but I was able to use the third remaining hole. Instead of bothering the building custodian, I will get a new toilet tank lever downtown at the Greenwich Hardware store, when I have the time. CIO

!!!!!! <888> 05/16/14 Friday 7:10 A.M. I found another cheap VOIP provider that only charges per minute instead of the month. It is <https://www.cheapvoip.com/> . I setup an account with them by downloading their program. To set it up with OPiTalk, one uses the generic VOIP provider, and uses "sip.cheapvoip.com" for the servers along with one's ID and password <http://www.cheapvoip.com/sip> . I set it up at the primary VOIP provider on OPiTalk with my www.callcentric.com account as a secondary provider, and it also works with <http://www.mobilevoip.com/> on my Nokia 520 Windows 8 GoPhone, so I can call around the world cheaply, if I have access to wireless. It all works just fine. On the MobileVOIP app on the Windows Phone, I just had to enter my CheapVOIP ID and Password. I did not need to setup servers. I bought \$10 of CheapVOIP credit which cost me \$11.07 after taxes. I test CheapVOIP with both the OPiTalk device and the Nokia 520 phone using wireless with calls to England, and it all works just fine. CIO

<888> 05/16/14 Friday 5:00 A.M. \$3.36 with free shipping Mini Cree Led Flashlight Torch Adjustable Focus Light Lamp CIO

<888> 05/16/14 Friday 4:30 A.M. I threw out the garbage. I can hear a lot of traffic on I-95 <http://www.ct.gov/dot/cwp/view.asp?a=2354&q=415220> . I sat outside briefly. The sidewalks in front of 71 Vinci Drive are covered with pink Chinese cherry tree blossoms. I felt like a Chinese emperor walking on a path of pink Chinese cherry blossoms. I picked up the mail. CIO

<888> 05/16/14 Friday 3:40 A.M. I ordered <http://www.itechdeals.com/> Lowepro Sport Digital Camera bag for \$9.99 in black with free shipping for \$9.99 total. CIO

<888> 05/16/14 Friday 3:35 A.M. Modi wins India's election with a landslide, early results show

The resort in Thailand, where my relatives were visiting earlier this week is JW Marriott Phuket, Thailand Resort and Spa

I will now shower and clean up. CIO

<888> 05/16/14 Friday 2:45 A.M. Before going to bed, I chatted with a friend walking his three dogs. I woke up at 9 P.M., when www.dell.com called me up from India to make sure I was charged the \$47 for the spare 1 TB SATA hard drive, I received from them about three weeks ago. I chatted with a relative. I went back to bed until 1:30 A.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 05/15/14 Thursday 11:40 A.M. I will now shut down the primary work computer. I will eat a muffin, and then I will go to bed. CIO

<888> 05/15/14 Thursday 11:25 A.M. With the higher prices of fuel http://util.automobilemag.com/31/connecticut/fairfield/greenwich/gas_prices.html , see how slow the highway is here anymore <http://www.ct.gov/dot/cwp/view.asp?a=2354&q=415220> . CIO

<888> 05/15/14 Thursday 11:15 A.M. I chatted with another relative. It is suppose to rain here tomorrow too. Back in the early to mid 1970s in Greenwich, Connecticut, it used to be sunny on week days, and it would rain on weekends. Of course the rain keeps Greenwich green. Back in the early 1960s, when I would occasionally fly out of Westchester County airport on the Monsanto company DC-3 corporate plane, I noticed, when one flies over Greenwich, all one sees is trees mostly. Underneath the trees, there is a lot more. We used to have a large Anglophile community here, and a lot of the local teenagers drove small British sports cars. I guess I did not fit in because, I drove a 1967 Mustang convertible. There used to be a gasoline station in Darien, Connecticut on U.S. 1 next to the fire house, and it had about 100 old small British sports cars. Up in Kennebunk, Maine; there is still <http://leylandbritish.com/> , if you need to get your old British sports car fixed in the Western Hemisphere. I used to be pretty good with fiddling with Solex carburetors on old Mercedes. I guess since the British have such a large network with the Commonwealth, they have lots of warmer places to go to visit and retire, so we do not see as much of the British around here anymore, as we use to in the Good Old Days of cheap gasoline and inexpensive real estate in this area. I actually have never been in the United Kingdom, but I have met quite a few British people over the years, and even in Europe, when I was there. I think they are reserve at home, but when they travel, they tend to be more friendly. Maybe the British here change with the various governments, I do not know. England is suppose to be the largest investors in America, so possibly there are some British citizen here watching out for their investments. The only European company I know about in Greenwich is a small office at the Greenwich Train Station office plaza for <http://www.airbus.com/> . Canadian <http://www.bombardier.com/en/home.html> use to have an office at Westchester County airport. <http://www.virginamerica.com/> has an office nearby in Norwalk, Connecticut. There is <http://www.millermotorcars.com/aston-martin-inventory.htm> in Greenwich, and in Darien, they have <http://www.landroverdarien.com/index.htm> and <http://www.minifairfieldcounty.com/> . Also in Elmsford, New York, there is <http://www.whiteplainsjaguar.com/index.htm> . Of course in the Good Old Days, the British used to be able to afford drink a bit of alcohol and beer, so they were more friendly, but one usually met them at a Club, Pub, or Party. Also <http://www.citizensbank.com/BranchLocator/greenwich-ave-branch-53-greenwich-ave-greenwich-ct.aspx> is owned by the <http://www.rbs.co.uk/personal.ashx> . Of course as I said before, residents of the United Kingdom own a lot of stock in American companies. They also make <http://www.thomasbreads.com/> at the http://www.bimbobakeriesusa.com/our_brands/arnold.html in Byram. All of the fancy clothing stores in Greenwich might also sell some British or Commonwealth clothing like wool or cashmere or English leather products or cosmetics. I am sure a lot of the fancy restaurants and bars sell British and Scottish liquors and beers. Some of the food stores even sell a few British products. For British book and literature in Greenwich, Connecticut; one can try <http://www.dianesbooks.com/> . For furniture from the

Commonwealth in Greenwich, Connecticut; one can try
<http://www.restorationhardware.com/> . CIO

<888> 05/15/14 Thursday 9:15 A.M. I chatted with a relative. CIO

<888> 05/15/14 Thursday 8:35 A.M. I watched episode 3 of "Jeeves and Wooster". CIO

<888> 05/15/14 Thursday 6:55 A.M. I ate one ounce of mixed nuts.

\$99.99 with free shipping VIP Roadster Leather Jacket

China Wholesale - Pallet, Racking, Shelves, Storage Containers | Lean Manufacturing

VisitScotland Golf Newsletter

<http://www.forestersforever.com/s/884/splash.aspx>

Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report

Biltmore Email Newsletter

An American in London: Whistler's paintings of Thames

Nanotech poster absorbs pollution

Game of Thrones author George RR Martin: 'Why I still use DOS' CIO

<888> 05/15/14 Thursday 5:45 A.M. I was told by a relative who is a nurse, this is the best treatment for diarrhea Loperamide: Oral Capsule , but I think it needs a prescription. Also washing one's hands with anti bacterial soap particularly after going to the bathroom is recommended. CIO

<888> 05/15/14 Thursday 5:25 A.M. I ate a 19 ounce Stouffers meat lasagna with grated parmesan and Romano cheese and a 12 ounce glass of www.coke.com . CIO

<888> 05/15/14 Thursday 4:40 A.M. Symantec Norton Internet Security 2014 - 3 PCs \$19.99 with free shipping with coupon code "EMCPEWG27"

I put away the clean laundry. CIO

<888> 05/15/14 Thursday 3:30 A.M. I got a response from www.callcentric.com , and to call England on the OBiTalk device, one uses the prefix "011" to exit the U.S.A., and then "44" for the country prefix, but on the English telephone number, one does not use the "0" that the British Telephone number starts with, since that is their country code. I tested it by calling <http://www.claridges.co.uk/> and chatting. They told me they have one floor in

the hotel, where people are allowed to smoke tobacco. They speak English very well there, if one needs to improve one's English. CIO

<888> 05/15/14 Thursday 3:10 A.M. I have 55 minutes to go on two dry cycles. CIO

<888> 05/15/14 Thursday 2:45 A.M. I put clean linens on the bed. I showered, and I cleaned up. I started two loads of wash, and I have 10 minutes to go on the wash cycles. I picked up the mail. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 05/15/14 Thursday 1:05 A.M. I chatted with a relative around 3 P.M.. www.dell.com called up from India to say the \$47 charge for the hard drive that I received has been made which it has. I chatted with a relative at 9 P.M.. I finally woke up at 11:30 P.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. In watching www.cspan.org , I noticed <http://www.rockefeller.senate.gov/public/> is now using a cane. CVS on West Putnam Avenue now sells the As Seen on TV folding cane <https://www.hurricane.com/> that is supposed to be stable for \$29.95 plus tax. The order with tracking of <https://www.fedex.com/fedextrack/index.html?tracknumbers=61292700911723047538&cnt> ry_code=us on the order for <http://www.ebay.com/itm/2-PK-Merax-Compatible-TN450-Black-Toner-Cartridge-for-HL-2220-HL-2270DW-/360830276533> for \$22.95 with free shipping arrived. CIO

<888> 05/14/14 Wednesday 11:40 A.M. Royal visit 2014: Prince Charles and Camilla's Canadian itinerary

I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 05/14/14 Wednesday 11:15 A.M. The wealthiest zip codes in America CIO

<888> 05/14/14 Wednesday 10:55 A.M. Premium gasoline at the Shell Station downtown is almost \$5 a gallon

http://util.automobilemag.com/31/connecticut/fairfield/greenwich/gas_prices.html . CIO

<888> 05/14/14 Wednesday 10:50 A.M. I chatted with a relative. Way up in the North Country, the www.ford.com family used to like vacationing at http://en.wikipedia.org/wiki/Mackinac_Island . CIO

<888> 05/14/14 Wednesday 9:55 A.M. I chatted with a friend. I ate a five ounce home made yogurt and two ounces of mixed nuts.

The order for

<http://www.barnesandnoble.com/w/the-rockefeller-family-home-mary-louise-pierson/1110914419?ean=9780789202222>

I bought it used from Barnes and Noble, Books for America VA, for \$16.15 and \$3.99 shipping and \$1.28 tax for \$21.24 total shipped on May 12, 2014, and it was bought from <http://www.booksforamerica.org/>, so the extra money should help their charity. There is no tracking on the order. It is also available at www.greenwichlibrary.org and the Perrot library, in case one wants to what their nearby home looks like. Of course, I once was told by a Rockefeller family associate that they have 600 homes around the world, so possibly they are not always at their primary residence in the nearby cold damp woods of the Hudson River Valley. I was told by one local observer, that some of their family members have been spotted fishing on their estate, so I guess they like fishing, when they have a bit of free time. CIO

<888> 05/14/14 Wednesday 8:35 A.M. I sat outside, and I checked out the local environment. I think at 55 degrees Fahrenheit, it is a bit cool for mid May. I said Good Morning to the building custodian. I guess once it warms up a bit, I will try to make it downtown a bit more. I guess in my old age, I feel the cool weather a bit more, however I am use to it. CIO

<888> 05/14/14 Wednesday 8:15 A.M. US Newsletter Visit Scotland Whisky May

Email - Great news! You can have twice the impact - Ronald Reagan Presidential Foundation and Library

Cunard®

ESA Programme

Email - Patriotic iPhone Case-Special Offer \$19.99! - Ronald Reagan Presidential Foundation and Library CIO

<888> 05/14/14 Wednesday 7:35 A.M. I made 222 Premier Lights 100 MM filter Peter Stokkebye Norwegian pipe tobacco cigarettes while watching episodes 1 and 2 of "Jeeves and Wooster". I ate five ounces of mixed nuts. CIO

<888> 05/14/14 Wednesday 4:05 A.M. I will now make cigarettes. CIO

<888> 05/14/14 Wednesday 3:30 A.M. I threw out the garbage. I sat outside briefly enjoying the full moon over Byram. I picked up the mail. CIO

<888> 05/14/14 Wednesday 2:55 A.M. I will now shower and clean up.

US tobacco child labour criticised in report CIO

<888> 05/14/14 Wednesday 2:20 A.M. I am using the Obihai OBi200 VoIP Telephone Adapter for VOIP. I connected up an extension cord to the lowest control panel left switch, and I connected the Obihai power adapter to it, and I labeled the switch, so I can turn it on and off from the control panel. Since I will not be using it very much, I can leave the power to it turned off, when I am not using it. If someone else one knows has the same device somewhere in the world, one can talk directly through the internet between both devices without using a VOIP provider just using the OBiTalk number. Talk is cheap. When I was in seventh grade in Decatur, Alabama; my class toured the telephone company. After the tour, they showed us how one can take two Dixie cups and put a long piece of thread between each with a knot tied into the bottom center of the Dixie cups, and keeping the thread tight, one could talk between Dixie cups. We have come a long way, since then. Still having worked briefly for www.cbsnews.com for three months in 1973 during Watergate, nobody wants to talk to me, since they do not want their private business on the news. CIO

<888> 05/14/14 Wednesday 1:10 A.M. I woke up at midnight. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 05/13/14 Tuesday 2:05 P.M. I chatted with a friend. I will now shut down the primary work computer. I will eat a muffin. I will then go to bed. All quiet on the greater southwestern corner of the third smallest state in the nation
[http://en.wikipedia.org/wiki/List of U.S. states and territories by area](http://en.wikipedia.org/wiki/List_of_U.S._states_and_territories_by_area) . CIO

<888> 05/13/14 Tuesday 12:40 P.M. I moved the Siemens Verizon telephone from the bookcase at the kitchen entrance to on top of the secondary Dell Latitude D410 laptop to have available for incoming Verizon telephone calls. I never make outgoing telephone calls on it. There is no incoming call number on the OPiTalk CallCentric line, but if one wanted one, can pay \$1.95 a month and \$3.95 setup fee to have one. CIO

<888> 05/13/14 Tuesday 12:20 P.M. The International Conference Call between Greenwich, Connecticut; Vero Beach, Florida; and Phuket, Thailand went through clear as a bell for three cents a minutes for seven minutes total for 21 cents. I have temporarily connected my Optimum Line directly to the Panasonic two line cordless telephone to the left of the primary work computer along with the OBiTalk line, so I can conference call. One calls one number, then presses hold twice, and then calls the second number, and then presses conference. On the Panasonic two line phone to the left of the primary work computer, at the moment line 1 is Optimum Voice and line 2 is the OPiTalk CallCentric line. Normally line two is Verizon, but for now I have it changed around in case I need to do anymore conference calls. I have the Optimum Voice line on a splitter, so the rest of the two line telephones are connected to it. I normally do not know anyone overseas, so I do not have any need to call outside the country, other than a limited group of family and friends.

www.dell.com just called up from India to get some information, so they can charge the hard drive to me that I received about three weeks ago. CIO

<888> 05/13/14 Tuesday 10:55 A.M. I chatted with a relative twice. I have relatives overseas at the moment. With my two line Panasonic telephone, I can call the relatives overseas with OBiTalk and then put them on hold, and then call my other relative in the states and then press conference, and all three parties can conference for pennies a minute. I tried my relative overseas, but they are not in at the moment. CIO

<888> 05/13/14 Tuesday 9:35 A.M. Scientists Warn of Rising Oceans From Polar Melt - NYTimes.com

Rocky Road for Canadian Oil - NYTimes.com

Associazione Italiana di Vulcanologia - Home

EU court backs 'right to be forgotten' in Google case

Deep-sea 'graveyard' reveals fate of dead ocean giants

Turtle migration driven by hatchling drift experience

US Navy releases 'stealth' e-reader for sailors CIO

<888> 05/13/14 Tuesday 9:00 A.M. I ate a 14 ounce Marie Callender chicken pot pie with a 12 ounce glass of www.coke.com . CIO

<888> 05/13/14 Tuesday 8:20 A.M. On the Nokia 520 Windows 8 GoPhone, I have this app http://www.windowsphone.com/en-us/store/app/mobilevoip/4b71bdeb-8df6-444f-a611-33b58e205efd and http://www.mobilevoip.com/ , but it does not support callcentric VOIP. However, I can still use www.skype.com on it. One could search the VOIP providers on MobileVOIP to find a low cost or charge per call VOIP provider http://www.mobilevoip.com/en/supported_brands to use with it. CIO

<888> 05/13/14 Tuesday 6:05 A.M. I looked on this page http://france.usembassy.gov/contact.html , and it says besides the country prefix, one first has to dial "011" , and it came in clear as a bell to Paris, France. To Paris, it costs about 2 cents a minute. According to this http://www.howtocallabroad.com/uk/ to call England, the number after the 44 prefix can not begin with 0. I tested it calling http://london.usembassy.gov/contact.html with one of their numbers that start with 20, and it works just fine. One has to dial the 011 exit code first too. The call to England cost 2 cents a minutes. www.callcentric.com can also be setup on a wireless telephone, which I will look into now. CIO

<888> 05/13/14 Tuesday 5:05 A.M. On May 15, 2014 Google Voice on the OBI device ends http://techcrunch.com/2014/03/18/obihai-offers-new-low-cost-home-phone-options-as-

technology-change-at-google-ends-free-service/ , but I never used it, since I do not know anyone outside the country. I can still use Google Voice though, which I have \$9.97 on my account. I setup a new Pay As You Go Account for VOIP on my OPiTALK device with a \$5 balance and a \$3 "911" initial charge for \$8 total with www.callcentric.com . The service works, when I call my home Verizon phone with it. However, when I tried calling a few random number with the 44 prefix in England, it gave a number does not exist message, when the numbers do exist. I opened a trouble shooting message with Callcentric. The cost to England if it does work is either 2 cents a minute or 10 cents a minute. I have not been able to figure out the Callcentric rate plan. CIO

<888> 05/13/14 Tuesday 1:50 A.M. The way Flossie cooked blue fish was pretty simple. First of all one needs an oven and baking pan big enough to hold a blue fish. Take one blue fish with the guts removed and not the bones. Fill the blue fish with Hellmann's mayonnaise and fresh dill. Wrap the blue fish in aluminum foil and place in baking pan. Bake on the center shelf of the oven at 350 degrees Fahrenheit for 30 to 35 minutes. After one has eaten the fish off the bones of the blue fish, one can use the bones and head to make fish stock. Since there are lots of blue fish out in Nantucket, everyone has a freezer full of blue fish for when times are lean. Back in October 1978, when I invested in a surf rod and reel and Hopkins lures, on my first try out by the old Navy Quonset hut on Lyon Farm Road on the South Shore of Nantucket during the last couple of hours of day, I caught 78 blue fish and 2 stripped bass. I was gutting the blue fish on the beach and throwing the guts back in the water which is called chumming. However, that might be dangerous if it attacked a Great White Shark, while one was standing out in the surf. Derek Moore who was a local and head waiter at the http://lelanguedoc.com/ had a new modern house on Lyon Farm road, when it was first being developed. He had a concert piano, since he also knew how to play the piano. Bunny Mellon and Jackie Onassis frequently ate at the Le Languedoc on their small patio, but nobody ever told me, so they kept it secret. Flossie liked their chicken livers. I sold the filets of blue fish to the Le Languedoc for 15 cents a pound and the filets of stripped bass for 35 cents a pound. In all of my travels, I never caught any fish after that. When I was traveling around Santa Barbara, California, when Ronald Reagan was elected in November 1980, I sold the surf casting rod and reel and tackle box for \$10 in gasoline at the Shell station on the highway there, so I could make it back to Laguna Beach, where some Texans and Argentineans were on vacation. The best surf casting point I found in California was Surf, California north of Point Conception just west of Vandenberg Air Force base, but since the beach drops off too quickly in California, it is not any good for surf casting. Surf, California has a railroad stop, but there is nothing else around it. CIO

<888> 05/13/14 Tuesday 1:05 A.M. http://www.archbishopofcanterbury.org/ CIO

<888> 05/13/14 Tuesday 12:55 A.M. Today only, from 4 P.M. to 8 P.M., a free scoop of ice cream at http://www.haagendazs.us/ . They are no longer on Greenwich Avenue though. There is one at Penn Station though. CIO

<888> 05/13/14 Tuesday 12:45 A.M. I threw out the garbage. I sat outside a brief spell. There is a ring around an almost full moon, which means it might rain. A full moon

and rain is also good for fishing. However, down by the waterfront on the pier on Steamboat Road, people are not allowed to park after sunset. However, one could probably park further up the road and fish on the pier. The blue fish might be running and possibly the striped bass. I know in Nantucket, the striped bass run the first week of June. Back in the summer of 1977, when I was living at Flossie's at 31 India Street on Nantucket, I bought the Penguin edition of http://en.wikipedia.org/wiki/Billy_Budd , and I left it on my bureau, and I took it with me, when I left the island in late November that year, but I never got a chance to read it. I did see the movie though. There is a one paragraph description of Nantucket in Herman Melville's "Moby Dick" <http://www.nha.org/history/faq/melville.html> . However, in the paragraph, I once read, it mentioned something about barnacles on chairs. It does not sound very glamorous. I think Herman Melville used to live at the Jane West Octagon Hotel in the west village of Manhattan on the Hudson River. A lot of the wealthy New England families made their money off the China Opium trade besides whale oil, if you did not know it. A certain type of Sperm Whale oil today is still used in lubricating delicate clocks and watches and other similar mechanisms. CIO

<888> 05/12/14 Monday 11:35 P.M. I will now shower and clean up.

Greenwich's top hedge funds among world's biggest

Sunday Times list of super-rich says London is tops when it comes to billionaires CIO

<888> 05/12/14 Monday 10:30 P.M. I ate two ounce of cashew nuts before going to bed. Parrots also like cashew nuts. I woke up at 8 P.M.. I chatted with a relative. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed.

The Taxpayer Cost To Maintain Obama's Golf Handicap: Over \$3 Million

More on Nantucket Property <http://www.ack.net/Grossman071306.html> . I knew John Cooper from Blue Eye, Missouri back in 1977 who worked on Louis Grossman's farm off the Polpis Road in Nantucket. I am not sure if it is the same place in the article. I remember it had a lovely view of the Nantucket harbor. There were lots of fruit trees on the property. CIO

<888> 05/12/14 Monday 11:50 A.M. I chatted with a relative. I will now shut down the primary work computer, and I will go to bed. CIO

<888> 05/12/14 Monday 10:55 A.M. I think Nantucket land is too expensive http://www.killenrealestate.com/nantucket_sales_listing_details.php?link_id=78071&goback=index.php . CIO

<888> 05/12/14 Monday 10:45 A.M. Not much happening out on Nantucket
http://www.killenrealestate.com/nantucket_killen_cam.php . www.harvard.edu does not
 get out until the third week of June. CIO

<888> 05/12/14 Monday 9:55 A.M. I chatted with a relative. I threw out the garbage. I
 chatted with neighbors. I walked around the building. Everything seems usual for the
 morning hours. CIO

<888> 05/12/14 Monday 9:00
 A.M. [http://www.britannica.com/EBchecked/topic/262304/Katharine-
 Hepburn?source=ONTHISDAY](http://www.britannica.com/EBchecked/topic/262304/Katharine-Hepburn?source=ONTHISDAY)

In Washington, Walk on the Grass, but Step Gently - NYTimes.com

IBM Poised for Growth, Chief Says - NYTimes.com

Robot hand and arm gets official approval

Inmarsat offers free airline tracking

Nereus deep sea sub 'implodes' 10km-down CIO

<888> 05/12/14 Monday 8:20 A.M. I woke up at 8 A.M.. I ate one ounce of cashew nuts
 and a muffin. CO

<888> 05/12/14 Monday 6:00 A.M. I ate a 18.8 ounce can of Campbell's New England clam
 chowder that I seasoned with dried parsley, ground black pepper, Italian seasoning, and
 celery salt, and I ate it all with a 12 ounce glass of www.coke.com . I will now take a
 nap. CIO

<888> 05/12/14 Monday 5:30 A.M. 71 Vinci Drive, where I live is named after
 Congressman McKinney Lucie C. McKinney (1934 – 2014) CIO

<888> 05/12/14 Monday 4:50
 A.M. <http://www.bing.com/images/search?q=Kykuit&Form=R5FD13>

<http://www.amazon.com/The-Rockefeller-Family-Home-Kykuit/dp/0789202220>

[http://www.barnesandnoble.com/w/the-rockefeller-family-home-mary-louise-
 pierson/1110914419?ean=9780789202222](http://www.barnesandnoble.com/w/the-rockefeller-family-home-mary-louise-pierson/1110914419?ean=9780789202222)

I bought it used from Barnes and Noble, Books for America VA, for \$16.15 and \$3.99
 shipping and \$1.28 tax for \$21.24 total. Well, it is cheaper than driving over there and
 back and paying admission. CIO

<888> 05/12/14 Monday 4:15 A.M. I ate threw ounces of whole cashew nuts. CIO

<888> 05/12/14 Monday 3:30 A.M. Go smoke a cigarette in California <http://www.lagunasurf.org/> and see what comes back this way. CIO

<888> 05/12/14 Monday 3:15 A.M. I don't know how they put up with the hoards of tourists <http://www.hudsonvalley.org/historic-sites/kykuit> and <http://nysparks.com/parks/59/details.aspx> . CIO

<888> 05/12/14 Monday 2:35 A.M. Some old people have to work <https://www.facebook.com/TheBritishMonarchy> . CIO

<888> 05/12/14 Monday 2:30 A.M. It looks like they have started the new construction on the new central Greenwich, Connecticut fire station next to the new Greenwich Police station http://www.greenwichct.org/government/departments/fire_department/ . At least they have a machine there breaking up the old cement from the previous floor of the old fire station.

For corporate travelers in the know, the <http://www.doralarrowwood.com/> is on the western border of Greenwich, Connecticut off King Street near the www.pepsi.com headquarters, and www.ibm.com headquarters, and the <http://www4.passur.com/hpn.html> and <http://www.purchase.edu/> all of which are convenient to downtown Greenwich, Connecticut with its many wanders about five miles to eight miles away. CIO

<888> 05/12/14 Monday 1:30 A.M. I will now shower and clean up. CIO

<888> 05/12/14 Monday 12:30 A.M. I woke up at 8 P.M., and I chatted with a relative. I went back to bed until 11 P.M., when I got up. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

End of Scott's Notes week of 05/11/14

<888> 05/11/14 Sunday 10:50 A.M. I chatted with a relative. I ate a deli sliced premium ham and American cheese sandwich on toasted 15 grain whole grain bread with Hellmann's olive oil mayonnaise and Utz wavy sour cream and onion potato chips and a dill pickle slice and a 12 ounce glass of www.coke.com . I chatted with a relative. I will now send out my weekly notes. I will then shut down the primary work computer, and then I will go to bed. CIO

<888> 05/11/14 Sunday 8:45 A.M. I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I used the bathroom at Starbucks. After I finished my walk, I stopped by CVS, and I used the bathroom. I bought a 16 ounce bag of Blue Diamond wabasi and soy almonds for \$5.99. two .75 ounce Italian seasoning for .99, two 2.7 ounce garlic powder for .99 less a \$3 off CVS Internet birthday coupon for \$6.95 total. I then went by the Stop and Shop. I bought buy one get one free of 11 ounce Eight O'clock hazelnut ground coffee

for \$6.49 both, a two pound bag of baby carrots for \$1.99, fresh bananas for .79 a pound for \$1.83, buy one get one free of 8 ounce Purdue Italian short cut grilled chicken strips for \$5.99 both, two 14 ounce Marie Callender chicken pot pies for \$2.50 each, a four pack of day old muffins for \$2, buy one get one free of six packs of Thomas' English muffins for \$4.19 both for \$27.49 both. I then returned home, and I put away my groceries. CIO

<888> 05/11/14 Sunday 5:25 A.M. I reheated and ate the other half of the remaining flavored rice along with a 12 ounce glass of www.coke.com .

A lot of the local people in Florida are against http://www.allaboardflorida.com/ , since with 50 trains a day, there will be a lot of people stuck waiting at the numerous rail crossing on the east coast of Florida. I will now go downtown to Greenwich Avenue to view www.starbucks.com opening and take a warm weather walk before the heat of the day. CIO

<888> 05/11/14 Sunday 4:55 A.M. I collapsed the folding CVS laptop computer table that was in front of the www.harvard.edu chair, and I moved it behind the legal chair with the New Zealand sheep's skin on it. CIO

<888> 05/11/14 Sunday 4:10 A.M. Fred Astaire (American dancer and singer) -- Encyclopedia Britannica CIO

<888> 05/11/14 Sunday 3:50 A.M. On the IBM ThinkCentre, the Windows Media Center does not recognize any cable channels with the Mygica A860B USB HDTV Tuner connected to the Digital Cable box. On the Ocosmo TV, the channels are recognized as analog, so maybe although they are suppose to be digital they changed back to analog when I lowered my cable service from premium to economy. I ate two ounces of cashew nuts. CIO

<888> 05/11/14 Sunday 2:20 A.M. I threw out the garbage. I sat outside for a while. I said hello to neighbors. I picked up the mail.

This Mygica A860B USB HDTV Tuner that I am trying to get to work on the IBM ThinkCentre along side the Ethan Allen recliner. It does not work with its software. I will now try to see if I can get it to work with the Windows Media Center. CIO

<888> 05/11/14 Sunday 1:20 A.M. \$149.99 with free shipping refurbished Asus VivoTab RT TF600TL-B1-GR 10.1",32GB, AT&T 4G LTE, Wi-Fi Tablet

I will now shower and clean up. CIO

<888> 05/11/14 Sunday 12:35 A.M. I ate two ounces of cashew nuts before going to bed. I woke up at 9 P.M., and I chatted with a relative. I went back to bed until 11 P.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and

a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 05/10/14 Saturday 12:05 P.M. Beverly House listed for sale at \$135 million

The Most Expensive Homes for Sale in the U.S.

I chatted with a relative. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 05/10/14 Saturday 10:45 A.M. On the IBM ThinkCentre along side the Ethan Allen recliner, I tried two different USB Digital TV dongles and the RCA antenna with the RCA amplifier, and the Terk TV digital TV antenna, and the Digital Cable TV box, and I can not get any of them to pick up any channels. It is not necessary to use them, since I obviously have other forms of television, but if they did work, I could record TV content on the computer. I can do that on the FIC server and the Epox computer though. I ate a muffin.

I watched them move a container ship out of the Port Everglades harbor <http://www.portevergladeswebcam.com/>. However, I can no longer take the Florida tropical heat or sun, and I do not speak Spanish anyway. CIO

<888> 05/10/14 Saturday 7:35 A.M. I took the RCA antenna amplifier and RCA digital antenna off the IBM ThinkCentre computer along side the Ethan Allen recliner, and I packaged them back in their boxes which I put underneath the Sceptre HDTV in front of the stereo system in the living room. I used a coaxial splitter, and I hooked up the digital cable box to the USB TV dongle on the IBM ThinkCentre computer along side the Ethan Allen computer, but I have not found any channels yet, when I scan for them. I chatted with a friend. CIO

<888> 05/10/14 Saturday 5:30 A.M. I put the RCA antenna amplifier on the RCA digital antenna, and I tried it on the Ocosmo LED TV, but it only picked up three channels, none of which came in at this hour of the morning. The Terk antenna picks up 11 channels about half of which come in at this hour in the morning. I went ahead and hooked up the RCA antenna amplifier and RCA digital antenna to the IBM ThinkCentre along side the Ethan Allen recliner, and in that setup it picks up no channels with USB TV dongle. One turns on the antenna amplifier with the far left control panel switch. When I first got the USB TV dongles with a cheaper thin flat antenna, I used to get 20 channels on the computers with them. Thus in the last couple of years, the Digital TV signals must have changed in this area. CIO

<888> 05/10/14 Saturday 4:00 A.M. Victoria Kennedy gives guided tour of Institute for the United States Senate dedicated to late husband - Metro - The Boston Globe

Edward Kennedy Institute Tour

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Geofisica — Università di Bologna

INGV — Assegni di ricerca e borse di studio 2014

University of Alaska Department of Geology & Geophysics | International Volcanology Field School

ING-DiBa – Die Bank und Du: Herzlich willkommen

Howard Carter (British archaeologist) -- Encyclopedia Britannica

'Killer robots' to be debated at UN

Keepod: Can a \$7 stick provide billions computer access?

Pressure mounts on FCC over net-neutrality changes CIO

<888> 05/10/14 Saturday 3:05 A.M. For my birthday dinner, I took a ten inch sauté pan and add four tablespoons of extra virgin olive oil. I heated the pan over medium high heat until oil is hot about three minutes. I added the 14 ounce three quarters inch thick rib eye steak. I reduced the heat to medium. I seasoned the top side of the steak with garlic powder, Montréal steak seasoning, and Italian seasoning, and I flipped the steak after one minute and did the same on the other side. I flipped the steak every minute for four minutes or two minutes a side. Then for another two minutes, I added four tablespoons of soy sauce flipping the steak every 30 seconds. I put the steak with its juices on a dinner plate, and at the table I put Lea and Perrins Worcestershire sauce on it along with Bulls Eye barbecue sauce. I ate it with steamed baby carrots cut into quarters lengthwise and with Smart Balance Spread and extra virgin olive oil on the carrots and a half of a portion of <http://mikelouisscott.com/mlsrice.htm> , and I refrigerated the other half of the rice in a Rubbermaid container in the refrigerator. I ate it all with a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden's lemon juice. CIO

<888> 05/10/14 Saturday 1:35 A.M. I went out, and I went by the Chase Bank ATM at 19 West Putnam Avenue. I noticed there were a lot of customers across the street at the <http://blackstonesgreenwich.com/> , so I guess some people in Greenwich do not worry about their cholesterol. I then went further downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. The new Restoration Hardware store is about to open <http://www.greenwichtime.com/default/article/Forwarding-address-5458519.php> . The tulips downtown seem to be doing all right, but they took out the pink tulips in front of the new Restoration Hardware store and planted evergreens. After my walk, I went by the

CVS at 644 West Putnam Avenue, and I bought two 18.25 ounce cans of CVS whole fancy cashews for \$6.99 each for \$13.98 total. I then returned to "Chez Michel". CIO

<888> 05/09/14 Friday 10:50 P.M. I threw out the garbage. I picked up the mail. The order with tracking of <https://tools.usps.com/go/TrackConfirmAction?qtctLabels1=9374889949033129307923> on the order for Acoustic Research RCA Digital Amplifier for Indoor Antenna for \$11.21 and \$5.74 shipping for \$16.95 total arrived. I chatted with a neighbor. I will now go downtown for a brief spell. CIO

<888> 05/09/14 Friday 9:50 P.M. I will now shower and clean up. CIO

<888> 05/09/14 Friday 9:45 P.M. I chatted with a relative. CIO

<888> 05/09/14 Friday 8:35 P.M. Before going to bed, a relative called me up to wish me Happy Birthday. I took a 14 ounce shell steak out of the freezer to defrost in the refrigerator to have for my birthday dinner later tonight. A relative called me up at 9 A.M.. I finally woke up at 7 P.M.. www.dell.com called me up from India, and they are still working on charging me the \$47 for the hard drive. A relative called me up, and wished me Happy Birthday. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 05/09/14 Friday 7:40 A.M. Mother's Day treat in Greenwich, Ct.: Temps may hit 80
http://en.wikipedia.org/wiki/May_9

I will now shut down the primary work computer, and then I will go to bed. CIO

<888> 05/09/14 Friday 7:05 A.M. I watched the final episode 24 of the "Borigas". CIO

<888> 05/09/14 Friday 5:45 A.M. I ate a 18 ounce Stouffers meat lasagna with grated parmesan and Romano cheese and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 05/09/14 Friday 4:55 A.M. More money for dresses US first lady opens Anna Wintour costume center

Top 12 tech hoaxes of all time - Network World

Tracking is
<https://tools.usps.com/go/TrackConfirmAction?qtctLabels1=9374889949033129307923> on the order for Acoustic Research RCA Digital Amplifier for Indoor Antenna for \$11.21 and \$5.74 shipping for \$16.95 total.

Malware infections tripled in late 2013, Microsoft finds - Computerworld

Whitefish Bay, Lake of the Woods

<http://www.britannica.com/EBchecked/topic/123433/The-Coca-Cola-Company?source=ONTHISDAY>

<http://www.britannica.com/EBchecked/topic/607156/Harry-S-Truman?source=ONTHISDAY>

Public Library Is Abandoning Disputed Plan for Landmark - NYTimes.com

Sentinel satellite spies ice cap speed-up

Self-healing plastic inspired by blood CIO

<888> 05/09/14 Friday 3:25 A.M. I made my third of four payments which was due on June 8, 2014 for my www.geico.com automobile insurance policy which expires October 8, 2014. Paying bills ahead of time is like saving money. CIO

<888> 05/09/14 Friday 2:45 A.M. On my backup Nokia GoPhone that I carry with me for backup, I put \$10 on it good until August 7, 2014 at <https://www.h2owirelessnow.com/>. CIO

<888> 05/09/14 Friday 2:25 A.M. I was going to go out and deposit a birthday check, but it was beginning to rain and there was lightning and thunder. Instead I used my Windows 8 Nokia GoPhone with the www.chase.com app, and I took a picture of both sides of the check, and I was able to deposit it. One has to make sure the picture puts in the right routing numbers. Unlike the ATM machine, they do not advance the funds right away. I will not shred the check, until the funds have cleared.

www.weather.gov has not been working for the last three hours. CIO

<888> 05/09/14 Friday 12:30 A.M. Happy 64th birthday to me. I was actually born at 10:30 P.M. CST on May 9, 1950 in Alton, Illinois; which technically makes me a United States of America Citizen. Thus technically by Eastern Daylight Time, I was born on May 10, 1950 at 12:30 A.M. Eastern Daylight Time.

On another minor point with all of the rich financial people in the Hamptons on Eastern Long Island, they might be tapping into the Trans Atlantic cable as it comes into this country also. Possibly it also happens in other areas like Miami and on the west coast where various cables enter and exit the country. Of course the Super Rich People use satellite communications, but other people with satellite communications can also tap into those systems which also takes a lot more money and more expertise. CIO

<888> 05/08/14 Thursday 11:55 P.M. I chatted with a neighbor that was having difficulty in setting up a www.gmail.com email account. I suggested using a longer name like "Name and Birth Date", since a lot of people in the world have the same name. I also mentioned

that one of the major clouds is probably in Iceland, where they have a lot of cheap geo thermal energy. They also make aluminum there which uses a lot of energy. I also mentioned the Trans Atlantic cable is across the street from the Mobil station in my neighborhood next door to the United Jewish Appeal. Whether the United Jewish Appeal has tapped into it, is opened to debate. I also mentioned the DREN Map <http://news.dice.com/2013/04/25/centurylink-to-provide-dods-internet2-2/> shows how it all works in this country and the future <http://www.hpc.mil/> . CIO

<888> 05/08/14 Thursday 10:15 P.M. I chatted with a friend. I threw out the garbage. I picked up the mail. CIO

<888> 05/08/14 Thursday 8:30 P.M. I chatted with a relative. I will now shower and clean up. CIO

<888> 05/08/14 Thursday 7:20 P.M. I woke up at 6:15 P.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed.

I had a telephone fundraising call from <http://www.taftschool.org/> . I went to <https://www.taftschool.org/alumni/secure/gift.aspx> , and I gave them \$5.00 . CIO

<888> 05/08/14 Thursday 8:00 A.M. \$39.99 refurbished with free shipping Nokia Lumia 520 GoPhone

I will now shut down the primary work computer. I will eat a muffin. I will then go to bed. CIO

<888> 05/08/14 Thursday 7:25 A.M. I checked on my neighbor's television setup. There was nothing wrong with it. The neighbor was just pressing the wrong button on the remote control. CIO

<888> 05/08/14 Thursday 7:00 A.M. Tracking is https://www.fedex.com/fedextrack/index.html?tracknumbers=61292700911723047538&cnt ry_code=us on the order for <http://www.ebay.com/itm/2-PK-Merax-Compatible-TN450-Black-Toner-Cartridge-for-HL-2220-HL-2270DW-/360830276533> for \$22.95 with free shipping. CIO

<888> 05/08/14 Thursday 6:55 A.M. I made 181 Premier Lights 100 MM filter Peter Stokkebye Norwegian pipe tobacco cigarettes while watching episodes 22 and 23 of the "Borgias" . CIO

<888> 05/08/14 Thursday 3:50 A.M. I ate a deli sliced premium ham and imported Swiss cheese sandwich on toasted 15 grain whole grain bread with Hellmann's olive oil mayonnaise and Utz wavy sour cream and onion potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. I will now make cigarettes. CIO

<888> 05/08/14 Thursday 3:00 A.M. Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report

Universe evolution recreated in lab

CO2 'significantly reduces' nutrients in major food crops CIO

<888> 05/08/14 Thursday 2:05 A.M. I put away the clean laundry. CIO

<888> 05/08/14 Thursday 12:50 A.M. I have 50 minutes to go on two dry cycles. CIO

<888> 05/08/14 Thursday 12:15 A.M. I put clean linens on the bed. I showered, and I cleaned up. I started two loads of wash, and I have 10 minutes to go on the wash cycles. I threw out the garbage and the old periodical literature. I watered the plants. Tomorrow between 9 A.M. and 4 P.M., the electricity in the building hallways and community room is going to be turned off, so the electrical contractors can install a new circuit breaker box. I got a note on my front door that my neighbor's Apex TV with the new power adapter will not turn on, so I will check it out around 7 A.M. this morning, when he is awake. CIO

<888> 05/07/14 Wednesday 10:50 P.M. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I fixed the telephone connection problem in the bedroom, hopefully for now. CIO

<888> 05/07/14 Wednesday 9:20 P.M. While asleep, I was called from India by www.dell.com, and they are still working on billing me the \$47 for the hard drive. I had a no person telephone call at 4:30 P.M.. I woke up at 8 P.M.. I picked up the mail, and I sat outside briefly. I chatted with a relative twice. I have to move the telephone switch box in the bedroom, so the Verizon telephone does not keep quitting. CIO

<888> 05/07/14 Wednesday 9:10 A.M. I drank 6 ounce glass of 50% punch and 50% Schweppes Ginger Ale.

A Hedge Fund Manager Just Made The Biggest Home Purchase In US History

http://en.wikipedia.org/wiki/Duke_of_Windsor knew to save his money in case there was a war.

I will now shut down the primary work computer, and I will eat a muffin, and then I will go to bed. CIO

<888> 05/07/14 Wednesday 8:30 A.M. I installed the power adapter on my neighbor's Apex TV, and I scanned the channels for it. He is getting 35 channels on it with the RCA amplified antenna placed with a clear western exposure. The neighbor will pay me the \$8 for the part later on this month. I chatted with the construction people outside. CIO

<888> 05/07/14 Wednesday 7:10 A.M. I ate two ounces of mixed nuts and a 12 ounce glass of 50% punch and 50% Schweppes Ginger Ale. CIO

<888> 05/07/14 Wednesday 6:00 A.M. I ordered Acoustic Research RCA Digital Amplifier for Indoor Antenna for \$11.21 and \$5.74 shipping for \$16.95 total.

Cunard® Queen Mary 2 10th Anniversary Special

<http://www.britannica.com/EBchecked/topic/68756/Tony-Blair?source=ONTHISDAY>

New Tyrannosaur named 'Pinocchio rex'

Warming 'increasingly disruptive' across US - report CIO

<888> 05/07/14 Wednesday 4:50 A.M. I woke up at 4:30 A.M.. CIO

<888> 05/07/14 Wednesday 1:55 A.M. I reheated ate the chicken and cream spinach dinner with the other half of the deep fat fried onion rings and one ounce of mixed nuts and a 12 ounce glass of Schweppes Ginger Ale. I will now take a nap. CIO

<888> 05/07/14 Wednesday 1:00 A.M.

The <http://putnamrestaurant.com/> on lower Greenwich Avenue has less expensive food than some of the other restaurants.

The <http://www.morelobistro.com/> seems to have a lot of the evening Carriage Trade.

<http://primaryrestaurant.com/> c'est tres cher.

<http://www.allmenus.com/ct/greenwich/25539-mediterraneo/menu/> is busy all of the time.

<http://www.allmenus.com/ct/greenwich/25434-terra/menu/> is about the same.

<http://www.gingermangreenwich.com/> seems to draw local people.

<http://www.allmenus.com/ct/greenwich/25441-pierangelo/menu/> is always busy.

More Greenwich, Ct. restaurants <http://www.allmenus.com/ct/greenwich/-/?sort=popular> .

For the Big Buck People <http://lescalerestaurant.com/> and <http://www.cremaillere.com/> . The Rich do live better.

<http://glorydaysdiner.com/> is opened 24 hours on weekends.

<http://www.lepenguinbistro.com/>,

<http://www.bing.com/local?lid=YN162x401983596&q=Toscana+Greenwich+CT> ,

<http://www.restaurantjeanlouis.com/> ,

<http://www.barcelonawinebar.com/> ,

<http://www.steam374.com/> ,

<http://www.hunangourmetgreenwich.com/> ,

<http://www.thaibasilofgreenwich.com/> ,

<http://abisjapanese.com/> ,

<http://versaillesgreenwich.com/>,

<http://mumbaitimesct.com/coscob.htm> ,

<http://www.boxcarcantina.com/> ,

<http://www.kiragreenwich.com/> and many more to explore in the area, if one has the time.

There is also a <http://www.shopgreenwichavenue.com/Pages/chola.html> restaurant at the rear parking area of CVS on Greenwich Avenue.

<http://www.chipotle.com>

<http://www.leaflinesalad.com/> at the top of Greenwich Avenue.

<http://www.opentable.com/elm-street-oyster-house> ,

<http://www.eatdoppio.com/> ,

<http://sundownsaloon.com/> ,

<http://www.yelp.com/biz/bruce-park-grill-greenwich> ,

<http://www.planetpizza.com/> ,

<http://centroristorante.com/> ,

<http://www.melimelogreenwich.com/> ,

<http://www.pandapavilion3.com/> ,

<http://www.zhospitalitygroup.com/terra/> ,

<http://www.yellowpages.com/greenwich-ct/mip/eatalian-style-481322729?lid=481322729>

and for that big piece of beef that will kill you <http://gabrielesofgreenwich.com/> ,

<http://www.originalchickenjoes.com/> ,

<http://www.gardencatering.net/> ,

<http://www.crew280.com/> ,

<http://www.homesteadinn.com/> ,

<http://www.urbanspoon.com/r/297/1481393/restaurant/Fairfield-County/Le-Pain-Quotidien-Greenwich> ,

<http://www.urbanspoon.com/r/297/1260681/restaurant/Fairfield-County/MacDuffs-Greenwich> ,

<http://www.urbanspoon.com/r/297/1419100/restaurant/Fairfield-County/Crew-Greenwich> ,

<http://www.urbanspoon.com/r/297/1786909/restaurant/Fairfield-County/Golden-View-Firenze-Greenwich> ,

<http://www.urbanspoon.com/r/297/1720751/restaurant/Fairfield-County/Bella-Nonna-Greenwich> ,

<http://www.urbanspoon.com/r/297/1260727/restaurant/Fairfield-County/Tengda-Asian-Bistro-Greenwich> ,

<http://www.urbanspoon.com/r/297/1260698/restaurant/Fairfield-County/Pasta-Vera-Greenwich> ,

<http://www.polporestaurant.com/> ,

<http://thepizzapost.com/> ,

<http://grecohellacucina.com/>

<http://www.urbanspoon.com/r/297/1776675/restaurant/Fairfield-County/Green-Tonic-Greenwich>

<http://www.urbanspoon.com/r/297/1809722/restaurant/Fairfield-County/Vinoteca-Restaurant-Wine-Bar-Greenwich>

<http://www.urbanspoon.com/r/297/1260636/restaurant/Fairfield-County/China-For-Less-Greenwich>

<http://www.urbanspoon.com/r/297/1260656/restaurant/Fairfield-County/Fresco-Cafe-Greenwich>

<http://www.urbanspoon.com/r/297/1260663/restaurant/Fairfield-County/Gourmet-Galley-Greenwich>

<http://www.urbanspoon.com/r/297/1656080/restaurant/Fairfield-County/Greenwich-Prime-Meats-Greenwich>

<http://www.urbanspoon.com/r/297/1260646/restaurant/Fairfield-County/Delavan-Delicatessen-Greenwich>

<http://www.urbanspoon.com/r/297/1260619/restaurant/Fairfield-County/Bali-of-Greenwich-Incorporated-Greenwich>

<http://www.urbanspoon.com/r/297/1260631/restaurant/Fairfield-County/Cafe-Zoom-Greenwich>

<http://www.urbanspoon.com/r/297/1260672/restaurant/Fairfield-County/Inferno-Restaurant-Greenwich>

<http://www.urbanspoon.com/r/297/1834145/restaurant/Fairfield-County/Little-Thai-Kitchen-Greenwich>

<http://www.urbanspoon.com/r/297/1702303/restaurant/Fairfield-County/Saito-Greenwich>

<http://www.urbanspoon.com/r/297/1260629/restaurant/Fairfield-County/Bruckners-Good-to-Go-Greenwich>

<http://getcosi.com/>

<http://www.starbucks.com/>

<http://www.dourorestaurantbar.com/>

<http://plazarestaurantgreenwich.com/>

<http://blackstonesgreenwich.com/>

<http://www.pinkberry.com/>

<http://www.urbanspoon.com/n/297/35307/Fairfield-County/Greenwich-restaurants>

<http://www.allmenus.com/ct/greenwich/25431-greenwich-healthmart/menu/>

<http://www.statelinedeli.com/>

<http://www.tropicalsmoothie.com/>

<http://www.trademarkia.com/g-greenwich-salad-co-85826958.html> on lower Greenwich Avenue.

Thus I think there are other places to eat in the downtown area of Greenwich, Connecticut besides fast food restaurants and groceries stores. Besides the Wendys, McDonalds, Dunkin Donuts, Subway on West Putnam Avenue, there is also a www.mcdonalds.com in Port Chester, New York that has a 24 hour drive up window. CIO

<888> 05/06/14 Tuesday 10:30 P.M. For the new Brother HL-2240 laser printer, I ordered <http://www.ebay.com/itm/2-PK-Merax-Compatible-TN450-Black-Toner-Cartridge-for-HL-2220-HL-2270DW-/360830276533> for \$22.95 with free shipping. CIO

<888> 05/06/14 Tuesday 10:05 P.M. I threw out the paper shredder box and the shipping box. It does not sound like many people are invading Connecticut from New York tonight. Even I gave them in the information in India, www.dell.com still have not charged me the \$47 for the new hard drive yet. CIO

<888> 05/06/14 Tuesday 9:15 P.M. I setup the new paper shredder to the left of the old paper shredder to the left of the primary work computer. It works just fine. I emptied the old paper shredder, and I lubricated it. To use the old paper shredder which has a bigger basket, one has to press down on the rear left of its tops to activate the safety switch on its under side. I chatted with a relative. I will now shower and clean up. My Verizon telephone was not working today, because the laundry hamper in the bedroom that sits on top of the five way telephone splitter had caused it to become disconnected. I rocked the laundry hamper, and the Verizon telephone now works. CIO

<888> 05/06/14 Tuesday 8:10 P.M. I threw out the garbage. I picked up the mail. The order with Tracking is <https://tools.usps.com/go/TrackConfirmAction?qtctLabels1=9274899999934025608174> on the order for \$7.98 with free shipping <http://www.ebay.com/itm/New-12V-5A-AC-Adapter-Power-Supply-for-LCD-Monitor-TV-Cord/180746245771?trksid=p2047675.c100005.m1851&trkparms=aid%3D222003%26algo%3DSIC.FIT%26ao%3D1%26asc%3D20131003132420%26meid%3D6580093158178356724%26pid%3D100005%26prg%3D20131003132420%26rk%3D5%26rkt%3D6%26sd%3D281294881385&rt=nc> arrived. The neighbor whose TV it is for is not available. I chatted briefly with a relative. CIO

<888> 05/06/14 Tuesday 7:30 P.M. Annual Ox Ridge show canceled

I chatted with a friend who works at <http://www.yonkersraceway.com/>. CIO

<888> 05/06/14 Tuesday 6:55 P.M. I woke up, and I ate six ounces of mixed nuts. I woke up at 5:30 P.M.. The order with tracking of UPS Tracking on the order for \$24.99 Omnitech 12-Sheet Cross-Cut Shredder from Staples for \$20.99 with 16% automatic online

discount and \$1.33 tax for \$22.32 total arrived while I was asleep. I brought it into my apartment around noon. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 05/06/14 Tuesday 5:30 A.M. Coca-Cola to remove controversial drinks ingredient

I will now shut down the primary work computer. I will then go to bed. Have an enjoyable spring day. Remember once it gets too hot around the first week of June, one might feel to uncomfortable to go outside in the hot weather except during the cooler evenings, which are not that cool. CIO

<888> 05/06/14 Tuesday 5:15 A.M. Tracking is UPS Tracking on the order for \$24.99 Omnitech 12-Sheet Cross-Cut Shredder from Staples for \$20.99 with 16% automatic online discount and \$1.33 tax for \$22.32 total. CIO

<888> 05/06/14 Tuesday 4:45 A.M. I ate a muffin.

There is not much happening on the dark side of the Planet Earth.

http://www.nasa.gov/sites/default/files/images/712130main_8246931247_e60f3c09fb_o.jpg

There does not seem to be much electricity being used west of the Mississippi River, so I guess not many people live out west for all of the content they produce. One might also notice that in Russia in the Northern Urals about the third the size of India, there is a lot of electricity being used in the area east of Salekhard <http://en.wikipedia.org/wiki/Salekhard> which seems too much electricity for just under fifty thousand people in such a large area. CIO

<888> 05/06/14 Tuesday 3:55 A.M. Email - Nancy Reagan's Autographed Book- A Great Mother's Day Gift-AND FREE Shipping! - Ronald Reagan Presidential Foundation and Library

When did Toronto get so cool?

From my legal research which is limited, the Rockefeller family lawyers in the good old days were <http://www.milbank.com/>, and since the Rockefellers are still suppose to have money, Milbank law firm is probably an excellent law firm. CIO

<888> 05/06/14 Tuesday 2:15 A.M. 10 things scam artists won't tell you. Your information is less secure than ever. CIO

<888> 05/06/14 Tuesday 2:10 A.M. \$79 with coupon code "CANON100" plus \$19 shipping Canon imageCLASS MF4880dw Black and White Laser Multifunction 6371B010 CIO

<888> 05/06/14 Tuesday 1:10 A.M. I reheated and ate the chicken and mashed potato dinner, and I put Smart Balance spread and extra virgin olive oil on the mashed potatoes, and I also ate half of the deep fat fried onion rings. I ate it all with a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 05/05/14 Monday 11:55 P.M. I woke up at 5:30 P.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I picked up the mail. The order with tracking of Tracking Newegg.com - Computer Parts, PC Components, Laptop Computers, LED LCD TV, Digital Cameras and more! on the order for \$7.99 with free shipping NETGEAR WNA3100-100NAR Wireless Adapter IEEE 802.11b/g/n USB 2.0 Up to 300Mbps Wireless Data Rates WPA2 arrived. I threw out the garbage. I went downtown to CVS on Greenwich Avenue. I picked up a prescription. I then went further downtown. I walked the entire length of Greenwich Avenue and the train station area. I stopped by the Greenwich Movie theatre, and I told them I found a key outside their building last night, which I left at Planet Pizza. I chatted with the Apple Computer store janitor about their misaligned front glass door stops that could break their glass doors. Restoration Hardware store is installing furniture in their new building, so possibly; they will be opening soon. I used the bathroom at Starbucks. I chatted with a regular. I chatted with a relative twice on my wireless telephone. I stopped by CVS, and I bought two 40 ounce Tide Simply Fresh liquid detergent <http://www.tide.com/en-US/product/tide-simply-clean-fresh.jsp> for \$2.94 each and .37 tax for \$6.25 total. I finished my walk, and I chatted with a regular at Starbucks. I then went by the Stop and Shop. I bought bananas for .79 a pound for \$1.32, a four pack of muffins for \$2.99, two 2 chicken leg and thigh dinners with one with mashed potatoes and one with cream spinach for \$1.99 each, a package of deep fried onions rings for \$1.64 for \$9.93 total. The Stop and Shop on West Putnam Avenue has a large display of spring flowers and other plants in front of their Dutch store. I then went by the Putnam Shell at 401 West Putnam Avenue, and I bought \$7.02 of self service premium V-Power gasoline for \$4.499 a gallon for 1.560 gallons at odometer reading of 107709 miles for 22.5 miles driving since Sunday, April 27, 2014 for 14.424 miles per gallon in mostly local traffic. I then returned home, and I put away my groceries. CIO

<888> 05/05/14 Monday 12:10 P.M. <http://www.bls.gov/news.release/empsit.nr0.htm> . I will now shut down the primary work computer. I will then go back to bed. The Scottish, English, Dutch Night Watch is still maintaining its usual activity oblivious to the comings and goings of the daytime people whom seem to think they run the world. One has to remember when the Western Hemisphere is asleep, the Eastern Hemisphere is mostly awake. CIO

<888> 05/05/14 Monday 11:30 A.M. I chatted with a relative.

Director Howard's Conyers Farm house on the market and Director Howard's Conyers Farm house on the market 2 . Back in the summer of 1979, when I was having dinner at the Stanwich Club with established relatives, I tried to get one of my relatives to buy all of

Conyers Farm which at the time all of Conyers Farm's 2,500 acres were for sale for \$7 million. The reply from one relative was that he could buy half of the state of Texas for that same price. CIO

<888> 05/05/14 Monday 10:25 A.M. I ordered \$24.99 Omnitech 12-Sheet Cross-Cut Shredder from Staples for \$20.99 with 16% automatic online discount and \$1.33 tax for \$22.32 total. CIO

<888> 05/05/14 Monday 9:55 A.M. Arms Cache Most Likely Kept in Texas by the C.I.A.

New blood 'recharges old brain', mouse study suggests CIO

<888> 05/05/14 Monday 9:00 A.M. I ate a muffin. CIO

<888> 05/05/14 Monday 8:50 A.M. My hamburger recipe is:

Take a piece of eye round of beef and cut off eight ounces of it into one inch cubes. Use a Cuisine Art to grind the hamburger cubes into ground beef. Shape the hamburger pattie to about 7/8ths inch thick. Take a ten inch sauté pan and add four tablespoons of extra virgin olive oil. Heat pan over medium high heat until oil is hot. Add hamburger pattie and one peeled and sliced into quarter inch thick slices of a medium onion. Reduce heat to medium. Season top side of hamburger with garlic powder, ground black pepper, and Italian seasoning and flip hamburger after one minute and do the same on the other side. Flip the hamburger every minute for six minutes or three minutes a side also stirring the onions. Then for another two minutes add four tablespoons of soy sauce flipping the burger every 30 seconds or sautee the burger with the soy sauce for one minute on one side and flip it and add two slices of American cheese and let the burger simmer for another minute in the soy sauce with cheese. Then put the burger on a Kaiser roll cut in half. One can add ketchup and Dijon mustard and the remaining soy sauce mixture from the pan along with the sautéed onions. It is a most excellent hamburger, but I do not think it is good for old people on cholesterol medication. However, it would probably would not hurt younger people. CIO

<888> 05/05/14 Monday 7:45 A.M. Cost of Prince Charles and Camilla's royal visit pegged at \$721,000 CIO

<888> 05/05/14 Monday 7:40 A.M. <http://engage.number10.gov.uk/newsletter-sign-up/>

<https://email.number10.gov.uk/> Possibly somebody still speaks English over in England.

<https://www.gov.uk/government/organisations/prime-ministers-office-10-downing-street> . CIO

<888> 05/05/14 Monday 7:00 A.M. If you are bored of your neighbors and need to move, try <http://www.allied.com/> . CIO

<888> 05/05/14 Monday 6:15 A.M. \$24.99 Omnitech 12-Sheet Cross-Cut Shredder from Staples CIO

<888> 05/05/14 Monday 5:50 A.M. I used two 49 cent forever stamps, and I mailed a Mother's Day card to my mother. I put it in the mail room downstairs. I sat outside briefly listening to the early morning birds. Living out in the country of Connecticut, a lot of the local residents are into the nature of the area, particularly those that live in the more remote less populated parts of the area. Since I have already been downtown in the last 24 hours, I will not be going downtown this morning. I am sure when ever I am on a earlier schedule, downtown Greenwich Avenue will still be there in all of its glory for what ever it is worth. Nobody has ever shown too much interest in what I do on the internet, since it is not a very profitable past time. However, I do have a bit of experience from my travels, when I was younger. If one is going to try their luck fishing of the pier on Steamboat Road in Greenwich, Connecticut; I think one needs a Connecticut salt water fishing permit http://www.ct.gov/deep/cwp/view.asp?a=2696&q=322716&deepNav_GID=1630 , which can be expensive, not to mention the gasoline to get here. CIO

<888> 05/05/14 Monday 4:40 A.M. I woke up at 4:30 A.M.. I drank a 12 ounce glass of 50% punch and 50% Schweppes Ginger Ale.

Everything you wanted to know about volcanoes <http://www.volcano.si.edu/> , but they still have no interest in me, since I am not a geologist. CIO

<888> 05/05/14 Monday 12:05 A.M. I ate the last three ounces of wabasi and soy almonds along with a 12 ounce glass of 50% punch and 50% Schweppes Ginger Ale.

My www.cl-p.com bill for April 2014 was \$130.97 for 727 kWh for 31 days for 23.45 kWh per day with an average temperature of 49.5 degrees Fahrenheit. For April 2013, it was \$130.68 for 841 kWh for 30 days for 28.03 kWh per day with an average temperature of 51.4 degrees Fahrenheit. I will now take a nap. CIO

<888> 05/04/14 Sunday 11:25 P.M. I chatted with a neighbor. I threw out the garbage. I went by CVS on Greenwich Avenue, and I bought two CVS 17.5 ounce lightly salted deluxe mixed nuts for \$6.99 each for \$13.98 total. I then went further downtown. I chatted with two relatives on my wireless phone. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS again, and I used the bathroom. I bought four 40 ounce Tide Simply Fresh liquid detergent <http://www.tide.com/en-US/product/tide-simply-clean-fresh.jsp> for \$2.99 each and .75 tax for \$12.51 total. I chatted with a patron of the Gingerman having a cigarette outside. After my walk, I stopped by Starbucks as it was closing, and I chatted with someone from Indonesia. I then drove down by the waterfront on Steamboat Road. There is a yacht at the Delamar Hotel. They have a porto potty at the end of Steamboat Road. I then went by www.mcdonalds.com on West Putnam Avenue. I ate buy one get one free of Big Macs for \$4.19 and .37 tax for \$4.46 total along with a glass of water. I used the bathroom. I then returned home, and I put away my groceries. CIO

<888> 05/04/14 Sunday 7:25 P.M. I will now shower and clean up. I will then go downtown to see what the Cat dragged into Starbucks. CIO

<888> 05/04/14 Sunday 6:30 P.M. I woke up at 5:30 P.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

End of Scott's Notes week of 05/04/14

<888> 05/04/14 Sunday 6:50 A.M. I fiddled with the Lexmark E238 laser printer trying to reset the toner light, but I guess there is no way, one can do that. Anyway it works just fine with the almost new Lexmark 6000 sheet toner cartridge and the new generic photo copier. However, the only thing I print out mostly is my limited number of receipts. I ate three ounces of wabasi and soy almonds. I will now send out my weekly notes. I will then take a nap. CIO

<888> 05/04/14 Sunday 3:20 A.M. Anthony Drexel Duke, 95, Dies; Scion of Wealth Aided Underprivileged CIO

<888> 05/04/14 Sunday 2:50 A.M. When I went to www.lfc.edu during my winter term in 1972, while I was on the Florence, Italy program, my classroom at the University of Grenoble extension school was across the street from the <http://excelsior.hotelfirenze.com/>. However, I thought it was sort of stupid to look at art slides in the classroom all day, so I skipped a lot of my classes, and instead wandered around the city exploring the wanders of Florence, Italy, particularly during the evening, when there was less traffic. Florence, Italy, since it is in a valley, during the daytime, it is full of two cylinder Fiat automobiles which make lots of noise and generate lots of pollution which hangs in the valley. Wandering around at night time, when it is quiet is like going back in time five hundred years. CIO

<888> 05/04/14 Sunday 1:55 A.M. One of these days, someone with petrol dollars should check out the http://en.wikipedia.org/wiki/Temple_of_Poseidon#Temple_of_Poseidon down on Steamboat Road. Maybe some fisher people from down below the Mason Dixon line have shown up for the summer to linger around our waterfront. Of course Puff the Magic Dragon's friends seem to go to www.nantucket.net. I will now shower and clean up. CIO

<888> 05/04/14 Sunday 12:40 A.M. I woke up at 11:30 P.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 05/03/14 Saturday 6:45 P.M. I ate three ounces of wabasi and soy almonds. I will now shut down the primary work computer. I will then go to bed. CIO

<888> 05/03/14 Saturday 5:15 P.M. I ate a 10.5 ounce Stouffers meat lasagna with grated parmesan and Romano cheese and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 05/03/14 Saturday 4:20 P.M. I threw out the shipping box. I moved the Volvo wagon to its usual place. I chatted with a neighbor. I picked up the mail. I will now started watching the Kentucky Derby on NBC. It might be raining down there, and a muddy track means any horse might win. CIO

<888> 05/03/14 Saturday 3:25 P.M. I installed the new photo conductor in the Lexmark E238 laser printer, and it now works just fine. However, the low toner light stays on, when it has a new Lexmark toner cartridge. I originally bought the Lexmark E238 from Staples in December 2005 for \$152.63 for \$36 off, but it also had a \$80 rebate, so it only cost me \$72.62. I bought the new Lexmark E238 toner cartridge on April 15, 2013, and I installed it shortly there after. I only used the Lexmark E238 for printing out my notes, so the 6,000 sheet toner cartridge has only printed out about 500 copies. Since I have owned the Lexmark E238, I have only printed out 4846 copies. Still it all seems to work just fine, except for the low toner light being on. I reset the printer counter after installing the new photo conductor. The Lexmark E238 laser printer is hooked up to my TrendNet Router with print server, so all of my computers on the network can print out on it. To print from the primary work computer, I disconnect the USB cable from the TrendNet router and connect it to one of the primary work computer USB hubs. The Lexmark E238 laser printer can also print from a parallel port. The low toner light might be on because, the new photo conductor is generic and not genuine Lexmark. Still it all work just fine. CIO

<888> 05/03/14 Saturday 1:40 P.M. The order with tracking of https://www.fedex.com/fedextrack/index.html?tracknumbers=428064742993&cntry_code=us on the order for [http://www.ebay.com/itm/Compatible-for-Lexmark-12A8302-LEXMARK-E232-PHOTOCONDUCTOR-KIT-BLACK-/351001915002?pt=US Laser Drums&hash=item51b9582e7a](http://www.ebay.com/itm/Compatible-for-Lexmark-12A8302-LEXMARK-E232-PHOTOCONDUCTOR-KIT-BLACK-/351001915002?pt=US%20Laser%20Drums&hash=item51b9582e7a) for \$28.93 with free shipping arrived. CIO

<888> 05/03/14 Saturday 1:20 P.M. I chatted with neighbors. I threw out the garbage. I went out to the Stop and Shop. I bought a 5 quart box of Stop and Shop powdered milk for \$7.29, two 15 ounce Chef Boyardee lasagna for .88 each, a 42 ounce Quaker Old Fashioned oatmeal for \$4.99, a 64 ounce Ocean Spray cranraspberry juice for \$3.69, a 64 ounce Ocean Spray crangrape juice for \$3.69, a quart jar of Hellmann's olive oil mayonnaise for \$4.79, a quart jar of Vlassic kosher dill pickle spears for \$2, a 8 ounce Colonna grated parmesan cheese for \$4.39, two 12 ounce generic honey for \$2.50 each, a 9.5 ounce Utz wavy potato chips for \$3, Stop and Shop deli sliced premium ham for \$4.99 a pound for \$7.44, a 59 ounce Minute Maid with calcium for \$2.79, a loaf of Pepperidge Farm 15 grain bread for \$3.99, Land-O-Lakes deli sliced white American cheese for \$5.99 a pound for \$6.59 for \$61.41 total. I then returned home, and I put away my groceries. CIO

<888> 05/03/14 Saturday 11:10 A.M. I woke up at 10:30 A.M.. A neighbor stopped by, and I chatted briefly with the neighbor. I will now go downtown to the Stop and Shop and get my first of the month groceries. CIO

<888> 05/03/14 Saturday 5:15 A.M. I ate a Danish ham and imported Swiss cheese sandwich on toasted 15 grain whole grain bread with Hellmann's olive oil mayonnaise and Utz wavy sour cream and onion potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. I will now take a nap. CIO

<888> 05/03/14 Saturday 4:20 A.M. I made 147 Premier Lights 100 MM filter Peter Stokkebye Norwegian pipe tobacco cigarettes while watching episodes 20 and 21 of the "Borgias" . CIO

<888> 05/03/14 Saturday 1:10 A.M. Email - American Made Patriotic Throws-Your Choice \$69.99! - Ronald Reagan Presidential Foundation and Library

I will now make cigarettes. CIO

<888> 05/03/14 Saturday 12:30 A.M. Amongst the landed gentry of the Old Guard, this is one of the most important days of the year <http://www.kentuckyderby.com/> . CIO

<888> 05/03/14 Saturday 12:05 A.M. Happy Birthday to a relative. I will now shower and clean up. I got a <http://www.wendys.com/> coupon pamphlet in the mail today. CIO

<888> 05/02/14 Friday 11:05 P.M. I woke up at 9 P.M.. I chatted with a relative. I sat outside briefly. I picked up the mail. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 05/02/14 Friday 3:55 P.M. I threw out the garbage. I went by the Chase Bank at 19 West Putnam Avenue. I noticed they are putting up the steel beams at the new Chase Bank where the old Exxon station used to be. I was told it is going to be a two story building opening in September 2014. My branch at 19 West Putnam Avenue will move into that new location. I then went by the Wells Fargo Bank on Havemayer Place, and I paid my rent to the Greenwich Housing Authority. I then sat out downtown for about an hour and a half. I went by the Zen Stationary, and I played an Ace's High scratch card for a dollar. The prize was a \$1,000, and the dealer had a 10, but my high card was a 9. I chatted with a Turkish couple from Saddle River, New Jersey who were walking a short hair Belgium Police dog. On my wireless, I chatted with a relative and a friend. I then went to my 1:30 P.M. appointment. While waiting, I read <http://www.christiesrealestate.com/eng> magazine. I then went by the Stop and Shop. I bought bananas for .79 a pound for \$1.90 and a four pack of day old muffins for \$2 less .75 can return for \$3.15 total. I then returned home. I chatted with a neighbor. I put away my groceries. Another neighbor stopped by briefly. I will now shut down the primary work computer. I will eat a muffin. I will then go to bed. CIO

<888> 05/02/14 Friday 10:30 A.M. I heated and ate a 15 ounce can of Chef Boyardee lasagna which I ate with a 12 ounce glass of 50% punch and 50% Schweppes Ginger Ale. I made my bed. I will now shower and clean up and go out. CIO

<888> 05/02/14 Friday 9:40 A.M. I watched episode 19 of the "Borgias". I drank a 12 ounce glass of 50% punch and 50% Schweppes Ginger Ale, and I ate four ounces of almonds. I went back to bed at 4:30 A.M., and I woke up at 9:30 A.M.. I turned off both apartment thermostats. CIO

<888> 05/02/14 Friday 2:20 A.M. I have a 1:30 A.M. appointment today. CIO

<888> 05/02/14 Friday 1:55 A.M. I ate a 18 ounce Stouffer's meat lasagna with grated parmesan and Romano cheese and a 12 ounce glass of Schweppes Ginger Ale. The PC Richard warranty on the Frigidaire 8,000 BTU air conditioner expires on May 24, 2014. To renew the warranty for another year would cost me \$75. I probably will not renew it. CIO

<888> 05/02/14 Friday 1:15 A.M. Email - Former US Senator Rick Santorum Takes the Stage at the Reagan Library - Ronald Reagan Presidential Foundation and Library

Tracking is

https://www.fedex.com/fedextrack/index.html?tracknumbers=428064742993&cntry_code=us on the order for [http://www.ebay.com/itm/Compatible-for-Lexmark-12A8302-LEXMARK-E232-PHOTOCONDUCTOR-KIT-BLACK-/351001915002?pt=US Laser Drums&hash=item51b9582e7a](http://www.ebay.com/itm/Compatible-for-Lexmark-12A8302-LEXMARK-E232-PHOTOCONDUCTOR-KIT-BLACK-/351001915002?pt=US%20Laser%20Drums&hash=item51b9582e7a) for \$28.93 with free shipping.

Research posts in Marine Geoscience - National Oceanography Centre - jobs.ac.uk

Holland. The Original Cool. - Holland.com

Tracking is

https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=9274899999934025608174 on the order for for \$7.98 with free shipping <http://www.ebay.com/itm/New-12V-5A-AC-Adapter-Power-Supply-for-LCD-Monitor-TV-Cord/180746245771?trksid=p2047675.c100005.m1851&trkparms=aid%3D222003%26algo%3DSIC.FIT%26ao%3D1%26asc%3D20131003132420%26meid%3D6580093158178356724%26pid%3D100005%26prg%3D20131003132420%26rk%3D5%26rkt%3D6%26sd%3D281294881385&rt=nc>

Met Office's Laki volcano impacts study due soon

Amesbury in Wiltshire confirmed as oldest UK settlement

Smart umbrellas 'could collect rain data'

Volcano eruptions have deep origins

I put away the laundry. CIO

<888> 05/02/14 Friday 12:05 A.M. I have 45 minutes to go on two dry cycles. I cleaned the filters on the two air conditioners. CIO

<888> 05/01/14 Thursday 11:35 P.M. I put clean linens on the bed. I took off the two comforters and the electric blanket and stored them away. I put a light blanket and the summer quilt on the bed. I showered, and I cleaned up. I started two loads of laundry, and I have five minutes to go on the wash cycles. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 05/01/14 Thursday 10:10 P.M. I threw out the garbage. I brought up my little folding cart from the back of the Volvo wagon. I picked up the mail. I got my rent statement from the Greenwich Housing Authority. I also go my new air conditioner contract for the 8,000 BTU Frigidaire air conditioner from www.pcrichard.com . It was 82 degrees Fahrenheit in my living room with the afternoon sun shining into my living room. I went ahead and used the little folding cart, and I moved the Panasonic 14,000 BTU air conditioner into the bedroom, and I installed it. I also installed the 8,000 BTU Frigidaire air conditioner in the living room. I put a small fan in front of the bedroom air conditioner to blow the air out into the room. I also put a Lasko box fan at the bedroom entrance to blow the cool air into the hallway. I also set up a tower fan in the hallway to blow around the cool air. I put the Sunbeam desk fan on top of the Sansung color laser printer to blow the cool air around. I set up the Lasko pedestal fan in front of the left living room closet to blow cool air around. I have the large round fan to blow the Frigidaire air conditioner air out into the living room, and I also have a tower fan to its right to blow the cool air around. I put two new AA CVS alkaline batteries in the weather station and two in its remote outside the living room window. I also put two new AAA CVS alkaline batteries in the Frigidaire air conditioner remote control. Thus the apartment is set up for cool comfort in the hot summer months. I do not use the main apartment living room lights when it is warm, since they put out about 4 to 5 degrees Fahrenheit of heat. It is currently 74 degrees Fahrenheit in the living room. I chatted with a relative. CIO

<888> 05/01/14 Thursday 6:20 P.M. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I chatted with a relative. I will now make up a fresh batch of punch. CIO

<888> 05/01/14 Thursday 5:10 P.M. I woke up at 4:45 P.M..

!!!!!! <http://www.codecademy.com/> . CIO

<888> 05/01/14 Thursday 5:50 A.M. Poll: Half of Connecticut residents want to leave

I ate 5 ounces of almonds and a 12 ounce glass of 50% punch and 50% Sprite. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 05/01/14 Thursday 4:20 A.M. For May 2014, I paid my <http://optonline.net/> Digital Cable TV, Optimum Boost Plus, Optimum Voice, and my <http://www.cl-p.com/> electricity bill, and my <http://www.verizon.com/> local telephone bill. My current Optimum bill is now \$153.43, which is about \$65 for high speed Cable Modem, \$35 for Optimum Voice long distance and about \$53.43 for economy Cable TV. However that includes \$25 in discounts for all three packages which covers the two cable boxes which are about \$12 and taxes another fees. I printed out two copies of my Microsoft Money 2007 Income Versus Spending Report for April 2007, and I have one copy ready to mail to an interested relative. I put a forever stamp on the envelope. I will now mail it in the mail room downstairs. CIO

<888> 05/01/14 Thursday 3:20 A.M. I used the Minolta PagePro 1350W laser printers which still has 90% of a 6,000 sheet toner cartridge, and I printed out 241 pages of the last four months notes, and I bound them in two clamp binders that I put on the small computer table in front of the left living room closet. They are available for download here:

Scott's Notes from January 2010 through April 2014, 5.34 Mbytes

<http://mikelouisscott.com/mlsnote3.zip> contains "mlsnote18.doc" pages 7653 -7892 January 2010 to April 2010, "mlsnote19.doc" pages 7893 -8142 May 2010 to August 2010, "mlsnote20.doc" pages 8143 - 8401 September 2010 to December 2010, "mlsnote21.doc" pages 8402 - 8664 January 2011 to April 2011, "mlsnote22.doc" pages 8665 - 8928 May 2011 to August 2011, "mlsnote23.doc", pages 8929 -9166, September 2011 to December 2011, January 2012 to April 2012, "mlsnote24.doc", pages 9167- 9404, May 2012 to August 2012 "mlsnote 25.doc", page 9405 - 9615, September 2012 to December 2012, "mlsnote26.doc", pages 9616 - 9851, January 2013 to April 2013, "mlsnote27.doc", pages 9852 - 10092, May 2013 to August 2013, "mlsnote28.doc", pages 10093 - 10306, September 2013 to December 2013, "mlsnote29.doc", pages 10307 -10538, January 2014 to April 2014, "mlsnote30.doc", page 10539 - 10780

Scott's Notes from January 2010 through April 2014, 5.34 Mbytes

<http://mikelouisscottcom.cv.siteprotect.net/mlsnote3.zip> contains "mlsnote18.doc" pages 7653 -7892 January 2010 to April 2010, "mlsnote19.doc" pages 7893 -8142 May 2010 to August 2010, "mlsnote20.doc" pages 8143 - 8401 September 2010 to December 2010, "mlsnote21.doc" pages 8402 - 8664 January 2011 to April 2011, "mlsnote22.doc" pages 8665 - 8928 May 2011 to August 2011, "mlsnote23.doc", pages 8929 -9166, September 2011 to December 2011, January 2012 to April 2012, "mlsnote24.doc", pages 9167- 9404, May 2012 to August 2012 "mlsnote 25.doc", page 9405 - 9615, September 2012 to December 2012, "mlsnote26.doc", pages 9616 - 9851, January 2013 to April 2013, "mlsnote27.doc", pages 9852 - 10092, May 2013 to August 2013, "mlsnote28.doc", pages 10093 -10306, September 2013 to December 2013, "mlsnote29.doc", pages 10307 - 10538, January 2014 to April 2014, "mlsnote30.doc", pages 10539 - 10780

<http://mikelouisscott.com/mlsnote30.pdf>

<http://mikelouisscottcom.cv.siteprotect.net/mlsnote30.pdf>

The Lexmark E238 laser printer has a new Lexmark full size toner cartridge in it that I have installed in the last six months, and it has hardly been used. CIO

<888> 05/01/14 Thursday 1:45 A.M. I was printing out my last four months notes on the Lexmark E238 laser printer, and the output was bad. The replace the PhotoConductor light had come on. I ordered http://www.ebay.com/itm/Compatible-for-Lexmark-12A8302-LEXMARK-E232-PHOTOCONDUCTOR-KIT-BLACK-/351001915002?pt=US_Laser_Drums&hash=item51b9582e7a for \$28.93 with free shipping. CIO

<888> 06/30/14 Monday 8:00 P.M. I will watch some television before going to bed. CIO

<888> 06/30/14 Monday 7:45 P.M. I went with relatives to <http://pier77restaurant.com/>. We shared a plate of onion strings. I ate the Moroccan lamb stew for \$18 and a portion of my relative's also along with a glass of iced tea and sour dough bread with extra virgin olive oil. When we returned back to the relatives' house, I put the garbage out on the street. We also emptied the bathroom and kitchen garbage. CIO

<888> 06/30/14 Monday 5:20 P.M. I woke up at 4 P.M.. I watered the plants and bushes in front. The three brush hog people finished clearing the over grown area down by the tidal pond. It looks like they cleared about an acre of land that was full of brush. It looks quite good. CIO

<888> 06/30/14 Monday 1:50 P.M.
<http://christopherfountain.wordpress.com/2014/04/21/copper-beech-saga-continues-to-unfold/>

I ate lunch of two sandwiches on flat bread with ham, turkey and domestic Swiss cheese and Hellmann's mayonnaise and Wise potato chips and a glass of cold water. I will now take a nap. CIO

<888> 06/30/14 Monday 12:10 P.M. I chatted with a friend. CIO

<888> 06/30/14 Monday 11:00 A.M. I went to bed at 9 P.M., and I woke up at 8 A.M.. I ate breakfast of oatmeal with sugar, milk, and sliced half of a banana, a toasted English muffin with butter, a 12 ounce glass of 50% orange juice and 50% water with vitamins and supplements, and a cup of coffee with Splenda sweetener and half and half. I showered, and I cleaned up. The landscape people will be using brush hogs all day to clear out the weeds and over growth in the lower backyard down by the tidal pond. CIO

<888> 06/29/14 Sunday 7:55 P.M. We watched the NBC evening news. I ate some cheese and crackers. I cleaned up the kitchen. I will now watch some television before going to bed. I am feeling quite a bit better after yesterday and last night. CIO

<888> 06/29/14 Sunday 5:55 P.M. The Maine fisher cat showed up in one of trees in the backyard again this afternoon. I have been emptying the two dehumidifiers downstairs on a regular basis. CIO

<888> 06/29/14 Sunday 5:45 P.M. Two relatives returned home with more groceries. Two friends of the relative and friend that stopped by yesterday stopped by on their way back down south. We all chatted on the deck. I took two more Tylenols, and I rested a short while. Another relative watered the flowers in front today, and I just now watered the flowers and bushes in back along with the flowers on the deck. CIO

<888> 06/29/14 Sunday 2:40 P.M. I woke up at 2 P.M.. I showered, and I cleaned up. I ate lunch of two sandwiches on flat bread with ham, turkey and domestic Swiss cheese and

Hellmann's mayonnaise and Wise potato chips and a glass of cold water. A relative who is a nurse suggest that I not take any more Tylenol. I am beginning to feel better. CIO

<888> 06/29/14 Sunday 9:50 A.M. I woke up every four hours and took two Tylenol. I finally woke up at 8:30 A.M.. I ate breakfast of oatmeal with sugar, milk, and sliced half of a banana, a toasted English muffin with butter, a 12 ounce glass of 50% orange juice and 50% water with vitamins and supplements, and a cup of coffee with Splenda sweetener and half and half. I will now go back to bed and rest some more. I am feeling a little bit better, but I still feel weak. CIO

<888> 06/28/14 Saturday 6:15 P.M. After the last note, I began to feel like I had a cold. I took an allergy pill. I lied down until 4 P.M.. I folded the laundry, and I took two Tylenol. I woke up at 5:45 P.M., and I said good bye to some guests. I ate some mixed nuts, a untoasted English muffin, and a Lobster roll. I will now go back to bed.

<http://www.greenwichtime.com/news/medical/article/Bush-s-daughter-leads-global-health-group-5586574.php> CIO

<888> 06/28/14 Saturday 11:50 A.M. I went to the Kennebunkport post office and back. I put the mixed load of wash in the dryer. CIO

<888> 06/28/14 Saturday 11:00 A.M. I watched some television. I went to bed at 9:15 P.M.. I woke up at 8:30 A.M.. I ate breakfast of oatmeal with sugar, milk, and sliced half of a banana, a blueberry muffin, a 12 ounce glass of 50% orange juice and 50% water with vitamins and supplements, and a cup of coffee with Splenda sweetener and half and half. A relative and a guest spent the night on their way further north. We said good bye about 9:30 A.M. this morning, when they departed. I showered, and I cleaned up. I started a load of mixed laundry. CIO

<888> 06/27/14 Friday 8:15 P.M. Cunard®

Tracking is

https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=9405509699938569430696 on the order for http://www.ebay.com/itm/Panasonic-KX-TS4300B-4-Line-Integrated-Corded-Phone-System-/141331387608?pt=US_Corded_Telephones&hash=item20e801d4d8 for \$45 total.

I will now watch some television before going to bed in a little while. CIO

<888> 06/27/14 Friday 8:00 P.M. I woke up from my nap at 4 P.M.. A relative pointed out the Maine Fisher Cat was resting up in a tree behind the house. We called Maine wildlife, and they told us about <http://www.maine.gov/ifw/wildlife/human/living.html> . I went for a drive with a relative along the Kennebunk beach and we sat out at the west end of the east beach for a while, and then we drove along the Kennebunkport waterfront. I ate cheese and crackers. For dinner, I ate the reheated baked breaded haddock along with the

reheated sautéed vegetables and a glass of water. I cleaned up the kitchen, and I started the dish washer. CIO

<888> 06/27/14 Friday 2:10 P.M. I ate lunch of two sandwiches on flat bread with ham, turkey and domestic Swiss cheese and Hellmann's mayonnaise and Wise potato chips and a glass of cold water. I drove over and back from the Kennebunkport post office. I will now take a nap. CIO

<888> 06/27/14 Friday 12:40 P.M. I went for a drive along the Kennebunkport waterfront. It seems normal with a lot of weekend visitors. However, the beach in front of the Colony Hotel was filled up with parked cars. However, the road on the west side from that point to St. Ann's Episcopal church is mostly vacant for parking. I returned back to my relatives' house. The yard person has finished cutting the lawn. I guess with Canadian Dominion Day this Tuesday July 1, 2014 and the Fourth of July on Friday July 4, 2014 and the first of July for monthly summer renters, next week will be busier. As my plans stand, I will drive back down to Greenwich, Connecticut on Wednesday morning July 2, 2014 before the Holiday traffic. That Thursday afternoon July 3, 2014, a relative will drive my Volvo wagon back up to Kennebunkport for the Holiday weekend and return it that Sunday July 6, 2014. CIO

<888> 06/27/14 Friday 11:00 A.M. I bought with free shipping http://www.ebay.com/itm/Panasonic-KX-TS4300B-4-Line-Integrated-Corded-Phone-System-/141331387608?pt=US_Corded_Telephones&hash=item20e801d4d8 for \$45 total. CIO

<888> 06/27/14 Friday 10:10 A.M. I woke up at 8:30 A.M.. I ate breakfast of oatmeal with sugar, milk, and sliced half of a banana, a blueberry muffin, a 12 ounce glass of 50% orange juice and 50% water with vitamins and supplements, and a cup of coffee with Splenda sweetener and half and half. I showered, and I cleaned up. CIO

<888> 06/26/14 Thursday 8:40 P.M. Email - Save 25% on Ronald Reagan Signature Collectibles-Limited Time Offer! - Ronald Reagan Presidential Foundation and Library

Dutch Masters changed the art of painting

I chatted with a friend on my wireless. I will now go to bed. CIO

<888> 06/26/14 Thursday 8:05 P.M. I woke up at 6 P.M.. For dinner, I ate baked breaded haddock, sautéed zucchini, yellow squash, Vidalia onion, and red pepper, a baked potato with butter, and diet iced tea. I cleaned up the kitchen and started the dish washer. CIO

<888> 06/26/14 Thursday 3:25 P.M. I used the electric leaf blower, and I cleaned out the garage, front walk way, and the driveway. I ate lunch of two sandwiches on flat bread with ham, domestic Swiss cheese and Hellmann's mayonnaise and Wise potato chips and a glass of iced tea. I went downtown to Port Hardware, and I bought a GB battery tester for \$16.87 for the family house. I then drove along the whole length of the Kennebunk beach,

and I sat out at the west end of the east end of the beach. From June 15 to September 15, 2014, one needs a local beach parking permit to park at the beach. The beach is closed from 11 P.M. to 6 A.M.. I then drove through downtown Kennebunkport. At the Kennebunkport bridge over the Kennebunk river, I saw two gentleman pull out and photograph a British garden Nome like used in <http://www.travelocity.com/> commercials, so maybe they will use the picture. The Kennebunk beach was not busy on a overcast day. I drove over the beach in front of the Colony Hotel, and I stood out briefly, and it was not too busy. I then returned back to the relatives' house. I will now take a nap. CIO

<888> 06/26/14 Thursday 1:00 P.M. The wild animal my relative saw climbing a tree in the back yard in the morning two days ago was a Maine Fisher Cat <http://www.bing.com/images/search?q=Maine+Fisher+Cat&qpv=Maine+Fisher+Cat&FORM=IGRE> . I was billed \$17.95 a few days ago for my third web site <http://scott-mike.com/> which is a recurring monthly charge from Network Solutions. I could pay the yearly charge of \$145, if I had the extra money. I made 114 Premier Lights 100 MM filter Peter Stokkebye Norwegian pipe tobacco cigarettes while listening to www.foxnews.com . I put away the colored laundry. CIO

<888> 06/26/14 Thursday 11:05 A.M. I woke up at 7:30 A.M.. I brought in the www.nytimes.com . A relative saw a badger climbing a tree in the back yard this morning. I ate breakfast of oatmeal with sugar, milk, and sliced half of a banana, a blueberry muffin, a 12 ounce glass of 50% orange juice and 50% water with vitamins and supplements, and a cup of coffee with Splenda sweetener and half and half. I drove over to near Biddeford Pool http://www.tripadvisor.com/Restaurant_Review-g40517-d1497579-Reviews-Goldthwaite_s-Biddeford_Pool_Maine.html to pick up a relative and return back to my relatives' house. I showered, and I cleaned up. I started a load of color wash. We were told the wild animal we saw in the tree out back yesterday morning was not a badger, but some sort of wild cat that is common in Maine. CIO

<888> 06/25/14 Wednesday 9:10 P.M. I ate some dip and crackers and watched the NBC evening news. For dinner, I ate a rotisserie chicken leg, thigh, and some white breast meat, two ears of corn on the cob with butter, sliced tomato, avocado, mozzarella cheese with Italian dressing, coleslaw, five berry pie and iced tea. I cleaned up the kitchen, and I started the dish washer. I watched some news shows on television. I will now go to bed. CIO

<888> 06/25/14 Wednesday 5:50 P.M. [Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report](#) CIO

<888> 06/25/14 Wednesday 5:40 P.M. I went out with relatives, and we dropped off one relative near Biddeford Pool. We then <http://thelobsterco.com/> on U.S. 1 in Kennebunk. We bought a pound and a half of fresh filet of haddock, two 12 ounce haddock chowders, and a 8 ounce tub of Lobster meat for \$47 total. We then went by Hannaford's and got \$37 in groceries. We then returned in the rain. We put away the groceries. It has not rained in Kennebunkport, but there is lots of thunder. Also the NOAA weather radio went off for flash floods. It is suppose to rain heavily tonight. CIO

<888> 06/25/14 Wednesday 2:00 P.M. I chatted with a friend. I add some more telephone numbers to my Obama cell phone. I ate lunch of two sandwiches on flat bread with ham, domestic Swiss cheese and Hellmann's mayonnaise and Wise potato chips and a glass of iced tea. CIO

<888> 06/25/14 Wednesday 11:45 A.M. I read [http://www.nytimes.com/2014/06/24/nyregion/a-rockefeller-known-not-for-wealth-but-for-his-efforts-to-help.html?module=Search&mabReward=relbias%3As%2C\[%22RI%3A5%22%2C%22RI%3A14%22\]&r=0](http://www.nytimes.com/2014/06/24/nyregion/a-rockefeller-known-not-for-wealth-but-for-his-efforts-to-help.html?module=Search&mabReward=relbias%3As%2C[%22RI%3A5%22%2C%22RI%3A14%22]&r=0)

Also I read this month's Architectural Digest and the Vero Beach newspaper. I sat out in the back yard for a while. I sorted out some clean laundry. CIO

<888> 06/25/14 Wednesday 10:20 A.M. I went to bed at 8:30 P.M., and I woke up at 8:30 A.M.. A relative saw a badger climbing a tree in the back yard this morning. I ate breakfast of oatmeal with sugar, milk, and sliced half of a banana, a blueberry muffin, a 12 ounce glass of 50% orange juice and 50% water with vitamins and supplements, and a cup of coffee with Splenda sweetener and half and half. I showered, and I cleaned up. CIO

<888> 06/24/14 Tuesday 8:05 P.M. For dinner, I ate two barbecued hotdogs on grilled buns with chopped onion and Dijon mustard, a baked potato with butter, cold slaw, and a glass of water. I cleaned up the kitchen, and I started the dish washer. I will now watch some television before going to bed. CIO

<888> 06/24/14 Tuesday 6:40 P.M. <http://www.youtube.com/watch?v=pte8d3UUwKw> Surfer movie.

<888> 06/24/14 Tuesday 6:20 P.M. I went out with a relative, and we went by Wallingford Farms in Kennebunk, and we got a yellow marigold flower for the front planter. We then went by a nearby bakery. We then went by Hannaford's, and we got some groceries. We returned to my relatives' house. One relative planted the yellow marigold flower. I ate lunch of two sandwiches on flat bread with ham, turkey, domestic Swiss cheese and Hellmann's mayonnaise and Wise potato chips and a glass of water. I took a nap from 3 P.M. to 6 P.M.. CIO

<888> 06/24/14 Tuesday 11:45 A.M. I went by <http://ww3.truevalue.com/porthardware/Home.aspx>, and I returned the Professional Drain Opener Hydrochloric Acid and got a bottle of Drano Max gel for \$3.30 returned. I was told the black plunger is for toilets and the red plunger is for sinks. I then drove along the entire length of the Kennebunk beach, and I sat out at the west end of the east beach watching about 20 surfers do their thing. I then returned home to my relatives' house. I put the Drano on the shelf to the right side of the garage door into the house. Now on Thursday July 3, 2014 at around 4 P.M., I am going to pick up only one relative at the Greenwich train station and no other passengers, for the relative to use my Volvo wagon to

drive up to Kennebunkport, Maine for the Fourth of July weekend, so I will not have to empty out the back of the Volvo wagon. CIO

<888> 06/24/14 Tuesday 10:15 A.M. I watched a little bit of the Antiques Road Show before going to bed at 9 P.M.. I woke up at 8 A.M.. I ate breakfast of oatmeal with sugar, milk, and sliced half of a banana, a toasted English muffin with butter, a 12 ounce glass of 50% orange juice and 50% water with vitamins and supplements, and a cup of coffee with Splenda sweetener and half and half. When I went to shower and clean up, there was no hot water, so I just wet my hair and put on clean clothes. When I looked at the oil furnace downstairs, the red emergency switch was turned off, and when I turned it back on, it started heating the hot water again. One of the maintenance people yesterday left an orange extension cord that I left on the hook by the steps in the garage. I brought in the garbage and the recycle cans from the street. On Thursday July 3, 2014, when one of my relatives barrows, my Volvo wagon, I will have to empty out the rear cargo area and store the items in my apartment over the weekend. Since there will be the driver and another passenger picking up the Volvo wagon in Greenwich, they might need the extra storage and seat space. CIO

<888> 06/23/14 Monday 8:40 P.M. I ate some cheese and crackers while watching part of the evening news. For dinner I ate a 8 ounce chicken pot pie, two ears of steamed corn with butter, a dish of cold slaw, and a glass of water. I cleaned up the kitchen. I threw out the kitchen garbage. I hauled the garbage can and the recycle container out to the street for pickup tomorrow.

Photo gallery: Dukono » Volcanoes Net Newsblog

The Plan(?) on Vimeo

Clearwater's Great Hudson River Revival

Battle of Bannockburn (England-Scotland) -- Encyclopedia Britannica

China's Tianhe-2 tops supercomputer chart again

I will now go to bed in a little while after I watch some television. CIO

<888> 06/23/14 Monday 6:40 P.M. The plumber checked out the plumbing drainage lines again. He pulled the bunk room toilet, and he found a clump of unknown material blocking the drainage pipe about 50 feet north of the bunk room toilet around where the pipe makes a turn in the basement for the north side downstairs guest room bathroom. He removed the blockage, and the water from all of the bathroom waste drains is now flowing smoothly and unobstructed. He also checked out the Master bedroom Toto toilet seat, and it works just fine. He left about 5:30 P.M.. I was told by a relative not to use the heavy duty professional plumber's drain cleaner or hydrochloric acid, since it can damage older cast iron pipes. I will return it tomorrow to the Kennebunkport hardware store. It was also suggested not to use Charmin triple ply toilet paper, but instead a one or two layer thin

toilet paper. It was also suggested not to use the kitchen sink garbage disposal. I went for a drive with a relative along the Kennebunk beach, and we sat out for a while at the west end of the east end of the beach. We then drove along the Kennebunkport waterfront and returned back to my relatives' house. It is pretty quiet at the beach and downtown, but it generally gets busier around here by the Fourth of July or Canadian Dominion Day. I chatted with a relative. CIO

<888> 06/23/14 Monday 2:55 P.M. Two electricians were here, and they installed the electrical outlet for the Toto toilet just above the tile half way up in the master bedroom. Plumbing, heating, air conditioning, and heating fuel for southern Maine. Garrett Pillsbury also has to turn on the water to the Toto toilet to get it working properly. Possibly they will do that when they arrive shortly for the toilet and other bathroom drainage problem. I ate lunch of two sandwiches on flat bread with ham, turkey, domestic Swiss cheese and Hellmann's mayonnaise and Wise potato chips and a glass of water. I chatted with a relative. I went by the Kennebunkport post office. I then went by the Kennebunkport hardware store. I bought a new black toilet plunger for \$7.99, a quart of heavy duty professional drain cleaner which is hydrochloric acid for \$9.99, and two silver reflective plastic house numbers for a \$1.99 each. I returned home, and I put the new toilet plunger in the downstairs bunk room bathroom, and the old one in the downstairs north guest bedroom bathroom. I put the new house numbers on the left side of the garage door. I left the drain cleaner with its receipt in its bag on the shelf to the right of the garage door entrance into the house. Garrett Pillsbury plumbing is here, and we explained the current problems. CIO

<888> 06/23/14 Monday 11:00 A.M. I plan to drive back down to Greenwich on Wednesday morning July 2, 2014. A relative might be using my Volvo wagon to drive back up to Kennebunkport on Thursday July 3, 2014 for the Fourth of July weekend. I checked with a www.geico.com and they said it is all right for my relative to use the Volvo wagon for a few days. I took the Stant locking gas cap off the Volvo wagon, and I left the regular Volvo gas cap on it, so my relative does not have to deal with a locking gas cap. The gas cap flap still locks though. The relative once owned the Volvo wagon, so he is familiar with it. I do not know yet whether I will have to empty out the rear cargo area or not. A relative used the north downstairs bathroom, and the toilet when flushed came up in the bathroom sink and shower stall. I used the toilet plunger, and I was able to clear the toilet for now. I drove a relative over to Port Lobster and back. CIO

<888> 06/23/14 Monday 9:25 A.M. I watched "Secrets of the London Underground". I went to bed at 9 P.M.. I woke up at 7 A.M.. I brought in the www.nytimes.com. I ate breakfast of oatmeal with sugar, milk, and sliced half of a banana, a toasted English muffin with butter, a 12 ounce glass of 50% orange juice and 50% water with vitamins and supplements, and a cup of coffee with Splenda sweetener and half and half. I showered, and I cleaned up in the other bathroom downstairs at the north end of the house. Plumbing, heating, air conditioning, and heating fuel for southern Maine. Garrett Pillsbury is coming between 1 P.M. and 3 P.M. this afternoon. CIO

<888> 06/23/14 Sunday 8:05 P.M. I went out with relatives to the <http://wayfarercapeporpoise.com/> for dinner. I had a medium rare 8 ounce Angus sirloin steak along with rice with vegetables for \$19 and garlic mashed potatoes for \$5 and iced tea for \$2 and there is a 8% restaurant tax in Maine. My relatives and I returned home, and we watched CBS 60 Minutes. CIO

<888> 06/23/14 Sunday 5:25 P.M. I woke up at 3 P.M.. The bunk room toilet and bath tub drain were working. However, when I went upstairs to the master bedroom bathroom and dumped a bucket of hot water down the toilet, the water came up in the bunk room bath tub downstairs, and the bunk room toilet would not work. Thus it seems some where on the north side of the bunk room toilet it is clogged, and lets the water out slowly. I went with a relative to CVS in Kennebunk, and we got some items. I checked out the four ATM machines at the banks nearby, and the TD bank ATM allows cash deposits, but it will not take a deposit for the www.chase.com bank even though both are on the Visa network. We returned to my relatives' house. CIO

<888> 06/23/14 Sunday 1:15 P.M. I poured half an old bottle of Liquid Plumber extra strong down the bunk room bath tub drain and the toilet drain, and I waited 20 minutes, and I poured a bucket of hot water down each drain, but it still did not fix the problem. I ate lunch of two sandwiches on flat bread with ham, turkey, domestic Swiss cheese and Hellmann's mayonnaise and Cape Code Kettle potato chips and a glass of water. I will now take a nap. CIO

<888> 06/23/14 Sunday 11:30 A.M. Plumbing, heating, air conditioning, and heating fuel for southern Maine. Garrett Pillsbury is coming early tomorrow morning. The bunk room toilet still does not drain properly, and if one flushed it twice, it would overflow. The bunk room bath tub fills up with more water each time, the two toilets or showers upstairs above it are used, and it does not drain except extremely slowly. I tried the drain plunger on both the bunk room toilet and bath tub, but it did not clear the blockage. I filled the sink in the basement next to the washer machine, and it drains quickly. The toilet upstairs and downstairs at the north end of the house works just fine. I chatted with two relatives about the problem. I moved the porch furniture back into position on the deck. CIO

<888> 06/23/14 Sunday 9:45 A.M. Android and Windows to get 'kill switch'

The downstairs bunk room toilet is backing up again and not flushing, and several inches of water came back up into the bath tub in the bunk room bathroom. It seems to be the same problem we have had twice before in the last several weeks. CIO

<888> 06/23/14 Sunday 9:25 A.M. I chatted with a relative who was the previous owner of my Volvo wagon. The relative had forgotten to quit paying for my Volvo wagon's Sirius radio, so they will quit paying for it sometime in the near future. I do not listen to radio or music, when I drive; because it is too distracting. Also I brought up the Microsoft wireless mouse for the IBM ThinkCentre on the dining table in my apartment by mistake, so it is not available down there at the moment. I still have the Microsoft wireless mouse for the Dell Latitude D410 laptop computer, I am using up in Kennebunkport, Maine. CIO

<888> 06/23/14 Sunday 8:50 A.M. I watched the www.nbcnews.com evening news. For dinner, I had two hotdogs on buns with chopped onion and Dijon mustard, two ears of corn on the cob with butter, cold slaw, and a glass of water. I cleaned up the kitchen. I watched on Maine Public television "As Time Goes By". I went to bed at 8:30 P.M.. I woke up at 10 P.M., and I heard fireworks going off at the waterfront, but I did not get up to look at them. I woke up at 7 A.M. this morning. I brought in the www.nytimes.com . I ate breakfast of oatmeal with sugar, milk, and sliced half of a banana, a blueberry muffin, a 12 ounce glass of 50% orange juice and 50% water with vitamins and supplements, and a cup of coffee with Splenda sweetener and half and half. I showered, and I cleaned up.

<http://www.greenwichtime.com/local/article/Report-Bad-weather-poor-vision-in-Rockefeller-5569881.php> CIO

<888> 06/21/14 Saturday 5:25 P.M. I ate lunch of two sandwiches on flat bread with ham, turkey, domestic Swiss cheese and Hellmann's mayonnaise and Cape Code Kettle potato chips and a glass of water and a cup of chicken and rice soup. I took an hour and a half nap. I chatted with relatives for a while. It is suppose to go down into the 40 degrees Fahrenheit tonight. The painter has finished staining the deck and painting around other parts of the outside of the house. He said the deck should be stained again next spring, since it is very dried out. CIO

<888> 06/21/14 Saturday 12:25 P.M. I did a load of colored and a load of white laundry. I made 196 Premier Lights 100 MM filter Peter Stokkebye Norwegian pipe tobacco cigarettes while listening to www.foxnews.com . I went downtown with a relative to the Kennebunkport post office. I chatted with another relative on another relative's wireless telephone. CIO

<888> 06/21/14 Saturday 9:25 A.M. I woke up at 7:15 A.M.. I brought in the www.nytimes.com . I emptied the dishwasher. I ate breakfast of oatmeal with sugar, milk, and sliced half of a banana, a blueberry muffin, a 12 ounce glass of 50% orange juice and 50% water with vitamins and supplements, and a cup of coffee with Splenda sweetener and half and half. I chatted with relatives. I showered, and I cleaned up. CIO

<888> 06/20/14 Friday 8:20 P.M. I ate the reheated Mexican rice and the rest of the reheated baked breaded haddock along with a glass of water.

<http://www.aarp.org/health/healthy-living/info-04-2013/9-nasty-things-to-throw-away-photos.html?cmp=NLC-WBLTR-DSO-MTEST2-062014-F1-364460>

Cunard®

<http://www.bbc.com/news/science-environment-27941557>

I will now put the laptop on standby, and I will go to bed soon. CIO

<888> 06/20/14 Friday 6:55 P.M. items in Jockey Direct Closeouts store on eBay!

\$84.99 with free shippin Amazon.com : Canon Laser imageCLASS MF4770n Monochrome Printer with Scanner, Copier and Fax : Fax Machines : Electronics CIO

<888> 06/20/14 Friday 5:20 P.M. I woke up at 3:45 P.M.. I went with relatives to the Kennebunkport post office. They have an art show going on across the street from it. We then drove along the waterfront in Kennebunkport. It is nice moderate sunny weather and not too hot. It is not too busy here either, so maybe the weekend will bring in more tourists. We returned to my relatives' house. CIO

<888> 06/20/14 Friday 2:25 P.M. I drove over to Port Lobster with a relative, and the relative got some more picked crab. I then dropped the relative off. I then drove through downtown Kennebunkport and up Route 9 to Kennebunk. I went to the Circle K gasoline station at 59 Portland Road, and I bought \$20 of self service premium gasoline for \$4.049 a gallon for 5.065 gallons for at odometer reading of 108,078 miles for 142 miles driven since the Massachusetts turnpike fill up for 28.086 miles per gallon in mostly highway traffic. I then got the Deluxe car wash which included the under carriage car wash for \$13. The new car wash, one just drives up to it unattended, and enters one's receipt number. I then drove over to Hannaford's parking lot, and I dried off a few wet spots on the Volvo wagon. I got \$36.39 in groceries. I then returned back to my relatives' house in Kennebunkport. It is moderately busy in downtown Kennebunkport. I put away the groceries. I ate the rest of the salad I made last night with Good Seasoning Italian dressing on it along with a bowl of Cape Cod kettle potato chips and a glass of water. I chatted with my relatives. I will now take a nap. CIO

<888> 06/20/14 Friday 11:00 A.M. <http://blog.ctnews.com/realtime/2014/06/19/short-lived-primary-food-drink-closes-its-doors/#24456101=0> CIO

<888> 06/20/14 Friday 10:30 A.M. I woke up at 7 A.M.. I brought in the www.nytimes.com . I ate breakfast of oatmeal with sugar, milk, and sliced half of a banana, a blueberry muffin, a 12 ounce glass of 50% orange juice and 50% water with vitamins and supplements, and a cup of coffee with Splenda sweetener and half and half. I put new AA alkaline batteries in the two weather station base units and sending units. I had to use a little piece of wire to attach the Radio Shack sending unit to its clamp mounting position at the front door of the house. The other sending unit is in the front door side window. Both weather stations now work properly. I showered, and I cleaned up. The painter is here again. The yard person is cutting the lawn. The water company installed a new outdoor electric water meter. Garrett Pillsbury is installing a Toto toilet seat in the master bathroom. I showered, and I cleaned up. The oil tank is only about a quarter full, but another relative will take care of that in the near future. CIO

<888> 06/19/14 Thursday 8:25 P.M. University of the Arctic

BBC News - Cosmic inflation: Confidence lowered for Big Bang signal

I will now shut down the laptop computer. I will then go to bed. CIO

<888> 06/19/14 Thursday 8:15 P.M. Instead of taking a nap, I fiddled with my three cell phones. On the Obama phone, I tried taking out the sim card and putting the sim card from the older H2O Go Phone to import the contacts, but it would not recognize the sim card. I fiddled with some of the other settings. I made a tossed salad with iceberg lettuce, spinach, and other types of lettuce, avocado, plum tomatoes, Vidalia onion, kosher dill pickle, domestic Swiss cheese and grated parmesan cheese. For dinner I had baked breaded haddock with Mexican rice and some of the salad with Wishbone Italian dressing and a glass of cold water. I cleaned up the kitchen, and I started the dishwasher. CIO

<888> 06/19/14 Thursday 3:35 P.M. Two days ago, they pumped out the septic tank. I faxed some information to a relative. Two weeks ago, Plumbing, heating, air conditioning, and heating fuel for southern Maine. Garrett Pillsbury cleaned out the plumbing lines in the house that were blocked, and they did it again today. They cleaned out all three main lines, and they found CVS sanitary wipes and dental floss in two of the lines, and a clogged soap blockage in another line. Now the downstairs bunk room plumbing works just fine. The plumber left about 3 P.M.. I ate lunch two sandwiches on flat bread with ham, turkey, domestic Swiss cheese and Hellmann's mayonnaise and Cape Code Kettle potato chips and a 12 ounce glass of Schweppes Ginger Ale. I chatted with two friends and two relatives. I went to Port Lobster and I bought a pound and a half of filet of haddock for \$10.99 a pound and a lemon. The exterminator also sprayed outside the house. I will now take a nap. CIO

<888> 06/19/14 Thursday 9:35 A.M. We still have not heard from the plumber. I checked the oil on my Volvo wagon, and it is just fine. I fiddled with my Nokia Windows 8 Go Phone, and I connected it up the house wireless. However, I do not use it too much, since it is somewhat confusing to me and a small screen. I still have my other two wireless telephones. I went over to Port Lobster, and I picked up two 1 pound containers of picked crab meat for \$12.99 a pound for a relative for \$25.98 total. CIO

<888> 06/19/14 Thursday 8:00 A.M. I woke up at 5:30 A.M.. I ate breakfast of oatmeal with sugar, milk, and sliced half of a banana, a blueberry muffin, a 12 ounce glass of 50% orange juice and 50% water with vitamins and supplements, and a cup of coffee with Splenda sweetener and half and half. I showered, and I cleaned up. The bunk room toilet, sink, and bath tub are not draining. We left a message with the plumber who will be in at 8 A.M.. CIO

<888> 06/18/14 Wednesday 7:20 P.M. Etna volcano photos: New SE crater eruption June 2014

BBC News - Fish-eating spiders 'widespread'

I will now shut down the laptop computer, and I will go to bed in a little while. CIO

<888> 06/18/14 Wednesday 7:10 P.M. I left with a relative at 3:30 P.M.. We picked up the mail at the Kennebunkport post office. We then drove over to Route 1 in Biddeford, Maine, and we put in my relative's car \$49 of self service premium gasoline at the Shell

Station for \$3.939 a gallon. We then go on I-95 North, and we got off at Scarborough, Maine; and we drove up to the Portland Jet Port. We picked up and arriving relative. We then drove back down I-95 South to Kennebunk. We went to the Kennebunk Tavern for dinner. I had beef bugunoine with noodles and double cooked potato spears for \$19, and a glass of iced tea with splenda sweetener and a slice of lemon, and sour dough bread with olive oil and flavored mashed sweet potatoes and four shrimp. We then went by Hannaford's in Kennebunk, and we got \$47 in groceries. We then returned to my relatives' house. I watered the two hanging plants on the front porch. CIO

<888> 06/18/14 Wednesday 2:15 P.M. For lunch I ate the reheated baked breaded haddock along with cold slaw and a glass of cold water. I took a nap from noon to 1:30 P.M.. CIO

<888> 06/18/14 Wednesday 10:15 A.M. Sir Paul McCartney (British musician) -- Encyclopedia Britannica

Kiplinger: Southwest Connecticut has 4th highest concentration of millionaires - Trending
CIO

<888> 06/18/14 Wednesday 9:45 A.M. I woke up at 5:30 A.M.. I brought in the www.nytimes.com . I ate breakfast of oatmeal with sugar, milk, and sliced half of a banana, a toasted English muffin with butter, a 12 ounce glass of 50% orange juice and 50% water with vitamins and supplements, and a cup of coffee with Splenda sweetener and half and half. I raised the United States of America on the flag pole in front of the house yesterday. I took out the vine plant where the old pergola used to be, and I planted it on the north side of the house. I installed the new pergola in the same place with half bricks underneath each of the four legs, with the four 15 inch long metal stakes pounded into the ground and each secure to each leg with two 1.5 inch long screws. It is stable and looks just. I used a large S hook, and I hung the large hanging basket from the center of it. I showered, and I cleaned up. The house painter is here for the second day in a row touching up the outside house paint. CIO

<888> 06/17/14 Tuesday 8:45 P.M. I will now go to bed. CIO

<888> 06/17/14 Tuesday 8:30 P.M. I woke up at 5 P.M.. I went for a drive with a relative along the Kennebunk beach and along the Kennebunkport waterfront. There was a big surf party going on at the Kennebunk beach. We then returned to my relatives' house. For dinner, I had baked breaded haddock along with sautéed zucchini and red pepper and onion flavored with olive oil, white wine, ground pepper, and other seasonings and a glass of water. I cleaned up the kitchen, and I started the dish washer. CIO

<888> 06/17/14 Tuesday 3:30 P.M. I woke up during the night, and I ate 6 ounces of Dannon low fat vanilla yogurt and a muffin. I finally woke up at 3 A.M.. I ate breakfast of oatmeal with honey, milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I showered, and I cleaned up. I shut down the apartment. I left at 5 A.M.. I drove east on Putnam Avenue and up North Street to the Merritt Parkway East.

There are barricades on the east bound shoulder all the way to New Canaan and the New Canaan rest area is closed for rebuilding. I stopped at the Fairfield rest area and took a break. I stopped at the East Haven rest area for a break. I stopped at the I-91 North rest area for a break. I took I-84 East, and I took a break at the Vernon rest area. I got on the Massachusetts turnpike, and I stopped at the rest area, and I ate the ham and Swiss cheese sandwich on 15 grain bread with Hellmann's mayonnaise that I brought with me. I drank some water from the water fountain outside the bathroom. I put \$19.01 of premium Gulf gasoline for 4.661 gallons for at \$4.079 a gallon at odometer reading of 107936 miles for 129.4 miles driven since the previous fill up for 27.763 miles per gallon in highway traffic. I then got off at the Auburn exit for I-290 north and paid a 50 cent toll. I continued east to I-495 North and I took a break at the Lowell rest area. I chatted with a relative on my wireless telephone. The Port-O-Potties at the Lowell rest area quite disgusting. I then got on I-90 North and I stopped at the New Hampshire welcome center. I paid a \$2 toll. I stopped at the Maine welcome center. I paid a \$3 toll at the Maine turnpike. I got off at the Wells exit and I took US 1 east to I-9 into Kennebunkport. I arrived at my relatives' house at 12:15 P.M. for 263 miles driving door to door. I said hello to them. I unpacked the Volvo wagon, and I unpacked my luggage. I set up the Radio Shack NOAA weather radio, and I put it on top of the Toshiba TV in the kitchen. It works just fine up here. I put one of the Glade Scent machines in the Master bathroom and another in the downstairs bunkroom. I put one of the Kidd CO2 detectors on the shelf as one enters the kitchen from the garage and another on the table beneath the fuse box in the basement. I use one of the LED night lights in the bunkroom bathroom, and I put the other three in the tool closet at the garage entrance. I went out to Port Lobster, and I bought filet of local Haddock for \$6.99 a pound for \$7.90. I forgot to bring up three muffins that I left in my kitchen. I ate a muffin with a glass of water. It is beautiful warm sunny weather up here. I will now take a nap. CIO

<888> 06/16/14 Monday 4:35 P.M. I picked up the mail. I sat outside, and I chatted with neighbors. I will now shut down the primary work computer. I will eat 10 ounces of Dannon low fat vanilla yogurt. I will then go to bed. I will wake up early in the morning and head up to Kennebunkport, Maine after breakfast. It should take me about six hours to get up there, because I stop at most of the rest areas to go to the bathroom and take a break. CIO

<888> 06/16/14 Monday 4:10 P.M. I shut down the server. I sat outside chatting with neighbors. I was told the Greenwich public schools get out on June 20, 2014. The local town seems to change when the public schools get out. Of course some people here also go away on vacation. We also get a few visitors and summer residents in our local waterfront community. The calm waters of Long Island sound are bit safer than the rough waters of the Atlantic ocean out in www.nantucket.net and or for that matter in Kennebunkport where the ocean water is a lot colder than here. I do not sun bathe in the sun anymore, since my dermatologist told me about twenty years ago I should not go to the beach anymore until after 3 P.M. in the afternoon. Also it costs me about \$10 in gasoline to drive to Tod's Point and back, which I can not afford anymore. The Island Beach ferry also has no place to go to the bathroom, when one has to go frequently. I find Island Beach a bit confining. Byram Shore is such a small territorial beach that there is no room for an

exercise walk, like Tod's Point. Of course one can always sit out at Grass Island and enjoy the view of the Greenwich Harbor and the waterfront in Greenwich which I do frequently in the summer. Of course with all of the Hispanics around, somebody with travel money could always visit <http://www.lanzarote.com/> to see how the isolated Spanish live way out in the Atlantic ocean, where it never hardly rains, but there is very good air quality, but a lack of water in the desert climate. I still have not found my Norwegian friend from Lanzarote, Rhone Dietrin, so he is probably still living a hermit's lifestyle there instead of freezing way up in Oslo, Norway in the winter. CIO

<888> 06/16/14 Monday 2:55 P.M. \$39.99 with free shipping Canon imageCLASS LBP6000 Mono Laser Printer

\$24.99 with free shipping Omnitech 12-Sheet Cross-Cut Shredder CIO

<888> 06/16/14 Monday 2:40 P.M. I threw out the garbage. I chatted with neighbors. I chatted with a relative. I put my long underwear which was hanging in the hallway on the top shelf of the bedroom closet. CIO

<888> 06/16/14 Monday 1:55 P.M. GeoRisCa | GeoRisCa

Website of the GORISK Scientific Network

Belgian Earth Observation Platform

Magna Carta (England [1215]) -- Encyclopedia Britannica

US lifts restrictions on more detailed satellite images

<http://www.dailymail.co.uk/news/article-2657820/Happy-Birthday-Maam-British-pomp-ceremony-best-Royal-Family-turn-fine-style-traditional-Trooping-Colour-parade-saluting-Queen-turning-88.html> CIO

<888> 06/16/14 Monday 1:10 P.M. I ate two reheated 3 ounce Perdue chicken cutlets with 12 ounces of Stop and Shop garlic mashed potatoes with Smart Balance Spread and extra virgin olive oil and steamed baby carrots cut into quarters lengthwise with Smart Balance spread and extra virgin olive oil on them and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden's lemon juice. CIO

<888> 06/16/14 Monday 11:50 A.M. I finished packing. CIO

<888> 06/16/14 Monday 9:10 A.M. I chatted with a relative. I will now start packing for my trip tomorrow to Kennebunkport, Maine. CIO

<888> 06/16/14 Monday 8:10 A.M. I threw out the garbage. I chatted with neighbors and a electrician looking for the building custodian. CIO

<888> 06/16/14 Monday 6:55 A.M. I chatted with a friend. I will now shower and clean up. CIO

<888> 06/16/14 Monday 5:45 A.M. I woke up at 9 A.M., and I watched "41 on 41" on www.cnn.com . I ate one ounce of mixed nuts. I went back to bed at 11:30 P.M.. I woke up at 4:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I made my bed. CIO

<888> 06/15/14 Sunday 3:15 P.M. I chatted with a neighbor. I will now shut down the primary work computer, and I will go to bed for the night. CIO

<888> 06/15/14 Sunday 2:30 P.M. I ate two reheated 3 ounce Perdue chicken cutlets with 12 ounces of Stop and Shop garlic mashed potatoes with Smart Balance Spread and extra virgin olive oil and steamed baby carrots cut into quarters lengthwise with Smart Balance spread and extra virgin olive oil on them and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden's lemon juice. CIO

<888> 06/15/14 Sunday 12:40 P.M. I threw out the garbage. I went by Putnam Shell at 401 West Putnam Avenue, and I checked the tires on the Volvo wagon all around for 30 P.S.I.. I then went downtown. I walked the entire length of Greenwich Avenue and the train station area and further. I sat out at various locations. I stopped by the Greenwich Cigar store, and I played an Ace's High scratch card for a dollar, but I lost. I chatted with a local at CVS. I bought two 17.5 ounce cans of Deluxe mixed nuts for \$6.99 each and for \$13.98 total. I then bought a 15 ounce bottle of Alberto VO5 kiwi and lime conditioner for \$1.19 and a 15 ounce Alberto VO5 kiwi and lime shampoo for \$1.19 and .15 tax for \$2.53 total. I then ran into another regular early morning walker. I walked with the other walker to Whole Foods, where the other walker got a cup of coffee for \$1.97. We sat out at their tables in front of Whole Foods, while the other walker drank the coffee. I chatted with a relative on my wireless. We then returned back down Greenwich Avenue, and I sat out for a while. I then used the bathroom at Starbucks. I then went by the Stop and Shop. I bought four day old muffins for \$2 and a 24 ounce Stop and Shop garlic mashed potatoes for \$3.34 for \$5.34 total. I then went by the Putnam Shell at 401 West Putnam Avenue. They are painting their stripes today. I bought \$8.80 of self service V-Power premium gasoline for \$4.499 a gallon for 1.956 gallons at odometer reading of 107806 miles for 25.2 miles driving since Wednesday June 4, 2014 for 12.844 miles per gallon in mostly local traffic. I then returned home, and I put away my purchases. CIO

<888> 06/15/14 Sunday 6:50 A.M. I made 126 Premier Lights 100 MM filter Peter Stokkebye Norwegian pipe tobacco cigarettes while watching "The Recruit". I will now go downtown. CIO

End of Scott's Notes week of 06/15/14

<888> 06/15/14 Sunday 4:45 A.M. I will now send out my weekly notes. I will then make cigarettes. CIO

<888> 06/15/14 Sunday 3:55 A.M. I will now shower and clean up. CIO

<888> 06/15/14 Sunday 3:25 A.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I made my bed. CIO

<888> 06/15/14 Sunday 2:35 A.M. I woke up, and I ate one ounce of nuts. I finally woke up at 2:30 A.M.. I am back on an early morning daytime schedule. CIO

<888> 06/14/14 Saturday 9:20

P.M. http://www.cnn.com/video/?/video/bestoftv/2014/06/02/exp-promo-cnn-cnnfilms-41-on-41.cnn&video_referrer=http%3A%2F%2Fwww.cnn.com%2FSPECIALS%2Fus%2Fcnn-films%2Findex.html . George H.W. Bush program on www.cnn.com on Sunday night June 15, 2014 at 9 P.M. EDT. I chatted with a relative. I will now go back to bed for a while. CIO

<888> 06/14/14 Saturday 8:35 P.M. See the Kennebunk Beach web cam <http://www.kennebunkportbeachwebcam.com/> . CIO

<888> 06/14/14 Saturday 8:30 P.M. I chatted with a relative. It is 68 degrees Fahrenheit at the moment in Portland, Maine. CIO

<888> 06/14/14 Saturday 8:20 P.M. I threw out the shipping box and garbage. I sat outside for a while. I said hello to neighbors. I think it is a bit cool outside for this time of year at 62 degrees Fahrenheit this time of evening. I have to get on a daytime schedule to drive up to Kennebunkport, Maine on Tuesday morning. CIO

<888> 06/14/14 Saturday 8:00 P.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I made up a fresh batch of punch. CIO

<888> 06/14/14 Saturday 6:10 P.M. I woke up at 4:30 P.M.. I chatted with a neighbor. I picked up the mail. The order with tracking of <https://www.fedex.com/fedextrack/?tracknumbers=61290100120520166317> on the order for <http://www.honeywellstore.com/store/products/honeywell-rcw100n1000n-wired-door-chime.htm> for \$16.99 and \$5.95 shipping for \$22.94 total arrived. I also delivered a package outside a neighbor's door. I took down the malfunctioning blue bells of Scotland door bell in the bedroom, and I put four alkaline C batteries in the new door bell, and I connected the wires to the number 1 and 2 terminals for battery operation, and I used the two screws that came with it to mount it on the wall behind the left side bedroom Orion

television in the same place as the previous door bell. I put the cover on it. The cover removes by pressing down on a slot at the top with a screw driver. It sound just fine. It only has the Ding Dong chime, but that is fine enough. I put the cardboard card that it came on underneath the laser toner cartridges to the door bell's left side. CIO

<888> 06/14/14 Saturday 7:35 A.M. <http://www.piper.com/aircraft/m-class/meridian/>

I chatted with a friend. I will now shut down the primary work computer, and I will eat 8 ounces of Dannon low fat vanilla yogurt. I will then go to bed. CIO

<888> 06/14/14 Saturday 6:20

A.M. <http://www.legacy.com/obituaries/nytimes/obituary.aspx?n=olive-cawley-watson&pid=2821877> CIO

<888> 06/14/14 Saturday 6:20 A.M. As Time Goes By

<http://1.bp.blogspot.com/Tyk2yoqzVKE/TQTErgcZLFI/AAAAAAAAACa8/dhYcO0nMwEc/s1600/z.jpg> CIO

<888> 06/14/14 Saturday 5:35 A.M. <http://www.rightwords.eu/quotes/the-great-accomplishments-of-man-have-resulted-from-the--27582> Thomas J. Watson picture.

<http://watsonfellowship.org/site/what/description/history.html>

Olive Watson image

http://www.thetaskforce.org/events/leadership_awards/Miami_Recognition06/photos

http://s3.amazonaws.com/cmi-niche/gallery_photos/29171/images/slideshow_std_h_Midsummer_0005_LightBox_12thAnnualMidsummerNightDrinks_5_63475577034413250011841341_54_GODS1_20120616_PM_C_119.JPG.jpg?1340030378

http://s3.amazonaws.com/cmi-niche/gallery_photos/29171/images/slideshow_std_h_Midsummer_0005_LightBox_12thAnnualMidsummerNightDrinks_5_63475577034413250011841341_54_GODS1_20120616_PM_C_119.JPG.jpg?1340030378

CIO

<888> 06/14/14 Saturday 4:15 A.M. I ate two reheated 3 ounce Perdue chicken cutlets with the other half of the reheated flavored rice and steamed baby carrots cut into quarters lengthwise with Smart Balance spread and extra virgin olive oil on them and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden's lemon juice. CIO

<888> 06/14/14 Saturday 3:20 A.M. I woke up at 3 A.M.. CIO

<888> 06/14/14 Saturday 1:05 A.M. I will now take a nap. CIO

<888> 06/14/14 Saturday 12:35 A.M. I ate one ounce of mixed nuts.

Vanadium: The metal that may soon be powering your neighbourhood

Higgs boson scientists are knighted CIO

<888> 06/13/14 Friday 10:30 P.M. I threw out the garbage. I chatted with a neighbor. I chatted another neighbor walking a dog. I chatted with another neighbor. It is pretty slow around here. I have to figure out something to do on the internet, before I leave for Kennebunkport, Maine this Tuesday morning. CIO

<888> 06/13/14 Friday 9:20 P.M. Falmouth's Richard Rockefeller killed in plane crash . I chatted with a relative. I will now shower and clean up. CIO

<888> 06/13/14 Friday 8:00 P.M. I chatted with a relative and two friends. CIO

<888> 06/13/14 Friday 7:10 P.M. Rockefeller great-grandson dies in NY plane crash CIO

<888> 06/13/14 Friday 7:05 P.M. I ate seven ounces of mixed nuts before going to bed. I woke up at 5:30 P.M.. I sat outside briefly. I picked up the mail. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I made my bed. CIO

<888> 06/13/14 Friday 6:00 A.M. <http://www.royal.gov.uk/>

I will now shut down the primary work computer. I will then go to bed for the day. It will probably be raining again today. Not much happening on this side of the Pond. I guess a lot of the younger people are away on vacation, since younger office worker get their vacations in June. Middle Age office worker get their vacations in July. The older office worker get their vacations in August. Retired people are on vacation pretty much all of the time. I guess with local residents traveling, we might get some visitors here in Greenwich, Connecticut on the rebound. On a rainy day, they can sit in the www.greenwichlibrary.org and enjoy the internet or do some reading. It is within easy walking of about a mile from the train station. However, walking up Greenwich Avenue can be an adventure in itself, depending on whom might be lurking about the various shops in town. Of course New Yorkers are always in a rush, so they do not pay much attention to other people in this area, since they are use to ignoring everyone in the Big City. With the <http://www.thedelamar.com/> down by the waterfront, we probably have some guests that walk up town from there to see what is going on in our local village. Of course we also have a business community in town that strives to make money, so they can pay taxes to support the rest of the town in what ever else we do in our spare time. Rainy days tend to bring out shoppers, so I guess it is good for the local Chamber of Commerce. I guess, when one goes to bed in the early morning, one says "Good Morning". CIO

<888> 06/13/14 Friday 5:20 A.M. Special delivery Orangutan's backcountry birth could help save a species CIO

<888> 06/13/14 Friday 4:50

A.M. [http://en.wikipedia.org/wiki/List of Skull and Bones members](http://en.wikipedia.org/wiki/List_of_Skull_and_Bones_members)

http://en.wikipedia.org/wiki/Hasty_Pudding_Club

I was a member of Delta Chi http://en.wikipedia.org/wiki/Delta_Chi while at www.lfc.edu . CIO

<888> 06/13/14 Friday 3:40 A.M. [A lofty greeting for Bush's 90th birthday](#)

[George H.W. Bush celebrates 90th birthday with Kennebunkport bash](#) CIO

<888> 06/13/14 Friday 2:30 A.M. I made up a batch of <http://scott-mike.com/mlsrice.htm> which I also added ground black pepper and Old Bay Seasoning and garlic powder and Lea and Perrins Worcestershire sauce to. I put half in a Rubbermaid container in the refrigerator. I put the other half on a dinner plate with two 3 ounce Perdue chicken cutlets that I reheated in a microwave proof container in the microwave oven for two minutes. I also had my usual steamed baby carrots cut into quarters lengthwise with Smart Balance Spread and extra virgin olive oil on them. I steam them for 15 minutes with a steamer tray in the pot. I ate it all with a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden's lemon juice. I opened up the ten pound bag of Uncle Ben's <http://www.unclebens.com/Home.aspx> white rice that I bought March 22, 2012 for \$10.99 at the A&P Fresh. I put the rice in a large jug at the kitchen entrance and two small jars on the table just inside the kitchen. I have been eating a lot of expensive mashed potatoes recently, so I have not been eating as much of Wiley Middleton's <https://www.middletonplace.org/> rice. CIO

<888> 06/13/14 Friday 12:45 A.M. If one ever has to hide out in the lower 48 states in the United States of America, the best place I know is TravelCenters of America in Missoula, Montana <http://www.tatravelcenters.com/find-a-location/MT> , but one would have to deal with the locals, if one chose to hide out there. A steak would probably be cheaper there though. CIO

<888> 06/13/14 Friday 12:20 A.M. I put away the laundry. Since the earliest hunter gathers, organized societies have always maintained a night watch, if you did not know it. Also a lot of people including truckers travel at night, when there is less traffic on the roads. CIO

<888> 06/12/14 Thursday 11:45

P.M. <http://www.mysanantonio.com/sports/spurs/slideshow/Celebrities-who-back-Spurs-Heat-63844/photo-6405606.php>

http://www.roku.com/channels/?utm_source=bronto&utm_medium=email&utm_term=Image+-+Roku+has+Sports&utm_content=Get+your+kicks+on+WatchESPN+starting+June+12.+Plus%2C+find+your+favorite+Roku+sports+channel+-+65+strong+and+growing.&utm_campaign=Newsletter+Sports+June+2014#!browse/sports/by-popular

<http://www.microsoft.com/government/en-us/Pages/default.aspx>

Argentina ingles 2004

<http://www.vertigo-itn.eu/>

Anne Frank (German diarist) -- Encyclopedia Britannica

Dinosaurs 'neither warm nor cold blooded'

Paraplegic in robotic suit kicks off World Cup CIO

<888> 06/12/14 Thursday 11:10 P.M. I have 45 minutes to go on two dry cycles. Judging from the amount of traffic I hear on nearby I-95

<http://www.ct.gov/dot/cwp/view.asp?a=2354&q=415220> , the Army of the South is returning up north to their summer camp grounds. I have been told that there are bears in the woods near the camp grounds in Connecticut. One could go to the Darien, Connecticut rest areas on I-95 to try to network with people from down south, but usually once they are start traveling, they want to keep on going. CIO

<888> 06/12/14 Thursday 10:40 P.M. I put clean linens on the bed. I showered, and I cleaned up. I started two loads of laundry, and I have five minutes to go on two wash cycles. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 06/12/14 Thursday 9:15 P.M. I chatted with two relatives. In watching the news reports on Hilary Clinton recently, it mentioned that the Clintons besides having houses in Washington D.C. and Chappaqua, New York; also have houses in Australia and Ireland. It also mentioned that the house in Chappaqua, New York is across the street from the British consulate residence. Also George W. Bush is also in Kennebunkport, Maine; so he has recovered from his knee surgery. Since I am near sighted and somewhat myopic from reading all of the time, I never recognize any of them, when I am up there, unless somebody happens to point them out to me. CIO

<888> 06/12/14 Thursday 8:10 P.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I will take the night lights to the family house in Maine, since the night lights there always seem to be burned out. I use different night lights in my home apartment in Greenwich. CIO

<888> 06/12/14 Thursday 7:15 P.M. I had a telephone call from a relative at 11 A.M. to watch <http://www.foxnews.com/politics/2014/06/12/0-year-old-ex-president-to-make-parachute-jump/?intcmp=latestnews> and <http://www.greenwichtime.com/news/politics/texas/article/George-H-W-Bush-parachute-jumps-for-90th-birthday-5547698.php> . I went back to sleep until 3 P.M., when I was

called up by someone that said I had won a Ford Escort in a contest. I was given a number that I called up, and I left my name and telephone number. I then looked up the number and name that I called, and the internet said it was a con game, where they try to get you to pay the tax on the car, and then you do not get the car. When they called back in 15 minutes, I told them I knew it was a con game. I sat outside, and I chatted with a neighbor. I picked up the mail. The order with tracking of http://wwwapps.ups.com/WebTracking/track?HTMLVersion=5.0&loc=en_US&Requester=UPSHome&WBPM_lid=homepage%2Fct1.html_pnl_trk&trackNums=92748999983708513003585552&track.x=Track on the order for \$6.49 with free shipping 4 Pack of Automatic LED Night Lights - Ships Free! arrived. The Nortel telephone was returned https://tools.usps.com/go/TrackConfirmAction?qt_c_tlLabels1=9301920130200466946786 . I should get my refund in six days. I went back to bed. I woke up at 6 P.M.. CIO

<888> 06/12/14 Thursday 7:10 A.M. I ate 10 ounces of Dannon low fat vanilla yogurt. I will now shut down the primary work computer, and I will go back to bed. Another rainy day in Oz. CIO

<888> 06/12/14 Thursday 6:35 A.M. <http://abcnews.go.com/blogs/entertainment/2014/06/kate-queen-celebrate-prince-philips-93rd-birthday/>

<http://www.dailymail.co.uk/femail/article-2654019/Happy-birthday-Prince-Philip-The-Duke-Edinburgh-celebrates-93-years-roval-salute-garden-party-Queen-glamorous-Duchess-Cambridge.html>

<http://www.bing.com/images/search?q=Prince+Philip+Garden+Party+Image&qpv=Prince+Philip+Garden+Party+Image&FORM=IGRE>

<https://www.facebook.com/TheBritishMonarchy> CIO

<888> 06/12/14 Thursday 6:05 A.M. [Lowell Weicker: GOP doomed in midterm elections](#) use to be a Scott family neighbor. CIO

<888> 06/12/14 Thursday 5:20 A.M. [Belmont Stakes a career highlight for Greenwich owner](#)

Best barbecue in the world <http://www.bigbobgibson.com/> CIO

<888> 06/12/14 Thursday 3:20 A.M. I woke up at 3 A.M.. CIO

<888> 06/12/14 Thursday 12:35 A.M. I ate two 3 ounce Perdue chicken cutlets and steamed baby carrots cut into quarters lengthwise and 12 ounces of Stop and Shop garlic mashed potatoes with Smart Balance Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden lemon juice. I will now take a nap. CIO

<888> 06/11/14 Wednesday 11:50 P.M. Kate Middleton Reveals Prince George Is Now Walking, Wants Him to Learn How to Sail One Day

Kate Middleton Pregnant? Tabloid Claims Duchess of Cambridge is Expecting Twin Girls CIO

<888> 06/11/14 Wednesday 11:35 P.M. I sat outside briefly for a while. CIO

<888> 06/11/14 Wednesday 11:25 P.M. <http://www.pipesandcigars.com/page/fda-regulation-comments>

Biltmore Email Newsletter

Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report

Associazione Italiana di Vulcanologia - Home

Jacques-Yves Cousteau (French ocean explorer and engineer) -- Encyclopedia Britannica

Email - Our Best Selling Ronald Reagan Quotes-Special Limited Time Offer! - Ronald Reagan Presidential Foundation and Library

<http://diet.com-nq89.net/wlosscie/uscie/>

Retired Secret Service agent on protecting the president

Five hidden US travel destinations

'X-class' solar flares caught on film CIO

<888> 06/11/14 Wednesday 10:25 P.M. I chatted with a relative. I made 156 Premier Lights 100 MM filter Peter Stokkebye Norwegian pipe tobacco cigarettes while watching "Saints and Soldiers". CIO

<888> 06/11/14 Wednesday 7:45 P.M. I cleaned out the bathroom sink drain with the plastic snake and the toilet plunger. I threw out the garbage. I chatted with neighbors. I picked up the mail. I will now make cigarettes. I got a notice from the Greenwich Housing Authority on Tuesday June 17, 2014, when I have already left for Kennebunkport, Maine; they are going to be installing energy saving and water saving devices in the apartments, so I guess they will have to do it, when I am not here. CIO

<888> 06/11/14 Wednesday 6:35 P.M. I will now shower and clean up. CIO

<888> 06/11/14 Wednesday 6:00 P.M. <http://blog.ctnews.com/hottopics/2014/06/11/what-ate-this-9-foot-great-white-shark/>

I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I made my bed. CIO

<888> 06/11/14 Wednesday 5:00 P.M. I had a telephone call from Card Holder Services for about the millionth time, and this time I listened to the whole message, and at the end of the message they now give an option to press 3 to have them quit calling one. They are always waking me up. I finally woke up at 4 P.M., and I chatted with a relative. I installed the Windows updates on the primary computer. CIO

<888> 06/11/14 Wednesday 4:20 A.M. I will now shut down the primary work computer, and I will go to bed. CIO

<888> 06/11/14 Wednesday 4:00 A.M. On the Nortel Avaya Networks M3903 Business Digital Enhanced 4 Line PBX Phone with Stand for \$17.99 with free shipping, I printed out a packing label and return mail slip. I will get a \$15.29 refund with the 15% restocking fee, and there is a \$5.79 postage fee for a total cost of \$8.49 with restocking fee and return postage. I mailed it at the Valley Road Post Office self service center. Tracking on the return is https://tools.usps.com/go/TrackConfirmAction?qtC_tLabels1=9301920130200466946786. CIO

<888> 06/11/14 Wednesday 2:10 A.M. I ate two 3 ounce Perdue chicken cutlets and steamed baby carrots cut into quarters lengthwise and 12 ounces of Stop and Shop garlic mashed potatoes with Smart Balance Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden lemon juice. CIO

<888> 06/11/14 Wednesday 1:15 A.M. Email - Watch Vin Scully at the Reagan Library - Wednesday, June 11th - Ronald Reagan Presidential Foundation and Library

Windows 8.1 consumers: It's time to move to Update 1 | ZDNet

Frick Seeks to Expand Beyond Jewel-Box Spaces - NYTimes.com

\$45.95 with free shipping AT&T 17929 na 1-Handset 2-Line Landline Telephone CIO

<888> 06/11/14 Wednesday 12:55 A.M. I hooked up the Siemens corded telephone to Verizon, and I placed it on the small oak TV table holding the 23 inch Sceptre LED TV in front of the Ethan Allen recliner. CIO

<888> 06/11/14 Wednesday 12:40 A.M. I hooked up the Uniden cordless phone to Optimum Voice, and I placed it on the top of the white bookcase at the kitchen entrance. CIO

<888> 06/10/14 Tuesday 11:55 P.M. The Nortel PBX phone does not work with Verizon, but it does light up and display messed up text with Optimum Voice, so I know it does work with PBX. However Optimum Voice does not support PBX <http://www.optimum.com/home-phone-service/home-wiring.jsp> . On Ebay I can open a hassle free return on June 11, 2014 for the Nortel PBX phone. CIO

<888> 06/10/14 Tuesday 10:55 P.M. I threw out the garbage. I went to the Stop and Shop. I bought buy one get one free of Perdue 12 ounce chicken cutlets for \$3.99 both, a 16 ounce Kraft blue cheese dressing for \$1, a 16 ounce Kraft Italian dressing for \$1, 32 ounce bag of baby carrots for \$3.29, bananas for .79 a pound for \$2.48, a loaf of Pepperidge Farm 15 grain bread for \$3.99 for \$15.75 total. I did not bother going downtown, since on Tuesday nights even in the summer nobody is around. On West Putnam Avenue on the west side of the Chase Bank near Valley Road, they are working on a new building that looks like it might be a new grocery store or some other similar store. I returned home. I put away my groceries. CIO

<888> 06/10/14 Tuesday 9:40 P.M. I chatted with two relatives. The AT&T corded two line telephone by the primary computer is suppose to be loud enough, but the new AT&T two line telephone by the telephone tea table still is not loud enough on the receiver's end, so one has to use the Panasonic two line telephone next to it. I will now shower and clean up and go downtown for an errand. I will now be going up to Kennebunkport, Maine on Tuesday June 17, 2014 depending on the weather. I will do by Renter's rebate, when I get back. CIO

<888> 06/10/14 Tuesday 7:55 P.M. Guccifer, hacker who exposed Bush family secrets, sentenced to jail CIO

<888> 06/10/14 Tuesday 7:45 P.M. I moved the Panasonic 5.8 GHz two line cordless telephone further to the right just in front of the Asus Internet radio. I moved the AT&T two line telephone from on top of the Dell Latitude D410 laptop computer to further to the right where the Panasonic phone was. I put the Nortel PBX telephone back in its box, and I stored it underneath the Ethan Allen recliner. I put the Siemens and the Uniden cordless telephones on the bedroom window shelf. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I made my bed. CIO

<888> 06/10/14 Tuesday 6:10 P.M. I woke up at 4 P.M.. I sat outside chatting with a neighbor. The mail arrived along with the order with tracking of https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=9405510200986264655780 on the order for Nortel Avaya Networks M3903 Business Digital Enhanced 4 Line PBX Phone with Stand for \$17.99 with free shipping. Unfortunately the Nortel phone is a PBX phone which does not work with a regular phone system, and it only has one telephone jack. I do not think I can return it, so I have lost my money. I tried its headset with the AT&T phone, but it was not any louder. To the left side of the primary computer, I disconnected the Uniden Cordless phone and the Siemens corded phone, and I placed the spare AT&T

two line corded phone on the secondary Dell Latitude D410 laptop connected to Optimum Voice and Verizon phone lines. I also have a 25 foot black handset cable on it that I took from the bathroom Princess phone, and I put a spare white 25 foot handset cable on the bathroom Princess phone. I chatted with a relative. CIO

<888> 06/10/14 Tuesday 4:30 A.M. <http://typhoon.atmos.colostate.edu/forecasts/>

I will now shut down the primary work computer. I will then go to bed. CIO

<888> 06/10/14 Tuesday 4:00 A.M. [Michael Larson - Bill & Melinda Gates Foundation Trust](#)

[Bill Gates Keeps Getting Richer. Here's the World's Richest Man's Secret](#)

[Gates reclaims Forbes title of world's richest billionaire](#)

Big Bucks never seem to come my way. I guess I am so preoccupied with saving my limited income, I do not have the larger perspective. CIO

<888> 06/10/14 Tuesday 3:05 A.M. I ate a muffin, and I also ate a Hidden Valley oat and nut bar and a slice of Swiss cheese. CIO

<888> 06/10/14 Tuesday 2:40 A.M. I watched a little bit of television.

[\\$44.99 with free shipping Ricoh Aficio SP 311DNw B&W Laser Printer, 30ppm Speed, 250 Sheets Standard Tray, 1200x600 dpi, USB 2.0, 10/100Base-TX Ethernet](#)

[\\$149.99 with free shipping Seiki 32" 720p LED TV - 3 x HDMI Input, 1 x VGA Input, 1 x USB Input, 16:9 Aspect](#)

[\\$59.99 with free shipping UDI U818A 2.4GHz 4 CH 6 Axis Gyro RC Quadcopter with Camera RTF Mode 2](#) CIO

<888> 06/10/14 Tuesday 12:50 A.M. <http://www.scotlandinfo.eu/webcams-in-scotland.html>

<http://www.scottishwebcamslive.com/webcams.htm> CIO

<888> 06/09/14 Monday 11:55 P.M. I ate the rest of the Chef's salad with blue cheese dressing and extra virgin olive oil and a 12 ounce glass of Schweppes Ginger Ale.

<http://hotellaguna.com/>

<http://hotellaguna.com/beach-cam/>

[17 hotels are available in Laguna Beach](#)

<http://www.bing.com/weather/search?q=Laguna%20Beach%20weather&unit=F&qpvt=Laguna+Beach+weather&FORM=DTPWEA>

I used to fish here THE RITZ-CARLTON, LAGUNA NIGUEL CIO

<888> 06/09/14 Monday 11:05 P.M. Tracking is
http://wwwapps.ups.com/WebTracking/track?HTMLVersion=5.0&loc=en_US&Requester=UPSHome&WBPM_lid=homepage%2Fct1.html_pnl_trk&trackNums=92748999983708513003585552&track.x=Track on the order for \$6.49 with free shipping 4 Pack of Automatic LED Night Lights - Ships Free! .

<http://www.britannica.com/EBchecked/topic/453644/Peter-I?source=ONTHISDAY>

Germany's deepest cave rescue drama near Berchtesgaden

MPs demand accurate data on primate pet numbers

South Georgia: The lost whaling station at the end of the world

Computer AI passes Turing test in 'world first' CIO

<888> 06/09/14 Monday 10:20 P.M. I chatted with a friend who will be traveling to Trinidad, Guiana, Suriname, and French Guiana in the coming week. CIO

<888> 06/09/14 Monday 8:55 P.M. I sorted out the old magazines in the magazine rack on the left side of the Ethan Allen recliner, and I used my folding wire cart to throw them out in the recycle bin. Traditionally the striped bass run out in www.nantucket.net during the first week of June, but with the cooler weather this year, they might be running a week or two later. CIO

<888> 06/09/14 Monday 8:10 P.M. I threw out the garbage. I said "Hello" to a neighbor. I picked up the mail. I got information from the Greenwich Housing Authority about the Renter's Rebate application. I also got a photograph of an oil portrait of <http://www.georgewbushlibrary.smu.edu/> . I do not know if I have ever seen him in real life, but so many relatives of his look the same, I might have mistaken a relative of his for him in the past. CIO

<888> 06/09/14 Monday 7:20 P.M. I chatted with a friend who is on vacation for a week and a half up in <http://cityofnewport.com/> . He says it is cold and rainy there. I will now shower and clean up.

Tracking is
https://tools.usps.com/go/TrackConfirmAction?qt_c_tlLabels1=9405510200986264655780 on the order for Nortel Avaya Networks M3903 Business Digital Enhanced 4 Line PBX Phone with Stand for \$17.99 with free shipping. CIO

<888> 06/09/14 Monday 6:10 P.M. I had three no person telephone calls while I was asleep. I finally woke up at 5 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I made my bed. CIO

<888> 06/09/14 Monday 4:35 A.M. I ate two ounces of mixed nuts. I will now shut down the primary work computer. I will eat 8 ounces of Dannon vanilla yogurt. I will then go to bed. CIO

<888> 06/09/14 Monday 3:55 A.M. Found: 120-Million-Year-Old Colony of Fossilized Flying Reptiles, Plus Their Eggs | Science | Smithsonian

Email - Perfect Father's Day Gift-Peace Through Strength Eagle Statue-\$74.95! - Ronald Reagan Presidential Foundation and Library

Frank Lloyd Wright (American architect) -- Encyclopedia Britannica

David (marble sculpture by Michelangelo) -- Encyclopedia Britannica

Muhammad (prophet of Islam) -- Encyclopedia Britannica

Male faces 'buttressed against punches' by evolution

Rats shown to feel regret over bad decisions CIO

<888> 06/09/14 Monday 2:55 A.M. To have the ability to hook up and conference with my Verizon, Optimum Voice, and OPiTalk VOIP telephone lines, I bought Nortel Avaya Networks M3903 Business Digital Enhanced 4 Line PBX Phone with Stand for \$17.99 with free shipping.

Here is the manual <https://downloads.avaya.com/css/P8/documents/100170604> CIO

<888> 06/09/14 Monday 1:05 A.M. I found these other phones <http://www.polycom.com/products-services/voice/desktop-solutions.html> .

I ate half the remaining Chef's salad with blue cheese and extra virgin olive oil dressing and a 12 ounce glass of A&W root beer. CIO

<888> 06/08/14 Sunday 11:40 P.M. I threw out the garbage. I went downtown to CVS on Greenwich Avenue. I said hello to a Greenwich Housing Authority official. I bought buy one get one free of CVS 120 capsule 1200 mg fish oil for \$9.79 both, buy one get one free of CVS 60 capsule B-100 balanced for \$13.79 both, a 18 double roll bundle of Scott extra soft toilet paper for \$6.99, two 64 ounce Clorox concentrated bleach for \$2 each and \$2.19 tax for \$36.76 total. I then went further downtown. I chatted with a relative on my wireless telephone. They have pink, purple, and white periwinkle plants planted at the veterans

monument downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I used the bathroom at Starbucks. I chatted with a regular. I stopped by CVS again. I bought a <https://www.oldebrooklynlantern.com/> for \$6.49 and \$1.63 off with a CVS 25% off coupon and .31 tax for \$5.17 total. I chatted with two Chipotle customers. I mentioned that I once knew the owner of the Times Mirror Company that lived in Ocean Side, California on a 40 acre avocado ranch in a Buckmaster Fuller house which was near Camp Pendleton. While walking down Greenwich Avenue, I overheard two men talking about guns. I sat out for a while after my walk. I then returned home. I said hello to a neighbor. I put away my purchases. I had a message on my answering machine. The TD Bank uses one of these \$159 Cisco SPA525G2 5-Line IP Phone and there is this cheaper model \$94.15 Cisco SPA 504G 4-Line IP Phone with other models listed on the bottom of the web page and \$63.24 Cisco SPA 303 3-Line IP Phone . I am not sure if they work with regular telephone lines or not. Features for the three line Cisco phone [http://www.cisco.com/c/en/us/products/collateral/collaboration-endpoints/small-business-spa300-series-ip-phones/data sheet c78-601648.html](http://www.cisco.com/c/en/us/products/collateral/collaboration-endpoints/small-business-spa300-series-ip-phones/data_sheet_c78-601648.html) . However, in a picture I found, it only has one regular telephone port and two Ethernet ports, so the Cisco IP phones are not good for regular multi telephones. I put two CVS D alkaline batteries in the Brooklyn lantern, and I set it on the left front of bedroom desk on the mouse pad. CIO

<888> 06/08/14 Sunday 6:25 P.M. I chatted with a friend who is putting in his air conditioners.

Canon imageCLASS D530 MFP Up to 26 ppm Monochrome Laser Printer \$69.99 with free shipping with coupon code "EMCPDPD64".

\$79.99 with free shipping Ricoh Aficio SP 311SFNw B&W All-In-one Laser Printer, 30ppm Print Speed, 1200x600 dpi, 250-Sheet Paper Tray Capacity, USB 2.0 - Print, Copy, Scan, Fax

\$44.95 with free shipping Ricoh Aficio SP 311DNw B&W Laser Printer, 30ppm Speed, 250 Sheets Standard Tray, 1200x600 dpi, USB 2.0, 10/100Base-TX Ethernet

\$23.99 with free shipping Olympia Tools 85-404 Pack-N-Roll Mesh Rolling Cart

I chatted with a friend. I will now shower and clean up and go out. CIO

<888> 06/08/14 Sunday 4:25 P.M. I woke up at 3 P.M.. I chatted with a relative. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I made my bed.

This is suppose to be healthy for you <http://www.oilpulling.com/> . CIO

End of Scott's Notes week of 06/08/14

<888> 06/08/14 Sunday 12:50 A.M. \$74.99 with free shipping refurbished ASUS MeMO Pad ME172V-B1-WH VIA WM8950 1GB Memory 7.0" 32 GB Touchscreen Tablet Android 4.1 (Jelly Bean) and \$67.49 with coupon code "MASTERPASS10" with MasterPass checkout.

George Bush reaches a milestone on journey that began in Greenwich

I will now send out my weekly notes. I will then go to bed. CIO

<888> 06/07/14 Saturday 11:55 P.M. Queen honoured with renaming of Paris flower market

The Queen honours the war dead in France

Queen 'stirred' by D-Day memorials

World leaders mark D-Day in France

The Queen attends Epsom Derby straight from France

The Queen celebrates coronation anniversary with morning horse ride CIO

<888> 06/07/14 Saturday 11:05 P.M. I took my large plastic yellow mixing bowl. I ripped 60% of a head of the cello iceberg lettuce into small 2 to 3 inch pieces, and I put it in the bowl. I then cut 40 baby carrots into quarters lengthwise, and I added it to the bowl. I then cut 8 ounces of Dak canned ham into 1/4 inch by 1.5 inch by 3/8th inch pieces and added it to the bowl. I then cut three Vlassic kosher dill pickle spears into small chunks and added them to the bowl. I then cut five ounces of www.cabotcheese.com extra sharp Vermont cheddar cheese into small half inch by 3/4th inch by by half inch chunks, and added it to the bowl. I then added 20 Lindsay California extra large pitted olives cut in half lengthwise. I then peeled and diced a medium Bermuda red onion, and I added it to the bowl. I then added one peeled and diced into half inch chunks Hass avocado. I then added three diced plum tomatoes. I then added 3 ounces of Chatham Village Caesar croutons. I then put some McCormick ground peppercorns on the mixture. I then added about a third of a cup of grated parmesan and Romano cheese to the bowl. Next I added three tablespoons of Hormel bacon bits to the bowl. I then mixed it all together with my Canadian Goose salad mixing fork and spoon. I then put one third of the salad mixture in a separate mixing bowl, and I refrigerated the other two thirds. In the separate mixing bowl, I then added about two ounces of Kraft blue cheese dressing and about two ounces of extra virgin olive oil and I then mixed it all with my Canadian Goose wooden fork and knife set. I put the Chef's salad on a dinner plate, and I ate it with a fork and a 12 ounce glass of A&W root beer. CIO

<888> 06/07/14 Saturday 9:30 P.M. I threw out the shipping box. I went by the A&P Fresh. I bought two 5 ounce Chatham Village Caesar croutons for \$1.50 each, plum tomatoes for \$1.99 a pound for \$1.99, a head of Foxy iceberg lettuce for \$1.99, two small

Bermuda red onions for \$1.99 a pound for \$1.05, two Hass avocados for \$1 each and .75 can return for \$9.28 total. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I chatted with a relative on my wireless telephone. I stopped by CVS, and I used the bathroom. I bought buy one get one 50% off of Edge sensitive skin shave gel for \$3.49 and \$1.74 plus .33 tax for \$5.56 total. I then finished my walk. I then returned home. I picked up the mail. I chatted with a relative. I put away my purchases. CIO

<888> 06/07/14 Saturday 6:15 P.M. I will now go downtown for a walk. CIO

<888> 06/07/14 Saturday 5:40 P.M. <http://www.belmontstakes.com/racing/contenders.aspx>

<http://www.belmontstakes.com/racing/racedayinfo.aspx>

<http://bleacherreport.com/articles/2082507-belmont-stakes-2014-post-time-tv-schedule-post-positions-info>

Post Time about 6:52 P.M.. I will now shower and clean up. CIO

<888> 06/07/14 Saturday 5:00 P.M. I woke up at 2:30 P.M.. I threw out the garbage, and I chatted with a neighbor. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I made my bed. The order with tracking of https://tools.usps.com/go/TrackConfirmAction?qtC_tLabels1=9405510200883233192263 on the order for Premier 100mm Light Cigarette Tubes - 10 Boxes for \$37.20 with free shipping and \$2.36 tax for \$39.56 total arrived. On the www.foxnews.com health show, they said it is very healthy to swish food oil through one's mouth for ten to twenty minutes a day. It improves overall body health. The Belmont Stakes come on www.nbc.com at 4:30 P.M. <http://www.belmontstakes.com/> CIO

<888> 06/07/14 Saturday 8:30 A.M. I will now go back to bed. CIO

<888> 06/07/14 Saturday 8:20 A.M. I ate 7 ounces of mixed nuts and a 12 ounce glass of A&W root beer. I chatted with a friend. CIO

<888> 06/07/14 Saturday 7:10 A.M. I made 240 Premier Lights 100 MM filter Peter Stokkebye Norwegian pipe tobacco cigarettes while watching episode 1 of the "Forsythe Saga" and "Arthur". CIO

<888> 06/07/14 Saturday 3:20 A.M. I woke up at 2:15 A.M.. I ate a deli sliced ham and Swiss cheese sandwich on toasted 15 grain whole grain bread with Hellmann's olive oil mayonnaise and Utz wavy potato chips and a dill pickle slice and a 12 ounce glass of A&W root beer. I will now make cigarettes. CIO

<888> 06/06/14 Friday 9:30 P.M. I ate a 15 ounce can of Chef Boyardee lasagna and a 12 ounce glass of A&W root beer. I chatted with the same relative twice. I will now shut down the primary work computer. I will eat a muffin. I will then go to bed. CIO

<888> 06/06/14 Friday 8:30 P.M. I checked the oil on the Volvo wagon, and it is fine. I moved it near my regular parking place. I told a neighbor one of his headlights was out. I chatted with a relative. The relative told me to watch the program on D-Day on www.nbc.com . CIO

<888> 06/06/14 Friday 7:50 P.M. I ordered \$6.49 with free shipping 4 Pack of Automatic LED Night Lights - Ships Free!

Normandy Invasion (European-United States history) -- Encyclopedia Britannica

Email - Show your True Colors with our Ronald Reagan Patriotic Polo Shirt! - Ronald Reagan Presidential Foundation and Library

Blind cavefish are able to 'count'

<http://www.telegraph.co.uk/news/uknews/queen-elizabeth-II/10478107/The-Queen-to-be-guest-of-honour-at-70th-anniversary-of-D-Day.html>

http://www.washingtonpost.com/world/europe/why-queen-elizabeth-ii-was-marked-by-wii/2014/06/06/92d4e8ae-ed7e-11e3-8a8a-e17c08f80871_story.html CIO

<888> 06/06/14 Friday 6:35 P.M. Bush Family Chit Chat
http://www.michaelkranish.com/Michael_Kranish/Bush_Family_History.html . CIO

<888> 06/06/14 Friday 6:10 P.M. I chatted with a relative. I ate a half ounce of mixed nuts. I picked up the mail. The building custodian said he still has to install three more air conditioners before he checks out my air conditioners installation. I chatted with neighbors. CIO

<888> 06/06/14 Friday 5:30 P.M. Tracking is
<https://www.fedex.com/fedextrack/?tracknumbers=61290100120520166317> on the order for <http://www.honeywellstore.com/store/products/honeywell-rcw100n1000n-wired-door-chime.htm> for \$16.99 and \$5.95 shipping for \$22.94 total. CIO

<888> 06/06/14 Friday 5:10 P.M. Canon imageCLASS D530 MFP Up to 26 ppm Monochrome Laser Printer \$69.99 with free shipping with coupon code "EMCPDPD64" .

\$149.99 with free shipping Seiki 32" 720p LED TV - 3 x HDMI Input, 1 x VGA Input, 1 x USB Input, 16:9 Aspec CIO

<888> 06/06/14 Friday 4:45 P.M. I threw out the garbage. I went to my 1:30 P.M. appointment. After my appointment, I went downtown. I walked the entire length of

Greenwich Avenue and the train station area. I sat out at various location. I stopped by the Greenwich Cigar Store, and I played an Ace's High scratch card for a dollar, but the dealer had a Queen, and I only had a Jack, so I did not win the \$25 prize. I used the bathroom at the Senior and the Arts Center. I stopped the www.greenwichhardware.com, and they have wireless door bell sets there for \$30 plus tax, but they do not have wired door bell chimes. I bought a brown leather scent Christmas tree card for \$1.49 and .09 tax for \$1.58. I gave someone a dollar parking change for a dollar. I stopped the www.chase.com bank just north of Saks Fifth Avenue. I stopped the Chase Bank at the top of Greenwich Avenue, and I got \$5 change in quarters for spare parking changed. I stopped by www.makerbot.com, and I looked at their new store. After the walk, I put the new scent card on the clothes hook on the driver's side rear seat. I then returned home. The building custodian is suppose to check out my air conditioners sometime soon. CIO

<888> 06/06/14 Friday 11:45 A.M. I will now shower and clean up, and then I will go out to my 1:30 P.M. appointment early. CIO

<888> 06/06/14 Friday 11:10 A.M. I woke up at 10 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I made my bed.

<http://www.belmontstakes.com/> CIO

<888> 06/06/14 Friday 2:15 A.M. I ate one ounce of mixed nuts and the other half of the Chef's salad that I made yesterday with a 12 ounce glass of A&W root beer. I will now shut down the primary work computer, and I will go to bed. CIO

<888> 06/06/14 Friday 1:15 A.M. Email - "There is no better way to establish hope for the future..." - Ronald Reagan Presidential Foundation and Library

5 reasons to visit Holland this summer!

Cunard® Queen Mary 2 40% Savings

The Boys in the Boat | Greenwich Library | BiblioCommons

Tracking is

https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=9405510200883233192263 on the order for Premier 100mm Light Cigarette Tubes - 10 Boxes for \$37.20 with free shipping and \$2.36 tax for \$39.56 total.

<http://www.britannica.com/EBchecked/topic/492882/Ronald-W-Reagan?source=ONTHISDAY>

I chatted with a neighbor. I put away the laundry. The building custodian replaced the burnt out florescent bulb in the hallway outside my apartment today. I was planning to

drive up to Kennebunkport, Maine to visit with family on Thursday June 19, 2014, but they are doing the Renter's Rebate filing in the Community Room downstairs that day from 1 P.M. to 3 P.M., so I might drive up the following day on Friday, when there will probably be a lot of traffic.

Inquiry Urged on Site Called Mass Grave of Irish Babies - NYTimes.com

Mary Soames, Daughter of Churchill and Chronicler of History, Dies at 91 - NYTimes.com

Queen lays wreath at Tomb of Unknown Soldier in Paris

The Queen honours the war dead in France

Traces of another world found on the Moon

Windows 8 a 'threat' to China's security

D-Day 70th anniversary: World leaders gather for ceremony

D-Day 70th anniversary: Ceremonies and staged landing held CIO

<888> 06/05/14 Thursday 11:05 P.M. I loaned the other walker four cents at CVS last night. I have a 1:30 P.M. appointment this Friday afternoon June 6, 2014, so I have to be up earlier in the morning. CIO

<888> 06/05/14 Thursday 11:00 P.M. I have 40 minutes and 55 minutes to go on two dry cycles. I found 48 cents in a washer machine. CIO

<888> 06/05/14 Thursday 10:35 P.M. I put clean linens on the bed. I showered, and I cleaned up. I started two loads of laundry, and I have 10 minutes to go on the wash cycle. I threw out the garbage and the old periodical literature. I watered the plants with 15 drops of Schultz liquid plant food in each quart of water. CIO

<888> 06/05/14 Thursday 9:15 P.M. <http://www.telegraph.co.uk/news/uknews/queen-elizabeth-II/10879446/D-Day-anniversary-Queen-honours-Frances-war-dead-in-Paris.html>

<http://www.newsobserver.com/2014/06/05/3914315/queen-elizabeth-in-france-for.html>

<http://www.dailymail.co.uk/femail/article-2649650/Her-Majesty-dazzles-navy-cream-boards-Eurostar-Paris-not-makes-one-little-flower-girls-day.html>

I chatted with a relative on my Panasonic 5.8 GHz cordless telephone, and the relative can hear me just fine. CIO

<888> 06/05/14 Thursday 8:30 P.M. This two line phone is available \$60.99 with \$8.26 shipping RCA Products RCA25214 Corded Phone- 2-Line Speakerphone- Call-Wait Call-ID- BKSr

\$45.95 with free shipping RCA 1223-1BSGA , but I do not know how they sound.

The Panasonic 2 line corded phones do not have their LCD panels back lighted. CIO

<888> 06/05/14 Thursday 8:05 P.M. I chatted with another relative with my new AT&T two line telephone, and they also said it was not loud enough at their end, so I had to pick up the older Panasonic 2 line telephone for them to hear me properly. I guess, when I can afford it, I could order the new Panasonic 2 line corded telephone without answering machine, but for now I am fine. I think the three Panasonic 5.8 GHZ cordless telephones which have voice enhancer are loud enough on the called party's end, but they are not loud enough on my end. It is getting to be like that old move "Brazil" that I never saw that was out about fifteen years ago, where everything was so high tech, nobody knew how to use the devices except for the technicians. CIO

<888> 06/05/14 Thursday 6:55 P.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. CIO

<888> 06/05/14 Thursday 6:00 P.M. For the bedroom wired door bell chime, I bought <http://www.honeywellstore.com/store/products/honeywell-rcw100n1000n-wired-door-chime.htm> for \$16.99 and \$5.95 shipping for \$22.94 total. CIO

<888> 06/05/14 Thursday 5:25 P.M. I chatted with a relative at 10 A.M.. I woke up at 4 P.M.. I picked up the mail. The order with tracking of https://tools.usps.com/go/TrackConfirmAction?qtC_tLabels1=9400109699938496086833 on the order for \$4.29 with free shipping 24 Ft 25' 25 Foot ATT Avaya Lucent Black Receiver Handset Phone Cord Free Ship arrived. I put it on the Panasonic 2 line phone in the living room. I the black 25 foot cable from the Panasonic phone to the bathroom telephone. I stored the white 25 foot cable in the night stand lower drawer on the right side of the bed in the bedroom. The bedroom Blue Bells of Scotland door bell is not working again. I moved the living room wireless door bell base from underneath the telephone tea table in the living room to the hallway, so it can be heard in the bedroom. CIO

<888> 06/05/14 Thursday 7:25 A.M. I ate three ounces of mixed nuts. I took three telephone numbers off the three Panasonic 5.8 GHz cordless telephones, and I put three more on them for the maximum of 50.

Flower market in Paris named after Queen on state visit

<http://www.bing.com/videos/search?q=Queen+Elizabeth+arrives+in+Paris&qpv=Queen+Elizabeth+arrives+in+Paris&FORM=VDRE>

I will now shut down the primary work computer. I will then go to bed. CIO

<888> 06/05/14 Thursday 6:20 A.M. When I called up France, I made a mistake, and I used my www.optimumvoice.com/ line by mistake. It also works the same way as VOIP, and the rates are also pretty much the same <https://voice.optimum.net/International/MyPlan> , so technically with my two line phone with OPiTalk www.cheapvoip.com and www.optimumvoice.com , I could work as a telephone operator placing cheap conference calls between two international locations for a nickel a minute or less, but they probably would not want me listening as a third party. Also one can place remote overseas calls from another device with this option <https://www.optimum.net/pages/pages/international/how-to.html> . I set up my three cell phones and my Verizon home phone to use Optimum International Calling. The Optimum remote dialing access number is 1-917-529-5500 which I put into my speed dials. However, I do not have long distance on my Verizon number, so I can not dial the access number, but it works just fine on my three cell phones, so I can use them to call over seas for the domestic cell phone charge plus pennies a minute for the overseas charge. That includes my Obama phone. CIO

<888> 06/05/14 Thursday 3:40 A.M. With my OPiTalk device and www.cheapvoip.com , I called up <http://france.usembassy.gov/contact.html> at 011-33-1-42122222 to let them know the Queen of England is arriving Paris by train today, in case they did not know. When I was in Paris after the Winter Olympics in Albertville, France in February, 1992, there were hundreds if not thousands of British Landrovers <http://www.landrover.com/gb/en/lr/> parked all over the streets and sidewalks of Paris, so the British when they arrive in Paris to tend to stand out a bit. CIO

<888> 06/05/14 Thursday 3:25 A.M. C'est ferme <http://www.ritzparis.com/en/contact>

<888> 06/05/14 Thursday 3:25 A.M. <http://www.lemonde.fr/> CIO

!!!!!! <888> 06/05/14 Thursday 2:15

A.M. <http://www.royal.gov.uk/LatestNewsandDiary/Visitsandevents/StateOpeningofParliament2014.aspx>

http://www.youtube.com/watch?feature=player_embedded&v=xfhx5HH5_M State Opening of Parliament Video.

<http://www.royal.gov.uk/LatestNewsandDiary/Pressreleases/2014/DDay70thAnniversaryCommemorationeventsinNormandy.aspx> CIO

<888> 06/05/14 Thursday 1:50 A.M. [Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report](#)

[Email - Live Webcast: Honoring the Life and Legacy of Ronald Reagan - Ronald Reagan Presidential Foundation and Library](#)

GSA2014 - Topical SessionsCunard® New Single State Rooms on SaleGeorge III (king of Great Britain) -- Encyclopedia BritannicaTree bumblebee: 'Record sightings' for invasive bee CIO

<888> 06/05/14 Thursday 1:30 A.M. I took my large metal mixing bowl. I ripped 40% of a head of the cello iceberg lettuce into small 2 to 3 inch pieces, and I put it in the bowl. I then cut 25 baby carrots into quarters lengthwise, and I added it to the bowl. I then cut 8 ounces of Dak canned ham into 1/4 inch by 1.5 inch by 3/8th inch pieces and added it to the bowl. I then cut three Vlassic kosher dill pickle spears into small chunks and added them to the bowl. I then cut four ounces of www.cabotcheese.com extra sharp Vermont cheddar cheese into small half inch by by 3/4th inch by by half inch chunks, and added it to the bowl. I then added 20 Lindsay California extra large pitted olives cut in half lengthwise. I then peeled and diced and a half of a Bermuda red onion, and I added it to the bowl. I then added about a quarter of a cup of grated parmesan and Romano cheese to the bowl. Next I added three tablespoons of Hormel bacon bits to the bowl. I then added about three ounces of Kraft blue cheese dressing and about three ounces of extra virgin olive oil and ground whole black peppercorns. I then mixed it all with my Canadian Goose wooden fork and knife set. I put half on a dinner plate, and I refrigerated the other half. I ate it with a fork and a 12 ounce glass of A&W root beer. CIO

<888> 06/04/14 Wednesday 11:55 P.M. I did not get any mail today. I went downtown to CVS, and I picked up a prescription. I bought buy one get one free of 10 packs of AA CVS alkaline batteries for \$7.29 both and .46 tax for \$7.75 total. I then went further downtown. I chatted with a relative on my wireless telephone. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I ran into another local walker, and we went back to CVS together. I bought a 16 double roll bundle of Charmin extra strong toilet paper for \$9.99 and .63 tax for \$10.62 total. I then walked back down Greenwich Avenue and departed from the other walker. At Starbucks, I chatted with a couple from California about various sailing ports. I chatted with an insurance underwriter and a regular. I used the bathroom at Starbucks. I then went by the Stop and Shop. I bought buy one get one free of 9.5 ounce wavy Utz potato chips for \$4.29 both, a head of cello iceberg lettuce for \$1.99, and a Bermuda red onion for \$1.99 a pound for .80 for \$7.08 total. I then went by the Putnam Shell at 401 West Putnam Avenue, and I bought \$11 of self service V-Power premium gasoline for \$4.399 a gallon with a dime a gallon off with my Stop and Shop card benefits for 2.501 gallons at odometer reading of 107781 miles for 32 miles driving since Friday May 30, 2014 for 12.795 miles per gallon in mostly local night traffic. I then returned home, and I put away my purchases. I was told that the Cambridge and Boston areas are full of homeless people. CIO

<888> 06/04/14 Wednesday 6:45 P.M. I chatted outside twice and chatted with neighbors. The mail person came at 6 P.M.. I chatted with a relative and a neighbor. I will now shower and clean up and go out. CIO

<888> 06/04/14 Wednesday 5:00 P.M. I woke up at 3 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I made my bed. www.optimum.net called up, and I discussed with them my Digital Cable TV package. I decided to pay \$32 more a month, so I can get www.foxnews.com and www.foxbusiness.com along with a number of other channels in the Preferred Cable TV package. Thus my bill will go from about \$155 a month for all three services to around \$185, but I will have a lot more television content. I went outside briefly. The building custodian is going to check my apartment air conditioners tomorrow afternoon. CIO

<888> 06/04/14 Wednesday 4:40 A.M. I ate a muffin. I will now shut down the primary work computer. I will then go to bed. CIO

<888> 06/04/14 Wednesday 4:25 A.M. I watched "The Adventurer, the Curse of the Midas Box". CIO

<888> 06/04/14 Wednesday 1:55 A.M. A new leash on life: Dogs find loving home CIO

<888> 06/04/14 Wednesday 1:25 A.M. I ate three ounces of mixed nuts. CIO

<888> 06/04/14 Wednesday 12:55 A.M. My www.cl-p.com electricity bill for May 2014 was \$236.74 for 1387 kWh for 32 days for 43.34 kWh per day with an average temperature of 61.5 degrees Fahrenheit.

For May 2013, it was \$192.80 for 1284 kWh for 32 days and 40.12 kWh per day with an average temperature of 61.6 degrees Fahrenheit. CIO

<888> 06/04/14 Wednesday 12:45 A.M. Cunard® Over 60 Mediterranean Voyages are on Sale

<http://www.ccfa.org/what-are-crohns-and-colitis/what-is-crohns-disease/>

Abraham Lincoln in the Kitchen

Lake Forest College - Foresters Forever

At <https://www.myprepaidrefill.com/> for my Nokia Windows 8 GoPhone, I put on \$25 on the account for a \$27.29 charge with tax for a balance now of \$259.64 good until September 1, 2014, at which time I have to refill it again to keep the balance. At 10 cents a minute, it is 43.27 hours of domestic talk time. CIO

<888> 06/03/14 Tuesday 11:35 P.M. I cooked and ate the other half or 5.25 ounces or three fish filets and the other half or 11 onion rings, which I ate with a 12 ounce glass of A&W root beer. I think the reason it is slower in Greenwich is that now that the Republican Party is out of power in the Executive branch of the Federal government and the City of

New York, the Republicans are back in town at their permanent residents, and the Republican do not go out as much, and prefer to stay at home working on whatever they work on. CIO

<888> 06/03/14 Tuesday 10:25 P.M. I threw out the garbage. I went out, and I went by CVS on Greenwich Avenue briefly. I then went by the Stop and Shop, and I chatted with a local resident. I bought a 42 ounce Quaker Old Fashioned Oatmeal for \$4.99, four 15 ounce cans of Chef Boyardee lasagna for .88 each, a 8 ounce Stop and Shop grated parmesan and Romano cheese for \$3.99, a 64 ounce Ocean Spray cranraspberry juice for \$3.69, a 64 ounce Ocean Spray crangrape juice for \$3.69, two 12 ounce generic honey for \$2.50 each, a quart jar of Vlassic kosher dill pickles for \$2, a five quart box of Stop and Shop powdered milk for \$7.29, bananas for .79 a pound for \$2.17, two tubs of deli sliced Stop and Shop black forest ham for \$2.50 each, a 15 ounce Smart Balance Omega spread for \$3.69, a 16 ounce package of Stop and Shop deli sliced Swiss cheese for \$5.49, a quart of Dannon low fat vanilla yogurt for \$3.19, buy one get one free of Thomas' six packs of English muffins for \$4.29 both for \$61 total. I then returned home, and I put away my groceries. I chatted with two relatives. CIO

<888> 06/03/14 Tuesday 7:05 P.M. I will now shower and clean up. CIO

<888> 06/03/14 Tuesday 6:30 P.M. <http://www.themacallan.com/>

I put the 50 ounces of Peter Stokkebye Turkish pipe tobacco in 10 Ball Mason jars with 5 ounces in each jar. I picked up the mail. It is raining outside. If I went out, I might melt. CIO

<888> 06/03/14 Tuesday 5:25 P.M. I woke up at 4 P.M., when I had a telemarketing call for seniors. I sat outside chatting with neighbors. I said hello to a Greenwich Housing official. The order with tracking of UPS: Tracking Information and https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=92612924912489551015550708 on the order for 50 ounces at \$1.59 a ounce Peter Stokkebye 84 Turkish for \$79.50 with free shipping arrived. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I made my bed. CIO

<888> 06/03/14 Tuesday 5:20 A.M. This is the air conditioner that fits in the special air conditioner window openings at 71 Vinci Drive Frigidaire FRA086AT7 8,000 Cooling Capacity (BTU) Window Air Conditioner for \$266 less 15% with promo code "WINDOWAC" ends 6/17/14, but it is also available at Walmart for about the same price <http://www.walmart.com/ip/14321334?wmlspartner=wlp&selectedSellerId=0&adid=2222222227009531122&wl0=&wl1=g&wl2=c&wl3=42145912150&wl4=&wl5=pla&wl6=34189454470&veh=sem>

I will now shut down the primary work computer. I will eat a muffin. I will then go to bed. CIO

<888> 06/03/14 Tuesday 4:45 A.M. I moved the Panasonic KX-TG6700 remote cordless phone from the telephone tea table in the living room to the small brass and glass table in front of the www.harvard.edu chair and near the legal chair in the living room to have available for communications at that location. On a minor note on the economic front a relative observed today that rolls of toilet paper are getting smaller, so technically they are more expensive. I noticed while at the Stop and Shop this past evening that a customer who was chatting about Israel, so he is probably cheap and Jewish was buying a hundred dollars of paper towels, so I guess paper towels will be getting more expensive too, so one better stock up on paper products, if one has not already done so, to hedge against inflation. CIO

<888> 06/03/14 Tuesday 3:50 A.M. These used Panasonic KX-TMC98-B two line phones http://www.ebay.com/sch/i.html?_sacat=0&_from=R40&_nkw=KX-TMC98-B&_sop=15 are available, but they would still have the weak LCD screens that are not lit up, and possibly fading like mine; so I don't think it is worth buying the cheapest one for \$32.95 with free shipping. I did improve my unit by cleaning the LCD screen with Ronson lighter fluid, so it is a little bit clearer. However, when the sun shines in on it, it would still be hard to read. My new AT&T phone LCD screen lights up, so it is much easier to read. There is also this used two line telephone http://www.ebay.com/itm/Panasonic-KX-TSC14W-2-Line-Corded-Telephone-Phone-White-NIB-/181421281950?pt=US_Corded_Telephones&hash=item2a3d8d129e for \$27 with free shipping.

In the latest model Panasonic two line phone corded without answering machine the best deal coming from the Rockefeller area http://www.ebay.com/itm/Panasonic-Kx-Ts3282B-Black-Business-Phone-/151315490146?pt=US_Corded_Telephones&hash=item233b1b2562 for \$59.99 with free shipping, but one can get it for \$10 cheaper in a slightly used demo unit here http://www.amazon.com/gp/offer-listing/B00009MVHF/ref=dp_olp_used?ie=UTF8&condition=used . I really do not need another telephone myself.

This is the only Panasonic multi line corded phone with answering machine <http://shop.panasonic.com/shop/model/KX-TS4300B> and one can buy it refurbished here for about \$90 http://www.amazon.com/gp/offer-listing/B000LBXBJA/ref=dp_olp_refurbished?ie=UTF8&condition=refurbished . Thus from my perspective my http://www.ebay.com/itm/AT-T-Speakerphone-ML17939-/151302016445?pt=US_Corded_Telephones&hash=item233a4d8dbd for \$25 and \$6 shipping for \$31 total was the best deal. I still have with new batteries the http://panasonic.factoryoutletstore.com/Category/CategoryListNoCache.aspx?category_id=0&search_term=KX-TG6700B&cid=12754&chid=1&gclid=CIDY_r6b3b4CFVJnOgodynoAVg with two extra hand sets with new batteries which is a very expensive two line cordless phone system with answering machine. I do not use its answering machine. CIO

<888> 06/03/14 Tuesday 12:10 A.M. [Biltmore Wine Email Newsletter](#)

The 5th International MAAR Conference | November 17-22, 2014. Querétaro, MX

Bring Them Home, Now! | CREDO Mobilize

Elizabeth II (queen of United Kingdom) crowned Queen on this day -- Encyclopedia Britannica

Constantine II (king of Greece) -- Encyclopedia Britannica

Scots Are Divided Over Independence, and Its Economic Costs - NYTimes.com

Spanish cabinet to discuss King Juan Carlos's abdication

'Godzilla of Earths' identified CIO

<888> 06/02/14 Monday 11:25 P.M. I cooked and ate half or 5.25 ounces or three fish filets and half or 11 onion rings, which I ate with a 12 ounce glass of A&W root beer. CIO

<888> 06/02/14 Monday 10:15 P.M. I chatted with two relative. A relative whose three old Uniden cordless phones were going on the blink bought Panasonic DECT 6.0 Plus Link to Cell via Bluetooth w/ 4 Handsets at their local Sam's Club. The relative will have somebody hook them up tomorrow. I went out to the www.chase.com bank ATM at 19 West Putnam Avenue. I then sat out downtown for a while watching a few local walkers. I chatted with somebody about the history of unknown Greenwich. I then drove down by the waterfront on Steamboat Road. The construction project across the street from 600 Steamboat Road seems to be progressing. There were three fishermen on the pier. The Port-O-Potty is still down on the end of Steamboat Road. It seems perfectly normal down there. There is a small yacht at the http://www.thedelamar.com/. I then went by the Stop and Shop. They have a lot of their refrigeration counters empty for cleaning. I bought a 10.5 ounce Gorton's frozen fish filets for \$3.99 and a 13 ounce Alexia frozen onion rings for \$3.50 for \$7.49 total. There was somebody in the parking lots with a broken motorcycle. I chatted with somebody in French. CIO

<888> 06/02/14 Monday 7:25 P.M. I threw out the garbage. I went by the www.chase.com bank at 19 West Putnam Avenue. I then went by the Wells Fargo Bank on Havemayer Place, and I paid my rent to the Greenwich Housing Authority. They are in the process of removing the basement of the former Greenwich Fire House to build the new Fire House. I then went downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by the www.greenwichhardware.com, and I bought a black 25 foot RCA Phone Handset Coil Cord for \$6.29 and .40 tax for \$6.69. I then picked up a prescription at CVS. I bought a five pack of Bic 2X lighters for \$7.29 and .46 tax for \$7.75 total. On the way down Greenwich Avenue, a shop keeper had discarded on the street an HP LaserJet printer, but when I returned with my Volvo wagon it was gone. I returned home, and I picked up the mail. I chatted with a neighbor. I put the 25 foot RCA headset cable on the new AT&T two line phone. I moved the older black 25 foot headset cable to the Panasonic 2 line

phone. I moved the white 25 foot headset cable back to the AT&T Princess wall phone in the bathroom. I moved the short black AT&T headset cable back to the AT&T two line phone box behind the bedroom television setup. I went outside with a broom, and I fished out of the dumpster a plastic lens cover for my bathroom light fixture above the toilet, and I installed it where the broken one had fallen off about a year ago. With the lens cover on, it is a bit darker in the bathroom, but there is no harsh glaring light. CIO

<888> 06/02/14 Monday 2:20 P.M. I will now shower and clean up. I will then go downtown. CIO

<888> 06/02/14 Monday 1:25 P.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I made my bed. CIO

<888> 06/02/14 Monday 12:35 P.M. I went back to bed until 12:15 P.M..

King Juan Carlos of Spain abdicates CIO

<888> 06/02/14 Monday 7:40 A.M. I woke up at 7:30 A.M.. I drank a 12 ounce glass of A&W root beer. CIO

<888> 06/02/14 Monday 12:45 A.M. Remembering the Victims of Communism

24 Seven Exclusive: 24 SEVEN speaks to the CEO of the Aga Khan Development Network about MNCH - YouTube

Solar plane makes inaugural flight

I will now shut down the primary work computer, and I will go to bed. CIO

<888> 06/02/14 Monday 12:10 A.M. I took a frozen 23 ounce Franchetta Pepperoni Supreme pizza, and I put it on the Farberware Convection oven rack, and I seasoned it garlic powder, ground black pepper, oregano, celery salt, grated parmesan and Romano cheese and extra virgin olive oil, and I put it in the 400 degree preheated Farberware convection oven middle rack place, and I baked it for 16 minutes. I took it out, and I cut it into four slices on the wooden cutting board with the pizza cutter, and I ate it off a dinner plate with knife and fork along with a 12 ounce glass of A&W root beer. CIO

<888> 06/01/14 Sunday 10:40 P.M. I chatted with a friend. I went downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I used the bathroom at Starbucks. I chatted with a regular. On my wireless, I chatted with a relative and a friend. I stopped by CVS. I then returned to my Volvo wagon. I then went back to CVS. I bought six 12 packs of 12 ounce cans of Schweppes Ginger Ale for two for \$7 for \$21 and \$3.60 can deposit and \$1.34 tax for \$25.94 total. I then returned home. I used my little folding cart to bring up the Schweppes, and then I put

the cart back in the Volvo wagon. I printed out two copies of the Microsoft Money 2007 Income versus Spending report for May 2014, and I have one copy read to mail to an interested relative. I used one forever stamp on it. CIO

<888> 06/01/14 Sunday 6:10 P.M. On the primary computer, I ran some maintenance utilities. I will now shower and clean up. CIO

<888> 06/01/14 Sunday 4:20 P.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I made my bed. CIO

<888> 06/01/14 Sunday 3:25 P.M. I woke up at 2:30 P.M.. Now that it is June 1, I figure a lot of the "Old Guard" have returned from Florida for their summer adventure in the peaceful back water of Greenwich, Connecticut USA. CIO

End of Scott's Notes week of 06/01/14

<888> 06/01/14 Sunday 3:25

A.M. <http://www.greenwichtime.com/news/slideshow/Greenwich-Concours-d-Elegance-86887.php>

I will now send out my weekly notes. I will then shut down the primary work computer. I will eat a muffin, and then I will go to bed. CIO

<888> 06/01/14 Sunday 2:05 A.M. Tracking is

https://tools.usps.com/go/TrackConfirmAction?qtC_tLabels1=9400109699938496086833 on the order for \$4.29 with free shipping 24 Ft 25' 25 Foot ATT Avaya Lucent Black Receiver Handset Phone Cord Free Ship .

Tracking is UPS: Tracking Information on the order for 50 ounces at \$1.59 a ounce Peter Stokkebye 84 Turkish for \$79.50 with free shipping.

<http://www.britannica.com/EBchecked/topic/177481/Clint-Eastwood?source=ONTHISDAY>

W. Mark Felt, Sr. (United States government official) -- Encyclopedia Britannica

http://en.wikipedia.org/wiki/Mark_Felt

16 Foods for a Long, Healthy Life

3D printed guns 'of no use to anyone' CIO

<888> 06/01/14 Sunday 12:50 A.M. http://en.wikipedia.org/wiki/Osage_Nation .

Old News http://en.wikipedia.org/wiki/Harry_Oakes . CIO

<888> 07/31/14 Thursday 1:45 P.M. I printed out two copies of the Microsoft Money 2007 Income versus Spending report for July 2014, and I mailed one copy in the mail room downstairs with a forever stamp to an interested relative. I sat outside for a while chatting with neighbors. I will now shut down the primary work computer. I will eat 8 ounces of Dannon vanilla yogurt. I will then go to bed. CIO

<888> 07/31/14 Thursday 12:25 P.M. Man on FBI's Most Wanted list in custody

I ordered \$12.99 with free shipping Netgear WNR2000 300 MBPS 10/100 Wireless N Router with 4-Ports (WNR2000-100NAS) - Reconditioned At that price, it does not hurt to have a spare high speed wireless router, as if I did not have enough. CIO

<888> 07/31/14 Thursday 11:25 A.M. I threw out the garbage. I went downtown. The men's bathroom was locked again at Starbucks, but I was able to use the bathroom at the Senior and the Arts Center. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by the Greenwich Cigar store, and I bought an Ace's High scratch card for a dollar, but I lost. I stopped by CVS, and I bought two 17.5 ounce low salt deluxe premium mixed nuts without peanuts for \$6.99 each, a Hefty 22 bag quart storage bags for \$3, and a Hefty 13 bags gallon freezer bags for \$3 and .38 tax for \$20.36 total. I chatted with a local walker. After my walk, I sat out for a while. I then returned home. It was pretty slow downtown this morning, so I guess everyone has gone away for August vacation this time of year. We still might get some traveling tourists coming our way as they work their way further up north to the resort areas. While I was out, I used the 5 volt micro usb power adapter to charge up the Iview tablet, and it is now fully charged. I leave it plugged in to keep it fully charged. I have a spare 5 volt micro usb power adapter that I leave plugged into the Nokia Windows 8 Go Phone. CIO

<888> 07/31/14 Thursday 7:50 A.M. I ate the last of the Chef's salad that I made four days ago with Ken's chunky blue cheese dressing and extra virgin olive oil and a 12 ounce glass of Canada Dry ginger ale. I will now go downtown to Greenwich Avenue for a walk. CIO

<888> 07/31/14 Thursday 6:50 A.M. For www.chase.com customers with Android devices, there is this app
<https://play.google.com/store/apps/details?id=com.chase.sig.android&hl=en> . CIO

<888> 07/31/14 Thursday 6:45 A.M. I rehung the clean shower curtain and liner and also hung the rubber mildew free bath mat to dry. On the Iview tablet it was not charging. It came with a 4.5 volt mico usb charger that worked, when I first got it. I tired a 5 volt micro usb charger from the Nokia Windows 8 GoPhone, and it started charging. This says here the Iview tablets are suppose to use 5 volt mico usb chargers
<http://www.iviewus.com/default/adapter-776-tpc.html> , but for now it is charging with the 4.5 volt mico usb charger that came with it. Possibly it came with the wrong mico usb charger. CIO

<888> 07/31/14 Thursday 5:40 A.M. I have 20 minutes to go in washing the shower curtain, shower liner, and bath mat with liquid detergent and a lot of bleach. CIO

<888> 07/31/14 Thursday 5:10 A.M. Tracking is <http://wwwapps.ups.com/tracking/tracking.cgi?tracknum=1ZEW9678YW42963444> on the order for 80 ounces of Peter Stokkebye 84 Turkish for \$1.46 an ounce for \$116.80 with free shipping.

The Case Against a Mammoth Frick Collection Addition - NYTimes.com

Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report

I put away the clean laundry.

Broody octopus keeps record-breaking four-year vigil

Moon mystery: Why our Earth's satellite is lemon-shaped

Robot 'learns to keep going with broken leg' CIO

<888> 07/31/14 Thursday 4:10 A.M. \$49.99 with free shipping Brother® HL-2240 Mono Laser Printer CIO

<888> 07/31/14 Thursday 3:45 A.M. I have 50 minutes to go on two dry cycles. CIO

<888> 07/31/14 Thursday 3:20 A.M. I put clean linens on the bed. I showered, and I cleaned up. I started two loads of wash, and I have five minutes to go on the wash cycles. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 07/31/14 Thursday 1:30 A.M. I woke up at 6 P.M.. I picked up the mail. The order with tracking of <https://tools.usps.com/go/TrackConfirmAction?qtctLabels1=9274892259000111074748> on the order for \$6.98 with free shipping Pogoplug POGO-V4-A1-01 Mobile for iPhone/iPad And Android Devices and the order with tracking of <https://tools.usps.com/go/TrackConfirmAction?qtctLabels1=9400109699937743559229> on the order for [http://www.ebay.com/itm/Folio-Case-W-Stand-for-7-Leader-XO-Vision-IView-Visual-Land-Skytex-Tablet-/220953187657?pt=Other Tablet eReader Accessories&hash=item3371d61549](http://www.ebay.com/itm/Folio-Case-W-Stand-for-7-Leader-XO-Vision-IView-Visual-Land-Skytex-Tablet-/220953187657?pt=Other%20Tablet%20eReader%20Accessories&hash=item3371d61549) for \$6.99 and \$1.99 shipping for \$8.98 total arrived. I chatted with a relative and a friend. I went back to bed, and I woke up at midnight. I ate breakfast of oatmeal with honey and milk, two pieces of whole wheat toast with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. CIO

<888> 07/30/14 Wednesday 11:25 A.M. I will now shut down the primary work computer. I will then go to bed. CIO

<888> 07/30/14 Wednesday 11:00 A.M. Dean details intricacies of Nixon tapes

Summer - The Holland Cool way

Hummingbirds edge out helicopters in hover contest

CIO

<888> 07/30/14 Wednesday 10:10 A.M. On the Iview tablet, I updated the operating system and then reset it. I configured some of the default programs on it. I backed up some individual files from the primary work computer to the Rosewell external hard drive. I ate a serving of the salad that I made two days ago with Ken's chunky blue cheese dressing and extra virgin olive oil and ground black pepper and a 12 ounce glass of Canada Dry Ginger Ale. CIO

<888> 07/30/14 Wednesday 5:50 A.M. Western Junior High street has been repaved, but they still need to put the stripes on it.

I ordered 80 ounces of Peter Stokkebye 84 Turkish for \$1.46 an ounce for \$116.80 with free shipping. CIO

<888> 07/30/14 Wednesday 5:25 A.M. I was able to install a newer version of the Netflix App on the Iview tablet, so Netflix now works on it. I showered, and I cleaned up. I installed the Rosewell SATA drive older with the new Dell Seagate 1 TB hard drive on the primary computer USB port, and I put the Ready Boost Pen Drive that I removed from that port on the USB hub. I did a Windows Complete PC backup of both partitions of the primary computer first hard drive to the Rosewell external hard drive. I have it place on top of the rear of the CPU. I moved the Radio Shack speaker phone from that location to the space behind the keyboard. I went out, and I stopped by the ATM at the www.chase.com bank at 19 West Putnam Avenue. There was somebody camping out in the doorway alcove across the street. I then went by the Putnam Shell at 401 West Putnam Avenue, and I bought \$17.01 of self service V-Power premium gasoline for \$4.469 a gallon with 13 cents of discounts with my Stop and Shop card and the station discount for 3.806 gallons at odometer reading of 109070 miles for 42.1 miles driving since Wednesday July 16, 2014 for 11.062 miles per gallon in mostly local traffic. I then went by CVS at 644 West Putnam Avenue, and bought two 17.5 ounce low salt CVS deluxe mixed nuts without peanuts for \$6.99 each for \$13.98 total. I then returned home. CIO

<888> 07/30/14 Wednesday 2:20 A.M. I ate breakfast of oatmeal with honey and milk, two pieces of whole wheat toast with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I made my bed. CIO

<888> 07/30/14 Wednesday 12:25 A.M. I woke up at 4 P.M., and the order with tracking of https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=9405510200883287440051 on the order for http://www.amazon.com/gp/offer-listing/B00HYJFXCK/ref=dp_olp_refurbished?ie=UTF8&condition=refurbished for \$29.99 and \$5.48 shipping for \$35.47 total arrived. It sells new here with free shipping for \$49.99 http://www.amazon.com/gp/product/B00HYJFXCK/ref=olp_product_details?ie=UTF8&m_e= and <http://www.iviewus.com/default/iview-774tpc-product.html>. I tested it, and it

needed to charge up a bit. It works just fine. However on the Netflix app, only the audio comes up not the video. Netflix does not work either from the web browser. The might be a newer version of the Netflix app that will work. I went back to bed. I woke up at 8 P.M., and I chatted with a relative. I finally woke up at midnight. CIO

<888> 07/29/14 Tuesday 11:45 A.M. I will now shut down the primary work computer. I will eat 8 ounces of Dannon vanilla yogurt. I will then go to bed. CIO

<888> 07/29/14 Tuesday 11:15 A.M. I chatted with an associate. The order with tracking number of "1ZX799470318976602" at www.ups.com for \$19.99 with free shipping Rosewill RX-DU300 2.5" & 3.5" USB 3.0 Hard Drive Docking arrived. CIO

<888> 07/29/14 Tuesday 11:00 A.M. I threw out the garbage. I went downtown, and I tried to use the bathroom at Starbucks, but the bathroom was locked for 15 minutes, so I walked upper Greenwich Avenue to CVS, and I used the bathroom at CVS. I finished my walk of upper Greenwich Avenue, and I then sat out for a while. I left earlier than I had planned, because they were off loading a cherry picker machine from a large flat bed truck which might have blocked my exit. I then went by the Valley Road Post Office. I then returned home. I sat outside for a while chatting with neighbors. From the sound of heavy dump trucks coming from the street, it sounds like they might be paving Western Junior Highway, which they had not done yet, when I came in. CIO

<888> 07/29/14 Tuesday 6:55 A.M. I ate serving of the salad that I made yesterday with Ken's chunky blue cheese dressing and extra virgin olive oil and ground black pepper and a 12 ounce glass of Canada Dry Ginger Ale. I will now go downtown to Greenwich Avenue for a walk. CIO

<888> 07/29/14 Tuesday 5:50 A.M. Tracking is https://tools.usps.com/go/TrackConfirmAction?qtC_tLabels1=9274892259000111074748 on the order for \$6.98 with free shipping Pogoplug POGO-V4-A1-01 Mobile for iPhone/iPad And Android Devices .

Tracking number is "1ZX799470318976602" at www.ups.com for \$19.99 with free shipping Rosewill RX-DU300 2.5" & 3.5" USB 3.0 Hard Drive Docking .

American Red Cross

Eggshells act like 'sunblock', study suggests

China regulators visit Microsoft offices

Low of 58 degrees Fahrenheit tonight. CIO

<888> 07/29/14 Tuesday 5:10 A.M. Chereskin 18 Pack Soft Woven Boxers \$24.99 with coupon code "X77MCG28" with free shipping.

\$199.99 with free shipping refurbished Microsoft Surface RT 64 10.6" Tablet PC with Nvidia Tegra 3 1.4Ghz Quad Core, 2GB DDR3 Memory, 64GB Storage, Office Home & Student 2013, Windows RT (Upgradable to Windows RT 8.1)

\$269.99 with keyboard Microsoft Surface RT Tablet - 2GB Memory 64GB 10.6" Touchscreen Windows 8 RT (G9X-00001)

Back in the 1960s during the Baby Boom Generation teenage years, when the local teenagers were more active around our waterfront in Greenwich, Connecticut, the local surfer types use to go to <http://narragansetttri.com/beach.htm> to surf the Atlantic Ocean. Obviously Long Island Sound does not have much surf. I also met a few Scottish life guards on Jones Beach, when I visited in the early 1980s. Also the south shore of www.nantucket.net which has a dangerous rip tide use to have a few surfers. One of the first times I went to Nantucket around 1970, I went with a friend from British Airways who had lived in Hawaii and Chile, so he was an excellent surfer at Surfside Beach. There is also a youth hostile at Surfside Beach and another youth hostile on Martha's Vineyard, both of which I have visited. There is also the Poors House in Bourne on Cape Cod on the bay which is owned by the Episcopal Church in Cambridge, Massachusetts, and it is not named after impoverished people, but the Standard and Poors people. The <http://churchofthemessiahwoodshole.org/> in Woods Hole, Massachusetts can refer people there. There is also a YMCA in Portland, Maine near the harbor. Also in Kennebunk, Maine near the waterfront there is the <http://www.franciscanguesthouse.com/> near <http://www.kennebunkportbeachwebcam.com/> which needs local parking permits this time of year, but one could easily walk from the guest house. Obviously come August 1, 2014, a lot of monthly vacation renters take off on their adventures while the July renters depart. CIO

!!!!!! <888> 07/29/14 Tuesday 3:05 A.M. This is new Mercedes Benz Sprinter <http://www.mbsprinterusa.com/sprinter/new-sprinter-2014> that costs \$40,000 <http://www.carpricesecrets.com/MercedesBenz/Sprinter?x=787&mkwid=mv7fUbXW&pcrid=3826637411&pmt=e&pkw=mercedes%20benz%20sprinter%20price&pse=bing> . I guess it would be handy for a wealthy ocean surfer to take off surfing in. However, it is very high, so on low parking areas, one might crash its roof. CIO

<888> 07/29/14 Tuesday 2:50 A.M. I will now shower and clean up. CIO

<888> 07/29/14 Tuesday 1:15 A.M. I woke up at 4 P.M., and I chatted with a friend. I went outside briefly, and I ate half of a 8.5 ounce bag of cheddar Chex mix. I went back to bed. I got up again at 6 P.M., and I picked up my mail, and I went outside briefly. I went back to bed, and I chatted with a relative at 8 P.M.. I finally woke up at 11:45 P.M.. I ate breakfast of oatmeal with honey and milk, two pieces of whole wheat toast with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I made my bed. CIO

<888> 07/28/14 Monday 12:45 P.M. Millstone 2 reactor shut down to fix faulty pump

I chatted with a relative. I will now shut down the primary work computer. I will eat 8 ounces of Dannon low fat yogurt. I will then go to bed. CIO

<888> 07/28/14 Monday 11:15 A.M. I threw out the garbage. I went downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS, and I bought a three pack of Essentials +2.50 reading glasses for \$14.99 less a \$3.00 CVS store coupon and \$3.60 off CVS Card Coupon and for \$8.39 total. After my walk, I sat out for a while. They have repaired the Stop sign in front of the senior and the arts center. The www.zara.com store has 70% off some items. There is a new <http://www.montecarlocollections.com/> store going in across from St. Mary's. After my walk, I used the bathroom at Starbucks. I told a regular morning person that nobody appreciates the night time perspective. I then went by the Greenwich Town Hall, I turned in my Renter's Rebate paper work for my social worker at the Department of Social Services. I chatted with the beach pass person about various waterfronts. I chatted with a retired security officer about life in Greenwich in the old days. I chatted with a DPW person about old American families. I chatted with somebody driving a large Mercedes Benz utility van type vehicle which looks quite impressive, and they cost \$45,000 new. I then went by the A&P Fresh, and I returned cans for 75 cents. I noticed another Volvo from <http://www.mtkiscovolvo.com>, so there is another Volvo dealership in the area. I then returned home to the quieter side of town. It is quite busy out there with lots of Monday morning people doing their various activities. CIO

<888> 07/28/14 Monday 6:20 A.M. Tracking is https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=00040000745138540857 on the order for \$14.79 free shipping SanDisk Class 4 C4 Ultra microSDHC micro SD HC SDHC TF Memory Card 32G 32GB W/ ADAPTER + Plastic Case SDSDQAB-032G

Jacqueline Kennedy Onassis (American first lady) -- Encyclopedia Britannica

World War I (1914-18) -- Encyclopedia Britannica

County Clerk Court Records | County-Clerks.com

Man Dressed as Spider-Man Is Arrested After Scuffle With Police in Times Square - NYTimes.com

Email - "It Can Be Done" ... Inspiring Collectibles from the Reagan Library! - Ronald Reagan Presidential Foundation and Library

<http://www.plus-cargo.com/> shipping from China

'Bad luck' ensured that asteroid impact wiped out dinosaurs

I will now go downtown for a walk. CIO

<888> 07/28/14 Monday 5:35 A.M. In my large two gallon yellow plastic popcorn bowl, I ripped up a medium small head of Foxy iceberg lettuce into one to three inch pieces. I then added fifty baby carrots cut into quarters lengthwise. I then added four large kosher dill pickle spears cut into half inch chunks. I next added four large plum tomatoes cut into quarter inch thick slices. I then added two 5 ounce cans of solid white albacore tuna fish drained and rinsed underneath cold water with the open lid on and then flaked. I then added one large peeled and diced Bermuda red onion. I then added a 10 ounce bar of Cracker barrel Vermont extra sharp cheddar cheese cut into quarter inch by quarter inch by 1.5 inch strips. I next added a 6 ounce can of Lindsay extra large pitted California black olives that I drained. I next added 5 tablespoons of Hormel bacon bits. I then added a 5 ounce bag of Chatham Village Caesar croutons. I next added five ounces of grated parmesan and Romano cheese. I then used my wooden Canadian Goose salad fork and spoon to stir up the mixture thoroughly pushing up the ingredients from the bottom towards the top letting the ingredients on top fall further down in the mixing bowl. I then put one large serving portion in a smaller mixing bowl. I put a large plastic kitchen garbage bag over the yellow plastic bowl with the rest of the Chef's salad and secured it with a twist tie and put it in the refrigerator. I then added three tablespoons of Ken's blue cheese dressing and two tablespoons of extra virgin olive oil and ground black pepper to the one serving portion in the smaller mixing bowl, and I mixed it all up, and I put it on a large dinner plate. I ate it with a 12 once glass of Canada Dry Ginger Ale. CIO

<888> 07/28/14 Monday 3:10 A.M. I made 134 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching series 9 episode 4 of "Poirot". CIO

<888> 07/28/14 Monday 12:55 A.M. Makes interesting reading. <http://www.nytimes.com/2001/07/08/style/weddings-bonnie-watson-julian-underwood.html> CIO

<888> 07/28/14 Monday 12:40 A.M. I threw out the garbage. I sat outside briefly. It is all quiet in greater remote area of extreme south western Connecticut. No unusual wildlife to report. I have a new Dell 1 TB SATA hard drive that I can use in the Rosewell Hard Drive Docking device. I can use it to do a Windows Complete PC backup of the primary work computer and also to back up my individual files like an external hard drive. I guess a lot of people are on vacation, so there is only a skeleton crew of people left around town to maintain its vast infrastructure. I will now make cigarettes. CIO

<888> 07/27/14 Sunday 11:35 P.M. I took a fairly new mauve pink bath towel, and I draped it over the seat and back of the kitchen legal chair, so it looks cleaner.

I bought \$19.99 with free shipping Rosewill RX-DU300 2.5" & 3.5" USB 3.0 Hard Drive Docking

I will now shower and clean up. CIO

<888> 07/27/14 Sunday 10:40 P.M. I bought \$6.98 with free shipping Pogoplug POGO-V4-A1-01 Mobile for iPhone/iPad And Android Devices . CIO

<888> 07/27/14 Sunday 9:35 P.M. I chatted with a relative. I ate breakfast of oatmeal with honey and milk, two pieces of whole wheat toast with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I made my bed. CIO

<888> 07/27/14 Sunday 8:10 P.M. I woke up, and I ate half of a 8.5 ounce bag of Chex cheddar mix. I finally woke up at 7:30 P.M., when I had a Republican governor of Connecticut primary survey. CIO

End of Scott's Notes week of 07/27/14

<888> 07/27/14 Sunday 9:00 A.M. <http://www.windows9update.com/>

\$49.99 with free shipping Nokia Lumia 520 GoPhone (AT&T)

I will send out my weekly notes. I will then shut down the primary work computer. I will eat 8 ounces of Dannon vanilla yogurt. I will then go to bed. CIO

<888> 07/27/14 Sunday 7:35 A.M. I chatted with a friend. Apparently the rotisserie chickens at www.costco.com are bigger than at the Stop and Shop. CIO

<888> 07/27/14 Sunday 6:15 A.M. I made and ate a 21 ounce Birds Eye Voila chicken Alfredo dinner, which I ate with a 12 ounce glass of Canada Dry Ginger Ale. CIO

<888> 07/27/14 Sunday 5:25 A.M. Up From Greenwich The New Republican Populism

Costa Concordia wreck arriving in Genoa for scrapping

The tunnels that house Goering's wine collection CIO

<888> 07/27/14 Sunday 3:45 A.M. I threw out the garbage. As I was exiting the front door, I saw a black and white medium size skunk departing from the dumpster area. The areas around the waterfront in Greenwich, Connecticut are full of skunks. I picked up the mail. CIO

<888> 07/27/14 Sunday 3:00 A.M. Well, it took about eight hours to do a thorough house cleaning. In today's modern times up north, house cleaners get about \$35 an hour, so I just did \$280 in house cleaning give or take as the crow flies. CIO

<888> 07/27/14 Sunday 2:35 A.M. I cleaned the kitchen with Lysol cleaner thoroughly. I also cleaned the stove fan and lubricated it with machine oil. I cleaned out the toaster. I put four new AA alkaline batteries in the Lysol soap dispenser, and I moved it to the left rear of the bathroom sink. I put two new AAA alkaline batteries in the Hipo weather

display on the FIC server, and it works just fine. I dusted the entire apartment. I cleaned with Windex all of the mirrors and pictures in the apartment. I have thus done a complete apartment cleaning for the first time in 15 months. The Old Guard Dutch like to have a clean environment. I will now shower and clean up. CIO

<888> 07/26/14 Saturday 11:30 P.M. \$99 with free shipping New Zealand Sheepskin Open Bottom Jacket

\$49.99 with free shipping after \$30 rebate Sigmac 15.3" 720p LED HDTV w/ Hand-Pressing LED Flashlight Included - LE15AB

CIO

<888> 07/26/14 Saturday 10:15 P.M. I woke up at around noon, and I chatted with a friend going to <http://www.nyra.com/saratoga/>. I ate three scoops of coffee ice cream. I went back to bed until 8:45 P.M.. I had three telemarketing telephone calls that woke me up while I was asleep. I chatted with a relative. I ate breakfast of oatmeal with honey and milk, two pieces of whole wheat toast with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I made my bed. CIO

<888> 07/26/14 Saturday 9:00 A.M. Helmsley mansion hits market for \$65 million . I toured the house in the early 1960s, when it was abandoned and on the market with its original 90 acres for about a quarter of a million dollars. I will now shut down the primary work computer. I will eat eight ounce of Dannon vanilla yogurt. I will then go to bed. CIO

<888> 07/26/14 Saturday 8:45 A.M. I threw out the garbage. I then did a thorough vacuuming of the entire apartment. I cleaned the Ionic Pro air purifier and the kitchen sink and the lid of the kitchen garbage can. I threw out the kitchen can garbage with all of the vacuuming dust. I sat outside briefly. Thus I have the apartment a little bit cleaner. CIO

<888> 07/26/14 Saturday 6:50 A.M. Andrea Doria (Italian ship) -- Encyclopedia Britannica

Wrinkle-Causing Habits to Avoid - How to Prevent Wrinkles - AARP

Windowsphone 8.1 - Nokia - USA

The most important battle you've probably never heard of

Be the king or queen of your very own castle CIO .

<888> 07/26/14 Saturday 5:20 A.M. A Norwegian American electrical engineer told me yesterday, that one is suppose to clean the bathroom once a week, which I used to do, until

I got so busy with computers and exercise walking, I did not have the time for regular house cleaning. I noticed while I was at the Stop and Shop yesterday morning that the rotisserie chickens, when they start cooking them in the morning on the spits are about 60% larger than the final product. I guess they lose a lot of fat and juices. I ate a rotisserie chicken white breast meat and turkey and provolone cheese sandwich on 15 grain bread with Frank's hot sauce and Hellmann's mayonnaise and Utz wavy potato chips and a dill pickle slice and a 12 ounce glass of diet Canada Dry Ginger Ale. CIO

<888> 07/26/14 Saturday 4:20 A.M. \$49.99 with free shipping 8GB iRulu 7" Android 4.0 Tablet PC Cortex A8 Dual Cameras w/ Keyboard&Earphone

For the Iview tablet, I bought \$14.79 free shipping SanDisk Class 4 C4 Ultra microSDHC micro SD HC SDHC TF Memory Card 32G 32GB W/ ADAPTER + Plastic Case SDSQAB-032G CIO

<888> 07/26/14 Saturday 3:20 A.M. I used to know one of the wealthiest German families in the world that had a winter home in Deerfield Beach, Florida, where my family once owned a lot next to them. But I have not chatted with any of them since 1971, because they are Democrats. Deerfield Beach has a large agricultural area, where a lot of Haitians grow pineapples. However, the other family stays very private and never communicates with anyone, while I have been constantly left being bothered by their Haitian neighbors over the years, since I have five years of high school French, while the other family only knows English and a little bit of German. CIO

<888> 07/26/14 Saturday 3:05 A.M. Tracking is <https://tools.usps.com/go/TrackConfirmAction?qtctLabels1=9405510200883287440051> on the order for http://www.amazon.com/gp/offer-listing/B00HYJFXCK/ref=dp_olp_refurbished?ie=UTF8&condition=refurbished for \$29.99 and \$5.48 shipping for \$35.47 total. It sells new here with free shipping for \$49.99 http://www.amazon.com/gp/product/B00HYJFXCK/ref=olp_product_details?ie=UTF8&me= and <http://www.iviewus.com/default/iview-774tpc-product.html> . I have a 16 GB micro SD card in my H2O Nokia Go Phone that I can use in the Iview tablet, until I can afford another one.

Tracking is

<https://tools.usps.com/go/TrackConfirmAction?qtctLabels1=9400109699937743559229> on the order for [http://www.ebay.com/itm/Folio-Case-W-Stand-for-7-Leader-XO-Vision-IView-Visual-Land-Skytex-Tablet-/220953187657?pt=Other Tablet eReader Accessories&hash=item3371d61549](http://www.ebay.com/itm/Folio-Case-W-Stand-for-7-Leader-XO-Vision-IView-Visual-Land-Skytex-Tablet-/220953187657?pt=Other%20Tablet%20eReader%20Accessories&hash=item3371d61549) for \$6.99 and \$1.99 shipping for \$8.98 total. CIO

<888> 07/26/14 Saturday 2:05 A.M. I threw out the garbage. I sat outside briefly. A flat bed truck was off loading a tan imported car in the parking lot. I guess somebody broke down or something else. I picked up the mail. The order with tracking of <https://tools.usps.com/go/TrackConfirmAction?qtctLabels1=93612200937655290340001096> on the order for Deep Royal Blue color in XXXL for \$12.47 with free shipping

http://www.amazon.com/Hanes-ComfortBlend-Fleece-Pant-3XL-Deep/dp/B0025YVBPC/ref=sr_1_1?s=sporting-goods&ie=UTF8&qid=1405841655&sr=1-1&keywords=xxxl+sweatpants arrived. They fit just fine. They are about length 32 inches inseam. I hung them on the hook on the right side of the bedroom entrance. I also put out a new bath towel in the bathroom for regular use. I put the old clean one in the hallway closet. When I said earlier Chinese Con Artists had called me up this afternoon. What happens is every two to three months, somebody with an Asian Accent supposedly from New Mexico calls up and says Windows on my computer is broken, and they can fix it. They then have you go to a web site, where they can take over your computer. They then install a startup feature that puts the computer in an endless reboot on startup. One fixes it by doing a Safe Boot, and running "msconfig" and unselecting the startup endless reboot feature.

I still have not filed the paper work for my Renter's rebate. I will now gather it together, and when I am on a day schedule drop if off at the Greenwich Town Hall department of social services. I also have to sign the application, once they have prepared the form. For about a year, I had loose bowel movements, and once I started eating 8 ounces of yogurt before going to bed, I started having solid bowel movements. Yogurt has enzymes that are suppose to be good for the digestion. I also wash my hands with antibacterial soap having doing a bowel movement. CIO

<888> 07/26/14 Saturday 12:50 A.M. I cleaned the bathroom sink and counter with Lysol cleaner. I cleaned the WaterPik water holder. I cleaned the toilet with Clorox toilet cleaner and Lysol cleaner. I cleaned the bath tub with Comet cleaner and the surrounding tile walls with Lysol cleaner. I cleaned the bathroom mirrors and pictures with Windex cleaner. I also sprayed CVS antibacterial disinfectant spray on and around the toilet. I now have a clean bathroom. I need to vacuum the apartment, but I can not do it at this hour of the night. I will now enter my neighbor's new cell phone number on my various telephones. My neighbor told me earlier this evening that Western Junior High road that leads into Vinci Drive was repaved with asphalt today. I do not know whether they put the stripes on it or not. I will then shower and clean up. CIO

<888> 07/25/14 Friday 10:50 P.M. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I made my bed. CIO

<888> 07/25/14 Friday 9:40 P.M. I woke up at 4 P.M., and I chatted with a relative. I was called by <http://www.scarborough.com/>, and I did their telephone survey. The are going to mail me another survey and \$7 for doing the surveys. Network Solutions called me up, trying to sell me another different domain name with some of the new ending domain names. The Chinese con artist called me up again trying to fix my computer. I just hung up on him. A neighbor stopped by and gave me his new cell phone number. I went back to bed at 6 P.M., and I woke up at 8:45 P.M.. I chatted with a relative. CIO

<888> 07/25/14 Friday 9:10 A.M. Ron Howard's Conyers Farm estate sells for \$27.5M

I ate three ounces of mixed nuts. I will now shut down the primary work computer. I will eat 8 ounces of Dannon vanilla yogurt. I will then go to bed. CIO

<888> 07/25/14 Friday 8:25 A.M. I went downtown, the stop sign in front of the Senior and the Arts center has been almost knocked over and damaged, so it is just hanging out in the street. The plastic container it is in, is damaged. I used the bathroom at Starbucks. I stopped by Zen Stationary, and I played an Ace's High scratch card for a dollar, but I lost. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. There is a new yogurt shop going in on the north side of Subway sandwich on lower Greenwich Avenue where the candy store used to be. I do not know whether it will be frozen yogurt or not. I chatted with two regular walkers. After my walk, I went by the Stop and Shop. I bought a quart of Borden's lemon juice for \$2.79, bananas for .69 a pound for \$1.04, a two pound bag of baby carrots for \$2.49, and a quart of Dannon vanilla yogurt for \$3.19 for \$9.51 total. I then returned home, and I put away my groceries. CIO

<888> 07/25/14 Friday 5:35 A.M. Email - Take the Ronald Reagan Impact Survey - Ronald Reagan Presidential Foundation and Library

Nadella's Windows 9 And Device Plans, Explained - InformationWeek

Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report

Mary (queen of Scotland) -- Encyclopedia Britannica

Global decline of wildlife linked to child slavery

'Fluffy and feathery' dinosaurs were widespread

I will now go downtown for a walk. CIO

<888> 07/25/14 Friday 4:55 A.M. I ate a roasted chicken leg and thigh and wing and four one quarter inch thick slices of white breast meat with Frank's hot sauce, 12 ounces of cheese, chives, and bacon mashed potatoes with steamed baby carrots cut into quarters lengthwise with Smart Balance Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Canada Dry diet Ginger Ale and a cup of green tea with Equal sweetener and Borden's lemon juice. CIO

<888> 07/25/14 Friday 3:45 A.M. I drove over to CVS at 644 West Putnam Avenue, and I bought a dozen large Sauder's eggs expire August 27, 2014 for \$2.29. I then bought buy one get one free of 400 count CVS Vitamin E 400 iu for \$21.79 both and \$1.38 tax for \$23.17 total. Not much was happening. They have removed the asphalt from West Junior High, and they have no parking signs, so later on today or sometime soon, they will probably be repaving Western Junior High, so there will not be any traffic allowed on it. CIO

<888> 07/25/14 Friday 2:35 A.M. For the

Tablet, I ordered [http://www.ebay.com/itm/Folio-Case-W-Stand-for-7-Leader-XO-Vision-IView-Visual-Land-Skytex-Tablet-/220953187657?pt=Other Tablet eReader Accessories&hash=item3371d61549](http://www.ebay.com/itm/Folio-Case-W-Stand-for-7-Leader-XO-Vision-IView-Visual-Land-Skytex-Tablet-/220953187657?pt=Other+Tablet+eReader+Accessories&hash=item3371d61549) for \$6.99 and \$1.99 shipping for \$8.98 total. CIO

<888> 07/25/14 Friday 1:55 A.M. I put away the clean laundry.

I ordered http://www.amazon.com/gp/offer-listing/B00HYJFXCK/ref=dp_olp_refurbished?ie=UTF8&condition=refurbished for \$29.99 and \$5.48 shipping for \$35.47 total. It sells new here with free shipping for \$49.99 http://www.amazon.com/gp/product/B00HYJFXCK/ref=olp_product_details?ie=UTF8&m= and <http://www.iviewus.com/default/iview-774tpc-product.html> . CIO

<888> 07/25/14 Friday 12:35 A.M. Kaser KB901 9.2" Android 4.0 Tablet 8GB - White (Refurbished) for \$45 with free shipping.

Acer Iconia Tab A1-830 Android Tablet – 7.9" Touchscreen 1GB RAM Intel Dual Core 16GB Storage (A1-830-1633) \$120 with free shipping. CIO

<888> 07/24/14 Thursday 11:50 P.M. I have 55 minutes to go on two dry cycles. CIO

<888> 07/24/14 Thursday 11:30 P.M. I put clean linen on the bed along with new set of sheets that I washed last week. They are bit thin, but they will do the job. I showered, and I cleaned up. I started two loads of laundry, and I have five minutes to go on two wash cycles. I picked up the mail. I threw out the garbage and the old periodical literature. I watered the plants with 15 drops of Schultz liquid plant food in each quart of water. CIO

<888> 07/24/14 Thursday 9:35 P.M. I chatted with a friend at 5 P.M.. They friend had been kayaking on Long Island Sound. Apparently the friend has gotten darkly tanned. I was told by my dermatologist about 15 years ago, that I am not suppose to go out in the sun until after 3 P.M.. I was out in the sun so much in my younger years, I have to stay out of it in my older years. I finally woke up at 8 P.M.. I chatted with a relative. The trap in Maine still has not caught an animal. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. CIO

<888> 07/24/14 Thursday 6:15 A.M. I ate 7 ounces of mixed nuts. I will now shut down the primary work computer. I will eat 8 ounces of Dannon low fat vanilla yogurt. I will then go to bed. CIO

<888> 07/24/14 Thursday 4:50 A.M. <http://www.thecgf.com/>

Global Volcanism Program | Bulletin of the Global Volcanism Network

<http://www.vmgoldschmidt.org/2012/abstracts.htm>

Cat Cay Yacht Club - Bahamas | Private Island and Yacht Club Bahamas

Jealous wags: Dogs show envy is 'primordial' emotion CIO

<888> 07/24/14 Thursday 4:20 A.M. I ate a roasted chicken leg and thigh and wing and two one quarter inch thick slices of white breast meat with Frank's hot sauce, 12 ounces of cheese, chives, and bacon mashed potatoes with steamed baby carrots cut into quarters lengthwise with Smart Balance Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Canada Dry diet Ginger Ale and a cup of green tea with Equal sweetener and Borden's lemon juice. CIO

<888> 07/24/14 Thursday 2:35 A.M. I made 169 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching series 9 episode 3 of "Poirot". I ate two slices of deli ham and two slices of deli provolone cheese rolled up together. CIO

<888> 07/23/14 Wednesday 10:35 P.M. I threw out the garbage. I moved the Volvo wagon to its usual place. I picked up the mail. The order for <http://www.amazon.com/Premier-100mm-Light-Cigarette-Tubes/dp/B0024QAOCC> for \$37.20 with free shipping and \$2.36 tax for \$39.56 total arrived. I will now make cigarettes. CIO

<888> 07/23/14 Wednesday 9:35 P.M. I will now shower and clean up. CIO

<888> 07/23/14 Wednesday 8:50 P.M. I had a telephone call from www.gop.com , while I was asleep. I woke up at 7 P.M.. I chatted with a relative. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I made my bed. CIO

<888> 07/23/14 Wednesday 9:40 A.M. Old picture of Bill Gates http://www.eguiders.com/profile/sarah_austin . I will now shut down the primary work computer. I will eat 8 ounces of Dannon low fat vanilla yogurt. I will then go to bed. CIO

<888> 07/23/14 Wednesday 7:35 A.M. Bob Dole (United States senator) -- Encyclopedia Britannica

After 150 Years of Rolling Them, Tampa Is Close to No Cigars - NYTimes.com

Tracking is

https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=93612200937655290340001096 on the order for Deep Royal Blue color in XXXL for \$12.47 with free shipping http://www.amazon.com/Hanes-ComfortBlend-Fleece-Pant-3XL-Deep/dp/B0025YVBPC/ref=sr_1_1?s=sporting-goods&ie=UTF8&qid=1405841655&sr=1-1&keywords=xxxl+sweatpants .

MH17 plane crash: Victims begin journey home from Ukraine CIO

<888> 07/23/14 Wednesday 6:55 A.M. I went downtown after the last note. I went by the www.chase.com bank ATM at 19 West Putnam Avenue. I then drove down by the waterfront on Steamboat Road. Nobody was down there. It looks perfectly normal down there. The construction of the condos down there seems to be preceding along. I then returned back to downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. In the early morning hours in the lower northeast sky, I could see a planet that might be Saturn, since it has rings around it. I stopped by the Chase Bank ATM just north of Saks Fifth Avenue. There is a new store with Polo gear just south of CVS called "Casablanca". It looks to be a men's shop. Just north of CVS, there is a vacant shop. Also the former sight of Restoration Hardware Store at East Elm Street and Greenwich Avenue on the southeast corner is for rent. The light post on the west side at the top of Greenwich Avenue is still tilted as is one of the street lights in front of the senior and the arts center. After my walk, I returned home. There was the usual fleet of sanitation trucks out and about. CIO

<888> 07/23/14 Wednesday 3:20 A.M. I bought <http://www.groupon.com/deals/gg-dreamspa-luxury-36-setting-3-way-combo-shower-head-1> for \$18.99 and \$3.99 shipping and \$1.45 tax for \$24.43 total. It will be a better shower fixture than the energy saving fixture. With my arthritis, it is import to get a good hot shower, and I think I can afford the extra hot water. CIO

<888> 07/23/14 Wednesday 1:05 A.M. I ate a ham and turkey and provolone cheese sandwich on 15 grain bread with Hellmann's mayonnaise and Utz wavy potato chips and a dill pickle slice and a 12 ounce glass of diet Canada Dry Ginger Ale. CIO

<888> 07/22/14 Tuesday 11:40 P.M. I threw out the garbage. I went downtown to CVS on Greenwich Avenue. I bought buy one get one free of 60 count MSM 1000 mg joint health for \$7.49 both less a \$2 off CVS store machine coupon and .35 tax for \$5.84 total. I then went further downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. The candy store on lower Greenwich Avenue on the north side of Subway sandwich has closed. I chatted with a regular at Starbucks. Greenwich Avenue was busy with a lot of summer people out and about. I toured CVS again. They have a package of Captain Black little cigars for 75% off for \$2.22 plus tax. There was nothing unusual to report. I guess on a nice night people still prefer to go downtown as opposed to be cooped up at home watching television. I then went by the Stop and Shop. I found an inexpensive ring in the parking lot that I gave to the store night manager. I bought bananas for .69 a pound for .65, a 20 ounce Stop and Shop bacon, cheese, and chives mashed potatoes for \$3.34, a loaf of FiberOne whole wheat honey bread for \$1.77, a cooked rotisserie honey chicken for \$5.99 for \$14.94 total. I then returned home. I did not get any mail today. I put away my groceries. CIO

<888> 07/22/14 Tuesday 7:45 P.M. I chatted with a relative. The creature in the back yard of the family house in Kennebunkport, Maine is not a fisher cat but a porcupine. I guess porcupines can climb trees. My relatives called the Critter Catchers to set a trap for it. I

will now shower and clean up, and I guess I will go downtown to see if any of my deja vue neighbors are around. CIO

<888> 07/22/14 Tuesday 6:40 P.M. I had a telephone call from a friend at 3 P.M.. I finally woke up at 5 P.M., when I had a no person telephone call. I chatted with a friend. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I made my bed. CIO

<888> 07/22/14 Tuesday 2:25 A.M. I ate two ounces of mixed nuts. I will now shut down the primary work computer. I will eat 8 ounces of Dannon low fat yogurt. I will then go to bed. CIO

<888> 07/22/14 Tuesday 1:40 A.M. MH17 plane crash: Ukraine rebels give up 'black boxes'

<http://www.prisonplanet.com/possible-epidemic-the-chikungunya-virus-is-starting-to-spread-in-america.html> CIO

<888> 07/22/14 Tuesday 12:50 A.M. I ate a four 1/4 inch thick slices of white roasted chicken breast meat with Frank's hot sauce on it, 12 ounces of mashed potatoes with steamed baby carrots cut into quarters lengthwise with Smart Balance Lite Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Canada Dry diet Ginger Ale and a cup of green tea with Truvia sweetener and Borden's lemon juice.

Before all of this news after the Russian Winter Olympics about Russia taking over the Ukraine, there was a news story that Russia was supposed to be building a new containment structure over the Chernobyl nuclear reactor which if you forget is in the Ukraine. Also little was known about Malaysia in the news until the missing jet and downed jets. However, long time www.amd.com processor users know their chips are made in Malaysia. CIO

<888> 07/21/14 Monday 11:25 P.M. \$159 with free shipping RCA 32" Class (31.5" Actual Diagonal Size) LED TV (LED32G30RQ)

\$4.99 free shipping Moda Essentials Men's Argyle Crew Dress Socks

On cold nights in the winter, before I got into personal computer activity 24 years ago, I would occasionally go to a pub in White Plains, New York and not drink and try to make a computer connection, but I never met any computer people. One person gave a friend of mine, the Seattle, Washington chamber of commerce video tape, and suddenly the people out there started to get richer. Most of the people there seemed to be all night medical people, hospitality people, and a few people from www.usatoday.com and a black beret from Greenwich that I have never seen in Greenwich. I did meet one person from Minnesota whose family owned a gourmet meat company, but he was just surviving, and I met him also when I first came off www.nantucket.net thirty years ago. He did a gourmet

cooking show in Key West and Nantucket and worked at the Chart House in Irvington, New York, and I tracked him down last summer at a fund raiser with Bill Clinton in the Hampton, so maybe he finally got ahead. The last time I actually saw him, he was hanging out with somebody that was six foot eight inches tall from Nicaragua that worked for www.coned.com , so I did not worry about his security. He has visited me several times in my old apartment setup, before I set up the office environment, and he thought my apartment decoration was very Rockefeller style. He had seen the Rockefeller mansion in North Tarrytown, since the Chart House in Irvington, New York used to do catering there. The last I knew about the individual, he told me he was going to dental school at www.columbia.edu , so I guess being around the faster New York City crowd, he made new friends. Both he and his roommate had lived in London and Germany, so they spoke German. I guess the democrats in Westchester County do not like the Republicans in Fairfield County. Still, when one never hears from anyone, I guess nobody is interested in personal computers excepts for the money they make off the stocks. CIO

<888> 07/21/14 Monday 10:30 P.M. My German American friends out on Long Island are surviving by selling Spanish wine. Back in 1979, when I lived for a while in Port Washington, Long Island; all of the food at the nearby A&P looked to be over two weeks old. However cigarettes were only about \$1.29 a pack and gasoline was only 59 cents a gallon, and we mostly just ate tomato sauce and spaghetti noodles. The German Americans that I knew out on Long Island, never ate too much food, but the managed to keep busy. Another friend out there is only six feet tall and about 155 pounds, but he works for the State of New York, so he travels a lot, and manages to get by. His brothers are also thin, so they like to maintain the European look that is common in Manhattan. I also have about four one pound Plumrose canned hams and about eight quart jars of tomato sauce and about 10 boxes of spaghetti and linguine noodles and plenty of oatmeal. Thus if I stay home and take the time to cook instead of wasting my time exercise walking around on Greenwich Avenue, I will do better eating balanced meals. There are some very fat people in Greenwich, but one never sees them downtown particularly walking around. The sedentary rich have always lived here paying taxes and eating to their heart's content. CIO

<888> 07/21/14 Monday 10:05 P.M. The two On-Cor beef entrees in the freezer are about two months old. I have about four other entrees the same age with a little bit of beef in them. I also have two frozen pizzas and some six month old breaded fish filets. The other beef I mentioned is about six months to a year old. I also have cans of soup, Chef Boyardee, and about six cans of Alaska salmon which is about two years old. I also have a few cans of tuna and crab meat about six months old. Thus although all of my EBT food stamps are gone for the month, I probably will not starve, but the frozen and canned food is not that fresh. I also have two bags of the Birds Eye sautéed chicken and vegetable meals. <http://scott-mike.com/inventory.htm> . In the old days, locals with Connecticut fishing licenses could fish off the pier on Steamboat Road, but there is now no parking allowed down there after sunset. A few locals probably still fish down there and park elsewhere. There used to a lot of Hispanic gardeners down there fishing at night keeping an eye on the properties in Belle Haven, where they worked in the daytime. So much has changed in this area, and with the higher prices of fuel, it is difficult to get around to see what is going on versus what the New York media harps about. Also neither the A&P and

the Stop and Shop have Thomas' English muffins on sale this week, so they are \$4.29 a six pack, and the Stop and Shop English muffins for \$1.69 a six pack are no longer available. One could now buy a loaf of Pepperidge Farm 15 grain bread for \$4 and eat toast which is probably more substance than an English muffin. CIO

<888> 07/21/14 Monday 9:25 P.M. I chatted with a neighbor. It was pointed out to me that the refrigerator in the downstairs hallway had been stored in the fire door exit of two apartment by the entrance, so it was moved out into the hallway. Also in the quiet reading room, they have furniture blocking the fire door exits from the two adjacent apartments. I threw out the garbage. I picked up the mail. http://en.wikipedia.org/wiki/James_Garner used to advertise www.polaroid.com. When I was out in Laguna Beach on a few trips between 1978 and 1980, I noticed there was a trailer park on the beach like in the Rockford files in between Laguna Beach and Newport Beach. It was on the ocean side of the Irvine ranch. I have about six hamburgers and two rib eye steaks and a eye round roast and two frozen meat entrees in the freezer along with about six cans of Denty Moore on the shelf, but I do not eat much red meat or beef, since I am on the generic version of Lipitor cholesterol medication to lower my cholesterol. However, when I eat beef, I have more energy. The owner of Trader Joes died recently <http://www.greenwichtime.com/news/world/article/German-supermarket-tycoon-Albrecht-dead-at-94-5635245.php>. CIO

<888> 07/21/14 Monday 8:05 P.M. A local friend here from Bedford, New York still hunts and eats deer meat. I know in a news story about 10 years ago, when they were investigating a serial killer in Norwich, Vermont near www.dartmouth.edu, they arrested an individual for having a cooking pot in the trunk of his car with blood, but it turned out to be moose stew, so people up north are allowed to eat moose. I saw on a cooking show this past winter from Montreal, Quebec, Canada two Canadian gourmet chefs were ice fishing in a cabin on a frozen river eating a gourmet meal of beaver stew. Thus as one goes further north, they do not always eat beef. The fisher cat that was in the back of my relatives' house in Kennebunkport, Maine apparently eat cats, porcupines, and raccoons. I will now shower and clean up. There is no point going downtown, since with all of the movers and shakers gone away on vacation, there is hardly anyone left downtown anymore. They usually return by the last week of August. I guess the Chinese do not want to sell any bargains on the internet, because I have not found any recently. Besides normal routine, I can not afford to buy anything. Also I saw on another cooking show, the Saudi Arabians eat camel's meat. At www.cvs.com this week, the Air Wick automatic air fresheners <http://www.airwick.us/automatic-sprays-freshmatic-ultra-automatic-spray.php> are \$5 as are the refill scent cans are \$5 down from \$8, if one wants their place to smell better. At 18 minute intervals the scent cans usually last two months. Asians think people of European background stink, so if one is dealing with Asians, it is good to use scent. I lived next door to a couple from Asia, and all they eat is large quantities of bananas and oranges. CIO

<888> 07/21/14 Monday 7:35 P.M. I chatted with a relative. CIO

<888> 07/21/14 Monday 7:10 P.M. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I made my bed. CIO

<888> 07/21/14 Monday 4:55 P.M. I had a telephone number from a relative about noon. I had a telephone call about 2:45 P.M. from somebody with a deep voice looking for a Michael Scott with a social security number with the same last four numbers as me, but with one number different. The caller said the Michael Scott had lived at 28 Grand Street, but did not say where. I searched Google for Michael Scott 28 Grand Street, and I came up with a list of Connecticut State Marshals for a Michael Scott that lives in Hartford or Middletown. Thus they probably are looking for another Michael Scott. I chatted with three law enforcement agencies about the matter, a friend, and a relative. The caller ID on my telephone said the call came from Atlanta, and when I called the number there is voice mail for a Russ Collin and Associates for a Kenneth Lawson 1-404-537-3494. I had a hard time falling back asleep, so I guess I am awake for the evening. CIO

<888> 07/21/14 Monday 6:55 A.M. Ernest Hemingway (American writer) -- Encyclopedia Britannica

MH17 plane crash: Dutch reach bodies in east Ukraine

Well, not much happening out in the remote wilderness of greater southwestern Connecticut in the sticks compared to the concrete and cement people of Manhattan. I guess besides watching New York media, we do not really have anything in common with the nearby city dwellers. I will now shut down the primary work computer. Yesterday morning, before going to bed, I ate 8 ounces of Dannon low fat yogurt. I will do the same this morning, and then I will go to bed. CIO

<888> 07/21/14 Monday 5:00 A.M. I ate six ounces of mixed nuts.

Email - 50% Off Air Force One Replica-Limited Time Offer! - Ronald Reagan Presidential Foundation and Library

LockerGnome - Empowering the Geek Lifestyle; Finding Cool Stuff for You Since 1996!

http://www.smithsonianmag.com/smart-news/yes-yellowstones-roads-melted-theres-no-reason-panic-180952036/?utm_source=smithsonianopic&utm_medium=email&utm_campaign=20140720-Weekender&spMailingID=21144255&spUserID=NzQwNDUzNTI4NzcS1&spJobID=361062142&spReportId=MzYxMDYyMTQyS0

Sandstone shapes 'forged by gravity'

CIO

<888> 07/21/14 Monday 2:50 A.M. Shake down an Arab <http://www.datarabia.com/>

I used <https://www.cheapvoip.com> and the http://www.newegg.com/Product/Product.aspx?Item=N82E16833617008&cm_re=Opitalk-33-617-008-Product to do a test call to <http://riyadh.usembassy.gov/> at 011-966-11-488-3800 for 6 cents a minute, and the call went through clear as a bell. I also tried calling <http://www3.hilton.com/en/hotels/saudi-arabia/hilton-suites-makkah-MAKSUHI/index.html> , but the Hilton Hotels in Saudi Arabia have changed their telephone numbers from their web pages to a more complicated number with lots of zeros that one has to copy down, if one can follow the number they give you. Also I emailed both sites about my viewpoint. CIO

<888> 07/21/14 Monday 12:55 A.M. I ordered <http://www.amazon.com/Premier-100mm-Light-Cigarette-Tubes/dp/B0024QA0CC> for \$37.20 with free shipping and \$2.36 tax for \$39.56 total. CIO

<888> 07/21/14 Monday 12:45 A.M. I ate a roasted chicken leg and thigh and two one quarter inch thick slices of white breast meat with Frank's hot sauce, 12 ounces of mashed potatoes with steamed baby carrots cut into quarters lengthwise with Smart Balance Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Canada Dry diet Ginger Ale and a cup of green tea with Truvia sweetener and Borden's lemon juice. CIO

<888> 07/20/14 Sunday 11:20 P.M. I chatted with a friend. I went by the A&P Fresh. I bought a 64 ounce Welch grape juice for \$3.99, a 64 ounce Ocean Spray cranberry juice for \$4.29, a 59 ounce Minute Maid orange juice with calcium for \$3.49, two 9 ounce hot pockets with five cheese for \$1.88 each, Roma plum tomatoes for \$1.99 a pound for \$1.83, a head of Foxy iceberg lettuce for \$1.99, and bananas for .79 a pound for .96 for \$20.31 total. I was told that the A&P at the Port Chester shopping center is now a Whole Foods. Also the new store on West Putnam Avenue being built near the Valley Road turn off is going to be a Trader Joe's. I next went by CVS on Greenwich Avenue. I bought two 64 ounce Ocean Spray cranraspberry juice for \$3 each and four 14 ounce Ajax orange liquid dishwashing detergent for .88 each and .22 tax for \$9.74. I then sat for a while on a very slow night downtown. I did not walk Greenwich Avenue, because there was hardly anyone around on a nice evening. It is just as well, because when I got back to 71 Vinci rive, a neighbor had set off the fire alarm by burning a potato. The neighbor's cell phone did not work, so I called 911 on my wireless telephone which gives the Port Chester Police station, and they transferred me to the Greenwich Police station. I reported the non emergency fire alarm, and they said they would send over the fire department to air out the apartment and reset the fire alarm. The neighbor went outside to wait for the fire department. I also told the neighbor, he had left his parking lights on his car. I then put away my groceries, and about 15 minutes the fire alarm went off. CIO

<888> 07/20/14 Sunday 7:45 P.M. I will now shower and clean up. I will then go downtown to see the remains of the day. CIO

<888> 07/20/14 Sunday 6:25 P.M. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I made my bed. I will now make up a fresh batch of punch. CIO

<888> 07/20/14 Sunday 5:30 P.M. I woke up at 1 P.M., and I chatted with a friend. I went back to bed until 5 P.M., when I chatted with a relative. CIO

End of Scott's Notes week of 07/20/14

<888> 07/20/14 Sunday 5:00 A.M. I ate two ounces of mixed nuts. I will now send out my weekly notes. I will then shut down the primary work computer, and I will go to bed. CIO

<888> 07/20/14 Sunday 3:45 A.M. Instead of expensive long underwear in the winter, one could try wearing cheaper sweat pants

I ordered in Deep Royal Blue color in XXXL for \$12.47 with free shipping
http://www.amazon.com/Hanes-ComfortBlend-Fleece-Pant-3XL-Deep/dp/B0025YVBPC/ref=sr_1_1?s=sporting-goods&ie=UTF8&qid=1405841655&sr=1-1&keywords=xxxl+sweatpants CIO

<888> 07/20/14 Sunday 2:50 A.M. Battle of Halidon Hill (Scottish history) -- Encyclopedia Britannica

Official McAfee Support – for Home and Office

BBC News - Prince George picture released to mark first birthday CIO

<888> 07/20/14 Sunday 2:20 A.M. I have lived on and off in Greenwich, Connecticut for 52 years, since 1962. Living out in the remote wilderness of Greenwich, Connecticut near Armonk, New York where www.ibm.com has its world headquarters, I find I get a lot more computer work done without the distractions of nearby Manhattan, which probably does have some computer jobs available, but at age 64 and not knowing software programming except HTML and long forgotten COBOL, I do not think anyone would be interested in me compared to all of the young Turks out there whom know software code backwards and forwards. Since nobody has approached me about working with personal computers and the internet in 24 years I have pursued the activity, I guess a lot of the other computer people around here are more expert than my limited skills.

I ate a roasted chicken leg and thigh and two one quarter inch thick slices of white breast meat with Frank's hot sauce, 12 ounces of mashed potatoes with steamed baby carrots cut into quarters lengthwise with Smart Balance Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Canada Dry diet Ginger Ale and a cup of green tea with Truvia sweetener and Borden's lemon juice. CIO

<888> 07/20/14 Sunday 12:45 A.M. I made 151 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching series 9 episode 2 of "Poirot". I ate two ounces of mixed nuts. CIO

<888> 07/19/14 Saturday 9:50 P.M. I threw out the garbage. I sat outside briefly without much going on. I picked up the mail. I will now make cigarettes. CIO

<888> 07/19/14 Saturday 8:40 P.M. This like the last episode of Sherlock Holmes this past winter Rebel Leader Says Many of the Dead Bodies in MH17 Weren't "Fresh" . I will now shower and clean up. CIO

<888> 07/19/14 Saturday 8:10 P.M. <http://www.nwccweb.us/information/firemap.aspx> Northwest United States Fire Locations. CIO

<888> 07/19/14 Saturday 7:15 P.M. I chatted with a relative. On www.foxnews.com , they think the Netherlands is Danish. For more information on the Dutch <http://en.wikipedia.org/wiki/Netherlands>

<http://www.dutchnews.nl/>

<http://nos.nl/>

http://www.dutchnews.nl/news/archives/2014/07/furious_dutch_prime_minister_t.php . CIO

<888> 07/19/14 Saturday 6:15 P.M. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I made my bed. CIO

<888> 07/19/14 Saturday 5:25 P.M. I woke up at 4 P.M.. While I was sleeping, I had two no people calls on my Verizon line. I installed Advanced System Care 7 on the FIC server, and I ran it. I chatted with a relative. The FIC server seems to be running just fine. CIO

<888> 07/19/14 Saturday 7:50 A.M. Acer Aspire Switch 10 32 GB \$379.99 or 64 GB \$429.99 free shipping

http://stores.ebay.com/Acer?_trksid=p2047675.l2563 Acer Ebay Store.

I will now shut down the primary work computer. I will eat 8 ounces of Dannon fat free vanilla yogurt. I will then go to bed. CIO

<888> 07/19/14 Saturday 6:50 A.M. <http://www.weather.gov/okx/OpenHouse> July 27, 2014 10 A.M. to 3:30 P.M.. I think this is where our NOAA weather radio emergency alerts are suppose to come from which have not been happening recently.

Belgium Beach web cam <http://webtv.feratel.com/webtv/?design=960p&pg=7F98D269-5DFE-4FC9-99BF-97B5D8DA821F&cam=8010>

<http://www.webcamgalore.com/>

http://www.westlondoncollege.com/student_life/london_webcam.php CIO

<888> 07/19/14 Saturday 6:10 A.M. I ate three ounces of mixed nuts. CIO

!!!!!! <888> 07/19/14 Saturday 5:30 A.M. Problem solved. The McAfee Virtual Technician gave me a tech number to call in India. They told me to under the McAfee Firewall Settings under "My Network Connections" to add the IP address of the computer that I wanted to FTP from to the the FIC server with the McAfee Internet Security Suite. To get the IP address from the computer that one wants to tranfer from on one's network, one has to type from a Command Prompt Window "ipconfig" and look at the IPv4 IP address. CIO

<888> 07/19/14 Saturday 4:25 A.M. On the FTP problem on the FIC server with the latest McAfee Internet Security Suite, I found this link <https://community.mcafee.com/message/269233> , and it says to try <http://mvt.mcafee.com/> which I am running now on the FIC server. It also mentions that the FTP client should have full permission in the Firewall, but I am not sure how to do that. CIO

<888> 07/19/14 Saturday 3:35 A.M. I have the Windows Updates and the McAfee Internet Security Suite installed on the FIC server, and it works just fine, but I still can not FTP from the primary work computer on the network back into the FIC server, which is how I post my notes. However, there is an easy work around. Since the FTP server is on my right hand side of the primary work computer chair, I can just turn on and off the McAfee firewall on the FIC server very quickly, whenever I need to transfer files. The Tripp-Lite program on the FIC server says I have a low battery, but it is fully charged and at 50 whatever that means. I had a no person telephone call on my Verizon line at 3 A.M.. CIO

<888> 07/19/14 Saturday 1:40 A.M. I need to order two sets of these http://www.batteryrsharks.com/Tripp-Lite-SMART700SER-p/smart700ser_ups6-12_x2.htm?gclid=CKa5uJ7S0L8CFQMT7AodmQEADg for my two Tripp Lite Smart700SER UPS devices, but at the moment, there is no rush, since I do not have many power failures. However, the current batteries are pretty much gone. I paid \$50 each with free shipping my two units refurbished, but they now cost \$221.98 plus shipping refurbished <http://www.pacificgeek.com/product.asp?ID=87123> . I bought them about six years ago. CIO

<888> 07/19/14 Saturday 1:20 A.M. I have all the spare computer parts I need <http://scott-mike.com/computer.htm> . I am installing the Windows Updates on the FIC Vista server. I will then install www.firefox.com which one needs to have on it in order to install the Optimum McAfee free Internet Security Suite, since the Optimum web site does not work with Internet Explorer 8. Thus older XP users would also have to install Firefox or

Chrome web browsers, since XP only supports Internet Explorer 8. The free McAfee Internet Security Suite from Optimum supports enabling FTP in the Firewall options, so I will be able to transfer files through the network. I will not back up the FIC server, since it is not a new install. I have little or no traffic on my three servers, but I maintain them; since that is part of what I have done for the last 24 years. I guess the younger generation in the cloud does not have those problems. Since the FIC server is a slower computer, it takes a while for the system maintenance. It runs Vista which for old timers, if you have forgotten takes 15 minutes to boot up, every time one has to reboot it. Internet Explorer 9 does work on Vista. CIO

<888> 07/19/14 Saturday 12:15 A.M. I ate a five 3/8th inch thick slices of white roasted chicken breast meat with Frank's hot sauce on it, 12 ounces of mashed potatoes with steamed baby carrots cut into quarters lengthwise with Smart Balance Lite Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Canada Dry diet Ginger Ale and a cup of green tea with Truvia sweetener and Borden's lemon juice. CIO

<888> 07/18/14 Friday 10:50 P.M. My last know address in New York State http://en.wikipedia.org/wiki/Plandome_Manor , when I lived from April 1982 until February 1983, when I was building a garage apartment for friends of mine. It is extremely busy out there on Long Island. CIO

<888> 07/18/14 Friday 10:45 P.M. The CO2VOLC Project Site

Free Things to Do in America - Free Places to Visit in USA - AARP

MH17 crash: 'Total shock' at Aids researcher deaths

MH17 crash: Passengers on Malaysia Airlines plane in Ukraine CIO

<888> 07/18/14 Friday 9:55 P.M. I chatted with a relative who is thinking about buy a new www.dell.com desktop computer. I do not know enough about the new models to make any recommendations. I threw out the garbage. I went by the Stop and Shop, and I returned the quart of Citgo synthetic 5W30 motor oil for \$6.69 cash return. I bought two 10.5 ounce Chock Full O' Nuts New York Roast ground coffee for \$3 each, a 42 ounce Quaker Old Fashioned oatmeal for \$4.99, a two pound bag of baby carrots for \$2.49, two Bob Evans 24 ounce mashed potatoes for \$3.99 each, a quart of Dannon low fat vanilla yogurt for \$3.19, a 16 ounce Smart Balance Lite spread for \$3.69, a honey roasted rotisserie chicken for \$5.50 for \$33.84 total. I then went downtown, and I sat out on a quiet evening, and I chatted with a relative on my wireless telephone. I then returned home. I picked up the mail. I put away my groceries. CIO

<888> 07/18/14 Friday 7:05 P.M. I will now shower and clean up and go out downtown. CIO

<888> 07/18/14 Friday 6:10 P.M. I woke up at 4:45 P.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and

50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I made my bed. CIO

<888> 07/18/14 Friday 6:15 A.M. I will now shut down the primary work computer. I will eat 8 ounces of Dannon low fat vanilla yogurt. I will then go to bed. CIO

<888> 07/18/14 Friday 5:55 A.M. I am worried with the cooler summer, it will be a long cold winter ahead.

http://www.amazon.com/Duofold-Expedition-Weight-Bottom-X-Large/dp/B006SRT0V4/ref=sr_1_2?s=apparel&ie=UTF8&qid=1405674258&sr=1-2&keywords=long+underwear+expedition+weight

One pair of these in Shale XXL for \$21.83 <http://www.rei.com/product/854896/rei-heavyweight-long-underwear-bottoms-mens> and \$5.99 shipping and \$1.77 tax for \$29.59 total are available, but I would rather save the money for summer activity. CIO

<888> 07/18/14 Friday 4:30 A.M. I went ahead and put the free McAfee Internet Security Suite on the Panasonic CF-29 Toughbook laptop computer. I ate six ounces of mixed nuts. CIO

<888> 07/18/14 Friday 3:10 A.M. I installed the free McAfee Internet Security suite on the second Dell Latitude D410 laptop and the Dell Dimension 4600 desktop in the bedroom and the IBM ThinkCenter in the bedroom. I also installed the Windows Updates on the IBM ThinkCentre in the bedroom. I did not put the McAfee Internet Security Suite on the Panasonic CF-29 Toughbook laptop computer, because it does not have enough resources to support it, but I could always try it later. I also did not put it on the FIC server, since the earlier version I had on it keep one from transferring files through the network. Thus all of the other computers have it installed. CIO

<888> 07/18/14 Friday 12:10 A.M. I ate a roasted chicken leg and thigh and two one quarter inch thick slices of white breast meat, 12 ounces of cheese, chives, and bacon mashed potatoes with steamed baby carrots cut into quarters lengthwise with Smart Balance Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Canada Dry diet Ginger Ale and a cup of green tea with Truvia sweetener and Borden's lemon juice. CIO

<888> 07/17/14 Thursday 11:15 P.M. [Cunard®](#)

[Microsoft layoffs of 18,000 employees begin | ZDNet](#)

[Vintage French Cars Turn Heads - Video - NYTimes.com](#)

[The nanny who took thousands of photos of daily life](#)

[MIT scientists develop sensor-operated robotic fingers](#)

I put away the clean laundry. CIO

<888> 07/17/14 Thursday 9:55 P.M. Kennedy family Palm Beach mansion for sale.
<http://www.lindaolsson.idxco.com/idx/5075/details.php?idxID=339&listingID=14-965> CIO

<888> 07/17/14 Thursday 9:50 P.M. I have 50 minutes to go on two dry cycles. CIO

<888> 07/17/14 Thursday 9:30 P.M. I chatted with a relative. I put clean linens on the bed. I showered, and I cleaned up. I started two loads of laundry, and I have five minutes to go on the wash cycles. I picked up the mail. I threw out the garbage and the old periodical literature and shipping box. I watered the plants.

The order with tracking of
<https://tools.usps.com/go/TrackConfirmAction?qtctLabels1=9305589933400289515556> on the order for two books of 16 http://www.ebay.com/itm/USPS-New-La-Florida-Forever-Limited-Edition-Self-Adhesive-Stamps-/321307396781?pt=LH_DefaultDomain_0&hash=item4acf69caad for \$15.68 and \$1.30 shipping for \$16.98 total arrived.

The order for two red www.ge.com CFL bulbs <http://hardwaredistributors.com/bulb-cfl-13w-red.html?gclid=CK7h-Zakt78CFc8F7AodsW4AJQ> for \$4.79 each and \$2.50 shipping for \$12.08 total arrived. CIO

<888> 07/17/14 Thursday 7:35 P.M. I chatted with a friend. CIO

<888> 07/17/14 Thursday 6:50 P.M. I chatted with a relative. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk.

IBM Reports 2014 Second-Quarter Results CIO

<888> 07/17/14 Thursday 5:50 P.M. I woke up at 2:30 P.M., and on the primary work computer, I started a complete PC backup from both partitions to the 2 TB Seagate external hard drive. I went back to bed, and it was completed at 5 P.M., when I finally woke up. CIO

<888> 07/17/14 Thursday 8:35 A.M. On the primary work computer, I went ahead and installed Internet Explorer 11 on the Windows 7 partition, instead of using Internet Explorer 8. It works fast enough. I then installed the free McAfee Internet Security program on the Vista partition and also Internet Explorer 9 and the Windows Updates. I then ran Advanced System Care and PC Cleaner Pro on both partitions. I then did a Complete PC backup of both partitions to the E: backup hard drive. While doing the Windows Upgrades and the backup, I watched series 9 episode 1 of "Poroit". I chatted with a friend. I will now shut down the primary work computer. I will eat 8 ounces of Dannon low fat vanilla yogurt. I will then go to bed. CIO

<888> 07/17/14 Thursday 1:05 A.M. Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report

The 'barefooters' giving bowls a new vibe CIO

<888> 07/17/14 Thursday 12:05 A.M. I installed the free McAfee Internet Security suite on the IBM ThinkCentre in front of the mahogany bureau, the Epox computer on the dining table, the Dell Latitude D410 laptop, and the Abit computer. I also installed the Windows Updates on the IBM ThinkCentre in front of the Mahogany bureau and the Abit computer. CIO

<888> 07/16/14 Wednesday 10:10 P.M. I ate a roasted chicken leg and thigh and two one quarter inch thick slices of white breast meat, 12 ounces of cheese, chives, and bacon mashed potatoes with steamed baby carrots cut into quarters lengthwise with Smart Balance Spread and extra virgin olive oil on the vegetables and a reheated order of onion rings and a 12 ounce glass of Canada Dry diet Ginger Ale and a cup of green tea with Truvia sweetener and Borden's lemon juice. CIO

<888> 07/16/14 Wednesday 8:55 P.M. I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. The new grass behind the benches at the senior and the arts center is coming up fast. They planted the new grass seed with straw which I guess makes it come up faster. I stopped by Zen Stationary, and I played an Ace's High scratch card for a dollar, but I lost. I chatted with a local walker. I chatted with a relative on my wireless telephone. I stopped by CVS, and I bought a 17.5 ounce can of deluxe mixed nuts for \$6.99. On the way down Greenwich Avenue, I stopped by CVS again, and I tried to use the bathroom again, but it was still busy. After my walk, I used the bathroom at Starbucks. It was moderately busy downtown on a pleasant evening. I then went by the Stop and Shop. I bought bananas for .69 a pound for \$1.94, a 24 ounce tub of Stop and Shop cheese, chives, and bacon mashed potatoes for \$3.34, a 32 ounce low fat Dannon Light and Fit vanilla yogurt for \$3.19, a order of cooked onions rings for \$1.32, a Bourbon rotisserie chicken for \$5.99 for \$15.78 total. I then went by the Putnam Shell at 401 West Putnam Avenue, and I bought \$10.01 of self service V-Power gasoline with 3 cents a gallon off for \$4.569 a gallon for 2.190 gallons at odometer reading of 109028 miles for 30.5 miles driven since Sunday July 6, 2014 for 13.927 miles per gallon in mostly local traffic. I then bought a quart of Shell Supreme 5W30 motor oil for \$5.99 and .38 tax for \$6.37 total. I put it in the rear of the Volvo wagon. I will return the Citgo motor oil that I bought from the Stop and Shop, since it is synthetic, and I don't think one should mix synthetic and regular motor oil together. I then returned home, and I picked up my mail, and I put away the groceries. CIO

<888> 07/16/14 Wednesday 5:00 P.M. I chatted with a friend who was outside gardening. I will now shower and clean up. I will then go out the famous "Miracle Mile" or "Rodeo Drive East" or Greenwich Avenue to see if we have any big spending tourists visiting us this summer. I could try wearing my old "Microsoft" t-shirt into the Apple computer store, but they would probably not notice. CIO

<888> 07/16/14 Wednesday 4:05 P.M. I woke up at noon, and I chatted with a relative. I went back to bed until 2:45 P.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I made my bed. CIO

<888> 07/16/14 Wednesday 3:35 A.M. I installed the free McAfee Internet Security Suite on the IBM ThinkCentre on the oak dining table, and I then installed the Windows Updates. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 07/16/14 Wednesday 1:05 A.M. I put three layers of 3/8th inch thick slices of white roasted chicken meat with Frank's hot sauce on it and with three layers of two slices of provolone cheese in between the chicken layers on 15 grain toasted bread with Hellmann's mayonnaise, and I ate the sandwich with a dill pickle spear, Utz wavy potato chips and a 12 ounce glass of diet Canada Dry ginger ale.

I installed the free McAfee security suite on the Asus Netbook and the Windows 8 partition on the IBM ThinkCentre along side the Ethan Allen recliner. I am now installing the Windows Updates on the same machines. CIO

<888> 07/15/14 Tuesday 11:00 P.M. Apple, IBM join to make iOS the default mobile platform | Network World

!!!!!! <https://www.optimum.net/pages/security/mcafee.html>

Cunard®

Tracking is

<https://tools.usps.com/go/TrackConfirmAction?qt=9305589933400289515556> on the order for two books of 16 http://www.ebay.com/itm/USPS-New-La-Florida-Forever-Limited-Edition-Self-Adhesive-Stamps-/321307396781?pt=LH_DefaultDomain_0&hash=item4acf69caad for \$15.68 and \$1.30 shipping for \$16.98 total.

Rembrandt van Rijn (Dutch artist) -- Encyclopedia Britannica

Apple and IBM form apps and sales partnership CIO

<888> 07/15/14 Tuesday 10:05 P.M. I made 198 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching series 8 episode 2 of "Poirot". I ate three ounces of mixed nuts. CIO

<888> 07/15/14 Tuesday 6:45 P.M. I picked up the mail. I threw out the garbage. I sat outside briefly. I chatted with a relative. I will now make cigarettes. CIO

<888> 07/15/14 Tuesday 5:25 P.M. I will now shower and clean up. CIO

<888> 07/15/14 Tuesday 3:30 P.M. I woke up at 1 P.M., when the NOAA weather radio went off in the bedroom. I finally woke up again at 3 P.M., when it went off again. There is monsoon rain outside. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I made my bed. CIO

<888> 07/15/14 Tuesday 4:40 A.M. I mailed the Frigidaire microwave oven registration in the mail room downstairs. I will now shut down the primary work computer. I will then eat 8 ounces of Dannon low fat vanilla yogurt. I will then go to bed. CIO

<888> 07/15/14 Tuesday 3:45 A.M. My older 1.4 Cubic Foot Stainless Steel Sharp microwave oven was bought refurbished on November 9, 2011 for \$92.98 with shipping. It is model number R-408LS <http://www.bestbuy.com/site/sharp-1-4-cu-ft-mid-size-microwave-stainless-steels/3291212.p?id=1218411554140&skuId=3291212> . I just cleaned it inside and out thoroughly. Since I mostly use it for oatmeal and frozen meals, it still works just fine. I read the instructions for the Frigidaire microwave oven, and I filled out the registration, and I have it ready to mail with a stamp. I bought two books of 16 http://www.ebay.com/itm/USPS-New-La-Florida-Forever-Limited-Edition-Self-Adhesive-Stamps-/321307396781?pt=LH_DefaultDomain_0&hash=item4acf69caad for \$15.68 and \$1.30 shipping for \$16.98 total. CIO

<888> 07/15/14 Tuesday 1:55 A.M. I ate 7 ounces of mixed nuts. I have managed to lose eight pounds recently going from 235 pounds to 227 pounds. Still, I should lose about another 40 pounds to be in better health. CIO

<888> 07/15/14 Tuesday 1:05 A.M. \$59.99 free shipping refurbished Acer Iconia B1-710-L617 Tablet PC - 16GB 7" Android 4.1 JB - RECERT CIO

<888> 07/15/14 Tuesday 12:45 A.M. Email - Ronald Reagan Presidential Pens for \$59.95-Limited Time Offer! - Ronald Reagan Presidential Foundation and Library

\$49.99 with free shipping Ricoh Aficio SP 311DNw B&W Laser Printer 407234

Prince's Trust Impact

Even on Nantucket, a Funeral Home Is a Luxury - NYTimes.com

Who, what, why: What happens if you eat 112 year-old ham? CIO

<888> 07/14/14 Monday 11:20 P.M. \$58.64 with free shipping AZPEN A729 A729 7" 8GB Dual Core Tablet with Android(TM) 4.2 JB CIO

<888> 07/14/14 Monday 10:20 P.M. I chatted with a local about the radiation on the West Coast of the United States of America, and he told me his geiger counter did not work, so he could not test the west coast fish locally. CIO

<888> 07/14/14 Monday 9:10 P.M. I chatted with a relative. I ate a roasted chicken leg and thigh and two one quarter inch thick slices of white breast meat and two chicken wings, 12 ounces of mashed potatoes with steamed baby carrots cut into quarters lengthwise with Smart Balance Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of diet Canada Dry Ginger Ale and a cup of green tea with Truvia sweetener and Borden's lemon juice. CIO

<888> 07/14/14 Monday 7:00 P.M. I threw out the garbage. I picked up the mail. I chatted with various neighbors. CIO

<888> 07/14/14 Monday 5:10 P.M. I chatted with a relative. I will now shower and clean up. CIO

<888> 07/14/14 Monday 4:10 P.M. I woke up at 2:45 P.M.. I chatted with a friend. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I made my bed. CIO

<888> 07/14/14 Monday 4:25 A.M. <http://www.theshipslist.com/ships/lines/whitestar.shtml> . I will now shut down the primary work computer. I will eat 8 ounces of Dannon low fat vanilla yogurt. I will then go to bed. CIO

<888> 07/14/14 Monday 2:15 A.M. Besides the Scottish, the Norwegians also made money off North Sea Oil. If one looks at <http://www.webcamsinnorway.com/webcams.php> and scrolls down the left side to "Oslo, Ekeberg: view over Bjorvika, one can see a picture of the build up on the waterfront in Oslo. Oslo is sort of like a big www.nantucket.net with a certain nautical flare. I read recently that the Norwegians have 680 billion dollars in a sovereign wealth fund, so they enjoy a high standard of living. The two Norwegians I see most regularly in Greenwich have disappeared, so maybe they returned to Norway for the summer.

<http://www.royalcourt.no/> CIO

<888> 07/14/14 Monday 1:25 A.M. Before I moved to my current apartment in Greenwich Public Housing 25 years ago, I lived for 4.5 years at 700 Steamboat Road. At that location, I could walk out of my apartment over to the pier on Steamboat Road and enjoy the view of Long Island Sound and see if any other neighbors were around. Alas, in the solitude of Byram at my current address, I do not see many of my other neighbors except a few dog walkers. I guess people are more focused on Greenwich Avenue, since it has a certain panache which the public housing neighborhood does not have. However, Byram also has waterfront property which can be very expensive, and Guy De Rothschild http://en.wikipedia.org/wiki/Guy_de_Rothschild once lived on Byram Shore Road in this area. CIO

<888> 07/14/14 Monday 12:40 A.M. <http://www.smokershistory.com/index.htm> . Winston Churchill smoked a lot of cigars, and he lived to be 90

http://en.wikipedia.org/wiki/Winston_Churchill and
http://en.wikipedia.org/wiki/Lady_Randolph_Churchill and
http://en.wikipedia.org/wiki/Jerome_Mansion . CIO

<888> 07/14/14 Monday 12:15 A.M. This makes interesting reading
<http://www.smokershistory.com/OWarburg.htm> . CIO

<888> 07/13/14 Sunday 11:40 P.M. <http://www.prisonplanet.com/special-report-radiation-the-universe.html>

http://www.infowarsshop.com/Survival-Shield-X-2_p_1322.html CIO

<888> 07/13/14 Sunday 11:00
P.M. <http://uspolitics.about.com/od/CampaignsElections/a/Air-Force-One-Cost.htm>

[Scotland could be base for spaceport, says UK government](#)

http://www.greenwichct.org/News/Police_Department/New_Police_Cruiser/

<http://greenwich.patch.com/groups/police-and-fire/p/fade-to-black--white-for-greenwich-pd> CIO

<888> 07/13/14 Sunday 9:25 P.M. I ate a roasted chicken leg and thigh and three one quarter inch thick slices of white breast meat, 12 ounces of mashed potatoes with steamed baby carrots cut into quarters lengthwise with Smart Balance Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Truvia sweetener and Borden's lemon juice. CIO

<888> 07/13/14 Sunday 8:30 P.M. I went out, and I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS, and I bought two 17.5 ounce deluxe mixed nuts for \$6.99 each for \$13.98 total. I then bought a Softsoap Antibacterial liquid soap for \$1.88 less a dollar off with a store machine coupon and .06 tax for \$.94 total. After my walk, I used the bathroom at www.starbucks.com . I gave one of their regulars a briefing. I then went by the Stop and Shop. I bought a hot honey rotisserie chicken for \$5.99 and a 24 ounce Bob Evans mashed potatoes for \$3 less \$.60 can return for \$8.39 total. I then returned home. I chatted with two relatives and a friend. CIO

<888> 07/13/14 Sunday 3:30 P.M. I will now shower and clean up. I will then go downtown to see if the Indians are giving away any wooden nickels. CIO

<888> 07/13/14 Sunday 2:40 P.M. I woke up at 1 P.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I made my bed. CIO

End of Scott's Notes week of 07/13/14

<888> 07/13/14 Sunday 12:30 A.M. I watched series 8 episode 1 of "Poirot". I will now send out my weekly notes. I will then shut down the primary work computer. I will eat 8 ounces of Dannon low fat vanilla yogurt. I will then go to bed. CIO

<888> 07/12/14 Saturday 10:05 P.M. How they manage a country estate web site from Cambridgeshire, England <http://www.eltonhall.com/index.html> . CIO

<888> 07/12/14 Saturday 9:20 P.M. I chatted with a friend. I ate a ham and turkey and Swiss cheese and provolone cheese sandwich on 15 grain bread with Hellmann's mayonnaise and Utz wavy potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 07/12/14 Saturday 8:00 P.M. I picked up the mail. I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I stopped by the Greenwich Cigar store, and I bought an Ace's High scratch card for a dollar, but I lost. Eurochasse had coats for 75% off including a size 52 black wax jackets without liner for \$99. I stopped by the Greenwich Hardware store which did not participate in the sidewalk sales. I went by CVS. I bought two Gold Emblem 12 ounce honey for \$2 each and two Folgers 10.3 ounce Black Silk coffee for \$3 each for \$10 total. I stopped by MacInspires. I finished my walk, and I sat out for a while. I guess after tomorrow, Greenwich Avenue will return to being slow again. I went by the A&P Fresh. I bought two Wise 9 ounce salt and vinegar potato chips for \$2 each, three 12 can packs of 12 ounces of Schweppes Ginger Ale for \$12 and \$1.80 can deposit, a Bermuda red onion for \$1.99 a pound for \$1.21, and a two liter can of Boticelli extra virgin olive oil for \$19.99 and .76 tax for \$38.98 total. I then returned home, and I put away my groceries. CIO

<888> 07/12/14 Saturday 3:55 P.M. I will now shower and clean up. I will then go downtown. CIO

<888> 07/12/14 Saturday 2:50 P.M. I woke up at 11 A.M., and I chatted with a relative. I then went back to bed until 1:30 P.M.. I chatted with a friend. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I made my bed. CIO

<888> 07/12/14 Saturday 1:50 A.M. Poll: Connecticut drivers aren't that bad I will now shut down the primary work computer. I will eat a muffin. I will then go to bed. CIO

<888> 07/12/14 Saturday 12:40 A.M. I heated and ate a 15 ounce can of Chef Boyardee lasagna which I ate with a 12 ounce glass of 50% punch and 50% Schweppes Ginger Ale. CIO

<888> 07/11/14 Friday 11:15 P.M. I went outside, and I threw out the garbage. I drove my Volvo wagon around the parking lot, and I put it neutral while rolling, and I tested the

emergency hand brake, and it does stop the car. However, in the past the lever only came up about 4 inches, and now it comes up about 10 inches, when one activates it. When I take it into Stamford Volvo this fall for an oil change this fall, I should probably have them check the adjustment on the emergency brake. I chatted with a health care worker. CIO

<888> 07/11/14 Friday 10:35 P.M. I drank a 12 ounce glass of 50% punch and 50% Schweppes Ginger Ale. I was told by a friend that that if seniors over age 60 go to <http://www.goldencorral.com/> between 2 P.M. and 4 P.M. on week days, it is all the steak one can eat for \$7.49. However, that is in Sea Island, Georgia. I am not sure it is everywhere.

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Connecticut Department of Energy & Environmental Protection

Workshop 2014 in Lough Rynn Castle, Ireland

Eagle shot wins drone photography competition CIO

<888> 07/11/14 Friday 9:55 P.M. All that is left of Bill Gates <http://www.gatesnotes.com/>. CIO

<888> 07/11/14 Friday 9:20 P.M. I woke up at 8 P.M.. I chatted with a friend. CIO

<888> 07/11/14 Friday 5:40 P.M. I will now take a nap. CIO

<888> 07/11/14 Friday 5:30 P.M. In my Volvo wagon, the Rayovac black rubber flashlight like this http://www.ebay.com/itm/Two-Rayovac-BR2D-B-2-D-Cell-Black-Rubber-Rubberized-Flashlight-/171099215459?pt=Other_Vehicle_Parts&hash=item27d64ed663&vxp=mtr had rolled underneath the driver's seat, so I put it back on the rear seat with two almost new alkaline D batteries in it. I picked up the mail. CIO

<888> 07/11/14 Friday 4:45 P.M. I ate a ham and turkey and Swiss cheese sandwich on 15 grain bread with Hellmann's mayonnaise and Utz wavy potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale.

<888> 07/11/14 Friday 3:40 P.M. I went to my 1:30 P.M. appointment. I then drove through downtown Greenwich Avenue, but I could not find a parking place during the busy sidewalk sales. I then went to the Stop and Shop. I bought a 42 ounce Quaker Old Fashioned oatmeal for \$4.99, a 9.5 ounce Utz wavy potato chips for \$3, two 12 ounce generic honey for \$2.50 each, a 2.37 ounce McCormack whole pepper corns for \$4.19, a 6 ounce Stop and Shop long grain and wild rice for .74, a quart of Citgo Synthetic 5W-30 motor oil for \$6.29, Stop and Shop deli sliced provolone cheese for \$5.99 a pound for \$5.87, Stop and Shop deli sliced turkey for \$4.99 a pound for \$5.09, bananas for .69 a pound for .91, buy one six pack get one six pack free of Thomas' English muffins for \$4.29 both, and

.40 tax for \$40.77 total. I put the Citgo motor oil in the rear luggage area of the Volvo wagon. I noticed for some reason the emergency brake lever now comes up higher than it used to do so in the past. I then returned home, and I put away my groceries. CIO

<888> 07/11/14 Friday 11:55 A.M. I will now shower and clean up. I will then go out to my 1:30 P.M. appointment. CIO

<888> 07/11/14 Friday 11:15 A.M. I woke up at 10 A.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I made my bed. CIO

<888> 07/11/14 Friday 12:45 A.M. I ate two ounces of mixed nuts and two scoops of coffee ice cream. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 07/10/14 Thursday 11:55 P.M. I made and ate a 28 ounce Birds Eye sweet and sour chicken dinner, which I ate with a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 07/10/14 Thursday 11:15 P.M. Martha Stewart Posted A Bunch Of Awesome Drone Photos Of Her Farm

HOUSE OF THE DAY: A Railroad Tycoon Is Selling His 87-Acre Connecticut Horse Farm For \$55 Million CIO

<888> 07/10/14 Thursday 11:10 P.M. I put away the clean laundry. CIO

<888> 07/10/14 Thursday 10:35 P.M. I have a 1:30 P.M. appointment tomorrow afternoon on Friday July 11, 2014. Bastille Day is Monday July 14, 2014, so it will be a three day weekend for the French. CIO

<888> 07/10/14 Thursday 10:15 P.M. Email - The Reagan Presidential Foundation has selected you to participate in our survey - Ronald Reagan Presidential Foundation and Library

IBM spending \$3 billion to rethink decades-old computer design

Giant rollable TVs on the horizon, says LG CIO

<888> 07/10/14 Thursday 9:55 P.M. I have 50 minutes to go on two dry cycles. CIO

<888> 07/10/14 Thursday 9:30 P.M. I put clean linens on the bed. I started two loads of laundry, and I have about five minutes to go on them. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 07/10/14 Thursday 8:30 P.M. I chatted with a relative. CIO

<888> 07/10/14 Thursday 7:55 P.M. I woke up at 7:45 P.M.. CIO

<888> 07/10/14 Thursday 4:15 P.M. I will now take a nap. CIO

<888> 07/10/14 Thursday 4:10 P.M. Earlier I ate three ounces of mixed nuts. CIO

<888> 07/10/14 Thursday 4:05 P.M. I picked up the mail. I sat outside briefly. CIO

<888> 07/10/14 Thursday 3:45 P.M. I made 184 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching series 1 episode 2 of "Poirot". CIO

<888> 07/10/14 Thursday 12:20 P.M. I threw out the garbage. Somebody retrieved my old General Electric microwave oven that I had set out. I moved my Volvo wagon to its usual place. I sat out for a while. I will now make cigarettes. CIO

<888> 07/10/14 Thursday 11:00 A.M. I chatted with a relative. I will now shower and clean up. CIO

<888> 07/10/14 Thursday 9:35 A.M. I woke up at 8 A.M.. I ate breakfast of oatmeal with honey and milk, a toasted bagel with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I made my bed. CIO

<888> 07/09/14 Wednesday 11:25 P.M. I will now shut down the primary work computer. I will eat 8 ounces of Dannon low fat vanilla yogurt. I will then go to bed. CIO

<888> 07/09/14 Wednesday 10:45 P.M. Norwegian Fish Market in Cos Cob
<http://www.fjordfishmarket.com/> , mais c'est tres cher. CIO

<888> 07/09/14 Wednesday 10:40 P.M. This shows if the Windows 8.1 updates for the Nokia Lumia 520 are available <http://www.nokia.com/global/support/software-update/wp8-software-update/availability-in-north-america/> , but when I try to update my phone, it says no Windows updates are available.

<http://www.nokia.com/in-en/support/product/lumia-520/softwareupdate/>

This is also available if one's Nokia Lumia 520 freezes up <http://www.nokia.com/in-en/support/product/lumia-520/faq/?action=singleTopic&topic=FA142987&category=softwareupdateanddownload>

[\\$49.99 with free shipping Canon imageCLASS LBP6000 Compact Laser Printer](#)

I am updating my apps on the Nokia 520.

I ate four deli slices of ham and two deli slices of Swiss Cheese. CIO

<888> 07/09/14 Wednesday 9:00 P.M. Bell Labs celebrates net speed record over copper lines

I ate 7 ounces of mixed nuts. I chatted with a relative. CIO

<888> 07/09/14 Wednesday 7:05 P.M. I made and ate a 28 ounce Birds Eye Voila chicken Alfredo dinner which I ate with a 16 ounce glass of Lipton Citrus green tea. CIO

<888> 07/09/14 Wednesday 6:15 P.M. I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. A few of the stores were already setup for the sidewalk sales selling sale items. I stopped by CVS, and I bought a 230 count box of Equal sweetener for \$4.99 total. I used the bathroom there, and then I picked up a prescription. After I finished my walk, I sat out for a while. I then returned home, and I picked up the mail. CIO

<888> 07/09/14 Wednesday 3:15 P.M. I installed two AA alkaline batteries in the new LaCrosse weather station sensor and then the same in the base unit. It works just fine showing the outdoor temperature. I then removed the living room screen, and I hung the outdoor sensor outside on the thin wire on the north side of the air conditioner along with the WeatherDirect sensor, and I replaced the screen. Thus I now have two outdoor weather sensors in the hot sun heat of the day. Of course the LaCrosse unit also shows the humidity. I will now go downtown in the heat of the day. CIO

<888> 07/09/14 Wednesday 2:10 P.M. I will now shower and clean up. CIO

<888> 07/09/14 Wednesday 1:50 P.M. I took out the old 15 year old or more GE microwave oven from the kitchen, and I used my little folding cart to put it out by the dumpster, if anyone needs it. It still works fine. I put the new Frigidaire microwave oven on top of the three year old Sharp microwave oven on the storage book shelf on the left side of the kitchen. I temporarily stored the Frigidaire microwave oven shipping box behind the Ethan Allen recliner for a short time. It works just fine. I will read its instructions later on. I chatted with a relative. CIO

<888> 07/09/14 Wednesday 11:30 A.M. I woke up at 10 A.M.. I sat outside briefly, and I chatted with a neighbor. I ate breakfast of oatmeal with honey and milk, a toasted bagel with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I made my bed.

The order with tracking number of "1Z602R3E1200728390" at www.ups.com on the order for \$20.99 with free shipping La Crosse Technology Ws-9023U-It-Cbp Wireless Thermometer arrived.

The order with tracking of "1ZW494600320064421" at www.ups.com on the order for http://www.bestbuy.com/site/frigidaire-1-6-cu-ft-mid-size-microwave-white/2422703.p?id=1218327344607&skuId=2422703&ref=199&loc=g/kEfAT435U&siteID=g_kEfAT435U-

ukJDzUHV0QCRukxMHjWivQ&ref=199&loc=NKa3hZyYoHA&siteID=NKa3hZyYoHA-LMtTstgFMGCiaCRL2YUNaw Frigidaire 1.6 Cubic Foot microwave oven for \$67.99 with free shipping and \$4.32 tax for \$72.31 total arrived. Both were delivered to the front door of my apartment. CIO

<888> 07/09/14 Wednesday 12:10 A.M. I will now shut down the primary work computer. I will eat a muffin, and then I will go to bed. CIO

<888> 07/08/14 Tuesday 11:35 P.M. For backup replacement, I bought two red www.ge.com CFL bulbs http://hardwaredistributors.com/bulb-cfl-13w-red.html?gclid=CK7h-Zakt78CFc8F7AodsW4AJQ for \$4.79 each and \$2.50 shipping for \$12.08 total. CIO

<888> 07/08/14 Tuesday 10:35 P.M. It says here http://en.wikipedia.org/wiki/Howard_Graham_Buffett has a farm in Pana, Illinois which is just west of Robinson, Illinois where the Scott family used to have a farm which is 92.4 miles away, so they might have passed each other on the rural highways in the corn belt of remote Illinois. I guess if they could not afford to drive out here, they could hitch a ride on one of the grain trucks from www.adm.com in Decatur, Illinois, which come frequently out here for the Arnold Bread factory in Byram, Connecticut. However, this time of year, they probably have to keep busy farming. He also has a son http://en.wikipedia.org/wiki/Howard_Warren_Buffett affiliated with www.columbia.edu. CIO

<888> 07/08/14 Tuesday 9:55 P.M. A baby panda for Edinburgh zoo? CIO

<888> 07/08/14 Tuesday 9:25 P.M. When I looked at the Birds Eye Voila web page, my Firefox web browser crashed, and I had to uninstall it, and reinstall it, and then start it safe mode and the regular mode to get it working properly again. CIO

<888> 07/08/14 Tuesday 9:15 P.M. I chatted with a relative. They pulled out the bushes from behind the benches in front of the Senior Center downtown. Also they are working on pouring the foundation for the new fire house. There is yet to be any new construction at the former patio for the former Thataway cafe at the bottom of Greenwich Avenue on the east side. They have stacks of bricks delivered for the new building a half block further up on the west side. They are putting the stone masonry facade on the new www.chase.com bank just west of the Greenwich Library where the www.exxon.com gasoline station used to be. I probably will not be going downtown for the sidewalk sales this Thursday through Sunday, so that way I will not spend any money. I do however have a 1:30 appointment this Friday afternoon. CIO

<888> 07/08/14 Tuesday 8:30 P.M. I ate a 28 ounce Birds Eye chicken stir fry dinner with a 16 ounce glass of Lipton green tea. I chatted with a relative. CIO

<888> 07/08/14 Tuesday 7:00 P.M. I threw out the garbage. I went downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various

locations. I played an Ace's High scratch card at Zen Stationary, but I lost. I stopped by the Greenwich Hardware store, and I bought a 25 foot black telephone handset cable for \$6.99 and .44 tax for \$7.43 total. They have SATCO Red Compact Florescent light bulbs there for \$10.99, but a similar bulb at www.homedepot.com is only \$4.99. I stopped by CVS, and I bought an Air Wick automatic scent machine for \$7.99 less a \$2 off CVS coupon and .38 tax for \$6.37 total. I sat out for a while in the hot weather after my walk. I then went by the Greenwich Library, and I chatted with one of the reference librarians about the price of tea in China. I used the bathroom there. I then went by the Stop and Shop and I bought bananas for .69 a pound for \$1.41, two Birds Eye 28 ounce fettuccini Alfredo dinners for \$3 each, and two Birds Eye 28 ounce frozen Stir Fry dinners for \$3 each, and a 32 ounce Dannon low fat vanilla yogurt for \$3.19 for \$16.60 total. I then returned home, and I picked up the mail. I put away my groceries. I put the Air Wick machine underneath the tea table in the bathroom to have available for later use. I put the new 25 foot RCA black handset cable on the 4 line Panasonic telephone, and I moved the older one to the bathroom Princess telephone. I took the white one off of it, and I stored it on the lower drawer on the right side of the bed. CIO

<888> 07/08/14 Tuesday 2:30 P.M. I will now shower and clean up. I will then go downtown to Greenwich Avenue to see if any of my Deja Vue friends are around.

Tobacconist to offer cigar smokers a place to puff

The last I knew, one could still buy Havana cigars up at <http://www.canadiancigar.com>
CIO

<888> 07/08/14 Tuesday 2:10 P.M. \$44.95 with free shipping 45 minutes remaining Nokia Lumia 520 GoPhone (AT&T) CIO

<888> 07/08/14 Tuesday 1:15 P.M. I watched the rest of series 7 episode 1 of "Poirot" until midnight. I chatted with a relative at 8:30 A.M.. I finally woke up at 11:30 A.M.. I ate breakfast of oatmeal with honey and milk, a toasted bagel with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I made my bed. CIO

<888> 07/07/14 Monday 10:15 P.M. I ate four thin slices of deli ham and two slices of Swiss cheese and two ounces of mixed nuts. I chatted with a relative. I watched about the first 20 minutes of series 7 episode 1 of "Poirot". Either the internet is slow, or the wireless that feeds the living room television Roku stick is being used by other people. I will try to watch the rest of it shortly off the bedroom television setup which does not use wireless on its Roku device. I will shut down the primary work computer. I will then eat eight ounces of Dannon yogurt. I will then either watch the rest of "Poirot" or go to bed. CIO

<888> 07/07/14 Monday 7:30 P.M. I chatted with a relative. CIO

<888> 07/07/14 Monday 7:15 P.M. Scientists criticize Europe's \$1.6B brain project

Need a steak <http://gabrielesofgreenwich.com/> and [http://gabrielesofgreenwich.com/files/6413/8315/6431/Gabrieles Dinner Menu Cover 2014.pdf](http://gabrielesofgreenwich.com/files/6413/8315/6431/Gabrieles_Dinner_Menu_Cover_2014.pdf) . CIO

<888> 07/07/14 Monday 7:00 P.M. I made and ate a 28 ounce Birds Eye sweet and sour chicken dinner, which I ate with a 12 ounce glass of Schweppes Ginger Ale. I threw out the garbage. I chatted with a neighbor. I picked up the mail. All quiet on the Western Front. CIO

<888> 07/07/14 Monday 5:50 P.M. I chatted with a friend.

A Guide to Computers for Seniors - Articles

IBM wants to make its Watson supercomputer as small as a pizza box - Computerworld

Dukono Volcano

Lokon-Empung Volcano

Tracking number is "1Z602R3E1200728390" at www.ups.com on the order for \$20.99 with free shipping La Crosse Technology Ws-9023U-It-Cbp Wireless Thermometer .

Email - Celebrate Summer at the Reagan Library! - Ronald Reagan Presidential Foundation and Library

UK demo satellites set for launch

Fossil of 'largest flying bird' identified

Was Edward the Black Prince really a nasty piece of work?

'Remote control' contraceptive chip available 'by 2018' CIO

<888> 07/07/14 Monday 4:30 P.M. http://www.malts.com/index.php/en_us/Our-Whiskies/Royal-Lochnagar

C'est tres cher, n'est pas? <http://www.masterofmalt.com/whiskies/royal-lochnagar-select-reserve-whisky/>

<http://www.thewhiskyexchange.com/P-4401.aspx>

[http://www.thewhiskyexchange.com/B-40-Royal Lochnagar.aspx](http://www.thewhiskyexchange.com/B-40-Royal_Lochnagar.aspx)

This is nearby <https://www.varmax.com/spirits/Glenfiddich-Age-of-Discovery-19-Year-Bourbon-Cask-Reserve-Single-Malt-Scotch-Whisky-w8009058vm> , but for diehards there

is always <https://www.varmax.com/spirits/Johnnie-Walker-Red-Label-Scotch-Whisky-w7755520yu> . CIO

<888> 07/07/14 Monday 4:00 P.M. Study: Fossil soaring bird had huge wingspan

The tree across the street from the Shell station on West Putnam Avenue Century-plus Gateway Tree of Greenwich suffers collapse over weekend

CIO

<888> 07/07/14 Monday 3:50 P.M. I put the Air Wick refills underneath the tea table in the bathroom. If one wants a Toto toilet without the hot water seat, one can order it here for \$189 TOTO CST744S Drake Toilet | Homeclick. Of course, one would need a plumber to install it. I figure that the whole British Royal family are up at <http://www.balmoralcastle.com/> , so the Scottish get a little bit more attention this time of year, but I don't think they are allowed to ship this <http://www.balmoralcastle.com/acatalog/Whisky-Collection.html> to the United States yet. Tea Toddlers on this side of the Pond are not very exciting, but I still know a few people whom are known to enjoy alcohol refreshment, but since I quit drinking alcohol about 20 years ago, when I started investing in computers and the internet, they have all pretty much dropped me. More than likely somebody in the United Kingdom is probably still making money off distilled spirits, if you get my drift. CIO

<888> 07/07/14 Monday 3:15 P.M. The order with tracking number of "1ZW0Y0340328336206" at www.ups.com on the order for five Air Wick Freshmatic Automatic Spray Air Freshener, Island Paradise, 2 Refills, 6.17 Ounce for \$7.98 each two with two sets of 2 in Island Paradise, two sets of two in Lavender, and one set of two in Fresh Waters for \$39.90 subtotal with free shipping on over \$35 order and \$1.20 coupon discount and \$2.45 tax for \$41.15 total arrived. I sat outside briefly. I had a neighbor test the outside front door buzzer system to my apartment, and it works just fine. I get so few visitors, I have not heard it ring for several years. CIO

<888> 07/07/14 Monday 3:00 P.M. I added some telephone numbers to the Panasonic 4 line telephone directory, so I now have 50 numbers on it. For calling outside the country to England on Optimum Voice or the OpiTalk device, one dials 011 and then 44, but if the next number begins with a 0, one does not dial that. In my limited observations around the world, I saw Queen Elizabeth II and Prince Phillip at Bloomingdales Department Store on July 5, 1976. Sometime between 1980 and 1982, I saw Prince Charles make an entrance at Lincoln Center in Manhattan. Also when I was at Albertville, France in February 1992 for the Winter Olympics, a friend showed up at a bed and breakfast for breakfast in Courcheval, France, and the Kings of Norway, Sweden, and Belgium and Princess Anne were also having breakfast there. If at any other time, I bumped into them, I was not made away of the fact. CIO

<888> 07/07/14 Monday 1:25 P.M. I mailed a pair of woman's panties to a relative with two Forever stamps. They got mixed up in my laundry from Kennebunkport, Maine. I

threw out the garbage. I chatted with neighbors. In all of the years that Starbucks has been on Greenwich Avenue, I have only had three cups of coffee there, and one cup of coffee at the Starbucks next to Whole Foods that a friend bought me. Thus as a Starbucks observer, I use their bathroom frequently, but I do not actually drink their coffee. Still I have seen a lot of Starbucks customers over the years. The last time I had a cup of coffee at Starbucks on Greenwich Avenue was during the June before 911, and I told two friends that were visiting that the United States was going to be invaded, but nobody paid any attention to my foresight. CIO

<888> 07/07/14 Monday 12:05 P.M. I chatted with a relative. I will now shower and clean up. The middle age people like myself do not go out downtown on Mondays, so they older retired people can have complete control of the town. CIO

<888> 07/07/14 Monday 11:10 A.M. I woke up at 10 A.M.. I ate breakfast of oatmeal with honey and milk, a toasted bagel with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I made my bed. CIO

<888> 07/06/14 Sunday 9:10 P.M. I watched some television. I ate two ounces of mixed nuts. I will now shut down the primary work computer. I will eat 8 ounces of Dannon low fat vanilla yogurt. I will then go to bed. CIO

<888> 07/06/14 Sunday 8:05 P.M. I ate one ounce of mixed nuts and the reheated chicken and mashed potato dinner with Smart Balance Spread on the mashed potatoes and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 07/06/14 Sunday 7:15 P.M. I chatted with a neighbor. My relative showed up about 4:45 P.M., and I dropped the relative off at the Greenwich Train Station. My relative gave me \$30 for the gasoline used coming down from Kennebunkport, Maine. I then walked upper Greenwich Avenue. I sat out at various locations. I stopped by the Chase Bank ATM machine just north of Saks Fifth Avenue. I used the bathroom at CVS. I bought a 20 pack of AA CVS alkaline batteries for \$5.99 and .38 tax for \$6.37 total. After I finished my walk, I sat out for a while, and I chatted with a friend on my wireless telephone. I tried stopping by Zen Stationary, but they were closed at 6 P.M.. I then went by the Stop and Shop, I bought a five quart box of Stop and Shop powdered milk for \$7.29, bananas for .69 a pound for .65, two frozen Birds Eye sweet and sour 28 ounce stir fry chicken dinners for \$4 each, a 9 ounce package of Stop and Shop deli sliced Swiss cheese for \$3.69, and a two chicken leg with two thighs and mashed potato dinner for \$1.99 for \$19.52 total. I then went by the Putnam Shell at 401 West Putnam Avenue, and I bought \$50.19 of self service V-Power premium gasoline for 10.984 gallons at \$4.569 a gallon at odometer reading of 108997 miles for 580.9 miles driving, since my relative left on this past Thursday afternoon July 3, 2014. I can not figure out the miles per gallon, since I do not know how much my relative put in while up in Maine. I then returned home, and I said "Hello" to a neighbor. I put away my groceries. CIO

<888> 07/06/14 Sunday 4:25 P.M. My relative just called, and the relative is at Westport, so the relative should be here in 20 minutes. I will now wait outside for the relative. CIO

<888> 07/06/14 Sunday 4:15 P.M. My relative should be here any minutes with the Volvo wagon. Since the relative does not stop at every rest area to go to the bathroom, it should only take the relative about five hours and 15 minutes to come down from Kennebunkport, Maine. There is not much traffic on I-95 <http://www.ct.gov/dot/cwp/view.asp?a=2354&q=415220> , so the relative should be cruising right along. CIO

<888> 07/06/14 Sunday 3:50 P.M. Even though it is only 83 degrees Fahrenheit outside, it is 20 degrees Fahrenheit warmer outside my living room windows in the hot sun above the black tar roof at 102.6 degrees Fahrenheit, which is sort of why I need the two air conditioners going all of the time. CIO

<888> 07/06/14 Sunday 3:35 P.M. On this Thursday July 10, 2014, the Greenwich, Connecticut Sidewalk Sales <http://business.greenwichchamber.com/events/details/greenwich-chamber-annual-sidewalk-sales-5166565> , but they usually start as soon as the merchants get their store displays out on the street. CIO

<888> 07/06/14 Sunday 3:20 P.M. Today Only \$24.99 with free shipping, Symantec Norton Internet Security - 3 PCs

\$9.99 McAfee Internet Security 2014 3 PCs - Download

My slightly used Panasonic four line telephone that I bought for \$45 with free shipping is a lot more expensive here http://www.newegg.com/Product/Product.aspx?Item=N82E16876101122&cm_re=KX-TS4300--76-101-122--Product CIO

<888> 07/06/14 Sunday 2:40 P.M. I chatted with a relative and a friend. The bathroom fan now seems to be working all right. I setup the old LaCrosse weather station on top of the Epox computer for the time and indoor temperature. I will put the new one there, when I get it.

Tracking number is "1ZW0Y0340328336206" at www.ups.com on the order for five Air Wick Freshmatic Automatic Spray Air Freshener, Island Paradise, 2 Refills, 6.17 Ounce for \$7.98 each two with two sets of 2 in Island Paradise, two sets of two in Lavender, and one set of two in Fresh Waters for \$39.90 subtotal with free shipping on over \$35 order and \$1.20 coupon discount and \$2.45 tax for \$41.15 total.

Tracking is "1ZW494600320064421" at www.ups.com on the order for http://www.bestbuy.com/site/frigidaire-1-6-cu-ft-mid-size-microwave-white/2422703.p?id=1218327344607&skuId=2422703&ref=199&loc=g/kEfAT435U&siteID=g_kEfAT435U-ukJDzUHV0QCRukxMHjWivQ&ref=199&loc=NKa3hZyYoHA&siteID=NKa3hZyYoHA-LMtTstgFMGCiaCRL2YUNaw Frigidaire 1.6 Cubic Foot microwave oven for \$67.99 with free shipping and \$4.32 tax for \$72.31 total. CIO

<888> 07/06/14 Sunday 1:40 P.M. I threw out the garbage. I sat outside for a while. They installed a new flag pole with U.S.A. flag at the north entrance of the building. I said "Hello" to neighbors. CIO

<888> 07/06/14 Sunday 1:00 P.M. I chatted with two relatives. I will now shower and clean up. CIO

<888> 07/06/14 Sunday 11:45 A.M. I woke up at 10:30 A.M.. I ate breakfast of oatmeal with honey and milk, a toasted bagel with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I made my bed. My relative called up to say the Volvo wagon will be returned about 4 P.M. today. I will then be able to go downtown and "People Watch" in our local village shopping street called Greenwich Avenue. CIO

End of Scott's Notes week of 07/06/14

<888> 07/06/14 Sunday 12:20 A.M. I will now send out my weekly notes. I will then shut down the primary work computer. I will eat 8 ounces of Dannon low fat vanilla yogurt. I will then go to bed. CIO

<888> 07/05/14 Saturday 11:55 P.M. <http://dalailama.com/> . CIO

<888> 07/05/14 Saturday 11:50 P.M. If one is afraid of the sharks along the Atlantic Ocean in the summer, one could always play golf with the bears at <http://www.stowe.com/> . I was told while in Kennebunkport, Maine that <http://www.wmur.com/news/old-man-of-the-mountain-collapsed-11-years-ago-saturday/25790494#!87Jgv> which I had forgotten about. CIO

<888> 07/05/14 Saturday 10:45 P.M. I watched part of a Steve Martin "Pink Panther" movie. I ate six ounce of mixed nuts with a glass of cold filtered water. CIO

<888> 07/05/14 Saturday 8:30 P.M. I woke up at 8:15 A.M.. CIO

<888> 07/05/14 Saturday 6:10 P.M. I ate a ham and Swiss cheese sandwich on 15 grain bread with Hellmann's mayonnaise and Utz wavy potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. I will now take a nap. CIO

<888> 07/05/14 Saturday 5:05 P.M. I chatted with neighbors. I picked up my mail. I sat outside for a while. CIO

<888> 07/05/14 Saturday 4:45 P.M. I made 241 Premier Lights 100 MM filter Peter Stokkebye Norwegian pipe tobacco cigarettes while watching the last hour of "The Recruit", "Forbidden Planet, Abandoned America", and first part of "Tiny, a Story about Living Small". CIO

<888> 07/05/14 Saturday 1:25 P.M. I threw out the garbage. I chatted with neighbors. I will now make cigarettes. CIO

<888> 07/05/14 Saturday 12:10 P.M. I ordered http://www.bestbuy.com/site/frigidaire-1-6-cu-ft-mid-size-microwave-white/2422703.p?id=1218327344607&skuId=2422703&ref=199&loc=g/kEfAT435U&siteID=g_kEfAT435U-ukJDzUHV0QCRukxMHjWivQ&ref=199&loc=NKa3hZyYoHA&siteID=NKa3hZyYoHA-LMtTstgFMGCiaCRL2YUNaw Frigidaire 1.6 Cubic Foot microwave oven for \$67.99 with free shipping and \$4.32 tax for \$72.31 total. I will now shower and clean up. CIO

<888> 07/05/14 Saturday 10:55 A.M. I woke up at 9:45 A.M.. I ate breakfast of oatmeal with honey and milk, a toasted bagel with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I made my bed. CIO

<888> 07/05/14 Saturday 2:50 A.M. I will now shut down the primary work computer. I will then go to bed. CIO

<888> 07/05/14 Saturday 1:25 A.M. I ate a muffin and a glass of water.

<http://news.uk.msn.com/uk/aircraft-carrier-named-by-queen-1>

My www.cl-p.com electricity bill for June 2014 is \$177.18 for 1009 kWh for 29 days with a 34.79 kWh per day usage with an average temperature of 70.5 degrees fahrenheit outside. Of course, I was gone for 15 days with the lights, fans, air conditioners, and hot water tank turned off.

For June 2013, when I was gone for 14 days, it was \$151.06 for 1000 kWh for 31 days and 32.26 kWh per day with an average temperature of 71 degrees Fahrenheit.

Chimpanzee language: Communication gestures translated

CIO

<888> 07/05/14 Saturday 12:40 A.M. I put away the clean laundry. I ordered five [Air Wick Freshmatic Automatic Spray Air Freshener, Island Paradise, 2 Refills, 6.17 Ounce](#) for \$7.98 each two with two sets of 2 in Island Paradise, two sets of two in Lavender, and one set of two in Fresh Waters for \$39.90 subtotal with free shipping on over \$35 order and \$1.20 coupon discount and \$2.45 tax for \$41.15 total. CIO

<888> 07/04/14 Friday 11:15 P.M. I have 55 minutes to go on two dry cycles. CIO

<888> 07/04/14 Friday 10:50 P.M. I put clean linens on the bed. I started two loads of wash, and I have 15 minutes to go on the wash cycles. I threw out the garbage and the old

periodical literature. I watered the plants. I put new refills in the two Glade scent machines. CIO

<888> 07/04/14 Friday 10:00 P.M. I watched the Capitol Fourth of July concert on PBS Channel 13. I threw out the garbage. The remote control for the television in the community room is missing. CIO

<888> 07/04/14 Friday 7:50 P.M. I woke up at 7 P.M.. I took two Tums antacid pills for indigestion from the pizza. I chatted with a relative. I drank a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 07/04/14 Friday 3:25 P.M. I took a 22.70 ounce Frachetta Brick Oven pepperoni and cheese Italian pizza, and I put it on the Farberware convection oven wire rack, and I seasoned it with garlic powder, ground black pepper, celery salt, Italian seasoning, grated Parmesan and Romano cheese and extra virgin olive oil, and I put it in the preheated to 400 degrees Fahrenheit Farberware oven middle rack position for 15 minutes. I then took it out, and I put the pizza on the wood cutting board using a spatula, and I cut it into quarters with my pizza cutter, and I piled the slices on a dinner plate, and I ate them all with knife and fork with a 12 ounce glass Schweppes Ginger Ale. I will now take a afternoon nap. Traditionally in Europe people take naps in the afternoon. CIO

<888> 07/04/14 Friday 2:05 P.M. I ordered \$20.99 with free shipping La Crosse Technology Ws-9023U-It-Cbp Wireless Thermometer . It is like the one that I just had go bad. It is the cheapest one that I know about that also shows outdoor humidity, which is very important for old people with arthritis who live near the Ocean. This updated model might also have an Atomic clock which is not mention, but another web site claims it does.

<888> 07/04/14 Friday 12:35 P.M. I took the old Oregon Scientific base unit with the broken sending unit, and I set it up on the Epox computer for the local inside apartment temperature. Right now it is 73 degrees Fahrenheit inside the apartment living room and 82.5 degrees Fahrenheit outside the apartment window. CIO

<888> 07/04/14 Friday 12:25 P.M. To hang the WeatherDirect sending unit outside the window, I bent a large paper clip to hook into its mounting bracket, and I secured it with five layers of electrical tape, since it can pull off the mounting bracket that comes with it. I hung it from its paper clip V hook with same strand of thin wire pulled over the window crank inside hanging the sending unit on the north side of the air conditioner.

What the Rich and Famous are doing <http://www.nantucket.net/live/index.php> and <http://www.kennebunkportbeachwebcam.com/> . CIO

<888> 07/04/14 Friday 11:50 A.M. I brought the LaCrosse weather station sending unit inside, and I followed the procedure for installing new batteries in both the sending unit and the base unit, and it still did not record the outside temperature on the base unit. Instead of using the LaCrosse sending unit, I put the WeatherDirect sending unit

outside, so the WeatherDirect internet weather device now has the outside temperature on it. If I can get the LaCrosse unit working, I might still use it for the inside temperature and the time. The instructions say to leave the batteries out for 15 minutes, but that did not work. I will leave them out for a day. I chatted with a friend. CIO

<888> 07/04/14 Friday 9:55 A.M. I took off the cover off the bathroom ceiling fan, and I cleaned it. I then vacuumed out the accumulated moisture dust from the inside housing which there was quite a bit of. I then lubricated the rear end off the fan motor rotor a few times with WD 40 and machine oil. I started it up and stopped it a number of times. I am now leaving it running for a while. After putting back on the cover, it took a couple of minutes to start up again, so I am leaving it running for a while to see if that fixes the problem. I had to replace the batteries on my LaCrosse weather station base unit, but I can not get it to display the outdoor temperature. It seems one has to also remove the batteries from the sending unit which in my case is outside my window along side the air conditioner. I would have to remove the items from that area and remove the screen to do that, so for now I will leave it set up to see if it pulls in a signal sooner or later. CIO

<888> 07/04/14 Friday 7:40 A.M. The true cost of aircraft carrier HMS Queen Elizabeth I will now shower and clean up. CIO

<888> 07/04/14 Friday 6:35 A.M. I woke up at 9 P.M., and I chatted with a friend who recently visited <http://www.mallofamerica.com/>. I finally woke up at 5 A.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I made my bed. CIO

<888> 07/03/14 Thursday 7:30 P.M. I picked up the mail. I ate a ham and Swiss cheese sandwich on 15 grain bread with Hellmann's mayonnaise and Utz wavy potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. I will now shut down the primary work computer, and I will go to bed. CIO

<888> 07/03/14 Thursday 6:20 P.M. I deleted my last two weeks email off the server. CIO

<888> 07/03/14 Thursday 5:50 P.M. I programmed the Panasonic four line telephone directory with 34 telephone numbers. CIO

<888> 07/03/14 Thursday 4:25 P.M. I picked up my relative at the Greenwich Train Station about 3:35 P.M.. My relative dropped me off back at home. I chatted with neighbors. CIO

<888> 07/03/14 Thursday 2:40 P.M. I chatted with three relatives. As it stands now, I will meet the relative who is barrowing my Volvo wagon for the Holiday weekend at the Greenwich Train Station at 3:31 P.M.. I ate a muffin with a glass of water. CIO

<888> 07/03/14 Thursday 1:45 P.M. I put the Panasonic four line telephone where the AT&T two line telephone was on the left side of the computer. I have Optimum Voice on

line 1, Verizon on line 2, and OpiTalk on line 3. I setup the phone, but I still have to programs its directory. I have its answering machine turned off. I put a 24 foot black handset cable on it. I put in a 9 Volt alkaline battery in it. CIO

<888> 07/03/14 Thursday 1:00 P.M. I chatted with a relative. CIO

<888> 07/03/14 Thursday 12:50 P.M. I called up Optimum Web Hosting in Vancouver, Canada at 1-800-504-5710, and they walked me through the process of changing the IP address on my home server, so <http://mikelouisscott.com/> now works. CIO

<888> 07/03/14 Thursday 11:55 A.M. The bathroom fan quit working. I threw out the garbage. I chatted with a neighbor. I went by the Chase Bank at 19 West Putnam Avenue. I paid my rent at the Wells Fargo Bank on Havemayer Place. I went by CVS, and I picked up a prescription. I bought two 17.5 ounce deluxe mixed nuts for \$6.99 each less a \$7 CVS coupon for \$6.98 total. I went by the Greenwich Town Hall, and I paid my property tax on my Volvo Wagon for \$30.38 total. I went by the Stop and Shop. I bought a 64 ounce Ocean Spray cranraspberry juice for \$2.50, a 64 ounce Ocean Spray crangrape juice for \$2.50, a 48 ounce Quaker Old Fashioned oatmeal for \$4.99, bananas for .69 a pound for \$1.69, a two pound bag of baby carrots for \$2.49, a 9 ounce Smart Balance Black Forest deli ham for \$2.99, a 59 ounce Minute Maid orange juice with calcium for \$2.89, a quart of Dannon low fat vanilla yogurt for \$3.19, a package of four day old muffins for \$2, a six pack of New York Everything bagels for \$4.69 less 65 cents can return for \$29.28 total. I then went by the Putnam Shell at 401 West Putnam Avenue, and I bought \$25.07 of self service V-Power premium gasoline for \$4.599 a gallon for 5.451 gallons at odometer reading of 108416 miles for 137.7 miles driven since the fill up yesterday for 25.262 miles per gallon in mostly highway traffic. I then returned home, and I put away my groceries. CIO

<888> 07/03/14 Thursday 9:05 A.M. I will now shower and clean up and go out. I chatted with a relative. I will be picking up the relative at the Greenwich Train station around 3 P.M. and lending the relative the Volvo wagon for the weekend. CIO

<888> 07/03/14 Thursday 8:40 A.M. I woke up at 7:30 A.M.. I ate breakfast of oatmeal with honey and milk, a blueberry muffin, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I made my bed. CIO

<888> 07/03/14 Thursday 1:25 A.M. I ate a 15 ounce can of Chef Boyardee lasagna and one ounce of mixed nuts and a 12 ounce glass of Schweppes Ginger Ale. I will now go to bed. NOAA weather radio was working here today, and it is coming from across Long Island Sound from the <http://www.bnl.gov/world/>. I will now go to bed. CIO

<888> 07/03/14 Thursday 12:35 A.M. After the last note, I packed and loaded up the Volvo wagon. I watered the plants out back and on the deck. On the NBC Boston news, they reported a young boy was bitten by a Fisher Cat in his back yard and had to get rabies shots. I ate cheese and crackers and watched the NBC evening news. For dinner, I ate a rotisserie chicken breast and leg and thigh with two ears of sweet corn with butter and a

glass of watered down orange juice. I cleaned up the kitchen and started the dishwasher. I chatted with a relative. I went to bed at 8:30 P.M.. I woke up at midnight, when there was the sound of a small amount of water dripping in the bunk room. I checked upstairs, and the nylon tightening thread on the new Toto toilet seat was loose and could not be tightened anymore. I used a plumber's pliers to turn off the water to the toilet and unplugged the electric. I mopped up the small bit of water. The NOAA weather radio went off in the kitchen. I woke up at 7 A.M.. I called up another relative about the leak, and another relative called Plumbing, heating, air conditioning, and heating fuel for southern Maine. Garrett Pillsbury. I brought in the www.nytimes.com. I unloaded the dishwasher. I ate breakfast of oatmeal with Splenda sweetener and milk and sliced banana, a blueberry muffin, watered down orange juice with vitamins and supplements. I showered, and I cleaned up. I finished packing the Volvo wagon. There was a fuel oil delivery. I chatted with a relative. I left at 9 A.M.. I drove out of Kennebunkport on Route 9 South to US 1 in Wells and west on U.S. 1 to the Wells Amtrak station, where I used the bathroom. I then got on I-95 South. I paid a \$3 toll for the Maine Turnpike and a \$2 toll for the New Hampshire turnpike. I stopped and used the bathroom at the Massachusetts welcome area. I then got on I-495 West. I stopped at the Lowell rest area. I got on I-290 West to the Massachusetts turnpike. I stopped at the Charlton rest area, and I ate my ham and Swiss cheese sandwich on flat bread with Hellmann's mayonnaise and some water. I chatted with a relative on my wireless. I put \$35.01 of self service premium Gulf gasoline in the Volvo wagon at \$4.059 a gallon for 8.625 gallons for an odometer reading of 108279 miles for 200.4 miles driving since the previous fill up for 23.235 miles per gallon in mostly highway traffic. I then paid a 50 cent toll and got on I-84 West. I stopped at the Connecticut welcome center. I then got on I-91 South. I got on the Wilbur Cross Parkway west, and I stopped at the North Haven rest area. I next stopped at the Fairfield rest area. I got off at North Street in Greenwich, and I drove into town. I stopped by the Chase Bank at 19 West Putnam Avenue at about 3:30 P.M.. I then went by the Valley Road Post Office, and I picked up my mail. The order with tracking of https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=9405509699938569430696 on the order for http://www.ebay.com/itm/Panasonic-KX-TS4300B-4-Line-Integrated-Corded-Phone-System-/141331387608?pt=US_Corded_Telephones&hash=item20e801d4d8 for \$45 total arrived. I then returned home. I turned on the air conditioners and fans in the apartment which was 98 degrees Fahrenheit inside. It took a while to cool off and is still warm. I chatted with two relatives and two friends. I turned on the toilet water and the hot water. While I was away, they energy people put on an energy saving shower head and also faucet heads on both sinks. However, it looks like they left all of the lights on for over a week. I unpacked the Volvo wagon and chatted with neighbors. I unpacked in my apartment. I sorted through the mail. I chatted with a relative. I put new batteries in the Hipo weather device along with the primary computer wireless mouse. I started up the server. However, the IP address has changed again, so it will take a while to get Optimum Web Hosting to fix that, but it should be running soon. I printed out two copies of my Microsoft Money 2007 Income Versus Spending report for June 2014, and I have one copy ready to mail to an interested relative. I paid my <http://optonline.net/> Digital Cable TV, Optimum Boost Plus, Optimum Voice, and my <http://www.cl-p.com/> electricity bill, and my <http://www.verizon.com/> local telephone bill. My current Optimum bill was \$229, which is about \$65 for high speed Cable Modem, \$35 for Optimum Voice long distance and about

\$129 for premium Cable TV for two months. However that includes \$25 in discounts for all three packages which covers the two cable boxes which are about \$12 and taxes another fees. I paid the final of four payments on my www.geico.com automobile insurance which is good through October 8, 2014. I drank three 12 ounce glasses of Schweppes Ginger Ale. I watered the plants. My relatives' new Toto seat was fixed this past afternoon. CIO

<888> 07/01/14 Tuesday 2:10 P.M. I went out with relatives, and we got gasoline at the Shell station on U.S. 1 in Biddeford, Maine. We then drove up I-95 north to Scarborough, and we drove north to the Portland airport, and we dropped off a relative. We then drove down I-95 South to Biddeford, and we went to T.J. Maxx. My relative got a Ralph Lauren Japanese style lamp there for \$80. We chatted with another relative on my wireless telephone. We then went to Hannaford's in Kennebunk for groceries. We then went by the Kennebunport post office. We then returned back to my relatives' house. I ate lunch of two sandwiches on flat bread with ham, turkey and domestic Swiss cheese and Hellmann's mayonnaise and Wise potato chips and a glass of cold water. I will now pack and load the car along with the laptop computer, so I will not be posting any more content on the internet, until I get back to Greenwich, Connecticut tomorrow afternoon. I will wake up in the morning tomorrow and head out after breakfast. CIO

<888> 07/01/14 Tuesday 9:00 A.M. Happy Canada Day. I woke up at 7 A.M.. I ate breakfast of oatmeal with sugar, milk, and sliced half of a banana, a toasted English muffin with butter, a 12 ounce glass of 50% orange juice and 50% water with vitamins and supplements, and a cup of coffee with Splenda sweetener and half and half. I showered, and I cleaned up. CIO

<888> 08/31/14 Sunday 10:35 P.M. I stayed up with a relative reading. I read this week's www.fortune.com magazine. Other relatives just returned home from a local party. I will now shut down the laptop computer, and I will go to bed. The good news is that it has been raining heavily outside, so I do not have to water the plants for a couple of days. CIO

<888> 08/31/14 Sunday 7:55 P.M. I woke up at 5:45 P.M.. We watched part of 41 on 41 on www.cnn.com . We then watched the www.nbcnews.com evening news while eating French cheese and hummus and Canadian crackers. For dinner, I ate three slices of pepperoni pizza with watered down orange juice. We cleaned up the kitchen. CIO

<888> 08/31/14 Sunday 2:55 P.M. For lunch I had a ham and Swiss cheese sandwich on whole wheat bread with Hellmann's mayonnaise and wabasi and ginger potato chips and a glass of watered down orange juice with cold filtered water. I chatted with a friend. I will now take a nap. CIO

<888> 08/31/14 Sunday 1:45 P.M. I made 181 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while listening to www.foxnews.com . CIO

<888> 08/31/14 Sunday 10:40 A.M. I woke up at 9 A.M.. I ate breakfast of oatmeal with honey, milk, and sliced banana; a muffin, a glass of 50% orange juice and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk and vitamins and supplements. I will now shower and clean up. CIO

<888> 08/30/14 Saturday 8:50 P.M. I will now shut down the laptop computer. I will watch some media before going to bed. CIO

<888> 08/30/14 Saturday 8:40 P.M. I woke up at 5:15 P.M.. I watered the plants and bushes in front and rear and on the deck. For dinner, I ate two barbecued hamburgers with toasted buns and Dijon mustard and Heinz ketchup and a slice of onion and sweet corn with butter and potato salad and watered down orange juice. We cleaned up the kitchen and started the dishwasher and emptied the garbage. CIO

<888> 08/30/14 Saturday 2:55 P.M. I chatted with relatives. I went out with a relative, and we went by the Kennebunkport post office. We then drove along the waterfront in Kennebunkport, and we went to Bradbury's grocery store in Cape Porpoise. We got some groceries. We then returned to my relatives' house. For lunch I had a ham and Swiss cheese sandwich on whole wheat bread with Hellmann's mayonnaise and mango and salsa potato chips and a glass of watered down orange juice with cold filtered water. I will now take a nap. CIO

<888> 08/30/14 Saturday 11:00 A.M. I watched some www.foxnews.com on television. The relatives arrived at 9:20 P.M.. We chatted until midnight, when I went to bed. I woke up at 10 A.M.. I ate breakfast of oatmeal with honey, milk, and sliced banana; a muffin, a glass of 50% orange juice and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk and vitamins and supplements. I will now shower and clean up. CIO

<888> 08/29/14 Friday 7:50 P.M. I will now shut down the laptop computer. I will wait for some other relatives to arrive. CIO

<888> 08/29/14 Friday 7:25 P.M. I swept out in front of the house. We had a guest for cocktails at 5:30 P.M.. We also had French blue cheese and Canadian crackers. I chatted briefly with a relative. For dinner, I had Ramen chicken noodles without the flavor package with the remaining reheated tomato meat spaghetti sauce on them and a glass of watered down orange juice. I cleaned up the kitchen, and I started the dishwasher. I just now chatted with a relative. CIO

<888> 08/29/14 Friday 3:55 P.M. For lunch I had a ham and Swiss cheese sandwich on whole wheat bread with Hellmann's mayonnaise and cold slaw and mango and salsa potato chips and a glass of watered down orange juice with cold filtered water. I chatted with a friend. CIO

<888> 08/29/14 Friday 3:00 P.M. The housekeeper and the yard person paid us another visit. The yard person is not going to cut the grass until next Friday, since with the dry sunny weather without rain, the grass is not growing as fast. I went for a drive with a relative. We went by the Kennebunkport post office. We then drove the entire length and back of the Kennebunk beach. It is quite busy at the beach today with very rough surf with the rip tides from the off shore tropical storm. We also drove along the waterfront and back in Kennebunkport which is also quite busy. I guess the Labor Weekend holiday people are here in force. We have more relatives arriving this evening. CIO

<888> 08/29/14 Friday 11:40 A.M. I woke up at 10 A.M.. I chatted with a relative and with the house keeper and yard person who stopped by briefly. I ate breakfast of oatmeal with honey, milk, and sliced banana; a muffin, a glass of 50% orange juice and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk and vitamins and supplements. I will now shower and clean up. CIO

<888> 08/28/14 Thursday 8:35 P.M. I will now shut down the laptop computer, and I will go to bed in a little while. CIO

<888> 08/28/14 Thursday 8:20 P.M. I went out with a relative, and we went by the Kennebunkport post office. We then went by CVS in Kennebunk. We then went by Hanneford's grocery store. They have 12 packs of www.coke.com products there for 2 twelve packs for \$4. We then went by the hair stylist. While waiting, I chatted with four friends. We then returned to my relatives' house. I chatted with another relative. We ate dip, hummus, French cheese and crackers, and I also had watered down orange juice while watching the www.nbcnews.com evening news. For dinner, I ate a barbecued rib eye steak, with a ear of sweet corn with butter, cold slaw and watered down orange juice. I cleaned up the kitchen. CIO

<888> 08/28/14 Thursday 1:35 P.M. I stripped the sheets off my bed in the bunkroom, and I started a load of colored and white clothes and linens together. I watered the plants and bushes in front and rear and on the deck. That takes one hour and 45 minutes. I started

the laundry dry cycle. For lunch I had a ham and Swiss cheese sandwich on whole wheat bread with Hellmann's mayonnaise and cold slaw and mango and salsa potato chips and a glass of watered down orange juice with cold filtered water. I put the clean sheets on my bed in the bunk room, and I put away the laundry. The downstairs dryer now dries just fine with the outside chicken wire cover on the vent being cleared of lent. CIO

<888> 08/28/14 Thursday 10:20 A.M. I ate breakfast of oatmeal with honey, milk, and sliced banana; a muffin, a glass of 50% orange juice and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk and vitamins and supplements. I will now shower and clean up. CIO

<888> 08/27/14 Wednesday 10:25 P.M. I ate two ounces of mixed nuts. I watched some www.foxnews.com, and I chatted with a relative. I will now shut down the Dell D410 laptop computer, and I will go to bed. CIO

<888> 08/27/14 Wednesday 8:55 P.M. \$74.99 with free shipping Canon Laser imageCLASS MF4770n Monochrome Printer with Scanner, Copier and Fax

When I drove up to Kennebunkport, Maine a week ago last Wednesday, I noticed the old Polaroid film manufacturing plant on Route 128 in Waltham, Massachusetts was gutted like they are converting it into some other facility. Back in the summer of 1971, I poured the concrete foundation for a small nuclear reactor there. I wonder what happened to it. CIO

<888> 08/27/14 Wednesday 8:10 P.M. \$58.81 with free shipping IVIEW 774TPCBL 7-Inch 8 GB Tablet CIO

<888> 08/27/14 Wednesday 7:20 P.M. While watching the evening news on www.nbcnews.com, I ate dinner of a rotisserie chicken leg and thigh and two ¼ inch thick slices of white breast meat, a ear of sweet corn on the cob with butter, acorn squash, cold slaw, and watered down orange juice. I cleaned up the kitchen and started the dishwasher. NBC news said tonight is Diane Sawyer's last broadcast on the ABC evening news. CIO

<888> 08/27/14 Wednesday 6:00 P.M. For lunch I had a ham and Swiss cheese sandwich on a hamburger roll with Hellmann's mayonnaise and potato salad and mango and salsa potato chips and a glass of watered down orange juice with cold filtered water. I went with a relative to the Kennebunkport post office. We then drove along the Kennebunkport waterfront to Cape Porpoise. We stopped by Bradburcy's grocery store and got a fresh bulb of garlic and orange juice. We drove around the end of Cape Porpoise, then returned back to my relatives' house. I took a nap from 2:45 P.M. to 5:15 P.M.. The Nokia Windows 8.1 GoPhone seems to be all configured. CIO

<888> 08/27/14 Wednesday 11:45 A.M. I am letting the Nokia Windows 8.1 GoPhone install a que of apps that I selected. CIO

<888> 08/27/14 Wednesday 10:05 A.M. After installing the Nokia GoPhone upgrade at 11 P.M. last night, I then had delete programs to free up 800 megs of space. I then started installing the Windows 8.1 upgrade. I went to bed. I woke up at 2:30 A.M., and the upgrade was complete. I configured some of its settings. One can install new programs to the micro SD card which will save space on the Nokia GoPhone. I can not figure out how to restore the apps that I deleted besides reinstalling them. I went to bed at 3 A.M., and I woke up at 9 A.M.. I ate breakfast of oatmeal with honey, milk, and sliced banana; a muffin, a glass of 50% orange juice and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk and vitamins and supplements. I will now shower and clean up. CIO

<888> 08/26/14 Tuesday 10:40 P.M. Scottish Oil and Political News
<http://www.bbc.com/news/uk-scotland-28945833>

The Nokia Windows 8.1 phone is updated. I will now go to bed. CIO

<888> 08/26/14 Tuesday 10:15 P.M. When I checked my Nokia Windows 8 GoPhone before going to bed, it prompted me to install a new operating system upgrade, which I am just finishing up doing. It is suppose to have Cortana <http://www.windowsphone.com/en-us/how-to/wp8/cortana/meet-cortana?src=ia&iaaid=50017000&ialnk=title> personal assistant. I am waiting until it finishes upgrading before going to bed. CIO

<888> 08/26/14 Tuesday 8:30 P.M. I will shut down the computer for the night, and I will go to bed in a little while. CIO

<888> 08/26/14 Tuesday 8:10 P.M. I woke up at 5:45 P.M.. I chatted with a relative on the wireless telephone. I chatted with a friend earlier today about noon. I watered the plants and bushes in the rear and on the deck. We watched the www.nbcnews.com evening news while eating French cheese, hummus, and dip with Triscuit dill crackers. For dinner, I ate a leg and a thigh of rotisserie chicken with two ¼ inch thick slices of white breast meat, acorn squash, and a large ear of sweet corn with butter and watered down orange juice. I cleaned up the kitchen. When I got back this afternoon, I folded a relative's dry laundry, and I put it in their bedroom. CIO

<888> 08/26/14 Tuesday 3:55 P.M. I left with a relative for the relative's appointment in Sacco, Maine at 12:15 P.M.. The Acorn Street railroad crossing in Sacco, Maine does not have warning lights or crossing gates which seems unusual for a busy area. We then drove back to Kennebunk, and we filled up the family car with premium gasoline, and we got the \$13 premium car wash at the Blue Canoe Irvine gasoline station. We then got groceries at the Hannaford grocery store. We then stopped by the Kennebunkport post office. We then returned to my relatives' house. The visiting relatives had left about 1:45 P.M. to return down south to work. They watered the plants and flowers in front, but the plants and bushes in back have to be watered. Also I am not suppose to smoke in the garage, but I have to smoke out back. For lunch I had a ham and Swiss cheese sandwich on a hamburger roll with Hellmann's mayonnaise and potato salad and small salad with

balsamic dressing and a glass of watered down orange juice with cold filtered water. I will now take a nap. CIO

<888> 08/26/14 Tuesday 10:35 A.M. I chatted with a relative at 10 P.M.. I woke up at 9:15 A.M.. It seems from what I can tell the other relatives arrived at about 6:30 A.M. this morning and are now sleeping. I ate breakfast of oatmeal with honey, milk, and sliced bananas; a toasted English muffin with butter, a glass of 50% orange juice and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk and vitamins and supplements. I will now shower and clean up. CIO

<888> 08/25/14 Monday 8:55 P.M. I will now go to bed. CIO

<888> 08/25/14 Monday 8:35 P.M. We sat out on the deck and ate hummus, dip, French cheese and crackers. For dinner I had vermicelli with reheated spaghetti tomato meat sauce with grated parmesan cheese and a glass of cold filtered water. I cleaned up the kitchen. I put the garbage can out by the street. We have more relatives arriving for the night after 4 A.M. this coming morning. CIO

<888> 08/25/14 Monday 5:45 P.M. For lunch I had a ham and Swiss cheese sandwich on a hamburger roll with Hellmann's mayonnaise and potato salad and a glass of cold filtered water. I went out with a relative, and we went by the Kennebunkport post office. We then drove along the entire length and back of the Kennebunk beach. I took a nap from 2:45 P.M. to 5 P.M..

Electricity increase in Connecticut information <http://states.aarp.org/aarp-consumer-advocates-oppose-clp-rate-hike-sc-ct-wp-press/> CIO

<888> 08/25/14 Monday 12:40 P.M. Android Operating System Earthquake Alert app <https://play.google.com/store/apps/details?id=com.joshclemm.android.quake> CIO

<888> 08/25/14 Monday 11:50 A.M. We put Schultz liquid plant fertilizer in a bucket of water and fertilized the plants on the rear deck and in front of the house.

Kennebunk Beach Parking Permits <http://www.kennebunkmaine.us/index.aspx?NID=308> and http://www.kennebunkportme.gov/Public_Documents/KennebunkportME_WebDocs/GRB_Stickers.pdf . They have machines at the beach where out of town guests may purchase daily parking permits for \$20 a day. Guests of residents can get a cheaper rate. There are only 20 miles of sandy beach in the whole state of Maine with its rocky coast line. There is a small sandy beach for free in front of the Colony Hotel in Kennebunkport, but it fills up fast in the summer.

<http://www.kennebunkportbeachwebcam.com/> CIO

<888> 08/25/14 Monday 10:25 A.M. I woke up at 9 A.M.. I ate breakfast of oatmeal with honey, milk, and sliced bananas; a muffin, a glass of 50% orange juice and 50% cold

filtered water, and a cup of coffee with Truvia sweetener and milk and vitamins and supplements. I will now shower and clean up.

<http://www.greenwichtime.com/technology/businessinsider/article/Humans-Have-Created-A-New-Top-Predator-That-Is-5706698.php> CIO

<888> 08/24/14 Sunday 9:30 P.M. I will go to bed in a little while. CIO

<888> 08/24/14 Sunday 9:15 P.M. For dinner, I ate vermicelli with homemade spaghetti tomato meat sauce with grated parmesan cheese and a glass of cold filter water. I went for a drive with a relative. We mailed a letter at the Kennebunkport post office. We stopped by H.B. Provisions and got a Shane's double scoop in a cup of blueberry ice cream for \$2.15 and .25 tip for \$2.40 total. We drove along the entire length of the Kennebunk beach, and we stopped at the west end of the east section of the beach. We split the ice cream. We chatted with another relative on the wireless telephone. We then drove along the waterfront in Kennebunkport and back to my relatives' house. On the automatic garage door opener, I put in a new regular 60 watt bulb, so the light comes on temporarily when the garage door opens. CIO

<888> 08/24/14 Sunday 6:10 P.M. I watered the plants and bushes in front, in rear, and on the rear deck. The yard person and the house keeper stopped by for a visit. A relative stopped by and we chatted for a while on the rear deck. We ate French cheese, humus, and crackers on the deck. We will now watch the www.nbcnews.com . CIO

<888> 08/24/14 Sunday 3:30 P.M. I removed with a screw driver and cleaned the outside chicken wire cover on the outside dryer vent and then reattached it with the screw driver. There was about a half inch thick matted amount of lint blocking the outside dryer vent wire cover, so now the dryer is free to do its thing. We put on the outside chicken wire cover on the outside dryer vent to keep chip monks from sneaking into the house. I ate a Stouffer's creamed chip beef on a toasted English muffin with Lays taco style potato chips and a glass of Nestea diet lemon tea. I washed and dried my Volvo wagon with Turtle Wax car wash. I also cleaned the inside door wells and threw out the debris from the front floor mats. I put away the dried colored clothes. CIO

<888> 08/24/14 Sunday 1:35 P.M. I made 170 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while listening to www.foxnews.com . I am on the dry cycle of the colors laundry. CIO

<888> 08/24/14 Sunday 11:30 A.M. I started a load of colored wash. I will now make cigarettes.

<http://www.foxnews.com/us/2014/08/24/usgs-60-magnitude-earthquake-shakes-northern-california/> CIO

<888> 08/24/14 Sunday 10:25 A.M. I woke up at 9 A.M.. I ate breakfast of oatmeal with honey, milk, and sliced bananas; a muffin, a glass of 50% orange juice and 50% cold

filtered water, and a cup of coffee with Truvia sweetener and milk. I will now shower and clean up. CIO

<888> 08/23/14 Saturday 10:25 P.M. I was able to fix the Outlook 2007 delete key problem, but going to the hidden folder where the Outlook.pst file was located, and deleting all the small files except the Outlook.pst file. The delete key now works. I will now go to bed. CIO

<888> 08/23/14 Saturday 9:40 P.M. On the laptop computer, Outlook 2007 will not let me delete my email. I can not figure out what the problem is. I will now go to bed soon. CIO

<888> 08/23/14 Saturday 8:05 P.M. I woke up from my nap at 5:15 P.M.. I folded the laundry, and I brought it upstairs to be put away. We watched the local and national news while eating dip, expensive French cheese and triscuits. For dinner I ate reheated breaded bay scallops and reheated white rotisserie chicken breast meat, a ear of Maine sweet corn with butter, a tossed salad with Balsamic vinegar dressing and watered down orange juice. I cleaned up the kitchen. Somehow a large glass mixing bowl got broken in the lower shelves, so we threw it out. CIO

<888> 08/23/14 Saturday 3:10 P.M. For lunch I had a ham and Swiss cheese sandwich on a hamburger roll with Hellmann's mayonnaise and pepper potato chips and watered down orange juice. I started a dry cycle of the load of laundry. I went with a relative, and we went by the Kennebunkport post office. We then sat out at the east end of the Kennebunk beach. We then drove along the entire length of the Kennebunk beach and back. It was not too busy, since the sun only came out around 2 P.M.. We then drove along the Kennebunk waterfront. We returned to my relatives' house. I had to start another dry cycle on the dryer to get the white clothes completely dry. I will now take a nap. CIO

<888> 08/23/14 Saturday 12:40 P.M. <http://www.foxnews.com/world/2014/08/23/iceland-raises-aviation-volcano-alert-to-red/?intcmp=latestnews> CIO

<888> 08/23/14 Saturday 12:20 P.M. I chatted with a friend. I started a load of white laundry. CIO

<888> 08/23/14 Saturday 11:10 A.M. I woke up at 9 A.M.. I ate breakfast of oatmeal with honey, milk, and sliced bananas; a muffin, a glass of 50% orange juice and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I chatted with a relative. I showered, and I clean up. The yard person finished cutting the lawn. I went out to the Kennebunkport post office, and I returned. CIO

<888> 08/22/14 Friday 9:10 P.M. I put \$10 on my backup H2O wireless GoPhone account which is good until November 20, 2014. I will go to bed in a little while. CIO

<888> 08/22/14 Friday 8:15 P.M. For lunch I had a ham and Swiss cheese sandwich on a hamburger roll with Hellmann's mayonnaise and pepper potato chips and watered down orange juice. The yard person is going to finish cutting the lawn tomorrow Saturday. I

went out with a relative. We went by the Kennebunkport post office. We then drove over to Kennebunk the back way, and we went by CVS. I then dropped a relative off to get her hair styled. I walked over to the Hannaford grocery store plaza, and they have a large eye glass and eye doctor place and a nail salon and the Sebago restaurant in the same plaza. The Norway savings bank is across the street. I read the local weekly newspaper. One can buy an inexpensive two bedroom house in Kennebunk for \$210,000. I chatted with four friends on my wireless telephone. I put a few items in the lower storage compartment of the Volvo station wagon. I have the original gasoline cap stored in the small right side storage area, but when I looked at it, there was some sort of small cable disconnected, so with difficulty, I was able to reconnect it. I am not sure what it does. It is near the gasoline filler port, so maybe it has something to do with emissions. When my relative was ready, we drove back to Kennebunkport the back way to avoid the traffic. I chatted with a friend. We watched the www.nbcnews.com , and ate Triscuit crackers with dip and expensive French cheese. For dinner we ate baked breaded bay scallops, and I also had cold slaw and two ears of local fresh sweet corn with butter and a glass of watered down orange juice. I cleaned up the kitchen. CIO

<888> 08/22/14 Friday 1:10 P.M. I watered the plants and bushes in front and rear of the house and the flowers on the rear deck. The yard person is here cutting the grass. CIO

<888> 08/22/14 Friday 11:00 A.M. I woke up at 8:45 A.M.. I ate breakfast of oatmeal with honey, milk, and sliced bananas; a muffin, a glass of 50% orange juice and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I emptied the garbage. I showered, and I cleaned up. I found the missing remote control for the Toshiba television in the kitchen. It was behind a picture in the library. One of the younger relatives likes running off with remote controls. CIO

<888> 08/21/14 Thursday 8:55 P.M. Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report

I will now shut down the laptop, and I will go to bed in a little while. CIO

<888> 08/21/14 Thursday 8:15 P.M. I woke up at 5:30 P.M.. I went for a drive with a relative along the Kennebunk beach the entire way. We stopped by the east end of the Kennebunk beach for a while and watched the dog walkers. I then drove along the waterfront in Kennebunkport. We returned to my relatives' house. For dinner, I ate a rotisserie chicken leg, two thighs, and two one quarter inch thick slices of white breast meat, sautéed sliced zucchini in coconut oil with chopped onion and a glass of watered down orange juice. I cleaned up the kitchen. CIO

<888> 08/21/14 Thursday 4:05 P.M. I refilled my Microsoft Windows 8.1 Nokia AT&T GoPhone account with \$25 and \$2.79 tax for \$27.79 total for \$278.34 on the account good until November 11, 2014. I will now take a nap. CIO

<888> 08/21/14 Thursday 3:50 P.M. I went out with a relative in my Volvo wagon. We went by the Kennebunkport Post Office. We then drove the back way to Hannaford's

Grocery store in Kennebunk, and we got a large load of groceries which took a while. We then went by the Circle R Irvine gasoline station, and my relative bought me \$20.01 of premium gasoline for 5.239 gallons at \$3.819 a gallon at odometer reading of 109,399 miles for 149.4 miles driven since the Chalmers rest area on the Massachusetts turnpike fill up yesterday for 28.517 miles per gallon in mostly highway traffic. I then went by the <https://www.facebook.com/pages/Razors-Edge/132929110084598> in Kennebunk, and I got a short preppy hair cut for \$16 and \$4 tip for \$20 total. We then returned to my relatives' house, and we put away the groceries. For lunch I had a ham and Swiss cheese sandwich on a hamburger roll with Hellmann's mayonnaise and kale salad and corn and tomato salad with a glass of cold filtered water. CIO

<888> 08/21/14 Thursday 10:45 A.M. I went to bed at 9:15 P.M., and I woke up at 9 A.M.. I ate breakfast of oatmeal with honey, milk, and sliced bananas; a muffin, a glass of 50% orange juice and 50% cold filtered water, and a cup of coffee with Truvia sweetener and milk. I emptied the garbage. I showed my relative the Iview Tablet. The relative said I really did not need to buy two. I will now shower and clean up. CIO

<888> 08/20/14 Wednesday 9:05 P.M. I woke up during the night and ate a muffin. I finally woke up at 5:15 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toast English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I showered, and I cleaned up. I threw out the garbage, and I put the last of my luggage in the Volvo wagon. I shut down and closed up the apartment. My friend called and he arrived at 8:45 A.M. with the bicycle rider from Germany. We loaded his home improved Mountain Bike and other gear. They used my apartment bathroom. We left at 9 A.M., going east on Putnam Avenue and then left on North Maple and up North Street to the Merritt Parkway. We stopped at the Fairfield and North Haven rest areas. We got on I-91 North, and stopped at the rest area. We then got on I-84 East and stopped at the Vernon rest area. We got on the Massachusetts Turnpike East and Stop and the Chalmer's rest area. We ate our ham and provolone cheese sandwiches, and my guest also drank a Canada Dry Diet Ginger Ale. I put \$18 of self service premium Gulf gasoline at \$3.859 a gallon for 4.664 gallons at odometer reading of 109250 miles for 129.7 miles driving since Greenwich for 27.809 miles per gallon in highway traffic. We stopped at the Natick rest area. We got off the Massachusetts Turnpike at the Route 128 Route 30 Weston exit and paid \$1.75 toll, and I dropped the German Bike rider and his gear at the Marriott Hotel at the that location. There are six foot wide bike paths on both sides of Commonwealth Avenue going into Boston. I then got on Route 128 North to I-95 North and I stopped at the New Hampshire rest area, and I chatted with a relative. I then paid a \$2 toll. I then stopped at the Maine rest area, and I chatted with a friend. The Bike rider had been to America riding a bike five times mostly out west. Before coming here this trip, he had been Iceland and even rode a bike over a volcano. My friend told me later on in the day that the bike rider found a place to stay and plans to ride up to Vermont and Montreal and come down via Niagara Falls and has to be in Fort Lauderdale, Florida the first week of November for a flight to Costa Rica where he will ride his bike some more. I paid a \$3 toll. I got off at the Wells exit and went east on U.S. 1 to Route 9 North into Kennebunkport, where I arrived at my relatives' house at 5:15 P.M. for 271 miles driving for 8 miles more than the other way I

usually go. I then unpacked the Volvo wagon, and I unpacked my luggage. I ate hummus and triscuits. For dinner I ate a deluxe chicken pot pie with cold slaw and two ears of local sweet corn on the cob with butter and a glass of cold filtered water. I cleaned up the kitchen and started the dishwasher. I plan to be visiting up in Kennebunkport until latter in the week of September 14, 2014. CIO

<888> 08/19/14 Tuesday 7:05 P.M. I chatted with another friend. I will now shut down the primary work computer, and the FIC server. I will then go to bed. I will wake up at 5:30 A.M. tomorrow. Once I am up in Kennebunkport, Maine; I will keep publishing my notes at:

<http://scott-mike.com/kbpt0814.htm> . CIO

<888> 08/19/14 Tuesday 6:40 P.M. I chatted with a friend. CIO

<888> 08/19/14 Tuesday 6:20 P.M. Apparently travelers can find inexpensive places to stay at www.airbnb.com . I am just about ready to eat a 19 ounce Marie Callender 3 meat and 5 cheese lasagna with grated parmesan and Romano cheese and a 12 ounce glass of Canada Dry diet Ginger Ale. CIO

<888> 08/19/14 Tuesday 5:40 P.M. I made two ham and provolone cheese sandwiches on toasted honey wheat bread with Hellmann's mayonnaise to bring with me tomorrow for myself and my guest. I put them in sandwich Ziplock bags in the refrigerator along with two cans of Canada Dry Diet Ginger Ale. We can grab a quick bit to eat like I always do at the Chalmers rest area, when one first gets on the Massachusetts Turnpike heading toward Bean Town. CIO

<888> 08/19/14 Tuesday 5:00 P.M. I chatted with a relative. I will now water the plants. CIO

<888> 08/19/14 Tuesday 4:50 P.M. I chatted with my friend out on Long Island. He will be here tomorrow morning at 8:30 A.M. to drop of the visitor from Cologne, Germany with the bicycle to ride up as far as Newton, Massachusetts. CIO

<888> 08/19/14 Tuesday 4:45 P.M. I finished packing. I sat outside briefly chatting with neighbors. I picked up the mail. CIO

<888> 08/19/14 Tuesday 1:30 P.M. I will now start packing. CIO

<888> 08/19/14 Tuesday 1:10 P.M. I threw out the garbage. I chatted with neighbors. CIO

<888> 08/19/14 Tuesday 11:50 A.M. I will now shower and clean up. CIO

<888> 08/19/14 Tuesday 11:10 A.M. I woke up and ate 2 ounces of mixed nuts and a 12 ounce glass of 50% punch and 50% Schweppes Ginger Ale. I finally woke up at 9:45

A.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I made my bed. CIO

<888> 08/18/14 Monday 8:55 P.M. I chatted with a relative. I ate 8 ounces of Perdue Italian grills chicken short cuts that I microwaved for two minutes in a microwave proof container, 12 ounces of garlic mashed potatoes with steamed baby carrots cut into quarters lengthwise with Smart Balance Spread and extra virgin olive oil on the vegetables , and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Equal sweetener and Borden's lemon juice. I will now shut down the primary work computer, and I will go to bed. I am gradually getting on an earlier day schedule. CIO

<888> 08/18/14 Monday 7:35 P.M. Why some people do not live down south Hunters snag 1K-pound alligator, an Alabama record CIO

<888> 08/18/14 Monday 7:25 P.M. Cunard®

I put away the clean laundry.

Harvard unleashes a swarm of self-organizing robots

Email - Defense Forum Early Bird Discount and Reagan Jerseys - Ronald Reagan Presidential Foundation and Library

Elephant poaching deaths reach tipping point in Africa

Camouflage sheet inspired by octopus

Richard III was bottle-a-day drinker, study suggests

Iceland raises Bardarbunga volcano alert to orange CIO

<888> 08/18/14 Monday 6:25 P.M. I chatted with a neighbor outside. I have 30 minutes to go on one dry cycle. CIO

<888> 08/18/14 Monday 5:45 P.M. The teacher from Germany has a driver's license and can drive a car here, so I might let him do some of the driving. He might want to stay at the <http://www.cambridgeymca.org/> , but I really do not want to risk driving into the busy Cambridge and Boston traffic. However, if I did I could drive out Route 2 A from Harvard Square to Route 128 North, which I have done many times in the past. CIO

<888> 08/18/14 Monday 5:35 P.M. I sat outside briefly. I picked up the mail. I have 15 minutes to go on one load of wash. CIO

<888> 08/18/14 Monday 5:00 P.M. I made 109 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching "Secrets of the Free Masons". I

chatted with a friend who is going to drop off the teacher from Germany on this Wednesday morning. We will talk tomorrow to figure out the time. CIO

<888> 08/18/14 Monday 2:50 P.M. I threw out the garbage. I chatted with neighbors. I will now make cigarettes. CIO

<888> 08/18/14 Monday 1:10 P.M. I will now shower and clean up.

I will be here <http://www.kennebunkportbeachwebcam.com/> in a couple of days. CIO

<888> 08/18/14 Monday 12:15 P.M. I woke up at 11 A.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I made my bed. CIO

<888> 08/18/14 Monday 12:10 A.M. Joe Walsh

River turtle mothers 'talk' to their hatchlings

I will now shut down the primary work computer, and I will go back to bed. CIO

<888> 08/17/14 Sunday 10:35 P.M. I ate 8 ounces of Perdue Italian grills chicken short cuts that I microwaved for two minutes in a microwave proof container, 12 ounces of garlic mashed potatoes with steamed baby carrots cut into quarters lengthwise with Smart Balance Spread and extra virgin olive oil on the vegetables , and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Equal sweetener and Borden's lemon juice. CIO

<888> 08/17/14 Sunday 10:20 P.M. I went out, and I went by the A&P Fresh. I bought three 19 ounce Marie Callender three meat and five cheese lasagnas for \$1.88 each and bananas for .69 a pound for \$1.64 for \$7.28 total. I then went downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I chatted with somebody from Israel. I stopped by briefly at CVS. I chatted with a relative on my wireless telephone. I might be staying longer up in Kennebunkport, Maine for possibly two weeks or more. I chatted with a regular at CVS. I used the bathroom at CVS. I then went by Putnam Shell at 401 West Putnam Avenue, and I checked the air on the tires of the Volvo wagon for 32 PSI all around. I put in \$9 of self service premium V-Power gasoline with 15 cents in discounts with my Stop and Shop card and gas station discount for \$4.229 a gallon for 2.129 gallons at odometer reading of 109120 miles for 32.3 miles driven since Tuesday August 5, 2014 for 15.172 miles per gallon in mostly local traffic. I then returned home, and I put away my groceries. CIO

<888> 08/17/14 Sunday 6:00 P.M. I will now shower and clean up. I will then go downtown to Greenwich Avenue to see the ends of the day. CIO

<888> 08/17/14 Sunday 4:55 P.M. I removed almost all of the stuff from the rear area of the Volvo wagon, and I stored it behind the Ethan Allen recliner in the living room. I have the rear seat folded down in the Volvo wagon and the roller cover removed, so there is now room for the bicycle that the teacher from Germany has, when I drive him up and drop him off in Newton, Massachusetts on this Wednesday, August 20, 2014 on my way up to Kennebunkport, Maine. I also threw out the shipping box of the new Frigidaire microwave oven. CIO

<888> 08/17/14 Sunday 3:20 P.M. While I was sleeping, I woke up and ate three ounces of mixed nuts. I woke up at 2 P.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I made my bed. I will now make up a fresh batch of punch. CIO

End of Scott's Notes week of 08/17/14

<888> 08/17/14 Sunday 12:40 A.M. I will now send out my weekly notes. I will shut down the primary work computer. I will the go to bed earlier trying to get back on a daytime schedule. CIO

<888> 08/16/14 Saturday 11:45 P.M. I ate a 16 ounce Marie Callender chicken pot pie, and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 08/16/14 Saturday 10:30 P.M. I chatted with a relative. I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. The train station was closed after 8 P.M. as usual. I stopped by CVS, and I chatted with a Greenwich Avenue regular, and I bought two 17.5 ounce low salt premium mixed nuts for \$6.88 each can for \$13.76 total. Their bathroom was locked. After my walk, I sat out for a while. I then used the bathroom at Starbucks. I told the Starbucks staff, the first European style coffee shop I frequented was in the basement of the Pier One Imports building off www.harvard.edu Square in 1968, and when I visited Italy in the winter of 1972, there were lots of European style coffee shops including the one on the ground floor of the Pensione Adria on Via Santa Trinita just north of the Medici Palace and just south of the Santa Trinita bridge in Florence, Italy. Back then a cappuccino was about \$1.50 and Cafe Au Lait which is American style coffee was about the same price. I next returned back to the peace and tranquility of Byram, Connecticut. It was fairly busy downtown this evening with lots of weekend diners. CIO

<888> 08/16/14 Saturday 7:20 P.M. I chatted with a friend. I will now shower and clean up. I will then venture out to the over familiar walking zone of Greenwich Avenue. CIO

<888> 08/16/14 Saturday 6:55 P.M. I chatted with my friend out on Long Island. The bicycle rider school teacher is 30 years old. Since there is an exit off the Massachusetts Turnpike at I-128 and Route 30 or Commonwealth Avenue, and there is this Marriott Hotel at that exit <http://www.marriott.com/hotels/travel/bosnt-boston-marriott-newton/>, I will drop the German rider off there, and he can peddle his way on the local roads into

Boston. I can then get back on I-128 North, and drive up to I-95 North to Maine. Since I do not drive very much, I do not like driving in busy urban environments. My friend on Long Island diseased father used to be on the Board of Overseers for www.harvard.edu , but it would be too dangerous for me to try to drive into Cambridge with all of the old Boston Cow Path Roads. Since the German bicycle rider plans to camp out, I could drop him off at Waldon Pond in Concord, Massachusetts, but I am not sure I would be able to find it. I have not driven in Boston, since about 1980, when I attended the 350 birthday party of Boston on the waterfront with friends of mine who were part of the Kaiser of Germany's consulate before World War I. I have traveled through Boston one or two times since then when I took the bus from Portland, Maine and the Amtrak train back down to Stamford. CIO

<888> 08/16/14 Saturday 6:10 P.M. I went back to bed until 5 P.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I made my bed. CIO

<888> 08/16/14 Saturday 2:55 P.M. I chatted with a relative. CIO

<888> 08/16/14 Saturday 2:30 P.M. I had a telephone call from a friend out on Long Island at 9 A.M.. The friend has met a German visitor who riding a bicycle out there, and is having the German visitor at his family house. The friend asked if I could drive the German visitor up to Boston, when I drive up to Maine this Wednesday. I said I would. The friend will come by with the German visitor this Wednesday morning between 9 A.M. and 10 A.M.. I will have to store the items in the rear of my Volvo wagon in my apartment, so I can get the German visitor's bicycle in the Volvo wagon. The friend has a relative in Dedham, Massachusetts, but I am not sure where I will drop off the German visitor. I had a another telephone call from a relative at noon. I woke up at 2 P.M.. I just chatted with a relative. CIO

<888> 08/16/14 Saturday 3:05 A.M. I ate a 16 ounce Marie Callender chicken pot pie with a medium tomato sliced into quarter inch thick slices with Italian spices, celery salt, grated parmesan and Romano cheese and extra virgin olive oil on the slices, and a 12 ounce glass of Schweppes Ginger Ale. I will now shut down the primary work computer, and I will go to bed. On the Android app for Optimum WiFi automatic logon, the entry areas are extremely small and hard to see, so I had to use a magnifying glass to check that I entered the ID and password correctly. Also it displays vertical, so the keyboard is smaller than horizontal, so a person with larger fingers might have difficulty typing the right keys. Possibly holding an ear que tip might help to type the right keys. CIO

<888> 08/16/14 Saturday 1:55 A.M. Since it is the Labor Party in Scotland that wants independence from England, and if it were to happen, since right now it is about fifty fifty split, possibly since Tony Blair was born in Blair Castle in Scotland, he would be a legal Scottish citizen, and obviously a potential labor party member, so possibly he could be their first Prime Minister of Scotland, since he is probably not doing anything anyway. CIO

<888> 08/16/14 Saturday 1:30 A.M. On the Iview Tablets, I have Android Jelly Bean 4.2.2 running on both of them which is the latest upgrade available. Also the latest upgrade of the Skype app on the Iview tablets was freezing, but if you go to Settings on the Tablet and scroll down to the Skype app, one can unselect "sync", and then the Skype app works just fine. One has to install the latest Android version of Skype, since the application that comes with the tablet upgrade is older and does not work. CIO

<888> 08/16/14 Saturday 12:15 A.M. New Android Tablet in Great Britain
<http://www.tesco.com/direct/hudl/> . CIO

<888> 08/16/14 Saturday 12:05 A.M. Cunard®

Magpies 'don't steal shiny objects'

Who what why: How much gold can we get from mobile phones?

How much gold is there in the world?

Thousand-strong robot swarm throws shapes, slowly

Tesco Hudl and other Android devices face data reset flaw

CIO

<888> 08/15/14 Friday 11:10 P.M. I opened up the bag of 80 ounces of Peter Stokkebye 84 Turkish , and I filled 17 quart Ball Mason jars with almost five ounces in each jar. CIO

<888> 08/15/14 Friday 10:35 P.M. I made 165 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching series 10 episode 4 of "Poirot". I ate 6 ounces of mixed nuts. CIO

<888> 08/15/14 Friday 7:25 P.M. \$49.99 with free shipping Ricoh Aficio SP 204SN Black&White Multifunction Laser Printer, 23ppm, 1200x600 dpi Print, 151 Sheets Input Capacity, Ethernet/USB - Print, Copy, Scan

I will now make cigarettes. CIO

<888> 08/15/14 Friday 6:40 P.M. http://en.wikipedia.org/wiki/Scottish_independence_referendum,_2014 CIO

<888> 08/15/14 Friday 6:35 P.M. I chatted with a relative. I threw out the garbage. I said "Hello" to the building custodian. I sat outside briefly surveying the local area. I picked up the mail. The www.time.com magazine came with the picture of Robin Williams. I do not know whether he was related to Helen Kress Williams or not. However, Williams is a fairly common family name in America. It is also a very good college in Western Massachusetts <http://www.williams.edu/> where some of the Vanderbilts and Rockefellers

once lived. I think Richard Helms of www.cia.gov also graduated from Williams. When I lived out in www.nantucket.net , during the summer of 1978, all of the Massachusetts license plates ended with the letter "K", and it was the same when I later visited Williamstown, Massachusetts the following year after my first trip to California. Since Williamstown is not on the ocean and is very cold in the winter, maybe people from Williamstown flock to Nantucket in the summer. CIO

<888> 08/15/14 Friday 4:40 P.M. I will now shower and clean up. CIO

<888> 08/15/14 Friday 4:00 P.M. I woke up at 2:45 P.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I made my bed. CIO

<888> 08/15/14 Friday 6:10 A.M. I ate a sliced rotisserie white breast meat with Frank's hot sauce and ham and provolone cheese sandwich on honey whole wheat bread with Hellmann's mayonnaise and Wise salt and vinegar potato chips with a medium tomato sliced into quarter inch slices with Italian spices, celery salt, grated parmesan and Romano cheese and extra virgin olive oil on the slices, and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. I will now shut down the primary work computer, and I will go to bed. CIO

<888> 08/15/14 Friday 5:10 A.M. On the second Iview Tablet, I opened all of its apps, and those that needed them, I entered the log ons and the passwords. I then did an Easy Backup. I next did an Iview Phoenix backup of the internal apps to the primary work computer. I then copied the internal drive contents to the primary work computer. Thus the second Iview tablet is all set up and ready for use. CIO

<888> 08/15/14 Friday 12:40 A.M. If one does the math, I have been in this building at 71 Vinci Drive for 25.5 year which is about 1326 weeks, and at about \$5 a week for four laundry machines that means I have spent \$6,630 in doing laundry over 25.5 years. Expenses for other life style choices are obviously a lot more expensive. CIO

<888> 08/15/14 Friday 12:20 A.M. I put away the clean laundry. CIO

<888> 08/14/14 Thursday 11:55 P.M. [Cunard®](#)

[Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report](#)

[Biltmore Email Newsletter](#)

[Cosmic grains pre-date Solar System](#)

[Sweat-powered battery could charge your phone](#)

[Rosetta: Comet probe gets down to work](#)

CIO

<888> 08/14/14 Thursday 11:10 P.M. I have 50 minutes to go on two dry cycles. CIO

<888> 08/14/14 Thursday 10:45 P.M. I put clean linens on the bed. I showered, and I cleaned up. I started two loads of laundry, and I have 10 minutes to go on the wash cycles. I picked up the mail. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 08/14/14 Thursday 9:00 P.M. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. CIO

<888> 08/14/14 Thursday 7:55 P.M. After the last note, I tried to transfer files from the primary work computer to the second Iview tablet. However, plug and play would not recognized the Iview tablet, although it did the first Iview tablet. I worked for about five hours trying to fix the problem. Around 6 A.M., I reinstalled the Iview configuration on the second Iview tablet, and then I restored the Iview Phoenix backup of about 60% of the Android apps. However, the primary work computer would not recognize the Iview tablet storage. I then discovered on the Iview Android tablet, there is a small USB icon in the upper left hand corner of the screen. When one taps on it, one scrolls down to a page to enable USB Storage transfer, and when that is enabled, one is able to transfer files between the devices. I then copied the Internal Storage files from the first Iview tablet to the primary computer, and then I transferred them to the internal storage folder on the second Iview tablet. I then tried Easy Backup to restore the rest of the apps, but Easy Backup will only let one restore one app at a time. Easy Backup stores the backup on the internal Iview storage, so in order to restore them after formatting and reinstalling the Android configuration, one has to have copied the internal drive contents to another computer before reinstalling the Android configuration. I chatted with a relative. I went to bed at 11 A.M.. I woke up at 4 A.M., and I chatted with a friend. I also chatted with a relative. I was able to restore the rest of the apps to the second Iview tablet from the list of my installed apps at the Google Play Store. I still have to open the apps and install log ons and passwords. CIO

<888> 08/14/14 Thursday 1:05 A.M. I ate a roasted chicken leg and thigh and wing and four one quarter inch thick slices of white breast meat with Frank's hot sauce, 12 ounces of garlic mashed potatoes with steamed baby carrots cut into quarters lengthwise with Smart Balance Spread and extra virgin olive oil on the vegetables , and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Equal sweetener and Borden's lemon juice. CIO

<888> 08/13/14 Wednesday 11:00 P.M. I updated:

<http://scott-mike.com/andtab.htm>

<http://mikelouisscott.com/andtab.htm>

<http://mikelouisscottcom.cv.siteprotect.net/andtab.htm>

On the Android list, I took off Google Launcher and Outlook, and I installed Google+.

CIO

<888> 08/13/14 Wednesday 7:45 P.M. I chatted with a friend and a relative. I threw out the garbage. I sat outside briefly surveying the evening. CIO

<888> 08/13/14 Wednesday 6:35 P.M. I chatted with a friend. I will now shower and clean up. I have some computer internet work to do, so I guess I will not be going out for a walk this evening. I find by staying home more, I am more focused on my activities at home. Although I could use the exercise, downtown has a lot of distractions and change of focus. CIO

<888> 08/13/14 Wednesday 5:40 P.M. I woke up at 4 P.M.. I chatted with two friends. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I made my bed. CIO

<888> 08/13/14 Wednesday 6:40 A.M. I ate a muffin. I will now shut down the primary work computer. I will then go to bed directly. There is supposed to be a down pour of rain today, so everyone here can stay home, so they don't melt in the pouring rain. CIO

<888> 08/13/14 Wednesday 5:45 A.M. I have the apps mentioned below installed and also uninstalled on the two Iview tablets, and I have them both backed up with Easy Backup. CIO

<888> 08/13/14 Wednesday 2:35 A.M. I took the Amazon Apps store and USA Today and Ebay and Audible off my Android List, and I put Starbucks, Google Play Launcher, Google Play Music, Google Play Movies, and Outlook.com. Since the device is limited to only 100 megs of app space, I have to be vigorous in sorting them out. However, if apps let themselves be stored on the micro SD card, there is more room for them all. CIO

<888> 08/12/14 Tuesday 11:35 P.M. \$79.99 with free shipping Dell™ B1165nfw Wireless Monochrome Laser All-In-One Printer, Copier, Scanner, Fax

\$74.99 Dell Laser Multifuntion Printer B1163W CIO

<888> 08/12/14 Tuesday 10:40 P.M. I picked up the mail. I ate a roasted chicken leg and thigh and wing and two one quarter inch thick slices of white breast meat with Frank's hot sauce, 12 ounces of mashed potatoes with chives, bacon, and cheese with steamed baby carrots cut into quarters lengthwise with Smart Balance Spread and extra virgin olive oil on the vegetables with a medium tomato sliced into quarter inch slices with Italian spices, celery salt, grated parmesan and Romano cheese and extra virgin olive oil on the slices, and

a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Equal sweetener and Borden's lemon juice. CIO

<888> 08/12/14 Tuesday 8:45 P.M. I found out on Bloomberg News this afternoon that Robin Williams was the Mime outside the Metropolitan Museum of Art, when I used to go there regularly from 1973 to 1975. Thus I saw him many times outside the museum. However, since he was a Mime nobody ever got to talk with him or know what he looked like without his face painted white. The Greenwich Time had his vineyard for sale in California for \$60 million a couple of months ago. I threw out the garbage. I drove over to the New Lebanon School in Byram, and I voted in the Republican Governor's primary. Nobody else was there voting. Downtown Byram has changed a bit though, although I rarely see it. I then went by the A&P Fresh, and I returned 70 cents in cans. I toured their store. They had a large rotisserie oven full of chickens cooking that had caught fire, but the store manager quickly put out the fire. Their rotisserie chickens are also \$5.99. I then went downtown to the Greater Greenwich Avenue area of town. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by Zen Stationary, and I played an Ace's High scratch card for a dollar, but I lost. I stopped by the Apple computer store. I stopped by the Greenwich Cigar store, and I played an Ace's High scratch card for a dollar, but I lost. I chatted with a regular walker outside the Greenwich Train Station. I stopped by the Entree computer store on Mason Street on the southeast corner with Lewis street. I stopped by CVS, and I used the bathroom. I bought a 28 ounce Lysol Clean and Fresh multi-surface cleaner for \$3 and .19 tax for \$3.19 total. I stopped by the Mac Inspires store. I stopped by the MarkerBot store. I sat for a while. I stopped by Starbucks, and I chatted with the staff. I chatted with someone that had just graduated from Cornell University that looked like Rob Glore in the old days, when he had just graduated from school in Switzerland. I then went by the Greenwich Library, and I chatted with two staff members. I sat outside observing the clouds in the southly to northerly direction with the incoming storm. I then went by the Stop and Shop. I bought a 2 pound bag of baby carrots for \$2.49 and a 16 ounce Marie Callender chicken pot pie for \$2 for \$4.49 total. They have honeydew melons there a lit bit larger than a cantaloupes for \$3. The Japanese love honeydew melons, and in Japan they cost \$50. I chatted with someone from Jamaica. I then returned home. While I was sitting outside another baby bunny rabbit showed up, so I put four baby carrots on the ground near it, for it to eat. I did not get any mail today. I put away my purchases. I chatted with a relative. CIO

<888> 08/12/14 Tuesday 2:30 P.M. I will now shower and clean up. I will then go out and vote in the Republican Primary at the New Lebanon school in Byram, Connecticut next to the Byram Schubert Library. I guess I will then go downtown and check out the local situation. If it rains in the summer, I guess it will not bother my arthritis too much. Being descended from a mother with Holland Dutch back ground and a paternal grandfather with Scottish back ground and a paternal grandmother with English back ground, I do not think the rain or dampness will bother me too much. Besides, I keep an umbrella in the Volvo wagon. CIO

<888> 08/12/14 Tuesday 1:40 P.M. I woke up at noon. The order with tracking of "1Z980W800370074302" at www.ups.com on the order for five http://www.trianglecables.com/tel5outadwit.html?utm_source=Eloqua&utm_medium=Email&utm_content=Product1&utm_campaign=Daily-Deal-20140806 for a dollar each and \$4.95 shipping for \$9.95 total arrived. I had a telephone call from <http://www.tomfoleyct.com/>. I gave him a brief summary of my political back ground. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I made my bed. CIO

<888> 08/12/14 Tuesday 1:30 A.M. I will now shut down the primary work computer, and I will go to bed. It is supposed to rain today, so I might not go out and vote. CIO

<888> 08/12/14 Tuesday 1:15 A.M. I ate a 16 ounce Marie Callender chicken pot pie with a medium tomato sliced into quarter inch slices with Italian spices, celery salt, grated parmesan and Romano cheese and extra virgin olive oil on the slices, and a 12 ounce glass of Schweppes Ginger Ale. When I was downtown this evening, I saw a baby rabbit moving around, so one has to be careful when driving downtown to watch out for baby rabbits. CIO

<888> 08/11/14 Monday 11:45 P.M. While I was making cigarettes, I ate 6 ounces of mixed nuts. I threw out the garbage. I chatted with a neighbor. The Republican Party primary is tomorrow Tuesday August 12, 2014. The polls open at 6 A.M. to 8 P.M.. I went downtown to the Stop and Shop. I bought a bag of reduced produce tomatoes for \$2.09, fresh bananas at .69 a pound for \$1.28, two 24 ounce Simple Ideas garlic mashed potatoes for \$2.99 each, two 8 ounce Perdue short cut strips Italian grilled chicken for \$3.59 each, four 16 ounce Marie Calendar chicken pot pies for \$2 each, a 59 ounce Florida Natural orange juice for \$2.50, a four pack of day old muffins for \$1.95, and a Giant Bourbon rotisserie chicken for \$5.99 for \$34.97 total. I then sat out briefly downtown on Greenwich Avenue. There were only a few people around. I then returned home to the Greater corner of South Western Connecticut. I put away my groceries. CIO

<888> 08/11/14 Monday 9:45 P.M. I chatted with two relatives and a friend. I made 186 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching series 10 episode 3 of "Poirot". CIO

<888> 08/11/14 Monday 5:10 P.M. I will now make cigarettes. CIO

<888> 08/11/14 Monday 4:15 P.M. I threw out the garbage. CIO

<888> 08/11/14 Monday 3:25 P.M. The Germans were high tech in computers in World War II, but none of the German politicians and military people paid much attention to the computer operations. As everyone knows World War I and World War II were won on the playing fields of <http://www.etoncollege.com/> and A brief history of Eton College by having a fit group of young people in shape to fight the upcoming battles. I ate a ham and provolone cheese sandwich on whole wheat bread with Hellmann's mayonnaise and Utz

wavy potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. I will now shower and clean up. CIO

<888> 08/11/14 Monday 2:40 P.M. I did Android Easy backups of both Iview Tablets to the Micro SD card. CIO

<888> 08/11/14 Monday 2:05 P.M. J.P. Morgan's historic New York camp up for sale CIO

<888> 08/11/14 Monday 2:00 P.M. I woke up at 12:30 P.M.. I made my bed. I picked up the mail. The Saturday mail arrived this morning. The order with tracking of "1Z0F425FYW95146805" at www.ups.com on the order for \$12.99 with free shipping Netgear WNR2000 300 MBPS 10/100 Wireless N Router with 4-Ports (WNR2000-100NAS) - Reconditioned arrived. The order with tracking of https://tools.usps.com/go/TrackConfirmAction?qt=9400110200793216905841 on the order for http://www.ebay.com/itm/1A-AC-Wall-Power-Charger-ADAPTER-Cord-for-Iview-774TPC-797TPC-785TPC-Tablet-PC-/141296500020?pt=US Tablet eReader Chargers Sync Cables&hash=item20e5ed7d34 for \$5.64 with free shipping and http://www.ebay.com/itm/HDMI-Audio-Video-TV-Cable-Cord-Lead-for-Iview-975TPC-Iview-796TPC-Iview-774TPC-/131090118726?pt=US Tablet AV Cables Adapters&hash=item1e85947846 for \$4.98 with free shipping arrived. I sat outside briefly. I chatted with neighbors. CIO

<888> 08/11/14 Monday 7:55 A.M. I will now take a nap. First I will eat 8 ounces of Dannon yogurt. CIO

<888> 08/11/14 Monday 4:25 A.M. From the Android Apps List, I took off "Watch ESPN" and "the Weather Channel", and I added:

https://play.google.com/store/apps/details?id=com.bibliocommons.greenwichlibrary

https://play.google.com/store/apps/details?id=com.libraryideas.freegalmusic

https://play.google.com/store/apps/details?id=com.hoopladigital.android

https://play.google.com/store/apps/details?id=com.zinio.mobile.android.reader

CIO

<888> 08/11/14 Monday 3:40 A.M.

The following Android apps in my list store a lot of data that can be cleaned from the Settings, Storage, Apps, tap on app, Data, Clear Data.

Clean Master

Facebook

GMail

Google Services

Weather Channel

If one deletes the data from those four apps, one free up a lot of app storage space.

I ran AVG Anti Virus on both Iview Tablets. CIO

<888> 08/11/14 Monday 1:40 A.M. To my Android Apps list

<http://scott-mike.com/andtab.htm>

<http://mikelouisscott.com/andtab.htm>

<http://mikelouisscottcom.cv.siteprotect.net/andtab.htm>

I added:

<https://play.google.com/store/apps/details?id=com.google.android.gms&hl=en>

<https://play.google.com/store/apps/details?id=com.avg.cleaner>

<https://play.google.com/store/apps/details?id=com.joshclemm.android.quake>

https://play.google.com/store/apps/details?id=com.kellytechnology.NOAA_Now

Also available

<http://www.greenwichlibrary.org/Downloadable%20Library/MobileApps.aspx>

For some reason while both Iview Tablets were turned off today, they lost about 35 megs of apps storage space. CIO

<888> 08/10/14 Sunday 11:35 P.M. I woke up at 9:30 P.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I made my bed. CIO

End of Scott's Notes week of 08/10/14

<888> 08/10/14 Sunday 1:00 P.M. I chatted with a relative.

Warts and all: Bid to save rare natterjack toads in Scotland

I will now send out my weekly notes. I will then shut down the primary work computer, and I will go to bed directly. CIO

<888> 08/10/14 Sunday 12:40 P.M. I ate a sliced white breast rotisserie chicken meat and Swiss cheese sandwich on whole wheat bread with Hellmann's mayonnaise and Frank's House sauce sandwich and Utz wavy potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 08/10/14 Sunday 11:50 A.M. I finished configuring the second Iview tablet. I did two different Android backup to it micro SD card. I also did a Iview Phoenix backup to the backup drive on the primary work computer. I copied both Iview Phoenix backups to the Rosewell external hard drive. I have 110 meg app space free on the first Iview tablet, and I have 135 meg app space free on the second Iview tablet. The second Iview tablet probably has more space, since I copied half its apps from the Iview Phoenix backup of the first Iview tablet. CIO

<888> 08/10/14 Sunday 7:45 A.M. I cancelled the return at www.amazon.com on the second Iview Tablet \$39.99 IVIEW 774TPCBL 7-Inch 8 GB Tablet . CIO

<888> 08/10/14 Sunday 7:40 A.M. I have all of the same applications installed on the second Iview Tablet. They both have 116 megabytes of free app space on the internal storage. I now have to open some of the applications on the second Iview Tablet and enter the passwords. I think the depressed return button on the second Iview Tablet is not depressed, but possibly it was a returned item and not new, and the previous user cut off the small return button, so it did not stick out and be a nuisance returning the screen. Since I hold the tablet in my left hand, I do not accidentally hit the return button. I do not use the return button on the Iview tablet, but just scroll the screen and return icon on the screen. CIO

!!!!!! <888> 08/10/14 Sunday 4:25 A.M. I have the second Iview tablet reinstalled with Android, and I have restored most of the apps to it with the Iview Phoenix restore of the backup I just made from the first Iview tablet. I now have to transfer the music files to it and install the apps that were on the micro SD card. I put in the 8 GB micro SD card in it. CIO

<888> 08/10/14 Sunday 3:20 A.M. On the first Iview tablet, it will not boot, if the return key is depressed while the power key is turned on. Since the second Iview tablet with the permanently depressed return key does turn on and try to boot, it would seem that the return key is not interfering with it booting up. I opened up the UPS return box, and I am charging it up. I will then try the restore procedure from last night to reinstall its configuration. If that works, I will keep it, since I never use the return key, but just the tablet screen return icon. It will take about an hour to charge it, before I can try to restore it. CIO

<888> 08/10/14 Sunday 12:50 A.M. I threw out the garbage. I sat out for a while. It is all quiet on a new full moon night in August 2014. I did some minor updates to:

<http://scott-mike.com/andtab.htm>

<http://mikelouisscott.com/andtab.htm>

<http://mikelouisscottcom.cv.siteprotect.net/andtab.htm>

Of course people with a bigger budget can afford tables with more than 8 gigbytes internal storage, but my Iview tablet fits my purposes just fine, since I have a lot of other computers at home. CIO

<888> 08/09/14 Saturday 10:05 P.M. It says here <http://smallbiztrends.com/2013/04/us-postal-service-saturday-delivery.html> , there is supposed to be postal delivery service on Saturdays. I will now shower and clean up. CIO

<888> 08/09/14 Saturday 9:30 P.M. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I made my bed. CIO

<888> 08/09/14 Saturday 8:10 P.M. I woke up at 6 P.M.. I sat outside for an hour and a half until 7:30 P.M. waiting for the mail to arrive. CIO

<888> 08/09/14 Saturday 7:40 A.M. I cancelled the return on the first Iview tablet that I received that I restored.

Cunard®

Workshop on Volatiles in the Martian Interior

Tracking is

https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=9400110200793216905841 on the order for [http://www.ebay.com/itm/1A-AC-Wall-Power-Charger-ADAPTER-Cord-for-Iview-774TPC-797TPC-785TPC-Tablet-PC-/141296500020?pt=US Tablet eReader Chargers Sync Cables&hash=item20e5ed7d34](http://www.ebay.com/itm/1A-AC-Wall-Power-Charger-ADAPTER-Cord-for-Iview-774TPC-797TPC-785TPC-Tablet-PC-/141296500020?pt=US%20Tablet%20eReader%20Chargers%20Sync%20Cables&hash=item20e5ed7d34) for \$5.64 with free shipping.

Brain-inspired chip fits 1m 'neurons' on postage stamp

USB 'critically flawed' after bug discovery, researchers say

I will now shut down the primary work computer. I will eat a muffin, and then I will go to bed. CIO

<888> 08/09/14 Saturday 6:40 A.M. I finished configuring the Iview Android tablet. I used the Phoenix program from Iview to backup the apps on the Iview Android Tablet to my backup hard drive on the primary Windows 7 computer. I am now copying the music files to the Iview Android tablet. I will then use two backup programs on the Iview

Android tablet to make two more backups. I am a bit bushed, but I have it all running fine. I did not put the Android Office Suite on the Iview Tablet, since it uses up too much space, and with there is not much screen space to use it. I have about 200 megs of internal app storage on the Iview tablet, but that fills up with data with use. CIO

<888> 08/09/14 Saturday 3:25 A.M. This shows how to change the input between the keyboard in Android and Google Voice <http://www.pinyinjoe.com/other-os/android-ime-switching-and-settings.htm> . CIO

<888> 08/09/14 Saturday 12:20 A.M. Good News on the first Iview 774TPC Tablet, I was able to upgrade or reinstall the Android System Setup with this method <http://www.iviewus.com/firmware774TPC/> . It does not install the Android drivers however. However, it installs an Android in the device manager, and one chooses to upgrade it drivers, and then one choose to "browse computer for devices", and then one chooses to "Let me pick up from a list of driver" and then one chooses "all drivers" and from that long list, one chooses "Google" and selects the first Android driver, which installs the Android tablet on Windows 7. Then one can install the new installation on the Iview tablet. Thus I am back to square one reinstalling my apps. I can not use that method on the second Iview, since its escape button is depressed and does not come out. I put the 32 GB micro SD card in the first Iview tablet. I will now configure it again. I will now enable the screen lock for better or worse, so it can not be changed to voice lock. CIO

<888> 08/08/14 Friday 10:05 P.M. I picked up the mail. I ate a roasted chicken leg and thigh and wing and four one quarter inch thick slices of white breast meat with Frank's hot sauce, 12 ounces of mashed potatoes with chives, bacon, and cheese with steamed baby carrots cut into quarters lengthwise with Smart Balance Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Equal sweetener and Borden's lemon juice. CIO

<888> 08/08/14 Friday 8:25 P.M. I went to my 1:30 P.M. appointment. I returned home. I fiddled with trying the get the Iview Tablet to unlock its voice screen lock. One can not upgrade the Iview Android system, since on both my Windows 7 and Windows XP machine, the Android device drivers were not installed by the upgrade program from Iview. I chatted with neighbors outside a few times. The order with tracking of https://www.fedex.com/fedextrack/html/index.html?tracknumbers=9261299994656800311343&cntry_code=us on the order for \$39.99 IVIEW 774TPCBL 7-Inch 8 GB Tablet arrived. It also when charged up a bit would not boot up at all, but froze. I got an RMA from Amazon to return it via UPS, and I have it packaged up and ready to go. I am waiting to be notified on the original Iview tablet RMA, so I can also return it. The FIC server was down, when I returned home, so I had to restart it. I chatted with a relative.

The order with tracking of https://tools.usps.com/go/TrackConfirmAction?qtC_tLabels1=9102999998734047279787 on the order for <http://www.ebay.com/itm/2-Micro-USB-Battery-Car-Charger-for-Samsung-Galaxy-S-S2-S3-S4-2-3-4-I-II-III-IV->

/310696579289?pt=US_Cell_Phone_PDA_Chargers&hash=item4856f590d9 for \$4.90 with free shipping arrived. CIO

<888> 08/08/14 Friday 12:05 P.M. I drank a 12 ounce glass of punch, and I took my vitamins and supplements. I can not get Google Voice to unlock the lock screen on the Iview tablet. Somehow Google Voice now comes up on it. I will now shower and clean up and get read to go to my 1:30 P.M. appointment. CIO

<888> 08/08/14 Friday 10:20 A.M. I woke up at 8 A.M.. I worked on the Android Tablet list. After installing <https://play.google.com/store/apps/details?id=com.tabletcalling> , when I rebooted, the password keyboard does not come up, but a speak microphone icon which does not respond, so I can not get into the Iview tablet with the password. I do not know what the problem is. CIO

<888> 08/08/14 Friday 12:30 A.M. I ate a 15 ounce can of Chef Boyardee small ravioli and a 12 ounce glass of Canada Dry Ginger Ale. I will now shut down the primary work computer, and I will go to bed. I have a 1:30 P.M. appointment today. CIO

!!!!!! <888> 08/07/14 Thursday 11:00 P.M. <http://earthquaketrack.com/r/hawaii-hawaii/recent> CIO

<888> 08/07/14 Thursday 10:55 P.M. <http://www.justcloud.com/> may not be any good, since Symantec Internet Security says their app has this Trojan http://www.symantec.com/security_response/writeup.jsp?docid=2014-061213-0500-99&vid=42932&product=Norton%20Internet%20Security&version=21.4.0.13&plang=sym:EN&layouttype=ESD&buildname=Retail&heartbeatID=EDB78615-2146-11E1-8D94-000E04B76AAC&env=prod&vendorid=1001470&plid=2&plgid=2&skup=21292821&skum=21292844&skuf=21291108&endpointid=%7BEDB78615-2146-11E1-8D94-000E04B76AAC%7D&partnerid=1001470&lic_type=16&lic_attr=21124114&psn=BXQHF GHHC9D4&osvers=6.1&oslocale=iso:USA&oslang=iso:ENG&os=windows CIO

<888> 08/07/14 Thursday 10:30 P.M. I updated the Iview Android tablet configuration list:

<http://scott-mike.com/andtab.htm>

<http://mikelouisscott.com/andtab.htm>

<http://mikelouisscottcom.cv.siteprotect.net/andtab.htm>

with the same apps on my Iview tablet. I was able to free up a lot of internal storage space, by going to the Settings, Apps; and deleting the data for each app, so I was able to install a few more apps and also the apps updates from the Google Store, My Apps, Updates. I also used the two backup programs on the Iview tablet to make backups to my micro SD card. CIO

<888> 08/07/14 Thursday 6:15 P.M. I chatted with a relative. CIO

<888> 08/07/14 Thursday 6:05 P.M. I sat outside briefly. I put away the clean laundry. CIO

<888> 08/07/14 Thursday 5:15 P.M. Keith Haring | Artist Biography, Artwork for Sale | Artsy

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Tracking is "1Z980W800370074302" at www.ups.com on the order for five http://www.trianglecables.com/tel5outadwit.html?utm_source=Eloqua&utm_medium=Email&utm_content=Product1&utm_campaign=Daily-Deal-20140806 for a dollar each and \$4.95 shipping for \$9.95 total.

Email - The impact of Ronald Reagan's ideals continues today - Ronald Reagan Presidential Foundation and Library

Horses' mobile ears are 'communication tool'

\$11 Billion Later, High-Speed Rail Is Inching Along - NYTimes.com

\$48.94 with free shipping Amazon.com: Nokia Lumia 520 GoPhone (AT&T): Cell Phones & Accessories

Hurricane Iselle to hit Hawaii on Thursday

Robots inspired by origami fold themselves into motion CIO

<888> 08/07/14 Thursday 4:50 P.M. I sat outside briefly. I have 50 minutes to go on two dry cycles. CIO

<888> 08/07/14 Thursday 4:15 P.M. I picked up the mail. I sat outside briefly. I started two loads of laundry, and I have 20 minutes to go on two wash cycles. CIO

<888> 08/07/14 Thursday 3:45 P.M. I installed the http://www.ebay.com/itm/331167370730?customid=87089e5b49944b028257b42f59964016&pub=5574652453&afepn=5337259887&campid=5337259887&icep_id=117&ipn=icep&afepn=5337259887 using a 16 GB SD card connecting it to the Dynex Router LAN port used by the unused Netgear Storage device. It was recognized by <http://pogoplug.com/activate/>, and one can view and upload the files at <http://my.pogoplug.com/view> by drag and drop. I also opened a free remote storage site. I also installed the Android application for it on the Iview Tablet which works just fine. CIO

<888> 08/07/14 Thursday 2:30 P.M. I chatted with a relative. CIO

<888> 08/07/14 Thursday 1:40 P.M. <http://blog.ctnews.com/traffic/2014/07/31/video-how-the-state-replaced-a-bridge-in-2-days/> CIO

<888> 08/07/14 Thursday 1:30 P.M. The new shower fixture works just fine. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 08/07/14 Thursday 11:45

A.M. <http://www.greenwichtime.com/news/article/Greenwich-family-makes-Forbes-richest-list-5611879.php> . I will now put clean linens on the bed. I will then shower and clean up. CIO

<888> 08/07/14 Thursday 11:05 A.M. I woke up at 9:15 A.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I have a problem with the kitchen LED TV again. I think I finally fixed the problem. The long cable coaxial cable from the splitter in the living room to the kitchen LED TV was lose at the splitter. I disconnected it, and I used pliers to push in its connector more securely, and then I reconnected it, so the kitchen LED TV now works just fine. CIO

<888> 08/06/14 Wednesday 10:10 P.M. Connecticut Message:

Dear friends and neighbors,

With the first case of West Nile Virus discovered in Connecticut last week, we would like to remind residents of some basic preventive measures.

Most mosquito bites are irritating but otherwise harmless; however, some mosquitoes can transmit encephalitis and West Nile virus, which can cause severe illness with symptoms like headache, high fever and bodily weakness. Ticks can transmit Lyme disease, which can be treated if recognized early, so look for flu-like symptoms and possible rashes. Left untreated, Lyme disease can cause joint and muscle pain, fatigue, heart problems and neurological issues.

Here are some tips for preventing insect bites and protecting against the illnesses they can cause all summer long:

- Don't apply perfumes and avoid the use of scented soaps. The sweet scents of soaps and perfumes attract some insects.
- Stay away from stagnant water and heavily wooded areas. Insects, especially mosquitoes, congregate around pools of water. Deer ticks, which carry Lyme disease, are more likely to be in areas with lots of trees and brush.
- Avoid wearing bright clothing. Bright flowery prints also attract insects, including honey bees and hornets.
- Do not use combination sunscreen/insect repellents. Sunscreen needs to be reapplied often but insect repellent should not.

- Check DEET concentrations on insect repellents before use. Higher concentrations of DEET protect for longer lengths of time. Choose a concentration based on how long you need to protect yourself. Repellents containing DEET should not be used on children younger than six months old.
- Protect your pets, too. Your four-legged family members can also get diseases from insects. Make sure to bring and use your pet's flea and tick repellants.
- Check for ticks after being outside near a wooded area.

Best Regards,

Livvy Floren, 149th District
 Stephen G. Walko, 150th District
 Fred Camillo, 151st District

End of Message:

<http://www.greenwichlibrary.org/Downloadable%20Library/Hoopla.aspx>

<http://greenwichlibrary.freegalmusic.com/homes/index>

<http://overdrive.greenwichlibrary.org/>

[Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report](#)

[It's official: Windows 8.1 Update 2 is a dud | Microsoft windows - InfoWorld](#)

I ordered five

http://www.trianglecables.com/tel5outadwit.html?utm_source=Eloqua&utm_medium=Email&utm_content=Product1&utm_campaign=Daily-Deal-20140806 for a dollar each and \$4.95 shipping for \$9.95 total.

[The Prince's Trust: Inspiring young lives](#)

<http://www.britannica.com/EBchecked/topic/269851/Holy-Roman-Empire?source=ONTHISDAY>

[Europe's Rosetta probe goes into orbit around comet 67P](#)

[Washington DC from murder capital to boomtown](#)

[Britons spend more time on tech than asleep, study suggests](#)

I chatted briefly with a friend.

I will now shut down the primary work computer. I will eat 8 ounces of Dannon yogurt. I will then go to bed. CIO

<888> 08/06/14 Wednesday 7:50 P.M. I chatted with a relative. I ate a roasted chicken leg and thigh and wing and two one quarter inch thick slices of white breast meat with Frank's hot sauce, 12 ounces of mashed potatoes with chives, bacon, and cheese with steamed baby carrots cut into quarters lengthwise with Smart Balance Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Canada Dry diet Ginger Ale and a cup of green tea with Equal sweetener and Borden's lemon juice. CIO

<888> 08/06/14 Wednesday 6:10 P.M. The NOAA weather radio went off twice in the last hour for a thunder storm coming our way. I threw out the shower fixture shipping box. I put the vice grip back in the tool box in the rear of the Volvo wagon. The sky is beginning to blacken for the approaching thunder storm. CIO

<888> 08/06/14 Wednesday 5:45 P.M. I picked up the mail. The order with tracking of "1ZA50W98YW60761667" at www.ups.com and https://tools.usps.com/go/TrackConfirmAction?qtC_tLabels1=92612999965146551195220895 on the order for <http://www.groupon.com/deals/gg-dreamspa-luxury-36-setting-3-way-combo-shower-head-1> for \$18.99 and \$3.99 shipping and \$1.45 tax for \$24.43 total arrived. I delivered another package to a neighbor. I chatted with a friend. I used my vice grips from the Volvo wagon tool box to removed the old shower head. I used the plumber's tape that came with the new shower fixture on the threads of the shower spout threads, and I installed the new shower fixture exactly as the instructions said, not using pliers or vice grip but hand tightening the various pieces. It works just fine. I set both shower units to be turned on with wide spread spray. The instructions says that both shower head units are equipped with United States Government water restricting flow controls to less than 2.5 gallons per minute to preserve water and energy. CIO

<888> 08/06/14 Wednesday 2:35 P.M. I made 133 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching series 10 episode 2 of "Poirot". CIO

<888> 08/06/14 Wednesday 12:35 P.M. I charged up the rechargeable battery for the Cannon Digital camera. I also am charging up the two million watt lantern and the three jump start systems. I will now make cigarettes. Unlike the vast majority of people whom seem to watch too much television in their free time which I also enjoy, I find that when one stays home and thinks about it, one can figure out other activities to keep one busy, particularly when one is more mobile in this area during the warmer weather. Once winter sets in, and one spends more time inside, one might take the time to watch Dalton Abbey and pretend we are all landed English country gentry. In Queen Victoria's Day, she had her children working 18 hour days except Sundays and Holidays. When one did not have to work on Sundays, people enjoyed religion more than in the modern days, when busy people are frequently working on Sundays. In Russia which is more productive, everything runs 24 a day seven days a week, so night time people are more active. CIO

<888> 08/06/14 Wednesday 12:05 P.M. For the Iview tablet, I ordered <http://www.ebay.com/itm/1A-AC-Wall-Power-Charger-ADAPTER-Cord-for-Iview-774TPC-797TPC-785TPC-Tablet-PC->

/141296500020?pt=US Tablet eReader Chargers Sync Cables&hash=item20e5ed7d34 for \$5.64 with free shipping. To play the Iview tablet on a HDTV, I ordered <http://www.ebay.com/itm/HDMI-Audio-Video-TV-Cable-Cord-Lead-for-Iview-975TPC-Iview-796TPC-Iview-774TPC-/131090118726?pt=US Tablet AV Cables Adapters&hash=item1e85947846> for \$4.98 with free shipping. CIO

<888> 08/06/14 Wednesday 11:40 A.M. I threw out the garbage. I chatted with neighbors. I fixed my neighbor's LCD TV, by using the remote control to change it from Audio Input to TV/Coaxial input, so now the neighbor's TV works in his living room. The order with tracking of "1Z8V730W0305222350" at www.ups.com on the order for AA \$17.99 with free shipping Ultra N-RGY Alkaline Batteries 1.5 v, 100 pack arrived. CIO

<888> 08/06/14 Wednesday 9:15 A.M. Battery Sale <http://slickdeals.net/f/7104304-144-pack-duracell-procell-aa-alkaline-batteries-1-20-rakuten-cash-24-amp-more-free-shipping-new-customers>

I will now shower and clean up. CIO

<888> 08/06/14 Wednesday 8:15 A.M. See what the summer people are doing way out on the remote island of Nantucket www.nantucket.net and http://www.killenrealestate.com/nantucket_killen_cam.php . The Nantucket people tend to be very inbred, and do not seem to realize there is a much larger group of people on the mainland. Meanwhile on the mainland in Kennebunkport, Maine <http://www.kennebunkportbeachwebcam.com/> , it is not too busy at the beach, since only the locals are allowed to park at the beach. Here in Green Witch, Connecticut; I do not make it to beach very often in the summer, since it costs me \$10 round trip for the 22 mile round trip to the Tod's Point Beach in Old Greenwich. However, I am getting quite a bit of work done at home this summer. It is like <http://www.aesopfables.com/cgi/aesop1.cgi?sel&TheAntandtheGrasshopper&&antgrass.ram> . CIO

<888> 08/06/14 Wednesday 7:30 A.M. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I made my bed. CIO

<888> 08/06/14 Wednesday 6:30 A.M. I ate six ounces of mixed nuts before going to bed. I woke up at 5:45 A.M.. In the bathroom above the bathroom sink, I replaced the 8 inch 22 watt and the 12 inch 32 watt round florescent bulbs, since one of the older ones had burned out, and the other one was about to burn out. I keep spare bulbs to have available when they burn out. CIO

<888> 08/05/14 Tuesday 9:55 P.M. I will now shut down the primary IBM Home Brew Self Built PC Desktop Computer. I will then eat a muffin. I will then go to bed. I can not figure out why my electricity bill for this past July was \$90 higher than last July. However, I did keep the apartment at 72 degrees Fahrenheit instead of 78 degrees Fahrenheit. I also

used the lights in the living room at night, when I was on a night schedule, instead of a few low light bulbs. I guess electricity is getting so expensive that we can not afford anything of the other necessities of life. I only live in a 450 square foot apartment, but in the summer, the western sun hits my four 4 foot by 8 foot windows on the second floor above a black tar roof which absorbs heat, so I would have the green house effect without the two air conditioners. Also in the winter, when I could use the extra heat, the sun does not hit the windows to warm up the apartment. Instead I get the cold northwest wind which we now call the Polar Vortex. CIO

<888> 08/05/14 Tuesday 9:20 P.M. I chatted with a relative.

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Rosetta probe set to catch comet after ten year chase CIO

<888> 08/05/14 Tuesday 7:50 P.M. I ate a ham and turkey and Swiss cheese sandwich on whole wheat bread with Hellmann's mayonnaise and Utz wavy potato chips and a dill pickle slice and a 12 ounce glass of Canada Dry Ginger Ale.

Touristas <http://www.liveduvalstreet.com/>

My www.cl-p.com electricity bill for July 2014 was \$350.34 for 2086 kWh for 33 days with 63.21 kWh per day with an average temperature of 73.9 degrees Fahrenheit.

For July 2013, it was \$263.75 for 1812 kWh for 31 days for 58.45 kWh per day with an average temperature of 76.5 degrees Fahrenheit. CIO

<888> 08/05/14 Tuesday 6:15 P.M. I picked up the mail. I went by the www.chase.com bank at 19 West Putnam Avenue. I was told there new office just west of the Greenwich Library will be opening in November 2014. They will be moving their office at 19 West Putnam Avenue and the Chase Bank branch at the Stop and Shop shopping plaza to that new location. The existing two branches on Greenwich Avenue will remain there. I then went by the Wells Fargo Bank on Havemayer Place, and I paid my rent to the Greenwich Housing Authority. I then walked lower Greenwich Avenue and the train station area. I stopped by the www.apple.com computer store, and I told them about their competition from:

<http://scott-mike.com/andtab.htm>

<http://mikelouisscott.com/andtab.htm>

<http://mikelouisscottcom.cv.siteprotect.net/andtab.htm>

I then sat out downtown for a while observing the slow paste of life on a very slow hot Tuesday evening. It was not very busy. I guess everyone is away. I then returned home. When I drove over to Cos Cob this morning, I noticed they have a major

construction project at <http://www.christchurchgreenwich.org/> , where they are redoing the stone work and roof of the center old building. CIO

<888> 08/05/14 Tuesday 3:10 P.M. The order with tracking number of "" at www.ups.com for http://www.staples.com/Bowflex-EZ-Pro-Heart-Rate-Monitor-Watch-Red/product_505564 for \$10.99 and .70 tax with free shipping for \$11.69 total arrived via www.ups.com . I drove over to www.radioshack.com in Cos Cob, and I bought <http://www.radioshack.com/product/index.jsp?productId=11051591> for \$4.99 and .32 tax for \$5.31 total. I then went by the Cos Cob Hardware store, and I bought a 5.25 ounce STP fuel injector and carburetor treatment for \$6.37 with tax. I then stopped by the Cos Cob liquor store, and I told them briefly about my trip to Turkey in 1972. I then went by CVS at the Cos Cob shopping plaza, and I toured the store. I then drove through downtown Greenwich Avenue, but I could not find a parking place. I went by CVS on Greenwich Avenue, and I picked up a prescription. I then went by the Stop and Shop. I bought a 42 ounce Quaker Old Fashioned oats for \$5.29, a 24 ounce B&G kosher dill spears for \$2, a 12 ounce Frank's original hot sauce for \$2.99, deli sliced provolone cheese for \$5.99 a pound for \$5.99, deli sliced honey ham for \$5.99 a pound for \$6.11, bananas for .69 a pound for \$1.19, a 2 pound bag of baby carrots for \$2.49, a 20 ounce Stop and Shop bacon, cheese, and chives mashed potatoes for \$3, a 15 ounce Smart Balance omega spread for \$3.69, two 8.5 ounce Lysol aloe vera automatic fresh liquid hand soap refills for \$3.49 each, buy one six pack get one free of Thomas' English muffins for \$4.29 both, a loaf of Pepperidge Farm 15 grain bread for \$3.99, a rotisserie Bourbon chicken for \$5.99 and .44 tax for \$54.44 total. I then went by the Putnam Shell at 401 West Putnam Avenue, and I put the STP treatment in the gasoline tank, and I put \$7.25 of self service Shell plus gasoline at \$4.099 a gallon with a dime off with my Stop and Shop card for 1.768 gallons for at odometer reading of 109088 miles for 18 miles driving since Wednesday July 30, 2014 for 10.181 miles per gallon in mostly local traffic. I then returned home, and I put away my groceries. I hooked up the new 3 foot coaxial cable where the 15 inch cable was connected with the stress on it, and I put that 15 inch cable where the other 15 inch cable was with the loose connector. Now the kitchen LED television is clear as a bell. CIO

<888> 08/05/14 Tuesday 10:10 A.M. I will now shower and clean up and then I will go downtown and do errands. CIO

<888> 08/05/14 Tuesday 8:55 A.M. I woke up at 6:15 A.M.. The kitchen LED TV was not working properly. The problem was that the 15 inch coaxial cable underneath the stereo system in the living room from the gold four splitter to the gold two splitter had a lose connector. I pushed the lose connector back into the cable, so the kitchen LED TV now works just fine. I probably need to get another 15 inch coaxial cable to replace it. It is available at www.radioshack.com in Cos Cob for \$5 <http://www.radioshack.com/product/index.jsp?productId=11051591> , so whenever I go out, I guess I will have to take a long drive over to Cos Cob. Also the Roku device on the kitchen TV works off the apartment wireless, so the apartment wireless needs to be turned on for it to work. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I made my bed. CIO

<888> 08/04/14 Monday 8:30 P.M. I will now shut down the primary IBM Clone Internet Personal Desktop Computer, and I will eat 8 ounces of Dannon vanilla yogurt, and then I will go to bed. Not much happening in this neck of the woods. CIO

<888> 08/04/14 Monday 7:10 P.M. Holland, Michigan Images . As a young child who used to vacation with his family during the summer on Lake Michigan in Holland, Michigan, I advanced my interest in electronics by putting nickels into a pen ball machine at the little country store near the family house on the beach. I have not been back there, since about 1962, when my family moved to the Atlantic Ocean in Greenwich, Connecticut. However, the waves on Lake Michigan can be a lot tougher with under tows than Long Island Sound. CIO

<888> 08/04/14 Monday 7:00 P.M. While at www.lfc.edu from 1968 to 1972, I worked on restoring old Mercedes Benz including two <http://benz-books.com/blog/46/mercedes-300-adenauer/> which I guess did not make me popular amongst the Midwest Automobile Engineering group including two members of the www.ford.com family that were at Lake Forest College while I was there. Thus when one is surrounded by people whom do not have the same viewpoint on life, one has to make the best of the situation as one sees fit.

Fiat says ciao to Italy headquarters as Chrysler merger is approved . In Spain, Fiats are called <http://www.babylon.com/definition/siat/> . I hate to tell you, but in the smaller countries of Europe which are closer together geographically, the various members of the various countries tend to converse with each other, and do not rely on the American media to tell them what goes on or what they are supposed to think. CIO

<888> 08/04/14 Monday 6:20 P.M. Tracking is <https://tools.usps.com/go/TrackConfirmAction?qt=9102999998734047279787> on the order for http://www.ebay.com/itm/2-Micro-USB-Battery-Car-Charger-for-Samsung-Galaxy-S-S2-S3-S4-2-3-4-I-II-III-IV-/310696579289?pt=US_Cell_Phone_PDA_Chargers&hash=item4856f590d9 for \$4.90 with free shipping.

Email - Must-Have Reagan and Liberty Pocket Books, plus new events at the Reagan Library - Ronald Reagan Presidential Foundation and Library

UK's deep sea mountain life filmed

Bolivian golden bat revealed as 'new species'

Microsoft sues Samsung over Android patent fees

Mercedes Benz Sprinter Ad CIO

<888> 08/04/14 Monday 5:55 P.M. I threw out the garbage. I chatted with neighbors. CIO

<888> 08/04/14 Monday 5:10 P.M. I ate a sliced white breast rotisserie chicken meat and turkey and Swiss cheese sandwich on whole wheat bread with Hellmann's mayonnaise and <http://www.tabasco.com/> sauce sandwich and Utz wavy potato chips and a dill pickle slice and a 12 ounce glass of Canada Dry Ginger Ale. CIO

<888> 08/04/14 Monday 4:05 P.M. I worked with the Iview tablet. I sat outside, and I chatted with a neighbor. I picked up the mail. CIO

<888> 08/04/14 Monday 1:40 P.M. I chatted with a relative. I went outside, and I chatted with neighbors. I tried checking on a neighbor to check out his television problem, but the neighbor did not answer his door or telephone. CIO

<888> 08/04/14 Monday 11:55 A.M. I will now shower and clean up. CIO

<888> 08/04/14 Monday 11:25 A.M. I chatted with a friend down south. CIO

<888> 08/04/14 Monday 8:15 A.M. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I made my bed. CIO

<888> 08/04/14 Monday 7:00 A.M. I woke up at 6 A.M..

!!!!!! I posted Android Tablet Configuration Pages at:

<http://scott-mike.com/andtab.htm>

<http://mikelouisscott.com/andtab.htm>

<http://mikelouisscottcom.cv.siteprotect.net/andtab.htm> CIO

End of Scott's Notes week of 08/03/14

<888> 08/03/14 Sunday 8:30 P.M. I will now send out my weekly notes. I will then shut down the primary work computer. I will eat a muffin, and then I will go to bed. CIO

<888> 08/03/14 Sunday 7:55 P.M. <https://www.optimum.net/internet/hotspots/>

To use the Iview table in a car, I ordered http://www.ebay.com/itm/2-Micro-USB-Battery-Car-Charger-for-Samsung-Galaxy-S-S2-S3-S4-2-3-4-I-II-III-IV-/310696579289?pt=US_Cell_Phone_PDA_Chargers&hash=item4856f590d9 for \$4.90 with free shipping. CIO

!!!!!! <888> 08/03/14 Sunday 5:55 P.M. On the Iview Android tablet [IVIEW 774TPCBL 7-Inch 8 GB Tablet](http://www.iviewus.com/default/iview-774tpc-product.html) and <http://www.iviewus.com/default/iview-774tpc-product.html> which I was able to get for \$36 refurbished and another one for \$40 new with 8 GB of internal storage and 1 GB memory including case, I installed the latest Android Update for the

operating system. This is a list of Android applications I have on it. One can move some of the apps to the MicroSD card from the Settings, Apps; so with these apps installed, I still have 187 megs of app storage space left on the internal 8 GB storage of the device.

I set its web browser to <http://scott-mike.com/scotlist.htm> to use my interactive homepage which are a bit out of date, but still useful or unzip the downloadable file from my web sites. The download is <http://scott-mike.com/scott009.zip>. The WinZip program will extract it in the Download Directory on the microSD card. Then one copies the extracted folder "scott009" from the download folder of the microSD card to the main directory of the microSD card in a folder named "scott9". In the Browser, one has to enter "<file:///mnt/extsd/scott9/scott009/scotlist.htm>" to open the interactive groups of files of Scott's directory in the Android web browser.

Android Backup Programs

<https://play.google.com/store/apps/details?id=com.keramidas.TitaniumBackup> a bit complex

<https://play.google.com/store/apps/details?id=mobi.infolife.appbackup> works easy enough and seems to back up the apps

<https://play.google.com/store/apps/details?id=com.idea.backup.smscontacts> have not tried

<https://play.google.com/store/apps/details?id=com.mdroidapps.easybackup&hl=en> works easy enough, and backs up the apps

<https://play.google.com/store/apps/details?id=mobi.infolife.appbackup&hl=en> have not tried

Android Apps

http://www.amazon.com/gp/mas/get/android/ref=mas_rw_ldg

<https://play.google.com/store/apps/details?id=com.amazon.windowshop>

<https://play.google.com/store/apps/details?id=com.amazon.kindle>

<https://play.google.com/store/apps/details?id=com.amazon.mp3>

<https://play.google.com/store/apps/details?id=com.andropenoffice>

<https://play.google.com/store/apps/details?id=com.antivirus>

<https://play.google.com/store/apps/details?id=com.symantec.mobilesecurity>

<https://play.google.com/store/apps/details?id=com.apkinstaller.ApkInstaller>

<https://play.google.com/store/apps/details?id=com.audible.application>

<https://play.google.com/store/apps/details?id=com.google.zxing.client.android>

<https://play.google.com/store/apps/details?id=com.bloomberg.android.tablet>

<https://play.google.com/store/apps/details?id=com.airkast.bloomberg.activity>

<https://play.google.com/store/apps/details?id=com.infonow.bofa> came installed

<https://play.google.com/store/apps/details?id=com.explore.web.browser> came installed

<https://play.google.com/store/apps/details?id=com.android2.calculator3> came installed

<https://play.google.com/store/apps/details?id=com.concentriclivers.calendar> came installed

<https://play.google.com/store/apps/details?id=com.moblynx.cameraics> came installed

<https://play.google.com/store/apps/details?id=com.chase.sig.android>

<https://play.google.com/store/apps/details?id=com.gn.cleanmaster>

<https://play.google.com/store/apps/details?id=com.smartisan.clock> came installed

<https://play.google.com/store/apps/details?id=com.kattanweb.android.dfaa&hl=en>

<https://play.google.com/store/apps/details?id=snowman1080.apps.android.viewdownloads>
came installed

<https://play.google.com/store/apps/details?id=com.bazinga.cacheclean>

<https://play.google.com/store/apps/details?id=com.cnn.mobile.android.phone>

<https://play.google.com/store/apps/details?id=com.cnn.cnnmoney&hl=en>

<https://play.google.com/store/apps/details?id=com.google.android.email> came installed

<https://play.google.com/store/apps/details?id=com.facebook.katana>

<https://play.google.com/store/apps/details?id=com.eliferun.filemanager> came installed

<https://play.google.com/store/apps/details?id=com.ft.news>

Flash Player for Mobile Android came installed

<https://play.google.com/store/apps/details?id=com.google.android.gm>

<https://play.google.com/store/apps/details?id=com.google.android.apps.finance>

<https://play.google.com/store/apps/details?id=com.google.android.googlequicksearchbox> came installed

Google Settings came installed, but this similar app is available

<https://play.google.com/store/apps/details?id=com.bwx.bequick&hl=en>

<https://play.google.com/store/apps/details?id=yuku.mp3recorder.lite> came installed

<https://play.google.com/store/apps/details?id=com.instagram.android>

King Kong Market came installed

<https://play.google.com/store/apps/details?id=mp3songs.mp3player.mp3cutter.ringtonemaker>

<https://play.google.com/store/apps/details?id=com.google.android.apps.maps>

Music came installed

<https://play.google.com/store/apps/details?id=com.mobiweb.mvoip> does not work with www.cheapvoip.com

I might try this <https://play.google.com/store/apps/details?id=finarea.MobileVoip>

<https://play.google.com/store/apps/details?id=com.ssryabov.mymusicplayer> came installed

<https://play.google.com/store/apps/details?id=com.netflix.mediaclient>

<https://play.google.com/store/apps/details?id=net.solomob.android.newshog> came installed

<https://play.google.com/store/apps/details?id=com.nytimes.android>

<https://play.google.com/store/apps/details?id=bbc.mobile.news.ww>

<https://play.google.com/store/apps/details?id=com.optimum.unity.mobile>

<https://play.google.com/store/apps/details?id=com.cv.autosignin>

<https://play.google.com/store/apps/details?id=com.pandora.android>

<https://play.google.com/store/apps/details?id=com.google.android.apps.books> came installed

Play Store came installed, but you can surf to it here <https://play.google.com/store/apps>

<https://play.google.com/store/apps/details?id=com.roku.remote>

Settings came installed

<https://play.google.com/store/apps/details?id=com.skype.raider>

<https://play.google.com/store/apps/details?id=com.skype.android.access>

Talk came installed , might be the same as this

<https://play.google.com/store/apps/details?id=com.ktix007.talk&hl=en>

<https://play.google.com/store/apps/details?id=com.google.android.apps.googlevoice>

<https://play.google.com/store/apps/details?id=com.liquidum.thecleaner>

<https://play.google.com/store/apps/details?id=com.weather.Weather>

<https://play.google.com/store/apps/details?id=com.twitter.android.tv>

<https://play.google.com/store/apps/details?id=com.twitter.android>

<https://play.google.com/store/apps/details?id=com.nstudio.weatherhere.free>

UHD Player came installed

Update came installed

<https://play.google.com/store/apps/details?id=com.google.android.voicesearch> came installed

<https://play.google.com/store/apps/details?id=com.winzip.android>

https://play.google.com/store/apps/details?id=wsj.reader_sp

<https://play.google.com/store/apps/details?id=com.google.android.youtube>

Lots more apps and content at <https://play.google.com/store> . CIO

<888> 08/03/14 Sunday 11:05 A.M. I chatted with a relative. I will be going back up to Kennebunkport, Maine on Wednesday August 20, 2014 for a little bit over a week to visit with relatives. CIO

<888> 08/03/14 Sunday 10:50 A.M. I threw out the garbage. I said "Good Morning" to a neighbor. I sat outside briefly. CIO

<888> 08/03/14 Sunday 10:30 A.M. I ate a roasted chicken leg and thigh and wing and three one quarter inch thick slices of white breast meat with Frank's hot sauce, 12 ounces of mashed potatoes with steamed baby carrots cut into quarters lengthwise with Smart Balance Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Canada Dry diet Ginger Ale and a cup of green tea with Equal sweetener and Borden's lemon juice. CIO

<888> 08/03/14 Sunday 9:00 A.M. \$49.99 with free shipping 8GB Irulu 7" Android 4.0 Tablet PC Cortex A8 Dual Cameras w Keyboard Earphone | eBay

Amazon.com: Kindle eBooks: Kindle Store: Literature & Fiction, Foreign Languages, Religion & Spirituality & More

Tracking is "1Z8V730W0305222350" at www.ups.com on the order for AA \$17.99 with free shipping Ultra N-RGY Alkaline Batteries 1.5 v, 100 pack

Dinosaurs 'shrank' regularly to become birds CIO

<888> 08/03/14 Sunday 8:25 A.M. I made 219 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching series 10 episode 1 of "Poirot". CIO

<888> 08/03/14 Sunday 5:25 A.M. Five free Kindle books from Amazon:

Pride and Prejudice [Kindle Edition]

The Ugly Duckling (Illustrated) [Kindle Edition]

The Secret Garden [Kindle Edition]

A Tale of Two Cities [Kindle Edition]

The Adventures of Tom Sawyer [Kindle Edition] CIO

<888> 08/03/14 Sunday 4:35 A.M. I bought http://www.staples.com/Bowflex-EZ-Pro-Heart-Rate-Monitor-Watch-Red/product_505564 for \$10.99 and .70 tax with free shipping for \$11.69 total. I will now shower and clean up. I will then make cigarettes. CIO

<888> 08/03/14 Sunday 3:30 A.M. I went back to bed, and I woke up again at 2:30 A.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I made my bed. CIO

<888> 08/02/14 Saturday 10:50 P.M. I woke up at 3:30 P.M.. I chatted with a relative. I ate a ham and turkey and provolone cheese sandwich on whole wheat bread with Hellmann's mayonnaise and Utz wavy potato chips and a dill pickle slice and a 12 ounce

glass of Canada Dry Ginger Ale. I went back to bed. I woke up at 10:15 P.M.. I threw out the garbage. I sat outside briefly. I picked up the mail. The order with tracking of https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=00040000745138540857 on the order for \$14.79 free shipping SanDisk Class 4 C4 Ultra microSDHC micro SD HC SDHC TF Memory Card 32G 32GB W/ ADAPTER + Plastic Case SDDSDQAB-032G arrived.

Tracking is

https://www.fedex.com/fedextrack/html/index.html?tracknumbers=9261299994656800311343&cntry_code=us on the order for \$39.99 IVIEW 774TPCBL 7-Inch 8 GB Tablet . CIO

<888> 08/02/14 Saturday 1:40 P.M. I installed some more apps on the Iview tablet. I have about 200 megs of space left for installing apps. I guess not all of the 8 GB of space on the Iview Tablet can be used for apps. I think the Iview tablet works quite well considering its price compared to the big bucks www.apple.com devices. Interesting the Iview table is made by <http://www.qualcomm.com/> which I think are the same people that make the similar Apple devices. I ate three ounces of mixed nuts. I will now shower and clean up.

http://www.cheapvoip.com/mobile_voip , However, the MobileVOIP app does not access my logon name and password for www.cheapvoip.com .

I will now take a nap. CIO

<888> 08/02/14 Saturday 9:05

A.M. https://play.google.com/store/apps/collection/topselling_free CIO

<888> 08/02/14 Saturday 8:15 A.M. <https://play.google.com/store/apps> CIO

<888> 08/02/14 Saturday 8:15

A.M. <https://play.google.com/store/apps/details?id=com.bloomberg.android&hl=en> CIO

<888> 08/02/14 Saturday 7:30 A.M. <https://www.optimum.net/tv/optimum-app/> works just fine of the Iview tablet. CIO

<888> 08/02/14 Saturday 7:25 A.M. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I made my bed. CIO

<888> 08/01/14 Friday 9:30 P.M. I ate two ounces of mixed nuts. I ate a day old muffin. I finished installing the music files, but the way I installed them twice in two different locations, the Music Player shows two each of each song, which does not matter. I will now shut down the primary work computer. I will eat 8 ounce of Dannon vanilla yogurt. I will then go to bed. I do not know whether I can leave the Iview tablet charging continually, or if I have to unplug it when it is fully charged. Thus I will charge it up when I am awake. CIO

<888> 08/01/14 Friday 8:15 P.M. I chatted with a friend. The place, I copied my music files to on the micro SD card was not recognized by the file browser, so I am now copying the music files to the "recording" folder which will hopefully be recognized. It takes 50 minutes to copy the files from the primary computer to the Iview tablet. CIO

<888> 08/01/14 Friday 6:45 P.M. I took the 8 GB micro SD card out of the Nokia H2O Go Phone, and I put it in the Iview tablet. I then installed some other applications on the Iview tablet. I used it for about an hour and a half, and the battery was down by about 25%, so that means it might have a six hour life at full charge. I am now copying my music files to the micro SD card on the Iview tablet. There are a lot of Android apps, but I am not sure how much of the 8 GB of disk space is available on it. I do not want to use up all of its primary storage. CIO

<888> 08/01/14 Friday 4:05 P.M. I picked up the mail. The order with tracking of <http://wwwapps.ups.com/tracking/tracking.cgi?tracknum=1ZEW9678YW42963444> and <https://tools.usps.com/go/TrackConfirmAction?qtctLabels1=9261292491248955101783345> 8 on the order for 80 ounces of Peter Stokkebye 84 Turkish for \$1.46 an ounce for \$116.80 with free shipping arrived. CIO

<888> 08/01/14 Friday 3:35 P.M. Tracking is "1Z0F425FYW95146805" at www.ups.com on the order for \$12.99 with free shipping Netgear WNR2000 300 MBPS 10/100 Wireless N Router with 4-Ports (WNR2000-100NAS) - Reconditioned

Cunard®

Tracking is "1ZA50W98YW60761667" at www.ups.com on the order for <http://www.groupon.com/deals/gg-dreamspa-luxury-36-setting-3-way-combo-shower-head-1> for \$18.99 and \$3.99 shipping and \$1.45 tax for \$24.43 total.

VUELCO | Volcanic Unrest in Europe and Latin American Countries

Global Volcanism Program | Bulletin of the Global Volcanism Network

Fake ID

Cunard®

Holland and its delicious cheese

Mars 2020 rover will pave the way for future manned missions

Russia enacts 'draconian' law for bloggers and online media

Tropical Storm BERTHA Tracking

NOAA Weather Radio just went off with a "Flash Flood" warning. CIO

<888> 08/01/14 Friday 3:00 P.M. I threw out the garbage. I chatted with neighbors. CIO

<888> 08/01/14 Friday 2:10 P.M. I ate a roasted chicken leg and thigh and wing and three one quarter inch thick slices of white breast meat, 12 ounces of mashed potatoes with steamed baby carrots cut into quarters lengthwise with Smart Balance Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Canada Dry diet Ginger Ale and a cup of green tea with Equal sweetener and Borden's lemon juice. I chatted with a relative. CIO

<888> 08/01/14 Friday 12:25 P.M. Last one left with free shipping includes case, I bought another new \$39.99 IVIEW 774TPCBL 7-Inch 8 GB Tablet . For a poor person like me, it was a worthwhile option. However, the other vendors are now selling them for a lot more money at Amazon. CIO

<888> 08/01/14 Friday 12:10 P.M. I threw out the garbage. I went downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS, and I picked up a prescription. I chatted with a local walker. After my walk, I sat out for a while. I then walked over to the Greenwich Town Hall, and I had an appointment with my social worker to sign my renter's rebate. I was told by my social worker that the Greenwich Housing Authority some time this fall or next spring is going to prohibit smoking in units on Greenwich Housing Authority property. I was told they did that in Boston. My viewpoint is that people should be allowed to do what they want in their own private apartments. Also unlike downtown urban Boston; Greenwich, Connecticut is out in the country with lots of wild animals out in the woods. When I chatted with the State of Connecticut tax person about the taxes on cigarettes from the American Indians, he agreed with me that people exposed to wild animals in our wilderness area probably would want to smoke cigarettes to keep them away. I next chatted with another town employee smoking a cigarette who agreed with me. I chatted with a friend on my wireless telephone. I then played an Ace's High scratch card for a dollar at Zen Stationary, but I lost. I next went by the Stop and Shop. I bought bananas for .69 a pound for \$1.06, a 24 ounce Stop and Shop mashed potatoes for \$3.99, a quart of Dannon low fat vanilla yogurt for \$3.19, a four pack of day old muffins for \$2, buy one six pack get one six pack free of Thomas' English muffins for \$4.29 both, a Jamaican Rotisserie chicken for \$5.99 for \$20.52 total. I then returned home, and I put away my groceries. CIO

<888> 08/01/14 Friday 6:20 A.M. I will now shower and clean up. I will then go downtown to explore the glories of Greenwich Avenue. I have a 9 :30 A.M. appointment downtown this morning. CIO

<888> 08/01/14 Friday 5:20 A.M. I bought AA \$17.99 with free shipping Ultra N-RGY Alkaline Batteries 1.5 v, 100 pack

<888> 08/01/14 Friday 5:05 A.M. Yesterday in the mail, I got my <http://www.scarborough.com/> survey. I will fill it out, when I have a time. In the survey,

the send me a new picture of Abraham Lincoln and two new pictures of George Washington for \$7, which I can not spend until I fill out and mail the survey back. CIO

<888> 08/01/14 Friday 4:30 A.M. I ate breakfast of oatmeal with honey and milk, two pieces of whole wheat toast with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water, and a cup of coffee with Equal sweetener and milk. I made my bed. CIO

<888> 08/01/14 Friday 3:30 A.M. I paid my <http://optonline.net/> Digital Cable TV, Optimum Boost Plus, Optimum Voice, and my <http://www.cl-p.com/> electricity bill, and my <http://www.verizon.com/> local telephone bill. My current Optimum bill was about \$195, which is about \$65 for high speed Cable Modem, \$35 for Optimum Voice long distance and about \$95 for premium Cable TV. However that includes \$25 in discounts for all three packages which covers the two cable boxes which are about \$12 and taxes other fees. CIO

<888> 08/01/14 Friday 3:05 A.M. I woke up at 6 P.M., and I picked up the mail. I woke up again at 8 P.M., and I chatted with a relative. I ate four ounces of mixed nuts. I finally woke up at 2:45 A.M.. CIO