<888> 01/31/13 Thursday 11:55 P.M.. I printed out two copies of my Microsoft Money 2007 Income versus Spending report for January 2013. I have one copy with a forever stamp ready to send to an interested relative. CIO

<888> 01/31/13 Thursday 10:40 P.M.. <u>Why Queen Elizabeth isn't stepping down -</u> <u>CNN.com</u> CIO

<888> 01/31/13 Thursday 10:25 P.M.. I sautéed a 10 ounce top round London Broil medium rare, and I ate it with Lea and Perrins Worcestershire sauce and Bulls Eye barbecue sauce, and the last cup of potato salad and steamed baby carrots cut lengthwise into quarters and broccoli crowns with Smart Balance Spread and extra virgin olive oil and a 12 ounce glass of Dr. Pepper and a cup of green tea with Sweet and Low sweetener and Stop and Shop lemon juice. CIO

<888> 01/31/13 Thursday 9:15 P.M.. <u>Record-setting asteroid to shave past Earth next</u> <u>month | Fox News</u>

BBC News - Mexico City blast at Pemex, state oil giant, kills 14

BBC News - Jose Mujica: The world's 'poorest' president CIO

<888> 01/31/13 Thursday 8:40 P.M.. <u>COCONet: Continuously Operating Caribbean GPS</u> <u>Observational Network</u>

<u>Global Volcanism Program | Volcanic Activity Reports | Smithsonian / USGS Weekly</u> <u>Volcanic Activity Report |</u>

Tracking is <u>UPS: Tracking Information</u> on the order for 2XL <u>Merrell Taganay Jacket -</u> <u>Waterproof, Insulated (For Men) - Save 64%</u> for \$63.18 and \$2.95 shipping with coupon code "SW13" for \$66.13 total. CIO

<888> 01/31/13 Thursday 8:10 P.M.. I sorted through and threw out the old magazines from the magazine rack on the left side of the Ethan Allen recliner. CIO

<888> 01/31/13 Thursday 7:05 P.M. I chatted with a friend. I will now shower and clean up. CIO

<888> 01/31/13 Thursday 5:55 P.M.. <u>Whites and stripes: The pigment-challenged cubs of</u> <u>Serengeti park</u>. CIO

<888> 01/31/13 Thursday 5:45 P.M.. I woke up at 4 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO <888> 01/31/13 Thursday 4:25 A.M.. I ate a bowl of pineapple chunks. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 01/31/13 Thursday 3:20 A.M.. Talbots has outlet shops Talbots Outlets .

Getting Colder Again <u>7-Day Forecast for Latitude 41.07°N and Longitude 73.65°W</u>.

I ordered in 2XL <u>Merrell Taganay Jacket - Waterproof, Insulated (For Men) - Save 64%</u> for \$63.18 and \$2.95 shipping with coupon code ''SW13'' for \$66.13 total .

BBC News - Last Andrews sister, Patty, dies in LA aged 94. CIO

<888> 01/30/13 Wednesday 11:45 P.M. The Place Time Forgot <u>Boca Grande, Florida -</u> <u>Wikipedia, the free encyclopedia</u> CIO

<888> 01/30/13 Wednesday 10:30 P.M. <u>IBM Sends Watson to NY College to Boost its</u> <u>Skills</u>

Dick Cheney (vice president of United States) -- Britannica Online Encyclopedia

Franklin D. Roosevelt

BBC News - Supermassive black hole weighed using new scale

BBC News - Homing pigeon 'Bermuda Triangle' explained

BBC News - How do you give a polar bear a 'medical'? CIO

<888> 01/30/13 Wednesday 9:40 P.M.. I ate a ham and cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise, Italian spices, ground black pepper, hot horseradish, olive oil and two one eighth inch thick slices of a Bermuda onion with a cup of potato salad and a 12 ounce glass of Canada Dry Ginger Ale and a cup of green tea with Sweet and Low sweetener and Stop and Shop lemon juice. CIO

<888> 01/30/13 Wednesday 9:40 P.M.. I threw out the garbage. I went by CVS on Greenwich Avenue, and I picked up two prescriptions. I then went to my 2:30 P.M. appointment. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by the Greenwich Cigar Store, and I bought a High 5's scratch card for a dollar, but I lost. On the way up Greenwich Avenue, I noticed four stores in mid Greenwich Avenue have or are closing. Soho just south of St. Mary's is closed as is Talbot's. H.H. Brown shoe looks like it is closing as has <u>http://www.rugby.com/</u>. I chatted with a local photographer. I was told that <u>Digital Cameras | Fujifilm Global</u> has a new Digital Camera that takes the four different colors in four different digital layers. I stopped by CVS again, and I used the bathroom. I bought four 8.5 ounce 65% reduced fat Chex Mix for \$1.50 each for \$6 total. I sat out at the top of Greenwich where I left my good green umbrella by mistake. I walked down Greenwich Avenue, and I chatted with another Dutch person. I chatted with someone from St. Mary's. After my walk, I chatted with two young musicians. I then went by the Stop and Shop, and I bought a quart of Hellmann's olive oil mayonnaise for \$2.99, a quart of Borden's lemon juice for \$2.69, a top round London Broil for \$2.99 a pound for \$6.23, and bananas for .79 a pound for \$2.12 for \$14.03. I chatted with another customer buying beer about beer. I then remembered, I had left my umbrella, since it had started raining, and I returned to the top of Greenwich Avenue, where I had left my good umbrella, and it was still there, so I retrieved it. I then returned home. I picked up the mail. I put away the groceries. CIO

<888> 01/30/13 Wednesday 12:45 P.M.. I will now shower and clean up, and I will get ready to go out for my 2:30 P.M. appointment. CIO

<888> 01/30/13 Wednesday 12:15 P.M. <u>BBC News - Garrett McNamara surfs 'highest</u> ever' wave off Portugal CIO

<888> 01/30/13 Wednesday 11:15 A.M.. I woke up, and I ate 80% of a 60% reduced fat 8.5 ounce bag of Chex Mix. I finally woke up at 10 A.M., when I had two computer magazine telephone calls. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed.

The order with tracking of <u>UPS: Tracking Information</u> on the order for <u>Weekender Jacket</u> in XXL regular in Taupe for \$29.97 with free shipping with coupon code in promoton code 2 box "SHIPFREE" for \$29.97 total arrived. CIO

<888> 01/30/13 Wednesday 1:55 A.M.. I have a 2:30 P.M. appointment this afternoon. I will now go back to bed, and I will get up at 11 A.M. or earlier to get ready to go to my appointment. I will now shut down the primary work computer. CIO

<888> 01/30/13 Wednesday 1:25 A.M.. Copy of Medical Note:

January 30, 2013

Note from Mike Scott on Possible Cause of my Medical Condition

Around February 1975, after I threw a large party in Manhattan for a couple

Thousand friends, I moved back to my family's house in Greenwich, Connecticut,

And I quit using Fred Von Mierers' (real name Fred Meyers) apartment in Manhattan,

Which I had occasionally used since October 1973, when I met him.

In early April 1975, I decided to quit smoking cigarettes, so I started walking around

More. On one walk to Tod's Point, I was given a ride back by someone whom showed me

The Conyers Farm lake, and told me I could swim out there.

Thus I started walking up to Conyers Farm lake, and I would swim there, and I even built

A large floating raft there out of an old dock. I met quite a few of my local neighbors many of

Whom were seniors in the class of 1975 at the Greenwich High School. I became very good at

Swimming, and I managed to quit smoking cigarettes. About mid June 1975, the Lake became

Filled with algae and was not swimmable. About that time I received a post card from Sandy

Carslon in Nantucket saying he was summering out there, and Jim Eldert was out there.

I baked six loaves of rye bread, and I took them with me in my duffle bag, when I hitchhiked

Up to Cape Cod. I was given a ride by a U.S. Coast Guard helicopter pilot to New Bedford, and

When I got to Woods Hole, I was shown an Episcopal retreat in Borne, Massachusetts on the

Waterfront where I could stay. It was full of U.S. Government surplus food, and I stayed there

Through the Fourth of July 1975. I eventually snuck on the Woods Hole to Martha's Vineyard

Ferry, and an on Martha's Vineyard I walked around the island. I was given a ride by the comedian

Phil Silvers and his wife. I slept out in the moors, and a couple of nights I stayed at the Youth

Hostile. I then snuck on the ferry from Martha's Vineyard to Nantucket. When I got off the ferry

In Nantucket, I walked through town, and I was given a ride by Tony Ferrell who dropped me

Off at Fair Grounds Road, where he said he had lots of cousins camping out.

I met the group of campers on Fair Grounds Road, and I set up camp on the unfinished

House platform. I looked up Sandy Carlson, but he did not put me up out by Mount Vernon

Farm. I looked up Jimmy Eldert, and he was staying in a tiny attic room at India House with

No room for guests. I would camp out on Fair Grounds Road and eat some of the Rye

Bread, and I would walk around town and go to the beach. There was a well with a hand

Pump with water for cleaning up. I did some work at the Nantucket bakery in exchange for

Pastries. After about two weeks, I was walking into town one evening, and Fred Von Mierers

Came by in a Nantucket taxi just arriving from the airport, and he picked me up.

He had rented the De Mendel house off Main Street for \$8,000 a week. His luggage had

Been lost in transit. He had me clean up, and then we went to dinner at the Opera House.

When we got back to the De Mendel House, his luggage had arrived, and I helped him

Unpack. He had brought up a pound of marijuana for his house guests. He did not seem

Worry about the legality of it, but worrying about that I hid it underneath the wicker

Chair in the Master Bedroom. That following morning, when Fred discovered the marijuana

Missing, he went crazy. He started beating me up, and he threw me to the floor and banged

My head against the floor a large number of times. He did not give me a chance to explain What had happened to the marijuana. I finally got away from him, and I grabbed my day Bag, and I fled the house. I went over to India House, and I told Jim Eldert what had happened and where

The marijuana was,

And then I left Nantucket on the Ferry, and I returned back home to Greenwich, Connecticut.

In September I went up to Yale for a week, where I slept on a couch in the basement of the

Yale law school. I then returned home, and I came down with strep throat for about two

Weeks. Towards mid October 1975, I was hospitalized for two months for an undetermined

Illness being released December 1975, and after returning to Greenwich, I moved to Greenville,

South Carolina for the next six months working for Daniel Construction as an expiditor. Around July 1976,

I returned back to Nantucket for a couple of weeks staying at guest houses.

Possibly in camping out at Conyers Farm, Martha's Vineyard, and Nantucket in 1975, I might

Have gotten Lyme Disease. Also possibly when Fred Von Mierers repeatedly hit my head

Against the flood at the De Mendel house in Nantucket, it might have caused some undiagnosed

Brain injury.

Mike Scott

End of Note:

I ate 1.5 cups of potato salad and a 12 ounce glass of Dr. Pepper. CIO

<888> 01/30/13 Wednesday 12:05 A.M.. I woke up at 11:45 P.M.. CIO

<888> 01/29/13 Tuesday 10:00 P.M.. BBC News - Cats killing billions of animals in the US

BBC News - Microsoft launches Office 2013 software suite

I will now take a nap. CIO

<888> 01/29/13 Tuesday 9:45 P.M.. I chatted with a friend. I ate a 18.5 ounce Stouffer's five cheese lasagna with grated parmesan and Romano cheese and a 12 ounce glass of Canada Dry Ginger Ale. CIO

<888> 01/29/13 Tuesday 8:15 P.M.. I threw out the garbage. I picked up the mail. CIO

<888> 01/29/13 Tuesday 8:05 P.M.. I made 111 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 1 Episode 2 of "Warehouse 13". CIO

<888> 01/29/13 Tuesday 5:05 P.M.. I will now shower and clean up. I will then put the new batch of Turkish pipe tobacco in the quart mason jars. I will then make cigarettes. CIO

<888> 01/29/13 Tuesday 4:25 P.M.. I woke up at 3:15 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 01/29/13 Tuesday 4:10 A.M.. I ate one and a half cups of potato salad with a 12 ounce glass of Dr. Pepper. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 01/29/13 Tuesday 3:15 A.M.. Google Translate Scott's Notes English to Latin . CIO

<888> 01/29/13 Tuesday 2:35 A.M.. I watched series 1 episode 1 of "Warehouse 13". CIO

<888> 01/29/13 Tuesday 12:35 A.M.. I woke up at 11:30 P.M.. I ate a 7.5 ounce bag of cheese Combos. I watched some television. CIO

<888> 01/28/13 Monday 10:00 P.M.. I will now take a nap. CIO

<888> 01/28/13 Monday 9:20 P.M.. I ate a 18.5 ounce Stouffer's five cheese lasagna with grated parmesan and Romano cheese and a 12 ounce glass of Canada Dry Ginger Ale and a cup of green tea with Sweet and Low sweetener and Stop and Shop lemon juice. CIO

!!!!!! <888> 01/28/13 Monday 8:35 P.M.. <u>BBC News - Queen Beatrix of the Netherlands to abdicate for son</u>

BBC News - Dutch Prince Johan Friso shows 'minimal consciousness'

BBC News - Dutch prince Johan Friso in coma after avalanche

BBC News - Dutch crown prince red-faced over toilet-throwing stunt

Tracking is <u>FedEx</u> on the forwarded <u>http://www.shutterfly.com/</u> order to a relative.

EarthCube Domain End-User Workshop: Petrology & Geochemistry | EarthChem

Microsoft to launch the new Office commercially on January 29 | ZDNet

Norway Debates Overseas Ventures After Siege in Algeria

Disruptions: A Fuzzy and Shifting Line Between Hacker and Criminal - NYTimes.com

Pentagon to Beef Up Cybersecurity Force to Counter Attacks - NYTimes.com

Tracking is <u>UPS: Tracking Information</u> on the order for <u>Weekender Jacket</u> in XXL regular in Taupe for \$29.97 with free shipping with coupon code in promoton code 2 box "SHIPFREE" for \$29.97 total.

BBC News - Drill reaches Antarctica's under-ice Lake Whillans CIO

<888> 01/28/13 Monday 6:35 P.M.. To travel in a vehicle on icy roads, one needs <u>Continental</u> snow tires with studs. I chatted with <u>http://www.townfairtire.com/</u>, and they told me that they now put the studs in the snow tires, and they do not come with them already in.

To stay warm in the extreme North Country, one needs <u>Canada Goose</u> clothes. Of course living here in Greenwich, Connecticut USA on the edge of the tropics, we manage to survive with <u>http://www.llbean.com/</u> clothes.

Greenwich, Connecticut Interstate 95 web cam <u>ConnDOT: CCTV# 4 Greenwich NB Exit 3</u> - Arch St. CIO

<888> 01/28/13 Monday 6:00 P.M.. Some people are always in a rush <u>Hypersonic</u> 'spaceliner' aims to carry passengers in 2050 | Fox News CIO

<888> 01/28/13 Monday 5:50 P.M.. I threw the garbage out. I moved the Audi to its usual location. The rain and sleet outside is just beginning to freeze, and once it freezes, it will be very slippery outside <u>Greenwich, Connecticut 7-Day Forecast for Latitude 41.07°N and Longitude 73.65°W</u>. I picked up the mail. CIO

<888> 01/28/13 Monday 4:40 P.M.. I will now shower and clean up. CIO

<888> 01/28/13 Monday 4:35 P.M.. <u>Stowe Mountain Resort - Ski and Snowboard Stowe -</u> <u>Vermont Ski and Golf Vacation</u> <u>Trapp Family Lodge, Stowe Vermont, Cross Country Skiing and Snowshoeing Vermont</u> <u>Vacations</u>

Stratton Mountain Ski Resort, Vermont, New England - Official Site

Sugarloaf | Maine & New England's Premier Ski and Golf Resort - Great Lodging & Lift <u>Ticket Deals</u>

MA Ski Resort | Family Ski Area | Ski Lessons | Ski Rentals | Tubing | Ski Butternut

<u>Mohawk Mountain Ski Area</u>

<u>Cannon Mountain | Ski and Snowboard this winter in the White Mountains of New</u> <u>Hampshire</u>

Jay Peak Resort

Sun Valley Resort

Official Vail Ski Resort - Vail, Colorado Hotels and Resorts | http://www.vail.com

<u>Aspen Colorado: Aspen.com - Hotels, Travel, Blogs, News, Restaurants, Ski, Info,</u> <u>Vacations, and more | Aspen.com</u>

Snowbird

<u>Ski Resort, Skiing, Snowboarding, Vacation Packages and Ski Trips | Jackson Hole</u> <u>Mountain Resort | Jackson Hole Mountain Resort | Jackson, Wyoming</u>

<u>Colorado Family Vacation | Skiing, Hiking, Biking, Rafting | Gunnison-Crested Butte,</u> <u>Colorado</u>

Crested Butte Mountain Resort

Squaw Valley Lake Tahoe, California Ski Resort

<u>Tahoe.com > Lake Tahoe's Vacation & Travel Guide | Hotels, Events, Entertainment,</u> <u>Businesses and more!</u>

Breckenridge Activities - Breckenridge, Colorado Activities | Breckenridge.com

Winter Vacations at Smugglers' Notch Vermont

<u>Ski Mont Tremblant - Discount Ski & Snowboard Vacation Packages -</u> <u>MontTremblantSkiTrips.com</u>

Park City Mountain Resort

Whistler Blackcomb - Official Ski Resort Website - Whistler, BC, Canada

Bolton Valley

Catamount Ski Area | New York Skiing, Massachusetts Skiing

Lake Placid, NY - Invent Your Own Perfect Day

<u>Beaver Creek Ski Vacation Resort | Colorado Ski Resorts | Official Beaver Creek® |</u> <u>http://www.beavercreek.com</u>

Mount Snow

Aspen Snowmass Central Reservations- Ski Vacation Packages to Aspen and Snowmass

Killington - Winter

Sunshine Village Ski & Snowboard Resort in Banff (Alberta) Canada - Banff (Alberta)

Ski Banff-Lake Louise-Sunshine | Official Site for Ski Vacations in Banff, AB, Canada

Of course it takes Wampum to go into the North Country, and one has to be in good physical condition. CIO

<888> 01/28/13 Monday 3:25 P.M.. I woke up at 2:20 P.M., and I chatted with a relative. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 01/28/13 Monday 7:20 A.M.. I will now go back to bed. CIO

<888> 01/28/13 Monday 6:55 A.M.. <u>The State Hermitage Museum, St. Petersburg, Russia -</u> <u>- Powered by IBM</u> CIO

<888> 01/28/13 Monday 6:45 A.M.. Château de Fontainebleau

Site officiel du château de Versailles - Château de Versailles

Site officiel du musée du Louvre

Annuaire des châteaux de la Loire : liste, sélection, carte

Old Quebec Hotels: Luxury Quebec Resort Hotel at Fairmont CIO

<888> 01/28/13 Monday 6:10 A.M.. <u>Greenwich Country Club fire 50 years ago remains a</u> <u>vivid memory - GreenwichTime</u>. One of the first golf trophies in America used to be in the lobby of the Greenwich Country Club <u>Golf & Country Club - GreenwichCC</u>, and it was presented by the Spaulding Company dedicated to Queen Victoria <u>Queen Victoria -</u> <u>Wikipedia, the free encyclopedia</u>. Thus Greenwich, Connecticut used to have an Anglophile Connection. CIO

<888> 01/28/13 Monday 5:45 A.M.. On the veterans monument across the street from the Greenwich Arts and Senior Center, there is the name "Gilbert Grosvenor". I do not know whether it is related to <u>Gilbert Hovey Grosvenor - Wikipedia, the free encyclopedia</u> or not. CIO

<888> 01/28/13 Monday 5:15 A.M.. I woke up at 4:30 A.M.. I made my bed. I ate 6 ounces or 11 Purdue chicken nuggets with a cup and a half of potato salad and a 12 ounce glass of Dr. Pepper and a cup of green tea with Sweet and Low sweetener and Stop and Shop lemon juice. CIO

<888> 01/27/13 Sunday 10:20 P.M.. <u>A grand celebration: Grand Central marks 100 years -</u> <u>GreenwichTime</u>

I will now take a nap. CIO

<888> 01/27/13 Sunday 8:50 P.M.. I ate a 7.5 ounce bag of Cheese Combos. I will now get ready to watch Series 3 Episode 3 of "Downton Abby" on Channel 13 <u>http://www.pbs.org/</u> at 9 P.M.. CIO

<888> 01/27/13 Sunday 8:15 P.M.. Look at <u>http://www.cunard.com/</u> to see what is happening with them. With all of these years of living around the ocean, the only ocean going vessels that I have been on is the Woods Hole and Hyannis to Nantucket and Martha's Vineyard ferries and a ship coming and going from Piraeus, Greece to Crete and back and the ferry from New London to Fisher's Island and back and the Greenwich Island Beach Ferry and the Art boat from Fort Lauderdale, Florida and a Nantucket scallop boat and the Chairman of Lipton Tea's sailboat MS7 on the Nantucket wharf and a Newport to Bermuda racing sailboat in Newport, Rhode Island harbor and the Charles W. Morgan at the Mystic Seaport Museum and a German Submarine at the Museum of Science and Industry in Chicago, Illinois. The only yachts that I recall being on is my father's boss's sailing yacht in Pensacola, Florida, the Highlander at West Point, and the Big Zip on Long Island sound. I have also been on the Staten Island Ferry. Wharf Rats since they tend not to be Social Register type people, generally are not welcomed on private yachts. I have also been on the old Queen Elizabeth II, but I never sailed on it. CIO

<888> 01/27/13 Sunday 7:15 P.M.. I had a telephone call from <u>The Taft School</u> thanking me for my recent donation. One can donate here <u>Taft Alumni - Annual Fund</u> . CIO

<888> 01/27/13 Sunday 5:55 P.M.. I ordered <u>Weekender Jacket</u> in XXL regular in Taupe for \$29.97 with free shipping with coupon code in promoton code 2 box "SHIPFREE" for \$29.97 total.

I will now shower and clean up. CIO

<888> 01/27/13 Sunday 5:30 P.M.. I renewed my <u>http://www.time.com/</u> magazine subscription for two years here <u>Special Offer for Time Magazine!</u> for \$25 with a free weather station if one clicks the check box on the right side of the page. CIO

<888> 01/27/13 Sunday 4:50 P.M.. Southern Hospitality <u>Charleston Hotels - The Planters</u> <u>Inn Hotel in Charleston, SC</u> which is part of <u>Charming hotels and gourmet restaurants -</u> <u>Relais & Châteaux</u>. CIO

<888> 01/27/13 Sunday 4:35 P.M.. I chatted with a relative at noon. I woke up at 3 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed.

Back in the 1950s, when my family lived in Decatur, Alabama, my father got Harry Truman's <u>Harry S. Truman - Wikipedia, the free encyclopedia</u> autograph, when he visited the Holiday Inn in Decatur, Alabama. In the fall of 1962, I attended the football game at <u>http://www.usma.edu/</u>, and we were later guests on the <u>http://www.forbes.com/</u> yacht the Highlander. When I signed the guest book, I noticed that <u>Herbert Hoover - Wikipedia, the</u> <u>free encyclopedia</u> had signed the guest book just before we did. CIO

End of Scott's Notes week of 01/27/13:

<888> 01/27/13 Sunday 2:20 A.M.. I once read that Fort Hood, Texas was the size of Rhode Island <u>The Fort Hood</u>.

I will now send out my weekly notes. I will then shut down the primary work computer. I will eat a few day old muffin. I will then go to bed. CIO

<888> 01/27/13 Sunday 1:55 A.M.. Casa Casuarina - Brokedown Palaces - Forbes

Fasten Your Seatbelts: Google's Driverless Car Is Worth Trillions - Forbes

Ft Lauderdale Webcam - A Port Everglades and Fort Lauderdale Web Cam

If you look here <u>WP-ORG 3.0 West Point Eulogies</u>, two cadets with the last name "Scott" in the January 1943 class at <u>http://www.usma.edu/</u> died towards the end of World War II. CIO

<888> 01/26/13 Saturday 11:15 P.M.. <u>Britain sends spy plane to Mali fuelling fears of</u> <u>mission creep | The Times</u>

50 top websites you can't live without | The Times

BBC News - Crossrail: A rare look deep under London

BBC News - 'Naked' Facebook page in Wiltshire causes stir

Creepy noises in Oregon are being blamed on a lonely Bigfoot

Europe's Crisis Not Over Say Bankers, Policymakers

BBC News - Are Republicans the 'stupid party'?

Bill Gates: Malaria Can Be Eradicated CIO

<888> 01/26/13 Saturday 10:15 P.M.. <u>Social Security's disability trust fund could fail to</u> cover all benefits early as 2016 | Fox News

I chatted with a relative.

I ate the other 10% of the 8 ounce package of 60% reduced fat Chex Mix.

A good source of cold weather news is <u>News, Toronto, GTA, Sports, Business,</u> Entertainment, Canada, World, Breaking - thestar.com

Missing Antarctic plane may have turned too soon in mountains - thestar.com CIO

<888> 01/26/13 Saturday 7:55 P.M.. <u>Douglas MacArthur (United States general) --</u> <u>Britannica Online Encyclopedia</u>

13 Free Things to See and Do Without Spending Money - Savings - AARP

2013 IAVCEI Volcano Acoustics Workshop CIO

<888> 01/26/13 Saturday 7:20 P.M.. I ate 6 ounces or 11 Purdue chicken nuggets with a cup and a half of potato salad and a 12 ounce glass of Canada Dry Ginger Ale and a cup of green tea with Sweet and Low sweetener and Stop and Shop lemon juice. CIO

<888> 01/26/13 Saturday 6:35 P.M.. I threw out the garbage. I went downtown. I walked the entire length of Greenwich Avenue and train station area. I sat out at various locations. I stopped by the Greenwich Cigar store, and I played an Ace's High scratch card for a dollar, but I lost. I used the bathroom at CVS, and I toured the store. The <u>http://www.rugby.com/</u> store on Greenwich Avenue has closed. After my walk I sat out for a while. I used the bathroom at Starbucks. I then drove down by the waterfront on Steamboat Road to keep the Audi charged up a bit more. I then went by the A&P Fresh. I bought a Bermuda Red Onion for \$1.99 a pound for \$1.03, broccoli crowns for \$1.49 a pound for .88 and four 18.5 ounce Stouffer's five cheese lasagnas for \$2.50 each, and a 33 ounce Stouffer's family meat loaf for \$5.99 less 80 cents can return for \$17.10 total. I noticed the five ounce package of Buffalo medallions are \$14.99 and the package of two 5 ounce Buffalo patties is \$10.99. I then went by the Putnam Shell at 401 West Putnam Avenue, and I bought \$13.04 of self service V-Power premium gasoline \$4.399 a gallon for 2.964 gallons at odometer reading of 71827 miles for 36.6 miles driven since Saturday January 19, 2013 for 12.349 miles per gallon in mostly local traffic. I then returned home, and I did not get any mail today. I put away my groceries. CIO

<888> 01/26/13 Saturday 2:25 P.M.. I chatted with a friend. I guess I will go downtown after I clean up. It is a good way to avoid cabin fever. CIO

<888> 01/26/13 Saturday 1:35 P.M.. I will now shower and clean up. I will then go outside and clean the inch of snow off the Audi. There is no point going downtown in 20 degree Fahrenheit weather. I am warm and comfortable at home, and the energy to drive an automobile downtown is enough to keep me warm for the day. I have not heard from my other friends living in the tundra today, so I guess since they have enough money, so they can afford to move around between warm spots in the cold weather.

Connecticut flu deaths increase to 17 - GreenwichTime CIO

<888> 01/26/13 Saturday 1:00 P.M.. I woke up, and I ate 90% of a 60% reduced fat bag of Chex Mix. I finally woke up at 11:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 01/26/13 Saturday 2:35 A.M.. I will now shut down the primary work computer. I will then eat a bowl of pineapple. I will then go to bed. It is warmer on the Sunny Side of the Street. CIO

<888> 01/26/13 Saturday 1:35 A.M.. Back in the third week of September 1976 after having vacationed in Nantucket earlier in the summer, I drove my old 1966 Chevrolet Biscayne light blue 4 door sedan with South Carolina license plates from my family home in Greenwich, Connecticut around the Rockefellers and the Bushs down to Florida, and with very little money, I quickly learned one does not eat very well. I survived by eating peanut butter sandwiches at the beach mission in Fort Lauderdale, Florida. I was suppose to get unemployment compensation from my previous job at Daniel Construction in Greenville, South Carolina, but the checks did not arrive until April 1977, when I was in Key West. <u>http://www.mcdonalds.com/</u> would not even hire me in Fort Lauderdale, since I had no fixed address, and I was living out of my car. By the time I got down to Key West, Florida the second time in January 1977, I was beginning to get really hungry. Jimmy Eldert showed up there in February 1977, and he had a lot of friends, so through his friends I was able to charge home made bread and peanut butter and a few other items at the Herb Garden. Once Jimmy and I tried to escape Key West, and we spent a whole day trying to hitch hike out of the Florida Keys and finally got a ride north and then west across Alligator Alley to Naples, Florida, where Jimmy's grandparents lived, but they were not there. We came across the Naples' Howard Johnson's, and I washed dishes there for about 12 hours to get a little bit of money and some food for us. That began my career in restaurant work, but we returned to Key West, and I continued to starve, until my \$2,500 in unemployment checks came in April 1977. I hitch hiked up to Fort Lauderdale, and I paid a few hundred dollars in parking tickets to get my car out of the Pound. I then drove back down to Key West and picked up Jimmy, and we drove North with a stop in Fort Lauderdale, which was deserted, and then on to Disney World which we visited. We then went to St. Augustine and had a meal at the old tavern on the beach there. Finally we stopped by in Jacksonville, and I looked up Hurley Haywood, and Jimmy's cousins were at the University of Jacksonville and knew Hurley. I gave Jimmy a little bit of money, and I bought him an Eastern airline ticket, so he could get back to the University of New Hampshire, and then I continued my ride up North stopping in Plains, Georgia which I had visited before. When I got back out to Nantucket, the old Chevrolet was sort of a hassle, so I donated it to the Nantucket Hospital Thrift shop along with a lot of the clothing I had in my trunk, which I did not need, I thought. I started working the casual jobs, and that lead into restaurant work on Nantucket. I left the island once and visited Jimmy at the University of New Hampshire and went to the Seabrook demonstration, and since it was still cold up north, I hitchhiked down to Williamsburg, Virginia, where I stayed a few days. When I finally got back to Nantucket, I eventually found a jobs opening sea scallops, as a baker at the Nantucket bakery, opening up the Rose and Crown and opening up the Sail Loft and at Captain Toby's as a dish washer, and then Henry's bakery as a baker, and then finally the Gordon Folger Hotel restaurant, where I worked as a pot scrubber for the rest of the summer and the following summer. I only saw Jimmy a couple of times that summer, since he was working at the India House a few houses away from where I was staving at Mrs. Frances' boarding house. Fred Von Mieres also lived on India Street at John Rugg's. I was darkly tanned and very skinny, so I do not think many people recognized me. The staff photos at the Gordon Folger Hotel in the summer of 1977 and possibly the summer of 1978 would show what I looked like. Later in the summer of 1978, when I quit working for the Gordon Folger Hotel, I worked a couple of weeks at India House, then I started my career the Languedoc. That summer I also worked on painting the second oldest house on Nantucket overlooking the waterfront on Lincoln Road or Avenue. Thus I managed to keep busy when I was younger on Nantucket. CIO

<888> 01/26/13 Saturday 12:35 A.M.. I ate a cup and a half of potato salad with a 12 ounce glass of Dr. Pepper. CIO

<888> 01/26/13 Saturday 12:05 A.M.. I put away the laundry. I cleaned the Ionic Pro air purifier. CIO

<888> 01/25/13 Friday 10:55 P.M.. I have 45 minutes to go on two dry cycles.

Prehistoric Presence Settles in at the Bruce Museum CIO

<888> 01/25/13 Friday 10:25 P.M.. I woke up at 9:30 P.M.. I put clean linens on the bed. I started two loads of laundry, and I have about 15 minutes to go on the wash cycles. I threw out the garbage and the old periodical literature. There is about an inch of fresh snow on the ground, but the skies are clear. I watered the plants. CIO

<888> 01/25/13 Friday 6:25 P.M.. I ate 6 ounces or 11 Purdue chicken nuggets with a cup and a half of potato salad and a 12 ounce glass of Canada Dry Ginger Ale and a cup of green tea with Sweet and Low sweetener and Stop and Shop lemon juice. I will now take a nap. CIO

<888> 01/25/13 Friday 5:35 P.M.. Forbes VIP - Galley Bay Resort & Spa

\$300 Samsung 15.6" Laptop 4GB Memory 500GB Hard Drive NP365E5C-S05US - Best Buy

Fox News - Breaking News updates | Break through your weight loss plateau

BBC News - Swine flu infected 'fifth of people'

BBC News - HIV 'may have an ancient origin'

BBC News - Antigua applies for permission to run 'pirate' website CIO

<888> 01/25/13 Friday 4:50 P.M. <u>REVIEW: THE ART OF BETRAYAL - LIFE AND</u> <u>DEATH IN THE BRITISH SECRET SERVICE</u>

<u>The Art of Betrayal: The Secret History of MI6: Life and Death in the British Secret</u> <u>Service</u> CIO

<888> 01/25/13 Friday 4:30 P.M.. I threw out the garbage and the shipping box. I picked up the mail. I chatted with a relative. CIO

<888> 01/25/13 Friday 3:40 P.M.. I made 82 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 1 Episode 2 of "World Without End". CIO

<888> 01/25/13 Friday 1:30 P.M.. The order with tracking of <u>USPS.com® - Track &</u> <u>Confirm</u> on the order for 10 cartons of <u>Premier Light 100's Cigarette Tubes 5 Boxs 1000</u> <u>Tubes filtered tubes RYO - GarryG</u> for \$30.30 and \$6.50 shipping for \$36.80 total arrived. CIO

<888> 01/25/13 Friday 1:15 P.M. Merino Wool Topcoat Full Length \$135

I will now shower and clean up, and then I will make cigarettes. CIO

<888> 01/25/13 Friday 12:55 P.M.. I ate a bowl of pineapple chunks before going to bed. I woke up, and I ate a day old muffin. I finally woke up at 11:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 01/24/13 Thursday 11:40 P.M.. I watched series 1 episode 1 of "World Without End". I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 01/24/13 Thursday 9:40 P.M.. I ate 6 ounces or 11 Purdue chicken nuggets with a cup and a half of potato salad and a 12 ounce glass of Dr. Pepper and a cup of green tea with Sweet and Low sweetener and Stop and Shop lemon juice. CIO

<888> 01/24/13 Thursday 8:00 P.M.. I woke up at 5:30 P.M.. I made my bed. I dressed up warmly. I went outside, and I brought one of my jump start systems with me, but the Audi started right up in 20 degree Fahrenheit weather. One does not give it gasoline from the accelerator pedal when starting it. I went downtown, and I drove down Greenwich Avenue to the end of Steamboat Road and back into the center of town to charge up the car battery a bit. I chatted with a regular at Starbucks. It was too cold to walk for me. Plus I am on a daytime schedule, so I was not fully rested. I then tried to go by the Greenwich Library, but all of the parking places were filled up. I went by Val's Liquor, and I bought a 10 ounce bottle of Angostura Bitters for \$17.01 with tax. I then went by the Stop and Shop, and I bought a four pack of day old muffins for \$2, buy one get one free of 12 ounce Purdue chicken nuggets for \$3.99 both, and bananas for .79 a pound for \$2.11 for \$8.10 total. I then returned home, and I put away my groceries. CIO

<888> 01/24/13 Thursday 3:35 P.M.. <u>Global Volcanism Program | Volcanic Activity</u> <u>Reports | Smithsonian / USGS Weekly Volcanic Activity Report |</u>

vhub - Group: IAVCEI Commission on Volcanogenic Sedimentation

<u>IUGG</u>

A new computer that defies category - Computerworld

Forbes Investor Playbook: How to Safely Grow Your Wealth in 2013

BBC News - Ireland to build 'giant' wind turbines to power UK homes

I will now take a nap. CIO

<888> 01/24/13 Thursday 3:05 P.M.. I threw out the garbage. I picked up the mail. CIO

<888> 01/24/13 Thursday 2:40 P.M.. I went downstairs, and I said hello to a neighbor. Instead of freezing on a bench downtown, I made <u>Michael Louis Scott's potato</u>

<u>salad</u>, but I modified it slightly by adding two 6 ounce cans of extra large olives cut in half, and I did not add red cayenne pepper, basil, bacon bits and grated parmesan and Romano cheese. I also used one sweet potato. I put it all in two large Rubbermaid containers with lids in the refrigerator, and I am about to eat one portion with a 12 ounce glass of Sprite. CIO

<888> 01/24/13 Thursday 12:30 P.M.. I chatted with a friend. I am getting low on bananas, and I am out of day old muffins, but I do not think it is worth going out to get just those items. I have plenty of food at home. Although I feel fine, when I walk downtown in the very cold weather, I get tired the next day or two. Thus I will not be going downtown. I will now shower and clean up.

Welcome to Sanibel Island.com!

Antigua and Barbuda

<u>St Barts Vacation guide - St Barts villa rentals, Hotels Reservations, properties for sale, car</u> rental, real estate, beaches, webcam views - St Barthelemy vacation | St Barths Online

Cayman Islands | Caribbean Vacation Packages, Honeymoon Caribbean

Luxury Resorts in Jamaica | Jamaica Resort & Hotel, Montego Bay | Round Hill Hotel & Villas

Bequia Tourism Association - welcome!

The Official St. Kitts Tourism Authority Website | stkittstourism.kn

Welcome to Nevis

<u>! Barbados Tourism Encyclopedia - Official site of the Barbados Tourism Encyclopedia.</u>

Travel to Tobago | Tobago Vacations | Visit Tobago

http://mikelouisscott.com/mls-tobago-1971.jpg

http://mikelouisscottcom.cv.siteprotect.net/mls-tobago-1971.jpg CIO

<888> 01/24/13 Thursday 10:40 A.M.. Ice Station Zebra here we are. I woke up at 9 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 01/24/13 Thursday 12:10 A.M.. I use to know somebody from Sao Paulo, Brazil <u>http://mikelouisscott.com/photo/mike-scott-and-friend-new-york-1987.jpg</u> that knew the

<u>His Highness the Aga Khan's 76th Birthday - Mowlana Hazar Imam's 76th Birthday -</u> <u>December 13, 2012 Salgirah Khushiali Mubarak!</u>, but he has not visited me since I moved to 71 Vinci Drive 24 years ago, but he did tour the building with me the summer, before I moved in. Thus there has been a real Brazilian in this building at one time, not that it makes it any warmer. I will now shut down the primary work computer, and I will eat a few day old muffin. I will then go to bed. CIO

<888> 01/23/13 Wednesday 10:45 P.M.. If one does not mind cooler weather than the Florida Keys and points South, there is always the Elbow Beach (Paget, Bermuda) Expedia or in Tampa, Florida Don CeSar Beach Hotel | St Pete Beach Hotel | Loews Hotels - Loews or in Fort Lauderdale for one's yacht at the Fort Lauderdale Beach Hotels Bahia Mar or Pier 66 Fort Lauderdale Hotels & Florida Luxury Resorts - Hyatt Regency Pier Sixty-Six Resort and Spa where the http://www.forbes.com/ used to keep their yacht "The Highlander". In February 1982, when I finished the garage apartment in Plandome Manor, Long Island, I spent several weeks in Oslo, Norway at the Y.M.C.A. across the street from Hotel Oslo. Book the stylish Radisson Blu Scandinavia Hotel, Oslo. and the Best Western West Hotel Oslo, Norway. I thought about moving to Oslo, Norway to have a quiet more peaceful life amongst my native Nordic people, but my family insisted I come back to his country to live around the hodge podge of various people from around the world. Burkhalter Travel / Travel Headquarters / Olson Travel . There was six feet of snow on the ground in Oslo, Norway, when I got there, but by the time I left around St. Patrick's Day, it had all melted. I used to see Olav V of Norway - Wikipedia, the free encyclopedia walking around the Palace grounds in his black rain coat. CIO

<888> 01/23/13 Wednesday 10:00 P.M.. I peeled and diced the Del Monte pineapple, and I put it in a Rubbermaid container with lid, and I mixed in two tablespoons of Angostura Bitters and a quarter of a cup of lemon juice, and I refrigerated it. I threw out the garbage. CIO

<888> 01/23/13 Wednesday 9:00 P.M.. I chatted with a friend. CIO

<888> 01/23/13 Wednesday 7:45 P.M.. Biltmore Email Newsletter

Tracking is <u>USPS.com® - Track & Confirm</u> on the order for 10 cartons of <u>Premier Light</u> <u>100's Cigarette Tubes 5 Boxs 1000 Tubes filtered tubes RYO - GarryG</u> for \$30.30 and \$6.50 shipping for \$36.80 total.

BBC News - The Polaroid genius who re-imagined the way we take photos

BBC News - Prince Harry 'thrilled to be back' after Afghan tour

BBC News - Dog evolved 'on the waste dump' CIO

<888> 01/23/13 Wednesday 7:05 P.M.. I took a microwave proof plate, and I put 12 ounces of Stop and Shop mashed potatoes on it with 8 ounces of Certified Angus beef stew with veggies, and I put a microwave lid on it, and I microwaved it for two minutes, and then I

mixed it together, and I microwaved it another three minutes, and I put Smart Balance Spread on it and extra virgin olive oil. I ate it all with a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 01/23/13 Wednesday 6:15 P.M.. I chatted with a friend. I woke up at 6 P.M.. I made my bed. I picked up the mail. CIO

<888> 01/23/13 Wednesday 3:05 P.M.. I chatted with a relative. I reheated and ate the other half of the pizza with a 12 ounce glass of Sprite. The Greenwich Housing Authority people inspected my apartment. I put the British Union Jack and Dutch tricolor flags back up in the hallway. I will now take a nap. CIO

<888> 01/23/13 Wednesday 1:40 P.M.. Vero Beach, Florida weather <u>7-Day Forecast for</u> <u>Latitude 27.64°N and Longitude 80.4°W (Elev. 16 ft)</u> and there is always the <u>Disney's Vero</u> <u>Beach Resort | Disney Beach Resort Destinations</u> or for possibly even cooler weather, there is <u>Luxury 5 Star Resort | Sea Island | Five Star Hotel in Georgia</u>.

Westchester Airport has flights to the Bahamas on <u>http://www.jetblue.com/</u> with a stop over in Fort Lauderdale, where one could rent a house in <u>Lyford Cay Sotheby's</u> <u>International Realty.</u> or stay at <u>All inclusive Bahamas Hotel | Paradise Island | Bahamas</u> <u>Hotel or Bahamas Resort, Bahamas Hotels, Island Resorts | Atlantis Paradise Island</u> or in Palm Beach <u>Florida Resorts: The Breakers Palm Beach Oceanfront Luxury Hotel</u> <u>Vacations</u> or in Coral Gables <u>Biltmore Hotel in Miami | Luxury Resort with Award</u> <u>Winning Spa, Golf Course & Restaurants</u> or in Boca Raton <u>Boca Raton Hotels, Resorts-South Florida Resort, Spa, Hotel- Boca Raton Resort & Club</u> or invest at the <u>John's Island</u> <u>Club</u>. CIO

<888> 01/23/13 Wednesday 1:05 P.M. <u>Skeleton of Richard III may have been found -- but</u> where will it end up? | Fox News

The 6 best all-inclusive resorts in the Caribbean | Fox News

Microsoft announces release date for most expensive tablet ever | Fox News

Microsoft buying a chunk of Dell would be smart (for Microsoft) - Jan. 22, 2013 CIO

<888> 01/23/13 Wednesday 12:15 P.M. Prison Planet.com CIO

<888> 01/23/13 Wednesday 11:45 A.M.. The order with tracking of <u>UPS: Tracking</u> <u>Information</u> on the order for 80 ounces of <u>Peter Stokkebye Turkish Pipe Tobacco (ounces)</u> for \$1.37 an ounce for \$109.83 with free shipping on a \$100 order arrived. I threw out the shipping box and the garbage. I chatted with neighbors and the building custodian. CIO

<888> 01/23/13 Wednesday 10:45 A.M.. I will now shower and clean up. CIO

<888> 01/23/13 Wednesday 10:35 A.M.. I woke up at 9 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 01/22/13 Tuesday 11:55 P.M.. I will now shut down the primary work computer, and I will go to bed soon. A couple of my friends are back in Manhattan ready to enjoy the cooler winter. CIO

<888> 01/22/13 Tuesday 11:35 P.M. Lanzarote - All About Lanzarote . CIO

<888> 01/22/13 Tuesday 11:30 P.M.. The only out of state car that I saw yesterday from out of the area was from Wisconsin, so I guess they think it is warm here compared to Wisconsin.

For those of you with Big Bucks to travel, there is always the Old Chinese Torture Palace <u>Hyatt Regency Maui Resort & Spa - Hawaii Hotel</u>. CIO

<888> 01/22/13 Tuesday 11:05 P.M..

Greenwich, Connecticut Interstate 95 web cam <u>ConnDOT: CCTV# 4 Greenwich NB Exit 3</u> - Arch St.

Key West Hotels- Florida Keys Luxury Resort- Casa Marina A Waldorf Astoria Resort

Key West Hotel | Florida Keys Oceanfront Resort - Best Western Key Ambassador

John Pennenkamp Coral Reef State Park

<u>Florida Keys Luxury Resort – Cheeca Lodge & Spa – Islamorada Florida Hotel Resort</u>

Luxury Caribbean Resorts & Beach Vacations | Caneel Bay | Luxury Virgin Island Resort & Getaway

Virgin Islands National Park (U.S. National Park Service)

Welcome to Mt Irvine CIO

<888> 01/22/13 Tuesday 10:35 P.M.. I drank a 12 ounce glass of Sprite. It is a lot warmer and more comfortable and less drafty in my apartment with the new insulation and ceiling tiles in my apartment. I guess it was well worth doing, particularly since it is 14 degrees Fahrenheit outside right now. I guess we can call our local environment, "Siberia Sam's Social Club".

Live Duval Street Web Cam in Key West, Florida :: Sloppy Joe's Bar :: CIO

<888> 01/22/13 Tuesday 10:00 P.M.. I mailed the form to the Greenwich Housing Authority in the mail room downstairs. CIO

<888> 01/22/13 Tuesday 9:40 P.M.. Tracking is <u>UPS: Tracking Information</u> on the order for 80 ounces of <u>Peter Stokkebye Turkish Pipe Tobacco (ounces)</u> for \$1.37 an ounce for \$109.83 with free shipping on a \$100 order.

iFly Magazine

BBC News - New venture 'to mine asteroids' CIO

<888> 01/22/13 Tuesday 8:45 P.M.. I took a Frachetta 30 ounce supreme pizza, and I put it on a round pizza pan, and I seasoned it with garlic powder, celery salt, ground black, pepper, Italian seasoning, grated parmesan and Romano cheese and extra virgin olive oil, and I am baking it on the raised rack in the Sharp convection over at 400 degrees Fahrenheit for 26 minutes. I will eat half of it with a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Stop and Shop lemon juice. CIO

<888> 01/22/13 Tuesday 7:45 P.M.. I woke up at 7 P.M.. I picked up my mail. I got a release form I have to send signed to the Greenwich Housing Authority. I also got a Christmas Letter from Queen Elizabeth II from Buckingham Palace <u>Welcome to the official website of the British Monarchy</u> which I put with the other letters in the frame that hangs on the back of the bedroom door. Since I have government official inspecting my apartment tomorrow, I am currently flying the British Union Jack and the U.S.A. flags. CIO

<888> 01/22/13 Tuesday 4:20 P.M.. I took a microwave proof plate, and I put 12 ounces of Stop and Shop mashed potatoes on it with 8 ounces of Certified Angus beef stew with veggies, and I put a microwave lid on it, and I microwaved it for two minutes, and then I mixed it together, and I microwaved it another three minutes, and I put Smart Balance Spread on it and extra virgin olive oil. I ate it all with a 12 ounce glass of Sprite and 11 ounces of almonds. I will now take a nap. CIO

<888> 01/22/13 Tuesday 3:20 P.M.. I made 109 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching the second half of Series 4 Episode 2 of "Poirot". CIO

<888> 01/22/13 Tuesday 1:25 P.M.. I threw out the garbage. I chatted with a neighbor. The Greenwich Housing Authority is inspecting the apartments in the building I live in tomorrow afternoon. CIO

<888> 01/22/13 Tuesday 12:35 P.M.. I ordered 80 ounces of <u>Peter Stokkebye Turkish Pipe</u> <u>Tobacco (ounces)</u> for \$1.37 an ounce for \$109.83 with free shipping on a \$100 order. I ordered 10 cartons of <u>Premier Light 100's Cigarette Tubes 5 Boxs 1000 Tubes filtered</u> <u>tubes RYO - GarryG</u> for \$30.30 and \$6.50 shipping for \$36.80 total.

I will now shower and clean up, and then I will make cigarettes. CIO

<888> 01/22/13 Tuesday 12:10 P.M.. I noticed yesterday that the A&P Fresh in Greenwich, Connecticut has Ted Turner's Buffalo meat filet mignons, but like everything else in the New York City area, there is no price on them, so if you have to ask the price, one can not afford it. Also at Staples, 500 sheets of 25% cotton paper such as used by lawyers now costs \$35 and 500 sheets of copy paper now costs \$8. Thus it seems with the price of energy going up, the price of everything else is going up. CIO

<888> 01/22/13 Tuesday 11:55 A.M.. I chatted with a relative. This is where they have the wooden statue of a 15 foot tall grizzly bear <u>Golf and Dine in Canmore at Silvertip Resort -</u> <u>Canmore, AB | CALL 1-877-877-5444</u>.

The World Economic Forum is going on at Davos Klosters. CIO

<888> 01/22/13 Tuesday 10:50 A.M.. I woke up at 9 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 01/21/13 Monday 9:40 P.M.. <u>BBC News - 'Quadruple helix' DNA seen in human</u> <u>cells</u>

BBC News - Prince Harry in Afghanistan: I fired at enemy

BBC News - Prince Harry gives a tour of his living quarters in Afghanistan

BBC News - Prince Harry explains the controls of his Apache helicopter

BBC News - Schools' codebreaking competition winners announced

I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 01/21/13 Monday 8:55 P.M.. I ate a ham and cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise, Italian spices, ground black pepper, hot horseradish, olive oil and two one eighth inch thick slices of a Bermuda onion with Lays salt and vinegar potato chips and a 12 ounce glass of Sprite and 5 ounces of almonds and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 01/21/13 Monday 7:15 P.M.. I went out, and I drove downtown, and I drove down Greenwich Avenue down to the waterfront at the end of Steamboat Road. I then drove through Bruce Park. I drove along the waterfront, and I went south at St.Catherine's into Old Greenwich, and I drove out to the southwest picnic area at Tod's Point. This time of year, one does not need a beach pass, and one can walk dogs. The new restroom facility at the southwest picnic area was locked up. I chatted with a friend on my wireless telephone. I then drove over to the southeast concession area, and I used the bathroom. It looks like they have cleared up all of the debris at Tod's Point, except one can still dump off Christmas trees to be shredded near the park entrance. I then drove over to Old Greenwich, and I toured the Rummage Room thrift shop. They have their usual large selection of various items. I then toured Staples, but there was nothing that I needed. I then went by Radio Shack in Cos Cob, and I toured their store. They have the Apex 32 inch HDTV on sale for \$200 until February 2, 2013. I then toured CVS at the Cos Cob shopping plaza, and I bought a 16 ounce bag of Blue Diamond smokehouse almonds for \$4.99. I chatted with the counter person at the liquor store on the opposite side of the lobby. I then went downtown, and I chatted with a town employee. I bought a Ace's High scratch card at Zen Stationary for a dollar, but I lost. I used the bathroom at Starbucks. I told a patron about http://www.wn.com/. I then went to the A&P Fresh, and I bought a 32 ounce Franchetta Supreme self rising pizza for \$4.99, a Del Monte pineapple for \$2.99, and a Bermuda red onion for \$1.99 a pound for .74 for \$8.72 total. I then returned home. I put away my groceries. I drove about 22 miles round trip, so that should have charged up the Audi battery. CIO

<888> 01/21/13 Monday 1:50 P.M.. The battery on my Audi is fine as far as I can tell. <u>http://www.autozone.com/</u> carries three different replacement models for it from \$90 to \$170. <u>http://www.sears.com/</u> in White Plains, New York does not have a battery for it. Hank May <u>http://www.goodyear.com/</u> in Port Chester, New York has one in stock, they could install for about \$200. I took a microwave proof plate, and I put 12 ounces of Stop and Shop mashed potatoes on it with 8 ounces of Certified Angus beef stew with veggies, and I put a microwave lid on it, and I microwaved it for two minutes, and then I mixed it together, and I microwaved it another three minutes, and I put Smart Balance Spread on it and extra virgin olive oil. I ate it all with a 12 ounce glass of Schweppes Ginger Ale. I will now dress up warmly, and I will go for a long drive to the Greenwich Rivera at Tod's Point and back to charge up my car battery fully. CIO

<888> 01/21/13 Monday 12:40 P.M.. I chatted with a friend. CIO

<888> 01/21/13 Monday 12:15 P.M.. Gamma-ray burst 'hit Earth in 8th Century' . CIO

<888> 01/21/13 Monday 11:55 A.M.. I tested the four computers, I disconnected and reconnected, and they all seem to be in good running shape. CIO

<888> 01/21/13 Monday 10:00 A.M.. I will now shower and clean up. I am not sure whether I will explore the tundra of downtown Greenwich, Russia or not. There is nothing for me to do on Greenwich Avenue, but use the bathroom at Starbucks and browse CVS, when I am perfectly comfortable at home working on my computers which I know quite a bit about. CIO

<888> 01/21/13 Monday 9:35 A.M.. I woke up at 7:30 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce

glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. I chatted with a relative. CIO

<888> 01/20/13 Sunday 10:10 P.M.. I watched Series 3 Episode 3 of "Downton Abby". I will now shut down the primary work computer, and I will eat a few day old muffin. I will then go to bed. Tomorrow is a Liberal Holiday, so more than likely nothing will be going on. CIO

<888> 01/20/13 Sunday 8:55 P.M.. Not much happening in this neck of the woods. I guess everyone is hunkering down in Manhattan, where there is suppose to be lots of steam heat, when the cold spell shows up in a day or so. If I were rich, I could go out to dinner at the <u>The Willett House - Portchester, NY</u> in nearby Port Chester, New York with all of my friends from Columbia, South America. The Spanish do know something about beef believe it or not. When I was a young boy living down south, I thought about being a matador, and I even knew how to use a bull whip, but when we moved up north to "The Big Time", I began to investigate Yankee folk customs such as picking apples and reading more books. CIO

<888> 01/20/13 Sunday 7:45 P.M.. From what I can figure out "Downton Abby" series 3 episode 3 starts on <u>http://www.pbs.org/</u> on Channel 13 at 9 P.M. this evening, but it looks like last weeks episode 2 might repeat at 8 P.M.. I ate a bowl of Lays salt and vinegar potato chips. One should try to get some rest before the colder weather sets in case, one has to go outside in it. CIO

<888> 01/20/13 Sunday 6:10 P.M.. I woke up at 5:30 P.M.. I chatted with a friend who has returned from down south below the Mason Dixon line. I made my bed. CIO

<888> 01/20/13 Sunday 3:40 P.M.. I took a microwave proof plates, and I put 12 ounces of Stop and Shop mashed potatoes on it with 8 ounces of Certified Angus beef stew with veggies, and I put a microwave lid on it, and I microwaved it for two minutes, and then I mixed it together, and I microwaved it another three minutes, and I put Smart Balance Spread on it and extra virgin olive oil. I ate it all with a 12 ounce glass of Sprite. I will now take a nap. CIO

<888> 01/20/13 Sunday 2:35 P.M.. Now that it is cold again, my old host from Cayo Hueso has cheese for sale <u>Carr Valley Cheese Co. - Wisconsin Cheddar, American Originals,</u> <u>Artisanal and Award Winning Cheeses</u>, but we also have cheese from another friend back East <u>Cabot Cheese - Award Winning Vermont cheddar.</u> or milk <u>Garelick Farms Home</u> <u>Page | Garelick Farms</u>. Most of all of these old time business associates told me about their products, when I chatted with them in pubs before the internet.

Of course for cold weather driving there is always <u>Jeep Chrysler Dodge City | CT Jeep</u> <u>Dealers | Greenwich CT Jeep Dealer, Connecticut</u> across the street. The <u>Chart House</u> <u>Restaurant</u> is not around anymore and <u>Landry's Inc. - The Leader in Dining, Hospitality</u> <u>and Entertainment</u>. CIO <888> 01/20/13 Sunday 1:25 P.M.. <u>Greenwich Automotive -</u> knows how to install good quality <u>EAST PENN manufacturing co., inc.: Lead-Acid Batteries; Battery Manufacturers;</u> <u>Thousands of Different Types of Batteries, Cable & Wire Product</u>, but why wait for a cold day.

Of course these are always available union suit at L.L.Bean . CIO

<888> 01/20/13 Sunday 12:50 P.M.. <u>http://www.autozone.com/</u> in nearby Stamford, Connecticut should have good quality heavy duty jump start systems. Of course one has to keep it fully charged up, and know how to use it. I ate a few day old muffin. CIO

<888> 01/20/13 Sunday 12:30 P.M.. With colder weather showing up, one should make sure one's jump start systems are fully charged up. The best cold weather people I know in the area are the <u>Round Hill Volunteer Fire Department</u>, since they help maintain the tundra in back country Greenwich, Connecticut, when the downtown people are staying warm at Starbucks. I will now shower and clean up. CIO

<888> 01/20/13 Sunday 11:55 A.M.. <u>Fairmont Railway Hotels Canada - Top 10 Fairmont</u> <u>Railway Hotels Canada</u>. CIO

<888> 01/20/13 Sunday 11:45 A.M.. I chatted with a relative. CIO

<888> 01/20/13 Sunday 11:15 A.M.. If one looks at <u>http://www.sofn.com/</u>, there is a Scandinavian Club at 1351 South Pine Creek Road in Fairfield, Connecticut 06824 that can be reached at 1-203-847-7607. They would probably know about cold weather maintenance. When I was around the King of Norway <u>kongehuset.no - English</u> in the fall of 1976 in Fort Lauderdale, Florida, I did not know he was there. CIO

<888> 01/20/13 Sunday 10:50 A.M.. On my overland trips to Southern California between 1978 and 1980 in the fall, I use to camp out in the mountains east of the Coast. They had camp grounds where one could park and pay \$3 a night to camp out over night. However, nobody else was ever there. In the camp ground in Santa Barbara near Ronald Reagan's ranch, it was near the Danish town of Solvang and a cattle ranch, and it would get cold up in the mountains in the fall at night, but there was a nice view of the ocean driving up there. I later learned there were Mountain Lions near Ronald Reagan's ranch, which is why nobody bother him there. I also later learned from Californians who had driven back east and camped out up Route 7 north of Danbury, Connecticut near Kent, Connecticut that there were bears around those Connecticut State Parks. Of course back in the spring of 1975, when I escaped from Manhattan, I learned that there were also bears at Conyers Farm here in Greenwich, Connecticut. In South Salem, New York; there is also a wild wolf sanctuary. CIO

<888> 01/20/13 Sunday 10:20 A.M.. I chatted with a relative. The only hunter I know in this area collects antique Purdey firearms <u>PURDEY 1857 Percussion Antique Shotgun in</u> <u>Excellent Condition with a G for sale (987491519)</u>. He once took me to the gun store in Geneva, Switzerland where Henry Kissinger buys his firearms. It is the law in Switzerland

that every male has be a member of the Army in Switzerland, and they are required to own a rifle. When I was at the gun store in Geneva, Switzerland, I bought a small yellow and red Swiss Army pen knife for \$15. I guess up in the Mountains in the neutral country of Switzerland with all of the Swiss Dairy cattle, they have a lot of wolves, bears, and mountain lions, so that is probably why everyone leaves Switzerland alone. Before the Tim Berners Lee (no relation to Rober E. Lee) came up with the World Wide Web in Switzerland, they use to use Swiss Alpine Horns for communications in Switzerland or they would Yoodle. CIO

<888> 01/20/13 Sunday 9:00 A.M.. I woke up at 7 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

End of Scott's Notes week of 01/19/13:

<888> 01/19/13 Saturday 11:50 P.M.. I will now send out my weekly notes, and then I will shut down the <u>R C A Global Communication in New York, NY | 60 Broad St, New York, NY</u> machine, and I will go to bed soon. CIO

<888> 01/19/13 Saturday 10:20 P.M.. For Peace Nicks in the Urban environment whom do not think that people in the country need guns, one might look at and study this <u>What Does</u> <u>a 1600-Pound</u>, 14-Foot Tall Grizzly Bear Eat? Pretty Much Whatever It Wants . CIO

<888> 01/19/13 Saturday 9:40 P.M.. We have to get ready to activate the Freezing Norwegian squad of volunteers. On Tuesday and Wednesday night, it is going down into the low teens Fahrenheit <u>7-Day Forecast for Latitude 41.07°N and Longitude 73.65°W</u> . CIO

<888> 01/19/13 Saturday 9:25 P.M.. I ate four scrambled eggs with five strips of fried bacon and a toasted English muffin with olive oil and a 12 ounce glass of Sprite. I chatted with a relative. CIO

<888> 01/19/13 Saturday 7:25 P.M.. When in Paris, France; one should dine out here <u>Restaurant Procope Paris - cuisine française Procope</u>. CIO

<888> 01/19/13 Saturday 7:20 P.M.. <u>Ronald Reagan Presidential Foundation and Library:</u> Email - Ronald Reagan Commemorative Inauguration Collectibles-Limited Time <u>Offer!</u> CIO

<888> 01/19/13 Saturday 7:10 P.M.. I drank a 12 ounce glass of Sprite and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 01/19/13 Saturday 6:45 P.M.. I threw out the garbage. I went downtown to CVS, and I picked up a prescription. I then drove further downtown, and I sat out for a while. While I was driving on West Elm street turning on to Benedict Place, I saw the eight

year old Jaguar with the bullet hole in the driver's side door with the same driver. I got the license plate, and it is Connecticut license plate "274-SVZ". I called it into the Greenwich Police. I then went by the Greenwich Library, and I chatted with two staff members and a regular patron. I used the bathroom there. I then went by the Stop and Shop. I bought Stop and Shop premium deli sliced ham for \$4.99 a pound for \$5.11 and Stop and Shop deli sliced white American cheese for \$5.99 a pound for \$6.17, two 16 ounce refrigerated Certified Angus Beef Brand Angus beef stew with veggies for \$3.99 each, bananas for .79 a pound for \$1.77 and \$1.10 can return for \$19.93 total. I then went by the Putnam Shell at 401 West Putnam Avenue, and I bought \$15.04 of self service V-Power premium gasoline for \$4.399 a gallon for 3.419 gallons at odometer reading of 71791 miles for 33 miles driven since Sunday January 6, 2013 for 9.652 miles per gallon in mostly local traffic. I then returned home. I picked up the mail. I put away my groceries. I chatted with a friend. CIO

<888> 01/19/13 Saturday 3:00 P.M.. I ate a ham and cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise, Italian spices, ground black pepper, hot horseradish, olive oil and two one eighth inch thick slices of a Bermuda onion with Lays salt and vinegar potato chips and a 12 ounce glass of Sprite. I will now go downtown. CIO

<888> 01/19/13 Saturday 2:20 P.M.. I woke up at 2 P.M.. I made my bed. CIO

<888> 01/19/13 Saturday 10:30 A.M.. I ate a few day old muffin. I will now take a nap. CIO

<888> 01/19/13 Saturday 10:00 A.M.. I reinstalled the three smoke detectors in the apartment. One is on the living room ceiling opposite the closets. One is at the entrance to the hallway. One is on bedroom ceiling at the entrance. CIO

<888> 01/19/13 Saturday 9:20 A.M.. I made 135 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching the first half of Series 4 Episode 2 of "Poirot". CIO

<888> 01/19/13 Saturday 6:45 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I will now shower and clean up. I will then make cigarettes. CIO

<888> 01/19/13 Saturday 5:30 A.M.. I put away the laundry. Since the garbage can for lent in the laundry room went missing about two months ago, there is no garbage can there. I left a garbage bag there for lent, and I also donated a roll of toilet paper to the downstairs bathroom. CIO

<888> 01/19/13 Saturday 4:45 A.M.. From what I can tell with living room thermostat set at 74 degrees Fahrenheit and with the new ceiling tiles and the insulation in the ceiling, it seems to be warmer in the apartment. However, in the bedroom, I only keep the

thermostat at 60 degrees Fahrenheit, and I turn on the electric blanket on the bed on cold nights. While they were doing the ceiling work, I flew the United States stars and stripes flag and the British Union Jack in the hallway, but now that I am back to normal, I am back to flying the Dutch tricolor and the British Union Jack which is normal for the apartment. The British flag lets people know I speak English and the Dutch Tricolor symbolizes the New Amsterdam night watch, which I know something about. I still have the small flags on the Sony television also. CIO

<888> 01/19/13 Saturday 4:20 A.M.. I have 35 minutes to go on two dry cycles. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 01/19/13 Saturday 3:55 A.M.. I woke up at 2:45 A.M.. I started two loads of laundry, and I am about just ready to start the dry cycles. I put clean linens on the bed. CIO

<888> 01/18/13 Friday 8:00 P.M.. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 01/18/13 Friday 7:45 P.M.. I ate a 18 ounce can of Campbell's New England clam chowder with dried parsley and a Kaiser roll with Smart Balance Spread and a 12 ounce glass of Sprite. CIO

<888> 01/18/13 Friday 6:35 P.M. INGV Roma1 — Warner Marzocchi

Downloads - Weekly Activity Reports

http://www.zdnet.com/we-thought-wed-sell-1000-the-inside-story-of-the-raspberry-pi-7000009718/?s_cid=e505

Winter deals to Amsterdam from \$797*

<u>Benjamin Franklin (American author, scientist, and statesman) -- Britannica Online</u> <u>Encyclopedia</u>

<u>Global Volcanism Program | Volcanic Activity Reports | Smithsonian / USGS Weekly</u> <u>Volcanic Activity Report |</u>

George Bush Presidential Library Foundation CIO

<888> 01/18/13 Friday 5:25 P.M.. I woke up at 4 P.M.. I made my bed. I picked up the mail. I chatted with a friend. CIO

<888> 01/18/13 Friday 2:35 P.M.. I chatted with two relatives. I ate a 19 ounce Stouffer's meat and tomato lasagna with grated parmesan and Romano cheese and a 12 ounce glass of Schweppes Ginger Ale. I will now take a nap. CIO

<888> 01/18/13 Friday 1:35 P.M.. The ceiling people arrived at 8:30 A.M.. They finished my apartment at 10 A.M.. I just finished putting everything back into place. I still have to install the three smoke detectors which I will do later on. I put the long throw rug in the trunk of the Audi. I put the miniature Christmas tree and wreath with decorations underneath the bedroom desk. I stored some other items behind the Sony television in the living room. I put the ice cube trays underneath the oak dining table on top of the laptop computer bags. I have pretty much run out of storage space. I picked up yesterday's mail. CIO

<888> 01/18/13 Friday 7:15 A.M.. I will now shower and clean up. CIO

<888> 01/18/13 Friday 6:30 A.M.. I woke up at 5:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 01/18/13 Friday 2:30 A.M.. <u>General Atlantic to move to 600 Steamboat Road</u>. I used to live at 700 Steamboat Road, before I moved to 71 Vinci Drive, so I know the neighborhood. I will now go back to bed, and I will get up at 5:30 A.M.. CIO

<888> 01/18/13 Friday 2:05 A.M.. I woke up yesterday at 5:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I threw out the garbage. The ceiling people arrived at 8:30 A.M., and they started to work on my apartment installing new ceiling tiles and insulation. I worked off the laptop in the community room. I chatted with relatives and friends on my wireless telephone. At 11:30 A.M., I went to McDonalds on West Putnam Avenue, and I got two McRib sandwiches for \$2.49 each and .32 tax for \$5.30 total. I ate them with a glass of water. I then returned back to my building. I chatted with neighbors. At 3 P.M., the ceiling people were done with my apartment except for the valence in the bedroom, which they will do this morning starting at 8:30 A.M.. I put most of the stuff back in the living room, and I took some stuff out of the bedroom. I ate a 19 ounce Stouffer's meat and tomato lasagna with grated parmesan and Romano cheese and a 12 ounce glass of Sprite. I went to bed at 10 P.M.. I just woke up now, and I started the FIC server. CIO

<888> 01/16/13 Wednesday 6:55 P.M.. I ate a 19 ounce Stouffer's meat and tomato lasagna with grated Parmesan and Romano cheese and a 12 ounce glass of Canada Dry Ginger Ale. I will now shut down the primary work computer, and I will go to bed. I will get up at 5:30 A.M. tomorrow morning to be ready for the ceiling people, when they arrived at 8:30 A.M.. CIO

<888> 01/16/13 Wednesday 6:05 P.M.. I finished moving the items out of my living room, so they can install the insulation and new ceiling tiles in my apartment tomorrow starting at 8:30 A.M.. They told me, the might be able to do the apartment in one day, but I will

have to wait and see. I will not be putting the stuff back into the apartment, until after they finish. I drank a 12 ounce glass of <u>http://www.coke.com/</u>. CIO

<888> 01/16/13 Wednesday 2:45 P.M.. I picked up the mail. They are doing my apartment tomorrow and possibly the next day. I have to move a lot of stuff and shut down the computers. CIO

<888> 01/16/13 Wednesday 1:40 P.M.. I ate a 19 ounce Stouffer's meat and tomato lasagna with grated Parmesan and Romano cheese and a 12 ounce glass of Canada Dry Ginger Ale. CIO

<888> 01/16/13 Wednesday 12:50 P.M.. <u>The North American International Auto Show in</u> <u>Detroit: Day 1</u>

Best Cars Blog | U.S. News Best Cars

U.S. Morning Call: JPMorgan reports higher Q4 profits | Video | Reuters.com CIO

<888> 01/16/13 Wednesday 12:40 P.M. <u>IBM Watson</u> CIO

<888> 01/16/13 Wednesday 12:35 P.M.. Cisco investigates reported Linksys router flaw

10 essential Windows 8 travel apps | PCWorld

10 weird and wonderful Raspberry Pi hacks | PCWorld CIO

<888> 01/16/13 Wednesday 12:25 P.M.. The tower fan on the living room window shelf that I use to blow the electric heat around the apartment was making a squeaking sound, so I replaced it with another tower fan that does not have a remote control.

One of my many volunteer duties downtown, when I make it downtown after a snow storm is to clean the snow off the benches at the Senior and the Arts center, and across the street at the Veterans' monument and at the former Greenwich Post Office Plaza. Possibly one of the younger generation whom is not doing too much today could take up that task. A lot of people do sit on the benches downtown, particularly cigarettes smokers and downtown observers. CIO

<888> 01/16/13 Wednesday 12:05 P.M. <u>Asteroid deflection mission seeks smashing</u> <u>ideas</u> CIO

<888> 01/16/13 Wednesday 11:55 A.M.. <u>Revealed: Hundreds of words to avoid using online</u> if you don't want the government spying on you

CIO

<888> 01/16/13 Wednesday 11:25 A.M.. <u>Leap Motion controller: Control your laptop by</u> moving your hand - for \$70 - Jan. 16, 2013

Netflix scores Cartoon Network more Time Warner content for streaming - Jan. 14, 2013

!!!!!! Experts warn of massive solar storm in 2013 | Fox News Video CIO

<888> 01/16/13 Wednesday 11:00 A.M.. Something happening at the other end of the state <u>High Acres Bed & Breakfast, North Stonington, Connecticut, USA Bed and Breakfast</u> . CIO

<888> 01/16/13 Wednesday 10:30 A.M.. I threw out the garbage. I cleaned about two inches of snow off the Audi. I chatted with a neighbor. CIO

<888> 01/16/13 Wednesday 9:40 A.M.. I will now shower and clean up. CIO

<888> 01/16/13 Wednesday 8:45 A.M.. I woke up at 7:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 01/15/13 Tuesday 8:20 P.M.. I chatted with a relative. I will now shut down the primary work computer, and I will go to bed soon.

http://www.greenwichtime.com/news/article/Snow-is-coming-for-Wednesday-4194680.php CIO

<888> 01/15/13 Tuesday 7:20 P.M.. I ate a ham and cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise, Italian spices, ground black pepper, hot horseradish, olive oil and two one eighth inch thick slices of a Bermuda onion with Lays salt and vinegar potato chips and a 12 ounce glass of Canada Dry Ginger Ale. Canada Dry use to have their research headquarters in Greenwich, Connecticut. CIO

<888> 01/15/13 Tuesday 5:55 P.M.. <u>ConnDOT: CCTV# 4 Greenwich NB Exit 3 - Arch St.</u> . CIO

<888> 01/15/13 Tuesday 5:45 P.M.. I watched Series 4 Episode 1 of "Poirot". CIO

<888> 01/15/13 Tuesday 4:30 P.M. <u>9 essential Internet Explorer 10 add-ons</u>

Biltmore Email Newsletter

Elder George Bush Leaves Hospital - NYTimes.com

BBC News - Horsemeat found in beef burgers on sale in UK and Ireland

BBC News - Facebook unveils social search tools for users CIO

<888> 01/15/13 Tuesday 3:40 P.M.. I chatted with a relative. The Gourmet Dining shrimp stir fry dinner gave me a lot of intestinal gas, so possibly it had been defrosted and refrozen, before I got it. I woke up at 3 P.M.. I ate a day old muffin. I made my bed. I picked up the mail. CIO

<888> 01/15/13 Tuesday 12:40 P.M.. I made and ate a 28 ounce Gourmet Dining shrimp stir fry dinner, which I ate with a 12 ounce glass of <u>http://www.coke.com/</u>. I will now take a nap. CIO

<888> 01/15/13 Tuesday 11:35 A.M.. <u>The Happiest (And Saddest) Countries In The World</u> <u>- Forbes</u>. CIO

<888> 01/15/13 Tuesday 10:45 A.M.. <u>Fraud And Disability Equal A Multibillion Dollar</u> <u>Black Hole For Taxpayers - Forbes</u>. CIO

<888> 01/15/13 Tuesday 10:25 A.M.. I threw out the garbage. The ceiling people are doing the downstairs hallway in the east wing. They told me they might let me know later on today if and when they are going to do my apartment. There is not a lot of heavy stuff to move, but there do dozens of pieces of small electronics that will be needed to be moved. CIO

<888> 01/15/13 Tuesday 10:00 A.M.. I made 120 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching the first half of Series 4 Episode 1 of "Poirot". CIO

<888> 01/15/13 Tuesday 7:30 A.M.. I will now shower and clean up. I will then make cigarettes. CIO

<888> 01/15/13 Tuesday 6:55 A.M.. I woke up at 5:45 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed.

At the Chase Bank building West Putnam Avenue across from Valley Road, there is <u>Regus</u> <u>USA</u> office space in the building.

I noticed if one has property to develop, there is this web site <u>Trump Collection Social</u> <u>Media | Trump Collection Proposals</u>. CIO

<888> 01/14/13 Monday 8:05 P.M.. I chatted with a relative. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 01/14/13 Monday 6:25 P.M.. <u>The three most expensive real estate transactions of</u> 2012 - Hot Topics - Connecticut News . CIO <888> 01/14/13 Monday 6:15 P.M. <u>Albert Schweitzer (Alsatian-German theologian and physician) -- Britannica Online Encyclopedia</u>

BBC News - Ancient migration: Genes link Australia with India

BBC News - 'Red October' cyber-attack found by Russian researchers

Bean Sale going on L.L.Bean--Shipped for Free, Guaranteed to Last . CIO

<888> 01/14/13 Monday 5:50 P.M.. Greenwich, Connecticut Public Notice:

As part of a continuous effort to keep our citizens informed, we want to make you aware that the I-95 Northbound Ramp Exit 5 will be closed to traffic on Wednesday January 16, 2013. Please see below for more details and detour instructions.

I-95 Northbound Ramp from Route 1 in Greenwich (Exit 5) to be Closed for Tree Removal

The Connecticut Department of Transportation is announcing that a tree removal operation will require the closure of the I-95 Northbound entrance ramp from Route 1 in Greenwich (Exit 5) on Wednesday, January 16, 2013.

The following detour will be implemented: Motorists traveling to I-95 North from Route 1 will be directed to use the I-95 South entrance ramp from Route 1, and proceed to Exit 4 (Indian Field Road), and then return to I-95 using the northbound entrance ramp from Indian Field Road.

LANE CLOSURE INFO

Traffic control personnel and signing patterns will be utilized to guide motorists through the detour. The regular work schedule for this project is from 9:00 a.m. to 3:00 p.m. (Wednesday).

Motorists should be aware that modifications or extensions to this schedule may become necessary due to weather delays or other unforeseen conditions. Motorists are advised to maintain a safe speed when driving in this vicinity.

Best regards,

Livvy Floren, State Representative 149th District

Stephen G. Walko, State Representative, 150th District

Fred Camillo, State Representative, 151st District

End of Notice: CIO

<888> 01/14/13 Monday 4:40 P.M.. I took a 18 inch diameter round baking pan out of the Sharp convection oven, and I put half or 12 ounces of Butcher's St. Louis spare ribs with Bulls Eye barbecue sauce on them on the pan along with 6 ounces of Orida frozen tater tots, and I put it on a raise rack support, and I baked it at 425 degrees Fahrenheit for 18 minutes. I ate it all with my usual steamed for 15 minutes baby carrots cut into quarters lengthwise and with broccoli crowns with Smart Balance spread and extra virgin olive oil and a 12 ounce glass of <u>http://www.coke.com/</u> a cup of green tea with Sweet and Low sweetener and Stop and Shop lemon juice. CIO

<888> 01/14/13 Monday 2:35 P.M.. I went downtown, and I went by the Greenwich Housing Authority The Housing Authority of Greenwich, and I dropped by my lease materials. I then went downtown. I chatted with a local Norwegian. I then moved my car to another nearby parking place, but the hot dog truck did not show up today. I walked the entire length of Greenwich Avenue and the train station area. I chatted with the owner of the Thataway property on lower Greenwich Avenue on the West Side of the Street, and I was told they may not be developing it, and it might be up for sale again, if anyone needs valuable building property on Greenwich Avenue. I stopped by the Greenwich Cigar Store, and I bought an Ace's High scratch card for a dollar, but I lost. I stopped by the Chase Bank just south of the former Greenwich Post Office. I used the bathroom at the senior and the arts center. I toured CVS. I stopped by the Chase Bank at 19 West Putnam Avenue. I stopped by the AT&T store, and they told me I could get a Go Phone with more features, but I would have to sign up for a data plan, which I do not think I would want to. I chatted with a local medical person. I chatted with a regular walker. I sat out for a while after my walk. I then went by the A&P Fresh, and I bought bananas for .79 a pound for \$1.67, a 59 ounce Dole orange juice with calcium for \$2.99, and a 26 ounce bag of frozen shrimp stir fry for \$3.99 for \$8.65 total. I then returned home. I picked up the mail. I got a http://www.aarp.org/ magazine tote as a gift. I put it on the Epox computer chair. I also got a \$5 bill from http://www.scarborough.com/ for filling out their research form a couple of months ago. CIO

<888> 01/14/13 Monday 10:15 A.M.. I misread the date, and I forgot to submit the paper work for my new lease to the Greenwich Housing Authority this past Thursday January 9, 2013. I prepared the paperwork, and I will now go out and drop it off at the Greenwich Housing Authority. CIO

<888> 01/14/13 Monday 9:35 A.M.. At <u>www.att.com/mygophone</u>, I added \$27.26 to my AT&T GoPhone Account. It is now good until January 14, 2014 with an account balance of \$251.34. I also set up the account with Auto Renew which will work for renewal in a year from now. CIO

<888> 01/14/13 Monday 8:25 A.M.. I threw out the garbage. I said "Good Morning" to the building custodian.

If one ever wants to see a "Real" Microsoft person, they have a store nearby in White Plains, New York <u>Microsoft Store Locations White Plains, New York</u>. CIO

<888> 01/14/13 Monday 7:30 A.M.. New Travel web site <u>Peek: Book Amazing Things to</u> <u>Do</u> .

I will now shower and clean up. CIO

<888> 01/14/13 Monday 7:15 A.M.. I woke up at 6 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 01/13/13 Sunday 11:40 P.M. <u>Global Volcanism Program | Volcanic Activity Reports</u> | <u>Bulletin of the Global Volcanism Network | Contents for Volume 37, Number 10 (October 2012)</u>

I will now shut down the primary work computer, and I will go back to bed. CIO

<888> 01/13/13 Sunday 11:25 P.M.. I ate two tuna fish sandwiches on 12 grain bread with Lays salt and vinegar potato chips and a dill pickle slice and a 12 ounce glass of Canada Dry Ginger Ale. CIO

<888> 01/13/13 Sunday 10:40 P.M.. I woke up at 8 P.M.. I chatted with a relative. I watches Series 3 Episode 2 of "Downton Abby". I installed the Windows Updates on the primary work computer. CIO

<888> 01/13/13 Sunday 1:35 P.M.. I took a 18 inch diameter round baking pan out of the Sharp convection oven, and I put half or 12 ounces of Butcher's St. Louis spare ribs with Bulls Eye barbecue sauce on them on the pan along with 8 ounces of Orida frozen tater tots, and I put it on a raise rack support, and I baked it at 425 degrees Fahrenheit for 17 minutes. I ate it all with my usual baby carrots cut into quarters lengthwise and with broccoli crowns with Smart Balance spread and extra virgin olive oil and a 12 ounce glass of <u>http://www.coke.com/</u> a cup of green tea with Sweet and Low sweetener and Stop and Shop lemon juice. I will now take a nap. CIO

<888> 01/13/13 Sunday 12:10 P.M. <u>Prison Planet.com » Cash Strapped Red Cross</u> <u>Predicts Violent Riots in Europe</u> CIO

<888> 01/13/13 Sunday 11:05 A.M.. I chatted with a friend. <u>Bloomberg TV: Business Live</u> <u>TV - Bloomberg</u> keeps promoting <u>http://www.facebook.com/</u>. My viewpoint is that Facebook has no product or service that it sells, but just gets revenue from internet advertising to its users, so it might not really be worth so much money. It is like paying a \$100 billion for a telephone book. CIO

<888> 01/13/13 Sunday 9:40 A.M.. Well not much going on in Greenwitch, Connecticut on a damp day. I guess it is an easy guess that it might get colder here sooner or later. CVS on Greenwich, Avenue has some inexpensive snow brushes. One should be prepared for

colder weather and snow for whenever it arrives in this area. I will now shower and clean up. CIO

<888> 01/13/13 Sunday 8:35 A.M.. I woke up at 7 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

End of Scott's Notes week of 01/12/13:

<888> 01/12/13 Saturday 10:10 P.M.. I chatted with a friend and a relative.

The Chinese think gold is worth \$2,000 an ounce <u>2013 China 1 10 oz 999 Gold Panda 50</u> <u>Yuan Gem UNC Mint SEALED SKU27390 | eBay</u>, when it is only worth \$1,662 an ounce <u>Gold Price per Ounce</u>

I will now send out my weekly notes. CIO

<888> 01/12/13 Saturday 8:45 P.M.. I chatted with a local security number. I chatted with someone in an eight year old silver Jaguar sedan automobile today at the top of Greenwich Avenue about 1 P.M.. There was a one inch diameter bullet hole in the driver's side door, and the driver said somebody shot at him, but he got the person first. I would assume that means it might be more dangerous in this area than the newspapers report. A frequent regular around the Starbucks on Greenwich Avenue first showed up about eight years ago with a bullet hole in his car too. One of my old friends in Illinois had a neighbor with a bullet hole in his car, but he was the son of the Chief of Police, so got a good deal on the car. CIO

<888> 01/12/13 Saturday 7:45 P.M. I chatted with a relative.

BBC News - Hollande steps up France security over Mali and Somalia

David Adler - Wikipedia, the free encyclopedia CIO

<888> 01/12/13 Saturday 5:55 P.M.. I ate a 19 ounce Maria Callender lasagna dinner with grated parmesan and Romano cheese and a 12 ounce glass Canada Dry Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO

<888> 01/12/13 Saturday 4:40 P.M.. I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. Midway through my walk, I used the bathroom at Starbucks. I toured <u>Computer SuperCenter of Greenwich</u> on Mason Street. I toured CVS. After my walk, I sat out for a while. I then went by the Greenwich Library, and I chatted with a couple of staff members. I then went by the Stop and Shop, and I bought four day old muffins for \$2, four 19 ounce Stouffer meat lasagnas for \$2.50 each, and a 24 ounce package of

Butcher's St. Louis barbecue spare ribs for \$6 for \$18 total. I then returned home, and I picked up the mail. CIO

<888> 01/12/13 Saturday 10:30 A.M.. <u>Amazon.com: TMS STOVE-2346 Portable Military</u> <u>Camping Tent Steel Wood Stove Heater Army Cook Hunting Fishing Cot: Sports &</u> <u>Outdoors</u>

I will now shower and clean up, and then I will go out for a walk. CIO

<888> 01/12/13 Saturday 10:15 A.M.. I woke up at 8 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. I made up a fresh batch of punch. CIO

<888> 01/12/13 Saturday 5:30 A.M.. I watched Series 6 Episode 4 of "Poirot". I will now shut down the primary work computer, and I will go back to bed. CIO

<888> 01/12/13 Saturday 3:45 A.M.. I ate a 18 ounce glass of Campbell's New England clam chowder with dried parsley and a Kaiser roll with Smart Balance Spread and a 12 ounce glass of <u>http://www.coke.com/</u>. CIO

<888> 01/12/13 Saturday 3:00 A.M.. I put away the laundry. CIO

<888> 01/12/13 Saturday 2:35 A.M.. 2013 Meeting of the Americas

BBC News - Microsoft to turn off Windows Messenger on 15 March CIO

<888> 01/12/13 Saturday 1:55 A.M.. I have 45 minutes to go on the two dry cycles. CIO

<888> 01/12/13 Saturday 1:25 A.M.. I woke up at midnight. I ate a few day old muffin. I put clean linens on the bed. I started two loads of laundry, and I have about 10 minutes to go on the wash cycles. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 01/11/13 Friday 4:20 P.M.. I ate the last 4 ounce slice of Smokehouse reserve ham that I heated in the microwave oven for 2 minutes and 30 seonds at 60% power on a microwave proof plate with microwave lid. I ate it with steamed baby carrots cut lengthwise into quarters and broccoli crowns with Smart Balance spread and extra virgin olive oil and 12 ounces of garlic mashed potatoes with Smart Balance spread and extra virgin olive oil and a 12 ounce glass of <u>http://www.coke.com/</u> and a cup of green tea with Sweet and Low sweetener and Stop and Shop lemon juice. I will now take a nap. CIO

<888> 01/11/13 Friday 3:05 P.M.. I made 97 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching the first half of Series 6 Episode 4 of "Poirot". CIO <888> 01/11/13 Friday 1:20 P.M.. I chatted with a relative. I threw out the garbage. The ceiling people are not here, so I do not know when possibly they will do my apartment next week until they tell me. I picked up the mail.

<u>MetLife - Insurance, Benefits, Retirement - Buy Term Life Online</u> is probably the largest presence in the Chelsea area of Manhattan. CIO

<888> 01/11/13 Friday 11:40 A.M.. I will now shower and clean up. I will then make cigarettes. CIO

<888> 01/11/13 Friday 11:35 A.M.. I chatted with a relative.

I noticed at List of companies by revenue - Wikipedia, the free encyclopedia that Rex <u>Tillerson - Wikipedia, the free encyclopedia</u> the head of <u>http://www.exxon.com/</u> is from Huntsville, Texas <u>Huntsville, Texas - Wikipedia, the free encyclopedia</u> which is famous for its prison, and I was told the song the <u>Midnight Special (song) - Wikipedia, the free</u> <u>encyclopedia</u> is named for the train from Houston, Texas to Huntsville, Texas that carries all of the prisoners. Thus being a Bush family neighbor all of these years, maybe the Bushs have arrested all of my friends, which is why I have no friends except a few veterans and law enforcement officers. When I lived in the Chelsea neighborhood of Manhattan, and I used to walk around that neighborhood, I noticed that the Manhattan Federal House of Detention was also in that neighborhood as was the maintenance terminal for the Metropolitan Transportation Authority or the City Buses and the meat packing district, thus it tended to be a blue collar neighborhood before all of the Art Galleries moved in. The <u>Masonic Temple - New York City</u> was also in that neighborhood as were the <u>Westies - Wikipedia, the free encyclopedia</u> as was the <u>New York City Police Academy -</u> <u>Wikipedia, the free encyclopedia</u>. CIO

<888> 01/11/13 Friday 10:00 A.M.. I woke up at 8 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 01/10/13 Thursday 9:40 P.M.. Well having a chance to chat with a Norwegian today, once it gets colder this winter, I will let you know when I get a chance to chat with a Eskimo, Inuit or Russian. The Russians always seem to think I look Russian, but I don't know the Russian language. The Russians start to show up here when the temperature is in the 20 degrees Fahrenheit. I know a few local Russians, but they are usually confused by my English, so I don't bother them. Fred Von Mierers and Helen Williams might have known Russians in Manhattan, since they kept Russian Vodka in their freezers. <u>Yahoo!</u> Answers: Answers and Comments for What does 'Dos Vadanya' mean? .

http://mikelouisscott.com/mls-apple2-1991.jpg

http://mikelouisscottcom.cv.siteprotect.net/mls-apple2-1991.jpg CIO

I will now shut down the primary work computer, and I will go to bed soon. At my age of 62 years, walking out in the cold for extended periods of time tends to wear me out, so I need more rest.

<888> 01/10/13 Thursday 8:40 P.M.. Having reviewed a bit of the history of Edward VIII -Wikipedia, the free encyclopedia, I figured out that although the British made him give up the throne, he might still have been Emperor of India, but nobody ever told him that, so he was left living in the Bahamas and Paris with no friends to help him out. He did stay at the New York Luxury hotel | Waldorf Towers | Manhattan Boutique Hotel when in Manhattan, but that is not a private residence, so since when he left England he also took all of the money that belonged to the Royal family, he might have been able to afford other private residents elsewhere. It is all quite complicated. All I know that he did in Greenwich, Connecticut was dedicate a statue at the Electrolux vacuum factory in Old Greenwich in the 1920s. He was friends of the Swedish person that owned Electrolux, and the same Swedish person would lend him his yacht in the Bahamas, so he could occasionally travel by sea. The yacht was called "The Southern Cross". Thus more than likely he was known as "David Windsor" which initials D.W. would also stand for "Department of War". More than likely if any of his friends are still around, they might know some of his relatives. I have seen a few people over the years that looked like him, but in genetics that is always not that reliable. Anyway at my age, I don't think they want me in the The Royal Navy is Britain's Maritime Armed Force | Royal Navy just to sit around the house and make cigarettes and watch vintage British television shows. I do know how to run personal computers, but nobody seems to be interested in that technology over here in America, since I only speak American English, and I do not have the refinements of Protocol to deal with the wealthier International Community. CIO

<888> 01/10/13 Thursday 7:10 P.M.. At my age, I do not have the energy anymore to do another major road trip, but you could confer with the Boss whomever that might be.

http://mikelouisscott.com/mls-greece-72.jpg

http://mikelouisscottcom.cv.siteprotect.net/mls-greece-72.jpg. CIO

<888> 01/10/13 Thursday 6:50 P.M.. <u>Texas Planned Parenthood Defunding Hits Patients,</u> <u>Clinics - ABC News</u>

KLM supports Clean Water Cause

<u>Global Volcanism Program | Volcanic Activity Reports | Smithsonian / USGS Weekly</u> <u>Volcanic Activity Report |</u>

Updates in Volcanology - New Advances in Understanding Volcanic Systems | InTechOpen

BBC News - Amazon AutoRip service gives out free digital copies of CDs CIO

<888> 01/10/13 Thursday 6:25 P.M.. If one gets off their high horse and comes down to reality in Greenwich, Connecticut, we are not really that hard up, just old fashioned thrifty since the town motto is "Frugality and Fortune" <u>List of companies by revenue - Wikipedia, the free encyclopedia</u>. CIO

<888> 01/10/13 Thursday 6:00 P.M.. Back in December 1972, when I did not make home for Christmas in Weston, Massachusetts, I was an escort for this gal <u>Barbara Hoversten</u> | <u>LinkedIn</u> at the Chicago Passavant Cotillion. I can not remember whom the other escort was, but I drank a bit of liquor, and I remember somebody from <u>http://www.sears.com/</u> that went to <u>http://www.harvard.edu/</u> throwing furniture out of the pent house suite at the <u>Hilton Family Chicago</u> on to Michigan Avenue. I guess that began my long involvement with the <u>Waldorf Astoria Hotels & Resorts | Luxury Hotels, Resorts & Five Star Vacations</u> 1-212-355-3000, but I still can not afford to visit Manhattan, since I can not take the stress of a Big City. CIO

<888> 01/10/13 Thursday 5:25 P.M.. I suggested to the CFCF coffee shop today that they put tables in front of their shop in the warmer weather like other establishments do on Greenwich Avenue. I was reminded by the local politician that one is not suppose to ride bicycles on the sidewalks. CIO

<888> 01/10/13 Thursday 5:20 P.M.. I ate an 8 ounce slice of Smokehouse reserve ham that I heated in the microwave oven for 4 minutes at 60% power on a microwave proof plate with microwave lid. I ate it with steamed baby carrots cut lengthwise into quarters and broccoli crowns with Smart Balance spread and extra virgin olive oil and 12 ounces of garlic mashed potatoes with Smart Balance spread and extra virgin olive oil and a 12 ounce glass of Canada Dry Ginger Ale and a cup of green tea with Sweet and Low sweetener and Stop and Shop lemon juice. CIO

<888>01/10/13 Thursday 4:05 P.M. I threw out the garbage. I went down to the ever glorious Greenwich Avenue. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. Midway through my walk, I used the bathroom at the Senior and the Arts Center. I gave a \$1.20 to someone from Armstrong Court that did not have bus fare. The person from Armstrong Court gave me a good business suggestion. I was asked if anyone sold post cards on Greenwich Avenue, and since Marx brothers disappeared, nobody sells post cards of Greenwich. I suggested it the Greenwich Hardware store. I chatted with the staff at the Greenwich Hardware store. I toured CVS. I chatted with Ella Vickers. I chatted with a local politician. I stopped the http://www.chase.com/ bank at 19 West Putnam Avenue to get parking change. I finished my walk, and I sat out for a while. I then went by the A&P Fresh, and I chatted with a local Norwegian about missing Norwegians. I bought buy one six pack of Thomas English muffins get two free for \$4.19 all three and a six pack of poppy seed Kaiser rolls for \$2.99 for \$7.18 total. I returned home, and I picked up the mail. I chatted with our tenants President, and I showed him my apartment and explained my viewpoint about the ceiling not needing to be done. He agreed with me. CIO

<888> 01/10/13 Thursday 10:20 A.M.. I chatted with a relative. There are a lot of stores on Greenwich Avenue with major sales going on. I will now go out for a walk. CIO

<888> 01/10/13 Thursday 9:10 A.M.. <u>Real estate slump proves no match for Greenwich</u> <u>Plaza - GreenwichTime</u>. I will now shower and clean up. CIO

<888> 01/10/13 Thursday 8:30 A.M.. I woke up at 7 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed.

<u>Fresh milk products and great customer service at Stew Leonard's!</u> was on <u>Bloomberg -</u> <u>Business, Financial & Economic News, Stock Quotes</u> this morning. When one is working the internet, one not only has to look at the major internet web sites, but one has to think locally for what it is worth. The building at 600 Steamboat Road <u>Starrett Corporation</u> is still under renovation, so when it is ready, it could be the headquarters for a major Fortune 500 company if anyone is interested. CIO

<888> 01/10/13 Thursday 1:30 A.M.. I will now go back to bed for a while. CIO

<888> 01/10/13 Thursday 1:15 A.M.. I put Hellmann's olive oil mayonnaise on both bread sides of a cut Kaiser roll cut in half, and I put half the rare roast beef and half the Swiss cheese that I bought on it, and I seasoned it with celery salt, ground black pepper, and I ate it with a dill pickle slice and Lays salt and vinegar potato chips and a 12 ounce glass of Canada Dry Ginger Ale. CIO

<888> 01/10/13 Thursday 12:30 A.M.. As a matter of policy of my Michael Scott's Global Internet Policy, I no longer maintain my internet directory since nobody seems to use it anymore if one looks at my stats from my homepages. I just keep running the servers, and the only thing that changes is my notes which are easy enough to find. If one is distressed that a link is out of date, one can always look at the many other search engines. I heard on Bloomberg News today that <u>http://www.google.com/</u> is going to provide free WiFi in the Chelsea neighborhood of Manhattan. Since the <u>Marble Collegiate Church</u> is in that neighborhood along with a lot of other student groups and the <u>The General Theological Seminary - www.gts.edu</u>, I am sure a great many more people will be exploring the internet from that neighborhood. I once lived for two months on West 20th street across from the Seminary in April and May 1974, but living around church people I went bankrupt, and I had to move back home to Greenwich, Connecticut where the Seabury Conference out here also went bankrupt. CIO

<888> 01/09/13 Wednesday 11:55 P.M.. <u>V07. Tephra fallout hazard assessment for</u> <u>America's explosive volcanoes - 2013 Meeting of the Americas</u>

IAVCEI 2013

http://www.britannica.com/EBchecked/topic/416465/Richard-M-Nixon?source=ONTHISDAY

http://www.britannica.com/EBchecked/topic/1728539/Catherine-duchess-of-Cambridge?source=ONTHISDAY

BBC News - Apophis asteroid: Large space rock flies past Earth

SLOOH SpaceCamera - Live Event

BBC News - Pebble smartwatch set to ship to project backers CIO

<888> 01/09/13 Wednesday 11:35 P.M.. I tried selling toilet paper to Saudi Arabia, but they prefer to use clothes soaked in oil, since they do not have water. CIO

<888> 01/09/13 Wednesday 11:35 P.M.. When I met the Captain of the Queen Elizabeth cruise ship around 1980, he told me the only thing he needs to buy in the United States of America is toilet paper. Since their biggest cargo is bonded liquor and automobiles, I guess we are trading British liquor and British motor cars for toilet paper. CIO

<888> 01/09/13 Wednesday 11:10 P.M.. I chatted with a relative at 8 P.M.. I finally woke up at 10:45 P.M.. I ate a few day old muffin. From what I can remember, the Presidents of the U.S.A. that I have actually seen are Gerald Ford, Jimmy Carter, Ronald Reagan, George H.W. Bush, George W. Bush. I might have been around other Presidents, but I was unaware of it. Of course it takes money to be around and to travel to Presidential events, so my days of political involvement are limited. I guess the down state Illinois republicans besides Abraham Lincoln had their most political influence was when Ronald Reagan was President, since Reagan was also from down state Illinois. I guess the most important people I have seen are Queen Elizabeth II and Prince Philip at Bloomingdales Department Store on July 5, 1976. However, living in the New York metro area all of these years, some of the young people I was around might have grown up to be important who knows. CIO

<888> 01/09/13 Wednesday 1:35 P.M.. I threw out the shipping box. I picked up the mail. I will now take a nap. CIO

<888> 01/09/13 Wednesday 1:15 P.M.. I put Hellmann's olive oil mayonnaise on both bread sides of a cut Kaiser roll cut in half, and I put half the rare roast beef and half the Swiss cheese that I bought on it, and I seasoned it with celery salt, ground black pepper and Golds hot horseradish, and I ate it with a dill pickle slice and Lays salt and vinegar potato chips and a 12 ounce glass of Canada Dry Ginger Ale. The order for <u>HW CLASSIC</u> <u>PASSPORT TRAVEL POUCH - Uncle Sams Army Navy Outfitters</u> for \$16.78 and six <u>OD</u> <u>THERMAL BOOT SOCK - Uncle Sams Army Navy Outfitters</u> for \$4 each in olive drab with 50% off for \$20.39 with "LUCKY13" coupon code today only and \$7.95 shipping for \$28.34 total arrived. CIO <888> 01/09/13 Wednesday 12:30 P.M.. I went out, and I went downtown. I walked the entire length of Greenwich Avenue and the train station area. Midway through my walk, I used the bathroom at the Senior and the Arts Center. I sat out at various locations. I went by CVS, and I bought a 16 roll bundle of Charmin 2X extra soft toilet paper for \$10 and .63 tax for \$10.63 total. They have three more https://www.oldebrooklynlantern.com/ for \$12.99 in stock. At the top of Greenwich Avenue, I ran into another regular walker, so I walked the other walker back home. I then used the bathroom at the Senior and the Arts Center, and I sat out enjoying the day some more. I then went by the Stop and Shop, and I bought a six pack of Stop and Shop Lite English muffins for \$1, a 16 ounce Smart Balance Lite for \$3.44, Stop and Shop rare deli roast beef for \$10.99 a pound for \$5.06, Stop and Shop deli Swiss Cheese for \$6.99 a pound for \$2.34, two 24 ounce Stop and Shop mashed potatoes for \$1.50 each, a two pound bag of baby carrots for \$3.29, bananas for .79 a pound for \$1.39, broccoli crowns for .99 a pound for .83 and .60 can return for \$19.75 total. I then returned home. I was told by the ceiling installer, they would not be doing my apartment until next week. CIO

<888> 01/09/13 Wednesday 8:25 A.M.. I threw out the garbage. I said "Good Morning" to the building custodian. The ceiling workmen are not here today, so it looks like they will not be doing my ceiling this week. I will now go downtown to face my legions of Internet fans. The Y.M.C.A. and the Y.W.C.A. of Greenwich have swimming pools for anyone whom knows how to swim. CIO

<888> 01/09/13 Wednesday 7:45 A.M.. I will now shower and clean up. Of course if one were able to afford to go down to Florida where another Scott is governor <u>Florida</u> <u>Governor Rick Scott</u>, one could enjoy the lazy tropical days down south with all of the retired citizens whom are looking for extra low paid help. CIO

<888> 01/09/13 Wednesday 7:15 A.M.. Out here in the remote tundra of Greenwich, Connecticut, we do not pay much attention to politics, since over half the residents are foreign nationals from other countries. We tend to have a Swiss viewpoint, and we just wait to see what or whom shows up next. Hopefully some of the visitors will have wampum to enjoy the diverse shopping experience on Greenwich Avenue compared to the more comfortable indoor shopping experiences of our neighboring towns such as White Plains, New York or Stamford, Connecticut. Still some of the more Nordic types like braving the colder outdoor weather of our local downtown shopping area. If you do not like the Cold, one can always sit inside the Greenwich Library http://www.greenwichlibrary.org/ and surf the internet all day, but one can do that any place else in the world. Nobody ever communicates with me, since as a private person living around people whom over advertise themselves trying to make money, I have no product or services to offer. I am so cut to the bone, I frequently think about quitting paying for Digital Cable Television, which would save me about \$75 a month. If one really wants to feel isolated out in the country, one can visit New Canaan, Connecticut with all of its glories. Danbury, Connecticut has a large indoor mall, but that it too far away for most local people here to visit. We have to face the reality of

http://www.automobilemag.com/31/connecticut/fairfield/greenwich/gas_prices.html

. Norwalk, Connecticut has a lot of discount outlet stores, but I am not sure if they are any

cheaper than the internet. If one really wants to be out in the middle nowhere, one can drive up to Bedford, New York, and enjoy its quaint village green. Tod's Point here in Greenwich is opened for visitors and allows dogs on the beach this time of year, but it is a bit colder out there on the waterfront by the beach. There is always the Greenwich Hospital Thrift Shop across the street from the Hamilton Avenue school, but they are more expensive now in their new location, and they do not carry much in the way of used electronics. I think a lot of people in this remote area still read a lot of books, since they do not regard the internet as being intellectually superior to their literary back grounds. <u>http://www.yale.edu/</u> is an hour to the east of us, but it can be colder out that way. I guess so many people have been sitting in <u>http://www.starbucks.com/</u> on Greenwich Avenue over the years watching the world go by, they have become accustomed to their local internet prison. For bargains <u>http://www.costco.com/</u> is in nearby Port Chester, New York, but one has to take out a \$55 yearly membership there. <u>Whole Foods Market |</u> <u>Whole Foods Market</u> on East Putnam Avenue has the most glamorous group of people, if one wants to be seen hob knobbing with the Rich and Famous. CIO

<888> 01/09/13 Wednesday 6:25 A.M.. I woke up at 5 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed.

100th Birthday Richard Nixon - Wikipedia, the free encyclopedia . CIO

<888> 01/08/13 Tuesday 9:40 P.M.. I think I am developing "OLD Syndrome". I will now shut down the primary work computer, and I will go back to bed for the night. CIO

<888> 01/08/13 Tuesday 9:20 P.M. Biltmore Email Newsletter Wine

Elvis Presley (American singer and actor) -- Britannica Online Encyclopedia

Stephen W. Hawking (British physicist) -- Britannica Online Encyclopedia

David Bowie

BBC News - US 2012 heat record 'partly due to climate change'

BBC News - Kepler telescope: Earth-sized planets 'number 17bn'

BBC News - Rheinmetall demos laser that can shoot down drones CIO

<888> 01/08/13 Tuesday 9:00 P.M.. I ate a 18.8 ounce can of Campbell's New England clam chowder with dried parsley and a Kaiser roll with Smart Balance Spread and a 12 ounce glass of <u>http://www.coke.com/</u>. CIO

<888> 01/08/13 Tuesday 8:25 P.M.. I got up at 7:45 P.M., and I chatted with a relative. Several people I know have had the flu, and one person I know has pneumonia and bronchitis. <u>Flu virus is aggressive this year</u>.

<u>PHOTO: 15,000 Hurricane Sandy-damaged cars parked bumper-to-bumper at Calverton</u> <u>Executive Airpark - NYPOST.com</u> CIO

<888> 01/08/13 Tuesday 4:35 P.M.. I watched the last half of Series 6 Episode 3 of "Poirot" . I picked up the mail. I chatted with a sick friend. I will now go back to bed for a while. CIO

<888> 01/08/13 Tuesday 3:10 P.M.. I woke up at 3 P.M.. I answered a telephone <u>http://www.chase.com/</u> survey. CIO

<888> 01/08/13 Tuesday 11:55 A.M.. I ate an 8 ounce slice of Smokehouse reserve ham that I heated in the microwave oven for 4 minutes at 60% power on a microwave proof plate with microwave lid. I ate it with steamed baby carrots cut lengthwise into quarters with Smart Balance spread and extra virgin olive oil and 12 ounces of garlic mashed potatoes with Smart Balance spread and extra virgin olive oil and a 12 ounce glass of Canada Dry Ginger Ale and a cup of green tea with Sweet and Low sweetener and Stop and Shop lemon juice. I will now take a nap. CIO

<888> 01/08/13 Tuesday 10:50 A.M.. <u>http://www.forbes.com/sites/matthewherper/2013/01/08/bill-gates-invests-in-cancer-dna-sequencing-firm/</u> CIO

<888> 01/08/13 Tuesday 10:10 A.M.. I went outside. I chatted with one of the ceiling people, and he told me that he would tell me later on today, whether they will do my apartment this Thursday and Friday or next week. They still have to do the hallway ceiling downstairs. I chatted with a neighbor. I threw out the Sharp microwave shipping box and some old curtain rods. I put away the Christmas decorations.

Down State Illinois use to have a bigger voice in National Politics recently <u>Dennis Hastert -</u> <u>Wikipedia, the free encyclopedia</u>. CIO

<888> 01/08/13 Tuesday 9:20 A.M.. I made 97 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching the first half of Series 6 Episode 3 of "Poirot". CIO

<888> 01/08/13 Tuesday 7:50 A.M.. I threw out the garbage. I will now make cigarettes. CIO

<888> 01/08/13 Tuesday 6:55 A.M.. LifeSmart 1500W Infrared Quartz Electric Heater | LS-4W1500-X : VMInnovations.com

I will now shower and clean up. CIO

<888> 01/08/13 Tuesday 6:00 A.M.. I got the \$15.89 refund on the Fram Air Filter that I returned to <u>http://www.jcwhitney.com/</u>. Since all of my friends and associates seem to be wealthily, nobody networks with me anymore, since it is tedious to deal with poor people like myself.

Still the poor are always amongst us, even in places like Greenwich, Connecticut <u>http://www.savethechildren.org/</u>. CIO

<888> 01/08/13 Tuesday 5:55 A.M.. I woke up at 4:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 01/07/13 Monday 11:50 P.M.. <u>Coca-Cola is successful new treatment for stomach</u> <u>blockages | Fox News</u>

Why everybody wants a slice of Raspberry Pi - CNN.com

U.S. Treasury To Run Out Of Money By Feb. 15, Study Says - Forbes

In case anyone made any money <u>Luxury Yacht Charter, Yachts for Sale, Brokerage, Yacht</u> <u>Management, Superyacht Construction - Fraser Yachts</u>

Lyford Cay Sotheby's International Realty.

<u>Heineken®</u>

Federal Jacks Restaurant & Brew Pub, Kennebunk, Maine

I will now shut down the primary work computer, and I will go back to bed. Bon Soir. CIO

<888> 01/07/13 Monday 10:45 P.M.. I ate a 16 ounce Boston Market Swedish meatballs with noodles dinner and a 12 ounce glass of <u>http://www.coke.com/</u>. CIO

<888> 01/07/13 Monday 10:10 P.M.. I woke up at 9:30 P.M.. I picked up the mail. CIO

<888> 01/07/13 Monday 4:30 P.M.. I ate a 12 ounce Lean Cuisine steak Dijon dinner with a 12 ounce glass of Canada Dry Ginger Ale.

Hirohito (emperor of Japan) -- Britannica Online Encyclopedia

BBC News - The Greek island of old age

BBC News - Russia: Raids by wolves spark 'emergency' in Sakha

I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 01/07/13 Monday 3:00 P.M.. I got up at 2:30 P.M.. I made my bed. I went outside for a brief spell. CIO

<888> 01/07/13 Monday 11:45 A.M.. A few days ago, I ate 8 ounces of Diamond Smokehouse almonds, and I just now ate the other eight ounces. I chatted with a relative. I will now take a nap.

For more advanced knowledge in the English language than what finds around here, one can try the <u>York University Libraries » Scott Library</u> . CIO

<888> 01/07/13 Monday 10:30 A.M.. I went downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS, and I bought four 15 ounce Ajax lemon dish washing liquid for .89 each and .23 tax for \$3.79 total. I then bought two 100 count boxes of Splenda sweetener for \$3 each for \$6 total. I used the bathroom at CVS. After I finished my walk, I sat out for a while, and I used the bathroom at the Senior and the Arts center. I then returned home. CIO

<888> 01/07/13 Monday 7:35 A.M.. I chatted with a friend. I will now go downtown for a walk. CIO

<888> 01/07/13 Monday 6:45 A.M.. St. Nicholas Center ::: Who is St. Nicholas?

I have the CD "Midnight in Moscow" which has Russian Gregorian chants <u>Gregorian</u> <u>chant - Wikipedia, the free encyclopedia</u> on it.

St. Nicholas Cathedral in New York

I will now shower and clean up. CIO

<888> 01/07/13 Monday 6:15 A.M.. <u>Russian Christmas</u>. I have an unopened 1.75 liter bottle of Russian Vodka in my apartment, but if I got into that, the computers might not work.

I woke up at 5 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 01/07/13 Monday 12:45 A.M.. I ate an 8 ounce slice of Smokehouse reserve ham that I heated in the microwave oven for 4 minutes at 60% power on a microwave proof plate with microwave lid. I ate it with steamed baby carrots cut lengthwise into quarters along with steamed broccoli crowns with Smart Balance spread and extra virgin olive oil and 12 ounces of garlic mashed potatoes with Smart Balance spread and extra virgin olive oil and a 12 ounce glass of <u>http://www.coke.com/</u> and a cup of green tea with Sweet and Low sweetener and Stop and Shop lemon juice. I will now go back to bed. I think I have to be on a daytime schedule this week in case they do my ceiling insulation and new ceiling tiles, but they have not told me anything yet. CIO

<888> 01/06/13 Sunday 11:10 P.M.. I rested until 8:15 P.M.. I chatted with a relative. I showered, and I cleaned up. I watched Series 3 Episode 1 of Downton Abbey <u>http://www.pbs.org/</u>. CIO

<888> 01/06/13 Sunday 5:50 P.M.. Pidgin - Wikipedia, the free encyclopedia . CIO

<888> 01/06/13 Sunday 5:40 P.M.. I woke up at 3:30 P.M., when a friend called. Lots of people seem to have the flu. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed.

Online outrage over Ohio rape case prompts city website - CNN.com

Russian Christmas eve this evening.

Richard Nixon - Wikipedia, the free encyclopedia 100th birthday coming up. CIO

End of Scott's Notes week of 01/06/13:

<888> 01/06/13 Sunday 3:50 A.M.. I will now send out my weekly notes. I will then shut down the primary work computer, and I will go to bed soon. CIO

<888> 01/06/13 Sunday 3:30 A.M.. I watched the last half of Series 6 Episode 2 of "Poirot". CIO

<888> 01/06/13 Sunday 1:55 A.M.. <u>Amazon.com: Lifesmart Oak Finished Remote Control</u> <u>IR Heater: Everything Else</u> plus others on the lower part of the page.

BBC News - A Point of View: The British and their bizarre view of Americans CIO

<888> 01/06/13 Sunday 1:35 A.M.. I ate an 8 ounce slice of Smokehouse reserve ham that I heated in the microwave oven for 4 minutes at 60% power on a microwave proof plate with microwave lid. I ate it with steamed baby carrots cut lengthwise into quarters along with steamed broccoli crowns and two steamed artichoke hearts with Smart Balance spread and extra virgin olive oil and 12 ounces of mashed potatoes with Smart Balance spread and extra virgin olive oil and a 12 ounce glass of Canada Dry Ginger Ale and a cup of green tea with Sweet and Low sweetener and Stop and Shop lemon juice. CIO

<888> 01/06/13 Sunday 12:30 A.M.. I threw out the garbage. I went by the Stop and Shop, and I bought a gallon of Stop and Shop bleach for \$1.50, two 24 ounce Stop and Shop mashed potatoes with garlic for \$1.50 each, and bananas for .79 a pound for .69 and .10 tax

for \$5.29 total. I then went by CVS, and I bought three 48 ounce Xtra 2X Tropical Passion detergent for \$1.99 each and .38 tax for \$6.35 total. I then went further downtown, and I walked the entire length of Greenwich Avenue and the train station area. I used the bathroom at Starbucks. I sat out at various locations. There were a few dog walkers out, but it was relatively slow. I then went to Putnam Shell at 401 West Putnam Avenue, and I bought \$8.01 of self service V-power premium gasoline with .20 a gallon off with my Stop and Shop card for \$4.299 a gallon for 1.863 gallons at odometer reading of 71758 miles for 20 miles driving since Monday December 31, 2012 for 10.736 miles per gallon in mostly local traffic. I then returned home, and I put away my groceries. CIO

<888> 01/05/13 Saturday 8:40 P.M.. I chatted with a relative. I will now shower and clean up, and I will go downtown to see if anything is happening. CIO

<888> 01/05/13 Saturday 8:20 P.M. Not too much happens when one is on a night schedule all of these years. About the most memorable event was in the fall of 1974, when I was walking back from Le Jardin discothèque at 4 A.M. morning in the morning with Fred Von Mierers and a couple of other friends in Manhattan. We were walking east on East 49th street, and when we were about a half block west of 2nd Avenue, an explosion happened. A building at East 47th street and Second Avenue blew up from a gas pipe line explosion. Since we were just west of 2nd Avenue, the debris missed us, and the debris flew as far north as 79th street up 2nd Avenue. Had we been at Second Avenue, when it happened we more than likely would not have lived to tell the story. There was over two feet of debris at Second Avenue and 49th Street. Since Fred lived at 420 East 49th Street, he was eager to get home, so we stopped by the French Bakery at 49th Street and Second Avenue and bought fresh croissants flown in from Paris, France on the Concorde, and we returned to his apartment and ate them with Viennese Blend coffee. When I got back out to Greenwich, Connecticut later that day, they were totally unaware to the odd things that seem to happen in Manhattan compared to the quiet existence in Greenwich, Connecticut. I think later that fall, they had the fire at Gulliver's discothèque in Greenwich, Connecticut, and I read about it the following morning in the New York Post after spending the night at Stephen Wheellock's apartment on East 60th street. When I returned to Greenwich, my mother had been one of the local nurses that responded to the Greenwich Hospital after the Gulliver's fire, and she never said much about it, but I am sure it was a bad memory in terms of her medical career. CIO

<888> 01/05/13 Saturday 7:40 P.M.. I woke up at 6 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 01/05/13 Saturday 5:35 A.M.. I ate a few day old muffin.

I will now shut down the primary work computer, and I will go back to bed. CIO

<888> 01/05/13 Saturday 4:50 A.M.. IRIS Webinars

BBC News - Japan bluefin tuna fetches record \$1.7m

BBC News - UK's first hand transplant operation

BBC News - Toyota sneak previews self-drive car ahead of tech show

BBC News - Wildlife film-maker's close call with a polar bear CIO

<888> 01/05/13 Saturday 4:10 A.M.. I made 107 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching half of Series 6 Episode 2 of "Poirot". CIO

<888> 01/05/13 Saturday 2:25 A.M.. I put away the laundry. I will now make cigarettes. CIO

<888> 01/05/13 Saturday 1:40 A.M.. I ate a 12 ounce Lean Cuisine steak Dijon dinner with a 12 ounce glass of <u>http://www.coke.com/</u>. Yesterday, when I started up my Audi, the sunroof opened. Somehow the sunroof switch on the ceiling was turned on. I do not know how that happened. CIO

<888> 01/05/13 Saturday 1:10 A.M.. I have 45 minutes to go on two dry cycles. I put two D alkaline batteries in the Old Brooklyn Lantern, and I left it by the Epox computer on the oak dining table. CIO

<888> 01/05/13 Saturday 12:45 A.M.. I chatted with a relative at 8:30 P.M.. I finally woke up at 11:30 P.M.. I put clean linens on the bed. I started two loads of laundry, and I have 10 minutes to go on the wash cycles. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 01/04/13 Friday 5:10 P.M.. I ate an 8 ounce slice of Smokehouse reserve ham that I heated in the microwave oven for 3 minutes and 30 seconds at 50% power on a microwave proof plate with microwave lid. I ate it with steamed baby carrots cut lengthwise into quarters along with steamed broccoli crowns and three steamed artichoke hearts with Smart Balance spread and extra virgin olive oil and 12 ounces of mashed potatoes with Smart Balance spread and extra virgin olive oil and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Stop and Shop lemon juice.

I am a bit tired after my walk today, so I will now shut down the primary work computer, and I will head off to bed for the night. CIO

<888> 01/04/13 Friday 3:00 P.M.. I went out, and I threw out the La Garbage. I then went by the Chase Bank at 19 West Putnam Avenue. I then went to CVS. I bought <u>https://www.oldebrooklynlantern.com/</u> for \$12.99 less \$10 CVS Bonus Bucks and .19 tax for \$3.18 total. I then went further downtown. I walked the entire length of Greenwich Avenue and the train station area. I stopped by the Greenwich Cigar store, and I played a High 5s scratch card for a dollar, but I lost. I stopped by the Chase Bank just south of the old post office building, and I got parking change. I used the bathroom at the Senior and the Arts Center. I toured CVS again. I sat out for a while after my walk. I then went by the A&P Fresh, and I bought two 12 ounce Lean Cuisines sirloin tip dinners for \$2.50 each, a 16 ounce bag of Orida frozen potato tots for \$2.99, a two pound bag of baby carrots for \$3.49, and bananas for .79 a pound for \$1.26 for \$15.23 total. Yesterday, the Stop and Shop was out of bananas, and today the A&P Fresh was almost out of bananas, so there might be a banana shortage in the tristate area. I then returned home, and I picked up the mail. I put away my groceries. CIO

<888> 01/04/13 Friday 9:30 A.M.. My <u>http://www.cl-p.com/</u> electricity bill for the month of December 2012 was \$167.76 for 1071 kWh for 30 days or 35.70 kWh per day with an average temperature of 36.8 degrees Fahrenheit.

For December 2011, it was \$167.53 for 1023 kWh for 33 days or 31 kWh per day with an average temperature of 39.1 degrees Fahrenheit.

I will now shower and clean up, and then I will go downtown to do errands. CIO

<888> 01/04/13 Friday 8:50 A.M.. I woke up at 7 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 01/04/13 Friday 12:20 A.M.. I will now shut down the primary work computer. I will then eat a few day old muffin. I will then either watch some video or go to bed. CIO

<888> 01/03/13 Thursday 11:25 P.M.. As a matter of Quaint reference according to Google Maps, where I lived at 71 Vinci Drive in Byram, Connecticut is 9.3 miles or 20 minutes from http://www.ibm.com/ in Armonk, New York, so I probably see some other computer people from time to time whom do not want to communicate with me, since I am not a part of IBM. I guess IBM is the Fat Cat in computers around here. I use to take prerelease betas of Microsoft's operating systems up there for them to test, but with the open betas, there is no point to waste the gasoline to drive over there and face their massive security presence. One could explore nearby Armonk, New York to see if there are any Pubs where people chat about Super Computers in hushed tones or maybe over a filet mignon dinner at the nearby steak house. Generally instead of filet mignon, I prefer prime rib of beef medium rare, since it is more filling. Planet Pizza here in Greenwich, Connecticut next to the movie theatre told me that IBM in Armonk was their biggest customer, but that is the only inside information I have managed to learn over the years. I have a relative that is a neighbor of somebody retired from IBM, but that person never talked to me through his Coke Bottle glasses, and I did not want to change his focus.

Generous To A Fault, And A Taxpayer - Hartford Courant

IBM heirs battle 'my mother is my girlfriend' cash claim • The Register CIO

<888> 01/03/13 Thursday 10:45 P.M. <u>Prison Planet.com » Bilderberg Elite Angry Over</u> <u>"Constant Exposure"</u>

http://www.thesun.co.uk/sol/homepage/news/4724274/worlds-fattest-man-sheds-45stone.html CIO

<888> 01/03/13 Thursday 10:30 P.M. Internet.com | Technology News, Product Reviews, and Technical Advice for IT Professionals

If you can not afford an operating system for an older computer, I can highly recommend this free Linux operating system <u>software.opensuse.org</u>: <u>Download openSUSE 12.2</u>

The only direct communications out of Washington D.C. that I have had in recent memory is that I chatted with a relative of <u>Robert E. Lee - Wikipedia, the free encyclopedia</u> two summers ago, and I was told that a lot of government officials are making lots of money by setting up phony defense department companies in the Emirates. The same person told me that most of the members of the <u>http://www.greenwichcountryclub.org/</u> have <u>Lyme disease</u> - <u>Wikipedia, the free encyclopedia</u>, which I guess is better than being eating by an alligator at the John's Island Club. CIO

<888> 01/03/13 Thursday 9:20 P.M.. I chatted with a relative.

What's New on MedlinePlus

AutoimmuneMom - moms helping moms find a new normal

Fractals and Dynamic Systems in Geoscience

Transatlantic Crossings | Cruise Offers & Deals | Cunard Cruise Line

BBC News - Rock is new class of Mars meteorite

BBC News - Concord, Massachusetts bans sale of small water bottles

BBC News - Island community St Helena renews plea for internet cash from UK

BBC News - Ripples from the Raspberry Pi CIO

<888> 01/03/13 Thursday 7:45 P.M.. I ate an 8 ounce slice of Smokehouse reserve ham that I heated in the microwave oven for 3 minutes and 15 seconds at 50% power on a microwave proof plate with microwave lid. I ate it with steamed baby carrots cut lengthwise into quarters along with steamed broccoli crowns and three steamed artichoke hearts with Smart Balance spread and extra virgin olive oil and 12 ounces of mashed potatoes with Smart Balance spread and extra virgin olive oil and a 12 ounce glass of <u>http://www.coke.com/</u> and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO <888> 01/03/13 Thursday 6:40 P.M.. The order tracking of <u>DHL GlobalMail Tracking</u> on the order for <u>Horse Lovers 2013 Wall Calendar | Animals SALE | CALENDARS.COM</u> for \$7.99 with free shipping with coupon code "CHOOSEFS" and .51 tax for \$8.50 total arrived. I hung it on the hallway closet door. I woke up at 6 P.M.. I made my bed. I threw out the garbage. I picked up the mail. CIO

<888> 01/03/13 Thursday 12:10 P.M.. I threw out the garbage. I went to my 10:30 A.M. appointment early. I then went to the Stop and Shop. I bought four day old muffins for \$2.25, a 16 ounce package of Smart Balance Lite for \$3.44, a 59 ounce Tropicana orange juice with calcium for \$3, two 12 ounce generic honey for \$2.25 each, a 64 ounce Kedem grape juice for \$2.99, a 64 ounce Ocean Spray cranraspberry juice for \$2.50, two 48 ounce Quaker Old Fashioned oatmeal for \$4.99 each, a 14 ounce dented can Rienzi artichoke hearts for \$1.64, a five quart package of Stop and Shop powdered milk for \$5.99, and a six ounce House of Tseng sesame oil for \$5.39 for \$41.68 total. I then returned home. I used my little folding cart from the apartment to bring up the groceries. I was told by my 10:30 A.M. appointment that the Greenwich Housing Authority ceiling installers are under contract, so they have to do my apartment. When I returned home, the ceiling and insulation installers told me they would be doing my apartment some time next week. It is suppose to take two days, plus I have to get it ready for work the day before work begins, so I have to be on a daytime schedule. I will now take a nap. CIO

<888> 01/03/13 Thursday 8:30 A.M.. <u>Billionaires worth \$1.9 trillion seek 2013 advantage -</u> <u>GreenwichTime</u>

I will now shower and clean up. CIO

<888> 01/03/13 Thursday 8:20 A.M.. I woke up at 7 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. I have a 10:30 A.M. appointment this morning. CIO

<888> 01/03/13 Thursday 1:50 A.M.. I will now shut down the primary work computer. I will eat the last piece of pumpkin pie with the last of the Cool Whip. I will either watch some video or go to bed right away. CIO

<888> 01/03/13 Thursday 1:15 A.M. Microsoft Is Fast Turning Into A Sideshow - Forbes

http://www.forbes.com/top-charities/

http://www.forbes.com/sites/kerryadolan/2013/01/01/billionaires-dominate-list-of-thebiggest-charitable-gifts-of-2012/

Hugh Hefner weds ex-fiancee Crystal Harris – The Marquee Blog - CNN.com Blogs

LG unveils world's first big-screen OLED HDTV | Fox News

Young scientist of the year's invention could clean water for 1.1 billion | Fox News CIO

<888> 01/03/13 Thursday 12:20 A.M.. World Population and Religious Statistics

CIA - The World Factbook

Old DREN Map <u>http://www.nitrd.gov/subcommittee/lsn/jet/conferences/20040413/jetroadmapworkshop24.p</u> <u>df</u>

NITRD

CERN - the European Organization for Nuclear Research

Le CUI - Centre Universitaire d'Informatique - UNIGE

National Center for Supercomputing Applications at the University of Illinois

About NCSA Mosaic

World Wide Web Consortium (W3C)

King Abdullah II Official Website |

kongehuset.no - English CIO

<888> 01/02/13 Wednesday 11:15 P.M.. I chatted with a relative. I watched two <u>http://www.psb.org/</u> programs about the Volcanoes in Iceland <u>http://www.pbs.org/programs/life-on-fire/</u>. However, Northern Ireland <u>Northern Ireland -</u> <u>Wikipedia, the free encyclopedia</u> and <u>Demographics of the Republic of Ireland - Wikipedia,</u> <u>the free encyclopedia</u> have about as many people as Scotland <u>Demography of Scotland -</u> <u>Wikipedia, the free encyclopedia</u>, but not nearly as many people as <u>Demography of</u> <u>England - Wikipedia, the free encyclopedia</u>, but I am not sure how <u>Wales - Wikipedia, the</u> <u>free encyclopedia</u> fits in in the count. CIO

I ate an 8 ounce slice of Smokehouse reserve ham that I heated in the microwave oven for four minutes at 50% power on a microwave proof plate with microwave lid. I ate it with steamed baby carrots cut lengthwise into quarters along with steamed broccoli crowns and three steamed artichoke hearts with Smart Balance spread and extra virgin olive oil and 12 ounces of mashed potatoes with Smart Balance spread and extra virgin olive oil and a 12 ounce glass of A&W Root Beer and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO

<888> 01/02/13 Wednesday 8:15 P.M. I chatted with a friend.

<u>Global Volcanism Program | Volcanic Activity Reports | Smithsonian / USGS Weekly</u> <u>Volcanic Activity Report |</u> CIO

<888> 01/02/13 Wednesday 6:10 P.M.. I threw out the garbage. I keep my Christmas decorations up until after <u>Russian Christmas</u>. I will now shower and clean up. No point going out to walk at night to freeze in the Siberian Tundra of Greenwich, Connecticut. CIO

<888> 01/02/13 Wednesday 5:45 P.M.. I woke up at 2:45 P.M.. Earlier, I had cancelled the order for <u>Newegg.com - Seagate Barracuda ST500DM002 500GB 7200 RPM 16MB Cache SATA 6.0Gb/s 3.5'' Internal Hard Drive -Bare Drive</u> for \$64.99 less \$15 off today only ending 3 A.M. EDT with coupon code ''EMCJHHB25'' for \$49.99 with free shipping. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. I picked up the mail. I went downtown to the Chase Bank at 19 West Putnam Avenue. I then went by the Wells Fargo Bank on Havemayer Place, and I paid my rent to the Greenwich Housing Authority. I then went by the Stop and Shop, and I bought two 6 packs of Stop and Shop English muffins for \$1.69 each six pack and two 24 ounce Simply Mashed potatoes for \$2.50 each for \$8.38 total. I then returned home. CIO

<888> 01/02/13 Wednesday 1:55 A.M.. I will now shut down the primary work computer. I will go to bed soon. CIO

<888> 01/02/13 Wednesday 1:45 A.M.. I ordered <u>Newegg.com - Seagate Barracuda</u> <u>ST500DM002 500GB 7200 RPM 16MB Cache SATA 6.0Gb/s 3.5'' Internal Hard Drive -</u> <u>Bare Drive</u> for \$64.99 less \$15 off today only ending 3 A.M. EDT with coupon code ''EMCJHHB25'' for \$49.99 with free shipping. CIO

<888> 01/02/13 Wednesday 1:00 A.M.. I mailed the envelope in the mail room downstairs.

<u>\$179 with free shipping Amazon.com: TCL L32HDP60 32-Inch 720p LCD HDTV with 2</u></u> <u>Year Limited Warranty (Black): Electronics</u> CIO

<888> 01/02/13 Wednesday 12:25 A.M.. I made 103 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching the end of "Another Country". CIO

<888> 01/01/13 Tuesday 10:55 P.M.. I ate an 8 ounce slice of Smokehouse reserve ham that I heated in the microwave oven for 95 seconds on a microwave proof plate with microwave lid. I ate it with steamed baby carrots cut lengthwise into quarters along with steamed broccoli crowns and three steamed artichoke hearts with Smart Balance spread and extra virgin olive oil and 12 ounces of mashed potatoes with Smart Balance spread and extra virgin olive oil and a 12 ounce glass of Canada Dry Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO <888> 01/01/13 Tuesday 9:00 P.M.. I printed out my last four months of notes. They are 235 pages long, and I bound them in two clamp binders that I left by the hallway IBM ThinkCentre computer.

The notes download are available here:

Scott's Notes from January 2010 through December 2012, 3.72 Mbytes http://mikelouisscott.com/mlsnote3.zip contains "mlsnote18.doc" pages 7653 -7892 January 2010 to April 2010, "mlsnote19.doc" pages 7893 -8142 May 2010 to August 2010, "mlsnote20.doc" pages 8143 - 8401 September 2010 to December 2010, "mlsnote21.doc" pages 8402 - 8664 January 2011 to April 2011, "mlsnote22.doc" pages 8665 - 8928 May 2011 to August 2011, "mlsnote23.doc", pages 8929 -9166, September 2011 to December 2011, January 2012 to April 2012, "mlsnote24.doc", pages 9167 - 9404, May 2012 to August 2012 "mlsnote 25.doc", page 9405 - 9615, September 2012 to December 2012, "mlsnote26.doc", pages 9616 - 9851

Scott's Notes from January 2010 through December 2012, 3.72 Mbytes http://mikelouisscottcom.cv.siteprotect.net/mlsnote3.zip contains ''mlsnote18.doc'' pages 7653 -7892 January 2010 to April 2010, ''mlsnote19.doc'' pages 7893 -8142 May 2010 to August 2010, ''mlsnote20.doc'' pages 8143 - 8401 September 2010 to December 2010, ''mlsnote21.doc'' pages 8402 - 8664 January 2011 to April 2011, ''mlsnote22.doc'' pages 8665 - 8928 May 2011 to August 2011, ''mlsnote23.doc'', pages 8929 -9166, September 2011 to December 2011, January 2012 to April 2012, ''mlsnote24.doc'', pages 9167 - 9404, May 2012 to August 2012 ''mlsnote 25.doc'', page 9405 - 9615, September 2012 to December 2012, ''mlsnote26.doc'', pages 9616 - 9851

September 2012 through December 2012, pages 9616 - 9851

http://mikelouisscott.com/mlsnote26.pdf

September 2012 through December 2012, pages 9616 - 9851

http://mikelouisscottcom.cv.siteprotect.net/mlsnote26.pdf

CIO

<888> 01/01/13 Tuesday 7:15 P.M.. I chatted with a friend. CIO

<888> 01/01/13 Tuesday 5:10 P.M.. I will now shower and clean up. CIO

<888> 01/01/13 Tuesday 4:45 P.M.. Since I lived in Pensacola, Florida from 1954 to 1956 where there are <u>http://www.navy.mil/</u> personnel and in Decatur, Alabama from 1956 - 1962 which was 20 miles south of the Redstone Arsenal in Huntsville, Alabama where <u>http://www.nasa.gov/</u> was, before I moved to Greenwich, Connecticut 50 years ago, my family might have known some people in those areas that were involved with government activities, unlike the Social Register people in Greenwich, Connecticut counting their beans on Wall Street. CIO

<888> 01/01/13 Tuesday 4:35 P.M.. I woke up at 3 P.M.. I chatted with a relative. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 01/01/13 Tuesday 3:45 A.M.. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 01/01/13 Tuesday 3:25 A.M.. In my right hand side living room closet, I moved the heavier winter jackets to the right side of the closet with the lighter fall and spring jackets on the left side. CIO

<888> 01/01/13 Tuesday 2:40 A.M.. I ordered <u>HW CLASSIC PASSPORT TRAVEL</u> <u>POUCH - Uncle Sams Army Navy Outfitters</u> for \$16.78 and six <u>OD THERMAL BOOT</u> <u>SOCK - Uncle Sams Army Navy Outfitters</u> for \$4 each in olive drab with 50% off for \$20.39 with "LUCKY13" coupon code today only and \$7.95 shipping for \$28.34 total. CIO

<888> 01/01/13 Tuesday 2:15 A.M.. I ate a ham and cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise, Italian spices, ground black pepper, hot horseradish, olive oil and two one eighth inch thick slices of a Bermuda onion with Lays salt and vinegar potato chips and a 12 ounce glass of A&W root beer. CIO

<888> 01/01/13 Tuesday 1:00 A.M.. I put 5 forever stamps on the large envelope with the Microsoft Money 2007 reports that I have ready to mail to an interested relative. I will now hang my new calendars. CIO

<888> 01/01/13 Tuesday 12:05 A.M.. Happy New Years. I will now print out two copies of my various Microsoft Money 2007 Income Versus Spending Reports reflecting the previous year's activities. I will mail one set of copies to an interested relative. CIO

<888> 02/28/13 Thursday 10:40 P.M. I will now shut down the primary work computer. I will then eat a bowl of pineapple chunks. I will then go to bed. CIO

<888> 02/28/13 Thursday 10:05 P.M. I chatted with a relative. I rearranged some items in the apartment to make it more roomy around the hallway entrance. I moved the second Eizo monitor from the bedroom desk to the FIC server on the right side of the primary monitor. I moved the fourth IBM ThinkCentre to the bedroom desk centered along side the Dell 4600i computer. I hooked up a Siemens router to it, so both computers are on the network. The Siemens router turns on with the lower control panel switches along with the Dell 4600i computer, and the upper control panel controls the fourth IBM ThinkCentre with the 19 inch Acer LCD monitor. I moved the mahogany night stand that the fourth IBM ThinkCentre sat on at the hallway entrance to the left side of the left living closet with the phicus plant sitting on top of it. I moved the legal chair with sheep skin to wear the mahogany night stand was with the Frigidaire air conditioner stored underneath it. I moved the chair that was at that location to the primary eating place at the dining table, and I moved the heavier chair from there to behind the Ethan Allen recliner. I threw out the older wooden chair from that location. That the hallway entrance area in the apartment and that corner of the living room is much more opened and more user friendly. CIO

<888> 02/28/13 Thursday 7:25 P.M. Tracking is <u>Newegg.com - Computer Parts, PC</u> <u>Components, Laptop Computers, LED LCD TV, Digital Cameras and more!</u> on the order for <u>Seagate DB35 Series 7200.3 ST3160215ACE-H Internal Hard Drive - Newegg.com</u> refurbished for \$14.99 with free shipping for \$14.99 total. CIO

<u>Ronald Reagan Presidential Foundation and Library: Email - Peace Through Strength</u> <u>Statue-Special Price of \$74.95 - Three Days Only!</u>

I.B.M. Exploring New Feats for Watson - NYTimes.com

<u>Global Volcanism Program | Volcanic Activity Reports | Smithsonian / USGS Weekly</u> <u>Volcanic Activity Report |</u>

BBC News - Richard the Lionheart's mummified heart analysed

BBC News - Hydrogen's energy promise improves CIO

<888> 02/28/13 Thursday 6:40 P.M. <u>BBC News - Prince Harry returns to Lesotho for charity projects</u>

BBC News - Prince Harry returns to Lesotho for charity projects

Of course from 1965 to 1968, I attended <u>The Taft School</u>, and its founder's brother <u>William Howard Taft - Wikipedia, the free encyclopedia</u> was the largest President of the United States of America, and he also started <u>The English-Speaking Union</u>. My senior year at Taft, I lived next door to Alan Carling whom was from England. Also while at

www.lfc.edu out in the prairies of the Midwest, I was friends with Duncan Chadwick from England, and I was also on the Florence, Italy program with him during the winter of 1972. When up in Boston from 1968 to 1973, my family was friends with the Station Master for British Overseas Airlines Corporation. I first visited Nantucket with one of his twin sons in the summer of 1969. In the spring of 1968, I spent three weeks in Bermuda with friends. I also visited Tobago with British residents during the winters for 1970 and 1971. When I met Fred Von Mierers in October 1973, he lived at 420 East 49th street in a ground floor apartment. He had been to a garden party at Buckingham Palace the summer before with Helen Kress Williams and Mick Jagger. His apartment was two blocks east of the British consulate in Manhattan British Consulate-General - New York . On July 5, 1976, I saw Queen Elizabeth II and Prince Phillip at Bloomingdales Department store while they were touring the area. In February 1978, I visited Paradise Island in the Bahamas, and I staved with a British resident Richard Mercy and his cousin, and when we went to the Casino there were about 5,000 British in formal evening wear. I was told that R.C.A. Global Communications had 5,000 employees in the Bahamas for their satellite relay system. My friend George Gordon Cary's grandfather Jay Coogan was also the last member of Queen Victoria's Honor Guard. Of course all of these connections were when I was skinny under 150 pounds. Now that I am fat at 231 pounds the British do not seem to want to have anything to do with me. CIO

<888> 02/28/13 Thursday 5:55 P.M. I reheated and ate the rest of the linguine and tomato meat sauce with grated parmesan and Romano cheese and a 12 ounce glass of Schweppes Ginger Ale.

Basically, my original British connections were from having grown up around Chemstrand which my father worked for from 1954 to 1968, and they had manufacturing facilities in the United Kingdom, so my father was over there on business frequently. He continued to work with British connected companies through out his career. There used to be a lot of British residents in Greenwich, Connecticut. Also while at the Greenwich Country Day School from 1962 to 1965, one of my history teachers was British. Also during the first year at the Greenwich Country Day School, I carpooled to school with a British family. CIO

<888> 02/28/13 Thursday 4:35 P.M. I passed the apartment inspection. The inspector suggested that I down size some of my computer equipment <u>http://mikelouisscott.com/computer.htm</u>, but I have set it all up as a work office with spare parts for the equipment that I own, and it would be very expensive and time consuming to change the over all setup which is a very professional setup. There are not fire hazards in the setup, since only the server is left going all of the time with the lower voltage router and net switch. If there were a technical problem with the server, it would just turn off, such as with a power supply failure. I do not have that much internet traffic, so I do not need to really run the server, but since I have it setup, I run it. Also the inspector mentioned that in a fire emergency that firemen would need to get into the apartment by breaking the windows, which more than likely would wake me up, and I would leave by the door. Only the bedroom window opens and shuts, and it has an air conditioner in it half the year. Also it was suggested that I have wider passages amongst the furniture, but I have it all setup, so

it is all an integral part of the overall setup and not meant for entertaining or an interior decorator showroom but a hard at work working environment. Since I have maintained an internet presence from this location for 22 years, I obviously know what I am doing, compared to some know it all sitting in Starbucks. Also it would cost a small fortune to maintain an office or research facility in Greenwich, Connecticut. CIO

<888> 02/28/13 Thursday 3:40 P.M. It is sort of curious in the vast world of internet communications, nobody like communicating with internet gurus whom live near Armonk, New York <u>www.ibm.com</u>. I guess it is because I do not know software programming <u>Bill</u> <u>Gates, Mark Zuckerberg and Twitter's Jack Dorsey promote computer coding in new</u> <u>video | Fox News</u>, but I guess I am a bit out of date in the hardware department, but my equipment works just fine. Obviously on a very low budget, I might have other expense priorities. My Audi owners manual says, one is suppose to change the brake fluid every two years which I have never done in the five or six years that I have owned it, but it does not seem to be a problem. I might actually think about taking an extensive trip up to New Canaan, Connecticut to see how people in the Hinterlands of Connecticut are surviving the Obama recession. There is a Starbucks by the New Canaan train station, but they are not very friendly there, and there use to be two CVS stores in downtown New Canaan not to mention the visiting nurse thrift shop next to the New Canaan fire house. I have not been there in about a year and a half as I recall, but it might be two and a half years. CIO

<888> 02/28/13 Thursday 3:05 P.M. I did some more system tweaking on the primary work computer. CIO

<888> 02/28/13 Thursday 2:05 P.M. I threw out the garbage. I chatted with neighbors. One of my neighbors told me I should have blue jeans size for the fattest case scenario such as when I am sitting down. I picked up the mail. The pepper wash denim is not available in a Lee Jeans type that would fit me best, so perhaps the blue jeans that I got are what I need. They will be a bit lose in the summer when I only wear a light summer shirt, but I always wear suspenders, since I do not have a waist anymore with my larger waist size. The ceiling people were not here today to do any closets' ceilings, so perhaps they will be doing the closet ceilings at a later time. CIO

<888> 02/28/13 Thursday 12:45 P.M. The order with tracking of <u>UPS Tracking</u> for two pairs of <u>Premium Select Relaxed Fit Jeans - B&T | Lee Jeans Online Store</u> in waist 50 inches and 30 inch length in color "Calypso" for \$32.90 each less 15% with email signup code for \$9.87 discount and \$3.54 tax for \$59.47 total with free shipping arrived. They are about two inches too big when I stand up, and they fit just fine when I sit down. Also the denim is not the regular blue jean denim like I am use to wearing. I am not sure whether or not to return them or not. <u>www.lee.com</u> is sending me a free return label in the mail. I might want to get them in 48 inches waist with 30 inch length in regular denim if available. I will have to think about it. I like the heavier blue denim that fades when one washed them over time. I guess it is six of one and half dozen of the other. Also they might shrink when they are washed a few times, in which case waist 50 would be better. CIO

<888> 02/28/13 Thursday 11:55 A.M. I will now shower and clean up. CIO

<888> 02/28/13 Thursday 11:25 A.M. I woke up and I ate 15 Keebler wheat crackers with 1.5 inch by 1.5 inch by 1/8th to 1/16th inch thick slices of Cracker Barrel Vermont extra sharp cheddar cheese on them. I finally woke up at 10 A.M.. I chatted with a relative. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. I have my Section 8 apartment inspection at 3:45 P.M. this afternoon. CIO

<888> 02/27/13 Wednesday 11:15 P.M. I watched episode 6 of "Monarch of the Glen". I will now shut down the primary work computer. I will then eat a few day old raspberry turnover. I will then go to bed. CIO

<888> 02/27/13 Wednesday 9:40 P.M. I did some primary work computer tweaking. CIO

<888> 02/27/13 Wednesday 6:30 P.M. Satellite Sun Outages | Optimum

Constantine I

!!!!!! Internet Explorer 10 for Windows 7 - Microsoft Windows

BBC News - First glimpse of a black hole's spin

BBC News - TED 2013: SpaceTop 3D see-through computer revealed

BBC News - US private sector hopes to send older couple to Mars CIO

<888> 02/27/13 Wednesday 5:50 P.M. I reheated and ate half of the remaining linguine and tomato meat sauce with grated parmesan and Romano cheese and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 02/27/13 Wednesday 5:00 P.M. I chatted with a friend. CIO

<888> 02/27/13 Wednesday 4:00 P.M. For a spare, I ordered <u>Seagate DB35 Series 7200.3</u> <u>ST3160215ACE-H Internal Hard Drive - Newegg.com</u> refurbished for \$14.99 with free shipping for \$14.99 total. CIO

<888> 02/27/13 Wednesday 2:55 P.M. I threw out the garbage. I picked up the mail. CIO

!!!!!! <888> 02/27/13 Wednesday 2:15 P.M. Just as a reminder on Thursday May 25, 2000, I went to my usual 2 P.M. appointment. Afterwards, I drove out to Tod's Point, and I parked behind the bushes at the southwest picnic area. I walked out to the picnic tables at the southwest picnic area, and I sat out for a half hour watching the birds on the waterfront. As I was walking out a large piece of bark fell off the tree limb above my head. As I was returning, I noticed at the base of that tree there was a 1.5 inch by 1.5 inch florescent orange target marker nailed into the base of that tree with a bent galvanized

nail. I began to think that somebody had taken a sniper shot at me with a rifle. It was about 4:30 P.M.. There was one boat moored on the waterfront towards the entrance of the Mianus River harbor. I told a undercover Greenwich Policeman by the parking area who was standing there with four youths. I then left Tod's Point, and I told the Reilly the gate attendant. I drove over to the Riverside Post Office, and I told the postal worker at the counter. I then drove back towards Greenwich, and I took Indian Field Road south, and someone with a 1954 turguoise blue and dark blue two tone Ford Station wagon with South Carolina license plates that I had seen before waved at me at the I-95 Indian Field Road bridge. I think he had a surf board on the roof of the car. I told the police at the Bruce Park baseball field. I then went down Steamboat Road, and I told the desk at the Indian Harbor Yacht Club. I sheltered a club employee getting to their parked car on Steamboat Road. I noticed a blond youth with a golf clubs bag getting off the Indian Harbor Yacht Club launch at their dock. I then told some local waterfront observers at Grass Island. I was told by one veteran that with new laser rifle scopes, "The is no Kentucky Wind Anymore". I then told the reference desk at the Greenwich Library. I noticed by Pray Audi, a local person I knew from Belle Haven carrying a large duffle bag coming out of the Belle Haven area walking hurriedly. When I returned home to Vinci Drive, I called up the Greenwich Police, and I told them what had happened. No Greenwich police interviewed me, and I felt they did not believe me. I called up a local resident from the waterfront, and he took the report. Another local resident from the waterfront told me that the Lobster people are always fighting over Lobster rights. When I returned to Tod's Point a few days later, I noticed the "No Clamming" signs at the southwest picnic area had rifle bullet holes in them. About a couple of weeks later, they had replaced the "No Clamming" signs with new signs without bullet holes. It was like there was some sort of local cover up on the incident. I read in the Greenwich Time that day, there was a Ku Klux Klan rally scheduled for Hartford, Connecticut that weekend, so possibly some southern conservatives took a pot shot at me. At that time of year, we get a lot of people from down south returning back up north for the summer season. CIO

<888> 02/27/13 Wednesday 1:20 P.M. I will now shower and clean up. CIO

<888> 02/27/13 Wednesday 1:00 P.M. I woke up at 11 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed.

The order with tracking of <u>UPS Tracking</u> for two pairs of <u>Premium Select Relaxed Fit</u> <u>Jeans - B&T | Lee Jeans Online Store</u> in waist 50 inches and 30 inch length in color "Calypso" for \$32.90 each less 15% with email signup code for \$9.87 discount and \$3.54 tax for \$59.47 total with free shipping is due tomorrow. I was not able to change the size from waist 50 inches to waist 52 inches, but waist 50 inches will probably fit just fine. Hopefully in the near future, I will be able to loose some weight anyway. I currently have two pair of waist 46 inches and two pairs of waist 44 inches, so waist 50 inches I guess will be just fine. I measured myself with a tape measure. CIO <888> 02/26/13 Tuesday 10:00 P.M. Since I am still sick with a cold, I will now try to go to bed now. I will now shut down the primary work computer. CIO

<888> 02/26/13 Tuesday 9:45 P.M. I watched series 1 episode 6 of "Warehouse 13".

If one looks at <u>NASA - NASA-NOAA Satellite Reveals New Views of Earth at Night</u>, and if one assumes it is truthful image, it looks normal from what we all know, except that there is a lot of electricity being consumed in Northern India and Northwestern Australia which is somewhat curious, because we do not hear much from those parts of the world. CIO

<888> 02/26/13 Tuesday 8:30 P.M. I made up a batch of <u>Michael Louis Scott's Tomato</u> <u>meat sauce to spaghetti of linguine</u> or <u>Michael Louis Scott's Tomato meat sauce to</u> <u>spaghetti of linguine</u>. I used 16 ounce of ground eye round of beef instead of 8 ounces. I ate one third of it and refrigerated two thirds in Rubbermaid containers, and I ate it with grated parmesan and Romano cheese and a 12 ounce glass of A&W root beer. I chatted with a relative. CIO

<888> 02/26/13 Tuesday 6:45 P.M. 60M Windows 8 licenses sold. 100M app downloads. Is your app in the Store?

KLM Spring Business Class Deals

Mediterranean Diet Shown to Ward Off Heart Attack and Stroke

Zeckendorfs Pay \$40 Million for Park Avenue Church's Air Rights - NYTimes.com

BBC News - Stretchy battery drawn to three times its size

BBC News - Russia meteor's origin tracked down

BBC News - Benedict XVI: 10 things about the Pope's retirement

BBC News - Maize was key in early Andean civilisation, study shows CIO

<888> 02/26/13 Tuesday 5:55 P.M. I threw out the garbage. I picked up the mail. I ate the other half of the 9 ounce can of CVS smoked almonds. CIO

<888> 02/26/13 Tuesday 5:05 P.M. I made 145 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 1 Episode 5 of "Monarch of the Glen". I chatted with a relative. CIO

<888> 02/26/13 Tuesday 3:05 P.M. <u>Oz TheGreat And Powerful - World of Oz : Costume</u> and Make-Up Featurette - Best Video Ever! . CIO

<888> 02/26/13 Tuesday 2:05 P.M. I will now shower and clean up. I will then make cigarettes. CIO

<888> 02/26/13 Tuesday 1:35 P.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. I still have the cold that I have had for the last couple of day, so there will be no exercise walking anytime in the near future. CIO

<888> 02/26/13 Tuesday 12:30 P.M. I woke up, and I ate half of a 9 ounce can of CVS almonds. I woke up again at 8 A.M., and I chatted with a friend. I finally woke up at noon. I can not call up <u>www.lee.com</u> about changing my blue jean order size for a day or two, because they are snowed in by a blizzard in Kansas. I guess that means Aunt Dorothy and Toto are also snowed in. CIO

<888> 02/25/13 Monday 10:00 P.M. <u>'Truly a historic blizzard,' weather service says -</u> <u>CNN.com</u>

I will now shut down the primary work computer. I will eat a bowl of pineapple chunks. I will then go to bed. CIO

<888> 02/25/13 Monday 9:45 P.M. Lee Jeans does not answer the telephone at their web site in Kansas because of a blizzard, so I used this form <u>Lee.com Online Clothing Store for</u> <u>Men and Women Contact Form</u> to change the waist size on my order from 50 inches to 52 inches, because when I sit down which is frequently my waist is larger. CIO

<888> 02/25/13 Monday 8:55 P.M. <u>March Keep Posted & exciting new digital magazine</u> service

Ronald Reagan Presidential Foundation and Library: Email - Save \$100 on Ronald Reagan's Portrait in Bronze Sculpture-3 Days Only!

I ordered two pairs of <u>Premium Select Relaxed Fit Jeans - B&T | Lee Jeans Online Store</u> in waist 50 inches and 30 inch length in color "Calypso" for \$32.90 each less 15% with email signup code for \$9.87 discount and \$3.54 tax for \$59.47 total with free shipping.

BBC News - The most worthless coin in the world

BBC News - 'Robosparrow' created from dead bird CIO

<888> 02/25/13 Monday 8:05 P.M. George W. Bush Alzheimer's Disease Sufferer? CIO

<888> 02/25/13 Monday 8:00 P.M. I ate a salami and cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle slice and Lays hot sauce chips and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Stop and Shop lemon juice. CIO <888> 02/25/13 Monday 6:50 P.M. I picked up the mail. I threw out the garbage. I went by the Chase Bank at 19 West Putnam Avenue. I then went to my 3 P.M. appointment. I have to schedule a follow up appointment after April 1, 2013. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS, and I used the bathroom. I bought buy one get one free of 250 softgels Sundown Naturals preservative free Vitamin E 400 iu dl-Alpha for \$21.49 both and \$1.36 tax for \$22.85 total. I chatted with a few locals during my walk. After my walk, I sat out for a while. I then returned home. I am sneezing again from being out the cold the last couple of days. CIO

<888> 02/25/13 Monday 1:10 P.M. I will now shower and clean up. I will then go out for my 3 P.M. appointment. CIO

<888> 02/25/13 Monday 12:35 P.M. I noticed when I was at Grass Island yesterday, it looked like they are in the process of remodeling <u>Indian Harbor House - Greenwich, CT</u> <u>Patch</u> across the harbor on Steamboat Road. For low cost rentals on Steamboat Road, there is always Barney and Jenkin's apartments at 700 1/2 Steamboat Road at 1-203-869-0800 <u>White Pages - Switchboard.com - Results</u>, and I think their apartment would start at least \$1,500 a month, but they might have some cheaper ones. I lived at 700 Steamboat Road for 4.5 years, when I first returned to Greenwich 29 years ago, and I paid \$400 to \$475 for a nice studio apartment down by the waterfront overlooking the harbor, but I think it might have gotten more expensive down there. CIO

<888> 02/25/13 Monday 11:50 A.M. I woke up at 10 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. I have a 3 P.M. appointment this afternoon. CIO

<888> 02/24/13 Sunday 11:35 P.M. I woke up at 8:45 P.M.. I chatted with a relative. I watched episode 2 of "The Crown Prince".

Eleanor Roosevelt and the Soviet Sniper | Past Imperfect

BBC News - Fragments of ancient continent buried under Indian Ocean

BBC News - Brain's 'stroke shielding' cracked

I ate a few day old raspberry turnover. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 02/24/13 Sunday 7:30 P.M. I ate a 19 ounce Stouffer's meat lasagna with grated parmesan and Romano cheese and a 12 ounce glass of A&W root beer. I will now take a nap. CIO

<888> 02/24/13 Sunday 6:35 P.M. I chatted with a relative. CIO

<888> 02/24/13 Sunday 6:20 P.M. I threw out the garbage. I went downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS, and I used the bathroom. I bought six 8.5 ounce 60% reduced fat Chex Mix for a dollar each for \$6 total. I finished my walk, and I sat out for a while. I chatted with a Starbucks regular. I then drove down by the waterfront to Grass Island. They have heavy equipment on the harbor. The park at Grass Island has a lot of sand and rocks in it from Hurricane Sandy. I chatted with a local from this area, and he told me the Sandy Hook area of Brooklyn had a lot of damage from Hurricane Sandy. I then went by the Shell Station at 83 East Putnam Avenue, and I checked the air on my tires for 32 PSI all around. I put \$20.02 of V-Power self service premium at \$4.659 a gallon with a dime a gallon off with my Stop and Shop card for 4.296 gallons at odometer reading of 71904 miles for 56.1 miles driven since Sunday February 3, 2013 for 13.059 miles per gallon in mostly local traffic. I then went by the Stop and Shop. I used the bathroom there. I bought four 19 ounce Stouffer's meat lasagnas for \$2.50 each, a six pack of day old sandwich rolls for \$1.65, a 8 ounce package of Sargento provolone cheese for \$3, a 10 ounce package of Stop and Shop Swiss cheese for \$3.59, a 24 ounce Country Crock mashed potatoes for \$2.69, bananas for .79 a pound for \$1.45 and can return of 85 cents for \$21.53 total. I then returned home, and I put away my groceries. CIO

<888> 02/24/13 Sunday 12:15 P.M. I chatted with a relative. I will now shower and clean up. I will then go downtown for a walk. CIO

<888> 02/24/13 Sunday 11:55 A.M. I woke up at 10 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

End of Scott's Notes week of 02/23/13

<888> 02/23/13 Saturday 10:55 P.M. I will now send out my weekly notes. I will then shut down the primary work computer, and I will go to bed soon. CIO

<888> 02/23/13 Saturday 10:40 P.M. I watched episode 1 of "The Crown Prince". CIO

<888> 02/23/13 Saturday 8:10 P.M. I woke up at 7:30 P.M.. I am just about ready to eat a 19 ounce Stouffer's meat lasagna with grated parmesan and Romano cheese and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 02/23/13 Saturday 4:55 P.M. I chatted with a relative. I watched Series 1 Episode 4 of "Monarch of the Glen". I will now take a nap. CIO

<888> 02/23/13 Saturday 3:20 P.M. I watched Series 1 Episode 3 of "Monarch of the Glen". CIO

<888> 02/23/13 Saturday 2:10 P.M. I picked up the mail. I chatted with neighbors. CIO

<888> 02/23/13 Saturday 2:00 P.M. <u>Alamo (monument, San Antonio, Texas, United States)</u> -- Britannica Online Encyclopedia

BBC News - Hackers attack Microsoft computers CIO

<888> 02/23/13 Saturday 1:05 P.M. I ate a salami and cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle slice and Lays hot sauce chips and a 12 ounce glass of Schweppes Ginger Ale. I will now shower and clean up. CIO

<888> 02/23/13 Saturday 12:05 P.M. I woke up at 11:45 A.M.. I made my bed. CIO

<888> 02/23/13 Saturday 8:20 A.M. I will now go back to bed for a while. CIO

<888> 02/23/13 Saturday 7:50 A.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. CIO

<888> 02/23/13 Saturday 7:15 A.M. I put away the laundry. CIO

<888> 02/23/13 Saturday 6:05 A.M. I have 45 minutes to go on the dry cycles. CIO

<888> 02/23/13 Saturday 5:50 A.M. I woke up at 4:45 A.M. I started two loads of laundry, and I have five minutes to go on the wash cycles. I put clean linens on the bed. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 02/22/13 Friday 9:55 P.M. I ate a 15 ounce can of Chef Boyardee lasagna with a bowl of pineapple chunks and a 12 ounce glass of A&W root beer. I will now shut down the primary work computer, and I will go to bed. CIO

<888> 02/22/13 Friday 9:05 P.M. <u>Microsoft's attempts to clarify Office licensing policies</u> <u>fall short</u>

George Washington Birthday

BBC News - Siberian permafrost thaw warning sparked by cave data

BBC News - Apple smart watch efforts confirmed by US patent

BBC News - Paypal launches chip-and-pin device

BBC News - The babies who nap in sub-zero temperatures

BBC News - Why speaking English can make you poor when you retire

Nanook of the North - Wikipedia, the free encyclopedia CIO

<888> 02/22/13 Friday 8:10 P.M. Bill Gates III through the years

I chatted with a relative again. CIO

<888> 02/22/13 Friday 7:50 P.M. I woke up at 6:30 P.M.. This past morning, I woke up; and I ate the rest of the smoke house almonds. I chatted with a friend and a relative. CIO

<888> 02/22/13 Friday 4:25 P.M. I ate two 3 ounce Purdue chicken cutlets, 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil, steamed broccoli crowns and baby carrots with extra virgin olive oil and Smart Balance spread, a 12 ounce glass of Schweppes Ginger Ale , and a cup of green tea with Splenda sweetener and Borden's lemon juice. I will now take a nap. CIO

<888> 02/22/13 Friday 3:20 P.M. I chatted with a regular walker. CIO

<888> 02/22/13 Friday 3:00 P.M. I called up <u>www.geico.com</u> at 1-800-42GEICO , and I chatted with a Service Representative that they connected me with, and I explained to them, they should lobby the United States Government to restore the NOAA weather broadcasts to the New York City area.

I noticed, when I was downtown two days ago, the lock box on the U.S.A. flag pole across the street from the Senior and the Arts Center was opened, and the U.S.A. flag had disappeared, and there was only the P.O.W. flag. Also the U.S.A. flag pole rope at the Senior and the Arts center is broken, so they can not fly the U.S.A. flag there, until they fix it.

The are also in the process of tearing down the old central Greenwich, Connecticut fire station in order to build a new one. I was thinking they could take the old cut stone blocks from it, and reassemble it elsewhere into a new building for some other purpose. Not much else to report on. A regular downtown told me, a lot of people are trying to blend into the local environment, but I just wear whatever clothes that are comfortable for being out in the colder weather. I do not think in terms of fashion. CIO

<888> 02/22/13 Friday 2:20 P.M. I threw out the garbage. I said hello to a neighbor. I picked up the mail. I filled out my annual food stamp redetermination form, and I have it ready to mail. CIO

<888> 02/22/13 Friday 1:20 P.M. The order with tracking of <u>Package ID Results</u> on the order for <u>Main Daily Deal, 1 Sale A Day Timberland Men's Satin Light Gold Sunglasses</u> <u>with 100% UV Protection</u> for \$12.99 with free shipping arrived. I put them in a harder glasses case to have available for use. CIO

!!!!!! <888> 02/22/13 Friday 1:00 P.M. One can listen to the Weather Channel from New York City online Listen to New York, NY, Weather Forecast from The Weather Channel online , but if one is asleep it was handy to have the NOAA weather radio wake on up and

alert one. It does not seem to be available in our area anymore <u>NOAA Weather Radio</u>. I guess the New York City area is not important enough to have it anymore. CIO

<888> 02/22/13 Friday 12:35 P.M. I checked with a local security agency, and it appears the <u>NOAA Weather Radio Alerts</u> no longer work in this area. As I recall, it did not work on "911" either. Possibly they are using wireless internet with Iphones and Ipads for the alerts anymore. Neither of my two NOAA weather radios in my apartment work, and they have not worked for a long time. Possibly they reduced the signal strength from Upton, New York where we used to get the alerts from. The only other alert location is at Rockefeller Center which is too far away to get their signal. According to this <u>NOAA</u> <u>Connecticut</u>, Upton, New York is no longer on the coverage map, so our signal is suppose to come from Rockefeller Center which is too far away. I will now shower and clean up. There is no point in going downtown, since I have a working office here at home. CIO

<888> 02/22/13 Friday 10:40 A.M. I woke up at 9:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 02/21/13 Thursday 11:30 P.M. We have had milder winters the last couple of years, possibly because of the solar flare cycle. I remember years past when it was frequently below 20 degrees Fahrenheit. However, we have had some cold nights recently, but at my older age, I do not spend as much time if any out at night in the winter like I use to when I was younger. I guess there is a younger generation of people out there working the "Freezing Norwegian Patrol". I have seen a few new Nordic people in the area, so possibly they are coming down south here to visit, when it is much colder further up north during the winter. Of course as I recall, it was cold out in Illinois, when I went to www.lfc.edu, but at time my family was living in the suburbs outside of Boston which was equally cold. I have always regarded the Greenwich, Connecticut area as a much warmer area in the winter compared to other places I have lived up north. As I recall Long Island was even warmer, because it is surrounded by water. I will now shut down the primary work computer, and I will eat a raspberry turn over. I will then go to bed. Stay warm as possibly, since it will probably not to start to warm up for at least another month if not later. We get so use to the colder weather here that when the hot weather arrives, I can not take the heat, and I spend more time inside by the air conditioners. I spend more money on air conditioning in the summer than I do on heat in the winter. I have four pair of Two-Layer Union Suit, Men's: Underwear and Accessories | Free Shipping at L.L.Bean, but I have not worn them the last couple of winters, since the apartment has been warmer with the double pane windows, and it is now warmer with the insulation in the false ceiling. However, I might need them as we get colder winters or electricity gets more expensive. CIO

<888> 02/21/13 Thursday 10:40 P.M.. Michael Louis Scott at Pensacola Beach, Florida around 1957 <u>http://mikelouisscott.com/mls-fl-57.jpg</u> or <u>http://mikelouisscottcom.cv.siteprotect.net/mls-fl-57.jpg</u>. As I recall I flew down for the day with my father from Decatur, Alabama on the Chemstrand Company DC-3 airplane with associates from <u>mitsubishi.com Mitsubishi 三菱</u>, and after touring Pensacola, we had dinner at the Drift Wood bar which was famous amongst World War II Navy pilots, and we returned to Decatur. Of course my family had lived in Pensacola, Florida from 1953 to 1955, so we were familiar with the area. CIO

<888> 02/21/13 Thursday 10:15 P.M.. It can be cold at night in <u>Lanzarote</u> in February, particularly if one is camping out.

For those of you with Big Bucks to travel, there is always the Old Chinese Torture Palace <u>Hyatt Regency Maui Resort & Spa - Hawaii Hotel</u>. CIO CIO

<888> 02/21/13 Thursday 10:10 P.M.. Take a chance with the Pirates <u>Luxury Yacht</u> <u>Charter, Yachts for Sale, Brokerage, Yacht Management, Superyacht Construction -</u> <u>Fraser Yachts</u>. CIO

<888> 02/21/13 Thursday 10:05 P.M.. Cayo Hueso is booming <u>Live Duval Street Web Cam</u> in Key West, Florida :: Sloppy Joe's Bar ::

Florida Keys Resort | Cheeca Lodge | Florida Keys Resort

Key West Hotels- Florida Keys Luxury Resort- Casa Marina A Waldorf Astoria Resort

Key West Hotel | Florida Keys Oceanfront Resort - Best Western Key Ambassador

John Pennenkamp Coral Reef State Park

<u>Florida Keys Luxury Resort – Cheeca Lodge & Spa – Islamorada Florida Hotel Resort</u>

Luxury Caribbean Resorts & Beach Vacations | Caneel Bay | Luxury Virgin Island Resort & Getaway

Virgin Islands National Park (U.S. National Park Service)

Welcome to Mt Irvine

Disney's Vero Beach Resort | Disney Beach Resort Destinations

Luxury 5 Star Resort | Sea Island | Five Star Hotel in Georgia .

Westchester Airport has flights to the Bahamas on <u>http://www.jetblue.com/</u> with a stop over in Fort Lauderdale, where one could rent a house in <u>Lyford Cay Sotheby's</u> <u>International Realty.</u> or stay at <u>All inclusive Bahamas Hotel | Paradise Island | Bahamas</u> <u>Hotel</u> or <u>Bahamas Resort</u>, <u>Bahamas Hotels</u>, <u>Island Resorts | Atlantis Paradise Island</u> or in Palm Beach <u>Florida Resorts: The Breakers Palm Beach Oceanfront Luxury Hotel</u> <u>Vacations</u> or in Coral Gables <u>Biltmore Hotel in Miami | Luxury Resort with Award</u> <u>Winning Spa, Golf Course & Restaurants</u> or in Boca Raton <u>Boca Raton Hotels</u>, <u>Resorts-</u> <u>South Florida Resort, Spa, Hotel- Boca Raton Resort & Club</u> or invest at the <u>John's Island</u> <u>Club</u>

<u>Elbow Beach (Paget, Bermuda) | Expedia</u> or in Tampa, Florida <u>Don CeSar Beach Hotel | St</u> <u>Pete Beach Hotel | Loews Hotels - Loews</u> or in Fort Lauderdale for one's yacht at the <u>Fort</u> <u>Lauderdale Beach Hotels Bahia Mar</u> or <u>Pier 66 Fort Lauderdale Hotels & Florida Luxury</u> <u>Resorts - Hyatt Regency Pier Sixty-Six Resort and Spa</u> where the <u>http://www.forbes.com/</u> used to keep their yacht "The Highlander". In February 1982, when I finished the garage apartment in Plandome Manor, Long Island, I spent several weeks in Oslo, Norway at the Y.M.C.A. across the street from <u>Hotel Oslo. Book the stylish Radisson Blu Scandinavia</u> <u>Hotel, Oslo.</u> and the <u>Best Western West Hotel Oslo, Norway</u>. I thought about moving to Oslo, Norway to have a quiet more peaceful life amongst my native Nordic people, but my family insisted I come back to his country to live around the hodge podge of various people from around the world. <u>Burkhalter Travel / Travel Headquarters / Olson Travel</u> CIO

<888> 02/21/13 Thursday 9:30 P.M.. <u>Deadly winter storm wallops Midwest with snow and</u> ice causing major traffic problems | Fox News . CIO

<888> 02/21/13 Thursday 8:55 P.M.. I ate a 14 ounce Marie Callender meat loaf dinner with Smart Balance spread and extra virgin olive oil on the mashed potatoes and corn along with a 12 ounce glass of A&W root beer.

Since I have Scotch Irish roots, and I am supposed to be descended from <u>Winfield Scott -</u> <u>Wikipedia, the free encyclopedia</u>, although I have never been in any military, but I have lived around them as a civilian. I have one capability which a lot of people do not have, and that is that I have walked quite a lot in my life, so I think it would be safe to say, I am a "Professional Walker". Before I moved here 50 years ago, I lived down south, where I would frequently play 36 holes of golf a day which involved a lot of walking. When I was younger I would walk a lot including walking all over Manhattan. Thus any smart alec who thought they knew it all and tried to follow me would get quite a long exercise walk. One thing I know from walking a lot in my life is that if one intends to walk a long distance, it is important to be sure they wear the right shoes that they have broken in and feel comfortable with. Also one should not wear the same pair of shoes two days in a row. I have lots of shoes, but I find myself wearing my most familiar shoes, and I have a number of pairs that I have hardly ever worn. Thus I have a lot of shoes in reserve. CIO

<888> 02/21/13 Thursday 8:05 P.M. I chatted with a friend.

Ronald Reagan Presidential Foundation and Library: Email - Special Offer on Products Featuring Ronald Reagan's Famous quote ''Trust But Verify''.

Iceland Weighs Exporting the Power Bubbling From Below - NYTimes.com

BBC News - Deepest undersea vents discovered by UK team

BBC News - Lost Antarctic Royal penguin found in New Zealand

BBC News - Glowing shark scares off predators with 'lightsabers' CIO

<888> 02/21/13 Thursday 6:35 P.M.. I chatted with a relative at 4 P.M.. I just woke up. CIO

<888> 02/21/13 Thursday 3:05 P.M.. I picked up the mail. In the circulars, we got \$30 in coupons from <u>www.mcdonalds.com</u>. I chatted with a neighbor. When I first met Fred Meyers alias "Frederick Von Mierers" in October 1973 at the Le Jardin discothèque near Times Square in Manhattan, his most important friend seemed to be a girl with the last name <u>Van Rensselaer</u>, so they could afford taxi fare in Manhattan, and they did not really need me to drive them around. I will now take a nap. CIO

<888> 02/21/13 Thursday 2:00 P.M.. I ate a salami and cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle slice and 10 cheery tomatoes and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 02/21/13 Thursday 1:10 P.M.. <u>Where the money lives - Trending - Connecticut</u> <u>News</u>. CIO

<888> 02/21/13 Thursday 1:00 P.M.. I made 90 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 1 Episode 2 of ''Monarch of the Glen''. CIO

<888> 02/21/13 Thursday 11:25 A.M.. I threw out the garbage. I chatted with neighbors. I showed one of my neighbors my apartment. I will now make cigarettes. CIO

<888> 02/21/13 Thursday 10:20 A.M.. I peeled and diced a pineapple, and I mixed the pineapple chunks with two teaspoons of Angostura bitters and a quarter cup of lemon juice, and I put it all in a Rubbermaid container with lid, and I put it in the refrigerator. I will now shower and clean up. CIO

!!!!!! <888> 02/21/13 Thursday 9:30 A.M.. I saw <u>CODA Electric Car, Electric Vehicle,</u> <u>Build Your CODA | CODA Automotive</u> at the beach the other day.

<u>Greenwich Gas Prices – Find Greenwich, Connecticut Gas Stations and Cheap Gas in CT</u> <u>at Automobile Magazine</u> CIO

<888> 02/21/13 Thursday 9:25 A.M.. I woke up at 8 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 02/20/13 Wednesday 11:10 P.M.. I ate a few day old muffin. I will now shut down the primary work computer, and I will go to bed soon. Not much happening in this sector of the galaxy. There is limited signs of human existence. Most of the human robots seem to be in working order as far as I can tell. The communications we get from the nearby metropolis does not seem relevant to this area. I noticed a lot of retired people in the Greenwich Library today wearing very worn out old sneakers, so I guess people in this area are walking more with the higher prices of fuel. Possibly they are using the Greenwich Library to stay warm, when it is open. I was told yesterday that <u>Hugo Chávez - Wikipedia, the free encyclopedia</u> through the Venezuela oil company <u>CITGO</u> will give any home owner or renter that uses oil \$600 in free oil <u>Citizens Energy JOE-4-OIL and</u> <u>Distrigas Heat Assistance</u> and <u>JOE-4-OIL</u>. CIO

<888> 02/20/13 Wednesday 10:30 P.M. Biltmore Email Newsletter

<u>Global Volcanism Program | Volcanic Activity Reports | Smithsonian / USGS Weekly</u> <u>Volcanic Activity Report |</u>

Section for Mineralogy, Petrology & Geochemistry - LMU Munich

The Coolest 3D Printer Projects - Slideshow from PCMag.com

<u>Chinese Military Linked to Extensive Cyber Espionage Campaign | News & Opinion |</u> <u>PCMag.com</u>

Every Webpage Is Connected by 19 Clicks or Less | News & Opinion | PCMag.com

BBC News - Mosquitoes ignore repellent Deet after first exposure

BBC Nature - Endangered sharks return to Bahamas 'home'

BBC News - Exoplanet Kepler 37b is tiniest yet - smaller than Mercury CIO

<888> 02/20/13 Wednesday 9:35 P.M.. In response to <u>www.harvard.edu</u> 's motto of "Veritas" which is Latin for Truth, there is no such thing as truth, since each individual has a different perception of reality. Thus all "Truth" might be is a majority opinion of a group's reality. CIO

<888> 02/20/13 Wednesday 9:15 P.M.. I woke up at 6 P.M., and I ate 7 ounces of Smoke House almonds. I went back to bed until 8 P.M.. I chatted with a relative. I watched a Charlie Rose program on Bloomberg News on <u>China Says Army Is Not Behind Attacks in</u> <u>Report</u> and <u>China's Army Is Seen as Tied to Hacking Against U.S. - NYTimes.com</u>. I have figured out the Chinese have been hacking me for a long time. However, IP addresses that I traced could have been faked. If it is not the Chinese Army, it might be someone from <u>Georgia Institute of Technology</u> which has always been me second best guess. They do not like people whom once worked near <u>www.mit.edu</u> when I was at <u>www.polaroid.com</u>. It might be when the Georgia people come up north spying on us, they get really cold which they were not use to. However, I have my own friends from down south, so I frequently think they might know more that they are telling me. When I left Illinois in the fall of 1972 after graduating from <u>www.lfc.edu</u>, I traveled to Jacksonville, Florida with Hurley Haywood and two of his cousins. Hurley mentioned that he was General Hurley's grandson, and that General Hurley was the first American General to deal with Mao Tse Tung, when he was a house painter. Also when I use to cover the waterfront in Manhattan, I was told by one of the bar tenders at one of the main waterfront bars in the summer of 1980, they meaning New York City had sold out to the Chinese. Thus it is nothing new to me. CIO

<888> 02/20/13 Wednesday 4:50 P.M.. I chatted with a relative. I ate two 3 ounce Purdue chicken cutlets, 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil, steamed broccoli crowns and baby carrots with extra virgin olive oil and Smart Balance spread, a 12 ounce glass of <u>www.coke.com</u>, and a cup of green tea with Splenda sweetener and Borden's lemon juice. I will now take a nap. CIO

<888> 02/20/13 Wednesday 2:50 P.M.. I threw out the garbage. I went downtown, and I stopped by the Wells Fargo Bank on Havemayer Place to get parking change. I then walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I used the bathroom at the Senior and the Arts Center. I stopped by the http://www.greenwichhardware.com/index.php , and I bought their last AMP eye glass cord for a dollar. I then went by CVS, and I bought two Magnivision eye glass cords for \$2 each and .25 tax for \$4.25 total. I went by the Greenwich Library, and I renewed my library card. I chatted with a patron and a staff member. I have been told the <u>The Union League Club</u> is a republican party private club. I then went by the Stop and Shop, and I bought a four pack of day old raspberry turnovers for \$2, a 16 ounce package of Smart Balance spread for \$3.79, two 7 ounce tubs of Stop and Shop deli roast beef for \$2.50 each, and a pineapple for \$3 for \$13.79 total. I then returned home, and I picked up the mail. I was told by the ceiling people doing the closets, they are doing about 8 apartments a day, and it will be a while until they get to me, and they will do me last. Thus I should stay on a day schedule. CIO

<888> 02/20/13 Wednesday 9:35 A.M.. I thought Eddie Murphy <u>The 25 Richest People</u> <u>Who Ever Lived – Inflation Adjusted</u> was showing up in town today, but it is just another local democratic politician <u>Sen. Chris Murphy to visit Greenwich Wednesday -</u> <u>GreenwichTime</u>, so we all have to put on our Sunday best clothes, and go downtown and make Greenwich, Connecticut look rich and prosperous. I will now shower and clean up and go downtown.

Chris Shays is returning to academia - GreenwichTime . CIO

<888> 02/20/13 Wednesday 8:25 A.M.. I woke up at 7 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 02/19/13 Tuesday 10:25 P.M. I chatted with a relative.

Kate Middleton makes first public appearance after announcing pregnancy

I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 02/19/13 Tuesday 9:25 P.M.. Brussels diamond robbery nets 'gigantic' haul

BBC News - Cosmos may be 'inherently unstable'

FACTS ON FERAL HOGS CIO

<888> 02/19/13 Tuesday 8:25 P.M.. I ate a roast beef and provalone cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and Lays salt and vinegar potato chips and a dill pickle slice and 15 cherry tomatoes and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 02/19/13 Tuesday 7:25 P.M.. I went downtown, and I drove the whole length of Greenwich Avenue down the end of Steamboat Road, and I chatted with a regular waterfront watcher for a while. Then in order to charge up the Audi battery, I drove over to Tod's Point along the waterfront. I used the bathroom at the southeastern concession area. It started to rain, so I drove around the Tod's Point waterfront. I was told later by a local citizen there was damage to south shore path area, and they might need to build a break water to keep the sand from washing away. I then drove to downtown Old Greenwich, where one does not pay to park. I went to the Rummage Room thrift shop, and I bought a white like new Krups espresso cappuccino maker like I already have used for \$15 and .95 tax for \$15.95 total. I then walked over the Old Greenwich Chase Bank and did some business. I then toured Staples in Old Greenwich, but there was nothing I needed. I used the bathroom there. I then returned to the center of downtown Greenwich Avenue. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I chatted with a local walker. At CVS I used the bathroom again. I bought a 16 ounce bag of smoked Diamond almonds for \$4.99. I then bought a 9 ounce bag of Lays garlic crackers for \$3 and a 9 ounce bag of Lays tomato type crackers for \$3 for \$6 total. I finished my walk. I then drove over to the Stop and Shop. I chatted with a local inventor. I bought a six pack of Stop and Shop English muffins for \$1.69, a 59 ounce container of Florida Natural orange juice with calcium for \$3, Land-O-Lakes deli sliced white American cheese for \$5.99 a pound for \$6.23, Stop and Shop deli sliced Genoa salami for \$5.99 a pound for \$6.02, a two pound bag of baby carrots for \$2.50, bananas for .79 a pound for \$1.52, broccoli crowns for \$2.49 a pound for \$1.62, and a container of reduced cherry tomatoes for \$1.40 for \$23.98 total. I then chatted with a local in the parking lot. I then returned home, and I picked up the mail, and I put away my groceries. I put the new Krups coffee machine on the floor in the bedroom closet to have a spare one. CIO

<888> 02/19/13 Tuesday 11:25 A.M.. I threw out the garbage. I chatted with neighbors. I chatted with one of the ceiling people. I will now go downtown to Greenwich Avenue for one of my usual exercise walks. A lot of people know me in Greenwich, Connecticut; but they are not giving me money. CIO

<888> 02/19/13 Tuesday 10:15 A.M.. When I finished the garage apartment out in Plandome Manor, Long Island back in February 1983, I got about \$8,500 for the ten months of work at 12 to 18 hours a day with no time off. One of the items that I bought was from a cordless telephone store on Northern Boulevard in Glencoe, Long Island. It was a Frocom cordless telephone with about a five mile range and antenna for about \$450. I had it sent down to my relatives at John's Island in Vero Beach, Florida, but they did not use it and returned it, since it required a 20 foot or more pole for the antenna. Thus I was ahead of my time on wireless telephone technology. The Frocom cordless telephone was made by a company in Wisconsin. I will now shower and clean up.

Orchid Island - Golf and Beach Club

<u>Vero Beach Real Estate | Florida Luxury Realty | Waterfront Real Estate | Golf</u> <u>Communities - Orchid Island Golf and Beach Club</u> CIO

<888> 02/19/13 Tuesday 10:00 A.M.. <u>Greenwich K9 unit has new addition -</u> <u>GreenwichTime</u>

!!!!!! <888> 02/19/13 Tuesday 9:25 A.M.. Church of Scotland CIO

<888> 02/19/13 Tuesday 9:15 A.M.. I woke up at 8 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 02/18/13 Monday 9:20 P.M. I chatted with a relative and a friend.

For cotton Oxford cloth shirts and other outlet clothing items try <u>DECKERS INC, 666</u> <u>WEST AVE, NORWALK, Connecticut (CT) - Company Profile</u>

I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 02/18/13 Monday 8:10 P.M.. I ate a roast beef and Swiss cheese and provalone cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and Lays salt and vinegar potato chips and a dill pickle slice and a 12 ounce glass of <u>www.coke.com</u>. CIO

<888> 02/18/13 Monday 6:55 P.M.. Tracking is <u>Package ID Results</u> on the order for <u>Main</u> <u>Daily Deal, 1 Sale A Day Timberland Men's Satin Light Gold Sunglasses with 100% UV</u> <u>Protection</u> for \$12.99 with free shipping.

Seniors Discount Message:

- > Senior Discounts
- >

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> Keep this list - - - and Send a copy to your senior friends and relatives.
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> As I was waiting in line behind an older gentleman at Wendy's recently, I heard him ask for his senior discount. The girl at the register apologized and charged him less. When I asked the man what the discount was, he told me that seniors over age 55 get 10% off everything on the menu, every day.

- > >
 - Being of 'that' age myself, I figured I might as well ask for the discount too.
- >

> This incident prompted me to do some research, and I came across a list of restaurants, supermarkets, department stores, travel deals and other types of offers giving various discounts with different age requirements. I was actually surprised to see how many there are and how some of them start at the young age of 50.

>

> This list may not only be useful for you, but for your friends and family too.

>

> Dunkin Donuts gives free coffee to people over 55 . If you're paying for a cup every day, you might want to start getting it for FREE.

- >
- > YOU must ASK for your discount !
- >
- > **RESTAURANTS:**
- > Applebee's: 15% off with Golden Apple Card (60+)
- > Arby's: 10% off (55 +)
- > Ben & Jerry's: 10% off (60+)
- > Bennigan's: discount varies by location (60+)
- > Bob's Big Boy: discount varies by location (60+)
- > Boston Market: 10% off (65+)
- > Burger King: 10% off (60+)
- > Chick-Fil-A: 10% off or free small drink or coffee (55+)
- > Chili's: 10% off (55+)
- > CiCi's Pizza: 10% off (60+)
- > Denny's: 10% off, 20% off for AARP members (55 +)
- > Dunkin' Donuts: 10% off or free coffee (55+)
- > Einstein's Bagels: 10% off baker's dozen of bagels (60+)
- > Fuddrucker's: 10% off any senior platter (55+)
- > Gatti's Pizza: 10% off (60+)
- > Golden Corral: 10% off (60+)
- > Hardee's: \$0.33 beverages everyday (65+)
- > IHOP: 10% off (55+)
- > Jack in the Box: up to 20% off (55+)
- > KFC: free small drink with any meal (55+)
- > Krispy Kreme: 10% off (50+)
- > Long John Silver's: various discounts at locations (55+)
- > McDonald's: discounts on coffee everyday (55+)
- > Mrs. Fields: 10% off at participating locations (60+)
- > Shoney's: 10% off Sonic: 10% off or free beverage (60+)
- > Steak 'n Shake: 10% off every Monday & Tuesday (50+)

- > Subway: 10% off (60+)
- > Sweet Tomatoes: 10% off (62+)
- > Taco Bell : 5% off; free beverages for seniors (65+)
- > TCBY: 10% off (55+)
- > Tea Room Cafe: 10% off (50+)
- > Village Inn: 10% off (60+)
- > Waffle House: 10% off every Monday (60+)
- > Wendy's: 10% off (55 +)
- > White Castle : 10% off (62+) This is for me ... if I ever see one again.
- >
- > **RETAIL & APPAREL :**
- > Banana Republic: 30% off (50 +)
- > Bealls: 20% off first Tuesday of each month (50 +)
- > Belk's: 15% off first Tuesday of every month (55 +)
- > Big Lots: 30% off
- > Bon-Ton Department Stores: 15% off on senior discount days (55 +)
- > C.J. Banks: 10% off every Wednesday (50+)
- > Clarks : 10% off (62+)
- > Dress Barn: 20% off (55+)
- > Goodwill: 10% off one day a week (date varies by location)
- > Hallmark: 10% off one day a week (date varies by location)
- > Kmart: 40% off (Wednesdays only) (50+)
- > Kohl's: 15% off (60+)
- > Modell's Sporting Goods: 30% off
- > Rite Aid: 10% off on Tuesdays & 10% off prescriptions
- > Ross Stores: 10% off every Tuesday (55+)
- > The Salvation Army Thrift Stores: up to 50% off (55+)
- > Stein Mart: 20% off red dot/clearance items first Monday of every
- > month (55 +)
- >
- > **GROCERY** :
- > Albertson's: 10% off first Wednesday of each month (55 +)
- > American Discount Stores: 10% off every Monday (50 +)
- > Compare Foods Supermarket: 10% off every Wednesday (60+)
- > DeCicco Family Markets: 5% off every Wednesday (60+)
- > Food Lion: 60% off every Monday (60+)
- > Fry's Supermarket: free Fry's VIP Club Membership & 10% off every Monday (55 +)
- > Great Valu Food Store: 5% off every Tuesday (60+)
- > Gristedes Supermarket: 10% off every Tuesday (60+)
- > Harris Teeter: 5% off every Tuesday (60+)
- > Hy-Vee: 5% off one day a week (date varies by location)
- > Kroger: 10% off (date varies by location)
- > Morton Williams Supermarket: 5% off every Tuesday (60+)
- > The Plant Shed: 10% off every Tuesday (50+)
- > Publix: 15% off every Wednesday (55+)
- > Rogers Marketplace: 5% off every Thursday (60+)

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Uncle Guiseppe's Marketplace: 15% off (62+)
>
>
   TRAVEL:
>
   Airlines:
>
   Alaska Airlines: 50% off (65+)
>
>
   American Airlines: various discounts for 50% off non-peak periods (Tuesdays -
>
Thursdays) (62+)and up (call before booking for discount)
    Continental Airlines: no initiation fee for Continental Presidents
>
> Club & special fares for select destinations
>
    Southwest Airlines: various discounts for ages 65 and up (call
>
> before booking for discount)
>
    United Airlines: various discounts for ages 65 and up (call before
>
> booking for discount)
>
    U.S. Airways: various discounts for ages 65 and up (call before
>
> booking for discount)
>
>
   Rail:
    Amtrak: 15% off (62+)
>
   Bus:
>
   Greyhound: 15% off (62+)
>
    Trailways Transportation System: various discounts for ages 50+
>
>
>
    Car Rental:
   Alamo Car Rental: up to 25% off for AARP members
>
   Avis: up to 25% off for AARP members
>
   Budget Rental Cars: 40% off; up to 50% off for AARP members (50+)
>
   Dollar Rent-A-Car: 10% off (50+) Enterprise Rent-A-Car: 5% off for AARP
>
members Hertz: up to 25% off for AARP members
>
    National Rent-A-Car: up to 30% off for AARP members
>
>
    Overnight Accommodations:
   Holiday Inn: 20-40% off depending on location (62+)
>
   Best Western: 40% off (55+)
>
    Cambria Suites: 20%-30% off (60+)
>
    Waldorf Astoria - NYC $5,000 off nightly rate for Presidential Suite (55 +)
>
    Clarion Motels: 20%-30% off (60+)
>
>
    Comfort Inn: 20%-30% off (60+)
    Comfort Suites: 20%-30% off (60+)
>
    Econo Lodge: 40% off (60+)
>
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- > Hampton Inns & Suites: 40% off when booked 72 hours in advance
- > Hyatt Hotels: 25%-50% off (62+)
- > InterContinental Hotels Group: various discounts at all hotels (65+)

- Mainstav Suites: 10% off with Mature Traveler's Discount (50+); 20%-30% off (60+) >
- Marriott Hotels: 25% off (62+) >
- Motel 6: Stav Free Sunday nights (60+) >
- Myrtle Beach Resort: 30% off (55 +) >
- **Ouality Inn: 40%-50% off (60+)** >
- Rodeway Inn: 20%-30% off (60+) >
- Sleep Inn: 40% off (60+) >
- >
- **ACTIVITIES & ENTERTAINMENT :** >
- AMC Theaters: up to 30% off (55 +) >
- **Bally Total Fitness: \$100 off memberships (62+)** >
- Busch Gardens Tampa, FL: \$13 off one-day tickets (50 +) >
- Carmike Cinemas: 35% off (65+) >
- Cinemark/Century Theaters: up to 35% off >
- Massage Envy NYC 20% off all "Happy Endings" (62 +) >
- U.S. National Parks: \$10 lifetime pass; 50% off additional services including camping > (62+)
- Regal Cinemas: 50% off Ripley's Believe it or Not: @ off one-day ticket (55 +) >
- SeaWorld, Orlando, FL: \$3 off one-day tickets (50 +) >
- >
- **CELL PHONE DISCOUNTS:** >
- AT&T: Special Senior Nation 200 Plan \$19.99/month (65+) >
- Jitterbug: \$10/month cell phone service (50 +) >
- Verizon Wireless: Verizon Nationwide 65 Plus Plan \$29.99/month (65+). >
- >
 - **MISCELLANEOUS:**
- > Great Clips: \$8 off hair cuts (60+) >
- Supercuts: \$8 off haircuts (60+) >

End of Seniors Discount Message:

I called up the Rebate Center in Deerfield Beach, Florida Deerfield Beach, Florida -Wikipedia, the free encyclopedia about my \$14 Sapphire video card rebate, and they said they would reprocess it again. I then chatted a while about Florida in the Old Days. They told me that Winn Dixie is not that big down there anymore, but Walgreens is.

BBC News - Where is the world's coldest village?

BBC News - Life goes on in UK's coldest spot

BBC News - Alpha Magnetic Spectrometer to release first results

BBC News - US manned deep-submersible Alvin prepares to resume work

BBC News - Diamond to shine light on infections

The French have always eaten horse meat <u>BBC News - Nestle removes beef pasta meals</u> <u>after finding horsemeat</u>. CIO

<888> 02/18/13 Monday 5:10 P.M.. I woke up at 4:15 P.M.. I ate three scoops of Turkey Hill Columbian Coffee ice cream. CIO

<888> 02/18/13 Monday 2:35 P.M.. The very rich people in Greenwich, Connecticut tend to be cheap and they tend to work, so on weekends and holidays, they try to save money by doing home maintenance instead of paying expensive tradesmen, so one is more than likely to see them at the <u>http://www.greenwichhardware.com/index.php</u> and <u>www.homedepot.com</u> in nearby Port Chester, New York or at <u>www.costco.com</u> also in Port Chester, New York. Thus in trying to save money, they are stimulating the weekend and holiday local economies. The truly poor do not have that type of money, so they are left at making ends meet as best they can. CIO

<888> 02/18/13 Monday 2:20 P.M.. I ate a 18.8 ounce can of Campbell's New England clam chowder with dried parsley and two slices of Stop and Shop 12 grain bread with Smart Balance Spread and a 12 ounce glass of Schweppes Ginger Ale. I will now take a nap. No mail today, it is a Federal Holiday. CIO

<888> 02/18/13 Monday 1:40 P.M.. I threw out the garbage. I said "Hello" to neighbors. Basically, when poor people from Connecticut go to Manhattan, there is not much for them to do, but stop by coffee shop and pubs, so when poor people from Manhattan come out here, we offer them the same hospitality. CIO

<888> 02/18/13 Monday 1:25 P.M.. I made 99 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching "King George VI, the Man Behind the King's Speech". CIO

<888> 02/18/13 Monday 11:25 A.M.. Room and Energy to grow <u>Gas Drilling, North</u> <u>Dakota : Natural Hazards</u> .

NASA Earth Observatory :

Tristan da Cunha, South Atlantic Ocean : Image of the Day

Tristan da Cunha - Wikipedia, the free encyclopedia

Website of the Tristan da Cunha Government and Tristan Association

CIO

<888> 02/18/13 Monday 10:55 A.M.. I chatted with a friend and a relative. I renewed my free subscription in response to the telephone call from <u>www.computerworld.com</u>. CIO

<888> 02/18/13 Monday 9:25 A.M.. It is 17 degrees Fahrenheit Greenwich, Connecticut USA 7-Day Forecast for Latitude 41.07°N and Longitude 73.65°W at the moment. I suppose with the colder weather in this area, it is better for older people to stay inside and let the younger generation deal with our artic weather as best they can. I will now shower and clean up, and then I will make cigarettes. Maybe I should see if there is any Netflix video about tropical island such as "Robinson Crusoe" . Nobody communicates with me, because I have too many contacts way down in Florida, and since Florida is south of the Mason Dixon line, the old time Yankees in this area do not trust people whom have ever visited or lived down south. I still have some northern friends, but they are so busy with their every day routines, they do not communicate with me very much. Of course most of the people I knew in Florida were not that rich like in this area, so if they ever made any money, they did not try to get in touch with me. Since I am easy to find on the internet, more than likely the Real Rich People are hard to find on the internet, and they manage to stay private in their remote hideaways, where ever they may be. New York City is suppose to have rich people, but all I see them doing out here is loitering at www.starbucks.com coffee shop on Greenwich Avenue looking like the Bored and the Beautiful, and we all know if they had any money, they would probably be down south some place warmer. However, we do get foreign visitors out here coming to see the ambience of Greenwich Avenue, but I personally would not pay a fortune to travel over here just to read the http://www.greenwichtime.com/ which as every one knows is a California real estate publication. The way I figure it, the traveling public have more money than myself, since they can afford to travel, so more than likely they will keep traveling until they get tired or run out of money. Comment on this area. If one is an observer in this area for 50 years like myself, I have noticed that Electrolux vacuum bags look like Vomit bags on airlines which look like microwave popcorn bags. CIO

<888> 02/18/13 Monday 7:50 A.M.. After the last note, I did not go to bed. I chatted with a relative. I watched first hour of <u>Doctor Zhivago (film)</u> - <u>Wikipedia, the free encyclopedia</u>. I then watched series 3 episode 5 of "Downton Abby" which was the final episode of the Series. I went to bed at 11:15 P.M.. I woke up at 6:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. I will now make up a fresh batch of punch. CIO

<888> 02/17/13 Sunday 7:20 P.M.. I ate a 18.5 ounce Stouffer's five cheese lasagna with grated parmesan and Romano cheese and a 12 ounce glass of Schweppes Ginger Ale. I will now shut down the primary work computer, and I will go to bed soon. Tomorrow is the Federal President's Day Holiday. The Chairmen of these various committees <u>U.S.</u> <u>Congress List of Committees - GovTrack.us</u> wield a lot of power, and they get to be Chair People from Seniority, so even though they might be from a less powerful State, they still have a lot of power. CIO

<888> 02/17/13 Sunday 6:30 P.M.. I chatted with a relative three times. Everyone I chat with in Greenwich whom think they are in the know claim the Rockefeller family have a big house up on King Street in Port Chester, New York; but I have not read that in the

printed press, only that the Israel consulate has a residence up on King Street in Port Chester, New York. Of course a lot of wealthy families have multiple residents as do countries. CIO

<888> 02/17/13 Sunday 5:10 P.M.. I chatted with a relative. I watched Series 1 Episode 1 of "Monarch of the Glen". CIO

<888> 02/17/13 Sunday 3:40 P.M.. List of nuclear power plants in America . CIO

<888> 02/17/13 Sunday 3:35 P.M.. Port St. Lucie, Florida where this is all happening <u>Report: Tiger Woods to golf with the President » TCPalm.com</u> is where this facility is <u>FPL</u> <u>About St. Lucie</u> which has 50,000 crocodiles in the warm cooling waters of canals surrounding the nuclear power plants. So the President could end up as a crocodile dinner. CIO

<888> 02/17/13 Sunday 3:05 P.M.. <u>Florida law requiring international licenses causes</u> concern north of border » TCPalm.com

BBC News - Scans reveal intricate brain wiring CIO

<888> 02/17/13 Sunday 2:40 P.M.. I woke up at 2 P.M.. I threw out the garbage. I moved my Audi to its usual place. Not much happening out here on the Great White Woodlands of Greater Southwestern Connecticut near the New Amsterdam border. CIO

<888> 02/17/13 Sunday 12:25 P.M.. I will now take a nap. CIO

<888> 02/17/13 Sunday 12:05 P.M.. I ate two 3 ounce Purdue chicken cutlets, 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil, steamed broccoli crowns and baby carrots with extra virgin olive oil and Smart Balance spread, a 12 ounce glass of Schweppes Ginger Ale , and a cup of green tea with Splenda sweetener and Borden's lemon juice. CIO

<888> 02/17/13 Sunday 11:00 A.M.. <u>The 25 Richest People Who Ever Lived – Inflation</u> <u>Adjusted</u>. CIO

<888> 02/17/13 Sunday 10:20 A.M.. Missing Anyone? <u>Death Records. Social Security</u> <u>Death Index</u>. CIO

<888> 02/17/13 Sunday 8:45 A.M.. One of the slower fast car dealers in Greenwich, Connecticut Porsche Dealer | Greenwich, Connecticut | New Country Porsche of Greenwich compared to Miller Motorcars | Luxury Car Dealer | Exotic Car Dealer | Greenwich, CT or New and Used Car Dealer - Rye, Stamford, Norwalk, CT | Mercedes-Benz of Greenwich or CT Audi Sales, Service and Parts | New Country Audi of Greenwich or Carriage House Motor Cars--Greenwich, CT | Pre Owned Ferrari, Aston Martin, Bentley, Rolls-Royce, Porsche, Mercedes-Benz, Lamborghini or BMW Connecticut dealer BMW of Greenwich, Offering new BMWs, used BMWs and BMW service or McLaren <u>Greenwich - Official McLaren Retailer in Greenwich, CT 06830</u>, or <u>Lotus of Greenwich</u>, if one can afford Arab Lamp Oil <u>Greenwich Gas Prices – Find Greenwich, Connecticut</u> <u>Gas Stations and Cheap Gas in CT at Automobile Magazine</u>, if not one can buy a Mountain Bike at <u>www.walmart.com</u> here <u>Mongoose Mountain Bikes - Walmart.com</u> or take the Bus Gus, <u>CTTransit - Connecting the Community</u>.

I will now shower and clean up. CIO

<888> 02/17/13 Sunday 7:50 A.M.. I chatted with a friend.

Byram deli owner: Counterfeiters getting more sophisticated

Many Brazilians leaving state for home country - GreenwichTime . CIO

<888> 02/17/13 Sunday 6:45 A.M.. I woke up at 5:15 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

End of Scott's Notes week of 02/16/13:

<888> 02/16/13 Saturday 6:15 P.M.. I chatted with a relative. I will now send out my weekly notes. I will then shut down the primary work computer, and I will go to bed soon. CIO

<888> 02/16/13 Saturday 5:50 P.M.. I ate a roast beef and Swiss cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and Lays salt and vinegar potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 02/16/13 Saturday 5:00 P.M.. <u>The Genographic Project by National Geographic -</u> <u>Human Migration, Population Genetics</u>

Prison Planet.com » Rothschilds & Rockefellers – Trillionaires Of The World

Chateau Vinci Jetport <u>Westchester County - AirportMonitor - by Megadata - powered by</u> <u>PASSUR</u>

The Greenwich Post CIO

<888> 02/16/13 Saturday 4:45 P.M.. <u>The Tarrytown-SleepyHollow Daily Voice</u> CIO

<888> 02/16/13 Saturday 4:35 P.M. <u>Alcatel-Lucent Unveils World's Most Powerful</u> <u>Broadband Infrastructure - Businessweek</u>

10 Must-Visit International Destinations CIO

<888> 02/16/13 Saturday 3:35 P.M.. I woke up at 1 P.M.. I watched episodes 7 and 8 of "World Without End". I picked up the mail. I chatted with neighbors. Somebody left a car parked in front of the recycle dumpster since early this morning. CIO

<888> 02/16/13 Saturday 11:15 A.M.. I will now take a nap. CIO

<888> 02/16/13 Saturday 11:00 A.M.. I ate two 3 ounce Purdue chicken cutlets, 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil, steamed broccoli crowns and baby carrots with extra virgin olive oil and Smart Balance spread, a 12 ounce glass of <u>www.coke.com</u>, and a cup of green tea with Splenda sweetener and Borden's lemon juice. CIO

<888> 02/16/13 Saturday 9:50 A.M.. <u>UK, France and Germany to back global tax rules at</u> <u>G20 - Worldnews.com</u>.

Maybe they should tax gourmet coffee at gourmet coffee shops. A dollar a cup tax on <u>www.starbucks.com</u> coffee for starters. CIO

<888> 02/16/13 Saturday 9:40 A.M.. I chatted with a friend.

I watched some children's television.

I installed the Windows Updates on the primary work computer, and I set Internet Explorer 8 back to its defaults.

How particle smasher and telescopes relate - CNN.com CIO

!!!!!! <888> 02/16/13 Saturday 8:30 A.M.. How Much Does Obama Cost Us? | Pacific Flyer
. CIO

<888> 02/16/13 Saturday 7:35 A.M.. I know somebody that put new Egyptian cotton sheets on their bed at Christmas Time, but they did not wash them first. Shortly after putting the Egyptian cotton sheets on their bed, they came down with an itchy skin rash all over their body which has lasted for a month or more. The person's dermatologist said, one is suppose to first wash Egyptian cotton sheets before using them. CIO

<888> 02/16/13 Saturday 7:10 A.M.. George Bush Presidential Library Foundation

Ronald Reagan Presidential Foundation and Library: Email - Presidential Jelly Beans-Ronald Reagan's Favorite for only \$24.95!

Mac Special <u>http://www.mcdonaldsnytristate.com/uploads/assets/images/email/2-15-13/2-15-13_email.htm</u>

Visit Scotland

9938

ClerVolc, Centre Clermontois de Recherche sur le Volcanisme

CD-CAT

<u>Global Volcanism Program | Volcanic Activity Reports | Smithsonian / USGS Weekly</u> <u>Volcanic Activity Report |</u>

Are Businesses Waiting for Windows 9?

BBC News - UK, France and Germany back global tax rules at G20

BBC News - Russia sends clean-up team to meteorite-hit Urals

BBC News - Mercury shows off its colourful side

BBC News - Asteroid 2012 DA14 in record-breaking Earth pass CIO

<888> 02/16/13 Saturday 5:40 A.M.. About 8 P.M. last night, somebody from Florida called me up about changing my electricity supplier from <u>www.cl-p.com</u> to another company, and there would be about a \$15 a month savings. They claimed CL-P did not supply their own electricity, and I would benefit from the lower rate, but the bills would still come from CL-P. They said there was an insert in my CL-P bill explaining it. I told them I would look into it, and I did not feel I should give them my electricity account number in case they automatically changed it. There are a lot of Con Artists in Florida whom try to take advantage of elderly people, but the offer sounded legitimate. I get other telemarketing phone calls too including one from a security firm that starts with something about the <u>www.fbi.gov</u> and another one about credit card services, and they keep calling on a continual basis, so I just hang up.

Local company SEACOR Holdings Inc. .

I will now shower and clean up. CIO

<888> 02/16/13 Saturday 5:05 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. CIO

<888> 02/16/13 Saturday 4:30 A.M.. I put away the laundry. CIO

<888> 02/16/13 Saturday 3:25 A.M.. I woke up at 2 A.M.. I started two loads of laundry. I have 45 minutes to go on two dry cycles. I put clean linens on my bed. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 02/15/13 Friday 8:00 P.M.. I woke up at 6 P.M.. I fiddled with the NOAA weather radio to no avail. I left it going to the left side of the primary work computer. If there is a

weather alert, it should work. I do not need the LCD clock. I hooked it up to the long wire antenna. I received a notice that on February 18th through the 20th, the ceiling people are going to be doing the closets in the building. One does not need to be here, when they do it. However, they suggest removing items from the top shelf which would be tedious waiting for them for three day, so I will wait until they arrive. I chatted with a relative. I will now shut down the primary work computer. I will eat a day old muffin. I will then go back to bed. Earlier, I ate the last 25% of the 8.5 ounce bag of 65% reduced fat Honey nut Chex mix. CIO

<888> 02/15/13 Friday 3:20 P.M.. I picked up the mail. Bad news, the Time LCD does not work on the Oregon Scientific WR3000 weather alert station, and it does not pick up any weather broadcasts either. There is no way I can figure out how to get it to work properly. I left the old Radio Shack weather alert station setup in the bedroom. I will now take a nap. CIO

<888> 02/15/13 Friday 2:05 P.M.. I ate a roast beef and cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and Lays salt and vinegar potato chips and a dill pickle slice and a 12 ounce glass of <u>www.coke.com</u>.

The order with tracking of <u>USPS.com® - Track & Confirm</u> on the order for <u>Oregon</u> <u>Scientific WR3000 Weather Radio All Harzards NOAA Cert | eBay</u> for \$9.99 and \$6 shipping for \$15.99 total arrived. I will now set it up in the bedroom, where the old Radio Shack weather radio is. CIO

<888> 02/15/13 Friday 1:30 P.M.. I chatted with another friend. CIO

<888> 02/15/13 Friday 1:10 P.M.. I chatted with a friend. CIO

<888> 02/15/13 Friday 12:20 P.M. I chatted with a relative.

This is the Oregon Scientific WR3000 manual <u>http://us.oregonscientific.com/ulimages/manuals2/WR3000.pdf</u>. CIO

<888> 02/15/13 Friday 11:15 A.M.. Lenape - Wikipedia, the free encyclopedia . CIO

<888> 02/15/13 Friday 11:00 A.M.. I made 104 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 1 Episode 5 of "Warehouse 13". CIO

<888> 02/15/13 Friday 9:25 A.M.. From the downtown Greenwich perspective, Greenwich has changed from "The Old Days" when people pretty much did nothing but gardening and playing golf. However, there are probably still people in the back country area that still lead that lifestyle. However in the month of February <u>Golf & Country Club -</u> <u>GreenwichCC</u> is closed, so I am not sure what its members do, but they probably stay at home and rest. I will now make cigarettes. Back in the 1970s, I would never go downtown very much, and I would buy my cigarettes at the Club. CIO <888> 02/15/13 Friday 9:00 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes.

Generally on Fridays anymore in downtown Greenwich, Connecticut, the poor people in Connecticut are not allowed to go downtown, so the rich New Yorkers whom only work four days a week can strut their stuff downtown out here on Fridays. CIO

<888> 02/15/13 Friday 7:30 A.M.. I am back from having my blood drawn. As far as I can tell, it is still red. CIO

<888> 02/15/13 Friday 5:50 A.M.. I chatted with a friend at midnight. I woke up at 5:30 A.M.. I will make my bed. I will not eat breakfast yet, since I have to fast for my lab work. I will go over to the <u>Laboratory (Blood & Specimen) Services | Greenwich Hospital</u> at 7 A.M., when they open to get the lab work done for my cholesterol. I will now shower and clean up and go out. CIO

<888> 02/14/13 Thursday 10:05 P.M.. Tracking is <u>USPS.com® - Track & Confirm</u> on the order for <u>Oregon Scientific WR3000 Weather Radio All Harzards NOAA Cert | eBay</u> for \$9.99 and \$6 shipping for \$15.99 total. CIO

<888> 02/14/13 Thursday 10:00 P.M.. I ate a 18 ounce can of Progresso clam chowder with dried parsley and a Kaiser roll with Smart Balance Spread and a 12 ounce glass of Schweppes Ginger Ale. I feel tired again, so I will go back to bed for a while. CIO

<888> 02/14/13 Thursday 9:10 P.M.. I put two AAA alkaline batteries in the Time Magazine weather station, and I set its time. I placed it on the right side of the third IBM Think Centre Windows 8 computer. I chatted with a relative. CIO

<888> 02/14/13 Thursday 8:20 P.M.. I woke up, and I ate 75% of 65% reduce fat Honeynut Chex mix. I woke up again at 3 P.M., and I chatted with a relative. I finally woke up at 8 P.M.. I picked up the mail. The <u>www.time.com</u> magazine weather station arrived. CIO

<888> 02/14/13 Thursday 11:55 A.M.. Greenwich Police collecting unwanted firearms for destruction

https://docs.google.com/file/d/0BzoSzY1U9_7LU3V2a0RQUTV3XzA/edit?usp=sharing&pli =1

Biltmore Email Newsletter

BBC News - Heinz bought by Warren Buffett's Berkshire Hathaway for \$28bn

BBC Nature - A new owl species from Indonesia is formally described

BBC News - Brussels to open Europol cybercrime hub

I will now take a nap. CIO

<888> 02/14/13 Thursday 11:15 A.M.. I chatted with a relative. I ate 12 ounce of mashed potatoes with Smart Balance Spread and extra virgin olive oil and 7.5 ounces of Hormel beef tips with gravy on top of the mashed potatoes with a 12 ounce glass of <u>http://www.coke.com/</u>. CIO

<888> 02/14/13 Thursday 10:35 A.M.. I threw out the garbage. I scraped ice off the Audi windows. I went downtown, and I chatted with a friend in East Fairfield Beach, and he is now plowed out, and then I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I used the bathroom at www.starbucks.com . I stopped by CVS, and I bought four 18.8 ounce cans of Campbell's New England clam chowder for \$1.50 each for \$6 total. There is a new restaurant opened on lower Greenwich Avenue where Figaro used to be, and it is called "Harvest". Also they have started construction on the new building where the Thataway restaurant used to be. Also two new shops are going in just south of St. Mary's. After my walk, I cleaned off the snow off the benches in front of the Senior and the Arts Center and across the street at the Veterans Monument. They were in the process of clearing off the snow at the old post office plaza with a Bob Cat. I then used the bathroom at Starbucks again. I then went by the Stop and Shop. I bought a six pack of Kaiser rolls for \$1.49, a six pack of Stop and Shop English muffins for \$1.69, a quart jar of Vlassic dill pickle Kosher spears for \$2.50, two 24 ounce Stop and Shop simply mashed potatoes for \$3 each, two 12 ounce packages of Purdue chicken cutlets for \$2.39 each, bananas for .79 a pound for \$1.87 and a \$1.05 can return for \$17.28 total. I then returned home, and I put away my groceries. Greenwich Avenue seems pretty much back to normal, but they need to clear the snow and ice away at the northwest corner of Greenwich Avenue and Arch Street, so pedestrians can cross the street there more easily. CIO

<888> 02/14/13 Thursday 6:05 A.M.. I ordered <u>Main Daily Deal, 1 Sale A Day Timberland</u> <u>Men's Satin Light Gold Sunglasses with 100% UV Protection</u> for \$12.99 with free shipping. I will now shower and clean up. I will then go downtown for a walk. CIO

<888> 02/14/13 Thursday 5:10 A.M.. <u>NY reactor shut down after pumps fail -</u> <u>GreenwichTime</u>. CIO

<888> 02/14/13 Thursday 5:05 A.M.. Happy Valentine's Day. I woke up at 8 P.M., and I chatted with a relative. I finally woke up at 3:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 02/13/13 Wednesday 3:55 P.M.. I took a 15 ounce can of Chef Boyardee ravioli, and I put it in a microwave proof pot with lid, and I seasoned it with celery salt, ground black pepper, garlic powder, Italian spices, paprika, red cayenne pepper, McIlhenny's

<u>TABASCO.com - the hot, legendary pepper sauce!</u> hot sauce, and Bull's Eye barbecue sauce, and I microwaved it one vegetable cycle. I ate it with a 12 ounce glass of Schweppes Ginger Ale. I picked up the mail. I have my apartment Section 8 apartment inspection on Thursday, February 28, 2013 at 3:45 P.M.. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 02/13/13 Wednesday 3:00 P.M.. I watched Series 1, Episode 6 of "World Without End". CIO

<888> 02/13/13 Wednesday 1:40 P.M. <u>Obama's cybersecurity executive order: What you</u> <u>need to know | ZDNet</u>

KLM Journeys of Inspiration

VisitBritain the better island vacation with British Airways

BBC News - Obama issues cybersecurity order as Congress revives Cispa CIO

<888> 02/13/13 Wednesday 1:20 P.M.. I woke up at 1 P.M.. I ate a few day old muffin. CIO

<888> 02/13/13 Wednesday 11:15 A.M.. I ate 12 ounce of mashed potatoes with Smart Balance Spread and extra virgin olive oil and 7.5 ounces of Hormel beef tips with gravy on top of the mashed potatoes with a 12 ounce glass of <u>http://www.coke.com/</u>. I will now take a nap. CIO

<888> 02/13/13 Wednesday 10:25 A.M.. I chatted with a friend. CIO

<888> 02/13/13 Wednesday 9:40 A.M.. <u>Bridgeport, Conn., Residents Furious They Are</u> <u>Still Snowed In 4 Days Later « CBS New York</u>

List of passable streets in Bridgeport - Weather - Connecticut News

<u>BPTSnow - City of Bridgeport, CT</u> CIO

<888> 02/13/13 Wednesday 9:25 A.M.. I threw out the garbage. I chatted with neighbors. <u>Is Google building its own airport? | Fox News</u>. CIO

<888> 02/13/13 Wednesday 7:45 A.M.. I watched some television.

Kate Middleton and Prince William jet off for Caribbean vacation before birth of first child - NY Daily News

I will now shower and clean up. There is suppose to be black ice out, since it is 28 degrees Fahrenheit, so it is not safe to go downtown for a walk, besides the fact that it is cold out. CIO

<888> 02/13/13 Wednesday 6:25 A.M.. <u>Area has highest concentration of super-rich in</u> <u>U.S. - GreenwichTime</u>. CIO

<888> 02/13/13 Wednesday 6:15 A.M.. I woke up at 4:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed.

I watched the <u>Bank of England</u> Press Conference by <u>BBC News - Bank of England's Sir</u> <u>Mervyn King says recovery in sight</u>. CIO

<888> 02/12/13 Tuesday 8:35 P.M.. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 02/12/13 Tuesday 7:15 P.M.. <u>The CUNARD Grills Experience</u>

I chatted with a relative. CIO

<888> 02/12/13 Tuesday 6:50 P.M.. I ate a 16 ounce Marie Callender beef pot pie and a 12 ounce glass of <u>http://www.coke.com/</u>. CIO

<888> 02/12/13 Tuesday 5:40 P.M.. I woke up at 5 P.M.. I drank a glass of watered down punch. I picked up the mail. CIO

<888> 02/12/13 Tuesday 11:55 A.M.. I will now take a nap. CIO

<888> 02/12/13 Tuesday 11:50 A.M.. <u>Bill Gates talks Windows 8, Steve Jobs, and his giant,</u> <u>80-inch touchscreen | Fox News</u> CIO

<888> 02/12/13 Tuesday 11:35 A.M.. I ate a roast beef and cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and Lays salt and vinegar potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 02/12/13 Tuesday 10:35 A.M.. U.S. Strategic Command - U.S. Cyber Command

Westchester County - AirportMonitor - by Megadata - powered by PASSUR

NASA - NASA-NOAA Satellite Reveals New Views of Earth at Night CIO

<888> 02/12/13 Tuesday 10:25 A.M.. British Antarctic Survey

Scott Polar Research Institute . CIO

<888> 02/12/13 Tuesday 9:55 A.M.. James Bamford - Wikipedia, the free encyclopedia

<u>Welcome to the National Security Agency - NSA/CSS</u> and then there is <u>Computer Science</u> <u>at Yale University</u> snowed in by three foot of snow. CIO

<888> 02/12/13 Tuesday 9:35 A.M.. I chatted with a relative. Abraham Lincoln's birthday today <u>Abraham Lincoln - Wikipedia, the free encyclopedia</u>

National Center for Supercomputing Applications at the University of Illinois

World Wide Web Consortium (W3C)

CERN - the European Organization for Nuclear Research

Le CUI - Centre Universitaire d'Informatique - UNIGE

Welcome to the Dartmouth Computer Science Department

Lawrence Livermore National Laboratory (LLNL)

Oak Ridge National Laboratory

<u>Fermilab</u>

Sandia National Laboratories: Exceptional Service in the National Interest

Los Alamos National Lab: National Security Science

Lawrence Berkeley National Laboratory

PARC, a Xerox company

Stanford School of Engineering | Engineering

MIT EECS

<u>Caltech Computing + Mathematical Sciences</u>

Argonne National Laboratory | Argonne National Laboratory

Brookhaven National Laboratory - A Passion for Discovery

Alcatel-Lucent | At the Speed of Ideas

Cisco Systems, Inc

IBM Thomas J. Watson Research Center

Cambridge University HPC Service CIO

<888> 02/12/13 Tuesday 8:25 A.M.. I will now switch over to the Windows 8 computer which is easier to surf the internet. My primary work computer Internet Explorer 8 web browser is no longer to responsive for surfing the Internet, so I used the Google web browser most of the time. I could try to repair the system using this method <u>http://www.sevenforums.com/tutorials/3413-repair-install.html</u>, but it might be risky. The tenants meeting notes that I got yesterday say this spring, they are going to start issuing parking permits for the tenants.

There is no point in me going downtown to walk around in the slush and the snow, when I am perfectly comfortable at home. Someone else with nothing to do can clear the snow off the benches on Greenwich Avenue. CIO

<888> 02/12/13 Tuesday 7:55 A.M.. Vinci Drive makes police blotter <u>Police blotter -</u> <u>GreenwichTime</u>. CIO

<888> 02/12/13 Tuesday 7:25 A.M.. I threw out the garbage. Things looks like they are getting back to normal here. Yesterday, the building custodian cleaned the snow off the flat roof outside my window. I let a health care worker in the building. He told me a lot of the nurses from the Bridgeport area can not make it down here. He told me Greenwich Avenue is clear.

http://www.nhregister.com/ . CIO

<888> 02/12/13 Tuesday 6:10 A.M.. I will now shower and clean up. CIO

<888> 02/12/13 Tuesday 5:10 A.M.. I woke up at 4 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 02/11/13 Monday 8:45 P.M.. I chatted with a relative. I tried to find something to watch on television to no avail. I chatted with the same relative again. I am feeling tired, so I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 02/11/13 Monday 7:25 P.M.. <u>Some roads may not be plowed till Sunday, state calls</u> <u>for volunteers - GreenwichTime</u> CIO

<888> 02/11/13 Monday 6:35 P.M.. USGS: Volcano Hazards Program - Mount St. Helens

The 20 Best Windows 8 Apps

BBC News - Pope Benedict XVI to resign citing poor health

BBC News - Lift-off for latest Landsat mission

BBC News - Dogs understand human perspective, say researchers CIO

<888> 02/11/13 Monday 6:10 P.M.. I ate a 13 ounce Marie Callender chicken fettuccini dinner with a 12 ounce glass of <u>http://www.coke.com/</u>. One of the main problems with visiting or living down south in the warmer climates in the winter is that one's natural biological clock gets thrown out of whack compared to staying up north all winter. CIO

<888> 02/11/13 Monday 5:30 P.M.. I woke up at 5 P.M.. I checked the mail, but I did not get any. I chatted with a friend. CIO

<888> 02/11/13 Monday 11:20 A.M.. I ate a roast beef and cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and Lays salt and vinegar potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. I will now take a nap. CIO

<888> 02/11/13 Monday 10:25 A.M.. <u>\$44.45 with free shipping Amazon.com: MIDLAND</u> WR300 Weather Radio: Electronics

I bought <u>Oregon Scientific WR3000 Weather Radio All Harzards NOAA Cert | eBay</u> for \$9.99 and \$6 shipping for \$15.99 total. CIO

<888> 02/11/13 Monday 9:10 A.M.. I threw out the garbage. I moved my Audi closer to my building to a cleared parking spot. The rain is washing away a bit of the snow build up. I chatted with a neighbor and the building custodian.

These are available <u>Oregon Scientific WR608 Emergency Alert NOAA Weather Radio</u> <u>with SAME</u> and slightly cheaper on <u>http://www.ebay.com/</u>. Best deal at the moment seems here <u>Amazon.com: Oregon Scientific WR608 Desktop NOAA: Home & Kitchen</u> . However, I am not sure if we get the NOAA weather radio signal works around here anymore. My older Radio Shack model does not seem to work in the bedroom. I guess they have APPS for it on Iphones and Ipads. CIO

<888> 02/11/13 Monday 8:10 A.M.. I made 107 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 1 Episode 4 of "Warehouse 13". CIO

<888> 02/11/13 Monday 5:45 A.M.. I will now shower and clean up. I will then make cigarettes. CIO

<888> 02/11/13 Monday 4:00 A.M.. I woke up at 3 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed.

Town of Greenwich Message:

This is the final update on the winter storm from the Town of Greenwich Emergency Operations Center. Today is Sunday, February the 10th.

While the statewide State of Emergency remains in effect and a federal state of emergency has been declared in Connecticut, the statewide travel ban has been rescinded and the Greenwich Snow Emergency, declared by the Town of Greenwich Board of Selectmen on Friday, has been lifted effective at 8:00 am this morning.

Residents are reminded of the following:

- While local road conditions are generally passable and improving everyone should exercise caution when driving. Furthermore, significant portions of roadways in other parts of the state remain treacherous. Please consider this if you are contemplating travel especially to locations east of Greenwich.
- Overexertion from lifting heavy snow can be dangerous especially for those unused to strenuous physical activity. Heart attacks from snow shoveling are a real danger. Don't forget to take frequent breaks and drink plenty of water when shoveling.
- Warmer temperatures and rain are forecast for tomorrow. Localized flooding of streets near clogged storm drains is possible and weight loading from accumulated snow and trapped rain on roofs especially flat roofs may be a concern. To the extent it is safe to do so, residents should attempt to clear downspouts and roof drains on flat roofs.
- Residents should ensure that low vents around their homes are clear of accumulated snow. Blocked vents especially gas dryer vents can cause an unsafe buildup of carbon monoxide.
- Residents who are able to do so safely, are asked to clear snow from fire hydrants on or around their property. In an emergency, providing firefighters quick access to hydrants may be vitally important.

Town of Greenwich Public Works crews will continue working throughout the day and night to clean and dress roads and sidewalks for the opening of business on Monday. Local public safety operations have returned to normal with the exception of Greenwich EMS which currently has ambulance and paramedic supervisor units committed to mutual aid operations in the Town of Fairfield and City of Bridgeport. The Town of Greenwich Emergency Operations Center will discontinue operations effective at 4:00 pm today.

Thank you all for helping Greenwich's Public Safety team to keep everyone safe.

Capt. Mark Kordick Commander - Operations Division Greenwich Police Department

End of Message: CIO

<888> 02/10/13 Sunday 11:15 P.M.. I woke up twice, and I chatted with a friend. I also chatted with a relative. I finally woke up at 9 P.M.. I watched <u>http://www.pbs.org/</u> channel 13 series 3 episode 4 of "Downton Abby". I will now eat 12 ounces of Hormel pinta noodles and broccoli and five cheese mixture and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 02/10/13 Sunday 1:35 P.M.. I chatted with a relative. I ate 12 ounces of mashed potatoes with 8.5 ounces of Tyson pot roast and gravy with Smart Balance Spread and extra virgin olive oil and a 12 ounce glass of <u>http://www.coke.com/</u>. I will now take an after Sunday dinner nap. CIO

<888> 02/10/13 Sunday 12:05 P.M. Another time, I drove through a blizzard was around December 1967, I drove in my 1967 http://www.ford.com/ Mustang convertible from Wellesley, Massachusetts across Route 2 and up to Stratton Mountain Ski Resort, Vermont, New England - Official Site, and I met up with The Taft School classmates for winter wonderland partying. We did not have any place to stay, so we found a skier's bunk house at a nearby ski resort, where it was \$5 a night to stay. The 1967 Mustang convertible with Firestone wide oval tires was light in the rear end, so it did not handle very well on snow. However, I used to be a very good driver on snow in the old days, when gasoline was cheap and plentiful. I do not ever recall getting stuck in a snow storm driving down or back from Florida. I generally do not pay any attention to anything between Greenwich, Connecticut and Florida when driving back and forth, since it is expensive to get off the highway. However, Philip Morris USA use to have a discount cigarette outlet next to their factory on the north side of Richmond, Virginia right off Interstate 95. There was also a Holiday Inn Hotels & Resorts | Book Hotel Rooms & Hotel Accommodations at that location which was about half way to Florida which was convenient for a night's stay, if one had the money to get off the highway. However, once one gets to Florida it is a very long state, so one still might have hundreds of miles to go to one's destination. It is 504 to 565 miles from Jacksonville, Florida to Key West, Florida, but one can drive along slowly along A1A along the ocean if one has the time and enjoy all of the beach front scenery which helps one adjust to Florida. In the mid 1970s, there were so many French Canadians that owned property in Florida along the Atlantic Ocean, the most popular sign along the beach was "Nous Parlons de Francais", which means "We Speak French". However, along Interstate 95 from Charlestown, South Carolina to Jacksonville, Florida, the road goes through a lot of swamps Okefenokee Swamp - Wikipedia, the free encyclopedia, and I always worried that if one got a flat tire along that stretch of road and got out to fix the tire, an alligator might come out of the drainage ditches along both sides of the road and attack one particularly at night. CIO

<888> 02/10/13 Sunday 11:20 A.M.. I threw out the garbage and the old periodical literature. I guess I have to wait until Spring, until I go downtown again. Normally a day or two after a major snow storm, the Greenwich Public works department suspends parking downtown at night, and they come in with front end loaders and dump trucks and steal all of the snow off Greenwich Avenue and dump it along the waterfront at Grass Island. The EPA will now allow them to dump the snow into Long Island Sound. CIO <888> 02/10/13 Sunday 10:15 A.M.. <u>\$130 with free shipping New Snow Joe Ultra SJ620 13</u> Amp Electric Snow Blower | eBay

http://www.westminsterkennelclub.org/

I will now shower and clean up. CIO

<888> 02/10/13 Sunday 9:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 02/10/13 Sunday 8:40 A.M.. I woke up at 7:30 P.M.. I did some computer maintenance.

I was thinking with the Blizzard that wildlife in the area might be displaced, so for all I know there might be packs of wolves roaming the area.

Also the news said that with the rain expected tomorrow with the heavy snow on roofs of buildings, there could be roof collapses particularly with big box stores with flat roofs. CIO

End of Scott's Notes week of 02/10/13:

<888> 02/10/13 Sunday 4:55 A.M.. Dutch Put Electric Cars to the Test - NYTimes.com

Ronald Reagan Presidential Foundation and Library: Email - Did You Know You Could Have Your Next Event at the Reagan Library? Call Us Today for More Information!

I will now send out my weekly notes. I will then eat a day old muffin. I next will go back to bed. CIO

<888> 02/10/13 Sunday 4:30 A.M.. <u>BBC News - Scottish independence: David Cameron</u> <u>launches defence of UK</u> CIO

<888> 02/10/13 Sunday 4:00 A.M.. <u>Stamford Motorsports : Stamford Connecticut</u> <u>Snowmobile Dealer</u>

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<u>NPS: Explore Nature » Air Resources » Air Quality Webcams » National Mall & Memorial Parks</u>

Footage of giant panda birth at the Smithsonian's National Zoo - YouTube

White House Web Cam - Live

Launch Code Authorization

United States Cyber Warfare Command and Control System

Carnival kicks off in Brazil, Bolivia - GreenwichTime CIO

<888> 02/10/13 Sunday 3:10 A.M.. According to the Weather Channel <u>National and Local</u> <u>Weather Forecast, Hurricane, Radar and Report</u> in this area, a lot of the four wheel drive vehicles have been getting stuck in the over two feet of snow in the nearby areas. These might make it through <u>Navistar - Global Portfolio - Products - Defense</u>.

When I was at Albertville, France for the Winter Olympics in 1992, I was driving around in a mini Peugeot <u>Accueil Peugeot.com - Peugeot Motion & Emotion</u> in six inches to a foot of snow <u>208 - Voitures Peugeot - Peugeot Motion & Emotion</u>. Possibly smaller vehicles since they have less weight and front wheel drive can make it through a bit of snow.

Prison Planet.com » Is George W. Bush Depressed?

Some people in the winter for lack of sun get Seasonal Affective Disorder <u>NAMI | Seasonal</u> <u>Affective Disorder (SAD)</u>. A bit of daylight and sunlight is a good cure. Of course one could always go on vacation in the tropics <u>Mt Irvine</u>. CIO

<888> 02/10/13 Sunday 2:10 A.M.. I woke up at 1 A.M.. I ate 12 ounces of Hormel pinta with broccoli and five cheeses and a 12 ounce glass of Schweppes Ginger Ale.

Some blizzards I have been in come back to mind. Back in 1968, when I was looking at colleges, I drove with my father in a blizzard from Wellesley, Massachusetts across the state to interview at Hamilton College in Clinton, New York. I recall driving in about two feet of snow across the Massachusetts turnpike. Back in December 1978, on my first return trip from California with a friend, we drove from Salt Lake City east through the Rocky Mountains on Interstate 70 in a 1971 Subaru station wagon through blizzard and avalanche conditions. There were no rest areas along the way, just one general store as I recall. When we got to Vail, Colorado, we could not find any place we could afford to stay, so in Dillon, Colorado, I found a Sears tire dump, and I retrieved two Continental snow tires with studs that I had a Amoco station in Vail put them on the Subaru for about \$5. We then drove across Eisenhower pass into the Denver area. We rested for a day at Denver airport, and then drove across the Great Plains in an ice storm. In Russell, Kansas,

a radiator hose broke, and a all night garage replaced the radiator hose for about \$20. We drove across more ice and in Tulsa, Oklahoma, when I stopped to visit a relative, we were not received, and the relative gave us a little money and we drove through flooding in Arkansas and Louisiana and tornado warnings across Mississippi and North Florida and Hurricane warnings when we got down to Key West. After resting a few days, we drove to Daytona to visit my friend's sister, and then back up to the New York City area for Christmas. America has lousy weather once you start traveling around. CIO

<888> 02/09/13 Saturday 5:15 P.M.. I ate 12 ounces of mashed potatoes with 8.5 ounces of Tyson pot roast and gravy with Smart Balance Spread and extra virgin olive oil and a 12 ounce glass of <u>http://www.coke.com/</u>. I will now shut down the primary work computer, and I will go to bed.

One of my medical problems is that from having grown up in a somewhat affluent family, I was used to always moving around frequently traveling. After the years of poverty and isolation in Nantucket, I got use to not going anywhere most of the time. It is suppose to go down to 9 degrees Fahrenheit tonight and this coming morning. CIO

<888> 02/09/13 Saturday 4:25 P.M.. I went outside, and I checked the local environment. There is no mail delivery today, because of the blizzard. CIO

<888> 02/09/13 Saturday 3:50 P.M.. <u>Blizzard leaves state snowbound - GreenwichTime</u> . CIO

!!!!!! <888> 02/09/13 Saturday 3:10 P.M.. Loader (equipment) - Wikipedia, the free encyclopedia . CIO

<888> 02/09/13 Saturday 3:00 P.M.. I chatted with a friend who lives on the waterfront in East Fairfield beach, and he has three feet of snow along the waterfront, and is stuck at home. I chatted with a friend in Melville, Long Island, and he has 2.5 feet of snow and is stuck at home. CIO

<888> 02/09/13 Saturday 2:35 P.M.. To translate New York English into Connecticut English. The Town of Greenwich, Connecticut employs a lot of Connecticut people whom work here and live to the east of us in Connecticut, where there was up to three feet of snow. Thus until the residents of Connecticut to the east of us whom work here are able to move around, the Town of Greenwich will not be fully staffed, so any New Yorkers expecting full services in Greenwich, Connecticut might have to wait until earlier next week.

I chatted with a relative. CIO

<888> 02/09/13 Saturday 1:15 P.M.. Town of Greenwich message:

Good afternoon. This is an update on the winter storm from the Town of Greenwich Emergency Operations Center. Today is Saturday, February 9th.

While the snowfall has stopped and Greenwich was certainly not hit with the accumulation amounts that have devastated much of the state east of here, many local roads remain dangerous and the Governor's statewide travel ban remains in effect. Greenwich Public Works crews need to work for several more hours and it will be later this evening at least before any sort of normal roadway conditions exist.

Residents are reminded of the following:

- Stay safely at home. Staying off the roads facilitates quicker cleanup for road clearing crews and enables emergency responders to move about more quickly and more safely.
- The Town of Greenwich Snow Emergency declared by the Board of Selectmen yesterday remains in effect. Vehicles must not be parked on Snow Emergency streets. Vehicles displaced from Snow Emergency routes can be parked in any offstreet municipal parking lot. Any vehicle left on a Snow Emergency street is subject to ticketing and immediate towing.
- Make sure that low vents around your home especially gas dryer vents are clear of snow. Blocked vents can cause dangerous levels of Carbon Monoxide to build up in a home or other building.
- As residents work to shovel themselves out, it is important for everyone remain mindful of the fact that snow must not be shoveled or plowed onto public streets and sidewalks. Not only is it discourteous to your neighbors, putting snow on the road is unlawful and violations are vigorously enforced by the police department. If you hire a snow plowing contractor, please make sure that they comply with this legal requirement.
- Residents who have fire hydrants on or near their property are asked to shovel them out if they are healthy and physically able to do so. Firefighters will not shovel out fire hydrants except in cases of emergency.

No significant power outages have been reported and as the weather improves throughout the day, we are not anticipating any wide-scale problems with utility service.

The Town's Emergency Operations Center remains open and is actively coordinating townwide cleanup efforts.

This message will only be updated again in case of emergency or should conditions or circumstances suddenly change.

Thank you all for helping Greenwich's Public Safety team keep everyone safe.

Capt. Mark Kordick Commander - Operations Division Greenwich Police Department

End of Message: CIO

<888> 02/09/13 Saturday 12:50 P.M.. I threw out the garbage. The snow plow was here again, but there were not anymore free parking places to clear out yet. About half the cars in the parking lot are still snowed in. The ice skating rink parking lot on the back side of the building has been plowed out. I am not sure about the conditions of the local roads, but other cars are coming and going from this location. If I were to go out, I would lose my cleared parking place, so I will stay in the for the next few days. I have nothing to do downtown except clean off the benches, and I figured the younger generation can do that once they get bored of sitting around Starbucks. CIO

<888> 02/09/13 Saturday 11:50 A.M.. <u>Bloomberg Builds an Empire in London -</u> <u>NYTimes.com</u>.

<u>New York City Restaurants, New York City Menus, Ratings, Reviews, NYC Restaurants</u> <u>Guide</u>

I will now shower and clean up. CIO

<888> 02/09/13 Saturday 11:15 A.M.. I put the Lenovo bluetooth laser mouse in a plastic bag with its packaging, and I placed it behind the <u>http://www.harvard.edu/</u> chair in the living room. I have two friends one in Bridgeport and one in Melville, Long Island that might have over 30 inches of snow. I chatted with a friend. CIO

<888> 02/09/13 Saturday 10:30 A.M.. <u>How much snow did we get? - Weather -</u> <u>Connecticut News</u>

Blizzard leaves state snowbound - GreenwichTime . CIO

<888> 02/09/13 Saturday 10:25 A.M.. I woke up at 8 A.M.. I bundled up warmly, and I went outside. I cleaned about a foot of snow off my Audi. I then was able to rock and roll it out of its snow blocked parking place, and I put it in a cleared parking place. I rested a bit. I chatted with a relative. The Oregon Scientific weather station is now working again showing the temperature outside. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. I was told there is up to three feet of snow in Bridgeport and New Haven, Connecticut. CIO

<888> 02/09/13 Saturday 4:15 A.M.. I will now shut down the primary work computer, and I will go back to bed soon. CIO

<888> 02/09/13 Saturday 2:55 A.M.. I sautéed a 11 ounce top round London Broil medium rare, and I ate it with Lea and Perrins Worcestershire sauce and Bulls Eye barbecue sauce and steamed baby carrots cut lengthwise into quarters and broccoli crowns and sliced potatoes with Smart Balance Spread and extra virgin olive oil and a 12 ounce glass of Dr. Pepper and a cup of green tea with Sweet and Low sweetener and Stop and Shop lemon juice. CIO <888> 02/09/13 Saturday 1:50 A.M.. The Lenovo bluetooth laser mouse does not work with my IBM ThinkCentre Windows 8 computer. I can not figure out why now. I put away the laundry. CIO

<888> 02/09/13 Saturday 12:45 A.M.. <u>Compare Internet Providers, Cable & Satellite |</u> <u>Broadband Expert</u>

Mary (queen of Scotland) -- Britannica Online Encyclopedia

US north-east battered by 'historic' snowstorm

BBC News - Dinosaur extinction: Scientists estimate 'most accurate' date

BBC News - Hacker exposes ex-US President George H W Bush emails CIO

<888> 02/09/13 Saturday 12:25 A.M. Solar Storm Warning:

A solar megastorm,expected to hit Earth in the near future,could knock out the planets communication satellites,cause power cuts and disrupt crucial navigation aids and aircraft avionics,experts have warned. The extreme space storm is caused by the Sun ejecting billions of tonnes of highlyenergetic matter travelling at 1609344 kilometres per hour. However,engineers say it is impossible to predict more than about 30 minutes before it actually happens,The Independent reported. Such solar superstorms are estimated to occur once every 100 or 200 years,with the last one hitting the Earth in 1859.Although none has occurred in the space age,we are far more vulnerable now than a century ago because of the ubiquity of modern electronics,engineers said. The general consensus is that a solar superstorm is inevitable,a matter not of if but when, says a report into extreme space weather by a group of experts at the Royal Academy of Engineering in London. There have been a number of near misses in the past half century,when an explosive coronal mass ejection of energetic matter from the Sun narrowly bypassed the Earth.A relatively minor solar storm in 1989 knocked out several key electrical transformers in the Canadian national grid,causing major power blackouts.

End of Warning:

I have 50 minutes to go on two dry cycles.

There is over 6 inches of snow on the cars in front of the building, but the picnic tables in the rear of the building have about a foot of snow on them. CIO

<888> 02/09/13 Saturday 12:05 A.M.. Town of Greenwich Message:

This is an update on Winter Storm Nemo from the Town of Greenwich Emergency Operations Center. Today is Friday, February 8th.

The storm continues to roll into our area and a blizzard warning remains in effect across Connecticut until 1:00 pm tomorrow. Governor Malloy has declared a statewide state of emergency and effective at 4:00 pm today ordered limited access highways like I-95 and the Merritt Parkway closed. The governor also issued a moratorium on non-essential vehicle travel. Locally, the Greenwich Board of Selectmen has declared a Snow Emergency and as such vehicles parked on posted Snow Emergency streets are subject to ticketing and immediate towing. Vehicles displaced from Snow Emergency streets can be parked in any off-street municipal parking lot.

Snow is forecast to continue all night, remaining very heavy until daybreak Saturday. Winds will pickup as the snow tapers off and we expect especially windy conditions tomorrow. The storm surge danger seems to be lessening with tide predictions currently at 3 to 5 feet above normal. That's said, residents in costal or low-lying areas should remain vigilant for the possibility of flooding especially at the times of high tide. High tides will occur in Greenwich just before 10:00 pm tonight and again just after 10:00 am tomorrow morning.

Temperatures are predicted to drop well below freezing around 1:00 am and cause accumulated precipitation to freeze. Driving will become extraordinarily dangerous. No power outages have yet occurred in Greenwich but are a possibility as frozen precipitation on trees and power lines becomes affected by the increasing winds into tomorrow. If your home loses power, please remember it is unsafe to run a generator indoors or inside a garage, even with the garage door open. A stove or oven should never be used for heat. If you lose heat and need assistance, feel free to call the police department's Public Safety Dispatch Center at 203-622-8000 for help.

The Town of Greenwich Emergency Operations Center is open and will remain so until the storm passes. The Town's Public Safety and Public Works departments will remain fully staffed throughout the event and are capable of handling any emergency situation that should arise. This incident will pass and until then it would be a great help to snow removal crews and emergency responders if people stayed safely indoors.

This message will be updated from the Emergency Operations Center throughout the storm as warranted. Until then, avoid travel, keep warm and take this opportunity to enjoy a wintry New England evening safely at home.

Capt. Mark Kordick Commander - Operations Division Greenwich Police Department

End of Message: CIO

<888> 02/08/13 Friday 11:45 P.M.. I put clean linens on the bed. I have 25 minutes go on two wash cycles. I watered the plants. CIO

<888> 02/08/13 Friday 10:55 P.M. <u>CL-P Outage Map</u>. CIO

<888> 02/08/13 Friday 10:50 P.M.. I woke up at 10:30 P.M.. CIO

<888> 02/08/13 Friday 4:40 P.M.. The order with <u>UPS: Tracking Information</u> on the order for

http://shop.lenovo.com/SEUILibrary/controller/e/web/LenovoPortal/en_US/catalog.workfl ow:item.detail?GroupID=460&AID=10499647&PID=1260291&SID=d2b.AZAJQ738NU77 8NFXRFQJ2L58RS&CJURL=http%3A%2F%2Fshop.lenovo.com%2FSEUILibrary%2F controller%2Fe%2Fweb%2FLenovoPortal%2Fen_US%2Fcatalog.workflow%3Aitem.det ail%3FGroupID%3D460&Code=57Y6464&category-

id=3FB2CEB78A0F49D18148731559AF4603&PUBNAME=Deals2Buy+--

<u>+Spectrawide+Inc.%2C&NID=CJ</u> less \$26 with coupon code "USP1FE416464" and .89 tax for \$14.88 total with free shipping arrived. CIO

<888> 02/08/13 Friday 4:05 P.M.. I ate a 16 ounce Marie Callender sweet and sour chicken dinner with a 12 ounce glass of Canada Dry Ginger Ale.

My Oregon Scientific outside remote for the weather station has quit working. I put two new alkaline batteries in the remote when I removed the living room air conditioner in the end of October 2012. I have a new replacement weather station if it is not the batteries, but obviously I can not install it in very cold weather easily which would involve removing the screen and opening the window for a while. I will now take a nap. CIO

<888> 02/08/13 Friday 3:30 P.M.. I chatted with a relative. CIO

<888> 02/08/13 Friday 3:15 P.M.. Starbucks on Greenwich Avenue closed at 1:30 P.M.. People are not suppose to drive in Connecticut after 4 P.M.. today.

ConnDOT: I-95 Stamford Area web cams

Greenwich, Connecticut Interstate 95 web cam <u>ConnDOT: CCTV# 4 Greenwich NB Exit 3</u> - Arch St. CIO CIO

<888> 02/08/13 Friday 3:00 P.M.. I went downstairs, and I chatted with neighbors. There is about two to three inches of snow so far. CIO

<888> 02/08/13 Friday 2:50 P.M.. <u>Prison Planet.com » Bilderberg 2013 Secret Location</u> <u>Uncovered?</u> CIO

<888> 02/08/13 Friday 2:35 P.M.. <u>http://www.nantucket.net/</u> currently has rain. CIO

<888> 02/08/13 Friday 2:25 P.M. Prime Minister of Canada / Premier ministre du Canada

Ottawa Weather Forecast and Conditions - weather.com .

Winter Storm Nemo: Live Updates - weather.com CIO

<888> 02/08/13 Friday 1:10 P.M.. I chatted with a relative. It is 80 degrees Fahrenheit in Vero Beach, Florida <u>Vero Beach, Florida 7-Day Forecast for Latitude 27.72°N and Longitude 80.46°W (Elev. 20 ft)</u>.

<u>Vero Beach, Florida, a beautiful coastal town in central Florida including Sebastian and all of Indian River County - VeroBeach.com</u>

John's Island Club

I will now shower and clean up. CIO

<888> 02/08/13 Friday 12:40 P.M.. I think the well water in the Florida Keys is high in Coral Calcium <u>Coral calcium - Wikipedia, the free encyclopedia</u> which might have health benefits. However, most of the water in the Florida Keys comes from the pipe line from Miami, so it is not the local water. As I recall, the Key West Police Station and Hemingway's house had well water. The local Florida Key water might also have <u>Hyaluronan - Wikipedia, the free encyclopedia</u> like in Okinawa <u>Okinawa Prefecture -</u> <u>Wikipedia, the free encyclopedia</u>. I chatted with a friend. CIO

<888> 02/08/13 Friday 12:10 P.M.. You could have been here <u>Live Duval Street Web Cam</u> in Key West, Florida :: Sloppy Joe's Bar :: . CIO

<888> 02/08/13 Friday 11:45 A.M.. I woke up at 10:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 02/08/13 Friday 4:15 A.M.. I will now shut down the primary work computer, and I will eat a muffin, and then I will go to bed. CIO

<888> 02/08/13 Friday 4:00 A.M.. If any Big Buck People want to escape the Blizzard of 2013 in this area, <u>NetJets: Fractional Private Jet Ownership. USA, Europe & China</u> might still have a jet at Westchester Airport. The only friend outside the country I have heard from recently is Tony Pigato of the Brazilian Tourist Authority from Sao Paulo, Brazil, but I can not afford to fly down there. CIO

<888> 02/08/13 Friday 2:55 A.M.. There might be covered parking underneath the new CVS at West Putnam Avenue and Weaver Street, but I am not sure whether it is left opened to the general public or not. CIO

<888> 02/08/13 Friday 2:35 A.M.. <u>Classic Down Parka | Eddie Bauer \$60 with free</u> shipping with coupon code "PACIFIC"

Clearance Clothing, Outerwear & Gear | Eddie Bauer CIO

<888> 02/08/13 Friday 1:45 A.M.. <u>Morton Salt | "When It Rains It Pours®"</u> also has an island in the Bahamas. CIO

<888> 02/08/13 Friday 1:30 A.M.. <u>Jeep Chrysler Dodge City - Greenwich, Connecticut</u> 06830 is across the street from me on West Putnam Avenue in Greenwich, Connecticut 06830 U.S.A.. CIO

<888> 02/08/13 Friday 1:20 A.M.. I no longer own a <u>St. Bernard - Bing Images</u>. CIO

<888> 02/08/13 Friday 1:15 A.M.. I once read that somebody from Bedford, New York sells snow shoes. Two Norwegians I met about 25 years ago at Westchester airport during a blizzard were from Macarthur airport out on Long Island, and they had a Norwegian off shore oil platform helicopter good for flying around in blizzards. Northrop Grumman <u>Northrop Grumman Corporation - The Value of Performance</u> makes New York City buses out on Long Island, but <u>Navistar</u> makes garbage trucks and other heavy duty vehicles. <u>Bombardier Inc. - Bombardier</u> makes cold weather jets. I think they have an office at Westchester County airport. The <u>His Highness the Aga Khan's 76th Birthday -</u> <u>Mowlana Hazar Imam's 76th Birthday - December 13, 2012 Salgirah Khushiali Mubarak!</u> owns one of their jets. He also owns a private island in the Bahamas. CIO

<888> 02/08/13 Friday 12:45 A.M.. I ate four scrambled eggs with four strips of fried bacon and a toasted English muffin with olive oil and a 12 ounce glass of Dr. Pepper and a cup of coffee with sweet and low sweetener and milk. When I used to live in Manhattan, I frequently covered the Chelsea area of Manhattan where the New York City Sanitation department keeps their garbage trucks and the Metropolitan Transit Authority keeps their buses in the large building along the docks along the Hudson River. The local pubs in the area have a number of the employees after work. In the old days, one could park in that neighborhood without too much trouble in the daytime compared to Midtown Manhattan.

:: <u>PETE'S TAVERN</u> :: was fun to visit, the few times I had money. They have a most excellent Bloody Mary and their hamburgers are delicious. CIO

<888> 02/07/13 Thursday 11:20 P.M.. <u>When Did Humans Come to the Americas? | Science & Nature | Smithsonian Magazine</u>

<u>Global Volcanism Program | Volcanic Activity Reports | Smithsonian / USGS Weekly</u> <u>Volcanic Activity Report |</u>

<u>Ronald Reagan Presidential Foundation and Library: Email - Ronald Reagan: The Notes</u> <u>Gift Set Only \$59.95-Limited Time Offer!</u>

<u>Strategies for Choosing the Right Email Protection -- Microsoft Certified Professional</u> <u>Magazine Online</u>

British Invasion

BBC News - Earliest placental mammal ancestor pinpointed

BBC News - Sockeye salmon 'sense magnetic field of home'

BBC News - Breakthrough in world's oldest undeciphered writing CIO

<888> 02/07/13 Thursday 10:20 P.M.. Town of Greenwich Message:

This is Greenwich First Selectman Peter Tesei with an important message concerning a potentially dangerous weather event arriving in our area tomorrow. Today is Thursday, February 7th.

A significant snow event is forecast to arrive in Greenwich on Friday and continue into the weekend. Snowfall totals of 6 to 12 inches are likely and accumulations of up to 24 inches are considered possible between noon on Friday and the afternoon hours on Saturday. Overnight travel will be especially treacherous Friday evening. Winter weather warnings and travel advisories have been issued.

There is a possibility of localized flooding in coastal and low-lying areas. Flooding potential will be greatest at the times of high tide with a storm surge currently predicted to be at least 6 feet and perhaps as many as 9 feet above normal. Strong winds will accompany this event and the snow from this storm will be wet and heavy. Power lines may be affected. Residents should be prepared for both the possibility of flooding and temporary power outages.

The Town's Emergency Operations Center has been activated for this event and all appropriate municipal departments are preparing equipment and adding additional staff to be ready for this storm and its aftermath. The Town of Greenwich Board of Selectman has declared a Snow Emergency effective at 12:00 Noon on Friday February 8th continuing into Saturday at least. Vehicles are not permitted to be parked or otherwise remain standing or stationary on posted Snow Emergency routes during a snow emergency. Vehicles not in compliance are subject to ticketing and immediate towing. Offstreet municipally-owned parking lots can be used for parking vehicles displaced from Snow Emergency routes.

In anticipation of this storm, Greenwich Public Schools will close three (3) hours early on Friday. This will not be a standard two-hour early dismissal, but a three (3) early closing. A schedule of individual school closing times has been posted on the Greenwich public schools website at Greenwichschools.org.

All residents should take the opportunity to prepare for this storm by making a plan to get home early on Friday and to remain safely indoors until the storm passes. Everyone should take the opportunity to check and refresh their family's emergency kit.

If you want to hear this message again now, follow the instructions at the end of this recording. If you want to review this message later, you can call the Greenwich Police Department's non-emergency number at 203-622-8000 and then either dial #8 or follow the automated voice prompts to listen to the recorded community event message.

This message will be updated from the Emergency Operations Center throughout the storm as warranted.

End of Message: CIO

<888> 02/07/13 Thursday 10:15 P.M. I will explain how Fred Von Mierers real name "Fred Meyers" came up with a pound of marijuana on Nantucket in July 1975. When I first met Fred Von Mierers in October 1973 at Le Jardin discothèque in Manhattan, he had a lot of Social Register friends. The following week he was pictured in the society column of Eugenia Shepard of New York Post shaking hands with Nelson Rockefeller, so became a small time celebrity. One of Fred's best friends was Adam Ginowsky who was a Polish Count with a medical degree from http://www.oxford.edu/ in England. Adam lived with Barbara Rockefeller at her town house on East 67th street between Fifth Avenue and Madison Avenue. I visited there a number of times with Fred. Adam was a research fellow at http://www.rockefeller.edu/ over on the East Side of Manhattan. He had a United States Government grant to study the effects of marijuana on people. The marijuana for the research project came from a top secret U.S. Government location where it was grown for research purposes. All I can figure out is that Adam was going to have Fred do some research out on Nantucket, possibly using some of the local people for guinea pigs. Since Fred lived in a high security http://www.un.org/ neighborhood in Manhattan, more than likely there were other people in the area involved in the project. A number of times when I visited Rockefeller University, there were special events going on including receiving the ground princess of Belgium who was a world renown psychic. Since Rockefeller University had a number of Nobel Laureates on their campus, more than likely their research was high level. One would have to research their archives to see if Adam Ginowsky ever published any papers on the marijuana research project. The library at Rockefeller University is full of Chinese medical books from the early 20th century, and Fred Von Mierers in later years was heavily involved with holistic medical practices like Prince Charles. CIO

<888> 02/07/13 Thursday 9:35 P.M.. I woke up at 9:15 P.M.. CIO

<888> 02/07/13 Thursday 5:10 P.M. <u>Blizzard Warning National Weather Service Watch</u> <u>Warning Advisory Summary</u>. CIO

<888> 02/07/13 Thursday 5:05 P.M.. I picked up the mail. I will now take a nap. CIO

<888> 02/07/13 Thursday 4:05 P.M.. I made 163 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 4 Episode 3 of "Poirot". CIO

<888> 02/07/13 Thursday 2:00 P.M.. I ate a ham and cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise, Italian spices, ground black pepper, hot horseradish, olive oil and two one eighth inch thick slices of a Bermuda onion with a cup of potato salad and a 12 ounce glass of Canada Dry Ginger Ale. I will now make cigarettes. CIO

<888> 02/07/13 Thursday 12:55 P.M.. I went out, and I threw out the garbage. I went downtown, and I sat out briefly. I used the bathroom at the Senior and the Arts Center. I chatted with a regular. I then went by the Greenwich Library, and I chatted with two patrons and a staff member. I then went by the Stop and Shop. I bought a four pack of day old muffins for \$2, a six pack of Stop and Shop English muffins for \$1.69, a 7 ounce package of Stop and Shop deli Swiss cheese for \$3.59, a 7 ounce package of Stop and Shop deli roast beef for \$2.50 each, a 14 ounce Marie Callender meat loaf dinner for \$2, a 13 ounce Marie Callender chicken fettuccini dinner for \$2, a 16 ounce Marie Callender sweet and sour chicken dinner for \$2, a 24 ounce package of Bob Evans mashed potatoes for \$3.99, a 17 ounce Hormel pot roast dinner for \$3.99 and bananas for .79 a pound for \$1.99 for \$34.34 total. I then returned home, and I put away my groceries. I chatted with a relative. CIO

<888> 02/07/13 Thursday 9:30 A.M.. I will now shower and clean up. I will then throw out the garbage. I will then make a food run. CIO

<888> 02/07/13 Thursday 8:55 A.M.. I woke up at 7:45 A.M.. I am feeling better today, but I still have a bit of a cold. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 02/07/13 Thursday 12:30 A.M.. <u>Connecticut Postings » Things to do to prepare for</u> the snowstorm

Worse case scenario here, in a 20 inch blizzard, we might lose electrical power for an extended period of time, so be prepared for that. There is still time to buy batteries at the two 24 hour <u>http://www.cvs.com/</u> stores in Greenwich,

Connecticut. <u>http://www.costco.com/</u> in nearby Port Chester, New York always has the largest supply of batteries. I will now shut down the primary work computer, and I will go eat a day old muffin, and I will go to bed soon. CIO

<888> 02/07/13 Thursday 12:10 A.M.. The person that will probably make a lot of money cleaning up a blizzard in the New York City area will be <u>Wayne Huizenga - Wikipedia, the free encyclopedia</u> and <u>Waste disposal, Collection and Removal, Recycling Centers | Waste Management</u>.

For any Canadians who might run into trouble, there is a emergency toll free number up in Canada at 1-613-996-8885.

I called up <u>Key West Hotels- Florida Keys Luxury Resort- Casa Marina A Waldorf Astoria</u> <u>Resort</u> to keep an eye out for refugees.

On this it looks like two storms converging <u>NRL Satellite Page</u> CIO

<888> 02/06/13 Wednesday 11:20 P.M. 7-Day Forecast for Latitude 41.07°N and Longitude 73.65°W and National Weather Service Watch Warning Advisory Summary . There is still time to escape to Key West Hotel | Florida Keys Oceanfront Resort - Best Western Key Ambassador. They are calling for 20 inches of snow in Greenwich, Connecticut U.S.A.. In the old days when there was extreme cold weather in Manhattan with temperatures to minus 26 degrees Fahrenheit in February 1982, when Cable TV was first being introduced into Manhattan, they use to run the movie Doctor Zhivago (film) -Wikipedia, the free encyclopedia 24 hours a day. Back around Christmas time in 1973, when I picked George Cary up at Newark airport, we visited his grandfather Jay Coogan in Gladstone, New Jersey and on the way back in a blizzard, I broke a fan belt on my Volvo, and we found a snow mobile shop in Far Hills, New Jersey where the http://www.forbes.com/ lived to fix the fan belt. Then we drove into Manhattan to a big party at Fred Von Mierer's girl friend Sonja Van Voorhes family's big Park Avenue apartment. Lots of friend were there including my youngest sister and her new husband even Jimmy Eldert was there, so he go to know some of my friends. I think after the party George Cary and I drove in the blizzard out to my family's in mid country Greenwich, and as I recall there was no heat, but George did not notice, since he was from Buffalo, New York. That was during the beginning of the Arab Oil embargo. The warmest place in Manhattan to be is the New York Luxury Hotels | Home | The Waldorf Astoria New York Hotel if the Saudi Arabia flag happens to be flying with the U.S.A. flag at the front of the building. I have seen blizzards before, but I was younger then.

Any travelers by road in this area, thinking of heading down south into the blizzard coming out of the Gulf of Mexico will probably get stranded on the highway, so they should stay in this area. In Elmsford, New York and Norwalk, Connecticut there are budget accommodations at <u>Extended Stay Hotels – hotel rooms and suites for long term stays</u> for a longer period until the blizzard is cleaned up. CIO

<888> 02/06/13 Wednesday 10:35 P.M. <u>Ronald Reagan Presidential Foundation and</u> Library: Email - Live Webcast: Medal of Honor Speaker Series

CUNARD®

Ronald Wilson Reagan

BBC News - UK 'can cope with solar superstorm'

BBC News - Exoplanets near red dwarfs suggest another Earth nearer

BBC News - Kaspersky anti-virus cuts web access of thousands of PCs CIO

<888> 02/06/13 Wednesday 10:05 P.M.. I ate a Marie Callender 14 ounce Salisbury steak dinner with a 12 ounce glass of Dr. Pepper. CIO

<888> 02/06/13 Wednesday 8:30 P.M.. I chatted with a friend at 6 P.M.. I finally woke up at 8 P.M., and I chatted with a relative. CIO

<888> 02/06/13 Wednesday 4:05 P.M.. I ate a 18.25 ounce Stouffer's five cheese lasagna with grated parmesan and Romano cheese and a 12 ounce glass of Canada Dry Ginger Ale. I will now take a nap. CIO

<888> 02/06/13 Wednesday 3:25 P.M.. I filled out and submitted the Energy Assistance Application along with its supporting documents. My 10:30 A.M. appointment was cancelled tomorrow. CIO

<888> 02/06/13 Wednesday 1:45 P.M.. <u>Prison Planet.com » Who Controls The Money? An</u> <u>Unelected, Unaccountable Central Bank Of The World</u>

Prison Planet.com » Is the Universe a Computer Simulation? CIO

<888> 02/06/13 Wednesday 1:35 P.M.. I picked up the mail. I got a Christmas Letter from <u>Crystal Cathedral Ministries : Welcome</u>. The Reform Church of America has Dutch origins. CIO

<888> 02/06/13 Wednesday 1:00 P.M.. The Greenwich Housing Authority is going to do a second inspection of the apartments tomorrow Thursday February 7, 2013. I also have a 10:30 A.M. appointment tomorrow, but I do not need to be here for the inspection if they come by then. I chatted with neighbors and the building custodian. The Energy Assistance person will be taking applications in the Community room today between 2 P.M. and 4 P.M.. I am number 8 on the list. I am feeling a little bit better now that I have cleaned up, so hopefully I will feel better tomorrow. CIO

<888> 02/06/13 Wednesday 11:55 A.M. Welcome to Datarabia . CIO

<888> 02/06/13 Wednesday 11:35 A.M.. There use to be a book on sand dune restoration called "How to Hold Up a Bank", but I can not find any mention of it on the internet. A friend and I were leant the book by the Sewards out on Nantucket to restore the bluff beneath their house. Mr. Seward was the head attorney for Bethlehem Steel and descended from the Seward who bought Alaska for the United States of America for \$7.5 million dollars from Russia. CIO

<888> 02/06/13 Wednesday 10:35 A.M.. <u>Design Faith: Looking for Billy Baldwin</u>. I will now shower and clean up. Maybe I will feel better. CIO

<888> 02/06/13 Wednesday 10:25 A.M.. Of course the Big Secret which is not so much a secret on Nantucket is the "Hidden Forest" which is on the south side of Polpis Road about have way to Sconset which forest is a marshy area with regular types of forest trees. The local youth like planting there for some odd reason. What always worried me about Nantucket which since it has moors along the ocean, and since in other areas of the world with moors can contain "Quick Sand", Nantucket might have "Quick Sand", so certain times unaware walkers along the moors might disappear and never be heard from again. CIO

<888> 02/06/13 Wednesday 10:05 A.M.. Good News, I still have the Nantucket ashtray. It is hanging on the far wall, but I did not see it, since it is obscured by the potted palm. I chatted with a friend. CIO

<888> 02/06/13 Wednesday 9:40 A.M.. For many years, I had a Nantucket ashtray in my apartment, and it seems to have disappeared. It sort of makes me wander what else has disappeared. CIO

<888> 02/06/13 Wednesday 9:15 A.M.. I was just thinking that one could make a lot of money by selling <u>http://www.nantucket.net/</u> well water. Back in 1975 when I was camping out on Fair Grounds Road out on Nantucket, there was a well with a <u>http://www.sears.com/</u> hand pump that had been put in on a unfinished house that was just a raised wooden platform. Fair Grounds Road runs from the Airport Road to the Surfside Road which would be east to west, so it would have been on the south side of the road about half way. It was located near the entrance to the path to the Pine Forest that lead to the Boy Scout Camp "Camp Richard". With all of the popularity of Nantucket anymore, genuine Nantucket well water would probably be highly in demand, and one could probably make beer out of it too. As I recall, most of the water on Nantucket came from the reservoirs which might have been owned by New York State, about which there was some debate. I can not remember where the reservoirs were though, but maybe they were near the cranberry bogs. The Nantucket water company was called something like the "Wannacomet Water Company" <u>Wannacomet Water Company</u>. CIO

<888> 02/06/13 Wednesday 8:40 A.M.. <u>Significant snow, 'near blizzard' looms -</u> <u>GreenwichTime</u>. CIO

<888> 02/06/13 Wednesday 8:30 A.M.. I woke up again at 7:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 02/06/13 Wednesday 6:00 A.M.. I will now try to go back to bed. CIO

<888> 02/06/13 Wednesday 5:50 A.M.. We have not had a lot of snow yet this winter. To see how bad it was on February 1, 2011, one can look at:

http://mikelouisscott.com/71-vinci-020111/

http://mikelouisscottcom.cv.siteprotect.net/71-vinci-020111/ CIO

<888> 02/06/13 Wednesday 5:35 A.M.. I woke up again at 5:15 A.M.. The toilet tank has been running briefly every hour or so. I took the lid off the tank and on closer examination the center tube had come out of its position, so it was leaking water into the bowl. I repositioned the center tube, and the toilet is now fine. I put in another 9 ounce blue automatic toilet bowl cleaner jar in the tank. I still feel sick as a dog, but I am well rested. My cold symptoms are like bad allergy symptoms and sneezing.

Never been here <u>Copacabana Restaurant</u>, but it is not <u>Copacabana (nightclub) -</u> <u>Wikipedia, the free encyclopedia</u> but here <u>COPA</u> CIO

<888> 02/06/13 Wednesday 3:05 A.M.. I ate a muffin and the last two slices of Swiss cheese. I will now try to go back to sleep. CIO

<888> 02/06/13 Wednesday 2:35 A.M.. <u>Ronald Reagan Presidential Foundation and</u> Library: Email - President Reagan's Birthday Celebration Live Webcast

Biltmore Email Newsletter

Tracking is <u>UPS: Tracking Information</u> on the order for <u>http://shop.lenovo.com/SEUILibrary/controller/e/web/LenovoPortal/en_US/catalog.workfl</u> <u>ow:item.detail?GroupID=460&AID=10499647&PID=1260291&SID=d2b.AZAJQ738NU77</u> <u>8NFXRFQJ2L58RS&CJURL=http%3A%2F%2Fshop.lenovo.com%2FSEUILibrary%2F</u> <u>controller%2Fe%2Fweb%2FLenovoPortal%2Fen_US%2Fcatalog.workflow%3Aitem.det</u> <u>ail%3FGroupID%3D460&Code=57Y6464&category-</u> <u>id=3FB2CEB78A0F49D18148731559AF4603&PUBNAME=Deals2Buy+--</u> <u>+Spectrawide+Inc.%2C&NID=CJ</u> less \$26 with coupon code "USP1FE416464" and .89 tax for \$14.88 total with free shipping.

Black History Month Driving Course Discount – African Americans, Safety - AARP

BBC News - Quake off Solomon Islands triggers deadly tsunami

BBC Nature - African elephants prefer Serengeti National Park

BBC News - Cheaper Raspberry Pi computer goes on sale

BBC News - Dell computers to be bought back by founder Michael Dell CIO

<888> 02/06/13 Wednesday 1:45 A.M.. I went to bed after the last note. I chatted with a relative about 9 P.M.. I woke up at 12:45 A.M.. I ate a 13 ounce Marie Callender chicken fettuccini bake dinner with a 12 ounce glass of Dr. Pepper.

I found this note on the southern branch of the Rockefeller family <u>Godfrey S. Rockefeller</u>, <u>Dies - Executive in Textiles Was 83 - NYTimes.com</u> and <u>Godfrey A. Rockefeller Obituary:</u> <u>View Godfrey Rockefeller's Obituary by The Palm Beach Post</u>, and it says here one of the daughters turned democrat and worked for John Kerry <u>Lisa Rockefeller, Edward Sebelius</u> <u>- Weddings and Celebrations - NYTimes.com</u>, so besides Jay Rockefeller, other family members are playing both sides of the political fence.

The Dutch Christmas card translated: Google Translate . CIO

<888> 02/05/13 Tuesday 7:55 P.M.. I woke up at 7 P.M.. I ate a roast beef and Swiss cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and Lays salt and vinegar potato chips and a dill pickle slice and a 12 ounce glass of Canada Dry Ginger Ale. I threw out the garbage and the shipping box. There is a notice in the front hallway that tomorrow February 6, 2013, they are going to take Energy Assistance Applications in the Community Room between 2 and 4 P.M.. I will do it there. I picked up the mail. I got a Christmas Card from <u>Het Koninklijk Huis Dutch Royal House</u>, but it is in Dutch, so I do not know what it says. Tomorrow February 6 is <u>Ronald Reagan - Wikipedia, the free encyclopedia</u> 's birthday. I still have a cold. CIO

<888> 02/05/13 Tuesday 12:30 P.M.. I chatted with two friends. The order with tracking of <u>UPS: Tracking Information</u> on the order for 2XL <u>Merrell Taganay Jacket - Waterproof,</u> <u>Insulated (For Men) - Save 64%</u> for \$63.18 and \$2.95 shipping with coupon code ''SW13'' for \$66.13 total arrived. Its fits just fine. I put it in the right living room closet. I will now go back to bed. CIO

<888> 02/05/13 Tuesday 11:40 A.M.. I still have a cold, so I will go back to bed. CIO

<888> 02/05/13 Tuesday 11:05 A.M.. I chatted with a friend after the last note. I went to bed. I woke up at 3:30 A.M., and I chatted with a friend again. I age seven white chocolate and macadamia nut cookies. I went back to bed until 10 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 02/05/13 Tuesday 12:50 A.M.. I watched episodes 4 and 5 of "World Without End". I will now shut down the primary work computer, and I will eat a muffin, and then I will go back to bed. CIO

<888> 02/04/13 Monday 10:25 P.M.. <u>Ronald Reagan Presidential Foundation and Library:</u> Email - Save Over 33% On Our Exclusive Collectible "The Reagan Diaries"-3 Days Only!

Charles A. Lindbergh (American aviator) -- Britannica Online Encyclopedia

BBC News - Richard III dig: Facial reconstruction shows how king may have looked

BBC News - Cryonics: Could being frozen for resurrection work? CIO

<888> 02/04/13 Monday 9:20 P.M.. I ate a 13 ounce Marie Callender chicken fettuccini meat with a 12 ounce glass of Canada Dry Ginger Ale and a cup of green tea with Sweet and Low sweetener and Stop and Shop lemon juice. I made room in the right living room closet for my new winter coat by putting the lighter jackets on the shelf above. CIO

<888> 02/04/13 Monday 8:25 P.M.. I chatted with a friend at 5 P.M.. I woke up at 8 P.M., and I chatted with a relative. I went outside, and I moved the Audi to another location. I did not get any mail today. CIO

<888> 02/04/13 Monday 1:40 P.M.. I ate a roast beef and Swiss cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and Lays salt and vinegar potato chips and a dill pickle slice and a 12 ounce glass of Dr. Pepper. I still have a cold with sneezing and allergy like symptoms and intestinal gas, so I will now take a nap to rest. I guess I will stay inside until I am over the cold. CIO

<888> 02/04/13 Monday 12:50 P.M.. I threw out the garbage. I chatted with a neighbor. I gave a neighbor a ride downtown. I then went by the Chase Bank at 19 West Putnam Avenue. I then went by the Wells Fargo Bank on Havemayer Place, and I paid my rent to the Greenwich Housing Authority. I then sat out for a while downtown. I used the bathroom at Starbucks. I chatted with two local people. I opened the sour kraut jar for the new hotdog vendor. I then went by the Stop and Shop. I bought four fresh muffins for \$2.99, a six pack of day old Kaiser rolls for \$1.49, a six pack of Stop and Shop English muffins for \$1.69, deli sliced roast beef for \$9.99 a pound for \$4.94, deli sliced Swiss cheese for \$6.99 a pound for \$3.70, a 13 ounce Marie Callender chicken alfredo dinner for \$2, a 13 ounce Marie Callender chicken pinta dinner for \$2, two 15 ounce cans of Chef Boyardee lasagna for \$1 each, and two 15 ounce cans of Chef Boyardee ravioli for \$1 each for \$22.81 total. I then returned home. I chatted with a neighbor. I put away my groceries. I called up a neighbor about this web site <u>Cigars, Filtered Cigars, Little Cigars, Pipe Tobacco & More - Buy Discount Cigars Online. Our call center is open 24 hours a day, 7 days a week.</u> CIO

<888> 02/04/13 Monday 8:30 A.M.. <u>\$14.99 with free shipping The Repeller 3 Channel RC</u> <u>Helicopter w Metal Frame IR Transmitter 2 Colors | eBay</u>

Ice Station Zebra is fully functional and operational. However, I have had a bit of a cold for the last three days. I will now shower and clean up. I will then go out and pay my rent to the Greenwich Housing Authority. CIO

<888> 02/04/13 Monday 8:10 A.M.. I woke up at 6 A.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 02/03/13 Sunday 11:05 P.M.. <u>For 40 Years, This Russian Family Was Cut Off From</u> <u>All Human Contact, Unaware of World War II | History & Archaeology | Smithsonian</u> <u>Magazine</u>

BBC News - Richard III dig: Skull image released ahead of DNA results

BBC Nature - Hawksbill turtles' monogamous sex life revealed

BBC Nature - Goliath bird-eating spider videos, news and facts

BBC News - Mini helicopter drone for UK troops in Afghanistan

http://www.proxdynamics.com/

I will now shut down the primary work computer. I will eat some 60% reduced fat Chex Mix. I will then go to bed. CIO

<888> 02/03/13 Sunday 10:15 P.M. I chatted with a friend. I finished watching Downton Abby.

My <u>http://www.cl-p.com/</u> electricity bill for January 2013 was \$172.11 for 1153 kWh over 29 days for 39.76 kWh per day with an average temperature of 32.6 degrees Fahrenheit.

For January 2012, it was \$158.77 for 1049 kWh over 29 days for 36.17 kWh per day with an average temperature of 35.7 degrees Fahrenheit. CIO

<888> 02/03/13 Sunday 8:25 P.M.. I have had more than usual intestinal gas today. It is a Scott family trait. I took a <u>http://www.cvs.com/shop/product-detail/CVS-Beanaid-Fast-Acting-Capsules?skuId=878020</u>. I should stock up on them, the next time CVS has them on sale or online. I do not notice it myself, but when I am walking downtown in public, I could probably wipe out all of Greenwich Avenue and not even notice it. CIO

<888> 02/03/13 Sunday 8:00 P.M.. Last week's episode of Downton Abby comes on at 8 P.M. on channel 12 <u>http://www.pbs.org/</u>, and the episode this week comes on at 9 P.M.. CIO

<888> 02/03/13 Sunday 8:00 P.M.. I ate a 13 ounce Marie Callender chicken parmesan dinner with Smart Balance spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Canada Dry Ginger Ale and a cup of green tea with Sweet and Low sweetener and Stop and Shop lemon juice. CIO

<888> 02/03/13 Sunday 7:00 P.M.. I went downtown to Greenwich Avenue. I walked the entire length of Greenwich Avenue and the train station area. The Chinese Embassy on lower Greenwich Avenue known at the China Pavilion has been closed by the EPA for Asbestos pollution, and they are suppose to tear down that row of one story buildings. I stopped by CVS, and I used the bathroom. On the way down Greenwich Avenue, I stopped by CVS again, and I bought two 10.4 ounce Folgers Black Silk coffee for \$3.50 each for \$7 total. After my walk I sat out for a while. I used the bathroom at Starbucks, and I chatted with a regular customer. I then went by Zen Stationary, and I bought an Ace's High scratch card for a dollar, but I lost. I then sat out some more. On the way back on West Putnam Avenue, a red fox ran in front of my car just west of the Stop and Shop. I stopped by the Putnam Shell at 401 West Putnam Avenue, and I bought \$7.04 of self service V-Power gasoline for \$4.399 a gallon with a dime a gallon off with my Stop and Shop card for 1.601 gallons at odometer reading of 71848 miles for 20.4 miles driven since Saturday January 26, 2013 for 12.743 miles per gallon in mostly local traffic. On Wednesday when I went out, I saw an Eagle by my building and later on that day, I saw another Eagle by the Board of Education building on Greenwich Avenue. CIO

<888> 02/03/13 Sunday 3:50 P.M.. I threw out the garbage. I went downtown to the Stop and Shop on West Putnam Avenue. I bought a 59 ounce container of Florida Natural orange juice for \$3, a 16 ounce package of Smart Balance Lite for \$3, 50 cents can return, a 16 ounce Bulls Eye barbecue sauce for \$1.67, two 12 ounce generic honey for \$2.25 each, two 64 ounce Kedem grape juice for \$2.99 each, two 64 ounce Stop and Shop cranraspberry juice for \$2 each, two 48 ounce Quaker old fashioned oatmeal for \$4.49 each, a five quart package of Stop and Shop powdered milk for \$5.99, a 8 ounce Stop and Shop grated parmesan and Romano cheese for \$3.69, a 6 ounce can of Stop and Shop extra large black pitted olives for \$1.25, a quart jar of Vlassic dill pickle spears for \$2, a two pound bag of baby carrots for \$2.99, bananas for .79 a pound for .79, broccoli crowns for \$2.49 a pound for \$2.24, and a Bermuda red onion for \$1.99 a pound for \$1.11 for \$50.69 total. I then returned home, and I used my wire cart to bring up my groceries. I put away my groceries. I will now go out for a walk. I will first eat a day old muffin. CIO

<888> 02/03/13 Sunday 1:35 P.M.. I will now shower and clean up. I will then go out and do some first of the month grocery shopping at the West Putnam Avenue Stop and Shop. Not really too much happens on weekends in Greenwich, Connecticut; because people have to rest after working all week. CIO

<888> 02/03/13 Sunday 12:50 P.M.. I woke up, and I ate 50% of a 8.5 ounce bag of 60% reduced fat Chex Mix. I finally woke up at 10:30 A.M., and I chatted with a relative. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

End of Scott's Notes week of 02/03/13:

<888> 02/03/13 Sunday 12:40 A.M.. I watched Episode 3 of "World Without End". I will now send out my weekly notes. I will then shut down the primary work computer, and I will go to bed soon. CIO

<888> 02/02/13 Saturday 10:50 P.M. People Are Amazing! :D | Facebook

Drugs that Can Cause Nighttime Leg Cramps - Armon Neel - AARP

BBC News - Hadrian's Wall being 'worn away', warns Trust CIO

<888> 02/02/13 Saturday 10:00 P.M.. I chatted with a relative. CIO

<888> 02/02/13 Saturday 9:35 P.M.. I sautéed a 11 ounce top round London Broil medium rare, and I ate it with Lea and Perrins Worcestershire sauce and Bulls Eye barbecue sauce and steamed baby carrots cut lengthwise into quarters and broccoli crowns and sliced potatoes with Smart Balance Spread and extra virgin olive oil and a 12 ounce glass of Dr. Pepper and a cup of green tea with Sweet and Low sweetener and Stop and Shop lemon juice. CIO <888> 02/02/13 Saturday 8:00 P.M.. I threw out the garbage. I went downtown to CVS. I then went further down Greenwich Avenue, and I walked the entire length of Greenwich Avenue and the train station area. I stopped by CVS again, and I picked up a prescription. I used the bathroom there. I sat out at various locations. After I finished my walk, I then drove by CVS, and I bought six 12 packs of Schweppes Ginger Ale for \$11 for 3 and \$3.60 can deposit less a \$3 off CVS coupon and \$1.08 tax for \$21.68 total. I put the Ginger Ale in the trunk of the Audi. I then bought a 8.5 ounce 60% reduced fat Chex Honey mix for \$1.50 and buy one get one free of Lays 10 ounce salt and vinegar potato chips for \$4.29 less \$5 off CVS Bonus Bucks coupon from the Ginger Ale purchase for .79 total. I then used the bathroom again at CVS. I then sat out briefly in park across the street from CVS. The office on the north side of the park on the upper floors is for rent. I then went by the A&P Fresh, and I bought a five pound bag of Russet potatoes for \$2.99, a 13 ounce Marie Callender chicken parmesan dinner for \$2.50, a 14 ounce Marie Callender Salisbury steak dinner for \$2.50, a 24 ounce Country Crock mashed potatoes for \$3.14, a 24 ounce Country Crock pinta, spinach, and four cheese for \$3.14, and a Hormel 15 ounce beef tips and gravy dinner for \$4.79 for \$19.16 total. I then returned home, and I used my little cart to bring up the ginger ale. I then put the little cart back in the trunk of the Audi. I brought up the rest of the groceries, and I picked up the mail. I got my rent statement from the Greenwich Housing Authority. I put away my groceries. When I was at the A&P Fresh, they had a big Super Bowl Platter with 12 pieces of fried chicken and 12 fried chicken wings for \$26. CIO

<888> 02/02/13 Saturday 2:45 P.M.. I will now shower and clean up. I will then go downtown. CIO

<888> 02/02/13 Saturday 2:15 P.M.. I chatted with a friend. CIO

<888> 02/02/13 Saturday 1:20 P.M.. I woke up at noon. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 02/02/13 Saturday 2:40 A.M.. I ate a day old muffin. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 02/02/13 Saturday 1:30 A.M.. <u>DukeFarms</u>

Rough Point - Newport Restoration Foundation

http://www.examiner.com/article/world-s-richest-man-buys-last-private-fifth-avenuemansion

Institute of Fine Arts | New York University

Doris Dukes Shangri La - Doris Dukes Shangri La

The Duke Family

NC Historic Sites - Duke Homestead

The Duke Mansion - Historic Bed & Breakfast and Meeting Place

Duke University

Residential - Duke Energy

Doris Duke - Wikipedia, the free encyclopedia

There is no web site for the Duke Mansion in Washington D.C., so maybe it is still a private residence. CIO

<888> 02/02/13 Saturday 12:30 A.M.. Fairchild Tropical Botanic Garden

Deering Estate at Cutler - Miami-Dade County Park and Historical Preserve

Miami-Dade County - Vizcaya CIO

<888> 02/02/13 Saturday 12:05 A.M.. <u>Bal Harbour, Florida - Wikipedia, the free</u> encyclopedia

Indian Creek, Florida - Wikipedia, the free encyclopedia CIO

<888> 02/01/13 Friday 11:25 P.M. I

ordered <u>http://shop.lenovo.com/SEUILibrary/controller/e/web/LenovoPortal/en_US/catalo</u> <u>g.workflow:item.detail?GroupID=460&AID=10499647&PID=1260291&SID=d2b.AZAJQ7</u> <u>38NU778NFXRFQJ2L58RS&CJURL=http%3A%2F%2Fshop.lenovo.com%2FSEUILibra</u> <u>ry%2Fcontroller%2Fe%2Fweb%2FLenovoPortal%2Fen_US%2Fcatalog.workflow%3Ait</u> <u>em.detail%3FGroupID%3D460&Code=57Y6464&category-</u> id=3FB2CEB78A0F49D18148731559AF4603&PUBNAME=Deals2Buy+--+Spectrawide+Inc.%2C&NID=CJ</u> less \$26 with coupon code ''USP1FE416464'' and .89 tax for \$14.88 total with free shipping. I will use it with the Windows 8 IBM ThinkCentre,

when I used the 32 inch Haier TV monitor setup. CIO

<888> 02/01/13 Friday 10:25 P.M. George Bush Presidential Library Foundation

Scotland Travel

Visit Scotland

BBC News - How owls swivel their heads

BBC News - The building which routes most digital communications from Latin America CIO

<888> 02/01/13 Friday 9:55 P.M.. The new secretary of state John Kerry and his wife have houses on Louisburg Square on Beacon Hill in Boston, the south shore of Nantucket, Newport, Rhode Island, probably Pittsburg, Pennsylvania, the Washington D.C. area and Bequia in the Caribbean. I do not know much about him other than he managed a Famous Amos cookie shop when he got out of Viet Nam. CIO

<888> 02/01/13 Friday 9:20 P.M.. I ate a ham and cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise, Italian spices, ground black pepper, hot horseradish, olive oil and two one eighth inch thick slices of a Bermuda onion with a cup of potato salad and a 12 ounce glass of Canada Dry Ginger Ale and a cup of green tea with Sweet and Low sweetener and Stop and Shop lemon juice. CIO

<888> 02/01/13 Friday 8:30 P.M.. I made 96 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 1 Episode 3 of "Warehouse 13". I put away the laundry. CIO

<888> 02/01/13 Friday 6:40 P.M.. I put clean linens on the bed. I showered, and I clean up. I started two loads of laundry, and I have 20 minutes to go on the wash cycles. I picked up the mail. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 02/01/13 Friday 4:30 P.M.. I woke up, and I ate a 9 ounce can of CVS smoked almonds. I finally woke up at 3:15 P.M. this afternoon. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. I will now make up a fresh batch of punch. CIO

<888> 02/01/13 Friday 4:40 A.M.. I ate the last bowl of pineapple chunks. I will now shut down the primary work computer, and I will go to bed soon.

BBC News - Hillary Clinton stands down as US Secretary of State

BBC News - Cambodia begins funeral for King Sihanouk CIO

<888> 02/01/13 Friday 3:35 A.M.. There are still 6103 <u>http://www.cl-p.com/</u> customers without power in Connecticut <u>https://www.cl-p.com/outage/mobile.aspx</u> .

For February 2013, I paid my <u>http://www.cablevision.com/</u> Digital Cable TV, Optimum Boost Plus, Optimum Voice, and my <u>http://www.cl-p.com/</u> electricity bill, and my <u>http://www.verizon.com/</u> local telephone bill. CIO <888> 02/01/13 Friday 3:05 A.M.. I was told by a friend in Manhattan that the wealthy people on the Upper East whom are major investors but not so Tech Savy make all of their Tech investment decisions at <u>http://www.bestbuy.com/</u> at East 86th Street and Lexington Avenue. CIO

<888> 02/01/13 Friday 2:50 A.M.. <u>\$120 Newegg.com - Acer P6 P246HLAbd Black 24'' 5ms</u> Widescreen LED Monitor200 cd/m2 ACM 100,000,000:1 (600:1) 72 hours only. CIO

<888> 02/01/13 Friday 2:40 A.M.. I only had high school and college chemistry courses, but it is my viewpoint that the large amount of Sulfur Dioxide in the air pollution over New York City falls in the rain water into the reservoirs to the east of New York City, so the reservoir water that the general population to the east of New York City drinks is higher in sulfuric acid or generally more acid which might effect the general population, which is why the water tastes sour. CIO

<888> 02/01/13 Friday 1:55 A.M.. One can probably buy a better used laptop on http://www.ebay.com/ for \$50 than this one, but it is bottom priced <u>\$32.99 with free</u> shipping Newegg.com - Refurbished: SYLVANIA SYNET07526 VIA 8505 Processor 400MHz 7" TFT 128MB Memory 2GB Internal Storage HDD Netbook, Good for Kids, Low Price

\$139.99 refurbished Dell OptiPlex 745 Pentium D 945 3.4GHz 2GB 160GB CD Windows Dell 745 OptiPlex 745

\$49.99 Canon imageCLASS LBP6000 Monochrome Laser Printer Canon LBP6000 imageCLASS LBP6000 CIO

<888> 02/01/13 Friday 1:00 A.M.. I filled out the Energy Winter Protection form, and I have it ready to mail. I have the documentation ready for my NEON Connecticut Energy Assistance Application, so I now have to make an appointment at the Department of Social Services at the Greenwich Town Hall to submit it. CIO

<888> 03/31/13 Sunday 9:15 P.M. I chatted with a relative. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 03/31/13 Sunday 8:45 P.M. <u>www.nantucket.net</u> did not make it <u>Top 10 islands in the</u> <u>US, according to TripAdvisor | Fox News</u>.

Next-gen battleship joining the Pacific fleet | Fox News Video

Digital 'bitcoin' currency surpasses 20 national currencies in value | Fox News

Slices of Raspberry Pi: Hacking the world's cheapest computer - CNN.com

Life in the Fast Lane: ConnDOT: I-95 Stamford Area

I chatted with a relative. CIO

<888> 03/31/13 Sunday 7:20 P.M. I ate a 16 ounce Hungry Man beer battered chicken dinner with a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 03/31/13 Sunday 6:25 P.M. I watched series 4 episode 1 of "Monarch of the Glen". CIO

<888> 03/31/13 Sunday 5:10 P.M. I woke up at 4:30 P.M.. I ate three pretzel sticks. CIO

<888> 03/31/13 Sunday 2:05 P.M. <u>Maybe Cleopatra Didn't Commit Suicide | Smart News</u>

Eiffel Tower (tower, Paris, France) -- Britannica Online Encyclopedia

I will now take a Easter Sunday afternoon nap. CIO

<888> 03/31/13 Sunday 1:25 P.M. For Easter Dinner, I ate a 14 ounce sautéed rib eve of beef steak medium rare with Lea and Perrins Worcestershire sauce and Bulls Eye barbecue sauce with 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil and steamed baby carrots cut into quarters lengthwise and broccoli crowns with Smart Balance Spread and extra virgin olive oil and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Burdens lemon juice. To cook the 14 ounce .75 inch thick rib eye of beef, I put a four tablespoons of extra virgin olive oil in a 10 inch frying pan, and I heated it on medium high electric burner heat. I then put the rib eve in the pan, and I flipped it after 30 seconds of searing, and I seasoned the lightly browned side with garlic powder, ground black pepper, and Italian seasoning, and then I did the same on the other side. I cooked it for about five minutes flipping it every 45 seconds lowering the electric burner heat to between medium and medium high. Then for the last two minutes, I put in about four tablespoons of Kikkoman soy sauces, and I flipped it frequently until most of the liquid had evaporated. I served it on a plate with the remaining juices on top of it. I ate it with the Lea and Perrins Worcestershire sauce on it and Bulls Eye barbecue sauce. With good quality meat, it is

important not to cook it too well done. When my family returned to Greenwich, Connecticut from Polaroid back in Boston in June 1973, after I left my job at C.B.S., I worked about Boodles restaurant in Greenwich for a few months as a waiter. They had a Chinese chef named Henry that wore Top Siders. One can figure out at about \$5 for the rib eye steak, and a \$1 for the mashed potatoes, and \$1.50 to \$2 for the vegetables and beverages and flavorings, my dinner was about an \$8 meal which on my limited budget does not happen too frequently. CIO

<888> 03/31/13 Sunday 12:15 P.M. I threw out the garbage. I went downtown. I chatted with a relative on my wireless telephone. I walked the entire length of Greenwich Avenue and the train station area. I stopped by the Greenwich Cigar Store, and I played an Ace's High scratch card for a dollar, but I lost. The two buildings just south of the old China Pavilion take out place have been torn down, and the China Pavilion is closed up. It looks like they might be tearing it down too. Scoop NYC has chalk on the sidewalks saying there is a 25% off sale. I stopped by CVS, and I bought a 36 ounce container of pretzel rods for \$3.50 and four 10.5 ounce cans of Campbell's condensed mushroom soup for .88 each for \$7.02 total. I finished my walk, and I sat out for a while enjoying the quiet day. I then returned home, and I put away my groceries. CIO

<888> 03/31/13 Sunday 8:45 A.M. I will now shower and clean up. I will then go downtown and look for the Easter Bunny. CIO

<888> 03/31/13 Sunday 8:30 A.M. I used this method <u>10-Ream Case of Hammermill Copy</u> <u>Plus 8.5''x11'' Copy Paper \$5 + Free Shipping - Staples Deals, Coupons and Promos</u> for \$5.31 with tax and free shipping. CIO

<888> 03/31/13 Sunday 7:50 A.M. I ordered refurbished Logitech 2.1speaker system from <u>http://1saleaday.com/wireless/</u> for \$19.99 with free shipping.

<888> 03/31/13 Sunday 7:15 A.M. After the last note, I chatted with a relative before going to bed. I woke up at 6 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. CIO

End of Scott's Notes week of 03/30/13

<888> 03/30/13 Saturday 8:30 P.M. Tracking is <u>UPS: Tracking Information</u> on the order for Lenovo USB speakers M0620 <u>Cheap Deals, Best Hot Daily Deals and Coupons by</u> <u>Deals2buy.com on 2013-03-30</u> for \$29.99 less \$19 discount with coupon code ''USP1AP415914'' for \$10.99 and .70 tax for \$11.69 with free shipping.

I will now send out my weekly notes. I will then shut down the primary work computer. I will eat a day old muffin. I will then go to bed. CIO

<888> 03/30/13 Saturday 8:15 P.M. I watched series 3 episode 11 of "Monarch of the Glen". CIO

<888> 03/30/13 Saturday 7:00 P.M. I ate a 14 ounce Boston Market steak and noodles dinner with a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 03/30/13 Saturday 6:20 P.M. I woke up at 3:30 P.M.. I made my bed. The order with tracking of <u>USPS.com® - Track & Confirm</u> on the order for <u>Logitech ClearChat 981</u> 00008 Premium PC Black Headset 80005344 097855049421 | eBay for \$9.89 with free shipping arrived. I put the new Logitech headset on the Asus Netbook, and I moved the older same one to the Panasonic CF-29 Toughbook. I chatted with neighbors. I went downtown, and I sat out downtown observing the Saturday afternoon strollers. I then went by the Stop and Shop, and I bought a four pack of day old muffins for \$2.24, two 14 ounce Boston Market beef steak and noodles frozen dinners for \$2 each, two 24 ounce Simply Mashed mashed potatoes for \$2 each, bananas for .79 a pound for \$1.98, and a rib eye steak for \$7.99 a pound for \$7.03 less a \$2 off Managers coupon on the package for \$17.25 total. I then returned home. I picked up the mail. My rent statement from the Greenwich Housing Authority arrived. I put away my groceries. CIO

<888> 03/30/13 Saturday 12:30 P.M. Tracking is <u>USPS.com® - Track & Confirm</u> on the order for two <u>Premier Light 100's Cigarette Tubes 5 Boxs 1000 Tubes filtered tubes RYO - GarryG</u> for \$31.90 and \$7.05 shipping for \$37.35 total.

<u>Ronald Reagan Presidential Foundation and Library: Email - Show Your True Colors</u> <u>With Our Ronald Reagan Patriotic Polo Shirt!</u>

BBC News - Polar bears: An uncertain future

I will now shut down the primary work computer, and I will go to bed soon. I ate one ounce of almonds a little while ago. CIO

<888> 03/30/13 Saturday 11:25 A.M. I chatted with a friend. CIO

<888> 03/30/13 Saturday 10:50 A.M. I chatted with a relative. <u>The Shadowy Residents of</u> <u>One Hyde Park—And How the Super-Wealthy Are Hiding Their Money | Vanity Fair</u> . CIO

<888> 03/30/13 Saturday 9:40 A.M. Cheap used computers without operating systems and batteries and power supplies <u>Auctions, Notebooks items in Deal Train Mania store on</u> <u>eBay!</u>. CIO

<888> 03/30/13 Saturday 9:35 A.M. I will now do some more work on configuring the Windows 9 Early Release beta on the IBM ThinkCentre in front of the mahogany bureau in the living room. I have come a long way, since I use to look for spare old disgarded computers and parts at the lower level of the train station parking lot by the dumpster. CIO <888> 03/30/13 Saturday 9:15 A.M. I ate two 3 ounce Purdue chicken cutlets, 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil, steamed broccoli crowns and baby carrots cut lengthwise into quarters with extra virgin olive oil and Smart Balance spread, a 12 ounce glass of Schweppes Ginger Ale, and a cup of green tea with Splenda sweetener and Borden's lemon juice. CIO

<888> 03/30/13 Saturday 8:10 A.M. I ordered Lenovo USB speakers M0620 <u>Cheap Deals</u>, <u>Best Hot Daily Deals and Coupons by Deals2buy.com on 2013-03-30</u> for \$29.99 less \$19 discount with coupon code "USP1AP415914" for \$10.99 and .70 tax for \$11.69 with free shipping. CIO

<888> 03/30/13 Saturday 6:40 A.M. I made 118 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 3 Episode 10 of "Monarch of the Glen". CIO

<888> 03/30/13 Saturday 4:55 A.M. I have not had the time to drive down to the pier on the end of Steamboat Road to see if any of the regular fisher people have shown up yet. It is still a bit cold here for fishing.

Vincent van Gogh

Tracking is <u>USPS.com® - Track & Confirm</u> on the order for <u>1 PK Toner Cartridge</u> <u>Lexmark 24015SA 24035SA E230 E232 E234 E238 E240 E242 E330 | eBay#vi-content#vicontent#vi-content</u> for \$28.95 with free shipping.

50% off coupon code ''NOJOKE'' until April 2, 2013 <u>Army Navy Outfitters Military</u> <u>Surplus Clothing Army Navy Store Military Uniform Accessories Military Clothing - Uncle</u> <u>Sams Army Navy Outfitters</u>

BBC News - Amazon to buy social network site for readers Goodreads

I will now make cigarettes. CIO

<888> 03/30/13 Saturday 3:30 A.M. For April 2013, I paid my <u>http://optonline.net/</u> Digital Cable TV, Optimum Boost Plus, Optimum Voice, and my <u>http://www.cl-p.com/</u> electricity bill, and my <u>http://www.verizon.com/</u> local telephone bill.

I ordered two <u>Premier Light 100's Cigarette Tubes 5 Boxs 1000 Tubes filtered tubes RYO -</u> <u>GarryG</u> for \$31.90 and \$7.05 shipping for \$37.35 total. I will now shower and clean up. CIO

<888> 03/30/13 Saturday 3:00 A.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. CIO

<888> 03/30/13 Saturday 2:25 A.M. I put away the laundry. CIO

<888> 03/30/13 Saturday 1:40 A.M. For the Haier HDTV in the living room, I ordered APC Surge Protector from <u>Wireless Daily Deal, 1 Sale A Day</u> for \$14.99 with free shipping for \$14.99 total.

For the Sceptre HDTV in the bedroom, I ordered APC Surge Protector from <u>Wireless</u> <u>Daily Deal, 1 Sale A Day</u> for \$14.99 with free shipping for \$14.99 total. CIO

<888> 03/30/13 Saturday 1:15 A.M. For the Asus Netbook setup, I ordered APC Surge Protector from <u>Wireless Daily Deal, 1 Sale A Day</u> for \$14.99 with free shipping for \$14.99 total.

I have 45 minutes to go on two dry cycles. CIO

<888> 03/30/13 Saturday 12:55 A.M. I woke twice, and I ate four ounces of almonds all together. I finally woke up at 11:30 P.M.. I put clean linens on the bed. I started two loads of wash, and I have about 15 minutes to go on the wash cycles. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 03/29/13 Friday 1:50 P.M. I finished configuring the Windows 9 partition on the beta machine. I ate two 3 ounce Purdue chicken cutlets, 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil, steamed broccoli crowns and baby carrots cut lengthwise with extra virgin olive oil and Smart Balance spread, a 12 ounce glass of Schweppes Ginger Ale, and a cup of green tea with Splenda sweetener and Borden's lemon juice. I will now shut down the primary work computer, and I will go to bed for the night. CIO

<888> 03/29/13 Friday 9:50 A.M. On the Windows 9 early release beta on the second IBM ThinkCentre second partition, the SIIG PCI 5.1 Windows 8 drivers installed, but they cause the computer to crash. I disabled the SIIG audio card in the devices properties. I enabled the IBM ThinkCentre on board audio and connected the speaker system to it, and the drivers for onboard audio installed plug and play and work just fine. Thus I have very good audio on the Windows 9 early release beta partition. When trying to install Microsoft Live Essentials on the Windows 9 early release beta, the Microsoft Net 3.5 framework would not download and install and it would not install after direct download, so one can not install the Microsoft Live Essentials group of programs. Of course it is only an early unauthorized released beta, so one should not expect too much. Usually when Microsoft releases an authorized beta, more features work. CIO

<888> 03/29/13 Friday 6:35 A.M. <u>Eaton Square - Wikipedia, the free encyclopedia</u>. I never heard from Richard Mercy of 21 Eaton Square, once I returned up north from down south, so I guess he became a recluse.

Eaton Hall, Cheshire - Wikipedia, the free encyclopedia CIO

<888> 03/29/13 Friday 6:20 A.M. Basically it is my viewpoint that the younger <u>www.starbucks.com</u> generation is trying to put the older generation out to pasture.

Birthday boy Sam Walton (American businessman) -- Britannica Online Encyclopedia .

Corporate Cyberattacks, Possibly State-Backed, Now Seek to Destroy Data - NYTimes.com

Elvis Special CD Offer!

Holland News

It's Beyond Easy

<u>Global Volcanism Program | Volcanic Activity Reports | Smithsonian / USGS Weekly</u> <u>Volcanic Activity Report |</u>

OPEN BUSINESS CONFERENCE: Cloud. Data. Mobile. Open Source

<u>Ronald Reagan Presidential Foundation and Library: Email - Presidential Watches \$49.95-</u> <u>Limited Time Offer!</u>

Attacks on Spamhaus Used Internet Against Itself - NYTimes.com

A Vote on Scottish Independence - NYTimes.com

BBC News - Termites 'engineer fairy circles' CIO

<888> 03/29/13 Friday 5:00 A.M. I will now shower and clean up. CIO

<888> 03/29/13 Friday 4:00 A.M. I woke up at 2 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 03/28/13 Thursday 6:35 P.M. I threw out the garbage. I picked up the mail. On the Windows 9 prerelease beta on the second IBM ThinkCentre, the TrendNet router printer driver will install, but Windows 9 will not let the system connect it to a printer even from the printer properties tab. I shut down the beta computer. I will now shut down the primary work computer. I will go to bed soon. CIO

<888> 03/28/13 Thursday 5:15 P.M. I ate a ham and Swiss cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle slice and Lays wavy potato chips and a 12 ounce glass of Schweppes Ginger Ale.

On the second IBM ThinkCentre, I finished installing the Windows Updates on the first partition. I had a problem getting the Trendnet Router Lexmark E238 printer

configuration going, because I had the Lan cable plugged into the Dynex router instead of the Netgear switch box. I will now configure the Windows 9 partition. As a unofficial release, I should not say anything about it, but from the reports that I have read and confirmed, it is similar to Windows 8. However, it seems faster, but that might because I have not configured it yet. Also the Lexmark E238 toner light came on, but it still prints out fine. I removed and shook the toner cartridge to give it a little bit more life.

I ordered <u>1 PK Toner Cartridge Lexmark 24015SA 24035SA E230 E232 E234 E238 E240</u> <u>E242 E330 | eBay#vi-content#vi-content#vi-content</u> for \$28.95 with free shipping. CIO

<888> 03/28/13 Thursday 1:25 P.M. On the Asus Netbook, I tried booting the Paragon Backup Restore USB pen drive, but it would not work. I then used the new Memorex DVD drive, and I made a Paragon Backup Restore CD, and it works just fine if I need to restore my external hard drive backup. I stored the Memorex DVD drive on the lower shelf of the blue night stand that the second IBM ThinkCentre sits on in front of the mahogany bureau. I chatted with a relative. CIO

<888> 03/28/13 Thursday 11:55 A.M. I chatted with a relative. The order with tracking of <u>UPS Tracking</u> on the order for <u>Memorex 32020019439 24X DVDRW External DVD Writer</u> - 24X, USB, Lightscribe at TigerDirect.com for \$29.99 and \$8.31 shipping for \$38.30 total arrived. The Memorex box has a Staples sticker on it saying that it can only be returned in 14 days. I can not figure out why it has a Staples sticker on it. CIO

<888> 03/28/13 Thursday 11:40 A.M. To restore the Windows 7 backup on the first partition to a computer with Windows 8 or 9 installed on the second partition, one first has to make a Windows 7 backup on a smaller resized partition leaving unused drive space for the Windows 8 or 9 partition installation. After installing Windows 8 or 9 when product activation comes up on the Windows 7 first partition, one restores the Windows 7 backup from the smaller partition backup, and unselects the option to repartition and format the drive. Then one goes through the procedure below to restore the Windows 8 or 9 boot manager. I have done it many times. This last time, the Windows 9 boot manager repair option said it did not work, but when I rebooted, Windows 9 did boot. The Windows 7 boot manager repair option before installs a Windows 8 option, but that one does not work, so one has to use the second Windows 9 or 8 boot manager option to repair the Windows 7 boot manager where the boot manager lies, and it is not on the Windows 8 or 9 partition. CIO

<888> 03/28/13 Thursday 11:20 A.M. I showered, and I cleaned up. I have Windows 9 Sneak Release beta installed on the second partition on the second IBM ThinkCentre beta machine in front of the mahogany bureau. I have the earlier version of Windows 7 restored on the first partition and activated. I repaired the boot manager by first using Windows 7 boot repair from the DVD, and then using the Windows 9 boot repair from the DVD to repair the Windows 7 boot manager where the boot manager for both partitions lies. I think that is how I did it, but it is now booting both partition now. I am now installing the Windows Updates for the first partition, and then I will configure the Windows 9 partition. CIO <888> 03/28/13 Thursday 8:45 A.M. On the second IBM ThinkCentre, I am going through the procedure I know about for installing Windows 8 for the Windows 9 Sneak Release beta on the second partition without bringing up product activation on the first partition which takes a while. I have not cleaned up yet.

Sale at L.L.Bean: Quality Apparel & Gear, Shipped Free CIO

<888> 03/28/13 Thursday 7:15 A.M. I used this link

9364.0.FBL_PARTNER_OUT13.130315-2105_X86FRE_CLIENT_EN-US-

<u>IMP_CCSA_DV5.ISO.tar - Burnbit</u>, and I used a torrent program to download Windows 9 Early Sneak release. It is a *.tar file, so one has to use the Windows utility to unzip it to an *.iso file and it is only 32 bit X86. I then burned two copies to DVD. I installed it on a second partition on the second IBM ThinkCentre in front of the mahogany bureau. It says that Microsoft can fire or discharge one for distributing it. It is still called Windows 8. It brought up product activation on the first Windows partition. I will now shower and clean up. CIO

<888> 03/28/13 Thursday 5:30 A.M. I chatted with a relative. I ate two ounces of almonds. I went to bed at 8:30 P.M.. I woke up at 4 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 03/27/13 Wednesday 7:30 P.M. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 03/27/13 Wednesday 6:50 P.M. <u>Secret Service Gets First Female Director -</u> <u>NYTimes.com</u>

<u>AiQAM</u>

<u>Ronald Reagan Presidential Foundation and Library: Email - Jon Huntsman, Jr. Live</u> <u>Webcast at the Reagan Library. Mar 28th 6pm PDT</u>

Home networking explained, Part 5: Setting up a home router | How To - CNET

Microsoft's Office 'Gemini': Windows Blue's twin | ZDNet

Deep inside Windows Blue: 10 coolest features in Microsoft's leaked OS - Network World

Microsoft readying multiple Windows Blue servers and a Blue Windows RT build | ZDNet

Windows Blue, Build 9364 leaked | Windows 9 Beta

Tenerife airport disaster - Wikipedia, the free encyclopedia

<u>Key Archiving Considerations Before Migrating To Office 365 -- Microsoft Certified</u> <u>Professional Magazine Online</u>

BBC News - Global internet slows after 'biggest attack in history'

BBC News - Synchrotron yields 'safer' vaccine

BBC News - Anti-cyber threat centre launched CIO

<888> 03/27/13 Wednesday 4:50 P.M. I went outside, and I threw out the garbage, and I chatted with neighbors. I picked up the mail. CIO

<888> 03/27/13 Wednesday 3:45 P.M. I found one of these downtown today <u>Access your</u> <u>gift card balance & more | GoWallet.com</u>, but it is already registered. I reheated a 6 ounce ham steak for two minutes and 30 seconds in the microwave oven on 60% power on a microwave proof plate with lid, and I put Gulden's brown mustard on it, and I ate it with 12 ounce of mashed potatoes with Smart Balance spread and extra virgin olive oil, and steamed sliced baby carrots cut into quarters lengthwise with broccoli crowns with Smart Balance spread and extra virgin olive oil and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO

<888> 03/27/13 Wednesday 1:50 P.M. I threw out the garbage. I chatted with a neighbor. I went by the Chase Bank at 19 West Putnam Avenue. I then went by CVS, and I bought four 8.5 ounce 65% reduced fat traditional Chex Mix for a dollar each for \$4 total. I then bought one CVS 7 ounce sensitive skin shave gel for \$1.77 and a second one for .88 and a 50 yard CVS waxed dental floss for \$1.77 and .28 tax for \$4.70 total. I used the bathroom at CVS. I chatted with <u>Ella Vickers - Greenwich, CT Patch</u>. I then went further downtown, and I walked the entire length of Greenwich Avenue and the train station area. I stopped by the Greenwich Cigar store, and I played an Ace's High scratch card for a dollar, but I lost. I stopped by the

<u>http://www.greenwichhardware.com/index.php</u> and shot the breeze. I then went by CVS, and I used the bathroom again. I bought a 16 ounce bag of Blue Diamond salted almonds for \$4.99. I then finished my walk, and I sat out for a while. Then for a change of pace, I went by the A&P Fresh, and I bought two 19.8 ounce Tostitos pizza rolls one cheese and one pepperoni for \$2.74 each, two 16 ounce Swanson's Hungryman dinners one chicken and one Salisbury steak for \$2.50 each, two 10.5 ounce bags of Lays Wavy potato chips for \$2 each, broccoli crowns for .99 a pound for \$1.02, a 16 ounce bag of baby carrots for \$3.49, a 8 ounce jar of Golds hot horseradish for \$1.99, and four 5 ounce Libby's Vienna sausages for \$1.09 each and .22 tax for \$25.32. I then returned home, and I put away my groceries. CIO

<888> 03/27/13 Wednesday 7:55 A.M. <u>One tough ticket: Prince Harry's Greenwich polo</u> <u>match invite-only - GreenwichTime</u>

I will now shower and clean up. I will then go downtown to see what is left over downtown after the morning garbage pickup and commute. CIO

<888> 03/27/13 Wednesday 5:45 A.M. When I majored in economics at <u>www.lfc.edu</u>, I learned that for Federal Tax purposes <u>Internal Revenue Service</u>, every taxpayer in the United States of America has to have one legal address, despite having multiple homes. For example <u>John D. Rockefeller III - Wikipedia, the free encyclopedia</u> legal tax address was the <u>Chicago Hotel - The Drake Hotel</u> which was a half block away from <u>The real Playboy</u> <u>Club - Features - Time Out Chicago</u> and next to the <u>John Hancock</u>. Need we say more.

I will now put Optimum App for Laptop on the Asus Netbook. CIO

<888> 03/27/13 Wednesday 5:15 A.M. I woke up at 3 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed.

I noticed on <u>Bloomberg TV: Business Live TV - Bloomberg</u>, they never talk about oil companies <u>List of corporations by market capitalization - Wikipedia, the free encyclopedia</u>, and they never mention <u>Fidelity Investments - Wikipedia, the free encyclopedia</u> or "<u>http://en.wikipedia.org/wiki/Brown_Brothers_Harriman_%26_Co.</u>" and <u>Northern Trust</u> - Wikipedia, the free encyclopedia. CIO

<888> 03/26/13 Tuesday 6:00 P.M. I chatted with a relative.

BBC News - Microsoft faces European open software probe

I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 03/26/13 Tuesday 5:20 P.M. George Bush Presidential Library Foundation

<u>Four Vagabonds Henry Ford John Burroughs Thomas Edison Harvey Firestone David L.</u> <u>Lewis</u>

Into the Wild: The Camping Adventures of Edison, Ford, and Friends | Edison & Ford Winter Estates Blog

<u>Fort Myers, Florida | Museum, Botanical Gardens, Research Laboratory | Tours, Events -</u> <u>Edison & Ford Winter Estates - (239) 334-7419</u> CIO

<888> 03/26/13 Tuesday 4:25 P.M. I chatted with a neighbor. I picked up the mail. CIO

<888> 03/26/13 Tuesday 4:05 P.M. I reheated a 8 ounce ham steak for three minutes in the microwave oven on 60% power on a microwave proof plate with lid, and I put Gulden's brown mustard on it, and I ate it with 12 ounce of mashed potatoes with Smart Balance spread and extra virgin olive oil, and steamed sliced baby carrots cut into quarters lengthwise with broccoli crowns with Smart Balance spread and extra virgin olive oil and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice.

I noticed when I was downtown on lower Greenwich Avenue on the west side, they are in the process of tearing down the old row of buildings where the Pizza Post, the Greenwich Avenue news stand, and China Pavilion restaurant once were. CIO

<888> 03/26/13 Tuesday 2:40 P.M. I chatted with neighbors. I threw out the garbage. I went downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. The bathrooms on the ground floor of the senior and the arts center are closed for renovations. I used the bathroom at Starbucks. I stopped by CVS. I bought four 16 ounce tins of Dak premium ham for \$2.50 each and a 16 ounce bag of Blue Diamond Smoke House almonds for \$4.99 for \$14.99 total. I then bought buy one get one free of CVS 9 volt batteries for \$4.39 both and .28 tax for \$4.67 total. I then used the bathroom at CVS. I chatted with a local walker. I chatted with another computer person. I finished my walk, and I sat out for a while. I then went by the Stop and Shop. I bought a 59 ounce container of Tropicana orange juice with calcium for \$3.69, Stop and Shop deli sliced Danish ham for \$5.99 a pound for \$6.26, Stop and Shop deli sliced Swiss cheese for \$6.99 a pound for \$7.41, a quart jar of Hellmann's olive oil mayonnaise for \$2.99, a 24 ounce Chef's Crock mashed potatoes for \$2.69, two 12 ounce packages of Purdue chicken cutlets for \$2.39 a package, bananas for .79 a pound for \$1.65 and 70 cents can return for \$28.77 total. I then went by the Putnam Shell at 401 West Putnam Avenue, and I bought \$12.03 of self service premium gasoline for \$4.399 a gallon with a dime a gallon off with my Stop and Shop card for 2.734 gallons at odometer reading of 71966 miles for 30.2 miles driving since Tuesday March 5, 2013 for 11.047 miles per gallon in mostly local traffic. I then returned home, and I put away my groceries. I chatted with a relative. CIO

<888> 03/26/13 Tuesday 9:05 A.M. I will now eat a few day old muffin. I will then go downtown to do some errands. CIO

<888> 03/26/13 Tuesday 8:40 A.M. I made 105 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 3 Episode 9 of ''Monarch of the Glen''. CIO

<888> 03/26/13 Tuesday 7:05 A.M. <u>Robert Frost (American poet) -- Britannica Online</u> <u>Encyclopedia</u>

Massachusetts Plan Starts Small for Big Upgrade to Rail System - NYTimes.com

Giant pandas land in Toronto, get airport greeting from PM - Toronto - CBC News

WSU GeoAnalytical Lab

Apolline Project

Tracking is <u>UPS Tracking</u> on the order for <u>Memorex 32020019439 24X DVDRW External</u> <u>DVD Writer - 24X, USB, Lightscribe at TigerDirect.com</u> for \$29.99 and \$8.31 shipping for \$38.30 total. Tracking is <u>USPS.com® - Track & Confirm</u> on the order for <u>Logitech ClearChat 981</u> 00008 Premium PC Black Headset 80005344 097855049421 | eBay for \$9.89 with free shipping.

BBC News - Government to plant 250,000 trees to beat ash dieback

BBC News - Bacteria power 'bio-battery' breakthrough

I will now make cigarettes. CIO

<888> 03/26/13 Tuesday 6:35 A.M. I picked up the mail from yesterday. CIO

<888> 03/26/13 Tuesday 5:50 A.M. I will now shower and clean up. CIO

<888> 03/26/13 Tuesday 5:30 A.M. I woke up at 4 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 03/25/13 Monday 5:05 P.M. On the primary work computer, I restored the Complete PC backup from November 18, 2012 from the third hard drive to both partitions on the first hard drive. I then restored any changed files. I installed some devices and tweaked some settings. I then installed the updates. I then did a Complete PC backup of both partitions on the first hard drive to the third hard drive, and then to the Western Digital external hard drive. Thus I have refreshed the primary work computer.

Around 10 A.M., I reheated a 8 ounce ham steak for three minutes in the microwave oven on 60% power on a microwave proof plate with lid, and I put Gulden's brown mustard on it, and I ate it with 12 ounce of mashed potatoes with Smart Balance spread and extra virgin olive oil, and steamed sliced baby carrots cut into quarters lengthwise with broccoli crowns with Smart Balance spread and extra virgin olive oil and a 12 ounce glass of Schweppes Ginger Ale. I chatted with a relative, and I chatted with a friend twice. I threw out the garbage.

<u>Prince Harry to visit US and Greenwich, Connecticut, skipping Vegas this time -</u> <u>GreenwichTime</u>.

I ate 4 ounces of Lays wavy potato chips.

I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 03/25/13 Monday 7:20 A.M. I woke up at 3:15 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. CIO

<888> 03/24/13 Sunday 4:50 P.M. Top 10 small towns in America | Fox News

Open that iPad before you buy it - CNN.com

I will now shut down the primary work computer, and I will go to sleep for the night. CIO

<888> 03/24/13 Sunday 4:30 P.M. On Channel 75 here from Cablevision, they have "Me TV" with all of the old television shows from the 1960s. I reheated and ate the last of the Rothschild stew with four heels of the 12 grain bread with Smart Balance spread and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 03/24/13 Sunday 2:45 P.M.

AS OF MARCH 24, 2013

09/01/1989 through 03/24/2013

Subcategory Total

Income Categories

Internet Advertising 604.44

Other Income

Computer Rebates 1,895.19

Computer Items Sold 1,161,80

Income - Unassigned 334.76

Total Income Categories \$3,996.19

Expense Categories

Computer Items

Software 2,354.35

Online 8,325.83

Internic Registration 70

Computer Hardware 23,667.96

Computer Items - Unassigned 2,291.57

Total Expense Categories \$36,709.71

Grand Total \$32,713.52

It works out to divided by 23.5 years to \$1392.07 per year divided by 12 months at \$116.06 a month for the last 23.5 years. Of course there have been some other expenses like electricity, telephone bills for internet activity before cable modems, etc. CIO

<888> 03/24/13 Sunday 2:30 P.M. I woke up at 1:15 P.M.. I ate the last 25% of a 8.5 ounce bag of 65% reduced Chex Mix. I propped up a place mat underneath the Abit computer monitor stand, so there is room for its Microsoft wireless keyboard. CIO

End of Scott's Notes week of 03/24/13

<888> 03/24/13 Sunday 9:55 A.M. I chatted with a relative. I will now send out my weekly notes. I will then take a nap. CIO

<888> 03/24/13 Sunday 9:30 A.M. I took a two pound piece of frozen ham yesterday, and I put it in the refrigerator to defrost. I reheated a 8 ounce ham steak for three minutes in the microwave oven on 50% power on a microwave proof plate with lid, and I put Gulden's brown mustard on it, and I ate it with 12 ounce of mashed potatoes with Smart Balance spread and extra virgin olive oil, and steamed sliced baby carrots cut into quarters lengthwise with broccoli crowns with Smart Balance spread and extra virgin olive oil and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO

<888> 03/24/13 Sunday 8:05 A.M. Palm Sunday - Wikipedia, the free encyclopedia

No Contract 3G Mobile Broadband Internet - No Credit Checks, Lowest Price

Plug and Play for Internet Connections - NYTimes.com

George Bush Presidential Library Foundation CIO

<888> 03/24/13 Sunday 7:25 A.M. I moved the big yellow lantern from the Shell lamp by the telephone table to the lower shelf of the blue night stand of the IBM ThinkCentre. I moved the Buckingham Palace model to the brass Shell Lamp by the telephone table. I moved the Aloe plant from on top of the Abit computer to the center living room window ledge. I moved the Netgear wireless router and the Netgear repeater from the center living room window ledge where they were getting to much sun exposure to on top of the Abit computer speaker bass woofer on top of the CPU. CIO

!!!!!! <888> 03/24/13 Sunday 6:20 A.M. I updated the pictures on <u>Michael Louis Scott's</u> Primary Computer System and other computer systems. CIO <888> 03/24/13 Sunday 5:05 A.M. I threw out the garbage. I picked up the mail. CIO

<888> 03/24/13 Sunday 4:05 A.M. I photographed all 13 of my computers started up and working.

http://mikelouisscott.com/comp-032413/

http://mikelouisscottcom.cv.siteprotect.net/comp-032413/

I will now shower and clean up. CIO

<888> 03/24/13 Sunday 2:45 A.M. I woke up, and I ate 75% of a 60% reduced fat 8.5 ounce bag of Chex Mix. I finally woke up at 1 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 03/23/13 Saturday 1:45 P.M. I will now shut down the primary work computer, and I will go to bed soon. I guess I am back on the New Amsterdam Night Watch in Greater South Western Connecticut. However, I do not go out after 10 P.M. at night anymore, since nobody else is ever out there, and in the winter it is too cold for me anymore. Still I am keeping busy at home, and my web notes show what I have been doing to keep busy. Once it warms up a bit if it ever does, I probably will be walking a little bit more, but with the higher prices of gasoline <u>Greenwich, Connecticut Gasoline Prices</u>, it tends to pay to stay home more, unless one has something important to downtown. It is better to use the energy to stay warm at home than to waste it to be cold outside. CIO

<888> 03/23/13 Saturday 1:00 P.M. In honor of the birth of the Rothschild Giraffe, I am making Rothschild stew. First one makes <u>Michael Louis Scott's Microwave Oven Rice</u> <u>Recipe</u>, and after it is ready, one puts in a 10.5 ounce can of Campbell's condensed mushroom soup and a cup of milk and flavors it with garlic powder, ground black pepper, Italian seasoning, and celery salt, and then mixes it all together, and with the lid back on the rice steamer, one heats it in the General Electric microwave oven on a couple of vegetable cycles or about three to five minutes regular microwave. I will eat half of it with a 12 ounce glass of Schweppes Ginger Ale and I will refrigerate the other half. CIO

<888> 03/23/13 Saturday 12:25 P.M. I took the generic white pair of speakers off the Asus Netbook, and I put them on the Dell Dimension 4600i computer in the bedroom. I moved the Logitech 2.1 speakers from the Dell to the fourth IBM ThinkCentre in the bedroom. I moved the Hercules 2.1 speaker system from the IBM ThinkCentre in the bedroom to the Asus Netbook in the living room. CIO

<888> 03/23/13 Saturday 11:05 A.M. I took the generic pair of white speakers off the second Dell Latitude D410 laptop setup, and I hooked them up the Asus Netbook using a Y-splitter 3.5 mm cable on the speaker output, so both the speakers and the headset are

connected. I put the speaker with the power switch on the left rear with the other speaker on the floor. Thus one can turn the speakers on and off easily. CIO

<888> 03/23/13 Saturday 10:15 A.M. I took the powered USB squid off the primary Dell Latitude D410 laptop computer, and I put it on the Asus Netbook hooking up my additional devices. I also attached a little LED light to the squid. I moved the Belkin USB hub from the Panasonic CF-29 Toughbook to the primary Dell Latitude D410 laptop computer. I hooked up a generic USB 2.0 hub to the Panasonic CF-29 Toughbook. I hooked up a small LED light to the primary Dell Latitude D410 laptop hub. CIO

<888> 03/23/13 Saturday 9:45 A.M. I chatted with a relative. CIO

<888> 03/23/13 Saturday 9:15 A.M. The Motorola H780 Bluetooth Headset works just fine plug and play on the Asus Netbook, and it is available for use with <u>www.skype.com</u>, but one has to change the Skype Audio setting to use it instead of the Logitech headset which is the default setup.

I also set up the Alfa 18 inch wireless antenna on the Asus Netbook. It has a longer range to receive wireless. Usually when the power goes off around here in Byram, there is no wireless available. However, at the family house in Kennebunkport, Maine sometimes the wireless is not available, but there is a nearby wireless about a 1000 feet away that I can use with the Alfa antenna. CIO

<888> 03/23/13 Saturday 7:45 A.M. To have a reliable external DVD/RW USD drive, I ordered <u>Memorex 32020019439 24X DVDRW External DVD Writer - 24X, USB,</u> <u>Lightscribe at TigerDirect.com</u> for \$29.99 and \$8.31 shipping for \$38.30 total. CIO

<888> 03/23/13 Saturday 6:35 A.M. I hooked this up to the Asus Netbook <u>Motorola H780</u> <u>Bluetooth Headset with Cirago BTA-6210 USB 2.0 Micro Bluetooth Dongle</u>, and in Windows 7, it installs plug and play. However, I have to charge up the headset for two hours, if it still works. I bought it in November 2009, but I never really used it. CIO

<888> 03/23/13 Saturday 5:50 A.M. To replace the headset on the Panasonic CF-29 Toughbook laptop computer that I am using on the Asus Netbook, I ordered the same one Logitech ClearChat 981 00008 Premium PC Black Headset 80005344 097855049421 | eBay for \$9.89 with free shipping. CIO

<888> 03/23/13 Saturday 5:05 A.M. <u>Barack Obama in Israel: 'the Beast' limo breaks down</u> - <u>Telegraph</u> . CIO

<888> 03/23/13 Saturday 4:55 A.M. I put a switchable power strip on the Asus Netbook setup, so the power adapter is not always left turned on. CIO

<888> 03/23/13 Saturday 4:50 A.M. I ate a 18.8 ounce can of Campbell's New England clam chowder with two slices of 12 grain bread with Smart Balance spread and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 03/23/13 Saturday 3:45 A.M. I backed up the final configuration of the Asus Netbook to the Bytecc external hard drive. It is compressed, so it is only about a 10.5 gigabyte backup of the 25 gigabyte actual size. CIO

<888> 03/23/13 Saturday 2:55 A.M. I put away the laundry. When I lived around the <u>www.navy.mil</u> down in Key West, Florida, they had about 40 Laundromats in Key West, Florida, and everyone did laundry on rainy days.

I remembered today back in the winter of 1980, when I was living in New Canaan, Connecticut with a friend at a relative's apartment, I would drive into Manhattan at nights and go to a pub near Ronald Reagan's son's apartment in Greenwich Village where all of his friends from California would hang out. One night instead I explored the East Side, and I ran into somebody on East 54th Street from Denmark that looked like George Cary or Tony Blair. That was the night of the famous ice storm. I drove the individual out to New Canaan, and introduced him to my roommate. I showed him around the apartment, and he drank a glass of milk. I then drove him back into Manhattan during the ice storm. One the way into Manhattan, I saw dozens of cars on their roofs that had flipped over in the ice storm. I then returned to New Canaan. There must be a lot of people in Europe that look like George Cary or Tony Blair, since I have seen other people that look like them over the years.

I put my music files on the Asus Netbook. CIO

<888> 03/23/13 Saturday 1:50 A.M. On the Asus Netbook with Windows 7 Starter edition, when I installed Internet Explorer 10, when I would open it, I would get the home page along with the Internet Explorer First Run Setup Pop-up page tab, which kept coming up every time I opened Internet Explorer 10. I found this page <u>Internet Explorer 8 and 9 - Enable or Disable First Run Set Up Pop-up - Windows 7 Help Forums</u> with the registry tweak Option One Number 1 for removing the first run setup page. CIO

<888> 03/23/13 Saturday 1:45 A.M. I have 45 minutes to go on two dry cycles. CIO

<888> 03/23/13 Saturday 1:15 A.M. <u>Rare Rothschild giraffe born at Greenwich</u> <u>conservation center - GreenwichTime</u>. CIO

<888> 03/23/13 Saturday 1:10 A.M. I woke up at midnight. I put clean linens on the bed. I started two loads of wash, and I have 20 minutes to go on the wash cycles. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 03/22/13 Friday 5:55 P.M. I ate 12 ounces of five Gorton minced fish filets with 8 ounces of tater tots and steamed broccoli crowns and baby carrots cut into quarters lengthwise with extra virgin olive oil and Smart Balance spread, a 12 ounce glass of Schweppes Ginger Ale, and a cup of green tea with Splenda sweetener and Borden's lemon juice. I will now take a nap. CIO

<888> 03/22/13 Friday 4:20 P.M. I did some more configuration on the Asus Netbook, and I tweaked some settings. I chatted with a neighbor about the price of tea in China. I picked up the mail. They are supposedly inspecting downstairs, but no sign of anyone inspecting on the second floor. I am getting a bit hungry, so I think I will quit waiting to be inspected and go ahead and cook dinner. CIO

<888> 03/22/13 Friday 2:15 P.M. I received a notice outside my door this morning that the Greenwich Housing Authority inspectors are suppose to inspect the new ceiling panels and insulation in the apartments today, but nobody has shown up yet. They have left similar notices over the last two weeks without anyone showing up. CIO

<888> 03/22/13 Friday 2:00 P.M. Sakurajima Volcano

VUELCO | Volcanic Unrest in Europe and Latin American Countries

Save Even More with AARP Driver Safety

Job Choices Online

Jobs - Answers.com

SwissEduc - Stromboli online - Etna 2011-2013

BBC News - Dinosaur-killing space rock 'was a comet'

BBC News - Microsoft details global police data requests

BBC News - Could a folding car solve parking problems?

BBC News - Reconstructed skeleton of giant pterosaur unveiled in Brazil

I have not cleaned my apartment since the middle of June 2012, except that I cleaned the bathroom in October 2012, so I should probably do house cleaning one of these days now that the new ceiling and insulation are installed. CIO

<888> 03/22/13 Friday 1:15 P.M. I made 127 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 3 Episode 8 of "Monarch of the Glen". CIO

<888> 03/22/13 Friday 11:05 A.M. I will now shower and clean up. I will then throw out the garbage. I will then make cigarettes. CIO

<888> 03/22/13 Friday 10:30 A.M. The external DVD/RW drive works just fine on the second Dell Latitude D410 laptop computer. I can not figure out why it would not work on the Asus Netbook. However, I do not need to use it on the Asus Netbook, so it is not a problem. CIO

<888> 03/22/13 Friday 9:35 A.M. I woke up, and I ate a day old muffin. I finally woke up at 8 A.M.. I defragmented the C: drive on the Asus Netbook. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. I will now make up a fresh batch of punch. CIO

<888> 03/21/13 Thursday 11:40 P.M. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 03/21/13 Thursday 11:15 P.M. It did not take that long for the backup. I guess it uses compression, because the backup was only 8 gigabytes in size. However, when I tried to burn a Restore Bootable CD, the external DVD/RW drive would not work. I did a USB pen drive bootable restore to a spare 2 gigabyte pen drive to boot for a restore that way. I shut down the Asus Netbook.

I will now heat and eat a 15 ounce can of Chef Boyardee beef ravioli and eat it with a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 03/21/13 Thursday 10:20 P.M. I chatted with a relative. I finished configuring the Asus Netbook. I installed the Free Paragon Backup <u>Free Backup Software: Paragon</u> <u>Backup & Recovery Free Edition - Overview</u>, and I am now backing up its 20 gigabytes of files to the Western Digital external USB hard drive which will take about an hour. I disabled the SCI driver that installed with the Western Digital external hard drive, since it is not needed, and it caused the computer to crash the first try at restoring. I also set the Western Digital external hard drive in Policies to Safe Remove for a slower backup. CIO

<888> 03/21/13 Thursday 7:00 P.M. I am still configuring the Asus Netbook. I moved it to the computer stand to the left of the left living room closet. I moved the Panasonic CF-29 Toughbook from that location to the computer stand in front of the white bookcase at the kitchen entrance. CIO

<888> 03/21/13 Thursday 4:45 P.M. I put the two gigabyte memory strip in the Asus Netbook. I am just finishing installing the Windows Updates. It is awfully nice little computer for the price. If ordering one, be sure to order one with power supply and battery and product key. CIO

<888> 03/21/13 Thursday 3:55 P.M. <u>Global Volcanism Program | Volcanic Activity</u> <u>Reports | Smithsonian / USGS Weekly Volcanic Activity Report |</u>

<u>Ronald Reagan Presidential Foundation and Library: Email - Special Pricing on Reagan</u> <u>Library Favorites-Limited Time Offer!</u>

Strengthening Resilience in Volcanic Areas

Professional Training | OSOP - Experts in Seismic Software and Hardware

IRIS Webinars

BBC News - Planck satellite: Maps detail Universe's ancient light

BBC News - Whole internet probed for insecure devices CIO

<888> 03/21/13 Thursday 3:35 P.M. I replaced the bedroom smoke detector battery with a new CVS 9 volt alkaline battery. I will replace the two living room smoke detector batteries, once I get some more 9 volt batteries.

I have two sleeves to hold the Asus Netbook, should I ever travel with it. CIO

<888> 03/21/13 Thursday 2:55 P.M. I picked up the mail. The order with tracking of <u>Package ID Results</u> on the order for <u>Computer memory upgrades for ASUS Eee PC 1018P</u> (DDR3 Series) Netbook from Crucial.com for \$20.89 with 5% discount with Tech Bargains Coupon and \$1.33 tax for \$22.22 total with free shipping arrived. The next chance I have to shut down the Asus Netbook, I will put the two gigabyte memory strip in. CIO

<888> 03/21/13 Thursday 2:20 P.M. I setup the Asus Netbook with a Microsoft Notebook 3000 wireless mouse. I have Windows 7 SP1 Starter operating system installed on it. It all works just fine. I am now installing the Windows Updates. I was able to Activate it with the Product Key on the bottom of the Asus Netbook. One has to be sure tell the difference between 8s and Bs when entering the product key, so maybe one should use a magnifying glass. I chatted with a local walker. CIO

<888> 03/21/13 Thursday 12:45 P.M. The Asus Netbook came with the battery, power supply, and Windows 7 Starter product key. CIO

<888> 03/21/13 Thursday 12:30 P.M. The order with tracking of <u>UPS: Tracking</u> <u>Information</u> on the order for refurbished without operating system but with license key <u>Asus Eee PC 1018P 10.1in Netbook 1.66GHz 1GB 250GB WiFi - CowBoom.com</u> for \$149.99 less \$50 with coupon code "ASUS50" and \$6.35 tax and free shipping for \$106.34 total arrived. CIO

<888> 03/21/13 Thursday 12:20 P.M. I ate a roast beef and Swiss cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle slice and Lays wavy potato chips and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 03/21/13 Thursday 11:30 A.M. I chatted with neighbors. I threw out the garbage. I went out to my 10:30 A.M. appointment early at 9:30 A.M.. I used the free Valet parking, since no regular parking places were available. While waiting I read <u>The Magazine |</u> <u>Greenwich Hospital</u> which had a lot of great Chef food recipes. I then returned home at 10:45 A.M.. With all on the news about Cyprus on Bloomberg News <u>http://www.bloomberg.com/</u>, I think <u>Renaissance Capital - The IPO Expert</u> is also from Cyprus with local offices in Greenwich, Connecticut, but I do not know how it will effect them. CIO

<888> 03/21/13 Thursday 8:50 A.M. I will now shower and clean up. I will then go out to my 10:30 A.M. appointment early. CIO

<888> 03/21/13 Thursday 8:00 A.M. Good New York lawyers:

Cravath, Swaine & Moore LLP

Davis Polk & Wardwell LLP

<u>Milbank</u>

The Law Firm of Vinson & Elkins, A Global Law Firm Serving Business Clients CIO

<888> 03/21/13 Thursday 7:55 A.M. I moved the aloe plant from the computer table by the bookcase at the kitchen entrance to on top of the woofer speaker of the Abit computer. I moved the other items nearby. I will setup the Asus Netbook there. I could set it up on the Panasonic Toughbook CF-29 table further into the living room by the hallway entrance, but for starters I need to be able to access the external DVD drive by the Dell Latitude D410 laptop computer for installation purposes. CIO

<888> 03/21/13 Thursday 7:10 A.M. I woke up, and I ate the remaining 50% of a 8.5 ounce 65% reduced fat bag of Chex mix. I finally woke up at 5:45 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. I have a 10:30 A.M. appointment today. CIO

<888> 03/20/13 Wednesday 11:55 P.M. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 03/20/13 Wednesday 11:30 P.M. On the order for the Asus Netbook, each item is different. The one that I ordered comes with power adapter, battery and license key. I watched series 3 episode 7 of "Monarch of the Glen". CIO

<888> 03/20/13 Wednesday 10:10 P.M. <u>Trending: Where Our Neighbors Are From -</u> <u>Trending</u>. CIO

<888> 03/20/13 Wednesday 9:40 P.M. <u>Get hands-on at the Windows Azure Developer</u> <u>Camp.</u>

Microsoft Jump Start Series

Note on Greenwich Housing Authority Plans for Vinci Drive:

The Greenwich Housing Authority will be holding a Public Meeting tonight, Wed. March 20th 7:30pm ST Paul's Church, 286 Delavan Avenue in the downstairs fellowship hall This informational meeting will be regarding a new proposal for the construction of new units on Vinci Dr. The Housing Authority has applied for a Grant from the State for Congregate Senior housing This meeting is public please spread the word

Sincerely,

Stephen G. Walko State Representative for the 150th District Serving Greenwich

End of Note:

Biltmore Email Newsletter CIO

<888> 03/20/13 Wednesday 8:45 P.M. I woke up at 8 P.M., and I chatted with a relative. I am just about to eat a Stauffer's 19 ounce meat and tomato lasagna with grated parmesan and Romano cheese and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice.

When <u>www.whitehouse.gov</u> travels around on <u>Air Force One - Wikipedia, the free</u> <u>encyclopedia</u>, they are traveling around on 23 year old jets, so I do not think it is a glamorous as the television makes it seem. CIO

<888> 03/20/13 Wednesday 3:20 P.M. I went downtown, and I picked up a prescription at CVS on Greenwich Avenue. I paid 50 cents to park downtown. I then went further downtown, and I sat out for a half hour enjoying the spring day. It was not very busy out. I then returned home. I picked up the mail. I will now take a nap. CIO

<888> 03/20/13 Wednesday 1:45 P.M. I ate a roast beef and Swiss cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle slice and Stop and Shop wavy potato chips and a 12 ounce glass of Schweppes Ginger Ale. I will now go downtown. CIO

<888> 03/20/13 Wednesday 12:20 P.M. I finished putting the items back on the closet shelves in the apartment. I threw out some old boxes and shipping boxes and packing materials. CIO

<888> 03/20/13 Wednesday 11:15 A.M. I chatted with neighbors and the building custodian. I chatted with two relatives. The ceiling people finishing doing my closet ceiling with new ceiling tiles and insulation. I now have to put the items back on the closet shelves. The order with tracking of <u>UPS Tracking</u> on the order for 80 ounces of <u>Peter</u> <u>Stokkebye Turkish Pipe Tobacco (ounces)</u> for \$1.37 an ounce for \$109.83 with free shipping arrived. CIO

<888> 03/20/13 Wednesday 10:00 A.M. I threw out the garbage. I chatted with neighbors. The ceiling guy are working in the apartment down the hallway, so they will be doing me sometime today possibly around noon. CIO

<888> 03/20/13 Wednesday 9:40 A.M. I have all of the closet shelves cleared out. CIO

<888> 03/20/13 Wednesday 9:00 A.M. I will now shower and clean up. CIO

<888> 03/20/13 Wednesday 8:10 A.M. I woke up at 6:45 A.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed.

The ceiling people are going to do my closet ceiling at noon today. I have to take the items off the closets' shelves. CIO

<888> 03/19/13 Tuesday 9:05 P.M. I chatted with a relative. My relative went to a Senior Citizen lecture by a former <u>http://www.nasa.gov/</u> official today. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 03/19/13 Tuesday 8:30 P.M. I watched series 3 episode 6 of "Monarch of the Glen". CIO

<888> 03/19/13 Tuesday 7:00 P.M. iFly KLM Magazine

Tracking is <u>UPS Tracking</u> on the order for 80 ounces of <u>Peter Stokkebye Turkish Pipe</u> <u>Tobacco (ounces)</u> for \$1.37 an ounce for \$109.83 with free shipping.

I guess Scottish Rules apply in Greenwich, Connecticut, since we have so many golf courses.

Golf & Country Club - GreenwichCC

Welcome - Round Hill Club

Public Home. | The Stanwich Club

Burning Tree Country Club - Home

Home - Milbrook Club

Welcome - Innis Arden Golf Club

Tamarack Country Club Home Page

Public Home - Fairview Country Club

Griffith E. Harris Golf Course - Town of Greenwich, Connecticut CIO

<888> 03/19/13 Tuesday 6:40 P.M. I ate a 18.8 ounce can of Campbell's New England clam chowder with dried parsley and a Kaiser roll with Smart Balance spread and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 03/19/13 Tuesday 5:50 P.M. I woke up at 4:15 P.M.. I watched series 1 episode 11 of "Warehouse 13". CIO

<888> 03/19/13 Tuesday 4:50 P.M. I woke up at 4:15 P.M.. I picked up the mail. CIO

<888> 03/19/13 Tuesday 12:45 P.M. The order with tracking of <u>UPS: Tracking</u> <u>Information</u> on the order for six <u>RNA DNA 100 Tablets Country Life - Compare Price and</u> <u>Reviews at VitaDigest.com</u> for \$6.28 each less 4.5% off with coupon code "Green4day4" for \$1.68 off and \$6.99 shipping for \$42.69 total arrived. I unpacked it, and I threw out the shipping box, and the garbage. I will now take a nap. CIO

<888> 03/19/13 Tuesday 12:05 P.M. I am just about to eat a 19 ounce Stouffer's meat and tomato lasagna with grated parmesan and Romano cheese and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 03/19/13 Tuesday 11:35 A.M. <u>MSc Volcanology and Geological Hazards - Master's</u> <u>Courses at Lancaster Environment Centre</u>

Lancaster University Management School

Volcanology, Geochemistry and Petrology Section Awards CIO

<888> 03/19/13 Tuesday 11:05 A.M. I mailed the Greenwich, Connecticut Register of Voters verification form in the mail room downstairs. CIO

<888> 03/19/13 Tuesday 10:05 A.M. Tracking is <u>Package ID Results</u> on the order for <u>Computer memory upgrades for ASUS Eee PC 1018P (DDR3 Series) Netbook from</u> <u>Crucial.com</u> for \$20.89 with 5% discount with Tech Bargains Coupon and \$1.33 tax for \$22.22 total with free shipping. CIO

<888> 03/19/13 Tuesday 9:50 A.M. I went outside, and I cleaned a little bit of snow off the Audi. I chatted with neighbors. The ceiling people are here, and they told me they would

do my closet ceilings tomorrow around noon. I have to take the items off the closet shelves before they do it. CIO

<888> 03/19/13 Tuesday 8:35 A.M. I will now shower and clean up. CIO

<888> 03/19/13 Tuesday 8:05 A.M. I chatted with a friend.

I bought 80 ounces of <u>Peter Stokkebye Turkish Pipe Tobacco (ounces)</u> for \$1.37 an ounce for \$109.83 with free shipping.

<888> 03/19/13 Tuesday 7:05 A.M. I woke up at 6 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed.

On the order with tracking of <u>UPS: Tracking Information</u> on the order for refurbished without operating system but with license key <u>Asus Eee PC 1018P 10.1in Netbook 1.66GHz</u> <u>1GB 250GB WiFi - CowBoom.com</u> for \$149.99 less \$50 with coupon code "ASUS50" and \$6.35 tax and free shipping for \$106.34 total, I thought the battery was included, when I ordered it. It now says the battery is not included. I could either return it, if it does not have the battery or spend more money for a new battery.

Since the Asus netbook is suppose to be black color, if I do not get the battery, I could order this <u>Lenmar Replacement Battery for Asus Eee PC Series Laptop Computers (black)</u> <u>| Staples®</u> for \$69.99 and add \$5.01 to the order, and use my \$25 off \$75 Staples internet coupon that I have. I will wait until I receive the Asus Netbook to see whether or not it comes with the battery. CIO

<888> 03/18/13 Monday 11:25 P.M. I will now shut down the primary work computer, and I will eat a day old muffin. I will then go to bed.

Snow today, spring tomorrow - GreenwichTime

National Weather Service Watch Warning Advisory Summary CIO

<888> 03/18/13 Monday 11:05 P.M. This is what I looked like after I finished the garage apartment out in Plandome Manor, Long Island in February 1983, and I went down to Florida to visit my father and his third wife before going to Oslo, Norway.

http://mikelouisscott.com/mls-fl-83.jpg

<u>http://mikelouisscottcom.cv.siteprotect.net/mls-fl-83.jpg</u>. I was always thin, until I returned to Greenwich, Connecticut in December 1983 just before Christmas, and on the social services programs, I was able to eat more. I sort of look Norwegian in the picture, so I guess that is why nobody noticed me in Oslo, Norway. I was almost age 33 in the picture. CIO

<888> 03/18/13 Monday 10:30 P.M. <u>Wright or wrong? Smithsonian enters 'first in flight'</u> <u>fight | Fox News</u>

© John Brown . CIO

<888> 03/18/13 Monday 10:10 P.M. This company <u>Invisible Fence, Pet Containment, Dog</u> <u>Obedience Training - Canine Company - We Love Dogs and it Shows!</u> provides the invisible fence around St. Mary's downtown on Greenwich Avenue. CIO

<888> 03/18/13 Monday 9:55 P.M. Norwegian Royal Family - Bing Images

The Royal House of Norway - English CIO

<888> 03/18/13 Monday 9:25 P.M. <u>Mystery masterpiece revealed as Rembrandt self-portrait - CNN.com</u>

Visitor information - National Trust Buckland Abbey CIO

<888> 03/18/13 Monday 9:10 P.M. There is a big hole for a foundation where the old Thataway restaurant and patio used to be on the bottom of Greenwich Avenue on the East side. Also the old central Greenwich Fire Station is being dismantled. They are saving the exterior art deco stone work. They are suppose to build a new fire station in the same location. The temporary central fire station is down by the Boys Club by the southwest train station parking lot. I chatted with a relative. CIO

<888> 03/18/13 Monday 8:30 P.M. <u>Ronald Reagan Presidential Foundation and Library:</u> Email - Ari Fleischer - Live Webcast at the Reagan Library. Tuesday, Mar 19th 6pm PDT

Tracking is <u>UPS: Tracking Information</u> on the order for refurbished without operating system but with license key <u>Asus Eee PC 1018P 10.1in Netbook 1.66GHz 1GB 250GB WiFi</u> <u>- CowBoom.com</u> for \$149.99 less \$50 with coupon code "ASUS50" and \$6.35 tax and free shipping for \$106.34 total.

Microsoft to push Windows 7 Service Pack 1 to users starting March 19 | ZDNet

BBC News - Internet pioneers win engineering prize

BBC News - Esa seeks help to control robot spacecraft CIO

<888> 03/18/13 Monday 8:00 P.M. I ate a 15 ounce can of Chef Boyardee beef ravioli and a 12 ounce can of Schweppes Ginger Ale. CIO

<888> 03/18/13 Monday 7:15 P.M. I watched series 1 episode 10 of "Warehouse 13". I wander where the other warehouses are. I know in "Raiders of the Lost Arc", there was another large warehouse at Wright Patterson Air Force Base out in Ohio. The Wrights were the brothers that invented the airplane, after working as bicycle mechanics. They

also have the Wright Brothers Hardware store out in Manhasset, Long Island. The Wright Brothers Hardware store has a lot of the parts for old houses built in the first half of the 20th century, if anyone is doing maintenance. The use to have such parts as Eagle electric parts, Waldorf sink parts, and radiator bleeder valves. They also had photoelectric light switches for outdoor lights. CIO

<888> 03/18/13 Monday 6:10 P.M. I woke up at 5:45 P.M.. I picked up the mail. CIO

<888> 03/18/13 Monday 2:30 P.M. I will now take a nap. CIO

<888> 03/18/13 Monday 2:05 P.M. I made 87 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 3 Episode 5 of "Monarch of the Glen". CIO

<888> 03/18/13 Monday 12:30 P.M. I ate a deli sliced Virginia ham and deli sliced Swiss cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle slice and Stop and Shop wavy potato chips and a 12 ounce glass of Schweppes Ginger Ale.

Thirty years ago after finishing the garage apartment in Plandome Manor, Long Island, I was staving at the Best Western West Hotel Oslo, Norway. When I had arrived in Oslo, Norway a couple weeks earlier, there was six feet of snow on the ground. I had originally bought a round trip package at the S.A.S. airline counter at Kennedy airport for a week's stay at the S.A.S. hotel in Stockholm, Sweden with round trip air fare for \$800 cash. However, the flight did not land in Sweden but at the military airport in Oslo, Norway for some odd reason. When they transferred us to the S.A.S. hotel in downtown Oslo, I was told that my ticket was only a one way ticket to Stockholm, and there was no return fare or hotel included. Thus I was swindled by S.A.S. I stayed at the Y.M.C.A. across the street from the S.A.S. hotel for a couple of nights, and I used the health club at the S.A.S. hotel. When they wanted me to pay for the Y.M.C.A., I did not have enough money, so they locked me out of my room on a very cold winter's night, and would not let me have access to my luggage. I walked around all night in Oslo, and finally I walked into the Best Western Hotel behind the Palace, and I gave them my U.S. passport, and they let me have a room where I stayed for about another week. I did not eat hardly any food while in Oslo, since I did not have any money except for Swedish WASA crisps. I walked all over Oslo. I even went to a concert in the Peace Hall. After a week, the United Stated Embassy had contacted my father down in Florida, and he paid my hotel bills and my return flight to the United States. The United States embassy drove me to the civilian airport in Oslo, and I caught a flight to Copenhagen. They gave me a hundred dollars cash. I bought two cartons of Prince cigarettes in the Copenhagen airport, and I did not leave the airport, but caught my connecting flight on a new S.A.S. 747 to Kennedy airport in New York. Since I did not have hardly any money, I spent a week wandering around Kennedy airport homeless during Easter time. Finally I contacted my friend out on Long Island, and I took the train to his house and he gave me another hundred dollars, and I returned to Kennedy airport. I then bought a ticket to Nantucket and returned to Nantucket in April 1983 and started working again. I recall once I had earned a little bit of money that month, I flew off Nantucket to New York for a couple of days and returned to

Nantucket, where I stayed until just before Halloween in 1983 working mostly at <u>Languedoc Bistro a Nantucket Restaurant and Inn. Serving French cuisine on Nantucket</u> <u>for over 30 Years</u> as the head dishwasher. I left Nantucket then to drive down to Florida with a relative, and I returned to Nantucket around the first of November 1983, and I stayed there until Thanksgiving Time, when I left the Island for good after the restaurant closed for the season. I caught a flight from Hyannis airport to LaGuardia, and I took the Amtrak up to Toronto, where I stayed for about a week at the Anglican Seminary at the University of Toronto before returning back down to New York. I was homeless in New York for about a week, and finally I returned to Greenwich, where after a week's time in the Greenwich Hospital, I was released. After another week of being homeless in New York, I returned to the Greenwich Hospital with swollen feet once again, and after a complete physical, my social worker got my an apartment in Greenwich the week before Christmas in 1983, and I have been here ever since.

I will now make cigarettes. CIO

<888> 03/18/13 Monday 11:00 A.M. I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. They are beginning to install cabinets at the new <u>Hermès - Welcome to the official Hermes.com</u> website just north of the senior the arts center. Also they have taken down the scaffolding from around the <u>Find Checking, Savings & Lending Products That Help You Reach Your Goals | Citizens Bank</u> at upper Greenwich Avenue. I stopped by CVS, and I used the bathroom. The meter people on Greenwich Avenue have new <u>www.ford.com</u> subcompact automobiles, but they are not electric. After my walk, I sat out for a while enjoying the clear winter ambience of downtown Greenwich Avenue which was not very busy. I then went by the Stop and Shop, and I bought a package of four day old muffins for \$2, buy one get two free of six packs of Thomas' English muffins for \$4.19 all, a 10.5 ounce bag of Lays wavy potato chips for \$3, a 24 ounce package of Simply mashed potatoes for \$2, a two pound bag of baby carrots for \$3.29, bananas for .79 a pound for \$1.58, broccoli crowns for \$1.99 a pound for \$1.09 and 80 cents can return for \$16.35 total. I then returned home, and I put away my groceries. CIO

<888> 03/18/13 Monday 7:05 A.M. I will now shower and clean up. I will then go downtown. Depending on how I feel out in the cold, I do not know whether or not I will walk out there in the Siberian Tundra. When I came back from <u>Welcome to Mt Irvine</u> during the first week of May in 1971, there was six inches of snow on the ground at Kennedy airport in New York, so we can have colder weather here in the spring. It is in the 90 degrees Fahrenheit in San Antonio, Texas recently <u>7-Day Forecast for Latitude</u> <u>29.41°N and Longitude 98.5°W (Elev. 630 ft)</u>. CIO

<888> 03/18/13 Monday 6:10 A.M. I ate 50% of a 60% reduced fat 8.5 ounce bag of Chex mix. I woke up at 5:15 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 03/17/13 Sunday 11:50 P.M. I watched series 3 episode 4 of "Monarch of the Glen". I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 03/17/13 Sunday 10:35 P.M. <u>N M Rothschild & Sons - Wikipedia, the free</u> encyclopedia

Christopher O'Neill - Wikipedia, the free encyclopedia

BBC News - Mariana Trench: Deepest ocean 'teems with microbes'

BBC News - Soyuz crew in chilly return after 144 days in Space CIO

<888> 03/17/13 Sunday 9:25 P.M. I woke up at 8:30 P.M.. I chatted with a relative. I am just about to eat a Stouffer's five cheese lasagna with grated parmesan and Romano cheese and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO

<888> 03/17/13 Sunday 6:00 P.M. I will now rest some more. CIO

<888> 03/17/13 Sunday 5:10 P.M. I chatted with a relative. CIO

<888> 03/17/13 Sunday 3:00 P.M. I woke up at 2 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

End of Scott's Notes week of 03/17/13

<888> 03/17/13 Sunday 6:25 A.M. I finished burning two copies each of the Windows 7 Starter 32 bit and SP1 DVDs.

Ian Ross, Who Led Bell Labs, Dies at 85 - NYTimes.com

To have two gigabytes of memory for the Asus Eee PC 1018P Netbook, I ordered <u>Computer memory upgrades for ASUS Eee PC 1018P (DDR3 Series) Netbook from</u> <u>Crucial.com</u> for \$20.89 with 5% discount with Tech Bargains Coupon and \$1.33 tax for \$22.22 total with free shipping.

I will now send out my weekly notes. I will then shut down the primary work computer, and I will eat a few day old muffin, and I will then go to bed. CIO

!!!!!! <888> 03/17/13 Sunday 12:05 A.M. I ordered refurbished without operating system but with license key <u>Asus Eee PC 1018P 10.1in Netbook 1.66GHz 1GB 250GB WiFi -</u> <u>CowBoom.com</u> for \$149.99 less \$50 with coupon code "ASUS50" and \$6.35 tax and free shipping for \$106.34 total. I found this note about restoring the Windows 7 operating system on the Asus Eee Netbook <u>How to download Windows 7 Starter</u>

For people with Microsoft MSDN accounts, the Windows 7 Download is available here <u>https://msdn.microsoft.com/subscriptions/securedownloads/default.aspx?pv=36%3a350#searchTerm=&ProductFamilyId=350&Languages=en&PageSize=10&PageIndex=0&FileId=0</u>

Free way, the Windows 7 Starter X86 32 bit *.iso file is called "en_windows_7_starter_x86_dvd_x15-68956.iso". I downloaded and installed <u>GoforFiles</u> and searched for the Windows 7 Starter *.iso file under its name "en_windows_7_starter_x86_dvd_x15-68956.iso" or Windows 7 Starter 32 bit or Windows 7 Starter SP1, and I downloaded the original version and SP1.

The only problem is that the GOforFiles program tried to install two different Trojan Viruses that my McAfee Security program quarantined, so it is a risky procedure. The original version boots, but I have not tried the SP1 version yet. I will now burn two copies of each to DVD. CIO

<888> 03/16/13 Saturday 10:30 P.M. I ate 9 ounces of Purdue grilled chicken strips, 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil, steamed broccoli crowns and baby carrots with extra virgin olive oil and Smart Balance spread, a 12 ounce glass of Schweppes Ginger Ale, and a cup of green tea with Splenda sweetener and Borden's lemon juice. CIO

<888> 03/16/13 Saturday 9:25 P.M. At the moment, the Bar Business is profitable in Cayo Hueso Live Duval Street Web Cam in Key West, Florida :: Sloppy Joe's Bar :: .

Lanzarote

Florida Keys Resort | Cheeca Lodge | Florida Keys Resort

Key West Hotels- Florida Keys Luxury Resort- Casa Marina A Waldorf Astoria Resort

Key West Hotel | Florida Keys Oceanfront Resort - Best Western Key Ambassador

John Pennenkamp Coral Reef State Park

<u>Florida Keys Luxury Resort – Cheeca Lodge & Spa – Islamorada Florida Hotel Resort</u>

Luxury Caribbean Resorts & Beach Vacations | Caneel Bay | Luxury Virgin Island Resort & Getaway

Virgin Islands National Park (U.S. National Park Service)

Welcome to Mt Irvine

Disney's Vero Beach Resort | Disney Beach Resort Destinations

Luxury 5 Star Resort | Sea Island | Five Star Hotel in Georgia .

Westchester Airport has flights to the Bahamas on <u>http://www.jetblue.com/</u> with a stop over in Fort Lauderdale, where one could rent a house in <u>Lyford Cay Sotheby's</u> <u>International Realty.</u> or stay at <u>All inclusive Bahamas Hotel | Paradise Island | Bahamas</u> <u>Hotel</u> or <u>Bahamas Resort</u>, <u>Bahamas Hotels</u>, <u>Island Resorts | Atlantis Paradise Island</u> or in Palm Beach <u>Florida Resorts: The Breakers Palm Beach Oceanfront Luxury Hotel</u> <u>Vacations</u> or in Coral Gables <u>Biltmore Hotel in Miami | Luxury Resort with Award</u> <u>Winning Spa, Golf Course & Restaurants</u> or in Boca Raton <u>Boca Raton Hotels</u>, <u>Resorts-South Florida Resort</u>, <u>Spa, Hotel- Boca Raton Resort & Club</u> or invest at the <u>John's Island</u> <u>Club</u>

<u>Elbow Beach (Paget, Bermuda) | Expedia</u> or in Tampa, Florida <u>Don CeSar Beach Hotel | St</u> <u>Pete Beach Hotel | Loews Hotels - Loews</u> or in Fort Lauderdale for one's yacht at the <u>Fort</u> <u>Lauderdale Beach Hotels Bahia Mar</u> or <u>Pier 66 Fort Lauderdale Hotels & Florida Luxury</u> <u>Resorts - Hyatt Regency Pier Sixty-Six Resort and Spa</u> where the <u>http://www.forbes.com/</u> used to keep their yacht "The Highlander". In February 1982, when I finished the garage apartment in Plandome Manor, Long Island, I spent several weeks in Oslo, Norway at the Y.M.C.A. across the street from <u>Hotel Oslo. Book the stylish Radisson Blu Scandinavia</u> <u>Hotel, Oslo.</u> and the <u>Best Western West Hotel Oslo, Norway</u>. I thought about moving to Oslo, Norway to have a quiet more peaceful life amongst my native Nordic people, but my family insisted I come back to his country to live around the hodge podge of various people from around the world. <u>Burkhalter Travel / Travel Headquarters / Olson Travel</u>

Hyatt Regency Maui Resort & Spa - Hawaii Hotel .

Take a chance with the Pirates <u>Luxury Yacht Charter, Yachts for Sale, Brokerage, Yacht</u> <u>Management, Superyacht Construction - Fraser Yachts</u>. CIO

<888> 03/16/13 Saturday 9:05 P.M. I chatted with a relative. <u>Fairfield County,</u> <u>Connecticut National Weather Service Watch Warning Advisory Summary</u> says there might be Black Ice on the roads in this area. CIO

<888> 03/16/13 Saturday 8:20 P.M. <u>Opinion: The Internet is a surveillance state -</u> <u>CNN.com</u>

5 tech habits every computer user needs to have | Fox News

Do you know your digital etiquette? | Fox News Video CIO

<888> 03/16/13 Saturday 8:05 P.M. <u>Ronald Reagan Presidential Foundation and Library:</u> Email - ''I Know In My Heart That Man Is Good...'' Ronald Reagan, November 4, 1991

James Madison (president of United States) -- Britannica Online Encyclopedia

BBC News - 'Black Death pit' unearthed by Crossrail project

BBC World News - Click, 09/03/2013 GMT, The new frontline of warfare CIO

<888> 03/16/13 Saturday 7:35 P.M. I picked up the mail. I got my Food Stamp redetermination letter, and my monthly food stamp allotment was lowered from \$200 a month to \$170 a month. That was probably because my rent amount went down \$25 a month in the past year and my Supplemental Security Income went up \$10 a month this year. CIO

<888> 03/16/13 Saturday 6:45 P.M. Well, it is the Winter of our discontent. Well, with all of the local residents vacationing down in the Sun Belt, we are probably short shifted on essential personnel. However, on a limited budget I can not move around in the local area too easily. It is snowing outside lightly, and there is suppose to be black ice on the roads. It does seem like a longer winter, but since I am spending more time inside in my warmer apartment, I am getting more work done at home. The people down south can look at our local weather up north, so they will not be visiting here again, until it warms up a bit. In the old days, before the internet, a lot of the younger local people use to visit pubs to see what was going on in the area. There are still a lot of people left in this area. The younger people do not seem to feel the cold as much, so possibly they are out observing whatever is happening around here. Of course they might have a different perspective compared to the older generation. The United States of America dollar is so weak, there are not many cheap items to buy from the Chinese anymore. The local price of gasoline Greenwich Gas Prices – Find Greenwich, Connecticut Gas Stations and Cheap Gas in CT at Automobile Magazine is so high, few people can afford to move around too far see what if anything might be happening in the area. When I chatted with my friend from Manhattan this afternoon, I was told a lot of people are away in Manhattan, and there is not a lot going on there. Since Manhattan is more expensive, anyone going there might end up spending too much money. I guess some people are just sitting at home reading books Greenwich Library: Welcome and other printed material. Since I have the internet, I am always looking for interesting news stories that might not be covered by the local New York media. One could always go visit the Malls in White Plains, New York to see that group of people that continue to shop until they drop. Of course the people with dogs still have to walk their dogs in this weather, so there might be a few people downtown. The local newspaper www.greenwichtime.com does not tell us much anymore. There are indoor swimming pools at both the Y.M.C.A. and the Y.W.C.A. here in town, but memberships can be expensive. It costs me \$10 in gasoline to just drive over to Old Greenwich and back to drive around the beach. The local computer stores are expensive, and they do not have anything that I really need. If we get any tourists out here, they are good at blending into the local color of the community. The people at Starbucks downtown are like a bunch of Trappist monks, and they do not like to communicate. Of course, when there is nothing going on is when something usually happens sooner or later, so we can just sit around waiting for something to happen. One can always check out the local traffic here ConnDOT: I-95 Stamford Area. The richest people in the area will probably go to dinner here La Cremaillere Restaurant Banksville - Greenwich . I will now shower and clean up. CIO

<888> 03/16/13 Saturday 5:15 P.M. I woke up at 4 P.M., and I chatted with a friend. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 03/16/13 Saturday 3:50 A.M. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 03/16/13 Saturday 2:55 A.M. To improve performance on the primary work computer, I disabled most of these services <u>Improve performance by disabling Windows 7-</u> <u>services</u> except that the few that I still need. I also uninstalled and reinstalled the Google Chrome web browser to repair it. I ate the rest of the Blue Diamond almonds. CIO

<888> 03/16/13 Saturday 12:30 A.M. Even Vermeer flies KLM...

<u>SENCKENBERG world of biodiversity | Senckenberg Research | Scientific meetings and .. |</u> Basalt 2013

Andrew Jackson

BBC News - Internet's 'bad neighbourhoods' spread scams and spam CIO

<888> 03/15/13 Friday 11:55 P.M. I made 111 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 3 Episode 3 of "Monarch of the Glen". CIO

<888> 03/15/13 Friday 10:15 P.M. I ate a deli sliced Virginia ham and deli sliced Swiss cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle slice and Stop and Shop wavy potato chips and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. I will now make cigarettes. CIO

<888> 03/15/13 Friday 9:35 P.M. I put away the laundry. CIO

<888> 03/15/13 Friday 9:05 P.M. I chatted with a relative. CIO

<888> 03/15/13 Friday 8:25 P.M. I have 45 minutes to go on two dry cycles. CIO

<888> 03/15/13 Friday 8:05 P.M. I put clean linens on the bed. I showered, and I cleaned up. I have 10 minutes to go on two wash cycles. I picked up the mail. The order for <u>10x</u> <u>New Energizer CR2032 Lithium Battery 3V Fresh Made in 2012 Free Shipping | eBay</u> for \$6.95 with free shipping arrived. I threw out the garbage and the old periodical literature. I watered the plants. CIO <888> 03/15/13 Friday 5:40 P.M. I woke up at 4 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I had a telephone call from <u>Wish</u> <u>Chairman Priebus A Happy Birthday! - GOP</u> wanting money, but I explained that I could not afford to donate any money. I told them that I donate \$5 once a year just to keep my name on the list. CIO

<888> 03/15/13 Friday 7:25 A.M. I will now go back to bed. CIO

<888> 03/15/13 Friday 7:00 A.M. The FBI's 'Most Wanted' - GreenwichTime

FBI — Homepage CIO

<888> 03/15/13 Friday 6:20 A.M. <u>All in the family: George P. Bush returns to ancestral</u> <u>turf for cash - CT Politics</u> . CIO

<888> 03/15/13 Friday 6:10 A.M. I woke up, and I ate 4 ounces of Blue Diamond smoke house almonds. I also ate a few wavy potato chips. I finally woke up at 5:30 A.M., because I could not sleep.

Ides of March - Wikipedia, the free encyclopedia

Home - Het Koninklijk Huis

Defensiekrant nr. 5, 2013 | Ministerie van Defensie

Ministerie van Defensie

King will retain close relationship with armed forces | Ministry of Defence

The Prince of Orange - Het Koninklijk Huis CIO

<888> 03/15/13 Friday 12:25 A.M. I watched series 1 episode 9 of "Warehouse 13".

Davis, California - Wikipedia, the free encyclopedia

City of Davis - Welcome to the City of Davis

UC Davis: Welcome to UC Davis

Different Fred <u>Fred Meyers | LinkedIn</u>.

I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 03/14/13 Thursday 10:35 P.M. I put some more MiracleGro potting soil in the two potted palms and the Aloe plant. I watered the Aloe plant with a little bit of water and a few drops of Schulz liquid fertilizer. Aloe plants are desert plants, so one does not water them too much or too often. CIO

<888> 03/14/13 Thursday 10:00 P.M. I chatted with a relative.

Goldschmidt2013: Index

GEMOC - Department EPS - Faculty of Science - Macquarie University

Albert Einstein

BBC News - LHC cements Higgs boson identification

BBC News - Samsung Galaxy S4 eye-tracking smartphone unveiled CIO

<888> 03/14/13 Thursday 8:40 P.M. I ate 9 ounces of Purdue grilled chicken strips, 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil, steamed broccoli crowns and baby carrots with extra virgin olive oil and Smart Balance spread, a 12 ounce glass of Schweppes Ginger Ale, and a cup of green tea with Splenda sweetener and Borden's lemon juice. CIO

<888> 03/14/13 Thursday 7:35 P.M. I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I stopped by CVS, and I used the bathroom. I bought a 16 ounce bag of Blue Diamond Smoke House almonds for \$4.99. Vineyard Vines is back in their regular location at the southeast corner of Greenwich Avenue and Lewis Street. I chatted with a local politician. I was wandering if taxes in Sweden are 90% what happens if one gives 10% to the Church, and his reply was the State of Sweden runs the Church. After my walk, I sat out enjoying the ambience of Greenwich Avenue. I then went by the Stop and Shop, and I bought a bag of six Kaiser rolls for \$1.99, a 8 ounce package of Stop and Shop deli sliced Swiss cheese for \$3.59, a 24 ounce containers of Chef's Crock mashed potatoes for \$2.69, buy one 9 ounce Purdue grilled chicken breast strips for \$5.99 get the second one free, and bananas for .79 a pound for \$1.33 for \$15.59 total. I then returned home. I did not get any mail today. I put away my groceries. CIO

<888> 03/14/13 Thursday 4:05 P.M. Before cleaning up, I moved the pathos plant to the right side of the center living room window. I took down the folding oak table to the left of the left living room closet, and I stored it away behind the bedroom door. I moved the Panasonic CF29 Toughbook setup to the left side of the left living room closet. I move the other small computer table at the kitchen entrance further to the right with the Aloe plant on it, and the flash lights and emergency lantern. I will now clean up. Thus the Panasonic Toughbook setup is more user friendly. I have a folding wicker chair to the right side of the second IBM ThinkCentre in front of the mahogany bureau that could be used at the Panasonic Toughbook setup. CIO

<888> 03/14/13 Thursday 3:10 P.M. I will now shower and clean up and go downtown. CIO

<888> 03/14/13 Thursday 2:35 P.M. Physicists sat they have found a Higgs boson CIO

<888> 03/14/13 Thursday 2:30 P.M. I woke up at 1 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 03/14/13 Thursday 5:20 A.M. I watched series 3 episode 2 of "Monarch of the Glen". I will now shut down the primary work computer. I will eat a few day old muffin. I will then go to bed. CIO

<888> 03/14/13 Thursday 3:40 A.M. I tested the two computers that I moved around, and they seem to work just fine. CIO

<888> 03/14/13 Thursday 3:15 A.M. I ate a deli sliced Virginia ham and deli sliced Swiss cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle slice and Stop and Shop wavy potato chips and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 03/14/13 Thursday 2:20 A.M. I did a little bit of computer redecoration. I moved the second IBM ThinkCentre on the blue night stand to wear the Abit computer was in front of the mahogany bureau in the living room. I put the 20 inch Dell 2000 monitor from the FIC server with it. I moved the Eizo 19 inch monitor from the second IBM ThinkCentre to the primary monitor on the FIC server. I put the Abit computer where the second IBM ThinkCentre was behind the Ethan Allen recliner sitting on top of a two foot long shelf sitting on top of the small mahogany night stand. I used a folding oak table at the hallway entrance to hold the pathos plant. It all took about two hours to rearrange. Thus the second IBM ThinkCentre which is a faster computer is in a more central location for usage. CIO

<888> 03/13/13 Wednesday 11:55 P.M. <u>Pope Francis - Wikipedia, the free encyclopedia</u> . CIO

<888> 03/13/13 Wednesday 11:45 P.M. <u>Global Volcanism Program | Volcanic Activity</u> <u>Reports | Smithsonian / USGS Weekly Volcanic Activity Report |</u>

Biltmore

BBC News - Davy Crockett: Why King of the Wild Frontier's legend lives on

BBC News - Worms detected by converted iPhone microscope CIO

<888> 03/13/13 Wednesday 10:40 P.M. I chatted with a relative. I threw out the garbage. I picked up the mail. I chatted with a neighbor. CIO

<888> 03/13/13 Wednesday 8:35 P.M. I will now shower and clean up. CIO

<888> 03/13/13 Wednesday 7:50 P.M. I woke up at 3 P.M., when two relatives called up about the new Pope <u>BBC News - Argentina's Jorge Mario Bergoglio elected Pope Francis</u>. I finally woke up at 7 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 03/13/13 Wednesday 6:45 A.M. I will now rest some more. CIO

<888> 03/13/13 Wednesday 6:05 A.M. I watched series 4 episode 9 of "Waiting for God". CIO

<888> 03/13/13 Wednesday 5:20 A.M. <u>Debtors' Prison in the U.S.A.</u> I guess everyone in the U.S.A. has to go to jail. <u>U.S. National Debt Clock : Real Time</u> . CIO

<888> 03/13/13 Wednesday 4:30 A.M. I woke up at 4 A.M.. I ate a few day old muffin. <u>Francis Marion - Wikipedia, the free encyclopedia</u>. CIO

<888> 03/13/13 Wednesday 12:50 A.M. Get Lucky <u>Goodbye Chilly | Hello Sunny | Fort</u> <u>Lauderdale Contest</u>. I will now take a nap. CIO

<888> 03/13/13 Wednesday 12:45 A.M. I ate a 18.8 ounce can of Campbell's New England clam chowder with dried parsley and two slices of Stop and Shop 12 grain bread with Smart Balance spread and a 12 ounce glass of Schweppes Ginger Ale.

Of course, before I moved into this area over 50 years ago, I had lived down south for two years in Martinsville, Virginia and two years in Pensacola, Florida, and five years in Decatur, Alabama. One of the more famous residents of the Decatur, Alabama area was from Joseph Wheeler Plantation - Wikipedia, the free encyclopedia. I use to ride a black horse on the Wheeler Plantation that guests were allowed to ride. It once almost decapitated me, when at a few cantor, it ran me into the barn, and I ducked very quickly avoiding having my head knocked off. It was a fast horse. CIO

<888> 03/12/13 Tuesday 11:50 P.M. Under <u>Dorothy Walker Bush - Wikipedia, the free</u> <u>encyclopedia</u>, it says her father <u>George Herbert Walker - Wikipedia, the free encyclopedia</u> owned a residence in <u>Barnwell</u>, <u>South Carolina - Wikipedia, the free encyclopedia</u>, so maybe that is where the 10,000 acres of the Walker Bush plantation is. That is near <u>Aiken</u>, <u>South Carolina - Wikipedia, the free encyclopedia</u> well known horse country, so they probably have horses on their plantation, if they still own it. When I first met George Gordon Cary a nephew of W. Averill Harriman's <u>W. Averell Harriman - Wikipedia, the</u> <u>free encyclopedia</u> nephew, he knew a Charles Rutherford from Aiken, South Carolina, so perhaps the Harriman family network have a plantation down there too. More than likely they would also know members of the Duke family <u>James Buchanan Duke - Wikipedia, the free encyclopedia</u>, if you need a cigarette. Of course new Yankee money in that neck of the woods down south below the Mason Dixon line is <u>Vacations at America's Largest Home in Asheville, NC| Biltmore</u> up in the mountains. When I used to explore in that part of the country in the first half of 1976, I discovered <u>Summerville, South Carolina - Wikipedia, the free encyclopedia</u> which looked like "The Place Time Forgot", and one winter resident there I found out was <u>Elizabeth Arden - Wikipedia, the free encyclopedia</u>. CIO

<888> 03/12/13 Tuesday 11:00 P.M. Towards the bottom of this page <u>Prescott Bush -</u> <u>Wikipedia, the free encyclopedia</u>, it mentions other Bush family properties that most people have not heard about. CIO

<888> 03/12/13 Tuesday 10:15 P.M. Optimum WiFi

George Bush Presidential Library Foundation

I chatted with a relative.

Mount Reagan: Why do Americans name mountains after presidents?

BBC News - Neanderthal large eyes 'caused their demise' CIO

<888> 03/12/13 Tuesday 8:55 P.M. I chatted with a friend. I picked up the mail. I chatted with a relative. This is the great grandfather <u>#6 Mir Osman Ali Khan - Net Worth \$230</u> <u>billion</u> of the <u>His Highness the Aga Khan's 76th Birthday - Mowlana Hazar Imam's 76th</u> <u>Birthday - December 13, 2012 Salgirah Khushiali Mubarak!</u>. Today they are a very private family, but there is some recent publicity <u>How the Fourth Aga Khan Balances</u> Spiritual Muslim Leadership with a Multi-billionaire Lifestyle | Vanity Fair . CIO

<888> 03/12/13 Tuesday 7:30 P.M. I woke up at 6 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. CIO

<888> 03/12/13 Tuesday 1:00 P.M. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 03/12/13 Tuesday 11:25 A.M. I went downstairs, and I chatted with neighbors. CIO

<888> 03/12/13 Tuesday 10:45 A.M. I made 102 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 3 Episode 1 of ''Monarch of the Glen''. CIO

<888> 03/12/13 Tuesday 9:05 A.M. I will now make cigarettes. CIO

<888> 03/12/13 Tuesday 8:40 A.M. I threw out the garbage. I drove over to CVS at 644 West Putnam Avenue. I bought three 12 packs of Canada Dry Ginger Ale and two 12 packs of Canada Dry diet Ginger Ale for \$15 and \$3 can deposit for \$18 total. I then bought two 4 ounce Crest Plaque Control toothpaste for \$3.49 each less \$5 bonus bucks from the previous purchase and .13 tax for \$2.11. I then bought buy one get one free of 365 caplet CVS Senior Spectravite vitamins for \$20.99 both, buy one get one free of CVS 60 capsule MSM 1000 mg for \$7.49 both, a 120 capsule CVS 81 mg. Aspirin for \$6.29 and a second one for 50% off for \$3.14, a 1000 capsule bottle of CVS Extra Strength Pain Relief caplets for \$28.49 less \$2 bonus bucks on the previous purchase and \$4.09 tax for \$68.49 total. I then returned home. I used my folding cart from the rear of the Audi to bring up the Ginger Ale. I picked up the mail. I put the cart back in the trunk of the Audi. I put away my purchases. I received notification that they are going to be doing the closet ceiling panels and insulation and inspection this week. CIO

<888> 03/12/13 Tuesday 6:10 A.M. I will now shower and clean up. I will then go downtown to do some errands. I will probably not be walking. CIO

<888> 03/12/13 Tuesday 5:55 A.M. I installed the Windows updates on the FIC server. I ate a deli sliced Virginia ham and deli sliced Swiss cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle slice and Pringles sour cream and onion potato chips and a Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO

<888> 03/12/13 Tuesday 4:50 A.M. <u>BBC News - Recovering Queen signs Commonwealth</u> <u>charter</u>

In Conclave, Ritual and Secrecy in Selection of Pope - NYTimes.com

5 cool tools in Windows 8 - Network World

Windows 7 Key| Office 2010 Key| Office 2013 Key| Anytime Upgrade key, windows key city

Harold Wilson, Baron Wilson of Rievaulx

Tracking is <u>UPS: Tracking Information</u> on the order for six <u>RNA DNA 100 Tablets</u> <u>Country Life - Compare Price and Reviews at VitaDigest.com</u> for \$6.28 each less 4.5% off with coupon code "Green4day4" for \$1.68 off and \$6.99 shipping for \$42.69 total.

BBC News - Where art meets science: Who will produce the next da Vinci?

BBC News - How to 'reach inside' your computer CIO

<888> 03/12/13 Tuesday 3:15 A.M. I went back to bed until 3 A.M.. CIO

<888> 03/12/13 Tuesday 12:30 A.M. I ate a few day old muffin.

Vatican: the Holy See

There are a lot of new Italian Cardinals

<u>http://www.vatican.va/news_services/press/documentazione/documents/cardinali_statistich</u> <u>e/cardinali_statistiche_concistoro_21022001_en.html</u>. However, the list is dated 2001, so I am not sure if it is current. CIO

<888> 03/11/13 Monday 11:45 P.M. I woke up at 11:45 P.M.. CIO

<888> 03/11/13 Monday 8:45 P.M. I chatted with a relative. I ate the remaining reheated flavored rice and flavored Dinty Moore beef stew with a 12 ounce glass of Schweppes Ginger Ale. I get tired after I eat, so I will now go back to bed for a while. CIO

<888> 03/11/13 Monday 7:55 P.M. I just woke up again. CIO

<888> 03/11/13 Monday 6:20 P.M. I will now go back to bed. CIO

<888> 03/11/13 Monday 5:30 P.M. I chatted with a friend. CIO

<888> 03/11/13 Monday 4:40 P.M. <u>Brown Brothers Harriman & Co. - Wikipedia, the free</u> encyclopedia and <u>Brown Brothers Harriman | Trust in Partnership</u>, need we say more. CIO

<888> 03/11/13 Monday 4:00 P.M. I woke up at 3 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 03/11/13 Monday 4:25 A.M. I watched series 2 episode 8 of "Monarch of the Glen". I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 03/11/13 Monday 2:55 A.M. I ate a deli sliced Virginia ham and deli sliced Swiss cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle slice and Pringles sour cream and onion potato chips and a Schweppes Ginger Ale.

I ordered <u>10x New Energizer CR2032 Lithium Battery 3V Fresh Made in 2012 Free</u> <u>Shipping | eBay</u> for \$6.95 with free shipping. CIO

<888> 03/11/13 Monday 1:35 A.M. I installed the Windows Updates on the dozen computers in the apartment. On the Epox computer, I put in a new 2032 CMOS battery and reset its CMOS settings, so it works just fine now. Although it is a new battery, I bought it four years ago, so it might not last too long. All of the computers seem to be running just fine.

!!!!!! I was told by a relative that there was major storm damage on the Kennebunk, Maine beach, and the area around the private beach club had a lot of sand washed up to it. <u>Heavy</u> waves crash Kennebunk beach after storm | wcsh6.com.

Kennebunkport, Maine, Scott's Internet Hotlist

Kennebunkport, Maine, Scott's Internet Hotlist CIO

<888> 03/10/13 Sunday 9:50 P.M. <u>Climate Change Could Allow Ships to Cross the North</u> <u>Pole by 2040 | Surprising Science</u>

The Secret Plot to Rescue Napoleon by Submarine | Past Imperfect

Of Fraud and Filet - NYTimes.com

BBC News - Sweden Princess Lilian dies aged 97

BBC News - Prince Charles 'worried' for rural communities

BBC News - Prince Charles: 'I'm feeling very old'

I chatted with a relative. CIO

<888> 03/10/13 Sunday 8:30 P.M. I made up a batch of <u>Michael Louis Scott's Microwave</u> <u>Oven Rice Recipe</u>, and I put half of it in a Rubbermaid container, and I refrigerated it. I put the other half in a soup bowl with 12 ounces of Dinty Moore beef stew on it that I seasoned with ground black pepper, garlic powder, Italian seasoning, celery salt, and soy sauce and heated in a microwave proof pot with lid for one vegetable cycle on the General Electric microwave oven. I will eat it with a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO

<888> 03/10/13 Sunday 7:50 P.M. I made my bed again. I threw out the garbage. I set the Audi clock ahead an hour. I sat outside for a while enjoying the evening. Not much happening out here in the hinterlands of greater southwestern Connecticut near the New Amsterdam border. Since I am almost on a night schedule again, I can be the New Amsterdam Night Watch. I got the new <u>www.forbes.com</u> magazine on Billionaires, but that money does not tend to trickle down to me, so I guess I will have to continue to make ends meet the way I have always have. CIO

<888> 03/10/13 Sunday 6:50 P.M. <u>Greenwich Gas Prices – Find Greenwich, Connecticut</u> <u>Gas Stations and Cheap Gas in CT at Automobile Magazine</u>. It is 4.7 miles round trip for me to go to downtown Greenwich Avenue and back, thus at \$4.70 a gallon at 10.00 miles per gallon, it costs me about \$2.25 for a round trip downtown. A penny saved is a penny earned. I will now shower and clean up. I will linger around the apartment trying to dream up something to do. I could always install the Windows updates on the spare computers that I never use hardly at all. CIO

<888> 03/10/13 Sunday 6:35 P.M. I rested some more from 4 P.M. to 6 P.M.. I chatted with a relative.

HP Laptop deal at Staples <u>Slickdeals: The Best Deals, Coupons & Discounts on Laptops,</u> <u>Computers, LCDs, TVs, Dell, HP, Apple, Amazon</u> two coupons worth \$200 off plus \$50 mail in rebate. CIO

<888> 03/10/13 Sunday 3:15 P.M. I set my clocks and watches ahead one hour before going to bed. I woke up and I ate 14 Keebler wheat crackers with 1.5 inch by 1.5 inch by 1/8th to 1/16th inch thick slices of Cracker Barrel Vermont extra sharp cheddar cheese on them. I woke up at 1:45 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

End of Scott's Notes week of 03/10/13

<888> 03/10/13 Sunday 1:20 A.M. I will now send out my weekly notes. I will then shut down the primary work computer. I will eat a couple of day old muffin. I will then watch series 1 episode 8 of "Warehouse 13". I will then go to bed. CIO

<888> 03/10/13 Sunday 1:15 A.M. <u>Welcome to South Georgia - South Georgia</u> <u>Website</u> CIO

<888> 03/10/13 Sunday 12:30 A.M. <u>Ronald Reagan Presidential Foundation and Library:</u> Email - Beautiful Ronald Reagan Clocks-Your Choice \$49.95-Limited Time Offer

Parthenon (temple, Athens, Greece) -- Britannica Online Encyclopedia

BBC News - Falklands referendum: Islanders vote on British status

BBC News - Researchers grow teeth from gum cells

BBC News - Turtle 'victory' at wildlife meeting

<u>History of South Georgia and the South Sandwich Islands - Wikipedia, the free</u> <u>encyclopedia</u> CIO

<888> 03/09/13 Saturday 10:35 P.M. I ordered six <u>RNA DNA 100 Tablets Country Life -</u> <u>Compare Price and Reviews at VitaDigest.com</u> for \$6.28 each less 4.5% off with coupon code "Green4day4" for \$1.68 off and \$6.99 shipping for \$42.69 total. CIO <888> 03/09/13 Saturday 10:25 P.M. I loosed the lid on the chicken and mashed potatoes dinner, and I heated it on one vegetable cycle of the General Electric microwave oven. I put Smart Balance spread and extra virgin olive oil on the mashed potatoes, and I ate it all with a 12 ounce glass of A&W root beer and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO

<888> 03/09/13 Saturday 9:20 P.M. I threw out the garbage. I went downtown to CVS. I picked up a prescription. I then went further downtown. I walked the entire length of Greenwich Avenue and the train station area. On the way up Greenwich Avenue at Lewis Street, I found a ten dollar bill. That makes \$52 I have found on Greenwich Avenue in walking it for 29 years, since I came off www.nantucket.net . I then went by CVS, and I used the bathroom. I bought a Total Home orange 25 foot grounded extension cord for \$12.99 less 20% off for \$2.60 off with a CVS coupon and .66 tax for \$11.05 total. I then put the ten dollar bill in the Chase Bank ATM machine at the top of Greenwich Avenue. I then finished my walk, and I sat out for a while. It was not too busy out with walkers, but the restaurants were busy. I then went by the Stop and Shop, and I bought a four pack of day old muffins for \$2, a six pack of Stop and Shop English muffins for \$1.69, a 8 ounce package of Stop and Shop sliced Swiss cheese for \$3.59, a 59 ounce container of Tropicana orange juice with calcium for \$3, a 10 ounce bag of Stop and Shop wavy potato chips for \$2.50, a 24 ounce Chef's Crock mashed potatoes for \$2.69, a 16 ounce Stop and Shop hickory bacon for \$3.34, a 7 ounce tub of Stop and Shop deli sliced roast beef for \$2.50, a prepared two baked chicken legs with thighs with two scoops of mashed potatoes for \$2.99 less a dollar off coupon, a two pound bag of baby carrots for \$3.29, bananas for .79 a pound for \$1, and broccoli crowns for \$1.99 a pound for \$1.27 for \$28.86 total. I then returned home. I picked up my mail. I put away my groceries. I put the new orange extension cord on the top shelf of the right living room closet. CIO

<888> 03/09/13 Saturday 4:50 P.M. I will now shower and clean up. I will then go downtown. CIO

<888> 03/09/13 Saturday 4:30 P.M. I woke up at 2:30 P.M.. I chatted with a friend. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I went back to bed until 1:30 P.M.. I washed the breakfast dishes. I made my bed.

Spring forward an hour tonight Remember to set clocks for daylight saving time . CIO

<888> 03/09/13 Saturday 2:40 A.M. I will now shut down the primary work computer, and I will go to bed. CIO

<888> 03/09/13 Saturday 2:30 A.M. I watched series 1 of episode 7 of "Warehouse 13". CIO

<888> 03/09/13 Saturday 1:20 A.M. I ate a roast beef and Virginia ham and provalone cheese and Swiss cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise

and a dill pickle slice and Pringles sour cream and onion potato chips and a 12 ounce glass of A&W root beer. CIO

<888> 03/09/13 Saturday 12:25 A.M. I put away the laundry. CIO

<888> 03/08/13 Friday 11:50 P.M. <u>'Red wine pill' like drinking 100 glasses a day, could</u> <u>cure major diseases | Fox News</u>

Website shows cyberattacks as they happen | Fox News

Sicherheitstacho.eu cyberattacks monitor

Bill Gates' classroom of the future - Mar. 8, 2013 CIO

<888> 03/08/13 Friday 11:15 P.M. I have 45 minutes to go on two dry cycles. The reason they quit doing the closet ceilings is that one of the ceiling people had a medical emergency. CIO

<888> 03/08/13 Friday 10:50 P.M. I woke up at 10 P.M.. I put clean linens on the bed. I have 10 minutes to on two wash cycles. I threw out the garbage and the old periodical literature. I watered the plants with 10 drops of Schultz liquid plant food in each quart of watered. I cut the end of my left pointer finger. I put Band-Aids on it, but typing is awkward. CIO

<888> 03/08/13 Friday 6:40 P.M. I ate two 3 ounce Purdue chicken cutlets, 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil, steamed broccoli crowns and baby carrots with extra virgin olive oil and Smart Balance spread, a 12 ounce glass of A&W root beer, and a cup of green tea with Splenda sweetener and Borden's lemon juice. I will now take a nap. CIO

<888> 03/08/13 Friday 5:40 P.M. I picked up the mail. CIO

<888> 03/08/13 Friday 5:20 P.M. <u>KLM's 1st biofuel flight between New York JFK and</u> <u>Amsterdam</u>

<u>Surtseyjarfélagið</u>

Global Temperatures Highest in 4,000 Years, Study Says - NYTimes.com

Tulip Time Run | Tulip Time Festival

<u>Ronald Reagan Presidential Foundation and Library: Email - Live Webcast: Reagan</u> <u>Forum with Jeb Bush. Friday Mar. 8th 11:30 am PT</u>

Breastfeeding Guide & Tips

BBC News - Antarctic Lake Vostok yields 'new bacterial life'

BBC News - Web-based 'brain' for robots goes live CIO

<888> 03/08/13 Friday 4:40 P.M. I made 87 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 2 Episode 7 of ''Monarch of the Glen''. CIO

<888> 03/08/13 Friday 2:55 P.M. I made my second payment on my new <u>www.geico.com</u> automobile policy which was due May 8, 2013. I now have two more payments to make before June 8, 2013 and July 8, 2013. Paying bills ahead of time is like saving money, particularly when money might be harder to come by in the future. I will now make cigarettes. CIO

<888> 03/08/13 Friday 1:50 P.M. I dressed up warmly. I went outside, and I cleaned 6 to 8 inches of snow off the Audi. In back country they got about a foot of snow. The driveway here is clear, but I have nothing to do downtown, so there is no point in going out. I will now shower and clean up. CIO

<888> 03/08/13 Friday 1:05 P.M. I woke up at 7 A.M., and I cancelled my 10:30 A.M. appointment because of the snow. I went back to bed until 11:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I went back to bed until 1:30 P.M.. I washed the breakfast dishes. I made my bed. CIO

<888> 03/07/13 Thursday 10:20 P.M. <u>Comet Pan-STARRS visible tonight with naked eye |</u> <u>Fox News</u>

I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 03/07/13 Thursday 10:05 P.M. I watched series 2 episode 6 of "Monarch of the Glen". CIO

<888> 03/07/13 Thursday 9:10 P.M. I woke up at 8:45 P.M. I chatted with a relative. CIO

<888> 03/07/13 Thursday 7:05 P.M. I will now take a nap. CIO

<888> 03/07/13 Thursday 6:50 P.M. <u>Thousands of sharks migrating north off Florida's</u> <u>coast | Video, Photos » TCPalm.com</u> CIO

<888> 03/07/13 Thursday 6:40 P.M. I ate two 3 ounce Purdue chicken cutlets, 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil, steamed broccoli crowns and baby carrots with extra virgin olive oil and Smart Balance spread, a 12 ounce glass of A&W root beer, and a cup of green tea with Splenda sweetener and Borden's lemon juice. CIO

<888> 03/07/13 Thursday 5:30 P.M. I chatted with a relative.

To see how the Long Island Blue Bloods use to live, one can tour <u>Planting Fields</u> <u>Foundation</u> or the <u>Glen Cove Mansion</u>. CIO

<888> 03/07/13 Thursday 4:20 P.M. <u>Global Volcanism Program | Volcanic Activity</u> <u>Reports | Smithsonian / USGS Weekly Volcanic Activity Report |</u>

George Bush Presidential Library Foundation

20 Cable Alternatives for Watching TV and Movies | PCMag.com

First telephone patent today in history <u>Alexander Graham Bell (American inventor) --</u> <u>Britannica Online Encyclopedia</u>

BBC News - Canadian glaciers face 'big losses'

BBC News - Drive to boost China's electric car industry

Maybe they should make gasoline cheaper, so some of the "Old Guard" can afford to move around in this new economy. How about a gasoline discount for seniors. CIO

<888> 03/07/13 Thursday 3:35 P.M. I threw out the garbage. I picked up the mail. I got duplicate <u>www.geico.com</u> ID cards for my current policy and the policy that begins April 8, 2013. I said hello to the building custodian. CIO

<888> 03/07/13 Thursday 2:50 P.M. I will now shower and clean up. CIO

<888> 03/07/13 Thursday 2:10 P.M. After the last note, I watched series 2 episode 5 of "Monarch of the Glen". I went to bed at 1 A.M.. I woke up at 3:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I went back to bed until 1:30 P.M.. I washed the breakfast dishes. I made my bed. I ate a few day old muffin. I will now make up a fresh batch of punch. CIO

<888> 03/06/13 Wednesday 11:25 P.M. <u>Is Kate Middleton Having a Daughter?</u> | <u>TIME.com</u>

I woke up and I ate 14 Keebler wheat crackers with 1.5 inch by 1.5 inch by 1/8th to 1/16th inch thick slices of Cracker Barrel Vermont extra sharp cheddar cheese on them.

I will now shut down the primary work computer, and I will go back to bed. CIO

<888> 03/06/13 Wednesday 10:50 P.M. <u>Time Warner to spin off Time Inc. magazines -</u> <u>Mar. 6, 2013</u> CIO <888> 03/06/13 Wednesday 10:10 P.M. I ate a few day old muffin.

What is particularly curious about my Scott family linage from my father Louis Dale Scott is that according to <u>The Genographic Project by National Geographic - Human Migration,</u> <u>Population Genetics</u> over a period of 50,000 years, my father's DNA came out of Africa like all modern people and then it went to the Middle East, but unlike my Dutch Mother's which then went to northern Europe, my father's DNA from the Middle East then went to India and then to Russia and then down into Northern Europe and finally ending up in Spain over some unknown time period. Thus it is hard to tell how I am Scotch Irish on his side, unless he was black Irish which are the Spanish whom went to Ireland. CIO

<888> 03/06/13 Wednesday 9:55 P.M. Strati 2013

Birthday Boy Michelangelo (Italian artist) -- Britannica Online Encyclopedia

Camel Fossil Found in Canada's Arctic - NYTimes.com

Jeb Bush Could Be Signaling 2016 Interest - NYTimes.com

BBC News - The audacious life and revolutionary work of John Audubon

BBC News - Deer: 50% cull 'necessary to protect countryside'

BBC News - Polar bear trade ban 'too close to call'

BBC News - Microsoft fined by European Commission over web browser

BBC News - Volvo unveils cyclist alert-and-brake car system

BBC News - Google Street View - a closer look CIO

<888> 03/06/13 Wednesday 9:25 P.M. I chatted with a relative.

There use to be a book in the Greenwich Library in the old book section that was published in 1706. It listed the two thousand existing New York City families, and there were two Scott families. They each had farms in Manhattan, and they had no male heirs, and only daughters. One of the daughters married into the Jay family which is another old New York family. It mentioned one of the Scott family members was the first sexton of the first Dutch reform church, and he owned a farm on the Hudson River in Manhattan. Of course I do not know how my branch of the Scott family which is suppose to be from Virginia is related to them. Also one of the oldest farms in Princeton, New Jersey is the Scott Family farm. CIO

<888> 03/06/13 Wednesday 8:25 P.M. I woke up at 7:30 P.M.. I threw out the garbage. I picked up the mail.

My <u>www.cl-p.com</u> electricity bill for February 2013 was \$179.88 for 1218 kWh and 39.29 kWh per day for 31 days with an average temperature of 32.1 degrees Fahrenheit.

For February 2012, it was \$148.52 for 975 kWh and 30.47 kWh per day for 32 days with an average temperature of 37.4 degrees Fahrenheit.

Bloomingdale Insane Asylum - Wikipedia, the free encyclopedia

Upper West Side History | Upperwest.com

I once read that the Scott family farm in lower Manhattan was called "Bloomingdale Farm". CIO

<888> 03/06/13 Wednesday 4:35 P.M. I ate a roast beef and provalone cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle slice and Lays cheesy garlic bread potato chips and a 12 ounce glass of Schweppes Ginger Ale. I will now take another nap. CIO

<888> 03/06/13 Wednesday 3:45 P.M. I will now make my bed again. CIO

<888> 03/06/13 Wednesday 3:40 P.M. I saw on Bloomberg news yesterday that Bill Gates <u>Bill & Melinda Gates Foundation</u> only has 12% of his money in Microsoft Stock <u>www.microsoft.com</u>, and the rest is invested in <u>Cascade Investment - Wikipedia, the free</u> <u>encyclopedia</u>.

It is interesting that in <u>The 25 Richest People Who Ever Lived – Inflation Adjusted</u> that the <u>House of Medici - Wikipedia, the free encyclopedia</u> are not mentioned or any of the <u>List of</u> <u>Chinese monarchs - Wikipedia, the free encyclopedia</u> or <u>Genghis Khan - Wikipedia, the</u> <u>free encyclopedia</u> or <u>Pharaoh - Wikipedia, the free encyclopedia</u> of Egypt or <u>List of Indian</u> <u>monarchs - Wikipedia, the free encyclopedia</u>. CIO

<888> 03/06/13 Wednesday 3:10 P.M. I just remembered a valuable artifact of back country Greenwich, Connecticut that I discovered in the spring of 1975. I called up <u>New</u> <u>England Land Company Ltd., Greenwich commercial real estate, Retail Leasing.</u> to tell them about it. Back in the spring of 1975, I was given permission to swim at the Conyers Farm Lake where about 20 members of the class of 1975 of the Greenwich High School were also swimming. I discovered on the west side of the Conyers Farm dam on Upper Cross Road there was about a quarter of an acre of bamboo about 100 yards to the west of the dam. In the muck on the ground partially buried over half ways, there was the original grist mill wheel from when there was a grist mill at that location. Possibly with all of the activity up there over the years, it has been relocated, but possibly it got over grown or sank further into the muck. It is like the grist mill wheels on the Greenwich Common and the other one in Bruce Park. Since it is very private property, I just told the real estate firm about it, and the current owners can investigate. A grist mill wheel is about four feet in diameter and about a foot thick with a five inch diameter hole in the middle. They weigh about 500 pounds, so it might not have been moved over the years, if someone else discovered it.

My appointment tomorrow morning was changed to Friday morning at 10:30 A.M.. CIO

<888> 03/06/13 Wednesday 2:25 P.M. I woke up at 2 P.M.. I chatted with a friend. CIO

<888> 03/06/13 Wednesday 11:35 A.M. I am a bit tired, so I will take a nap for a while. CIO

<888> 03/06/13 Wednesday 10:20 A.M. I woke up at 9 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 03/05/13 Tuesday 11:55 P.M. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 03/05/13 Tuesday 11:15 P.M. <u>Ronald Reagan Presidential Foundation and Library:</u> Email - Live Webcast: A National Conversation on the State of American Unity

George Bush Presidential Library Foundation

Soong Mei-ling

BBC News - World's most detailed scans will reveal how brain works

BBC Nature - Woolly rhino site reveals ancient British temperature

BBC Nature - In pictures: Emperor penguins' 'cold coat' discovered CIO

<888> 03/05/13 Tuesday 10:50 P.M. I ate three scrambled eggs with six strips of fried bacon and a toasted English muffin with Smart Balance spread and a 12 ounce glass of A&W root beer. CIO

<888> 03/05/13 Tuesday 10:05 P.M. Track the storm <u>NRL Satellite Page</u>. CIO

<888> 03/05/13 Tuesday 9:45 P.M. I went out, and I went by the Stop and Shop. I bought a six pack of day old Kaiser rolls for \$1.50, a six pack of Stop and Shop English muffins for \$1.69, a dozen Eggland large eggs expire April 11, 2013 for \$3.89, bananas for .79 a pound for \$1.26 less 60 cents can return for \$7.74 total. I then went downtown, and I walked the entire length of the world famous Greenwich Avenue and the train station area. I stopped by CVS, and I used the bathroom. There were a number of dog walkers out walking dogs. Nothing unusual to report, but it was not too busy. I sat out for a while after my walk. I then went by the Putnam Shell at 401 West Putnam Avenue, and I bought \$14.01 of self service V-Power gasoline with a dime a gallon off with my Stop and Shop card for \$4.499 a gallon for 3.115 gallons at odometer reading of 71936 miles for 31.9 miles driven since Sunday February 24, 2013 for 10.241 miles per gallon in mostly local traffic. I then returned home, and I picked up the mail, and I put away my groceries. We had a cooking smoke fire alarm in the building, and it sounded like the fire department arrived to reset the fire alarm. I had to reset the FIC server, since it had shut down for some reason. I chatted with a relative.

<u>Fairfield County, Connecticut National Weather Service Watch Warning Advisory</u> <u>Summary</u> CIO

<888> 03/05/13 Tuesday 5:10 P.M. I ate a salami, roast beef and cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle slice and Lays cheesy garlic bread potato chips and a 12 ounce glass of Schweppes Ginger Ale. I will now go downtown for a while. I will put the new <u>www.geico.com</u> automobile insurance card in the Audi. CIO

<888> 03/05/13 Tuesday 4:35 P.M. I made 107 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 2 Episode 4 of ''Monarch of the Glen''. CIO

<888> 03/05/13 Tuesday 12:55 P.M. I will now shower and clean up. I will then throw out the garbage. I will next fill out my State of Connecticut Medicaid redetermination form. I will then make cigarettes. I do not know whether I will make it downtown or not today, since I have work to do at home. CIO

<888> 03/05/13 Tuesday 12:20 P.M. I woke up at 11 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 03/04/13 Monday 11:55 P.M. I watched series 2 episode 3 of "Monarch of the Glen". I ate the other half of the 8.5 ounce bag of 60% reduced fat Chex Mix. As far as I can tell with the limited mileage I drive, the Town of Greenwich is being fully maintained by the Winter Cold Weather Maintenance crews until the rich people return from down south around June 1, 2013. However, while they are here the rich people from down south during the summer seem to make all of the money, so the poor people whom live here year round are left to making ends meet during the Winter, when the rich people down south are also making money in the winter down south. From close to 30 years on subsistence income, I know from experience the month of May food wise is always the tightest month on the food budget, so it does not hurt to save some money on the food budget to get oneself through May. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 03/04/13 Monday 10:15 P.M. I chatted with a relative and a friend.

Byram River Flood Risk Management Feasibility Study Questionnaire Survey

George Bush Presidential Library Foundation

IAVCEI, Commission of Volcanic Lakes

SwissEduc - Stromboli online - Etna 2011-2013

Etna New SE crater paroxysm 28 Feb 2013

Strengthening Resilience in Volcanic Areas

BBC News - UK must adapt for weather extremes, says Environment Agency

BBC News - Russia's Plosky Tolbachik spews lava after 30 years

BBC News - Mars Curiosity rover put into 'safe mode' after glitch

BBC News - Microsoft unveils self-sketching whiteboard prototype

BBC News - Darpa looks to use small ships as drone bases

BBC News - John Wilpers, WWII veteran and Tojo captor, dies at 93 CIO

<888> 03/04/13 Monday 8:10 P.M. I ate two 3 ounce Purdue chicken cutlets, 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil, steamed broccoli crowns and baby carrots with extra virgin olive oil and Smart Balance spread, a 12 ounce glass of A&W root beer, and a cup of green tea with Splenda sweetener and Borden's lemon juice. CIO

<888> 03/04/13 Monday 7:15 P.M. I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I used the bathroom at CVS. While there, I bought two 2.7 ounce Speed Stick 24/7 deodorant for \$3 each and .38 tax for \$6.38 total. I then bought one 2.7 ounce Speed Stick 24/7 deodorant for \$3 less \$2 bonus bucks from the previous purchase and 6 cents tax for \$1.06 total. I then finished my walk, and I sat out for a while enjoying the cool sunny day. I then went to the A&P Fresh, and they have family packs of shell steaks for \$5.99 a pound, but computer people are suppose to be Vegans, so we do not eat too much meat, particularly since volunteer computer people are not paid. I bought broccoli crowns for \$2.49 a pound for \$1.97 and two 9 ounce Oscar Meyer deli sliced Virginia ham for \$3.33 each tub less a dollar off manager's coupon for each for \$6.64 total. I then returned home, and I picked up the mail. I got my State of Connecticut Medicaid review application that I have to fill in and mail in. I also got my new <u>www.geico.com</u> automobile insurance cards for the new policy that starts April 8, 2013. CIO

<888> 03/04/13 Monday 3:30 P.M. I watched a flight incident on <u>www.foxnews.com</u> out in St. Louis, Missouri. I was born out that way in Alton, Illinois <u>Alton, Illinois - Wikipedia,</u> <u>the free encyclopedia</u>. Alton, Illinois is where Joseph Pulitzer <u>Joseph Pulitzer - Wikipedia</u>, <u>the free encyclopedia</u> was from and Robert Wadlow who was 8 foot 11 inches tall <u>Robert</u> <u>Wadlow - Wikipedia, the free encyclopedia</u>. I will now shower and clean up. After I clean up, I will go downtown to enjoy the ambience of downtown Greenwich Avenue where nothing much ever happens except watching people come and go. CIO

<888> 03/04/13 Monday 1:45 P.M. I woke up at noon. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 03/04/13 Monday 4:25 A.M. <u>Greenwich Gas Prices – Find Greenwich, Connecticut</u> Gas Stations and Cheap Gas in CT at Automobile Magazine

I watched Series 2 Episode 2 of "Monarch of the Glen". I will now shut down the primary work computer, and I will go back to bed soon. CIO

<888> 03/04/13 Monday 2:05 A.M. I ate a salami, roast beef and cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle slice and Lays cheesy garlic bread potato chips and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO

<888> 03/04/13 Monday 1:15 A.M. <u>BBC News - Queen spending second day in hospital</u> with stomach bug

The True-Life Horror that Inspired Moby-Dick | Past Imperfect

In the summer of 1976, I stayed at the Pollard's Guest House for a week near the White Elephant on Nantucket, before I ran out of money and started sleeping in my car. I once read that Herman Melville use to live in the Jane West Hotel on the Hudson River in Manhattan. I do not know if it has been restored, but it was an Octagon shaped building.

BBC News - Walrus basks in Orkney attention CIO

<888> 03/04/13 Monday 12:35 A.M. I woke up from a dream at midnight. I was dreaming I was walking east on Deerpath Lane in Lake Forest, Illinois, and when I arrived at Lake Michigan, the bluff was no longer there just a white sandy plain and the college <u>www.lfc.edu</u> was no longer there either. I guess in my college years when I was not on a regular schedule, I got use to being on a night schedule a lot of the time. I did work at the Midwest Bank in Lake Forest, Illinois for two years in the afternoons. I also drove a taxi in Lake Forest in the afternoons at night. Thus I had to squeeze in my classes and homework assignments by staying up late at night and the early morning hours. I had afternoon seminars the last two years. I used to wake up in mid morning and have breakfast at Jim Mitchell's restaurant in downtown Lake Forest. Thus they frequently did not see me too much around campus, since I was keeping busy. Even in this area we have students from nearby <u>Purchase College, State University of New York - Think Wide Open</u> moving around at all hours of the day, as they go about their various activities. I would imagine some of them work locally in our community while they are attending classes. CIO

<888> 03/03/13 Sunday 8:15 P.M. I chatted with a relative. I will now take a nap. Sunday is a day of rest. CIO

<888> 03/03/13 Sunday 7:25 P.M. I ate two 3 ounce Purdue chicken cutlets, 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil, steamed broccoli crowns and baby carrots with extra virgin olive oil and Smart Balance spread, a 12 ounce glass of A&W root beer, and a cup of green tea with Splenda sweetener and Borden's lemon juice. CIO

<888> 03/03/13 Sunday 6:30 P.M. <u>CLIFFORD PERKINS Obituary: View CLIFFORD</u> <u>PERKINS's Obituary by TC Palm</u>. CIO

<888> 03/03/13 Sunday 5:55 P.M. I threw out the garbage. I went by the Stop and Shop. I bought a 16 ounce package of Smart Balance Lite for \$3.49, two 12 ounce generic honey for \$2.25 each, a quart jar of Hellmann's Olive oil mayonnaise for \$4.69, a quart jar of Mount Olive kosher dill spears for \$2, two 48 ounce Quaker old fashioned oatmeal for \$4.99 each, a quart of Borden real lemon juice for \$2.69, two 64 ounce containers of Stop and Shop crangrape juice for \$2 each, two 64 ounce containers of Stop and Shop crangrape juice for \$2 each, a 5 quart package of Stop and Shop powdered dry milk for \$5.99, a 8 ounce can of Stop and Shop grated parmesan and Romano cheese for \$2.99, and a 24 ounce Chef's Crock mashed potatoes for \$2.69 for \$48.02 total. I then went by CVS at 644 West Putnam Avenue, and I bought a 16 roll 2X bundle of Charmin extra strong toilet paper for \$9.99 and .63 tax for \$10.62 total. I then returned home, and I used my little folding wire cart that I brought with me to bring up the groceries and put away the groceries. It is cold and damp outside, so there is no point in my going downtown to the Hinterlands of Greenwich Avenue to walk and sit in the cold, when I am perfectly comfortable at home. CIO

<888> 03/03/13 Sunday 3:00 P.M. I will now shower and clean up. I will then go downtown to the Stop and Shop on West Putnam Avenue, and I will do some first of the month grocery shopping. The younger generation hanging out downtown on Greenwich Avenue around Starbucks are not interested in the wisdom from the older generation from people like myself. However, I think they are connected to the New World Order for what it is worth give or take a few pennies. I noticed at the A&P Fresh has a 12 pack of Amstel Lite is on sale for \$12. CIO

<888> 03/03/13 Sunday 2:00 P.M. I woke up at 12:45 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed.

Queen in hospital with stomach bug, Buckingham Palace says CIO

End of Scott's Notes week of 03/03/13

<888> 03/03/13 Sunday 1:45 A.M. I made up a grocery list for shopping late on today, when I wake up. I will now send out my weekly notes. I will then shut down the primary work computer, and I will go to bed soon. CIO

<888> 03/03/13 Sunday 1:20 A.M. I just ate a couple of day old muffin. I ate it with a glass of 1/6th grape juice, 1/6 cranraspberry juice, 1/6th orange juice with calcium mixed with 50% Schweppes Ginger Ale and a few dashes of Angostura Bitters. I think in England they call that "Punch". Of course the Aristocracy sometimes replace the Ginger Ale with Champagne. CIO

<888> 03/03/13 Sunday 12:50 A.M. I have played the second longest golf course in America <u>America's 50 Toughest Golf Courses: Golf Digest</u> and <u>Best Boston Golf Courses -</u> <u>Private Clubs & Public Golf Courses, The Oaks and The Pines. | The International Golf</u> <u>Club & Resort</u> back around 1969. I recall shooting an 89 on it from the second furthest set of tees. When I played regularly as a youth, I had an 8 handicap at the <u>Golf & Country</u> <u>Club - GreenwichCC</u> which although it is not a long course, the course has some interesting features. So many Medical Doctors use to play the course in the old days, that at the concession stand on the ninth hole, the most popular drinks was called a "Transfusion" which was Canada Dry Ginger Ale and Welch's Grape Juice. CIO

<888> 03/03/13 Sunday 12:15 A.M. <u>Large Holiday Homes in Scotland, Rental Cottages</u> and Houses

Large holiday houses & self catering castles in Scotland & England

Tours of Scotland, Tour of Scotland, Scotland Tours, Scotland Tour, Tours to Scotland

I noticed somebody dressed like this Tommy Armour - Wikipedia, the free encyclopedia .

The last hole of golf that I played in my life was with my father around 1987 two years before he passed away. I played 18 holes of golf with him on the Bayonet Point Golf Course in Newport Richey, Florida; and we started on the tenth hole and ended on the ninth hole where he had a house. The ninth hole was a par five, he called "Birdie on the Ninth" since he had a parrot, and I actually got on the green in two strokes and sank my one putt for an Eagle. Ever since then I have been retired from Golf. However, I still have my set of Walter Hagen Haig Ultra Golf Clubs and a Burton Golf Bag made of Naugahyde and a few other odd clubs and two sets of golf shoes with spikes, which I do not think they use anymore. It is so expensive to even think about playing golf anymore, I do not even begin to think about it. When I visited a relative who was a member of the John's Island Club a number of times, I was asked to play golf, but since the retirement houses are near the fairway, I was always afraid of breaking one of their plate glass windows which would be very costly, so I always declined to play golf there. CIO

<888> 03/02/13 Saturday 11:20 P.M. I watched Series 2 Episode 1 of "Monarch of the Glen". CIO

<888> 03/02/13 Saturday 10:10 P.M. I opened up the 11 ounce bag of Eight O'clock hazelnut ground coffee, and I mixed it with the remaining Folgers ground coffee in the Folgers' container.

Also by the legal chair at the hallway entrance on its left side as one faces it, there is a white LAN cable that is connected up to the router, so one can connect up a laptop at that location if need be. CIO

<888> 03/02/13 Saturday 9:40 P.M. <u>BBC News - A Point of View: The art of collecting</u> CIO

<888> 03/02/13 Saturday 9:10 P.M. I ate a salami, roast beef and cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle slice and Lays cheesy garlic bread potato chips and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. I chatted with a relative twice. CIO

<888> 03/02/13 Saturday 8:00 P.M. Across the street from the Greenwich movie theatre on Railroad Avenue, the <u>Taco Joint :..: Urban Taqueria & Cantina</u> closed a few months ago. However at that same location, a new juice bar <u>Green and Tonic, Revive with Real</u> <u>Food</u> is going in. Just south of St. Mary's a new swim suit shop has opened. <u>Preppy Men's</u> <u>Clothing, Women's Clothing and Men's Silk Ties – Vineyard Vines</u> is in a temporary location across the street just north of their old location, and they are remodeling the old Talbot's shops just south of there, so maybe Vineyard Vines is going in there. CIO

<888> 03/02/13 Saturday 7:45 P.M. I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I used the bathroom at CVS. I exchanged a defective Degree deodorant stick for a good one. On the way down Greenwich Avenue, I stopped by CVS again, and I bought a two tube package of CVS Super Glue Gel for \$2.27 and .14 tax for \$2.41 total. I sat out after I finished my walk. There were ten visiting Albanians downtown getting coffee. They like driving white cars. I chatted with a regular at Starbucks. I stopped by Zen Stationary, and I bought a "High 5's" scratch card for a dollar, but I lost. I used the bathroom at Starbucks. I then went by the A&P Fresh. I bought two 12 ounce packages of Purdue cutlets for \$2.99 each package with another 75 cent coupon off each package with double coupons for a \$1.50 off each package, and a Pepperidge Farm Milano cookie 18 ounce frozen cake for \$2.99, and a Bermuda red onion for \$1.99 a pound for \$1.39, and a bulb of garlic for \$2.99 a pound for .48 for \$7.85 total. I then returned home, and I picked up the mail. I got my NEON energy assistance grant letter for this coming year, and it is \$575 down from \$875 last year. CIO

<888> 03/02/13 Saturday 3:25 P.M. I will now shower and clean up. I will then go downtown to face my legions of internet fans. CIO

<888> 03/02/13 Saturday 2:05 P.M. After the last note, I moved the Buckingham Palace model to underneath the breakfast try at the center living room window location. I moved the aloe plant from the left window to the right side of the center window. I noticed on the lazy Susan in front of the left window, the Dutch beer stein was broken. I repaired it with super glue gel. I went to bed at 3 A.M.. I woke up at 4:30 A.M., and I ate 50% of a 8.5 ounce bag of 60% reduced fat Chex Mix. I woke up at noon, and I chatted with a friend and a relative. I finally got up at 1 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed.

The order with tracking of <u>Newegg.com - Computer Parts, PC Components, Laptop</u> <u>Computers, LED LCD TV, Digital Cameras and more!</u> on the order for <u>Seagate DB35</u> <u>Series 7200.3 ST3160215ACE-H Internal Hard Drive - Newegg.com</u> refurbished for \$14.99 with free shipping for \$14.99 total arrived. CIO

<888> 03/02/13 Saturday 1:30 A.M. I ate a few day old raspberry turnover. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 03/02/13 Saturday 1:00 A.M. I made 88 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 1 Episode 8 of ''Monarch of the Glen''. CIO

<888> 03/01/13 Friday 11:15 P.M. I put away the laundry. CIO

<888> 03/01/13 Friday 10:35 P.M. Travel to Scotland

George Bush Presidential Library Foundation

Are Microsoft's free Office Web Apps good enough for you?

BBC News - Shark kills number 100 million annually, research says

BBC News - BigDog four-legged robot now sports throwing arm

BBC News - Web code weakness allows data dump on PCs CIO

<888> 03/01/13 Friday 10:10 P.M. I have 45 minutes to go on two dry cycles. CIO

<888> 03/01/13 Friday 9:40 P.M. I chatted with a relative. I put clean linens on the bed. I have 20 minutes to go on two wash cycles. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 03/01/13 Friday 8:25 P.M. I ate a salami, roast beef and cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle slice and Lays cheesy garlic bread potato chips and a 12 ounce glass of A&W root beer. CIO

<888> 03/01/13 Friday 7:30 P.M. I threw out the garbage. I went by the <u>www.chase.com</u> bank at 19 West Putnam Avenue. I then went by the Wells Fargo Bank on Havemayer Place, and I paid my rent to the Greenwich Housing Authority. I then went by the new downtown Greenwich Post Office, and I mailed my Microsoft Money 2007 Income versus Spending statement for February 2013 to an interested relative. I then went further downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS, and I used the bathroom. I picked up two prescriptions. I bought a 100 yards of CVS dental floss for \$2.87 and .18 tax for \$3.05 total. I finished my walk. I then sat out for a while. I then went by the Greenwich Library, and I chatted with two reference librarians. I then went by the Stop and Shop, and I bought a four pack of day old muffins for \$2, a six pack of Stop and Shop English muffins for \$1.69, and bananas for .79 a pound for \$1.62 for \$5.31 total. I then returned home. I picked up the mail. I wore my new <u>www.lee.com</u> blue jeans today, and with suspenders, they are just fine, and when I sit down, they are not too tight. CIO

<888> 03/01/13 Friday 3:15 P.M. I will now shower and clean up and go out downtown. CIO

<888> 03/01/13 Friday 2:55 P.M. I went back to bed until 1:30 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed.

I made my first payment of four payments for my new <u>www.geico.com</u> six month automobile insurance policy that starts on April 8, 2013. CIO

<888> 03/01/13 Friday 10:30 A.M. For March 2013, I paid my <u>http://www.cablevision.com/</u> Digital Cable TV, Optimum Boost Plus, Optimum Voice, and my <u>http://www.cl-p.com/</u> electricity bill, and my <u>http://www.verizon.com/</u> local telephone bill. I also printed out the Microsoft Money 2007 income versus spending report for February 2013, and I have one copy ready to mail to an interested relative. CIO

<888> 03/01/13 Friday 10:00 A.M. I woke up at midnight, and I watched series 1 episode 7 of "Monarch of the Glen". I went back to bed about 1:30 A.M.. I woke up at 9:30 A.M.. CIO

<888> 04/30/13 Tuesday 11:55 P.M. I reheated and ate the remaining cooked linguine with a cup of the tomato meat spaghetti sauce with grated parmesan and Romano cheese on it. I ate it with a 12 ounce class of Canada Dry Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO

<888> 04/30/13 Tuesday 11:05 P.M. On Dutch TV today, I saw one of the senior Dutch princes being interviewed, and he was wearing an Orange tie with thin diagonal red white and blue strips of the Dutch flag. I guess one has to be Dutch Royalty to wear one, because they are not for sale on the internet. CIO

<888> 04/30/13 Tuesday 10:20 P.M. I showered, and I cleaned up.

Complex Monitoring of Volcanic Activity: Methods and Results

BBC News - Willem-Alexander sworn in as king of the Netherlands

BBC News - Willem-Alexander becomes king after Dutch abdication

BBC News - How the Dutch fell in love with their new queen

BBC News - Antigravity gets first test at Cern's Alpha experiment

BBC News - Toba super-volcano catastrophe idea 'dismissed'

BBC News - Cern re-creating first web page to revere early ideals CIO

<888> 04/30/13 Tuesday 9:05 P.M. I chatted with a relative. I installed the air conditioners in the bedroom and the living room. I put Plexiglas on the left side of the bedroom air conditioner that I sealed with duct tape. The living room air conditioner does not use Plexiglas, but I sealed it with foam rubber strips and duct tape on the outside. I also put two new AA alkaline batteries in the outside remote for the weather station. I threw out the old magazines and periodical literature and a couple of shipping boxes. I picked up the mail. I have the Lasko box fan in front of the living room air conditioner to blow the cool air out into the room with more force. I put the aloe plant on the oak folding tables beneath the stereo system. I do not have the air conditioners going yet, but they are ready to go at a moments notice should it get warmer. It was warm this afternoon with the sun coming in the windows. I will leave the air conditioner in until the end of October 2013, when it gets colder again. I will now drink a 12 ounce glass of Canada Dry Ginger Ale. I turned the two thermostats in the apartment down to the minimum. CIO

<888> 04/30/13 Tuesday 5:20 P.M. I woke up at 2:30 P.M.. I chatted with the building custodian, since he had checked my apartment for a leak while I was asleep. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 04/30/13 Tuesday 5:20 A.M. I will now shut down the primary work computer. I will go to bed after that. CIO

<888> 04/30/13 Tuesday 4:55 A.M. I watched Queen Beatrice's abdication on both internet streams, and also on the BBC News channel 104 on Cablevision <u>BBC News - Dutch Queen</u> <u>Beatrix abdicates in favour of son</u>. The Church Investiture will be later on this afternoon. CIO

<888> 04/30/13 Tuesday 2:55 A.M. I have been listening to the Dutch broadcast which officially starts at 3 A.M., and Queen Beatrice's <u>Her Majesty the Queen - Het Koninklijk</u> <u>Huis</u> abdication is at 4 A.M. EDT, at which point Prince Willem-Alexander <u>The Prince of Orange - Het Koninklijk Huis</u> becomes King.

I boiled a 16 ounce box of linguine, and I put half on a dinner plate and half in a Rubbermaid container in the refrigerator. I reheated a cup of the tomato meat spaghetti sauce, and I put it on the linguine, and I put some grated parmesan and Romano cheese on it, and I ate it all with a 12 ounce glass of Canada Dry Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO

<888> 04/30/13 Tuesday 12:55 A.M. I have the IBM ThinkCentre next to the Ethan Allen recliner hooked up the Haier 32 inch HDTV, so I can watch the Dutch Coronation on big screen TV. It works just fine, if the internet is not overwhelmed by Dutch users in America trying to watch it. I could also watch Flipper off <u>www.hulu.com</u> that same way. One just connects the HDMI cable from the IBM ThinkCentre to the HDMI port manager and selects that port on the HDMI port manager and then selects HDMI 2 on the Haier TV. CIO

!!!!!!<888> 04/30/13 Tuesday 12:30 A.M. How to watch the Dutch Coronation on 30th April from abroad | Dutch Community and NOS Dossier - Livestream - Live-uitzending NOS Radio 1 and Inhuldiging koning Willem-Alexander - YouTube. They are six hours ahead in Amsterdam Amsterdam Time - Bing, so it looks like the broadcast will start at 3 A.M. our time. It probably will not be in English though. CIO

<888> 04/30/13 Tuesday 12:15 A.M. Since I have the new Logitech 2.1 speaker system hooked up to the Asus Netbook, I took off the pair of Lenovo USB speakers, and I used a 3.5 mm Y-splitter to hook them up to primary Dell Latitude D410 laptop computer. They work just fine. CIO

<888> 04/29/13 Monday 11:35 P.M. Het Koninklijk Huis Dutch Royal Household

Why Internet surveillance will never work | Data Center - InfoWorld

I-95 Note:

Dear Friends and Neighbors,

We wanted to make you all aware of some construction that could affect your nighttime commute.

The Connecticut Department of Transportation is announcing that a nighttime bridge maintenance project will be performed on various routes beginning Monday, April 29, 2013.

The project consists of the replacement asphaltic plug joints on various bridges in the towns of Greenwich and Stamford.

LANE CLOSURE INFO

The regular work schedule for this project is Monday through Friday evenings from 9:00 p.m. to 5:00 a.m.

Segments of the following routes will be impacted by this project: I-95 SB in the Town of Greenwich; I-95 SB in the City of Stamford.

Motorists should be aware that modifications or extensions to this schedule may become necessary due to weather delays or other unforeseen conditions.

Motorists are advised to maintain a safe speed when driving in this vicinity.

If you have any more questions about this or other state issues, please feel free to contact us.

Best Regards,

Livvy Floren, 149th District Stephen G. Walko, 150th District Fred Camillo, 151st District

End of I-95 Note:

Tracking is <u>USPS Tracking</u> on the order for two <u>Rakuten.com - Logitech ClearChat</u> <u>Premium PC Headset</u> for \$8.19 each with free shipping for \$16.38 total.

!!!!!! Dutch Queen Beatrix to abdicate in favour of son

BBC News - How the Dutch fell in love with their future queen

BBC News - Sir Richard Branson's Virgin Galactic spaceship ignites engine in flight

BBC News - LG to start selling curved OLED TVs in South Korea CIO

<888> 04/29/13 Monday 10:50 P.M. I threw out the garbage. I did not get any mail today. CIO

<888> 04/29/13 Monday 9:55 P.M. 28-foot shark washes up on beach

I will now shower and clean up. CIO

<888> 04/29/13 Monday 9:50 P.M. I woke up at 7:30 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. I chatted with a relative.

<u>The Dutch Should Ditch the King and Hire an Actor - NYTimes.com</u>. They could always make a living planting tulips in Holland, Michigan.

Tulip Time Festival | May 4-11, 2013

Holland Michigan

5 places to visit during Tulip Time - Feature - Holland, MI - The Holland Sentinel

Holland, Michigan - Wikipedia, the free encyclopedia CIO

<888> 04/29/13 Monday 2:30 P.M. I put the Office Pro 2013 demo on the Windows 8 partition on the IBM ThinkCentre by the Ethan Allen recliner, on the Asus Netbook, on the Windows 8.1 beta partition on the IBM ThinkCentre in front of the mahogany bureau, and on the Windows 8.1 beta partition on the primary Dell Latitude D410 laptop. I will now shut down the primary work computer. I will eat a few day old muffin. I will then go back to bed. CIO

!!!!!! <888> 04/29/13 Monday 11:00 A.M. How to test-drive Office 2013 free for six months
| PCWorld . CIO

<888> 04/29/13 Monday 10:40 A.M. In Windows 8.1 beta, Internet Explorer 11 crashes when looking at <u>www.cnn.com</u> . CIO

!!!!!! <888> 04/29/13 Monday 10:25 A.M. BBC News - Willem-Alexander: A tale of two monarchs CIO

<888> 04/29/13 Monday 9:25 A.M. <u>Prime Minister David Cameron | Number 10 Downing</u> <u>Street - The official site of the British Prime Minister</u> CIO

<888> 04/29/13 Monday 9:15 A.M. I ate a bowl of pineapple chunks.

If one is stranded in the Big Apple, one can escape out to the wonders of Greenwich, Connecticut by renting a <u>Car Sharing, an alternative to car rental and car ownership</u> – <u>Zipcar</u>. I see them out here all of the time. CIO

<888> 04/29/13 Monday 8:45 A.M. Not much traffic for this hour of a weekday morning <u>ConnDOT: CCTV# 4 Greenwich NB Exit 3 - Arch St.</u> . CIO

<888> 04/29/13 Monday 8:40 A.M. They seemed to have recovered <u>Citigroup - Wikipedia</u>, <u>the free encyclopedia</u> . CIO

<888> 04/29/13 Monday 8:10 A.M. You can see the Eaglets right now <u>Biodiversity</u> <u>Research Institute - Brookfield EagleCam1</u> . CIO

<888> 04/29/13 Monday 8:00 A.M. Only four left <u>Greenwich (CT) (Images of America):</u> <u>William J. Clark: 9780738510491: Amazon.com: Books</u>. CIO

<888> 04/29/13 Monday 7:20 A.M. I woke up at 7 A.M.. I made my bed. CIO

<888> 04/29/13 Monday 2:15 A.M. I reheated and ate the remaining cooked linguine and 1/4th of the remaining tomato meat sauce, and I put grated parmesan and Romano cheese on it, and I ate it all with a 12 ounce glass of Canada Dry Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. I reheated the meal on a microwave proof plate with microwave lid on two vegetable cycles of the General Electric microwave oven. I will now take a nap. CIO

<888> 04/29/13 Monday 1:15 A.M. <u>BBC News - In pictures: How Cambridge Computer</u> <u>Lab changed the world</u>

During the full moon recently, I noticed the full moon seemed larger and more orange than normal. CIO

<888> 04/29/13 Monday 12:35 A.M. <u>\$30.88 Amazon.com: Tripp Lite TMC-6 Surge</u> Protector Under Monitor 6 Outlet RJ11 6ft Cord 1440 Joule: Electronics

<u>\$30.24 Rakuten.com - Tripp Lite Protect It! TMC-6 6 Outlet Under-Monitor Surge</u> <u>Suppressor</u>

<u>\$33.99 Tripp Lite TMC-6 6ft. Cord 6 Outlets 1440 Joules Protect It! Surge Suppressor -</u> <u>Newegg.com</u>

<u>\$26.71 PROVANTAGE: Tripp Lite TMC-6 Under Monitor 6 Outlet Surge Suppressor 6ft</u> <u>Cord tel/DSL 1440 Joules</u>

\$28.12 Cheap Surge Protector: SALE 50%-80% OFF: \$28.12 - Tripp Lite TMC-6 Surge <u>Protector Under Monitor 6 Outlet RJ11 6ft Cord 1440 JouleTripp Lite TMC-6 Surge</u> <u>Protector Under Monitor 6 Outlet RJ11 6ft Cord 1440 Joule</u>

\$31.26 Tripp-Lite 6-Outlet Under-Monitor Surge Protector at TigerDirect.com

\$31.99 Tripp Lite 6 Outlet Switched Power Strip Surge Protector TMC 6 | eBay

Best Deal <u>\$25 Tripp Lite TMC 6 Tripp Lite Protect It 6OUT Under Monitor Surge w Tel</u> <u>6ft Cord | eBay</u> CIO

<888> 04/28/13 Sunday 11:40 P.M. I threw out the garbage. It seems pretty quiet around here. I can not hear much traffic on I-95 ConnDOT: CCTV# 4 Greenwich NB Exit 3 -Arch St. . I guess with the higher prices of fuel, the whole world has come to a stand still at night. I frequently am on a night schedule, when I have nothing better else to do during the daytime. At my age of close to 63 years old, I do not think I should be walking Greenwich Avenue at the wee hours of the night and morning. Still I am experienced at being awake at night. I used to see a lot of limousines coming and going from back country Greenwich at night, so some of the rich people maintain later hours. At close to age 63 vears old, I can not frequent pubs and chat with the local color. Manhattan is only about 20 minutes away, but with the increased security in Manhattan, they probably do not want people from Connecticut wandering around. There are always people awake at night in Manhattan, since they do a lot of the maintenance at night, and it is a lot less busy at night. Since nobody has communicated with me from Manhattan except for two friends, I suppose they have a different focus in the Big City environment. Of course a lot of people have to go to work on the week day mornings, so they probably are resting before they change the world tomorrow morning. We no longer have 24 hour grocery stores in downtown Greenwich, so one can not go grocery shopping. It is close to early morning in Europe, and I could give any Europeans whom wanted to chat a quick briefing on my viewpoint of America. There are a number of students in the area whom might be burning the midnight oil. With the price of fuel Greenwich Gas Prices - Find Greenwich, Connecticut Gas Stations and Cheap Gas in CT at Automobile Magazine in the area, most people can not afford to cruise around at night, when there is less traffic. I saw two twin college students last night hitchhiking east at the top of Greenwich Avenue, so maybe people have taken up hitchhiking which can be dangerous. I suppose there are people at the essential services working in this area at night and during the early morning hours. Since I have access to the internet, I will stick with it during my night time schedule. There might be people fishing on the pier at the end of Steamboat Road, but one is not suppose to park down there after sunset, but I suppose one could park along the roadway which would be legal, if there were any parking places available. CIO

<888> 04/28/13 Sunday 10:40 P.M. I will now shower and clean up. CIO

<888> 04/28/13 Sunday 9:40 P.M. I chatted with a friend this morning that has been fishing up on Cape Cod. I woke up at 8 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. I chatted with a relative. I will now make up a fresh batch of punch.

Hirohito - Wikipedia, the free encyclopedia CIO

End of Scott's Notes week of 04/28/13

<888> 04/28/13 Sunday 7:25 A.M. I will now send out my weekly notes. I will then shut down the primary work computer. I will eat a few day old muffin. I will then go to bed. CIO

<888> 04/28/13 Sunday 6:25 A.M. I threw out the garbage.

Great Divide: Where the wealthy live - GreenwichTime

BBC News - George Bush library: US presidents gather for dedication

BBC News - Duke and Duchess attend Ark charity dinner in London CIO

<888> 04/28/13 Sunday 5:45 A.M. Maine eagle cam spots 2 chicks - GreenwichTime

Biodiversity Research Institute Eagles Nest CIO

<888> 04/28/13 Sunday 5:40 A.M. I made 146 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 5 Episode 2 of "Monarch of the Glen". CIO

<888> 04/28/13 Sunday 3:35 A.M. <u>Ronald Reagan Presidential Foundation and Library:</u> Email - LAST CHANCE For Disney Collectibles at 50% off-Not Available After April 30-<u>Order Now!</u>

Start Button Returns (Sort Of) In Microsoft's Windows Blue

BBC News - Hybrid grass 'could reduce flooding impact'

I will now make cigarettes. CIO

<888> 04/28/13 Sunday 2:45 A.M. In a 6 quart Revere pot, I made up a double recipe of <u>Michael Louis Scott's Tomato meat sauce to spaghetti of linguine</u>, and I also added a pound of sliced yellow squash and a pound of diced orange and diced light green peppers. I cooked the sauce about 15 minutes longer than the recipe. I only cooked one box of linguine. I put about half of the cooked linguine on a dinner plate, and I put the other half of the cookled linguine in a Rubbermaid container in the refrigerator. I put 1/6th of the spaghetti sauce on the linguine on the dinner plate with grated parmesan and Romano cheese, and I refrigerated the rest of the spaghetti sauce in a Rubbermaid container in the refrigerator. I ate it all with a 12 ounce glass of Canada Dry Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO

<888> 04/28/13 Sunday 12:25 A.M. I went out, and I went by the Chase ATM machine at 19 West Putnam Avenue. I then went by the central Greenwich Post Office, and I mailed my lease papers to the Greenwich Housing Authority. I then sat out for a while downtown, and not much was happening. I then went by CVS at 644 West Putnam Avenue, and I bought four 12 of Schweppes Ginger Ale for \$3.50 each and \$2.40 can deposit and a 12 ounce bag of Blue Diamond Smoke House almonds for \$4.99 and .89 tax for \$22.28 total. I then returned home, and I brought up the Ginger Ale with my little folding cart that I keep in the trunk of the Audi. I then put the folding cart back in the trunk of the Audi.

I ordered Lenovo <u>http://shop.lenovo.com/</u> Headset P950 for \$29.99 less \$20 off with coupon code "USP1AP456605" fot \$9.99 with free shipping and \$.62 tax for \$10.62 total. CIO

<888> 04/27/13 Saturday 9:30 P.M. I picked up the mail. I got my new lease forms from the Greenwich Housing Authority. I signed them, and I will mail them when I go out later on this evening. I chatted with a relative. I was offered a used <u>www.apple.com</u> Ipad for my upcoming birthday, but I have no use for one, since the touch screens do not work with my cold fingers and the screens are too small for me to read off of. Also I never travel hardly at all, so I have no use for a travel device. I have more than enough computer equipment in my apartment <u>http://mikelouisscott.com/computer.htm</u>. Also I would not want to run the wireless continually in my apartment, since my systems could be hacked. I will now shower and clean up, and then I will go downtown for some errands. A relative without a computer might get the Ipad. CIO

<888> 04/27/13 Saturday 8:50 P.M. <u>Experts: Plan to clean up toxic soil at GHS seems</u> sound - GreenwichTime CIO

<888> 04/27/13 Saturday 8:25 P.M. I chatted with a relative. CIO

<888> 04/27/13 Saturday 7:55 P.M. I woke up twice to chat with a relative. I also chatted with a friend. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 04/27/13 Saturday 9:30 A.M. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 04/27/13 Saturday 8:45 A.M. I went outside. I took my 2012 Senior and Arts Center out of the driver's side front window. I put the new Greenwich Parks and Recreation sticker at the same location. I left the old sticker, because it said it was good through the 2013 season. I used my glass scraper to remove the old sticker. I stored it in the glove box. CIO

<888> 04/27/13 Saturday 8:05 A.M. If you are a <u>www.hulu.com</u> subscriber, you can watch old episodes of "Flipper" off the computer, but they are not available on the television through internet streaming. I could use the IBM ThinkCentre next to the Ethan Allen

recliner hooked up to the Haier HDTV to get the TV experience. I guess Flipper wants too much money to have it on the HULU television streaming. CIO

<888> 04/27/13 Saturday 6:45 A.M. I ate 20 Totinos 4 cheese pizza rolls with a 12 ounce glass of Schweppes Ginger Ale. A month or so ago, I broke the headset on the Dell Dimension 4600i computer in the bedroom by stepping on it when I was working on it. I ordered two <u>Rakuten.com - Logitech ClearChat Premium PC Headset</u> for \$8.19 each with free shipping for \$16.38 total. CIO

<888> 04/27/13 Saturday 5:35 A.M. Sun is rising in Greenwich, Connecticut U.S.A. <u>ConnDOT: CCTV# 4 Greenwich NB Exit 3 - Arch St.</u>. From my experience with the British over the years, they do not like chatting with people they do not know over the internet, but if one stumbles across somebody from England in a Pub, they tend to be very chatty. CIO

<888> 04/27/13 Saturday 5:30 A.M. I watched Series 2 Episode 3 of "Warehouse 13". I am trying to dream up something to do productive with my computers, but at the moment I can not figure out anything else to do. I guess possibly with the warmer weather, all of the Norwegians went back to Norway for the summer. I do not know how to speak Norwegian, so there is no point in trying to talk with them on the internet. I did meet Rhone Dietrin in Lanzarote back in February 1972, and he spoke Norwegian, English and Spanish. They have their own Radio Station <u>UK AWAY FM local english radio station for Lanzarote & Fuerteventura</u>. CIO

<888> 04/27/13 Saturday 3:50 A.M. On the Dell Dimension 4600i computer in the bedroom, I put two new AA alkaline batteries in the wireless mouse. I also tightened the video card cable which was loose. I also connected the Hercules speakers to the right audio jack on the sound card, so it all works just fine now. I put the music files on the bedroom IBM ThinkCentre also. CIO

<888> 04/27/13 Saturday 2:40 A.M. I ate a roast beef and Swiss cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle spear and Lays wavy potato chips and a 12 ounce glass of Schweppes Ginger Ale, and a cup of <u>www.lipton.com</u> green tea with Sweet and Low Sweetener and Borden's lemon juice. CIO

<888> 04/27/13 Saturday 1:30 A.M. <u>BBC News - China tea set and brooch among royals'</u> gifts to Obamas CIO

<888> 04/27/13 Saturday 1:25 A.M. I put away the second load of laundry. CIO

<888> 04/27/13 Saturday 1:10 A.M. <u>Modeling Volcanic Processes Cambridge University</u> <u>Press</u>

BBC News - Earth's core far hotter than thought

BBC News - Dutchman arrested over huge web attack CIO

<888> 04/27/13 Saturday 12:50 A.M. I put one dry cycle away, and I have 20 minutes to go on another dry cycle. CIO

<888> 04/27/13 Saturday 12:20 A.M. I have 15 minutes to go on one dry cycle and 50 minutes to go on another dry cycle. CIO

<888> 04/26/13 Friday 11:50 P.M. I have 45 minutes to go one dry cycle. CIO

<888> 04/26/13 Friday 11:35 P.M. It was on Bloomberg News today, that the Norwegian Sovereign wealth fund grew by \$37 billion this year <u>Norwegian Oil Fund Gains \$37 Billion</u> <u>as Stock Markets Rally - Bloomberg</u>, so it is now worth \$728 billion. CIO

<888> 04/26/13 Friday 11:15 P.M. I chatted with a relative again. I put clean linens on the bed. I showered, and I cleaned up. I threw out the garbage and the old periodical literature. I watered the plants. I started two loads of laundry, and I have 25 minutes to go on the wash cycles. I might have to wait for the dryers, since somebody else is ahead of me. I picked up the mail. I left a UPS package outside a neighbor's door. I received my new Town of Greenwich Parks and Recreation Parking Permit with number 13-62838, I will put it on the Audi when there is some daylight outside. CIO

<888> 04/26/13 Friday 8:50 P.M. I chatted with a relative. This time of year is the allergy season, and my allergies to pollen have been bothering me recently. I have some older CVS generic Benadryl which I am thinking about taking. When I lived in Nantucket and Key West way out in the ocean or when I visited Lanzarote I had less problems with allergies since they were way out in the ocean. Living in the desert is no solution to allergies, since the desert is full of allergens in the sand. When one goes outside, one can see all of the pollen on the windshield of one's car. CIO

<888> 04/26/13 Friday 8:05 P.M. Even though I had put my <u>www.hulu.com</u> account on Hold until July 2013, they billed me today \$7.99 for the coming month. I will keep the account active until I use up this month's payment. CIO

<888> 04/26/13 Friday 6:50 P.M. I woke up at 1 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I went back to bed. I woke up at 6:15 P.M.. I will now drink my coffee. CIO

<888> 04/26/13 Friday 5:55 A.M. I called up that remote back water known as Cayo Hueso, and I chatted with the <u>Key West Hotels- Florida Keys Luxury Resort- Casa Marina</u> <u>A Waldorf Astoria Resort</u>, and they told me since it is hot down there, it is not very busy. I guess most everyone in Florida has gone back up North. Of course some of the old timers whom are actual legal residents of Florida have to spend six months and one day down there to maintain their legal residency. I will now shut down the primary work computer, and I will go to bed soon. CIO <888> 04/26/13 Friday 4:30 A.M. There was a short comment on <u>Bloomberg TV: Business</u> <u>Live TV - Bloomberg</u> that <u>BNY Mellon | Investment Management and Investment Services</u> controls 20% of the World's Money in their <u>BNY Custody - Accounting Services - Asset</u> <u>Servicing | BNY Mellon</u>. I am not sure what Custody Services are, but it must be a lot of money. It says here <u>The Bank of New York Mellon - Wikipedia</u>, the free encyclopedia here they have \$1.4 trillion in assets and \$27.69 trillion under custody administration. When Bank of New York took over the Putnam Trust Company here in Greenwich, Connecticut, I had a book on the 150th anniversary of the Bank of New York that I bought for \$10 at the Greenwich Hospital Thrift Shop. I gave it to the secretary of the head of the office here back then. I did not read the book, but I looked at it briefly. It said besides Alexander Hamilton starting it, it was started with Eliahu Roosevelt's money. Therefore it might seem the Roosevelt family might still have money besides being Apple farmers. CIO

<888> 04/26/13 Friday 3:30 A.M. I came up with a quick and easy and cheap fix for the loose LAN cable problem on the Asus Netbook. I took a English muffin bag flat plastic closure tab about 1/16th inch thick, and I cut two 5/16ths inch wide lengthwise strips off of it. One inserts both strips on top of each other on top of the LAN cable into the LAN connector just far enough to add pressure, but exposed enough to easily remove, and that keeps the pressure on, so it does not disconnect. I save my plastic English muffin closure tabs, so I have lots of them if anyone need one.

I ate a 8.5 ounce bag of 60% reduced fat Chex mix. CIO

<888> 04/26/13 Friday 2:00 A.M. On the Asus Netbook, there is one hardware problem. The LAN connection on the little hinge on the right side works by slightly opening the hinge downward and gently inserting the LAN cable. However, it does not always connect, and the LAN cable after clicking in has to be gently slightly pushed in a little bit more to make the connection. I tried two different LAN cables on it, and they both exhibited the same problem. I examined the LAN connection closely with a magnifying glass and flashlight, and it appears to be a design problem, and there is not anything broken. Thus if one were frequently disconnecting and reconnecting the LAN cable, it might be an irritation. However, I keep my Asus Netbook in place, and when I take it to Kennebunkport this summer, I will be using the wireless anyway. CIO

<888> 04/26/13 Friday 1:15 A.M. Thanks President George W. Bush - GOP

<u>Global Volcanism Program | Volcanic Activity Reports | Smithsonian / USGS Weekly</u> <u>Volcanic Activity Report |</u>

In my email, I got two \$5.74 receipts from the Bush Center for my two donations today, so they obviously received both donations, and it was not a hacker taking my money or the Bush Center's.

BBC News - George Bush library: US presidents gather for dedication

BBC News - 'Urgent need' to remove space debris CIO

<888> 04/26/13 Friday 12:05 A.M. I ate a 18.5 ounce Stouffer's meat lasagna with grated parmesan and Romano cheese and a 12 ounce glass of Canada Dry Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO

<888> 04/25/13 Thursday 10:50 P.M. I went by the A&P Fresh. I bought bananas for .49 a pound for \$1.37 and 60 cents can return for \$.77 total. I chatted with a few employees about the price of tea in China. I then sat out for a while downtown. I chatted with a relative. I then went by the Greenwich Library. I chatted with staff members. One of their afternoon reference librarians past away after 16 years on the job. I chatted with a dod walker returning a book. I then went by the Stop and Shop. I told them they should stock Heinz pickles. I told one of their customers about my idea about building a super www.walmart.com at the PCP contaminated Greenwich High School site. I bought a six pack of Stop and Shop English muffins for \$1.69, a 59 ounce container of Simply Orange orange juice with calcium for \$2.50, four 18.5 ounce Stouffer's meat lasagna for \$2.50 each, a Helping Hand 6 inch long needle nose pliers for \$3.14, a reduced price crushed box of 48 ounce Quaker old fashioned oatmeal for \$2.49, a reduced produce of green and yellow peppers for .54, and a reduced produce of yellow squash for \$1.03 for \$21.59 total. I then returned to Chez Via Soixante et Onze de Vinci. I picked up the mail. I put away my groceries. It is still a bit cold outside at night. CIO

<888> 04/25/13 Thursday 6:25 P.M. I threw out the garbage. I chatted with some of my neighbors. The order with tracking of <u>Tracking</u> on the order for set of refurbished Logitech 2.1 speaker system for \$19.99 with free shipping from <u>www.1saleaday.com</u> arrived. I chatted with a relative. I hooked up the new set of Logitech 2.1 speakers to the Asus Netbook on the second control panel switch from the left, and they have most excellent sound for one's listening entertainment. I will now shower and clean up. I need to make a banana run downtown. CIO

<888> 04/25/13 Thursday 4:05 P.M. A relative who was watching the Bush Center event on television called up at 9 A.M. this morning. I guess they get up early in the morning in Texas. I woke up at 2:30 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made the bed. CIO

<888> 04/25/13 Thursday 7:25 A.M. I ate the last 20 of the almonds and two pretzel rods. I will now shut down the primary work computer, and I will go to bed soon.

<u>George W. Bush Presidential Center: Home of the Bush Library and Museum and Bush</u> <u>Institute</u>

One can give money here Giving - George W. Bush Presidential Center

I donated \$5.74 in memory of an old golf buddy that died recently, but the web site entered the information twice, so I actually gave \$11.48. I did not refresh the web browser, so there is something wrong with their donation script on the web site. CIO

<888> 04/25/13 Thursday 6:20 A.M. I took the Hercules 2.1 speaker system off the Acer Netbook. I put them back on the Dell 4600i computer in the bedroom. I moved the generic pair of speakers from there back to the second Dell Latitude D410 laptop computer. I am getting a new pair of Logitech 2.1 speakers today that I will put on the Acer Netbook. CIO

<888> 04/25/13 Thursday 5:05 A.M. I ate a bowl of pineapple chunks, two pretzel rods and a 100 almonds. What was strange about my father Louis Dale Scott was that although he was from Champaign, Illinois; whenever we drove through Illinois on out way up North in the Old Days to Holland, Michigan for vacation, he would always order pineapple milk shakes at the Dairy Queens along the way, as if he knew somebody with access to pineapples. Maybe he knew Bob Dole out in Kansas. When I was trying to get a job with www.nasa.gov by the direct approach back in the fall of 1976 by visiting Florida, I met Wiley Middleton in Fort Lauderdale. Wiley always wore a Augusta National The Masters 2013 - The Masters, Masters Golf, Masters Leaderboard, Augusta national, When is the Masters, Golf, Augusta Georgia, Masters Tournament, Augusta Golf blue golf hat, and he was from that old Southern family from Middleton Place | Charleston, SC, although the local menu was pretty much limited to peanut butter sandwiches. He was the first Luxury Cars, SUVs, Sedans, Coupes, and Crossovers | Cadillac in Manhattan, and he told me, if I was not doing anything else try to sell Cadillacs. The way I figure it with www.whitehouse.gov always driving around in Presidential state car (United States) -Wikipedia, the free encyclopedia, it is good free advertising. Gerry Ford use to use a www.ford.com Lincoln limo. Frigidaire also comes from Augusta, Georgia. CIO

<888> 04/25/13 Thursday 2:20 A.M. This is the air conditioner Frigidaire Window-Mounted Mini Compact Room Air Conditioner that I have had for two years for my living room air conditioner. At \$289 plus tax and a trip to Norwalk, it would be expensive to replace at www.pcrichard.com . It is a smaller 8,000 BTU size that fits into the small air conditioner opening in my center living room window. My apartment has a western exposure to the hot summer sun with four 4 foot by 8 foot windows with shades over a hot black second floor hot tar roof. The temperature outside my windows in the summer is frequently 120 degrees Fahrenheit, and even with the living room air conditioner on maximum it only keeps the room in the afternoon from 74 to 78 degrees Fahrenheit when going all of the time including night time to cool the apartment off. I have an older Panasonic 12,000 BTU air conditioner that I put in the bedroom window. The two air conditioners in the summer use a lot of electricity, and my bills in the past two summers have been over \$250 a month. It is also available in this area here Frigidaire 8,000 BTU Window Air Conditioner with Remote-FRA086AT7 at The Home Depot for \$239. I have to have the smaller until since the opening in my center living window is only about 18.5 inches by 13.5 inches. Also computers run more efficiently when they are cool. CIO

<888> 04/25/13 Thursday 1:30 A.M. Since the Frigidaire air conditioner is an important part of my apartment setup, and it would be difficult to live in the apartment without it in the summer, I went ahead and renewed the service contract for another year until May 24, 2014 for \$59.99 and \$3.81 tax for \$63.80 total. CIO

<888> 04/25/13 Thursday 12:50 A.M. <u>Inside the Bush Presidential Library -</u> <u>GreenwichTime</u>

Bushisms: An abbreviated guide - GreenwichTime

DHS use of deep packet inspection technology in new net security system raises serious privacy questions

http://www.greenwichlibrary.org/docs/keepposted/KPMay2013.pdf

20 Pounds? Not Too Bad, for an Extinct Fish

Why Tim Cook Is Like Steve Ballmer

Cunard Europe Three For All

BBC News - 'Big cat' Canadian lynx was on the loose in UK in 1903

BBC News - KALQ thumb-type keyboard takes on Qwerty CIO

<888> 04/24/13 Wednesday 11:30 P.M. <u>\$15 Russian Gas Mask</u>

<u>Deal of the Day | Electronics Deal of the Day | Daily Deals | CowBoom</u> Acer preowned laptop \$170 today only. CIO

<888> 04/24/13 Wednesday 11:10 P.M. I reheated and ate the remaining fettuccini alfredo mixture with three campari tomatoes sliced into quarters with balsamic vinegar, extra virgin olive oil, garlic powder, Italian spices, and ground black pepper on them. After I ate the campari tomatoes, I put the flavoring on the fettuccini alfredo, and I ate it all with a glass of Canada Dry Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO

<888> 04/24/13 Wednesday 10:25 P.M. I chatted with a relative. My relative told me not to renew the air conditioner service contract. The Town of Greenwich Department of Social Services bought it for me two years ago, so hopefully if it should ever break, they can afford to buy me another new one. The last air conditioner contract I had on the General Electric Profile air conditioner before, when it was not working properly, they would not pay a service contract, and they told me to just turn down the temperature more. I made 154 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 5 Episode 1 of "Monarch of the Glen". CIO

<888> 04/24/13 Wednesday 7:50 P.M. I threw out the garbage and the shipping boxes. I chatted with a neighbor. I picked up the mail. My living room Frigidaire air conditioner is two years old, and its maintenance contract from <u>www.pcrichard.com</u> expires on May 24, 2013. It will cost another \$63.80 to renew it for another year. I will have to talk to an

interested relative to see, if I should renew it or not. I paid about \$225 for it after the \$50 mail in rebate. I will now make cigarettes. CIO

<888> 04/24/13 Wednesday 6:30 P.M. The APC surge protector control panel shipping boxes had four web addresses. They are <u>Daily Deals, 1 Sale A Day</u>, <u>Ben's Outlet</u>, <u>http://www.shadora.com/</u>, and <u>Dynamite Time</u>. CIO

<888> 04/24/13 Wednesday 6:10 P.M. I hooked one of the APC control centers underneath the Haier 32 inch HDTV in the living room. From right to left, the right switch controls the HDTV power, the second from the right controls the HDMI spitter box and the far left controls the Creative speakers. One can turn then all on and off with the Master Switch. I put another APC control center underneath the Asus Netbook. The far right switch controls the power supply, the second switch from the right controls the Motorola Bluetooth ear piece and the USB squid and the far left switch controls the speakers. All of them can be turned on with the Master Control switch. I put the third APC control center underneath Sceptre 23 inch HDTV in the bedroom. The far right switch controls the HDTV power, the second switch from the right controls the speakers, and the far left switch controls the HDMI splitter box. All of them can be controlled by the Master Control switch. Thus the devices are left turned on the switches on the control panel, and one just turns them all on with the Master Control switch. All of them need to be working anyway to use the devices. The HDMI splitter boxes control the input since they also feed the second input into the opposite HDTVs in each room giving them multiple input from both cable boxes. I will now shower and clean up. CIO

<888> 04/24/13 Wednesday 4:25 P.M. I woke up at 2:30 P.M.. The orders with tracking of <u>UPS: Tracking Information</u> and <u>UPS: Tracking Information</u> and <u>UPS: Tracking Information</u> on the three orders for APC Surge Protectors switch control centers for \$14.99 each with free shipping arrived. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made the bed. CIO

<888> 04/24/13 Wednesday 7:00 A.M. I will now shut down the primary work computer, and I will eat a few day old muffin, and then I will go to bed soon. CIO

<888> 04/24/13 Wednesday 6:10 A.M. I finished configuring the Windows 8 beta partition on the IBM ThinkCentre in front of the mahogany bureau. I could not get the Windows 7 backup program to make a complete image of both partitions to the Seagate external hard drive. For some reason it said I did not have enough space, when I have plenty of storage space. I am now doing a Paragon backup of both partitions to the Seagate external hard drive. When using the Paragon backup, it gives an error message when one is in the process of running it that it need to either restart the system or one need to manually stop some program, but if one selects manually to close programs, it automatically makes the backup. The Paragon backup is probably better in that in doing a restore one can chose different partitions to restore to a drive with different size partitions which might be handy in the future for the next beta configuration, if I do not want to restore the current beta partition. CIO

<888> 04/24/13 Wednesday 3:10 A.M. I reheated and ate one half of the remaining fettuccini alfredo mixture with three campari tomatoes sliced into thirds with balsamic vinegar, extra virgin olive oil, grated parmesan and Romano cheese, Italian spices, and ground black pepper on them. After I ate the campari tomatoes, I put the flavoring on the fettuccini alfredo, and I ate it all with a glass of Canada Dry Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO

<888> 04/24/13 Wednesday 2:20 A.M. Biltmore Email Newsletter

BBC News - Making of Europe unlocked by DNA

BBC News - Genetic study finds Ice Age salmon refuge

BBC News - E. coli bacteria 'can produce diesel biofuel' CIO

<888> 04/24/13 Wednesday 1:55 A.M. I am installing the updates on the first partition of the IBM ThinkCentre beta machine in front of the mahogany bureau. I then have to configure the Windows 8.1 beta on the second partition. The Windows 8.1 beta still does not work on AMD Athlon and Sempron processor beta computers. CIO

<888> 04/24/13 Wednesday 1:25 A.M. I picked up the mail. I got a letter from the Greenwich Housing Authority that some time in the near future, they are going to issue parking permits for Vinci Drive, and there will be only one parking permit for each registered resident. Parking has been getting crowded around here, because some people have more than one car. CIO

<888> 04/24/13 Wednesday 12:25 A.M. I repaired the IBM ThinkCentre beta machine for the dual boot configuration below by this method. First I boot the Windows 7 DVD, and I select the option repair to repair the boot manager, which puts the Windows 8 operating system in the Windows 7 boot manager, but it does not work. Then I boot the Windows 8 of 8.1 DVD, and I select Repair and the Advanced option to repair the boot manager for Windows 8 which it says it can not do and then the same for Windows 7, but when one reboots, both of them are in the Windows 7 boot manager and working. I will now shower and clean up. CIO

<888> 04/23/13 Tuesday 11:40 P.M. All I can think about it is like the old computer book, "The Ghost in the Machine". When I did the low level format and restored the Windows 7 backup the first time, it would not let me create a second partition for the Windows 8.1 beta partition, so I used the Windows 8.1 beta DVD to delete all of the partitions, and then I created a 200 gigabyte first partition which also created a 300 megabyte first boot partition, and then I created a second 175 gigabyte second partition which I installed Windows 8 beta on. However, the second time I restored Windows 7 backup, that partitioning was lost, but it created a partition environment, where I was able to install the Windows 8.1 beta on a second partition with Windows 7 on the first partition. After installing Windows 8.1 beta when product activation came up on the Windows 7 partition, I booted the Windows 7 DVD and restored Windows 7 backup of the first partition, and I DID NOT SELECT the option to repartition and format the drive. I still have to fix the boot manager once the restore is completed. CIO

<888> 04/23/13 Tuesday 10:55 P.M. Change of plan from below. For some odd reason, when I restored the Windows 7 backup to the IBM ThinkCentre on the Windows 8.1 Pro Preview beta partitioning, it changed the partitions, so the Windows 8.1 Pro Preview beta DVD can create a second partition on the drive and install without deleting the first partition. However, when one installs the Windows 8.1 Pro Preview beta, it brings up product activation on the first Windows 7 partition, so one still has to restore the first partition Windows 7 backup and select the option to not repartition or format the drive. All this for a beta machine that I hardly ever use. CIO

<888> 04/23/13 Tuesday 10:40 P.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made the bed. I chatted with a relative.

To install Windows 8.1 Pro Preview beta on a second partition on the IBM ThinkCentre, I had to first make a free paragon backup to the Seagate external hard drive of the Windows 7 partition. Windows 8.1 Pro Preview beta will not install without deleting the existing partitions, which I will do. Then I will create on 200 gigabyte partition for the first partition which all creates a small 300 megabyte partition for the boot partition. Then on the remaining hard drive space of about 175 gigabytes I create and format a second partition which I install Windows 8.1 Preview beta to. I then have to restore the Paragon backup of the first partition with the Paragon restore CD, so the Windows 7 files are in the first partitions, which I will explain after I do it. CIO

<888> 04/23/13 Tuesday 7:45 P.M. I woke up at noon, when a neighbor knocked on my door for a minor matter. I finally woke up at 5:30 P.M.. On the IBM ThinkCentre in front of the mahogany bureau, I was able to get the Windows 8.1 Pro Preview beta DVD to boot by enabling the bios under Advanced "Legacy Systems". However, it would not install, because something was wrong with my existing system partitions like they had been hacked. I am doing a Seagate Utilities 1% zero write low level format of the hard drive. I will then restore my backup of the previous operating system on the first partition, and then I will try to install the beta on the second partition which should work. I chatted with a friend. CIO

<888> 04/23/13 Tuesday 11:00 A.M. I finished configuring the Windows 8.1 Pro Preview beta on the second partition on the primary Dell Latitude D410 laptop computer. I will now shut down the primary work computer. I will eat a couple of day old muffin, and then I will go to bed. CIO

<888> 04/23/13 Tuesday 10:15 A.M. Setting up Windows 8.1 beta is pretty much the same as the earlier release beta. The Start button is on the Tablet Interface and Not the Desktop Interface too. Also the <u>www.openoffice.org</u> download web page crashes Internet Explorer 11. CIO

<888> 04/23/13 Tuesday 9:05 A.M. I was not able to sleep after the last note. I found this link <u>http://floads.com/software_key/98407-windows-81-pro-preview-build-9374-x86.html#.UXZWiaLyLmN</u>, and I downloaded the program which also has a lot of other junk programs, but I was then able to download the Windows 8.1 Pro Preview build 9374 which took a couple of hours. I burned two copies to DVD. Unfortunately, the DVD will not boot on my IBM ThinkCentre beta machines <u>http://mikelouisscott.com/computer.htm</u>. I was able to boot it on my primary Dell Latitude D410 laptop. I installed it on a second partition, and I am now configuring it. I uninstalled the junk programs on my primary computer that the downloaded installed, and then I uninstalled Internet Explorer 8 and reinstalled it and then I ran PC Cleaner Pro to clean up the system. Looking for the torrent file involved looking at a lot of dangerous web site. However, the primary computer seems to be running just fine. I have not found the start button in the beta which it is suppose to have. Perhaps, one has to turn it one somehow. CIO

<888> 04/23/13 Tuesday 3:00 A.M. I will now shut down the primary work computer, and I will eat a few day old muffin. I will then go to bed. CIO

<888> 04/23/13 Tuesday 2:35 A.M. I ate 12 ounce of mashed potatoes with Smart Balance spread and extra virgin olive oil and a 12 ounce glass of cold filtered water.

I took the Netgear WNA3100 N300 wireless USB adapter <u>NETGEAR WNA3100-100NAR |</u> <u>eBay</u> off the second Dell Latitude D410 laptop computer, and I installed the software for it from <u>WNA3100</u> on the Asus Netbook, and I then connected up the Netgear USB adapter to the Asus Netbook, and it installed plug and play. I setup the Netgear software "Press to Connect" with the button on the adapter and then within two minutes the Netgear wireless router button. I get 48 mbps download and 8 mbps second upload with it, so it is available to use and possibly stronger than the wireless in the Asus netbook. I used the Netgear WNA3100 N300, since it comes with a long USB cable connected to it, so it works on the netbook with USB ports close together. CIO

<888> 04/22/13 Monday 10:15 P.M. I reheated and ate one third of the remaining fettuccini alfredo mixture with three campari tomatoes sliced into thirds with balsamic vinegar, extra virgin olive oil, grated parmesan and Romano cheese, Italian spices, and ground black pepper on them. After I ate the campari tomatoes, I put the flavoring on the fettuccini alfredo, and I ate it all with a glass of Canada Dry Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO

<888> 04/22/13 Monday 9:25 P.M. <u>Start Button Returns (Sort Of) In Microsoft's Windows</u> <u>Blue</u>

Sports & Outdoors - Walmart.com

DNA Tests for Ethnicity & Genealogical DNA testing at AncestryDNA

Richard-M-Nixon

I chatted with two relatives.

I will be going up to Kennebunkport, Maine on Tuesday June 11, 2013 to visit with relatives.

Kennebunkport, Maine, Scott's Internet Hotlist

Kennebunkport, Maine, Scott's Internet Hotlist

BBC News - Space debris collisions expected to rise

BBC News - Higgs boson: Call to rename particle to acknowledge other scientists

BBC News - State-backed data spies hunt industrial secrets

BBC News - Huge six-legged robot built in UK by enthusiast CIO

!!!!!! <888> 04/22/13 Monday 6:55 P.M. <u>http://floads.com/software_key/98407-windows-81-pro-preview-build-9374-x86.html#.UXZWiaLyLmN</u>, but the program to download it installs a lot of dangerous junk software . The file name is
''9374.0.FPL_PARTNER_OUT15.130329-2355_X86FRE_CLIENT_EN_US-IMP_CCSA_DV5.ISO''. CIO

<888> 04/22/13 Monday 6:10 P.M. <u>Windows 8.1 or WindowsBlue.com - News and Updates</u> about the next Microsoft OS refresh Windows 8.1 or Windows Blue. CIO

<888> 04/22/13 Monday 5:20 P.M. I chatted with a friend. <u>Microsoft Reportedly</u> <u>Reintroducing Start Button With Windows 8.1, But Damage May Already Be Done</u> . CIO

<888> 04/22/13 Monday 4:40 P.M. I slept until 3:30 P.M.. I showered, and I cleaned up. I threw out the garbage. I chatted with a neighbor. I picked up the mail. CIO

<888> 04/22/13 Monday 1:40 P.M. <u>\$199.99 refurbished Acer Aspire One AOD257-13473</u> Atom N570 Dual-Core 1.66GHz 1GB Acer LU.SFS0D.001 AOD257-13473

Today is Earth Day <u>Earth Day Network | Earth Day 2013</u>. I am not sure if one is allowed to drive car downtown or not. I will shower and clean up and think about it. CIO

<888> 04/22/13 Monday 12:40 P.M. <u>17-Year Cicadas to make a noisy emergence from</u> <u>their long naps - GreenwichTime</u>. CIO <888> 04/22/13 Monday 12:30 P.M. I woke up at 11:15 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made the bed. CIO

<888> 04/22/13 Monday 2:25 A.M. <u>Greenwich envoys donate to George W. Bush center -</u> <u>GreenwichTime</u>

I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 04/22/13 Monday 1:45 A.M. I watched series 2, episode 2 of "Warehouse 13". I also ate 25 almonds.

George Bush says brother Jeb best man for the White House | Fox News

Front-row seat to history | Fox News Video CIO

<888> 04/21/13 Sunday 11:55 P.M. I filled a 6 quart Revere pot two thirds full, and I added a teaspoon of salt and a teaspoon of extra virgin olive oil, and I brought it to a boil covered over high electric burner heat with lid on about ten minutes. While doing that I put in a 1.5 quart sauce pan, a 15 ounce jar of Bertolli alfredo sauce, and I seasoned it with garlic powder, ground black pepper, Italian seasoning, celery salt and two chicken bouillon cubes, and I mixed it all together. I then took a one pound DAK canned ham, and I rinsed it off underneath cold water, and I sliced it into quarter inch thick slices, and then into half inch by one inch strips. I added the ham to the sauce, and then I drained a 6 ounce can dry of large black pitted California olives, and I cut them in half, and I added them to the sauce. I stirred it all together, and I put a lid on the pot, and I heated in on a electric burner at medium high heat, until it began to boil, and I gradually lowered the temperature to simmer for about 15 minutes all together stirring frequently. While doing that I boiled a 16 ounce box of fettuccini noodles for 13 minutes with a lid on the large Revere pot. I drained the noodles in a colander in the sink, and I added them to a mixing bowl. I then mixed about a quarter of a cup of extra virgin olive oil into them. I then added the heated alfredo sauce to the noodles and mixed them all together. I then added about a third of a cup of grated parmesan and Romano cheese and mixed it all together. I put one third on a dinner plate, and I put the other two thirds in a Rubbermaid container in the refrigerator. I ate it with a 12 ounce glass of Canada Dry Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO

<888> 04/21/13 Sunday 10:45 P.M. <u>BBC News - Orbital's Antares rocket makes test</u> <u>flight</u> CIO

<888> 04/21/13 Sunday 9:10 P.M. On the Windows 9 early release beta on the second partition on the IBM ThinkCentre in front of the mahogany bureau, I did a System Restore to April 14, 2013, so it now is running the Windows 9 beta. I then installed the Microsoft Net 3.5 framework and the Microsoft Live Essentials and configured them. I chatted with a relative. I will now shower and clean up. CIO

<888> 04/21/13 Sunday 6:10 P.M. I chatted with a friend at 8 A.M.. I chatted with a neighbor who needed to do a fax at noon, and I said I would do it after I woke up. I chatted with a relative at 3 P.M.. I finally woke up at 4:15 P.M.. I called up the neighbor, and the neighbor brought the letter to be faxed which I faxed. I moved the large external antenna and its components from on top of the Brother All purpose machine to the drawer of the blue night stand that holds the IBM ThinkCentre in front of the mahogany bureau. I put the Asus Netbook car charger on the lower level of the blue night stand. I moved the generic Ipad docking station to underneath the <u>www.harvard.edu</u> chair. I now have the top of the Brother all purpose machine cleared of all items, so it is available for use. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made the bed. CIO

End of Scott's Notes week of 04/21/13

!!!!!! <888> 04/21/13 Sunday 7:05 A.M. Birthday Girl, <u>Elizabeth II - Wikipedia, the free</u> encyclopedia . CIO

I ate 25 almonds. On the Windows 9 early release beta, it does not have USB printer support, so possibly that is why the TrendNet Router USB printer port does not work. Also in the settings, I selected the option to change it to Windows 8, but there is no option to change it back to Windows 9, but I can not tell whether or not it is any different or not. In Windows 8 or 9, if one searches the term "setting" from the upper right hand corner one gets 128 options. I will now send out my weekly notes. I will then go to bed. CIO

<888> 04/21/13 Sunday 3:45 A.M. On the IBM ThinkCentre in front of the mahogany bureau on the second partition with Windows 9 Early release beta, I tried for a while to get the TrendNet TW100-BRF114U USB print server to work with the Lexmark E238 laser printer, but although the driver installs, it will now save the shared printer file for the setup, although it does work for a USB port connection, but not the TrendNet network connection. It does work on the Windows 8 machine though. CIO

<888> 04/21/13 Sunday 1:05 A.M. <u>Ronald Reagan Presidential Foundation and Library:</u> Email - 50% OFF Exclusive Disney Collectibles Ends April 30-Order Now!

10 Beautiful Bridges Around the World

Adolf Hitler (dictator of Germany) -- Encyclopedia Britannica

G.E. Reports a 16% Rise in Quarterly Profit

BBC News - Firms 'own unburnable fossil fuels'

BBC News - Dinosaur 'fills fossil record gap'

World War II casualties - Wikipedia, the free encyclopedia CIO

<888> 04/20/13 Saturday 11:55 P.M. Talk about inflation. According to this article <u>2 in</u> <u>Conn. accused of possessing 50 pounds of pot - GreenwichTime</u> fifty pounds of pot is worth \$450,000 which works out to \$9,000 a pound or \$562.50 an ounce which seems a bit steep, but since I do not follow commodity prices, I really would not know for sure.

It says here Old Greenwich, Connecticut is a \$1,000 an ounce <u>Connecticut Weed Prices -</u> <u>PriceOfWeed.com</u>

If one looks at this, I guess it has gone up in price <u>Marijuana Prices in the U.S.A.</u>. When I was a student at <u>www.lfc.edu</u> the hippies use to sell something called Wisco Weed which came from the University of Wisconsin for \$40 a van load. Back in 1975 in the high rent district in Manhattan, they used to pay \$400 a pound delivered in private limousines. I never kept track of it after that, but I suppose like everything else the pot heads have to keep up with inflation. For all I know they have a Pot Exchange with a Futures Market in some place like the Netherlands. It says high grade marijuana in Manhattan is now \$6,000 a pound, so by my math, it has gone up 15 times in price since 1975, which would mean 1500 percent increase since 1975.

Of course back in 1975 cigarettes were \$1.29 a pack in Manhattan, and today they are now \$13 a pack which means they have gone up ten times or a 1000 percent. Unfortunately I guess everything else has gone up equal amounts. CIO

<888> 04/20/13 Saturday 11:20 P.M. I chatted with a relative. I reheated the remaining 8 ounces of cooked linguine with the 12 ounces of Mama Mancini three meatballs and tomato sauce, and I put grated parmesan and Romano cheese on it, and I also had two campari tomatoes that I cut into four slices each and I put Italian spices, ground black pepper, Balsamic vinegar and extra virgin olive oil on them, and I ate it all with a 12 ounce glass of Canada Dry Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. I then took the Chiquita pineapple, and I peeled and diced it into .75 inch to 1 inch chunks, and seasoned it with two tablespoons of Angostura bitters and a quarter of a cup of Borden's lemon juice, and I mixed it all together, and I put it in a Rubbermaid container in the refrigerator. I threw out the garbage.

It is suppose to go down to 32 degrees Fahrenheit tonight <u>7-Day Forecast for Latitude</u> <u>41.07°N and Longitude 73.65°W</u>, I hope it does not mess up the daffodils and tulips. The daffodils are out, and the tulips are just about ready to bloom weather permitting. CIO

<888> 04/20/13 Saturday 9:20 P.M. I picked up the mail. I threw out the garbage. I went downtown, and I found a <u>www.ford.com</u> car key downtown, and I gave it to the desk at the Greenwich Police Station. I then walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS, and I bought a 16 ounce bag of Blue Diamond smokehouse almonds for \$4.99. I used the bathroom at CVS. This coming week they have their spices on sale for a dollar. I then went by the Stop and Shop, and I bought six 16 ounce boxes of Ronzoni fettuccini for \$1 each, bananas for

.79 a pound for a \$1, a Chiquita pineapple for \$2.99, and day old campari tomatoes for \$1.59 for \$11.58 total. I told a Microsoft employee about installing the Net 3.5 framework on Windows 9 early release beta on this web page <u>Installing the .NET Framework 3.5 on</u> <u>Windows 8</u> under troubleshooting. I then went by the Putnam Shell at 401 West Putnam Avenue, and I bought \$8.01 of self service premium gasoline for \$4.399 a gallon for 1.821 gallons at odometer reading of 72041 miles for 20.3 miles driving since Saturday April 13, 2013 for 11.148 miles per gallons in mostly local traffic. I then returned home, and I put away my groceries. CIO

<888> 04/20/13 Saturday 5:20 P.M. <u>\$84.99 with free shipping Rakuten.com - RadioShack</u> <u>PRO-163 1000-Channel Triple Trunking Scanner for Police Fire or Marine Use</u>. I will now shower and clean up. I will then go downtown. CIO

<888> 04/20/13 Saturday 4:35 P.M. I woke up at 3:30 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made the bed. CIO

<888> 04/20/13 Saturday 3:30 A.M. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 04/20/13 Saturday 2:45 A.M. <u>'We got him!' Second marathon suspect in custody</u> <u>after tense standoff | Fox News</u>. CIO

<888> 04/20/13 Saturday 2:20 A.M. I made 110 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 4 Episode 10 of "Monarch of the Glen". CIO

<888> 04/20/13 Saturday 12:35 A.M. I boiled up a 16 ounce box of linguine, and I ate half of it with 12 ounces of the Mama Mancini tomato sauce with three meatballs and grated parmesan and Romano cheese and I refrigerated the other half in a Rubbermaid container, and I ate it all with a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. I will now make cigarettes. CIO

<888> 04/19/13 Friday 11:25 P.M. Tracking is <u>Tracking</u> on the order for set of refurbished Logitech 2.1 speaker system for \$19.99 with free shipping from <u>www.1saleaday.com</u>.

Battles-of-Lexington-and-Concord

Software Sales Bolster Microsoft, Leading to a 19% Rise in Profit

I put away the laundry.

BBC News - Boston marathon bombs suspect Dzhokhar Tsarnaev captured

BBC News - Horsehead Nebula: Herschel telescope images astronomical classic

BBC News - Illegal loggers continue to threaten Amazonian tribe CIO

<888> 04/19/13 Friday 10:00 P.M. I have 45 minutes to go on two dry cycles.

'We got him!' Second marathon suspect in custody after tense standoff | Fox News . CIO

<888> 04/19/13 Friday 9:25 P.M. I chatted with a relative again. I have 20 minutes to go on two wash cycles. I picked up the mail. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 04/19/13 Friday 8:30 P.M. I chatted with a relative. I will now shower and clean up. CIO

<888> 04/19/13 Friday 8:00 P.M. I took the two comforters and the electric blanket off the bed, and I put them in heavy plastic storage bags, and I stored them on the top shelf in the bedroom closet on the left side. I put clean linens on the bed, and I put a medium weight blanket and the pink and green summer quilt on it. I put a Lasko box fan at the bedroom entrance and a tower fan at the hallway bedroom entrance to blow some air around in the area. I have too much stuff in the bedroom window at the moment to open it. I will wait until it gets a bit warmer before I install the two air conditioners. CIO

<888> 04/19/13 Friday 6:55 P.M. I chatted with a friend. I put the new Lexmark Toner cartridge in the Lexmark E238 laser printer, and it works just fine. I currently have the Lexmark E238 laser printer connected to the USB port on my TrendNet router, so it prints off all of the computers on my network. To print from the primary work computer or the FIC server, its USB cable has to be connected to the USB hub to the right side of the primary work computer keyboard or directly to the FIC server USB front port. It is a 6,000 sheet toner cartridge, so it should last for a while. I saved the old generic toner cartridge in the Lexmark box, and I stored it to the left side of the televisions in the bedroom. It seems like it might have some life left in it. CIO

<888> 04/19/13 Friday 6:00 P.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. Yesterday around 11:30 A.M., when I was out for my walk on Greenwich Avenue after my stroll, there was looked like a television news person on a <u>Segway – The leader in personal, green transportation</u> with a television camera mounted into the front of it, and I was photographed walking down Greenwich Avenue around the Christian Science center. There was an individual with a microphone boom, but he could not keep up with the Segway. CIO

<888> 04/19/13 Friday 5:15 P.M. I woke up at 8 A.M., when a relative called me to tell me about the man hunt in Boston. I watched it on television until 9 A.M., when I chatted with a relative again, and then I went back to bed. I woke up at noon, and I chatted with a friend. I finally woke up at 4:30 P.M., when I did a telephone call grocery store

survey. The order with tracking of <u>Tracking</u> on the order for <u>Lexmark E238 23820SW</u> 6000K Page Genuine New | eBay for \$59.99 with free shipping arrived. CIO

<888> 04/19/13 Friday 3:00 A.M. I will now shut down the primary work computer, and I will go to bed soon. Rain today <u>7-Day Forecast for Latitude 41.07°N and Longitude</u> <u>73.65°W</u>. CIO

<888> 04/19/13 Friday 2:40 A.M. The only problem with all of that property where the Greenwich High school currently is and the lower playing fields of Greenwich Country Day and holes 2 through 9 of the Greenwich Country Club is that it is a flood plain, and in a major rain storm or hurricane it can flood. I have seen several feet of water flooding over East Putnam Avenue by the high school in past years. It might be cheaper to refit an old cruise ship, and either moor it out on Long Island Sound and have students take the Island Beach Ferry to school or possibly let it travel around the world like a high school afloat if one could afford the fuel. Maybe they could buy the old Long Beach Hotels | The Queen Mary | One-Of-A-Kind Long Beach Experience, Tours, Events, Dining & more... and float it back through the Panama Canal to this side of the world. CIO

<888> 04/19/13 Friday 2:15 A.M. I have a simple business solution for the Greenwich High school contamination problem. They could build a new Greenwich High school on the playing fields just to the north that belong to the Greenwich Country Day school. What remains of the playing fields could be used by both schools for their sporting events. Then they could tear down the old Greenwich High School and decontaminate the property, and then they could sell or lease the property for a Super <u>www.walmart.com</u> which I am sure would be busy at that location. CIO

<888> 04/19/13 Friday 1:50 A.M. My father Louis Dale Scott who died in January 1989 was a chemical engineer. He had a B.A. and Masters Degree in Organic Chemistry from the University of Illinois http://illinois.edu/ in his hometown of Champaign, Illinois. He did graduate work towards his PHD in organic chemistry at Ohio State Welcome - The Ohio State University, but he never did his dissertation, so he did not receive his PHD. His first wife was an heiress to the Household Finance Company fortune and my mother was his second wife. He spent World War II working in Chicago, I believe, and he lived near the Pump Room at Astor and Scott streets. By the time I was born May 9, 1950, he was a chemical engineer at the Shell oil refinery in Wood River, Illinois from 1950 to 1952. He then worked for www.dupont.com in Martinsville, Virginia from 1953 to 1954. He then joined Chemstrand in Pensacola, Florida from 1955 to 1956. They were owned by www.monsanto.com and American Cyanamid. They made nylon in Pensacola, Florida and in Decatur, Alabama where we lived from 1955 to 1961, they made Acrilan, and he was transferred to their corporate offices in Manhattan in 1962. He staved with the company until 1968, when he joined www.polaroid.com . He then worked for Combustion Engineering which became www.abb.com , and Continental Can Company in their TeePak division. After that he worked for King Wilkinson which became part of Engineering Consultancy and Project Management Services - AMEC. He retired to Bayonet Point, Florida in 1982 with his third wife whom was his secretary for many years. In researching American Cyanamid - Wikipedia, the free encyclopedia which is now CYTEC Industries

which has a laboratory on the Old Greenwich Stamford border, I once read that they made Plutonium in one of their facilities in World War II, but I do not know if it was the one in this area or not. CIO

<888> 04/19/13 Friday 1:10 A.M. Greenwich Gossip

Bob Horton: Allow information on buried poison to surface - GreenwichTime CIO

<888> 04/19/13 Friday 12:40 A.M. I ate 20 Totinos 4 cheese pizza rolls with a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 04/19/13 Friday 12:10 A.M. <u>Deal of the Day | Electronics Deal of the Day | Daily</u> <u>Deals | CowBoom</u> has a Compaq CQ56-115DX for \$169.99 and \$5 shipping, preowned. Of course for the Big Buck Billionaires in Back Country, in Banksville, New York, there is always <u>La Cremaillere Restaurant Banksville - Greenwich</u>, but it will probably cost more than a used laptop computer. CIO

<888> 04/18/13 Thursday 11:35 P.M. Up on the New York border of Greenwich, Connecticut in Banksville, New York, there used to be a beer distributor in Banksville, New York at the sight of the old Bum Steer or Krypton's bar, but I have not been up there in a while to see if it is still there. CIO

<888> 04/18/13 Thursday 11:20 P.M. Back in the 1960s when the British did not have much money in Greenwich, Connecticut, there used to be a lot MGs, Triumphs, Morgans, Austin Healeys, and other smalll British sports cars, which got very good miles per gallon of fuel. On Sundays in the summer, there used to be polo matches on Anderson Hill Road in Purchase, New York just west of King Street, where lots of the Anglophile group of British residents would park their British sports cars along the Polo field, and they would have kegs of beer from nearby Port Chester, New York. Now that Greenwich is more upscale, we not only have our own polo fields, and they will be having this event for rich people Greenwich Polo Club preps for royalty - GreenwichTime, but if one looks at the bio of Thor Industries - Wikipedia, the free encyclopedia and Peter Orthwein's house - Virtual Globetrotting, it says he is a Budweiser - King of Beers heir, so it is just basically a more upscale keg party for the back country elite. One can buy kegs of beer at the Shop The Best and Largest Selection of Beer Online | Portchester Beer, but the Connecticut Border Patrol will be on the look out for anyone trying to smuggle the product back into Connecticut. www.perrier.com use to have their offices on the Greenwich border, but I think they moved elsewhere. CIO

<888> 04/18/13 Thursday 10:15 P.M. DEEP: Fishing

BBC News - FBI releases photos of Boston suspects

BBC News - Who, what, why: Why build a ship tunnel?

BBC News - Kepler telescope spies 'most Earth-like' worlds to date

BBC News - Google and Microsoft see a jump in profits

FBI — Surveillance Video Related to Boston Bombings CIO

<888> 04/18/13 Thursday 9:50 P.M. I chatted with a relative and a friend. I reheated and ate a 15 ounce Chef Boyardee lasagna with a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO

<888> 04/18/13 Thursday 8:35 P.M. I woke up at 8 P.M.. CIO

<888> 04/18/13 Thursday 3:55 P.M. I ate a roast beef and Swiss cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle spear and Lays wavy potato chips and a 12 ounce glass of Schweppes Ginger Ale. I will now take a nap. If I am not mistaken, tea time in England is at 4 P.M.. CIO

<888> 04/18/13 Thursday 3:05 P.M. I threw out the garbage. I went to my 10:30 A.M. appointment. I then went downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I chatted with a number of local people. I then returned home, and I picked up the mail. They might be having a final apartment inspection tomorrow, but they have said that at the end of the week for the last six weeks, so who knows. CIO

<888> 04/18/13 Thursday 9:15 A.M. I will now shower and clean up. I will then go out to my 10:30 A.M. appointment. CIO

<888> 04/18/13 Thursday 8:50 A.M. I woke up at 7 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 04/17/13 Wednesday 11:45 P.M. I watched Series 2 Episode 1 of "Warehouse 13". I will now shut down the primary work computer. I will eat a few day old muffin. I will then go to bed. I have a 10:30 A.M. appointment tomorrow Thursday. CIO

<888> 04/17/13 Wednesday 10:30 P.M. I peeled and cored the red apple that <u>Welcome to</u> <u>Temple Sholom</u> gave me last week with the dinner. Franklin Roosevelt used to be an apple farmer, so I remember back in the 1960s an apple cost a nickel, and today they cost a dollar, so by Roosevelt economics, there has been twenty fold increase in the price of an apple in the last 40 to 50 years by Roosevelt economics. Of course if one were Johnny Appleseed, one would take the seeds and try to grow some apple trees. CIO

<888> 04/17/13 Wednesday 9:50 P.M. I chatted with a relative.

<u>Global Volcanism Program | Volcanic Activity Reports | Smithsonian / USGS Weekly</u> <u>Volcanic Activity Report |</u> **<u>Ronald Reagan Presidential Foundation and Library: Email - 50% OFF Exclusive Disney</u>** <u>**<u>Collectibles-Limited Time Offer!</u></u></u>**

Canada Act

BBC News - Scenes from the funeral of Baroness Thatcher

BBC News - Cameron: Funeral 'very fitting for someone who made such an impact'

BBC News - Thatcher funeral: Queen watches coffin's final journey

BBC News - Margaret Thatcher: Queen leads mourners at funeral

BBC News - Footage reveals how insects use their bodies to hover

BBC News - 'Living fossil' coelacanth genome sequenced

BBC News - Super-powered battery breakthrough claimed by US team

BBC News - Investors bet on breeding success

BBC News - Boston Marathon bombing suspect 'seen on video'

BBC News - White House threatens to veto cybersecurity bill

BBC News - Microsoft's Steve Ballmer: Should he stay as boss?

BBC News - 'Bed-of-needles' super-grip plaster for surgical wounds CIO

!!!!!! <888> 04/17/13 Wednesday 8:35 P.M. I saw one of these <u>CODA Electric Vehicle,</u> <u>Electric Cars, Zero Emissions EV Car, Electric Vehicles | CODA Automotive</u> for the second time moving around today. CIO

<888> 04/17/13 Wednesday 8:15 P.M. Tracking is <u>UPS: Tracking Information</u> and <u>UPS:</u> <u>Tracking Information</u> and <u>UPS: Tracking Information</u> on the three orders for APC Surge Protectors switch control centers for \$14.99 each with free shipping. CIO

<888> 04/17/13 Wednesday 8:05 P.M. I ate 22 Totinos four cheese pizza rolls with a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO

<888> 04/17/13 Wednesday 7:35 P.M. I threw out the garbage. I went downtown to Greenwich Avenue, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS, and I picked up a prescription. I bought buy one get one free of four 60 capsule balanced B-100 time release for \$13.79 for two, and two buy one get one free of 60 count 1000 mg. MSM for \$7.49 both less a \$6 off \$30 vitamin purchase coupon from the CVS store coupon machine and \$1.85 tax for \$30.92 total. I chatted with the relative of a former neighbor. After I finished my walk, I used the bathroom at Starbucks, and I sat out for a while. I chatted with another village observer. I then went by the Stop and Shop, and I bought two one gallon bottles of Stop and Shop bleach for \$1.50 each and .19 tax for \$3.19 total. I then bought four day old muffins for \$2.25 and two six packs of CVS English muffins for \$1.69 each for \$5.63 total. I then returned home, and I sat outside for a while. I did not get any mail today. I put away my groceries. CIO

<888> 04/17/13 Wednesday 2:45 P.M. <u>\$34.88 Ideal Security 2-Lamp 6-LED Blackout Light</u> <u>\$35 at ... - Ben's Bargains</u>

I will now shower and clean up. I will then go downtown to Greenwich Avenue for a early spring afternoon stroll amongst all of the throngs of shoppers. CIO

<888> 04/17/13 Wednesday 1:55 P.M. I woke up at 5:30 A.M.. I watched Margaret Thatcher's funeral on the BBC TV channel 104 until 7 A.M.. Henry Kissinger and James Baker were there. I went back to bed until 12:30 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 04/16/13 Tuesday 11:45 P.M. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 04/16/13 Tuesday 11:00 P.M. Home | Bush Center Dedication April 25, 2013

Homecoming Scotland

2013 AGU Fall Meeting

Tracking is <u>Tracking</u> on the order for <u>Lexmark E238 23820SW 6000K Page Genuine New |</u> <u>eBay</u> for \$59.99 with free shipping.

Margaret Thatcher's funeral with be at St. Paul's Cathedral at 11 A.M. London Time Wednesday which is 6 A.M. Eastern Daylight Time. It might be on one of the two BBC channels 104 or 103 on Cablevision.

Battle of Culloden

BBC News - Major earthquake strikes south-east Iran

BBC News - Applicants wanted for a one way ticket to Mars

BBC News - Leap Motion seals HP deal to embed gesture control technology

BBC News - Google Glass: No advertising allowed, developers told

Google Glass tech specs unveiled | Fox News

Google Glass - Home

Can death be reversed? | Fox News Video CIO

<888> 04/16/13 Tuesday 9:55 P.M. I ate a 12 ounce top round London Broil medium rare with Lea and Perrins Worcestershire sauce and Bulls Eve barbecue sauce with 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil and steamed baby carrots cut into quarters lengthwise and broccoli crowns with Smart Balance Spread and extra virgin olive oil and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Burdens lemon juice. To cook the 12 ounce one inch thick top round London Broil, I put a four tablespoons of extra virgin olive oil in a 10 inch frying pan, and I heated it on medium high electric burner heat for three minutes. I then put beef in the pan, and I flipped it after 30 seconds of searing, and I seasoned the lightly browned side with garlic powder, ground black pepper, and Italian seasoning, and then I did the same on the other side. I cooked it for about eight minutes all together flipping it every 45 seconds lowering the electric burner heat to between medium and medium high. Then for the last two minutes, I put in about four tablespoons of Kikkoman soy sauces, and I flipped it frequently until most of the liquid had evaporated. I served it on a plate with the remaining juices on top of it. I ate it with the Lea and Perrins Worcestershire sauce on it and Bulls Eye barbecue sauce. With good quality meat, it is important not to cook it too well done. CIO

<888> 04/16/13 Tuesday 8:50 P.M. I made 140 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 4 Episode 9 of ''Monarch of the Glen''. I chatted with a relative. CIO

<888> 04/16/13 Tuesday 6:40 P.M. GHS neighbor says he will sue - GreenwichTime . CIO

<888> 04/16/13 Tuesday 6:35 P.M. I picked up the mail. It seems all quiet on the greater South Western Connecticut front. I will now make cigarettes. CIO

<888> 04/16/13 Tuesday 5:55 P.M. I chatted with a friend. CIO

<888> 04/16/13 Tuesday 4:30 P.M. I chatted with a relative. There was a non emergency fire alarm from my next door neighbor. After going downstairs, I chatted with the neighbor, and he told me it was a non emergency. I called up the Greenwich Fire and Police and told them, so they did not show up, but it sounds like they might have just arrived anyway. I heard air brakes outside. The mail is being delivered. The building custodian reset the alarm. I threw out the garbage. I will now shower and clean up. I will then make cigarettes. CIO

<888> 04/16/13 Tuesday 3:25 P.M. I woke up at 2 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 04/16/13 Tuesday 5:20 A.M. I ate three pretzel rods and a slice of Swiss cheese.

Boston Marathon bombing kills 3, injures over 140 - GreenwichTime

I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 04/16/13 Tuesday 4:15 A.M. Home :: Create the Future Design Contest

<u>Discover the Clear Advantages of Cloud Faxing -- Microsoft Certified Professional</u> <u>Magazine Online</u>

Leonardo Da Vinci

<u>Titanic</u>

McDonald's Corporation (American corporation) -- Encyclopedia Britannica

BBC News - Tulip tree's genome is 'molecular fossil'

BBC News - Dark matter experiment CDMS sees three tentative clues

BBC News - Blazar Markarian 421's flare-up is cosmic coincidence

BBC News - Giant snails on advance in Florida

BBC News - Baroness Thatcher's body to be moved to Westminster CIO

<888> 04/16/13 Tuesday 2:55 A.M. I was at the Boston Marathon in 1977, when I left <u>www.nantucket.net</u> after giving away my 1966 Chevrolet Biscayne which I had driven down to Florida the previous winter. As I recall, there was also a Science convention going on at the Prudential Center, and I met a <u>www.army.mil</u> recruiter who was a Major in the Army. All I can recall about him was that he looked like Ronald Reagan, and he bought me dinner and had me over to his hotel room for a drink. I also met a lawyer from Beacon Hill whom I had drinks with. As I recall, when I was walking back to Cambridge with no place to stay, I met a <u>www.harvard.edu</u> student on the Charles River bridge who put me up for the night at his tenement apartment off Central Square. The Harvard Student did look a bit like Bill Gates, but a lot of people in Cambridge had that look in those days. The next day, when I left Cambridge, I either hitch hiked up to Stowe, Vermont where I worked cleaning up Sister Kates bar for a couple of weeks or I hitchhiked up to Bowden College, and spent the night at the Y.M.C.A. in Portland, Maine and then I went down to the University of New Hampshire and visited with Jim Eldert. I think I spent a night at the Exeter Inn with Jim, and another night with a couple that put me up in Newbury, New Hampshire, and another night at Jim Eldert's girl friend's house in Newburyport. I recall going up to Dartmouth College with Jim and we spent the night at the Wilder Motel in White River Junction, Vermont. Possibly I did that first before going back to Nantucket, where I gave up the Chevrolet. I then recall hitchhiking back to Greenwich, Connecticut to my mother's apartment. Then I went up to the Seabrook, New Hampshire anti nuclear plant demonstration, and then I hitchhiked down to Williamsburg, Virginia, where I stayed on the porch of the Presbyterian minister's house, and I toured Jamestown and William and Mary College also. I recall then hitchhiking back to Nantucket which was still to early, so I might have then gone up to Stowe, Vermont to clean up Sister Kates. I think on the trip to Stowe, Vermont, I also stopped by Dartmouth College again. When I had the Chevrolet, at first I got a U-Haul trailer, and I filled it up with my belongings from Greenwich, and I stored them in a barn that I rented in Norwich, Vermont, thinking after Nantucket, I might move there. It is so long ago, I do not remember the exact sequence. At the time I weighed 125 pounds and was darkly tanned. I think I had gotten my hair cut in Greenwich at Mike's barber shop, so I did not have long hair at the time, but by October 1978 after another season in Florida and Nantucket, I had long dirty blond hair down to my waist, when I traveled out to California with a friend. When I was staying with the same friend the following winter in 1979 and 1980 out in Port Washington, Long Island, his father was a software engineer with the United States Government State Department. He claimed there was a computer in the basement, but when I looked down in the basement, all I saw was a bunch of boxes and a natural gas furnace. Port Washington, Long Island is near the Sands Point, Long Island www.ibm.com country club, so there are probably other computer people out there. The matriarch of the family that I stayed with lived in Mr. Grumman's neighborhood, but he was in his nineties and blind, when I built the garage apartment out there in 1982. When I finally made it to Oslo, Norway in February 1983, I had left the finished garage apartment project. I spent a week at a relative's in Norwalk, another week in New Haven at the www.yale.edu campus, where I staved at the Colony Inn, and then a week in Washington D.C., where I staved at the Dutch Inn and the Georgetown Inn in Georgetown, and I met Dr. Gillespie, a heart surgeon. I returned to New York, and then I visited with my father and his third wife down in Newport Richey, Florida, and we visited Epcot Center and Tarpon Springs. When I returned to New York City, I stopped by the family's house out on Long Island and a relative's house in Norwalk, Connecticut before buying a round trip ticket to Stockholm, Sweden and a week's stay at the S.A.S Hotel via S.A.S for \$800, only to end up in Oslo, Norway on a one way ticket to Stockholm without any place to stay. Thus traveling gets expensive, which is why I do not like to travel anymore plus it changes one's focus. CIO

<888> 04/16/13 Tuesday 1:15 A.M. <u>Death toll at 3 in Boston Marathon bombing seen by</u> <u>White House as terrorism | Fox News</u>. CIO

<888> 04/16/13 Tuesday 1:05 A.M. I ate 18 Totinos cheese pizza rolls and a 12 ounce glass of Schweppes Ginger Ale and two pretzel rods. CIO

<888> 04/16/13 Tuesday 12:30 A.M. I threw out the garbage. I went out to the A&P Fresh. I bought a six pack of Kaiser rolls for \$2.50, a 10.5 ounce bag of Lays wavy potato

chips for \$2.99, and bananas for .79 a pound for \$2.43 and 85 cents can return for \$7.07 total. I then went by the Chase Bank at the top of Greenwich Avenue, and I used the ATM machine there. I then went further downtown. I chatted with a relative on my wireless telephone. I chatted with a regular walker. I walked the entire length of Greenwich Avenue and the train station area. I used the bathroom at Starbucks, and I chatted with two regulars. At the top of Greenwich Avenue, I sat out for a while chatting with a regular walker. I then returned back to my car, and I returned home. I picked up the mail. I put away the groceries. CIO

<888> 04/15/13 Monday 7:45 P.M. I chatted with a relative. I rested until 7:30 P.M.. I will now shower and clean up. I will then go downtown. CIO

!!!!!! <888> 04/15/13 Monday 5:40 P.M. <u>At least 2 dead, dozens injured after two bombs</u> explode at Boston Marathon | Fox News .

I chatted with a relative. I ate a roast beef and Swiss cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle spear and Lays wavy potato chips and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 04/15/13 Monday 4:40 P.M. I got email, the previous shipper is refunding the \$28.95 for the previous Lexmark laser toner cartridge.

This is the one that I have used up <u>Remanufactured Lexmark Toner Cartridge for E230</u> <u>E234 E238 E240 E330 E332 E342</u>. CIO

<888> 04/15/13 Monday 3:55 P.M. The order with tracking of <u>USPS.com® - Track &</u> <u>Confirm</u> on the resend of <u>1 PK Toner Cartridge Lexmark 24015SA 24035SA E230 E232</u> <u>E234 E238 E240 E242 E330 | eBay#vi-content#vi-content#vi-content</u> for \$28.95 with free shipping was sent back to the sender for the second time, and I have not heard back from them. I went ahead and ordered <u>Lexmark E238 23820SW 6000K Page Genuine New | eBay</u> for \$59.99 with free shipping. CIO

<888> 04/15/13 Monday 3:10 P.M. I rested until 3 P.M.. CIO

<888> 04/15/13 Monday 11:35 A.M. I woke up at 10 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 04/15/13 Monday 1:00 A.M. I will now shut down the primary work computer, and I will eat a few day old muffin. I will then go to bed. CIO

<888> 04/14/13 Sunday 11:55 P.M. <u>Prison Planet.com » Bilderberg Uncovered: Confab Set</u> to Take Place In Watford UK; June 6-9 CIO

<888> 04/14/13 Sunday 11:50 P.M. <u>BBC Sport - Masters 2013: Adam Scott beats Angel</u> <u>Cabrera in play-off</u> CIO

<888> 04/14/13 Sunday 11:00 P.M. Special CD Offer! Paul McCartney

<u>Thousands of Roman Artifacts Have Just Been Sitting Under London's Financial District |</u> <u>Smart News</u>

I installed on the primary Dell Latitude D410 laptop Windows 9 early release second partition, the Microsoft Net Framework 3.5 with the procedure below and then Microsoft Live Essentials <u>Windows Essentials</u> - Download Windows Live Essentials . CIO

<888> 04/14/13 Sunday 10:00 P.M. I ate a roast beef and Swiss cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle spear and Lays wavy potato chips and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO

!!!!!! <888> 04/14/13 Sunday 8:55 P.M. I figured out how to installed the Microsoft Network Frame 3.5 onto Windows 9 early release beta. On this web page <u>Installing the</u> <u>.NET Framework 3.5 on Windows 8</u> under troubleshooting, I followed the procedure with the Windows 9 early release DVD running it from a DOS Administrator command prompt. Now Microsoft Live Essentials installs on the Windows 9 Early Release beta partition which includes the email program. I chatted with a relative. CIO

<888> 04/14/13 Sunday 5:00 P.M. I threw out the garbage. I chatted with neighbors. <u>Earth Day Network</u> is only eight days away. I guess on Earth Day, everyone should stay home and not drive cars. I will now check out some of my other computers to see how they work. CIO

<888> 04/14/13 Sunday 3:55 P.M. I will now shower and clean up. I have other things to do today. There is no point going downtown to see a bunch of rich weekend dog walkers.

There are still a few left <u>Asus Eee PC 1018P 10.1in Netbook 1.66GHz 1GB 250GB WiFi</u>, but one should try to order a grade 6 or greater with both the battery and the power supply. CIO

<888> 04/14/13 Sunday 3:15 P.M. The median home sale in Greenwich, Connecticut is \$1,417,500 <u>Median Home Prices - Inside The Great Divide</u>. CIO

<888> 04/14/13 Sunday 2:30 P.M. After the last note, I watched "Everything or Nothing" about 007. I ate a couple of day old muffin. I went to bed about 2 A.M.. I woke up at 12:45 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

End of Scott's Notes week of 04/13/13

<888> 04/13/13 Saturday 11:50 P.M. <u>Town gets glimpse at Malkin's plans for former post</u> office - GreenwichTime

I will now send out my weekly notes. I will then shut down the primary work computer, and I will either watch some Netflix video or go to bed. CIO

<888> 04/13/13 Saturday 11:30 P.M. I did notice today at the front aisle of the <u>A&P Fresh</u>, green or white asparagus are \$2.99 a pound, a small container of cherry tomatoes is \$2.50 and a pint of strawberries are \$2.99 for you vegans out there. If you read the fine print about Holland, Michigan, it has the world's largest pickle factory owned by <u>Discover the World of Heinz</u> and this shows how many varieties there are <u>Heinz Products</u>. Holland, Michigan also makes the batteries for the <u>www.chevrolet.com/volt-electric-car.html</u>. CIO

<888> 04/13/13 Saturday 11:00 P.M. <u>AARP Web Letter</u>

Small Cities for Retirement - Best Charming Places - AARP

Thomas Jefferson

Look of the Moment | Catherine, the Duchess of Cambridge - NYTimes.com

BBC News - New law to protect Puerto Rico leatherback turtles CIO

<888> 04/13/13 Saturday 10:00 P.M. On more important news from downtown Greenwich, Connecticut. Only about six red tulips are out at the veterans monument downtown, so it should be at least another week, until they are all out, although a lot are halfway out of the ground. I chatted with a relative in the medical profession. I was told that the relative had read in a Boston publication that drinking green tea four times a day helps one reduce their risk of cancer. I chatted with two relatives. I ate a roast beef and Swiss cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle spear and Lays wavy potato chips and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice.

Tulip Time Festival | May 4-11, 2013

Holland Michigan

5 places to visit during Tulip Time - Feature - Holland, MI - The Holland Sentinel

Holland, Michigan - Wikipedia, the free encyclopedia CIO

<888> 04/13/13 Saturday 8:20 P.M. I chatted with a friend. CIO

<888> 04/13/13 Saturday 7:55 P.M. I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by the Greenwich Cigar store on Railroad Avenue, and I bought a Quick Cash scratch card for a dollar, but I lost. I used the bathroom at CVS. I bought two 19 individual serving bag boxes of Folgers's coffee for \$2.12 each for \$4.24 total. I then bought a 10 count Swiffer refill for \$7.49 and a Swiffer Duster starter kit with 5 refills for \$6.79 and .91 tax for \$15.19 total. I finished my walk, and I sat out for a while. I then went by the A&P Fresh, and I bought four 24 ounce Mama Mancini frozen tomato meat ball dinners for \$3.74 each, two 15 ounce Chef Boyardee lasagna for \$1 each and two 15 ounce Chef Boyardee Beefaroni for \$1 each, and a 7 ounce tub of A&P America's Choice deli sliced roast beef for \$2.99 for \$21.95 total. I then used their bathroom. I then went by the Putnam Shell at 401 West Putnam Avenue, and I bought \$11 of self service premium V-Power gasoline for \$4.399 a gallon for 2.5 gallons at odometer reading of 72021 miles for 30.3 miles driven since Wednesday April 3, 2013 for 12.12 miles per gallon in mostly local traffic. I then returned home. I picked up the mail. I put away my groceries. CIO

<888> 04/13/13 Saturday 3:30 P.M. I will now shower and clean up. I will then go downtown to explore the wonders of Greenwich Avenue. CIO

<888>04/13/13 Saturday 3:15 P.M. I chatted with a friend. CIO

<888> 04/13/13 Saturday 2:15 P.M. I woke up at 12:45 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. I chatted with a relative. The order with tracking of <u>USPS.com® - Track & Confirm</u> on the order for <u>Hard Travel Nylon Handle Carry Case Bag Orange Asus EEEPC 1015T 1016P 1018P X101 | eBay</u> for \$11.96 with free shipping arrived. I put it on the floor underneath the Asus Netbook. CIO

<888> 04/13/13 Saturday 3:25 A.M. <u>Groundbreaking improv comic Jonathan Winters dies</u> <u>at 87 » TCPalm.com</u>

I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 04/13/13 Saturday 3:10 A.M. I ate the other 50% of a 60% reduced fat 8.5 ounce bag of Chex Mix.

There is not much happening on the lower income side of Greenwich, Connecticut; although I do try to keep up appearances. I guess the new tight wads in town expect to keep prospering off the work of others many of whom have volunteered for many years at their own expense. Although my internet activity might not make sense to big buck silicone billionaires, it reflects my own activity based on my own experience. I learned a long time ago, a writer is suppose to write from their own experiences and not someone else's viewpoint. CIO <888> 04/13/13 Saturday 2:20 A.M. I called up <u>Key West Hotels- Florida Keys Luxury</u> <u>Resort- Casa Marina A Waldorf Astoria Resort</u> and told them about the Colorado hurricane forecast. I was told they are not very busy down there <u>Live Duval Street Web</u> <u>Cam in Key West, Florida :: Sloppy Joe's Bar ::</u> . I never drank that much liquor, and I gave up drinking liquor completely about 25 years ago, when I started working with computers again. CIO

<888> 04/13/13 Saturday 1:45 A.M. Look for the best one listed here grade 6 or 7 or more \$109.99 Asus Eee PC 1018P 10.1in Netbook 1.66GHz 1GB 250GB WiFi - CowBoom.com with free shipping plus tax. Some have both power supplies and batteries. CIO

<888> 04/13/13 Saturday 12:15 A.M. I took down the flags in the hallway, and I put them in the bedroom Rubbermaid hamper. It makes the hallway look slightly bigger. Happy Birthday to a relative. CIO

<888> 04/12/13 Friday 11:15 P.M. I ate a 14 ounce Boston Market steak and noodles dinner with a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 04/12/13 Friday 10:25 P.M. I chatted with a relative earlier. I put away the laundry. CIO

<888> 04/12/13 Friday 9:55 P.M. This is why some people prefer to have security in their homes and elsewhere <u>Kidnapping leads to jewelry store robbery - GreenwichTime</u>. CIO

<888> 04/12/13 Friday 9:40 P.M. The new hurricane forecast is out.

!!!!!! The Tropical Meteorology Project: [FORECASTS]

Don Imus probably sold his house on the waterfront in Connecticut to lessen his potential liability in a hurricane <u>Imus estate sold for \$14.4 million - GreenwichTime</u>. CIO

<888> 04/12/13 Friday 9:15 P.M. I put clean linens on the bed. I started two loads of laundry, and I have 40 minutes to go on two dry cycles. I picked up the mail. The order with tracking of <u>USPS.com® - Track & Confirm</u> on the order for <u>PWR ® Car Charger for</u> <u>Asus Eee PC 1018P 1215B 1215N 1215P 1215T Netbook Laptop | eBay</u> for \$11.90 and \$4 shipping for \$15.90 total arrived. I put it on top of the Brother all purpose machine. I threw out the garbage and the old periodical literature. I watered the plants. I chatted with two relatives. CIO

<888> 04/12/13 Friday 7:30 P.M. I woke up at 7:15 P.M.. I ate three pretzel rods. CIO

<888> 04/12/13 Friday 3:25 P.M. I threw out the garbage. I chatted with neighbors and the building custodian. I will now rest for a while. I guess they are not doing another inspection today. CIO

<888> 04/12/13 Friday 2:45 P.M. I ate a 18 ounce five cheese Stouffer's lasagna with grated parmesan and Romano cheese and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO

<888> 04/12/13 Friday 2:00 P.M. Things to do on Google when you're dead

Microsoft pulls Patch Tuesday security fix | ZDNet

Greenwich Reads Together 2013: Julie Otsuka

BBC News - Team reconstructs 'human ancestor'

BBC News - Early human ancestor chewed bark CIO

<888> 04/12/13 Friday 1:05 P.M. I checked downstairs, and I chatted with the building custodian. No sign of the inspectors yet. CIO

<888> 04/12/13 Friday 12:35 P.M. I made 120 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 4 Episode 8 of ''Monarch of the Glen''. CIO

<888> 04/12/13 Friday 10:50 A.M. I chatted with a relative. In Norwalk, Connecticut just a short way up the line, they have a do it yourself cigarette place <u>Tracey's Smoke Shop</u> which is in risk of being shut down by the new tobacco tax laws. CIO

<888> 04/12/13 Friday 10:30 A.M. I will now make cigarettes. CIO

<888> 04/12/13 Friday 9:45 A.M. I am suppose to have the final new ceiling tile and insulation inspection sometime today. I will now shower and clean up. CIO

<888> 04/12/13 Friday 9:15 A.M. I woke up at 8 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 04/11/13 Thursday 11:10 P.M. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 04/11/13 Thursday 10:30 P.M. I ate 50% of a 60% reduced fat 8.5 ounce bag of Chex Mix.

KLM Win a spaceflight

Greenwich Land Trust | Upcoming Events

<u>Global Volcanism Program | Volcanic Activity Reports | Smithsonian / USGS Weekly</u> <u>Volcanic Activity Report |</u>

Ronald Reagan Presidential Foundation and Library: Email - See World Peace Clearly With Our Crystal Globe

BBC News - Terahertz scanner reveals hidden fresco at Louvre

BBC News - Google launches tool to determine data use after death

BBC News - US craft beer: How it inspired British brewers CIO

<888> 04/11/13 Thursday 9:25 P.M. On the Dell Latitude D410 laptop computer, I have the first Windows XP Professional partition updated and configured. On the second Windows 9 early release beta partition, I have it configured. However, like on the IBM ThinkCentre, the Microsoft Live Essential program will not install, since it will not download the Net 3.5 drivers. I assumed the TrendNet Router printer driver would not work either. Also the <u>Optimum App for Laptop</u> causes the Windows 9 Web Browser to crash, when it does its video test, so one can not install it. Thus I have the primary Dell Latitude D410 laptop computer configured with both Windows XP Professional and Windows 9 early release beta.

I chatted with a friend. CIO

<888> 04/11/13 Thursday 7:00 P.M. I ate a roast beef and Swiss cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle slice and Lays wavy potato chips and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Borden's lemon juice. CIO

<888> 04/11/13 Thursday 6:15 P.M. I chatted with neighbors. I went downtown, and I stopped by CVS on Greenwich Avenue, and I picked up a prescription. I bought a 16 double roll bundle of Scott toilet paper for \$7.77 and .49 tax for \$8.26 total. I chatted with somebody I know from the <u>Microsoft Store Locations White Plains, New York</u>. I then went further downtown, and I sat out for a while. I chatted with someone from Maine. I then returned home. I put the snow brushes and ice scrapers on the floor of the back seat in the Audi trunk. I picked up the mail. I got a <u>www.mcdonalds.com</u> and <u>www.wendys.com</u> coupons in the mail that I saved. Earlier this week, I put away my two pairs of L.L. Bean red union suits that I never wore this winter that I hanging on the bathroom door, if it got cold. I stored them on the top bedroom closet shelf. They are suppose to do the final inspection of my apartment new ceiling and insulation tomorrow, so I will have to see if they show up or not. They inspected my neighbor today. CIO

<888> 04/11/13 Thursday 4:00 P.M. I will now go downtown for a walk. CIO

<888> 04/11/13 Thursday 3:25 P.M. <u>No one hurt in Greenwich High School lockdown -</u> <u>GreenwichTime</u>

Jacket, umbrella weather on the way

I will now shower and clean up. CIO

<888> 04/11/13 Thursday 2:40 P.M. I woke up at 1 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. I will now make up a fresh batch of punch. CIO

<888> 04/11/13 Thursday 3:55 A.M. I watched series 4 episode 7 of "Monarch of the Glen". I will finished configuring the primary Dell Latitude D410 laptop computer later on today. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 04/11/13 Thursday 2:30 A.M. Windows 9 early release beta works just fine on the second partition on the primary Dell Latitude D410 laptop computer. I am now installing the Windows XP Professional updates on the first partition. I ate a roast beef and Swiss cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle slice and Lays wavy potato chips and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 04/10/13 Wednesday 11:10 P.M. On the primary Dell D410 laptop, I did a low level 1% zero write of the hard drive with the Seagate Utilities CD which I booted in order to remove the OpenSUSE Linux partitions. I am now restoring the Windows 7 Ultimate demo backup to it which includes the XP Professional in the first partition. Since Windows 7 on it has expired, I will delete it in the Windows XP Professional boot manager. I will then install the Windows 9 early release beta on the second partition. I will then install the Windows XP Professional updates and devices drivers which changed since the backup three years ago. I will then configure the Windows 9 early release beta partition. CIO

<888> 04/10/13 Wednesday 9:50 P.M. I watched series 1 episode 12 of "Warehouse 13". CIO

<888> 04/10/13 Wednesday 8:45 P.M. I chatted with two relatives. I ate five pretzel rods. CIO

<888> 04/10/13 Wednesday 7:35 P.M. Tracking is <u>USPS.com® - Track & Confirm</u> on the order for <u>Hard Travel Nylon Handle Carry Case Bag Orange Asus EEEPC 1015T 1016P</u> 1018P X101 | eBay for \$11.96 with free shipping.

Biltmore Email Newsletter

BBC News - Horsemeat scandal: Dutch uncover large-scale meat fraud

BBC News - Dinosaur embryo fossils reveal life inside the egg CIO

<888> 04/10/13 Wednesday 6:50 P.M. I took the chicken and rice meal, and I reheated it one vegetable cycle of the General Electric microwave oven, and I ate it with a 12 ounce glass of Schweppes Ginger Ale and a cup of coffee with Sweet and Low sweetener and milk. The precooked chicken packaging melted a little bit in the microwave, so I ate the meal off a dinner plate. CIO

<888> 04/10/13 Wednesday 6:15 P.M. I went out, and I went downtown. I went by CVS. I then went by the http://www.greenwichhardware.com/index.php, and they are out of Frost King foam rubber air conditioner strips, but they said they would order some. I bought a 3M Command package of nine medium refill strips for a dollar. I gave them some tech tips on computers. I then drove further downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I chatted with another cigarette smoker. I stopped by CVS again, and I chatted with a relative of a former neighbor. I used the bathroom there. I bought buy one get one free of 3M three pound two medium designer hooks for \$4.99 both packages of two and .32 tax for \$5.31 total. I then finished my walk. I then went by the Stop and Shop, and I bought a four pack of day old muffins for \$2.25, a six pack of Stop and Shop English muffins for \$1.69, a 16 ounce package of Smart Balance Lite spread for \$3.79, bananas for .79 a pound for \$1.56, and a cooked dinner of two chicken legs and thighs with dirty rice for \$2.99 for \$12.28 total. I then returned home. I picked up the mail. The order with tracking of Newegg.com - Computer Parts, PC Components, Laptop Computers, LED LCD TV, Digital Cameras and more! on the order for Seagate DB35 Series 7200.3 ST3160215ACE-H Internal Hard Drive - Newegg.com for \$12.99 with free shipping arrived. I put the unopened box on top of the items behind the Sony television in the living room. I put away my groceries. CIO

<888> 04/10/13 Wednesday 2:05 P.M. I threw out the garbage. I chatted with neighbors. I will now shower and clean up. I will then go downtown for a walk. It said on the Bloomberg news that Congress stopped the bill to stop mail delivery on Saturdays starting in August 2013, so mail delivery will continue on Saturdays. CIO

<888> 04/10/13 Wednesday 1:10 P.M. I woke up at 11:45 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 04/10/13 Wednesday 3:05 A.M. I will now shut down the primary work computer. I will eat a few day old muffin, and then I will go to bed. CIO

<888> 04/10/13 Wednesday 3:00 A.M. Thus I have tweaked the apartment to be a little bit more useful in appearance. I generally do not put the two air conditioners in the windows until the first week of May, when it starts to get a little bit warm in the apartment. The temperature here <u>7-Day Forecast for Latitude 41.07°N and Longitude 73.65°W</u> drops into the fifties degrees Fahrenheit in the daytime after today. It is probably too early for fishing on Steamboat Road. Out in <u>www.nantucket.net</u>, the striped bass do not run until the first week of June. My four large 4 foot by 8 foot windows in the apartment face the west with the main part of the building about 40 feet away opposite them on the second floor with a flat black roof in between. Thus this time of year, when the sun starts setting more northerly in the west, it can get quite warm in the apartment with the sun shining into the apartment. I keep the shades drawn, except the center window which has the fan in it, and once the air conditioner is going in that window, I also pull that window's shade down. CIO

<888> 04/10/13 Wednesday 2:15 A.M. I moved the Lasko pedestal fan to the hallway in front of the hallway closet. I moved the case of Hammermill paper to underneath the front of the legal chair with the sheep skin to the right side of the hallway. I moved the <u>www.harvard.edu</u> chair from in front of the stereo system to the left side of the hallway entrance. I setup two folding oak tables in front of the stereo system to support the various items that were sitting there before. CIO

<888> 04/10/13 Wednesday 1:25 A.M. I moved the legal chair with the sheep skin from the left side of the hallway entrance to the right side of the hallway entrance overlapping about 10 inches of the left side of the left living room closet. I have the Frigidaire air conditioner stored underneath it, until I install it in the living room. I moved the Lasko pedestal fan from the right side of the hallway entrance to the left side of the hallway entrance sitting on top of the case of Hammermill paper. I put the small brass and glass table on the left rear side of the legal chair. Thus there is about 20 inches between the left side of the legal chair as one faces it and the right side of IBM ThinkCentre in front of the mahogany bureau to get through into the hallway. The legal chair with the sheep skin is now setup for watching the Haier HDTV along with the dining table chair and the Ethan Allen recliner. My apartment is suppose to be a computer laboratory not a movie theatre, but multimedia is part of the computer experience. The IBM ThinkCentre along side the Ethan Allen recliner can be connected up to the Haier HDTV by connecting the HDMI cable from the IBM ThinkCentre to the Haier HDTV HDMI splitter that sits by the <u>www.harvard.edu</u> chair to the left of the Haier HDTV. CIO

<888> 04/10/13 Wednesday 12:10 A.M. I drank a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 04/09/13 Tuesday 11:40 P.M. I watched Series 4 Episode 6 of "Monarch of the Glen".

Royal respect as Queen leads Thatcher mourners | The Times

For the Asus Eee PC 1018P Netbook, I ordered <u>Hard Travel Nylon Handle Carry Case Bag</u> <u>Orange Asus EEEPC 1015T 1016P 1018P X101 | eBay</u> for \$11.96 with free shipping. CIO

<888> 04/09/13 Tuesday 9:25 P.M. I chatted with two relatives. I ate three scoops of coffee ice cream. I also finished off the bag of almonds. CIO

<888> 04/09/13 Tuesday 8:20 P.M. Goldschmidt2013: Index

Celebrate Queen's day in Amsterdam

vhub - Group: RHEA: A collaborative database for rheological magmatic properties.

8 Start Menu Replacements For Windows 8

Tracking is <u>USPS.com® - Track & Confirm</u> on the order for <u>PWR ® Car Charger for</u> <u>Asus Eee PC 1018P 1215B 1215N 1215P 1215T Netbook Laptop | eBay</u> for \$11.90 and \$4 shipping for \$15.90 total.

Appomattox Court House

Tracking is <u>Tracking</u> on the order for <u>Miracle Blanket® - White/Blue - buybuy BABY</u> for \$29.99 and \$6.99 shipping for \$36.98 total.

<u>People & Systems Nonprofit Staffing Nonprofit Recruiting Nonprofit Search Firm Non</u> <u>profit Staffing Non Profit Search Firm</u>

ALL THE BEST, GEORGE BUSH - AUTOGRAPHED

BBC News - Saudis build 1000 mile fence on Yemen border CIO

<888> 04/09/13 Tuesday 7:45 P.M. I went outside, and I threw out the garbage. I chatted with neighbors. I picked up the mail. I ate two pretzel rods. CIO

<888> 04/09/13 Tuesday 7:10 P.M. <u>Priceless Lamborghini burns to the ground -</u> <u>GreenwichTime</u>. CIO

<888> 04/09/13 Tuesday 6:55 P.M. I woke up at 6:45 P.M.. CIO

<888> 04/09/13 Tuesday 3:15 P.M. I ate a 12 ounce top round London Broil medium rare with Lea and Perrins Worcestershire sauce and Bulls Eye barbecue sauce with 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil and steamed baby carrots cut into quarters lengthwise and broccoli crowns with Smart Balance Spread and extra virgin olive oil and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Sweet and Low sweetener and Burdens lemon juice. To cook the 12 ounce one inch thick top round London Broil, I put a four tablespoons of extra virgin olive oil in a 10 inch frying pan, and I heated it on medium high electric burner heat for three minutes. I then put beef in the pan, and I flipped it after 30 seconds of searing, and I seasoned the lightly browned side with garlic powder, ground black pepper, and Italian seasoning, and then I did the same on the other side. I cooked it for about eight minutes all together flipping it every 45 seconds lowering the electric burner heat to between medium and medium high. Then for the last two minutes, I put in about four tablespoons of Kikkoman soy sauces, and I flipped it frequently until most of the liquid had evaporated. I served it on a plate with the remaining juices on top of it. I ate it with the Lea and Perrins Worcestershire sauce on it and Bulls Eye barbecue sauce. With good quality meat, it is important not to cook it too well done. I will now take a nap. CIO

<888> 04/09/13 Tuesday 2:20 P.M. With the extra 20 inches of length moving the Lasko pedestal fan to the right provides, there is 80 inches of length between the IBM ThinkCentre swivel computer chair along side the Ethan Allen recliner and the wall at the hallway entrance. That is room enough for the double thick twin size Aero Bed, so technically in an emergency with the full size bed in the bedroom, the apartment could sleep three, and in a major emergency I also have two minus forty degrees Fahrenheit <u>www.army.mil</u> sleeping bags that could be put on the floor in the building hallway or possibly in the kitchen in the apartment or the hallway or space in front of the closets or access area to the primary work computer. However, I do not anticipate such an emergency, and most of my family and friends can afford lodging in the area. CIO

<888> 04/09/13 Tuesday 1:50 P.M. I took the bric-a-brac off the oak folding table by the white bookcase at the kitchen entrance, and I put some of it higher by the Sunbeam table fan at the same location, and I moved other items nearby. I put the folding oak table behind the bedroom door. I move the Panasonic Toughbook CF-29 and its small computer table from the left side of the IBM ThinkCentre in front of the mahogany bureau back to the location where the folding oak table was along side the white bookcase at the kitchen entrance. I then moved the Asus Netbook setup and its small computer table from the right side of the right of the Haier HDTV. I then moved the Lasko pedestal fan to the space to right of the hallway entrance beneath the circuit breaker panel. Thus if one wants to sit at that location to watch the Haier HDTV, all one has to do is move the Lasko fan to the right in front of the left living room closet and pull out the swivel computer chair from the IBM ThinkCentre along side the Ethan Allen recliner. That is not a difficult task. Thus the approach to the hallway is more open with the option to watch HDTV also. CIO

<888> 04/09/13 Tuesday 12:55 P.M. <u>RTM OKs \$1.4M schools security upgrade -</u> <u>GreenwichTime</u>

I received a telephone call from <u>CHRIS CHRISTIE. STRONG LEADERSHIP NOW.</u> campaign, and I explained politely why I can not afford to donate any of my food money to his campaign. CIO

<888> 04/09/13 Tuesday 11:25 A.M. I turned on the living room fans. I threw out the garbage. I sat outside for a while. I saw an Eagle. I walked around the building. I said "Good Morning" to a neighbor. CIO

<888> 04/09/13 Tuesday 10:25 A.M. I chatted with a relative. CIO

<888> 04/09/13 Tuesday 10:15 A.M. For the Asus 1018P Netbook, I ordered <u>PWR ® Car</u> <u>Charger for Asus Eee PC 1018P 1215B 1215N 1215P 1215T Netbook Laptop | eBay</u> for \$11.90 and \$4 shipping for \$15.90 total. Tracking is <u>USPS.com® - Track & Confirm</u> on the resend of <u>1 PK Toner Cartridge</u> <u>Lexmark 24015SA 24035SA E230 E232 E234 E238 E240 E242 E330 | eBay#vi-content#vicontent#vi-content</u> for \$28.95 with free shipping. CIO

<888> 04/09/13 Tuesday 9:45 A.M. I will now shower and clean up. CIO

<888> 04/09/13 Tuesday 9:20 A.M. Avio . CIO

<888> 04/09/13 Tuesday 9:05 A.M.

I guess Scottish Rules apply in Greenwich, Connecticut, since we have so many golf courses.

Golf & Country Club - GreenwichCC

Welcome - Round Hill Club

Public Home. | The Stanwich Club

Burning Tree Country Club - Home

Home - Milbrook Club

Welcome - Innis Arden Golf Club

Tamarack Country Club Home Page

Public Home - Fairview Country Club

Griffith E. Harris Golf Course - Town of Greenwich, Connecticut CIO

<888> 04/09/13 Tuesday 8:25 A.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 04/09/13 Tuesday 7:05 A.M. Last night before going to bed, I put the Lasko tower fan in front of the left living room closet. I put the Sunbeam table fan on top of the Samsung color laser printer at the apartment entrance. The order for <u>Xerox Phaser</u> <u>6500/N Color Laser Printer</u> for \$49.99 plus <u>OIC Breast Cancer Awareness Jumbo Paper</u> <u>Clips, Pink, 80/tb</u> for \$1.89 and \$3.29 tax for \$55.17 total with free shipping on over \$50 order was cancelled, because it was a computer error in price. I put the various small items at the apartment entrance on the folding oak table where I was going to put the Xerox color laser printer. CIO <888> 04/08/13 Monday 9:45 P.M. I ate three pretzel rods and 50 almonds. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 04/08/13 Monday 8:55 P.M. I chatted with a relative. I received a telephone call from <u>Fight -Breast Cancer- and provide -Mammograms- with a free click!</u> .

The original pink and green colors were not from Palm Beach or Florida and not from the Mellon's racing colors <u>HORSE RACING; Don't Lower Flag on Rokeby - New York Times</u>, but from Queen Victoria who painted her summer house Osborne House on the Isle of Wright <u>Osborne House, Isle of Wight - Tourist Information UK</u> that had a pink and green tropical summer room with palms. I think the British were being practical, because if you take the primary colors of yellow and blue, one gets green, and red and white mixed together, one get pink. Just like in the old days out in <u>www.nantucket.net</u> during the great World Wars, everything had to be painted grey for black out purposes, and wooden shingles would weather grey and more than likely the <u>www.navy.mil</u> group of people had a lot of spare battleship grey paint.

English Heritage Home Page | English Heritage CIO

<888> 04/08/13 Monday 8:00 P.M. Tracking is <u>Newegg.com - Computer Parts, PC</u> <u>Components, Laptop Computers, LED LCD TV, Digital Cameras and more!</u> on the order for <u>Seagate DB35 Series 7200.3 ST3160215ACE-H Internal Hard Drive - Newegg.com</u> for \$12.99 with free shipping.

Health Information - National Institutes of Health (NIH)

Find a Doctor – Doctor Reviews & Ratings | Book Online Instantly – ZocDoc

Microsoft, Google, and Apple: Which one faces doom in 2017?

Buddha (founder of Buddhism) -- Britannica Online Encyclopedia

Lilly Pulitzer, Socialite Turned Designer, Dies at 81 - NYTimes.com

BBC News - Transatlantic flights 'to get more turbulent' CIO

<888> 04/08/13 Monday 7:15 P.M. I reheated on one vegetable cycle in the General Electric microwave oven, the dinner from <u>Welcome to Temple Sholom</u>. The dinner consisted of a baked boneless breast of chicken with lentils, and French green beans that I added extra virgin olive oil to and a dinner roll that I put Smart Balance spread on. I also added a dozen cherry tomatoes, and I ate it all with a 12 ounce glass of Schweppes Ginger Ale. I also ate four pretzel rods. I will eat the red apple later. CIO

<888> 04/08/13 Monday 6:20 P.M. I made 88 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 4 Episode 5 of ''Monarch of the Glen''. CIO <888> 04/08/13 Monday 4:45 P.M. I threw out the garbage. I chatted with neighbors. I picked up the mail. <u>Welcome to Temple Sholom</u> just delivered a chicken dinner with biscuit and apple. I told the rabbi about some of his other congregation that I used to know. I will now make cigarettes. CIO

<888> 04/08/13 Monday 3:30 P.M. I took the Siemens router off the bedroom computer setup, and I installed the Netgear switch box. It works just fine. I will now shower and clean up. CIO

<888> 04/08/13 Monday 2:45 P.M. I chatted with a relative.

This refurbished item is still available at a higher price <u>ASUS Eee PC 1025C Atom N2600</u> <u>Dual-Core 1.6GHz 1GB 320GB ASUS 90OA-S3FB75111181U0U Eee PC 1025C</u> for \$219.99.

The order with tracking of <u>Newegg.com - Computer Parts, PC Components, Laptop</u> <u>Computers, LED LCD TV, Digital Cameras and more!</u> on the order for <u>NETGEAR 8 Port</u> <u>10/100 Business Class Desktop Switch (FS108NA) - Newegg.com</u> for \$19.99 with free shipping arrived. CIO

<888> 04/08/13 Monday 1:35 P.M. I woke up at noon. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed.

BBC News - Ex-Prime Minister Baroness Thatcher dies, aged 87

I saw Margaret Thatcher when she visited the Hyatt Hotel in Old Greenwich around 1987.

I chatted with a relative. CIO

<888> 04/08/13 Monday 2:50 A.M. I will now shut down the primary work computer, and I will go to bed directly. CIO

<888> 04/08/13 Monday 2:40 A.M. I was able to cancel the baby thermometer order. CIO

<888> 04/08/13 Monday 2:25 A.M. I watched series 4 episode 4 of "Monarch of the Glen". I ate about 30 almonds. CIO

<888> 04/08/13 Monday 12:45 A.M. Instead I ordered <u>Miracle Blanket® - White/Blue -</u> <u>buybuy BABY</u> for \$29.99 and \$6.99 shipping for \$36.98 total. CIO

<888> 04/08/13 Monday 12:15 A.M. <u>spring gear - baby strollers, car seats, baby nursery</u> <u>furniture, crib bedding, baby registry</u>, I sent this to pregnant relative <u>Safety 1st®</u> <u>Exchangeable Tip 3-in-1 Thermometer - buybuy BABY</u> for \$21.99 and \$5.99 slow shipping and \$1.37 tax for \$29.35 total. However, after ordering it, I read the reviews, and the reviews said it was no good. I called them up at 1-877-328-9222, and they told me I can cancel the order, once the order hits the system in about an hour. I will then cancel it, and I will order something else. CIO

<888> 04/07/13 Sunday 10:55 P.M. <u>Streaming Sites and the Rise of Shared Accounts -</u> <u>NYTimes.com</u>

BBC News - Red meat chemical 'damages heart', say US scientists

BBC News - Chocolate and agar recipe can halve the fat

BBC News - Self-assembling furniture 'grows like popcorn'

BBC News - Inside Microsoft's house of the future

BBC News - Libraries to store all UK web content

BBC News - Will Mozambique end up like Nigeria or Norway? CIO

<888> 04/07/13 Sunday 9:55 P.M. I ate two 3 ounce Purdue chicken cutlets, 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil, steamed broccoli crowns and baby carrots cut lengthwise into quarters with extra virgin olive oil and Smart Balance spread, a 12 ounce glass of Schweppes Ginger Ale, and a cup of green tea with Splenda sweetener and Borden's lemon juice. I chatted with a relative. CIO

<888> 04/07/13 Sunday 7:35 P.M. I threw out the garbage. I went downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I used the bathroom at CVS. I bought three 400 count bottles of CVS antacid tablets for \$3.12 each and .59 tax for \$9.95 total. I then sat out for a while chatting with a local about the price of tea in China. I then went by CVS again, and I used the bathroom. I then finished my walk. I then drove by CVS again, and I bought four 12 packs of Schweppes Ginger Ale \$3.50 a 12 pack and \$2.40 can deposit for \$16.40 total. I then returned home. I used my little folding cart that I keep in the trunk of the Audi to bring up the Ginger Ale. I then put the little folding cart back in the trunk of the Audi. CIO

<888> 04/07/13 Sunday 2:05 P.M. I ate three scrambled eggs with six strips of fried bacon and a toasted English muffin with Smart Balance spread and a 12 ounce glass of Schweppes Ginger Ale. I will now shower and clean up. I will then go downtown for a Sunday stroll on Greenwich Avenue, where the tulips are not yet quite out. CIO

<888> 04/07/13 Sunday 1:05 P.M. I chatted with a relative. CIO

<888> 04/07/13 Sunday 12:50 P.M. The April 2013 Hurricane forecast is due here soon <u>The Tropical Meteorology Project: [FORECASTS]</u>. CIO

<888> 04/07/13 Sunday 12:15 P.M. I moved the Panasonic Toughbook CF-29 laptop setup and its small laptop stand to the left side of the IBM ThinkCentre in front of the mahogany bureau. I hooked it up with a spare 25 foot LAN cable. I moved the small brass and glass coffee table with its bric-a-brac from that location to the right side of the IBM ThinkCentre on the left side of the chair with the New Zealand sheep's skin at the hallway entrance. I put a folding oak table where the Panasonic Toughbook CF-29 was, and I will be able to position the Xerox color laser printer there. I can also if more convenient put the Samsung color laser printer there, and the Xerox color laser printer above it on the end of the white bookcase. CIO

<888> 04/07/13 Sunday 11:20 A.M. I ordered <u>Xerox Phaser 6500/N Color Laser Printer</u> for \$49.99 plus <u>OIC Breast Cancer Awareness Jumbo Paper Clips, Pink, 80/tb</u> for \$1.89 and \$3.29 tax for \$55.17 total with free shipping on over \$50 order. CIO

<888> 04/07/13 Sunday 10:25 A.M. I woke up at 9 A.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed.

I put away my two heavy winter hats on the top shelf of the right living room closet. I put my knit caps, scarves, gloves, and mittens on a lower shelf of the hallway sweater closet. I moved the stored up cans of olives, Dinty Moore beef stew, and DAK canned hams from the kitchen floor to on top of the bottled water underneath the white book shelf at the kitchen entrance. CIO

End of Scott's Notes week of 04/06/13

<888> 04/06/13 Saturday 11:15 P.M. I will now send out my weekly notes. I will then eat a few day old muffin. I will then watch series 4 episode 4 of "Monarch of the Glen". After that I will go to bed. CIO

<888> 04/06/13 Saturday 11:05 P.M. When I was downtown today, my odometer on the Audi changed to 72,000 miles. CIO

<888> 04/06/13 Saturday 10:45 P.M. To have a backup IDE hard drive for the second hard drive on the FIC server, I ordered <u>Seagate DB35 Series 7200.3 ST3160215ACE-H Internal</u> <u>Hard Drive - Newegg.com</u> for \$12.99 with free shipping. CIO

<888> 04/06/13 Saturday 10:15 P.M. I ate 50% of a 65% reduced fat bag of Chex Mix. I chatted with a relative.

BBC News - Britain 'running out of wheat' owing to bad weather . CIO

<888> 04/06/13 Saturday 8:00 P.M. I loosened the lid on the chicken and macaroni and cheese dinner, and I heated it on one vegetable cycle of the General Electric microwave oven, and I ate it with a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 04/06/13 Saturday 6:50 P.M. I threw out the garbage. I went downtown to CVS. I bought a 12 pack of Schweppes Ginger Ale for \$3.67 and .60 can deposit, and eight 6 ounce cans dry of Lindsay California black pitted olives for .39 each less a \$6 off CVS Coupon Machine Bonus Bucks for \$1.39 total. I then put my purchases in my Audi. I then picked up a prescription at CVS. I then went further downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I chatted with a home speculator from the Philippines that lives in Bayville, Long Island. He told me he buys houses for \$85,000 and fixes them up and sells them for \$500,000. I know from personal experience out there, people do not pay their help very much, so they probably make big profits. I then stopped by CVS again, and I used the bathroom. I bought a 8.1 ounce Clabber Girl double acting baking powder for .66 and two 6 ounce original pork Shank N Bake for .79 each for \$2.24 total. I chatted with a local walker. I then returned back to my car. I noticed there is no Laundromat in the central downtown Greenwich, Connecticut area anymore, so if one found a cheap location it might make money. I then went by the Stop and Shop, and I bought a top round London Broil for \$3.99 a pound for \$6.74, a precooked two chicken legs and thighs meals with two scoops of macaroni and cheese for \$2.99 less a 50 cent off coupon, a two pound bag of baby carrots for \$3.29, bananas for .79 a pound for \$1.05, broccoli crowns for \$1.99 a pound for \$1.45, and a package of reduced produce cherry tomatoes for \$1.54 for \$16.56 total. I then returned home, and I picked up the mail, and I put away my groceries. I chatted with a relative. CIO

<888> 04/06/13 Saturday 12:30 P.M. I picked up the new Verizon Greenwich, Connecticut telephone book at the building entrance.

For some reason the order with tracking of <u>USPS.com® - Track & Confirm</u> on the order for <u>1 PK Toner Cartridge Lexmark 24015SA 24035SA E230 E232 E234 E238 E240 E242</u> <u>E330 | eBay#vi-content#vi-content</u> for \$28.95 with free shipping was sent back to the shipper.

I will now shower and clean up. I will then go downtown to see if the Indians are giving away any wooden nickels. CIO

<888> 04/06/13 Saturday 11:15 A.M. I woke up at 10 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 04/06/13 Saturday 1:30 A.M. I will now shut down the primary work computer. I will eat a couple of day old muffin. I will then go to bed. CIO

<888> 04/06/13 Saturday 1:10 A.M. I made 113 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 4 Episode 3 of ''Monarch of the Glen''. CIO <888> 04/05/13 Friday 11:20 P.M. I put away the laundry. I will now make cigarettes. CIO

<888> 04/05/13 Friday 10:30 P.M. Tracking is <u>Newegg.com - Computer Parts, PC</u> <u>Components, Laptop Computers, LED LCD TV, Digital Cameras and more!</u> on the order for <u>NETGEAR 8 Port 10/100 Business Class Desktop Switch (FS108NA) - Newegg.com</u> for \$19.99 with free shipping.

<u>Ronald Reagan Presidential Foundation and Library: Email - A Sweet Deal: Exquisite</u> <u>Crystal Jelly Belly Jar!</u>

Pocahontas (Powhatan princess) -- Britannica Online Encyclopedia

Breastfeeding Guide & Tips

BBC Nature - Horned ghost crabs change camouflage from day to night

BBC News - Smart bracelet protects aid workers

BBC News - Chatham House report: Famine risks are badly managed CIO

<888> 04/05/13 Friday 10:10 P.M. George Bush Presidential Library Foundation

I have 45 minutes to go on two dry cycles. CIO

<888> 04/05/13 Friday 9:30 P.M. I chatted with a friend and a relative. I woke up at 8 P.M.. I chatted with a relative. I put clean linens on the bed. I started two loads of laundry, and I have 25 minutes to go on the wash cycles. CIO

<888> 04/05/13 Friday 6:25 P.M. I ate two 3 ounce Purdue chicken cutlets, 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil, steamed broccoli crowns and baby carrots cut lengthwise into quarters with extra virgin olive oil and Smart Balance spread, a 12 ounce glass of Schweppes Ginger Ale, and a cup of green tea with Splenda sweetener and Borden's lemon juice. I will now take a nap. CIO

<888> 04/05/13 Friday 5:30 P.M. This afternoon, I opened the center living room window, and I have the Lasko fan going to air out the apartment. Also I moved the two DeLonghi oil filled radiators from the living room back into the bedroom on the left side of the bed. I threw out the garbage and the old periodical literature. I watered the plants. I picked up the mail. CIO

<888> 04/05/13 Friday 4:20 P.M. Instead of shower and cleaning up after the last note. I did a thorough cleaning of my apartment. I cleaned the bathroom sink area with Lysol disinfectant cleaner. I cleaned the Water Pik and electric tooth brush. I cleaned the toilet and toilet area with Lysol disinfectant cleaner, and Lysol toilet bowl cleaner, and Lysol spray disinfectant. I cleaned the bath tub with Comet cleaner and the shower walls with

Lysol disinfectant cleaner. I cleaned the kitchen sink with Comet cleaner and the rest of the kitchen counter area and refrigerator and garbage can with Lysol disinfectant cleaner. I cleaned the two microwave glass turn tables. I cleaned the kitchen fan and hood with Lysol disinfectant cleaner, and I washed the kitchen fan filter soaking it hot soapy water and scrubbing it with a potato brush. I oiled the kitchen fan motor. I cleaned the crumbs out of the toaster. I cleaned the Ionic Pro air purifier. I dusted the entire apartment with a CVS swifter duster. I cleaned the HDTV and computer LCD displays with a new swifter duster. I used glass cleaner, and I cleaned all of the mirrors, pictures, and sconce globes. I vacuumed the entire apartment thoroughly. Thus it took about five hours all together. I will now shower and clean up. CIO

<888> 04/05/13 Friday 11:10 A.M. I chatted with a friend earlier. I will now shower and clean up. CIO

<888> 04/05/13 Friday 10:15 A.M. I woke up at 8:45 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 04/05/13 Friday 12:40 A.M. I ate a Boston Market 14 ounce steak and noodles dinner with a 12 ounce glass of Schweppes Ginger Ale. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 04/04/13 Thursday 11:20 P.M. I tried the Windows 9 early release beta on one of my older AMD Sempron machines and like Windows 8, it will not install on the older AMD Sempron machines.

Windows 7 Download Links are here <u>Descarca Legal – 100% Gratis » Download Windows</u> <u>7 Official – Direct Link (ISO)</u> and here <u>Descarca Legal – 100% Gratis » Descarca Official</u> <u>Windows 7 SP1 ISO de la Digital River</u>, but I do not know weather or not they work with the Windows 7 Starter Key. CIO

<888> 04/04/13 Thursday 10:45 P.M. I chatted with a relative.

<u>\$89.99 HP DC7700 No Screen Desktop PC Core 2 Duo 1.86GHz 2GB DDR2 80GB HDD</u> Capacity Windows 7 Home Premium - Newegg.com

For the bedroom computer setup, I ordered <u>NETGEAR 8 Port 10/100 Business Class</u> <u>Desktop Switch (FS108NA) - Newegg.com</u> for \$19.99 with free shipping.

This is the <u>Asus Eee PC 1018P 10.1in Netbook 1.66GHz 1GB 250GB WiFi - CowBoom.com</u> for \$149.99 less \$50 with coupon code "ASUS50" and \$6.35 tax and free shipping for \$106.34 total that I ordered on March 21, 2013. At the moment the "ASUS50" coupon code does not work or has expired. One has to scroll the list of available ones, and select one with both the power supply, battery, and Windows 7 Starter product key. One can probably find the Windows 7 Starter DVD for download from a torrent site on the internet. To upgrade the Asus Netbook to 2 gigabytes of memory this is available <u>Computer memory upgrades for ASUS Eee PC 1018P (DDR3 Series) Netbook from</u> <u>Crucial.com</u> for \$20.89 with 5% discount with Tech Bargains Coupon and \$1.33 tax for \$22.22 total with free shipping. This video <u>Asus Eee PC 1018P RAM Upgrade and</u> <u>dissecting - YouTube</u> shows how to upgrade the memory chip. I do not know if the \$50 discount still works on the Asus Netbook or not. The Windows 7 Starter X86 32 bit *.iso file is called ''en_windows_7_starter_x86_dvd_x15-68956.iso'' and there is also an SP1 version available to. Of course one needs an external DVD drive connected to the Asus Netbook USB port. There is a Windows 7 USB pen drive install option here <u>Using The</u> <u>Windows 7 USB/DVD Download Tool - TechNet Articles - United States (English) -<u>TechNet Wiki</u>. Of course Netbooks are considered out date, but for the price, it works and is compact. Free Office Suite at <u>www.openoffice.org</u>. Since the Microsoft Windows 7 Starter Product Key on the bottom of the Asus Netbook is in very small print, one also needs a magnifying glass to read it properly. For example ''8'' and ''B'' look similar without a magnifying glass.</u>

However, this similar refurbished ASUS Netbook is also available for a little bit more money without the hassle <u>\$204.99 ASUS Eee PC 1025C Atom N2600 Dual-Core 1.6GHz</u> <u>1GB 320GB Asus 90OA-S3FB75111181U0U Eee PC 1025C</u> or one of these <u>Netbooks -</u> <u>Newegg.com</u> CIO

<888> 04/04/13 Thursday 7:45 P.M. <u>BBC News - Queen honoured with Bafta award for</u> <u>film and TV support</u>

North Atlantic Treaty Organization NATO

Dementia Care Costs Are Soaring, Study Finds - NYTimes.com

<u>Global Volcanism Program | Volcanic Activity Reports | Smithsonian / USGS Weekly</u> <u>Volcanic Activity Report |</u>

Installing OpenSuSE on my netbook - how I did it | ZDNet

<u>\$29.99 plus tax Polaroid i1037 10MP Digital Camera | Just Amazing Deals</u></u>

KLM spring deals to Africa from \$783*

!!!!!! <u>BBC News - Rijksmuseum restored: Rembrandt returns to centre stage</u>

BBC News - Scientists 'read dreams' using brain scans

BBC News - Exhaled breath is unique fingerprint

BBC News - Mobile phone celebrates 40th anniversary CIO

<888> 04/04/13 Thursday 6:15 P.M. I ate a ham and Swiss cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle slice and Lays wavy potato chips and a 12 ounce glass of Schweppes Ginger Ale.

As associate needed to get into the building, so I buzzed the associate in, and I gave the associate a tour of my apartment to let the associate see the changes, since the associate last saw it in October 2012.

My <u>www.cl-p.com</u> electricity bill for March 2013 was \$138.30 for 902 kWh and 30.07 kWh per day over 30 days with an average temperature of 39.4 degrees Fahrenheit. My electricity bill a year ago for March 2012 was \$113.53 for 709 kWh and 25.32 kWh per day for 28 days with an average temperature of 48.8 degrees Fahrenheit. Thus March 2013 was 9.4 degrees colder on average than last year.

I was told today that the Greenleaf family were one of the original families of <u>www.nantucket.net</u> which is documented here <u>Nantucket Facts | Nantucket, MA 02554</u> . There is somebody named "Michael Scott" buried in a simple white wooden cross grave across the street from the <u>observatory | Maria Mitchell Association</u> observatory. CIO

<888> 04/04/13 Thursday 4:25 P.M. I went out, and I went by the Greenwich Hospital Thrift Shop. They have a lot of their old items on sale for 75% off. I bought a wooden computer keyboard drawer for \$5 after 75% discount. I then drove down by the waterfront at Grass Island. They have the park there pretty much restored after last fall's hurricane. I then went downtown to Greenwich Avenue. I chatted with a local town employee about local maintenance. I checked in at the Senior and the Arts Center. I walked lower Greenwich Avenue and the train station area. I chatted with an employee at the www.apple.com computer store. I used the bathroom at www.starbucks.com . I chatted with another retired person outside the senior and the arts center. I then went by the A&P Fresh. I bought a 59 ounce container of Minute Maid premium orange with calcium for \$2.50, a 10.25 ounce bag of Lavs wavy potato chips for \$2.50, four 18.5 ounce Stouffers five cheese lasagnas for \$2.50 each, a 7 ounce pouch of lump fish crab meat for \$1.99, a 7 ounce tub of America's Choice deli sliced roast beef for \$2.99 less 65 cents can return for \$19.33 total. I then returned home. I picked up the mail. I put away my groceries. I installed the wooden computer keyboard drawer on the Abit computer setup to the right front of the desk behind the Ethan Allen recliner, so it is easier to use. I also installed a place mat on its left side to hold the yellow mouse pad and wireless mouse. Thus it is an overall better setup with easy keyboard usage. I moved the computer monitor stand from that location to the right monitor on the bedroom computer setup. CIO

<888> 04/04/13 Thursday 9:45 A.M. My 10:30 A.M. appointment was cancelled, so I will just go out for a walk after I clean up. I chatted with a relative. CIO

<888> 04/04/13 Thursday 8:55 A.M. I have not explored Greenwich Village in over 25 years, but there is an Apple Store in Greenwich Village now <u>Apple Retail Store - West 14th</u> <u>Street</u> as opposed to our local Apple Store here in Greenwich, Connecticut <u>Apple Retail</u>

<u>Store - Greenwich Avenue</u>. I will now shower and clean up and go out. I have a 10:30 A.M. appointment this morning. CIO

<888> 04/04/13 Thursday 8:10 A.M. I woke up, and I ate 50% of a 8.5 ounce 65% reduced fat Chex Mix. I finally woke up at 7 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed.

City of London - Wikipedia, the free encyclopedia . CIO

<888> 04/03/13 Wednesday 8:10 P.M. I chatted with a relative. I will now shut down the primary work computer, and I will go to bed soon. I have a 10:30 A.M. appointment tomorrow. CIO

<888> 04/03/13 Wednesday 7:50 P.M. I ate a 18.8 ounce can of Campbell's New England clam chowder with dried parsley with two slices of toasted Pepperidge Farm 15 grain bread with Smart Balance spread on the toast and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 04/03/13 Wednesday 6:40 P.M. I hooked up the Lenovo USB speakers to the Asus Netbook leaving the existing Hercules 2.1 speaker system also installed. I connected the two USB connectors to the powered USB squid, and I used a triple Y splitter 3.5 mm to connect the two different speaker systems and the headset to the 3.5 mm audio jack. The sound quality is much improved. CIO

<888> 04/03/13 Wednesday 6:00 P.M. We always get a lot of phony Arabs showing up in this area pretending to be rich people. However, I have not seen any camel meat for sale in our local grocery stores, and I happen to know the Arabs like eating marinated camel meat shish kabobs. <u>Abil Meat:Wholesale Camel meat is prescribed good in the Australian</u> <u>Quarantine and Inspection Service Meat</u>, so maybe they are going to Australia instead of here. CIO

<888> 04/03/13 Wednesday 5:35 P.M. If you excuse my French, they will be laughing themselves to the poor house in this area, when they can not sell their speculation homes for what they think they are worth. CIO

<888> 04/03/13 Wednesday 5:35 P.M. Nobody in this area every tries to network with me in this area, so I guess word got around that I have no money, and I am not worth dealing with. Of course there are plenty of other old people in this area whom are pretty much in the same boat if you get my drift. At the first of the month, there are always younger people downtown trying to take advantage of older people when they get their Social Security checks, but after a few days, the younger people seem to disappear to look for profit from other schemes. I do not know where they all come and go from, but it must be somewhere nearby in the local area. Of course with the recent jet traffic at the first of the month, it could be a group of people coming from down south to try and profit off the poor down trodden Yankees whom have just managed to survive the long winter. My viewpoint of politicians is that they are just transient individuals whom seem to be under the illusion they are more powerful than they actually are. Without the Cable Television networks, I do not think many people would pay any attention to any of them for what it is worth. More than half the general population in this country never vote in the general elections, so nobody always wins. CIO

<888> 04/03/13 Wednesday 4:45 P.M. <u>\$39.99 with free shipping Sony BDP BX18 1080p</u> HDMI Blu Ray DVD Player Netflix Internet Apps Wired Ethernet 027242836471 | eBay

Rizzoli Bookstore

NYC Penthouse could fetch \$125 million - GreenwichTime

BBC News - Alpha Magnetic Spectrometer zeroes in on dark matter

BBC News - Body's anti-HIV 'training manual' offers vaccine hopes

BBC News - Has Canada's government been muzzling its scientists?

BBC News - Fish-eye digital camera built by Greg Dash from old parts CIO

<888> 04/03/13 Wednesday 4:15 P.M. I reheated on one vegetable cycle of the General Electric microwave oven with the lid loose on the container of the chicken and mashed potatoes dinner, which I ate with a 12 ounce glass of Schweppes Ginger Ale. I also put Smart Balance Spread and extra virgin olive oil on the mashed potatoes.

Belgium - Wikipedia, the free encyclopedia is not a Super Power. CIO

<888> 04/03/13 Wednesday 3:35 P.M. I noticed, when I ventured out onto West Putnam Avenue at the Weaver Street and Holly Hill Lane and West Putnam Avenue intersection, the State of Connecticut traffic light people are installing new traffic lights possibly with left hand turn signals to handle the large amount of traffic in that area making left hand turns into oncoming traffic. CIO

<888> 04/03/13 Wednesday 3:20 P.M. I made my third or June 8, 2013 <u>www.geico.com</u> payment on the new policy that starts April 8, 2013. Thus I only have the fourth and final payment for July 8, 2013 for the new GEICO automobile policy that ends October 8, 2013. CIO

<888> 04/03/13 Wednesday 3:05 P.M. I threw out the garbage. I went out to the Stop and Shop on West Putnam Avenue. I bought a six pack of Kaiser rolls for \$1.99, a six pack of Stop and Shop English muffins for \$1.69, a 7 ounce package of Sargento aged Swiss cheese slices for \$3, a 16 ounce package of Smart Balance lite spread for \$3.49, two 14 ounce Boston Market beef steak and noodles frozen meals for \$2 each, a 12 ounce generic honey for \$2.25, a quart jar of Mount Olive kosher dill pickles for \$2, two 64 ounce Ocean Spray crangrape juice for \$2.50 each, two 64 ounce Ocean Spray cranraspberry juice for \$2.50 each, two 48 ounce Quaker Old Fashioned oatmeal for \$4.99 each, a five quart package of Stop and Shop powdered milk for \$6.99, a 8 ounce Stop and Shop grated parmesan and Romano cheese for \$2.99, a 7 ounce tub of Stop and Shop sliced roast beef for \$2.50, a 24 ounce Simply Mashed mashed potatoes for \$2, a prepared cooked two piece chicken thigh with leg prepared meal with two scoops of mashed potatoes for \$2.99 less a 50 cent off coupon, fresh bananas for .79 a pound for .97, and broccoli crowns for \$1.99 a pound for \$1.31 for \$56.96 total. I then went by the Putnam Shell at 401 West Putnam Avenue, and I bought \$10.03 of self service V-Power premium gasoline with a dime a gallon off with my Stop and Shop card for \$4.399 a gallon for 2.279 gallons at odometer reading of 71991 miles for 24.4 miles driving since Tuesday March 26, 2013 for 10.707 miles per gallon in mostly local traffic. I then returned home. I chatted with a neighbor. I brought up my groceries with my wire cart that I brought with me. I picked up the mail. I put away the groceries. CIO

<888> 04/03/13 Wednesday 12:55 P.M. I finished the backup. I put a new CVS 9 Volt alkaline battery in the hallway smoke detector.

<u>National Weather Service Watch Warning Advisory Summary</u> Red Flag warning for this area.

I will now go out to the West Putnam Avenue Stop and Shop to get my first of the month groceries. I will then return home to the warmth of my apartment. CIO

<888> 04/03/13 Wednesday 12:25 P.M. I am doing a Paragon 8 backup of the Asus Netbook to the Bytecc external hard drive to save any recent changes.

The order with tracking of <u>UPS: Tracking Information</u> on the order for Lenovo USB speakers M0620 <u>Cheap Deals, Best Hot Daily Deals and Coupons by Deals2buy.com on</u> 2013-03-30 for \$29.99 less \$19 discount with coupon code "USP1AP415914" for \$10.99 and .70 tax for \$11.69 with free shipping arrived. I will probably hook them up the primary Dell Latitude D410 laptop, but I will have to think about it. CIO

<888> 04/03/13 Wednesday 11:20 A.M. I will now shower and clean up. CIO

<888> 04/03/13 Wednesday 11:10 A.M. The new Connecticut Food Stamp EBT web site is <u>Chase - UCARD Center</u>. My EBT Food Stamp allocation amount this month was lowered from \$200 a month to \$170 a month, so I will have to watch my food budget. CIO

<888> 04/03/13 Wednesday 10:10 A.M. I woke up at 8:45 P.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 04/02/13 Tuesday 9:25 P.M. I chatted with a friend. Low of 26 degrees Fahrenheit tonight <u>7-Day Forecast for Latitude 41.07°N and Longitude 73.65°W</u>. I made up a

grocery list for shopping tomorrow morning. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 04/02/13 Tuesday 9:00 P.M. I ate a 16 ounce Hungryman Salsbury steak dinner with a 12 ounce glass of Schweppes Ginger Ale. I chatted with a relative. CIO

<888> 04/02/13 Tuesday 8:20 P.M. Office 2013 or Office 365 Preview still works on the Windows 8 machine, so I left it on.

Top Places To Retire Rich - Forbes CIO

<888> 04/02/13 Tuesday 7:20 P.M. I ate five pretzel rods. I guess my friends of my generation at near age 63 are not computer literate, since nobody I know outside of family have ever contacted me through the internet except a few friends. Perhaps the older generation do not trust the technology where as the younger generation have fully embraced it. I guess since I majored in Economics a lot of my friends might be involved in finance, and because the SEC would consider it Inside Trading if they talked or chatted outside their office environments. None of my old dishwashing colleagues from www.nantucket.net have contacted me. Maybe I never had too many friends because of the overwhelming security forces in Greenwich, Connecticut scared them all away, when they came to visit to check out the area. Possibly having lived around Republican party members, a lot of my other friends might be from other political parties, and they do not want to show their inside hands so to speak. It is not like we are overly private here, but I guess in all of the years that I was on a night schedule, I missed out on what the other people were doing in the daytime. From my perspective, in the old days, one could drive over to nearby Port Chester, New York and buy a six pack of Colt 45 Malt Liquor for 59 cents, and now one needs a passport to cross the Rio Grande or Byram River to go over there. One could go explore nearby Rye, New York which is suppose to have a large affluent protestant community which Greenwich is not suppose to have anymore. I am well known in the area from being out in public in Greenwich so much, so if I were to go to another nearby community, I would probably be recognized for better or worse. Still with the price of gasoline Greenwich, Connecticut gasoline prices, it does not pay to travel to far a field, unless one can afford to do something, when one gets there. The Indians in Manhattan want too much money for anyone on low income to visit there. Besides, the do not like cigarette smokers. I guess a lot of the people in the area are not fluent in English as a primary language, so they do not feel comfortable chatting with someone whom knows the English language. Well, I got email that the Office 365 demo expired on the IBM ThinkCentre Windows 8 machine by the Ethan Allen recliner. I will now uninstall it. In the old days, urban people use to like to come out to Connecticut to look for Antiques, but with the price of fuel, I guess they have lost interest in our vast suburban wilderness. Norwalk, Connecticut probably still has a lot of discount outlets, and by the east Norwalk train station, there is still the Norwalk Factory outlet group of outlet stores the last I knew. CIO

<888> 04/02/13 Tuesday 6:30 P.M. I woke up at 6 P.M.. CIO

<888> 04/02/13 Tuesday 3:15 P.M. I picked up the mail. I got my <u>www.forbes.com</u> magazine with a supplement on the <u>www.trump.com</u> daughter.

!!!!!!! I also got a circular from <u>Toscana | Italian Restaurant Greenwich CT</u> which looks interesting including order take out and delivery.

I will now take a nap. CIO

<888> 04/02/13 Tuesday 2:45 P.M. Dr. Keiff, when he used to use the Greenwich Library told me he was related to <u>Charlemagne (Holy Roman emperor) -- Britannica Online</u> <u>Encyclopedia</u>.

Ponce de León, Exposed - NYTimes.com

A Slice of London So Exclusive Even the Owners Are Visitors - NYTimes.com

Scotland Travel

BBC News - 'Petaflop' supercomputer is decommissioned CIO

<888> 04/02/13 Tuesday 2:05 P.M. I ate a ham and Swiss cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle slice and Lays wavy potato chips and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 04/02/13 Tuesday 1:15 P.M. I made 92 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching Series 4 Episode 2 of ''Monarch of the Glen''. CIO

<888> 04/02/13 Tuesday 11:50 A.M. The order for <u>10-Ream Case of Hammermill Copy</u> <u>Plus 8.5''x11'' Copy Paper \$5 + Free Shipping - Staples Deals, Coupons and Promos</u> for \$5.31 with tax and free shipping arrived. I put it underneath the chair at the hallway entrance sitting on an old Encyclopedia Britannica yearly update edition to keep it off the floor dampness.

I took the five pound bag of <u>Peter Stokkebye Turkish Pipe Tobacco (ounces)</u>, and I put it in 18 quart mason jars.

I will now make cigarettes. CIO

<888>04/02/13 Tuesday 10:55 A.M. I chatted with a friend. CIO

<888> 04/02/13 Tuesday 10:25 A.M. I chatted with a relative. CIO

<888> 04/02/13 Tuesday 10:00 A.M. I threw out the garbage. It is still a bit cold outside. CIO

<888> 04/02/13 Tuesday 9:20 A.M. I rested some more until 9:15 A.M.. I will now shower and clean up. CIO

<888> 04/02/13 Tuesday 6:40 A.M. I ate some Lays wavy potato chips before going to bed. I woke up, and I ate three pretzel sticks. I finally woke up at 5 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I made my bed. CIO

<888> 04/01/13 Monday 6:45 P.M. <u>Conn. reaches deal on tough gun laws after Newtown -</u> <u>GreenwichTime</u>

No fooling, it'll get colder

I will now shut down the primary work computer, and I will eat a couple of day old muffin, and then I will go to bed. CIO

<888> 04/01/13 Monday 6:05 P.M. I chatted with a friend. I was chatting about horses, and it reminded me that back around the May 1975, I was walking around the Lacrosse fields on the lower level at Greenwich Country Day. I ran into a girl that I had met, and she was riding a Palomino horse. I asked if I could ride the horse. The horse took off at a full gallop across the playing fields and at the north end of the playing fields it came to an abrupt stop and threw me over its head over a stone wall into the woods adjacent to the fifth hold of the Greenwich Country Club golf course. I did not think too much off it at the time, and I walked home which was not too far away. Possibly I got a concussion from being thrown by the horse, and it was never treated properly medically.

I picked up the mail. The order with tracking of <u>USPS.com® - Track & Confirm</u> on the order for two <u>Premier Light 100's Cigarette Tubes 5 Boxs 1000 Tubes filtered tubes RYO - GarryG</u> for \$31.90 and \$7.05 shipping for \$37.35 total arrived. I chatted with a neighbor about steak houses in the area. From what I can recall in the old days before meat got expensive and gasoline got expensive, <u>Chuck's Steak House - Darien, CT</u> use to be the best value for a steak restaurant. They might have got expensive, since they no longer print their prices.

<u>www.ibm.com</u> in nearby Armonk, New York probably eat here <u>Marc Charles Steakhouse</u>, but they are a bit expensive.

<u>Fresh milk products and great customer service at Stew Leonard's!</u> usually has the best prices on beef, if one can afford to drive there. CIO

<888> 04/01/13 Monday 3:30 P.M. I closed the window, because it rained a little bit.

Symptom Checker - Check & Search Medical Symptoms & Causes Online - AARP

\$69.99 Rakuten.com - ZyXEL NSA310 1-bay Network Attached Storage and Media Server

Nunavut (territory, Canada) -- Britannica Online Encyclopedia

Otto von Bismarck (German chancellor and prime minister) -- Britannica Online Encyclopedia

BBC News - Melt may explain Antarctica's sea ice expansion

BBC News - Cat Video Festival returns to US

BBC News - Caroline Kennedy to be US ambassador to Japan - reports

BBC News - How much gold is there in the world? CIO

<888> 04/01/13 Monday 2:35 P.M. I ate a ham and Swiss cheese sandwich on a Kaiser roll with Hellmann's olive oil mayonnaise and a dill pickle slice and Lays wavy potato chips and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 04/01/13 Monday 1:55 P.M. When I got home, I opened the center living room window and turned on the Lasko fan in front of it to air out my apartment from the Winter stale air. When I knew Fred alias Von Mieres, the first thing he would do when he opened up a house for the season was to open all of the window to air out the place, usually in the summer.

I just discovered on the Asus Netbook that Windows 7 Starter permits one to do a System Image backup which I never knew. I thought only the Professional and the Ultimate editions had that feature. I hear a lot of jet traffic at the nearby Jet Port <u>Westchester</u> <u>County - AirportMonitor - by Megadata - powered by PASSUR</u>, so maybe some of our summer neighbors are returning early for the Summer Season. It is really not that warm here yet particularly if your blood has thinned out down South. CIO

<888> 04/01/13 Monday 12:45 P.M. I threw out the garbage. I went downtown, and I stopped by the Chase Bank at 19 West Putnam Avenue. I then went by the Wells Fargo Bank, and I paid my rent to the Greenwich Housing Authority. I then went by the central Greenwich Post Office, and I mailed my Microsoft Money 2007 Income versus Spending report for March 2013 to an interested relative. I then went further downtown, and I walked the entire length of Greenwich Avenue and the train station area. I chatted with a few locals. I used the bathroom at CVS, and I toured the store. I sat out for a while after I finished my walk. I then returned home. I chatted with a friend whose 63rd birthday is today. He was getting horse medicine for one of his horses. He just bought a five license copy of Office 365 for \$99.99 at <u>www.bestbuy.com</u>, and they will install it for him. Apparently one can use it on smaller devices in the Cloud. CIO

<888> 04/01/13 Monday 9:25 A.M. I will now shower and clean up. I will then go downtown to do some errands. CIO

<888> 04/01/13 Monday 8:50 A.M. I woke up at 7:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of watered down punch with vitamins and supplements, and a cup of coffee with Sweet and Low sweetener and milk. I washed the breakfast dishes. I printed out two copies of my Microsoft Money 2007 Income Versus Spending report for March 2013, and I with mail one copy to an interested relative. I used one forever stamp on the envelope. CIO